

## CONFERENCE PROGRAMME

Wednesday 21 May 2025

## Behavioural therapy workshops | Conference Hall

## (AM session)

09:00-12:00

I. Workshop in English for participants with **basic** training

## Programme

09:00 The cornerstone of treatment: diagnostics, assessment and psychoeducation

09:30 Habit reversal training (HRT)

10:15 Break ☕

10:30 Exposure and response prevention (ERP)

11:15 Resource activation

11:45 Questions and closing

## Trainers:

(in alphabetical order)

**Tara Murphy****Zsanett Tarnok****Jolande van de Griendl****Cara Verdellen****Katrin Woitecki**

## (PM sessions)

14:00-17:00

II. Workshop in English for **advanced** participants

## Programme

14:00 Quiz and Introduction: creating acceptance through information

14:25 ACT interventions: towards an accepting attitude

14:35 Cognitive behavioural interventions: restructuring negative thoughts

14:45 Schema interventions: dealing with the impact of adverse childhood experiences

14:55 A systemic approach: engaging the system to enhance acceptance

15:05 Questions

15:10 Patient perspective on acceptance of tics

15:30 Break ☕

15:45-16:45 Case discussions

(Divide into groups, each selects **2** topics and changes after **30** minutes)

- Behavioural approaches being adapted for acceptance - developmental factors
- Working with school, work & family
- Using Schema Therapy techniques in adults to deal with negative childhood experiences that need addressing
- Parents Living Well with Tics; engaging the system to enhance acceptance and well-being

16:45 Questions and closing

**Trainers:**

(in alphabetical order)

Tara Murphy

Zsanett Tarnok

Jolande van de Griendt

Cara Verdellen

Katrín Woitecki

**Auditorium**

(AM parallel session to basic BT workshop)

(PM parallel session to advanced BT workshop)

**09:00-13:00**

Patient associations meeting organised by Tics and Tourette Across the Globe (TTAG)

View agenda: [essts.org/ttag](https://essts.org/ttag)**15:00-15:45**

ENIGMA-TS  
“Unveiling brain structure in Tourette Syndrome: results from the ENIGMA-TS international collaborative study”

**Speaker:**

Peristera Paschou

Moderated by Christelle Nilles

**16:00-17:00**

ENIGMA-TS members internal meeting

**18:00-19:30 (onwards)****Opening ceremony**

I. "If a tree tics in the forest and no one is around to hear it, does it have a tic disorder?"

**Selection bias and the natural history of tics.**

Keynote lecture (45') followed by discussion (30')

**Kevin J. Black**

Moderated by: Nanette Mol Debes

**II.**

Professor Mary Robertson Award; winner &amp; oral presentation (15')

Mary Robertson travel grant winners

**III. Cocktail time**

Thursday 22 May 2025

**09:00-09:15 Welcome message by the ESSTS Board****09:15-11:15 Symposium session on ADHD**

- I. ADHD & tics: clinical overview (20')
- II. What's new in the treatment of ADHD (including focus on new pharmacotherapy) (20')
- III. Sleep issues in TS/ADHD and neurodevelopmental disorders (20')
- IV. Comorbid ADHD in CBT for tics: studies & clinical experience (20')
- V. Q&A and discussion (40')

**Speakers:**

Kerstin Von Plessen (I+II)

Paul Gringras (III)

Jolande van de Griendt (IV)

Tara Murphy (IV)

Moderated by: Kirsten Müller-Vahl

**11:15-11:45 Coffee break**

+ "open" poster tour!

Zone A: P10, P11, P12

Zone B: P13, P14, P15



Coordinated by Nanette Mol Debes

**11:45-12:15 General Assembly****12:15-13:00 ePosters, *onstage* rounds**

P1-P9

Moderated by Nanette Mol Debes

**13:00-14:00 Lunch break****14:00-15:30 Clinical rounds**

(Case presentations)

**Session chair:**

Tammy Hedderly

**15:30-16:15 Coffee break**

+ "open" poster tour!

**Zone A:** P16, P17, P18, P19, P20

**Zone B:** P21, P22, P23, P24, P25, P26



Coordinated by Nanette Mol Debes

**16:15-17:00 TS-underrepresented zones around the world:**

Greece, India

**Speakers:**

Anastasia Dougali, Greece

John Vijay Saga, India

Moderated by Natalia Szejko

**17:00-18:00 Oral presentations of submitted abstracts, session I**

Moderated by Kirsten Müller-Vahl & Andreas Hartmann

## Friday 23 May 2025

**09:00-09:15 Welcome address by TTAG (Tics and Tourette Across the Globe)**

**09:15-10:15 Is the term "neurodiversity" helpful within Tourette syndrome?**

Followed by panel and interactive audience discussion on neurodiversity, and a live, hybrid poll

**Speaker:**

Paul Stevenson

**Guest panellist:**

Agnieszka Malek

Moderated by Natalia Szejko

**10:15-10:45 Coffee break**

+ "open" poster tour!

**Zone A:** P27, P28, P29

**Zone B:** P30, P31, P32



Coordinated by Nanette Mol Debes

## 10:45-12:30 "From TS-pathology to treatment"

- I. "From Tic Phenomena to Tourette Syndrome: Translating Clinical Observations to Pathophysiological Insights" (45')  
**Speaker:**  
**Juan Carlos Baldermann**
- II. "From D1 Receptors to Tic Reduction: Results From the Phase III Study of Ecopipam for Tourette Syndrome" (30')  
**Speaker:**  
**Donald Gilbert**
- III. Q&A and discussion (30')

Moderated by Christelle Nilles

## 12:30-13:30 Lunch break



## 13:30-14:30 Oral presentations of submitted abstracts, session II

Moderated by Kirsten Müller-Vahl & Andreas Hartmann

## 14:30-15:15 Coffee break

+ "open" poster tour!

**Zone A:** P33, P34, P35, P36, P37

**Zone B:** P38, P39, P40, P41, P42, P43



Coordinated by Nanette Mol Debes

## 15:15-16:15 Best papers of 2024 on tics and TS

**Speaker:**

**Kevin J. Black**

Moderated by: Andreas Hartmann

## 16:15-16:45 Closing ceremony



Best poster & best oral presentation awards

ESSTS Conference 2026 announcement