



ESSTS
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12-14 June 2024, Palace Grand Hotel Varese, Italy



VARESE, 12-14 JUNE 2024 | CONFERENCE PROGRAMME

Wednesday 12 June 2024

Behavioural therapy workshops

(AM session)



10:00-13:00

I. Workshop in English for participants with **basic** training

Programme

10.00: Diagnostics/assessment, psychoeducation

10.30: Habit reversal training (HRT)

11.30: Break ☕

11.50: Exposure and response prevention (ERP)

12.30: Resource activation

12.50: Questions and closing

(PM parallel sessions)



14:00-17:00

II. Workshop in English for advanced participants

Programme

14.00: Frequently asked supervision questions

15.00: Divide into 5 groups to discuss cases and questions (circling):

- Assessment in treatment



14:00-17:00

Workshop in italiano per partecipanti con formazione base

Programme

14.00 Diagnosi e valutazione

14.30 Psicoeducazione

15.00 Habit reversal training (HRT)

15.30 Pausa/Break

- Behaviour therapy and comorbidity
- Working with the system
- Stigma and self-esteem
- Functional tics

15.50: Break ☕

16.10: Reflection/discussion

16.30: Developing supervision and consultancy skills

16.50: Questions and closing

Trainers:

(in alphabetical order)

[Tara Murphy](#)

[Zsanett Tarnok](#)

[Jolande van de Griendt](#)

[Cara Verdellen](#)

[Katrín Woitecki](#)

15.50 Exposure and response prevention (ERP)

16.30 Resource activation

16.50 Discussion e domande

Trainer:

[Valentina Baglioni](#)

(PM parallel session)

13:00-17:00

Patient associations meeting organised by Tics and Tourette Across the Globe (TTAG)



[View agenda](#)

18:00-19:00 (onwards)

Opening ceremony

I. Keynote lecture: Behavioural treatment of tics: past, present, and future.

Speaker:

[John Piacentini](#)

moderated by: Cristiano Termine

II. Professor Mary Robertson Award; winner & oral presentation

III. Cocktail time



21:00 "Lady Tourette", theatre production



Optional, **FREE** event, in collaboration with AIST Onlus, Italian Tourette Syndrome Association

Venue: [Spazio Yak](#)

Thursday 13 June 2024

09:00-09:15 Welcome message by our hosts & local organisers

[Cristiano Termine](#)

[Andrea Cavanna](#)

09:15-10:00 Symposium talk

"How can parents live well with tics?" Parental burden in TS families

Speakers:

[Noa Benaroya-Milshtein](#)

[Dana Feldman-Sadeh](#)

moderated by: Christelle Nilles

10:00-10:30 Poster rounds, session I

moderated by Nanette Mol Debes

11:00-11:30 Coffee break

+ "Speed networking"

Bringing Senior & Junior colleagues together!



11:30-12:30 Clinical rounds

Session chair:

[Tammy Hedderly](#)

Round table:

[Renata Rizzo](#)

[Carlotta Zanaboni](#)

12:30-13:30 Lunch break



13:30-14:00 General assembly

14:00-14:15 Presentation of the MDS Tic Disorders and Tourette Syndrome study group

Presenter:

[Tamara Pringsheim](#)

14:15-15:00 MDS Task Force on tic disorders; developing a new classification scheme for tic disorders

Speaker:

[Irene Malaty](#)

moderated by: Tamara Pringsheim

15:00-15:30 Coffee break



15:30-16:00 Poster rounds, session II

moderated by Nanette Mol Debes

16:00-16:30 Controversy followed by poll

Should we still use the YGTSS, or GTS/tic-QOL scales to measure tic severity and the impact of tics on day-to-day life ?



Arguing pro traditional assessment:

[Davide Martino](#)

Arguing pro AI-based:

[Izhar Bar-Gad](#)

moderated by: Andrea E. Cavanna

16:30-18:15 Oral presentations of submitted abstracts, session I

moderated by: Kirsten Müller-Vahl & Andreas Hartmann

20:00 Social event-dinner

(optional event)



Venue: [Villa Panza](#)

Friday 14 June 2024

09:00-09:15 Welcome address by TTAG

([Tics and Tourette Across the Globe](#))

09:15-10:15 TS-underrepresented zones around the world;

Latin America, South America, Russia, Nigeria

Remote (pre-recorded) and on-stage interventions

Speakers:

(in alphabetical order)

[Joy Adama Legbo](#) Nigeria

[Konstantin Evdokimov](#) Russia

[Alex Medina Escobar](#) Honduras & Canada

[Daniela Muñoz Chesta](#) Chile

moderated by: TTAG & Natalia Szejko

10:15-10:45 Coffee break

+ “Speed networking”

Bringing Senior & Junior colleagues together!



10:45-12:15 Oral presentations of submitted abstracts, session II

moderated by: Kirsten Müller-Vahl & Andreas Hartmann

12:15-13:15 Lunch break



13:15-14:00 Developing and testing an online therapist training program for CBIT: Development process and initial results

Speaker:

[Douglas Woods](#)

With the participation of:

[Suzanne Mouton-Odum](#)

[Michael B. Himle](#)

moderated by: Christelle Nilles

14:00-14:15 Poster rounds, session III

moderated by Nanette Mol Debes

14:45-15:15 Coffee break



15:15-16:15 Best papers of 2023 on tics and TS

Speaker:

Kevin J. Black



moderated by: Andreas Hartmann

16:15-16:30 Closing ceremony



Best poster & best oral presentation awards

ESSTS Conference 2025 announcement; see you next year in... 😊

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