

MOVING

EDSTART

EYFS - FMS Object Control

Unit of Work - Nursery

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- roll equipment towards a target with increasing control and accuracy.
- throw underarm and overarm using a safe and purposeful action.
- catch a range of equipment using two hands with growing confidence.
- bounce, track and control equipment whilst moving safely in space.
- aim equipment towards different targets using appropriate force and direction.
- combine rolling, throwing, bouncing and catching skills during games and challenges.
- work cooperatively with others by taking turns, sharing equipment and encouraging teammates.
- talk about what they have learned and show confidence when using different object control skills.

Learning Objective

Learning Outcomes

1 To be able to roll equipment accurately towards targets using control.

- Children can:**
- roll equipment towards targets.
 - aim carefully.
 - use both hands successfully.
 - work safely with others.

2 To be able to throw equipment underarm towards targets.

- Children can:**
- throw underarm safely.
 - aim towards targets.
 - throw using one hand.
 - work cooperatively.

3 To be able to bounce and catch equipment using two hands.

- Children can:**
- bounce and catch equipment.
 - watch the ball carefully.
 - use two hands to catch.
 - work safely in groups.

4 To be able to throw equipment overarm towards a target.

- Children can:**
- throw overarm safely.
 - aim at targets.
 - use one hand successfully.
 - follow game rules.

5 To be able to catch small equipment using two hands.

- Children can:**
- watch equipment carefully.
 - catch using two hands.
 - throw accurately to partners.
 - work safely with others.

6 To be able to use different object control skills during games and challenges.

- Children can:**
- roll, throw, and catch equipment.
 - move safely around others.
 - complete small games.
 - work cooperatively.

Assessment Mark Requirements

**Working
Towards**

- Can take part in rolling, throwing and catching activities with support.
- Beginning to aim equipment towards a target with some control.
- Attempts to use basic object control skills but movement may be inconsistent.
- Needs reminders to work safely, share equipment and take turns with others.

On Target

- Can roll, throw, bounce and catch equipment with control in simple activities.
- Can aim towards targets with growing accuracy and use appropriate force.
- Can apply object control skills during games and challenges with confidence.
- Works safely with others, takes turns and shows positive teamwork behaviours.

**Above
Target**

- Can perform a range of object control skills with good control and consistency.
- Can adapt the strength, speed or direction of movement to suit different tasks.
- Can link skills together successfully during games and station challenges.
- Shows confidence when supporting others and demonstrates strong cooperation in activities.

Excelling

- Can apply rolling, throwing, bouncing and catching skills fluently in a variety of challenges.
- Can select and use the most appropriate object control skill independently for the task.
- Can demonstrate excellent control, accuracy and coordination across activities.
- Leads by example through teamwork, encouragement, resilience and reflection on their own learning.

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.