

Leil<sup>®</sup>  
SAUNAS



Viva

Outdoor Sauna Collection

[leilsaunas.com](https://leilsaunas.com)



Lei<sup>®</sup>  
SAUNAS

A vertical photograph of a dense evergreen forest. The scene is heavily misted or fogged, with a soft, ethereal light filtering through the trees. The foreground shows sharp, dark green coniferous trees, while the middle ground and background are increasingly obscured by the white mist, creating a sense of depth and tranquility. The overall mood is peaceful and serene.

Built for peace.  
Inspired by nature.

■ who are we?

# Not just another sauna manufacturer.

Our story began more than sixteen years ago in a freezing garage, where our two founders, childhood friends, built the first units by hand with equal parts grit and curiosity. That hands-on spirit still drives us today. From those early days, we've grown into a modern manufacturer with deep craft roots. We design and build on a single 6-hectare manufacturing campus in Estonia, pairing precise engineering with honest, long-lasting materials. Every detail matters: clean lines, smart assembly, efficient heating, and a bathing experience that feels restorative day after day.



**Experience over 16 years**



**Premium Materials**



**World-class Manufacturing**



**Award-winning Designs**

## Designed for life. Tested by nature.

What we make is intended to live beautifully and work hard. We build with Nordic ThermoWood®, tempered glass, and durable components, and we test our saunas the way they're meant to be used – out in real weather, with real steam, and real people. The result is reliable performance, simple maintenance, and timeless aesthetics that fit homes, cabins, spas, and hospitality projects.

## Crafted by hand. Found worldwide.

Our saunas are available through our distributor network in over 50 countries.



● the story behind our name.



## What is *leil*?

*leil* (Estonian, noun)

“sauna steam”; the burst of heat and vapor created by ladling water onto hot stones, and therefore the sacred ritual of making it.

For centuries, the sauna has been a sacred place for the people of the North. In a rapidly changing and noisy world, it is increasingly important to take moments to truly be present and find peace. *Leil* is at the heart of this experience.

We invite people to experience the peace, connection, and ritual of true sauna practice. Our goal is to bring the authentic Estonian sauna experience to new audiences worldwide, teaching the art of *leil* as a universal expression of well-being that transcends cultures and languages.



## Healthy heat. Happy heart.

What most people don't realize is that leil isn't about endurance or extreme heat. True leil should be gentle and soft, yet deeply warm – a balance that soothes rather than overwhelms.

Our mission is to share this understanding with the world and teach people the art of creating and enjoying leil the right way.

Going into the sauna and throwing leil the right way helps boost your health and wellbeing, calm the mind, and strengthen your immunity.

# Viva

## Outdoor Sauna Collection

Viva is a sauna series built with a commitment to design and simplified installation. With four models, there's a fit for every taste. Compact and intelligently engineered, Viva brings an authentic leil experience to any yard or terrace. Clean lines, comfortable layouts, and right-sized dimensions – choose the model that matches your space and needs.



### ■ exterior

Viva balances design clarity with simplified installation. The structure is wrapped in elegant 40 mm Thermowood wall elements for durability and a calm, natural look. The front wall features vertical bars that add rhythm and lightness to the façade while keeping sightlines clean. From roof to base, this sauna is engineered for straightforward assembly and long-lasting performance outdoors.



### ■ interior

Inside, Viva is all about comfort and longevity: 100% Thermowood benches, backrests, ceiling, floor, and walls – chosen for their smooth finish and excellent heat resistance. Optional decorative wall panels let you personalize the space without complicating the build. Warm LED lighting creates a relaxing ambience, and a considered ventilation path ensures steady airflow for an even, satisfying leil.



## Viva 120

Our most compact, for one. Takes minimal space and is perfect for a private corner or terrace. Your personal sauna ready whenever you need a quiet reset.



## Viva 180

For four. The face-to-face bench layout invites conversation and balanced leil. The heater is set into the back wall for a safe, space-saving design that keeps the seating area open.



## Viva 210

For three. Extra shoulder room with the option to recline. The ideal middle ground when you want a compact footprint without giving up comfort.



## Viva 250

For four. Added height creates a lighter, airier feel. Seating is aligned with the heater level for natural posture and a more even leil.





