



TS-school 2024, Varese, Italy | training course on Tourette Syndrome

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Clinical cases; assessment and treatment

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Case 1: Sebastian 7 years old

- Referred to you because he since the age of 5 years has had eye-blinking, nose twitching, shoulder movements, throat clearing and grunting.
- The movements and sounds can be annoying. Sometimes he gets pain in the throat because of his tics. Sometimes the shoulder movements need to be symmetrical.
- Has started in 1st grade and is a "real boy", who can have difficulty in sitting quietly and in concentrating. Normal academic performance. He has good friends and plays soccer.



Case 2: Maria 12 years old

- Has had eye-blinking and nose twitching since the age of 5 years. During the last year, she has gotten more frequent and more complex both vocal and motor tics and is bothered by her tics.
- She has always had social difficulties. Her parents got divorced when she was 11 years old. She likes routines and wants things to be as they normally are. She is clever and there are no academic difficulties.



Discuss in 20 minutes



Etiology



Assessment



Treatment



Prognosis