

Lesson 1/6

**To be able to roll
equipment
accurately towards
targets using control.**

EDSTART KNOW

- I can say what a target is.
- I can tell how to roll safely.
- I can say why I look forward.

EDSTART GO

- I can roll a ball.
- I can aim through gates.
- I can stop my ball safely.

EDSTART SHOW

- I can cheer for others.
- I can wait my turn.
- I can play kindly.

Lesson 2/6

To be able to throw equipment underarm towards targets.

EDSTART KNOW

- I can say underarm throw.
- I can tell how to stand.
- I can say why I aim.

EDSTART GO

- I can throw underarm.
- I can hit targets.
- I can collect equipment safely.

EDSTART SHOW

- I can clap for friends.
- I can share equipment.
- I can try my best.

Lesson 3/6

To be able to bounce and catch equipment

using two hands.

EDSTART KNOW

- I can say what a bounce is.
- I can tell how to catch safely.
- I can say why I watch the ball..

EDSTART GO

- I can bounce and catch.
- I can clap before catching.
- I can catch with two hands.

EDSTART SHOW

- I can encourage others.
- I can wait my turn.
- I can keep trying.

Lesson 4/6

To be able to throw equipment overarm towards a target.

EDSTART KNOW

- I can say overarm throw.
- I can tell how to stand.
- I can say what aiming means.

EDSTART GO

- I can throw overarm.
- I can hit targets.
- I can throw with control.

EDSTART SHOW

- I can cheer for my team.
- I can wait patiently.
- I can play fairly.

Lesson 5/6

To be able to catch small equipment using two hands.

EDSTART KNOW

- I can say how to catch.
- I can tell why I watch the ball.
- I can say what teamwork means.

EDSTART GO

- I can catch equipment.
- I can throw to a partner.
- I can move towards the ball.

EDSTART SHOW

- I can encourage others.
- I can share fairly.
- I can keep practicing.

Lesson 6/6

**To be able to use
different object control
skills during
games and challenges.**

EDSTART KNOW

- I can say different ball skills.
- I can tell how to stay safe.
- I can say why teamwork matters.

EDSTART GO

- I can throw and catch.
- I can roll and aim.
- I can move with control.

EDSTART SHOW

- I can help my team.
- I can cheer for friends.
- I can play fairly.