## standard set includes

1	Walls	40mm ThermoWood®
2	External front wall	Vertical bars
3	Ceiling	40mm ThermoWood® + EPDM roof cover
4	Door	Tempered bronze glass with Premium handle and black hinges
5	Benches	Thermo alder bench and back rest
6	Floor	40mm ThermoWood®
	Ventilation	3x ventilation openings

## additional extras



### 7 Lightning

LED-strips under the bench  
and/or behind back rest



### 8 Deco Panel

Decorative hexagon panel  
on the back wall

## assembly and delivery

All models are available as a DIY kit or pre-assembled. Availability may vary by model - please check for details.

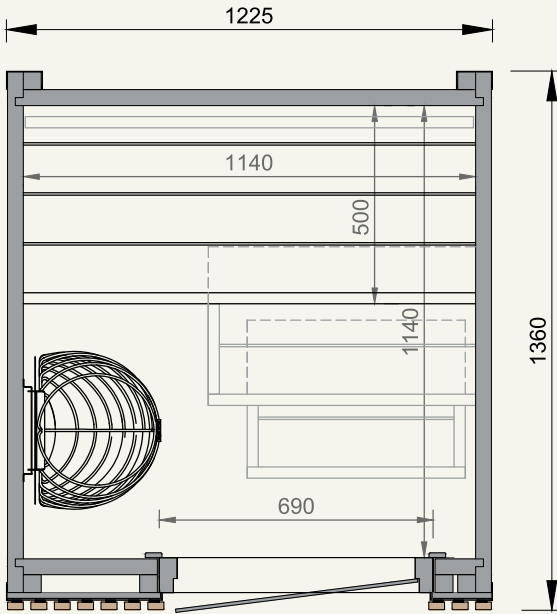




# Viva 120

for 1 person





**technical information**

**METRIC**

**IMPERIAL**

Coverage area	1,6 (m <sup>2</sup> )	17.2 (ft <sup>2</sup> )
Steam room volume	2,7 (m <sup>3</sup> )	95.3 (ft <sup>3</sup> )
External dimensions	W1225×D1360×H2340 (mm)	W48.2"×D53.5"×H92.1" (in)
Internal dimensions	W1140×D1140×H2100 (mm)	W44.9"×D44.9"×H82.7" (in)
Weight	400 (kg)	882 (lb)
Pallet size	1,20×2,30×1,20 (m)	3.94×7.55×3.94 (ft)

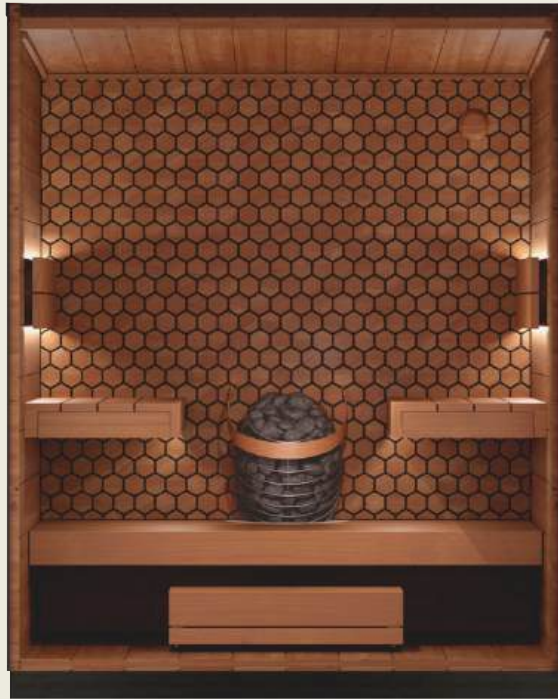
**suitable with**

Electric heater	✓
Wood burning heater	✗



# Viva 180

for 4 people





**technical information**

**METRIC**

**IMPERIAL**

Coverage area	3,3 (m2)	35.5 (ft2)
Steam room volume	5,8 (m3)	204.8 (ft3)
External dimensions	W1815×D1800×H2340 (mm)	W71.5"×D70.9"×H92.1" (in)
Internal dimensions	W1742×D1580×H2100 (mm)	W68.6"×D62.2"×H82.7" (in)
Weight	500 (kg)	1,102 (lb)
Pallet size	1,20×2,30×1,20 (m)	3.94×7.55×3.94 (ft)

