



## 14<sup>th</sup> European Conference on Tourette Syndrome & tic disorders

Lausanne, Switzerland 9-11 June 2022

Behavioural therapy for beginner participants  
Thursday, 9 June 2022, 10:00-13:00 | Workshop programme

### *Tic treatment – Learn how to become a tic therapist or enhance your skills*

Whether you are learning for the first time or recapping on well-honed skills this beginners' workshop will likely be useful. We will update you on the recent European Guidelines for psychological intervention and review core topics in diagnostics and assessment. We will then cover the two most evidence-based models of behavioural therapy for tics with some brief practice aspects. Following on, we focus on functional interventions and relapse management. There will be plenty of time for questions and discussion.

10.00 – 11.00

- Introduction, Diagnostics, Research/guidelines

Break-10'

11.10 – 12.10

- HRT/CBIT, ERP

Break-10'

(programme continues below)

# European Society for the Study of Tourette Syndrome

12.20 – 13.00

- Function based interventions, Relapse management - Q&A