

Early development difficulties as predictors for tic and comorbid severity, an EMTICS study

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Background:

Chronic Tic disorders (CTD), including Tourette Syndrome (TS), are neurodevelopmental disorders that appear in childhood and are frequently associated with psychiatric comorbidities. It is clinically known that children with CTD are more often diagnosed with developmental disorders, but the link between developmental delay and the severity of tics and comorbidities later in life has not yet been fully described. Therefore, the current study aimed to investigate the severity of tics and common comorbidities (obsessive compulsive disorder: OCD; Attention deficit and hyperactivity disorder: ADHD; autistic spectrum disorder: ASD) in the context of delays in the acquisition of common, early childhood, developmental milestones. It was hypothesized that children with CTD will show higher prevalence of developmental delays and that there will be a significant correlation between the severity of developmental delays and the severity of CTD and associated comorbidities.

Methods:

The current study is a part of the longitudinal European Multicenter Study of the Etiology of Tic Disorder. Children and adolescents diagnosed with CTD, aged 3-16 years ($n=383$, $M=10.67 \pm 2.69$ years) were recruited from sixteen child and adolescent psychiatry or pediatric neurology outpatient clinics throughout Europe and Israel. Participants were asked to complete parent-report questionnaire and to participate in a clinical interview. Measures included: Developmental Milestones Questionnaire; Yale Global Tic Severity Scale (YGTSS); The Children's Yale-Brown Obsessive Compulsive Scale (CY-BOCS); Swanson, Nolan, and Pelham, version IV (SNAP-IV) rating scale; The Autism Spectrum Screening Questionnaire (ASSQ); Strengths & Difficulties Questionnaire (SDQ).

Results:

Participants were mostly boys (76.8%, $n=294$) with TS (87.5%, $n=335$), with moderate severity of tics ($n=180$, 47%). Additional diagnoses included ADHD and OCD, present in 96 (25.1%) and 116 (30.3%) participants, respectively while 37 participants (9.7%)

had both ADHD and OCD. Suspected developmental disorders were prevalent in 20.6% of the participants (n=79). Most correlations between developmental milestones, tics and comorbidities were found insignificant while the significant ones were weak ($r < .20$). Delayed motor developmental milestone was correlated with OCD severity, while motor, language and toilet training delays were all positively correlated with severity of ADHD symptoms. Prediction of suspected developmental disorders by developmental milestones was statistically significant ($\chi^2(8) = 28.85, p < .001$).

Conclusions:

TS as a neurodevelopmental disorder, has always been considered a prototype of developmental psychopathology, still, the link between delay in developmental milestones and CTD remained unclear in past studies as in the current study. While most correlations were found insignificant, OCD and ADHD were significantly and positively correlated with delay in some developmental milestones. Developmental milestones also significantly predicted suspected developmental disorders. Future research is warranted in order to elaborate our knowledge on the neurodevelopmental precedents of TS.