

MOVING

EDSTART

EYFS - FMS Object Control

Unit of Work - Nursery

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- move safely into space whilst showing awareness of others, equipment and boundaries.
- control a range of equipment using rolling, bouncing, dribbling, throwing and catching skills.
- move with equipment using hands or feet whilst changing speed and direction with control.
- aim equipment towards targets with increasing accuracy and control.
- apply object control skills during simple games, challenges and stations.
- stop, start and change direction safely whilst moving with or without equipment.
- work cooperatively with others by taking turns, sharing equipment and following simple rules.
- talk about the skills they have practised and show confidence when taking part in games and challenges.

Objective 1/6 - To be able to travel in different ways and move safely into space.

Children can:

- move safely around the space.
- travel in different ways.
- stop and start safely.
- balance whilst moving.

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 2/6 - To be able to change direction and speed whilst travelling safely.

Children can:

- stop and start safely.
- change direction quickly.
- move at different speeds.
- follow movement instructions.

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 3/6 - To be able to travel using different body parts and movements.

Children can:

- move using different body parts.
- balance carefully.
- crawl, hop, and jump safely.
- travel in different ways.

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 4/6 - To be able to create different body shapes whilst balancing.

Children can:

- make tall, wide, and curled shapes.
- balance with control.
- hold still balances.
- move safely around others.

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 5/6 - To be able to jump and land safely with control.

Children can:

- jump with two feet.
- land safely.
- hop and leap.
- balance after landing.

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 6/6 - To be able to balance safely using different body parts.

Children can:

- balance on one foot.
- freeze safely.
- move with control.
- use different body parts

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Assessment Mark Requirements

**Working
Towards**

- Can join in with movement activities with support and encouragement.
- Beginning to travel in different ways but may lose balance or control at times.
- Attempts simple balances and jumps with some success.
- Needs reminders to use space safely and follow instructions.

On Target

- Can travel confidently in different ways using space safely.
- Can stop, start, change direction, jump and balance with control during activities.
- Can perform simple body shapes and balances independently.
- Follows instructions, takes turns and works positively with others.

**Above
Target**

- Can perform a wide range of movements with good control, balance and coordination.
- Can adapt speed, direction and movement style confidently during challenges.
- Can hold balances and body shapes with increasing strength and stability.
- Demonstrates confidence, resilience and encourages others during activities.

Excelling

- Can combine travelling, balancing and jumping skills fluently and independently in different activities.
- Can move with excellent control, coordination and awareness of space.
- Can create and perform a variety of shapes, balances and movements creatively and confidently.
- Shows leadership through teamwork, resilience, encouragement and reflection on learning.

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.