**suitable with**

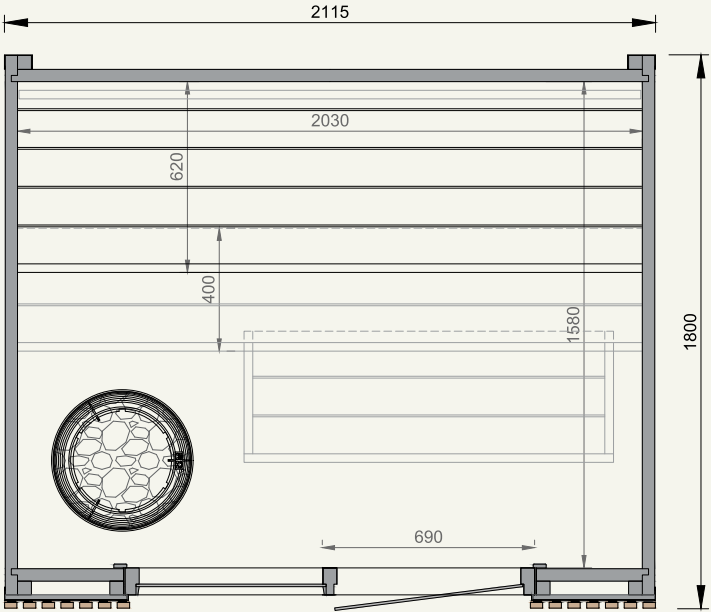
Electric heater	✓
Wood burning heater	✗



# Viva 210

for 3 people





**technical information**

**METRIC**

**IMPERIAL**

Coverage area	3,8 (m <sup>2</sup> )	40.9 (ft <sup>2</sup> )
Steam room volume	6,7 (m <sup>3</sup> )	236.7 (ft <sup>3</sup> )
External dimensions	W2115×D1800×H2340 (mm)	W83.3"×D70.9"×H92.1" (in)
Internal dimensions	W2030×D1580×H2100 (mm)	W79.9"×D62.2"×H82.7" (in)
Weight	650 (kg)	1,433 (lb)
Pallet size	1,20×2,30×1,20 (m)	3.94×7.55×3.94 (ft)

