PARENT CODE OF CONDUCT

Introduction

Parents play a fundamental role in their child's overall development. By becoming positively involved, they help create a healthy, safe and fulfilling environment for participation in sport or recreation. They must therefore demonstrate exemplary behaviour that supports the educational values promoted through the activity.

Commitment and Expected Behaviour

Parents commit to:

- Respect coaches, officials, administrators and volunteers at all times.
- Maintain a respectful attitude and use appropriate language, both in person and online.
- Refrain from all forms of verbal or physical violence toward anyone involved in the activity.
- Remember that their child participates for their own enjoyment, not to satisfy parental expectations.
- Encourage their child to respect the spirit of sportsmanship, the Laws of the Game and the program's internal rules.
- Recognize good performances by their child and by opponents.
- Help their child develop skills, sportsmanship, self-confidence and a willingness to make an effort.
- Never ridicule, humiliate or belittle a child following a failure or mistake.
- Objectively assess their child's abilities and avoid projecting unrealistic ambitions.
- Support their child in choosing activities that respect their interests and preferences.
- Promote respect for the rules and the peaceful resolution of conflicts.
- Use social media and electronic communications in a respectful and ethical manner.
- Wait 24 hours before addressing a sensitive comment to a coach or player.
- Review the well-being and safety guidelines available at www.sportbienetre.ca.
- Ensure that everyone is treated fairly and respectfully, without discrimination.

Positive Relationship with Their Child

Parents must:

- Encourage their child in victory and defeat, valuing effort over results.
- Accept their child's limits and pace of development.
- Listen to their needs, concerns and emotions.
- Encourage the development of their enjoyment of the game, passion and skills.
- Recognize and value effort rather than focusing only on performance.

What Parents Must Avoid

Parents commit not to:

- Use abusive or disrespectful language.
- Behave violently, aggressively or humiliatingly toward their child or any other participant.
- Impose excessive goals or transfer their own sporting ambitions onto their child.
- Encourage their child to accept or tolerate physical or psychological violence in the name of "mental toughness."
- Express disappointment toward their child in a hurtful manner because of athletic performance.
- Prevent their child from reporting abuse or an act of violence.

Conclusion

Parents have a responsibility to act as positive role models while supporting their child's physical, emotional and social well-being. Through their attitude, they help create a healthy, inclusive and respectful sporting culture that benefits all young participants.