

Outdoor Adventurous Activities Knowledge Organiser

MOVING
EDSTART

EDSTART KNOW

- I can explain how to follow a map safely in a familiar area.
- I can describe how to use clues and signs to follow a route.
- I can explain why teamwork, communication, and awareness of safety are important when taking part in outdoor activities.

EDSTART GO

- I can follow a simple map or set of clues to complete a route or challenge.
- I can work with my team to solve problems and make decisions together.
- I can identify risks and show how to stay safe during outdoor activities.

EDSTART SHOW

- I can use a map confidently in a familiar environment.
- I can take on a role in my team and support others to succeed.
- I can show responsibility, cooperation, and enjoyment when completing outdoor and adventurous tasks.

Key Vocabulary

map, compass, direction, teamwork, navigate, route, clues, problem-solving

What do we know about OAA?

OAA stands for Outdoor Adventurous Activities.

OAA usually takes place outdoors and involves:

- Physical activity
- Adventure and challenge
- Problem solving activities
- Teamwork
- Orienteering - an outdoor adventure sport involving running or walking while navigating around a course using a map