

## Links and Resources

### Employee guide

[https://www.tourettes-action.org.uk/storage/downloads/1687424288\\_factsheet-employees.pdf](https://www.tourettes-action.org.uk/storage/downloads/1687424288_factsheet-employees.pdf)

### Employer guide

[https://www.tourettes-action.org.uk/storage/downloads/1687425698\\_factsheet-employers.pdf](https://www.tourettes-action.org.uk/storage/downloads/1687425698_factsheet-employers.pdf)

### Workplace training offer

<https://www.tourettes-action.org.uk/186-workplace-training-supporting-neurodiversity.html>

### Example poster an employee and employer made following OT-EAI



**Tourettes**   
*action*

**TOURETTE  
SYNDROME**

**What is Tourette syndrome?**  
Tourette syndrome is a complex neurological condition which causes involuntary and uncontrollable sounds and movements called tics. One of our wonderful team members has this condition.

**How should I respond to tics?**  
Generally speaking it is not helpful to ask someone with TS to stop their tics. Tics are involuntary and being asked to suppress them can be stressful and sometimes cause the person to tic more. Please help us create a safe and inclusive workspace by accepting tics and our employees.



**SCAN TO LEARN MORE ABOUT  
TOURETTE SYNDROME**





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