

Lesson 1/6

**To be able to move
into space, dodge
others, and
control equipment safely.**

EDSTART KNOW

- I can say where the space is.
- I can tell how to move safely.
- I can say what dodge means.

EDSTART GO

- I can run and change direction.
- I can move away from others.
- I can carry equipment safely.

EDSTART SHOW

- I can play fairly.
- I can share equipment.
- I can cheer for my friends.

Lesson 2/6

To be able to bounce and control a ball using hands.

EDSTART KNOW

- I can say how to bounce a ball.
- I can tell which hand I like using.
- I can say how to stay in control.

EDSTART GO

- I can bounce a ball.
- I can walk whilst bouncing.
- I can stop the ball safely.

EDSTART SHOW

- I can look after my ball.
- I can cheer for my friends.
- I can try my best.

Lesson 3/6

To be able to dribble and control a ball using feet.

EDSTART KNOW

- I can say how to kick gently.
- I can tell why I keep the ball close.
- I can say where the space is.

EDSTART GO

- I can dribble with my feet.
- I can stop the ball.
- I can change speed.

EDSTART SHOW

- I can wait my turn.
- I can smile when others try.
- I can listen carefully.

Lesson 4/6

To be able to move with a ball using different control skills.

EDSTART KNOW

- I can say how to keep my ball safe.
- I can tell which direction to move.
- I can say which skill I am using.

EDSTART GO

- I can roll and bounce.
- I can kick and stop.
- I can move around obstacles.

EDSTART SHOW

- I can help my group.
- I can share equipment.
- I can play fairly.

Lesson 5/6

**To be able to play small
games using rolling,
throwing, and catching
skills.**

EDSTART KNOW

- I can say the rules of a game.
- I can tell how to throw safely.
- I can remember the skills we practised.

EDSTART GO

- I can roll and catch.
- I can throw carefully.
- I can move into space.

EDSTART SHOW

- I can play fairly.
- I can cheer for others.
- I can share equipment.

Lesson 6/6

To be able to take part in small games using object control skills.

EDSTART KNOW

- I can say the name of the games.
- I can tell what I need to do.
- I can remember to try my best.

EDSTART GO

- I can roll and throw.
- I can dribble and stop.
- I can move between stations.

EDSTART SHOW

- I can cheer for others.
- I can work with my group.
- I can say "well done."