

17<sup>th</sup> International Conference on Tourette Syndrome & Tic Disorders

TSschool  
*Athens*



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Clinical cases

Assessment and treatment

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## Case 1: Sebastian 7 years old

- Referred to you because he since the age of 5 years has had eye-blinking, nose twitching, shoulder movements, throat clearing, and grunting.
- The movements and sounds can be bothersome. Sometimes he experiences throat pain due to his tics. Sometimes he feels the need to perform shoulder movements symmetrically.
- Has started in 1st grade and is a "real boy", who may have difficulty in sitting still and maintaining concentration. His academic performance is normal. He has good friends and enjoys playing soccer.



## Case 2: Maria 12 years old

- Has had eye-blinking and nose twitching since the age of 5 years. Over the past year, her tics have become more frequent and more complex and she finds them distressing.
- She has always had social difficulties. Her parents divorced when she was 11 years old. She likes routines and finds comfort in predictability. She is clever and has no academic difficulties.



## Discuss together



Etiology



Assessment



Treatment



Prognosis

