

# Why is my cat vomiting?

**BIG DOG**  
PET FOODS



White, clear, mucous or foamy

#### What it means:

Likely just stomach acid or bile, often from an empty stomach. Could be related to stomach irritation or regurgitation rather than true vomiting.

#### Should you worry?

Not usually. If your cat is otherwise acting normal, try offering smaller, more frequent meals.



Yellow or light green

#### What it means:

Bile from an empty stomach or possible irritation. If your cat hasn't eaten for a while, their stomach may be a little too acidic.

#### Should you worry?

If it happens occasionally, no big deal. But frequent bile vomit could mean digestive issues or even liver problems.



Brown or dark

#### What it means:

This could be partially digested food, or it could indicate bleeding in the digestive tract or digested blood, possibly from an ulcer or internal issue.

#### Should you worry?

This warrants a vet visit, just to be safe.



Red, pink or bloody

#### What it means:

Fresh blood in vomit isn't a good sign. It could be from irritation, ulcers, or even internal bleeding.

#### Should you worry?

Definitely. Get to the vet ASAP.



Green

#### What it means:

Possibly bile or even something your cat has eaten. Some cats eat grass to help with digestion, but if it happens a lot, it could be a sign of stomach upset.

#### Should you worry?

Monitor your cat for any other signs and symptoms that are unusual for them. If you notice frequent green vomit, head to the vet for a check-up.



Chunky food

#### What it means:

Your cat might be eating too fast or not chewing properly. This is common with dry food, which expands in the stomach. If it happens right after eating, your cat may be eating too fast or reacting to their diet.

#### Should you worry?

Not unless it happens regularly. Try slowing down mealtime with a puzzle feeder or switching to a raw diet, which encourages natural chewing.



Hairball

#### What it means:

Totally normal! Cats groom themselves constantly, and swallowed fur sometimes needs an exit strategy.

#### Should you worry?

Not really, but frequent hairballs might indicate excessive grooming, allergies, or digestive issues. A raw diet helps reduce hairballs by improving gut health!



Contains worms

#### What it means:

Yep, it's gross, but if you see spaghetti-like strands, your cat probably has worms.

#### Should you worry?

Yes! Your cat needs deworming medication from a vet.

## When to See a Vet

Not sure if your cat's vomiting is serious? Here are other indicators you need to visit the vet:

- Vomiting multiple times a day
- Blood in vomit
- Weight loss or loss of appetite
- Lethargy or dehydration
- Vomiting alongside diarrhea



## Vet Number and Address

## Emergency Vet Number and Address