**suitable with**

- Electric heater ✓

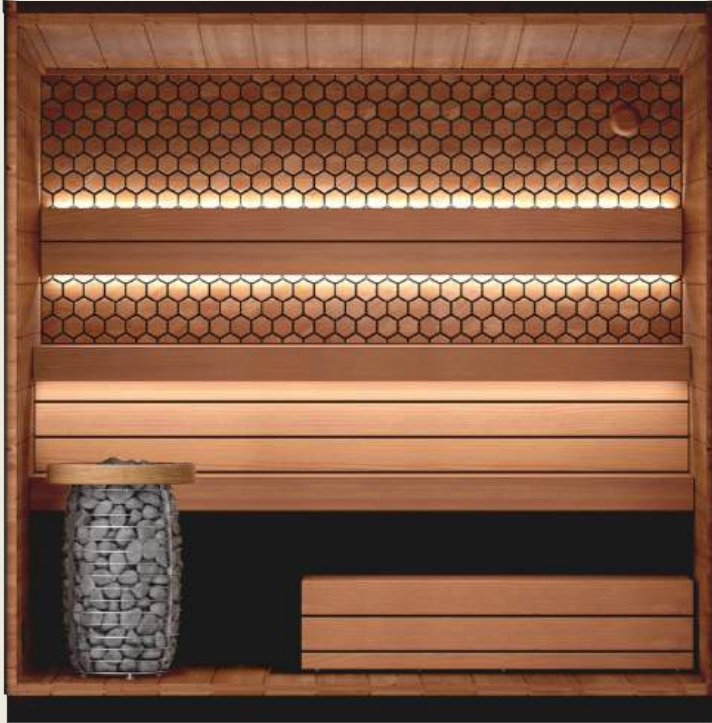
---

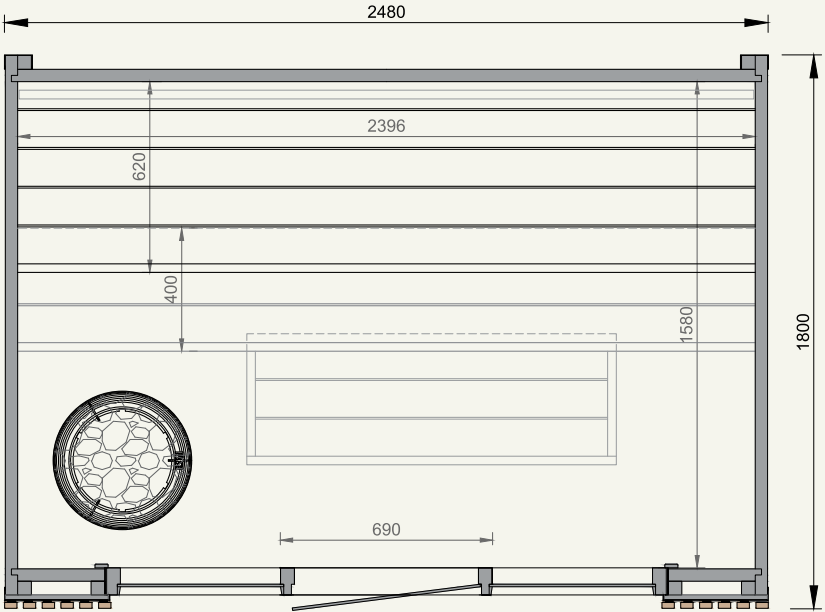
- Wood burning heater ✓



# Viva 250

for 4 people





**technical information**

**METRIC**

**IMPERIAL**

Coverage area	4,5 (m2)	48.4 (ft2)
Steam room volume	8,6 (m3)	303.7 (ft3)
External dimensions	W2480×D1800×H2520 (mm)	W97.6"×D70.9"×H99.2" (in)
Internal dimensions	W2396×D1580×H2280 (mm)	W94.3"×D62.2"×H89.8" (in)
Weight	850 (kg)	1,874 (lb)
Pallet size	1,20×2,50×1,20 (m)	3.94×8.20×3.94 (ft)

**suitable with**

- Electric heater ✓

---

- Wood burning heater ✓

## FAQ.

### **What type of wood do you use in manufacturing, and why is thermally treated wood good?**

We use ThermoWood® (thermally modified pine) for the sauna exterior, while benches are made from aspen and alder, both in their natural and thermally treated forms. Thermally treated wood is ideal for saunas as it's resistant to water and humidity, doesn't swell or shrink, won't warp or twist like untreated wood, and doesn't leak resin.

---

### **Are your outdoor saunas suitable for year-round use?**

Yes, our outdoor saunas can be used year-round, enduring cold winters and hot summers. We use 40mm or 70mm thick thermally treated wood, roofing with shingles or EPDM rubber to ensure moisture resistance. We also recommend applying an external UV-protective varnish treatment which ensures long-lasting durability.

---

### **Can products be customized (custom solutions)?**

Yes, some products are available for customization, but it involves additional waiting time for designing and manufacturing. Typically, a custom order takes a minimum of 2-3 months.

---

### **Are sauna components painted at the factory?**

DIY (self-assembly) sauna components are partially factory-painted, requiring final finishing during installation. Fully assembled saunas are factory-painted and finished.

---

### **On what surface can the sauna be installed?**

The sauna must be installed on stable and level ground that doesn't settle. For outdoor saunas, ground must be prepared, either with driven piles or a concrete foundation.

---

### **Does the standard sauna kit include a heater?**

A standard kit includes the sauna only. Optional LED lighting and a heater packages are available as add-ons.\*

\*Depending on the country.



# Viva

## Outdoor Sauna Collection

Viva is a sauna series built with a commitment to design and simplified installation. With four models, there's a fit for every taste. Compact and intelligently engineered, Viva brings an authentic leil experience to any yard or terrace. Clean lines, comfortable layouts, and right-sized dimensions – choose the model that matches your space and needs.



Viva 120  
for 1 person



Viva 180  
for 4 people



Viva 210  
for 3 people



Viva 250  
for 4 people



**Leil**<sup>®</sup>  
SAUNAS

### Leil Saunas OÜ

Karja tee 6, Võnnu, 62401  
Kastre municipality, Tartu county,  
Estonia

[sales@leilsaunas.com](mailto:sales@leilsaunas.com)

[leilsaunas.com](https://leilsaunas.com)

[f](#) [@](#) [in](#) @leilsaunas

#throwtheleil

