

Sunday

Monday

Tuesday


Wednesday

Thursday

Friday

Saturday


# April

Assisted Living  
Calendar  
Wesley Willows 

*Location Key*  
**WP** - Willows Place **VSR** - Van Sickle Room  
**JC** - Johns Chapel  
**RGP** - Rose Garden Patio  
**ML**-Main Lobby **SL** - Swingley Lounge  
**AR** - Activity Room 2<sup>nd</sup> Floor C Wing  
**PR** - Pool Room

8:00 a.m. Billiards - PR ①  
 8:45 a.m. Strong Stability & Balance -WP  
 9:30 a.m. Healthy Hands -WP  
 10:30 a.m. Lunch at Garretts-ML  
 2:00 p.m. Cardio Drumming-WP  
 3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance -WP ②  
 9:30 a.m. Moments of Music-ML  
 10:00 a.m. Morning Showdown Games with Lisa-AR  
 2:00 p.m. Easter Bingo-WP  
 3:45 p.m. Trivia with Lisa-AR

 ③  
 GOOD FRIDAY

9:30 a.m. Morning Games-AR ④  
 12:00 p.m. Moments of Music with Margaret-ML

10:00 a.m. Chapel-JC ⑤  
 HAPPY EASTER

8:45 a.m. Sit & Be Fit-WP ⑥  
 9:30 a.m. Healthy Hands-WP  
 10:00 a.m. Morning Games wit Val-AR  
 1:00 p.m. Movie Matinee-AR  
 1:00 p.m. Wellzesta training-AR  
 2:00 p.m. Cardio Drumming -WP  
 3:45 p.m. Trivia with Val-AR

8:45 a.m. Strong Stability & Balance - WP ⑦  
 10:30 a.m. Chapel -JC  
 1:30 p.m. Entertainer: Ace Holsinger-WP  
 3:30 p.m. -Grief group-JC  
 3:45 p.m. Trivia with Val-AR  
 6:30 p.m. Aromatherapy-AR

8:00 a.m. Billiards - PR ⑧  
 8:45 a.m. Sit & Be Fit- WP  
 9:30 a.m. Healthy Hands -WP  
 1:00 p.m. Classic Comedy Hour: AR  
 2:00 p.m. Cardio Drumming-WP  
 3:45 p.m. Trivia with Val-AR

All Day-Pump-It-for Parkinson's-Fitness Center ⑨  
 8:45 a.m. Strong Stability& Balance- WP  
 9:30 a.m. Moments of Music-ML  
 10:00 a.m. Morning Games with Val-AR  
 1:30 p.m. Flower Painting Craft AR  
 3:45 p.m. Trivia with Val-AR

8:45 a.m. Strong Stability & Balance -WP ⑩  
 9:30 a.m. Healthy Hands - VSR  
 2:00 p.m. Bingo-WP  
 3:45 p.m. Trivia with Val-AR

9:30 a.m. Morning Games-AR ⑪  
 12:00 p.m. Moments of Music with Margaret-ML

10:00 a.m. Chapel-JC ⑫

8:45 a.m. Sit & Be Fit-WP ⑬  
 9:30 a.m. Healthy Hands-WP  
 0:00 a.m. Morning Games wit Val-AR  
 1:00 p.m. Movie Matinee-AR  
 2:00 p.m. Cardio Drumming -WP  
 3:45 p.m. Trivia with Val-AR

8:45 a.m. Strong Stability &Balance - WP ⑭  
 10:00 a.m. Wellzesta Help - AR  
 10:30 a.m. Chapel -JC  
 2:00 p.m. Bingo -WP  
 3:45 p.m. Trivia with Val-AR  
 4:00 p.m. Happy Hour-ML  
 6:30 p.m. Aromatherapy-AR

8:00 a.m. Billiards - PR ⑮  
 8:45 a.m. Strong Stability & Balance - WP  
 9:30 a.m. Healthy Hands - WP  
 1:00 p.m. Classic Comedy Hour: AR  
 2:00 p.m. Cardio Drumming-WP  
 3:45 p.m. Trivia with Val-AR

8:45 a.m. Strong Stability& Balance- WP ⑯  
 9:30 a.m. Moments of Music-ML  
 10:00 a.m. Morning Games with Val-AR  
 1:00 a.m. Ed Palweski-ML  
 1:30 p.m. Cookies from Countries-WP  
 3:45 p.m. Trivia with Val-AR

8:45 a.m. Strong Stability &Balance - WP ⑰  
 9:30 a.m. Healthy Hands -WP  
 2:00 p.m. Bingo -WP  
 3:45 p.m. Trivia with Val-AR

9:30 a.m. Morning Games-AR ⑱  
 12:00 p.m. Moments of Music with Margaret-ML

10:00 a.m. Chapel-JC ⑲

8:45 a.m. Strong Stability & Balance - WP ⑳  
 0:00 a.m. Morning Games wit Lisa-AR  
 1:00 p.m. Movie Matinee-AR  
 2:00 p.m. Cardio Drumming -WP  
 3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - WP ㉑  
 10:00 a.m. Morning Games with Lisa-AR  
 10:30 a.m. Chapel -JC  
 2:00 p.m. Bingo -WP  
 3:45 p.m. Trivia with Lisa-AR  
 6:30 p.m. Aromatherapy-AR

8:00 a.m. Billiards - PR ㉒  
 8:45 a.m. Strong Stability & Balance -WP  
 9:30 a.m. Healthy Hands - WP  
 10:00 a.m. Morning Games with Lisa-AR  
 AR  
 10:30 a.m. Casino Trip-ML  
 3:45 p.m. Trivia with Lisa-ML

8:45 a.m. Strong Stability& Balance- WP ㉓  
 9:30 a.m. Moments of Music-ML  
 10:00 a.m. Resident Council Meeting-WP  
 3:00 p.m. Barber Shop Quartet-WP

8:45 a.m. Strong Stability &Balance - WP ㉔  
 9:30 a.m. Healthy Hands - WP  
 10:00 a.m. Morning Games with Lisa-AR  
 11:00 a.m. Wellzesta Help - AR  
 2:00 p.m. Bingo -WP  
 3:45 p.m. Trivia with Lisa-AR

9:30 a.m. Morning Games-AR ㉕  
 12:00 p.m. Moments of Music with Margaret-ML

10:00 a.m. Chapel-JC ㉖

8:45 a.m. Strong Stability & Balance- WP ㉗  
 10:00 a.m. Morning Games with Lisa-AR  
 1:00 p.m. Movie Matinee-AR  
 2:00 p.m. Cardio Drumming WP  
 3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - WP ㉘  
 10:00 a.m. Memory Wellness Express-ML  
 10:30 a.m. Chapel -JC  
 2:00 p.m. Bingo -WP  
 3:45 p.m. Trivia with Lisa-AR  
 4:00 p.m. Happy Hour-ML  
 6:00 p.m. Aromatherapy -AR

8:00 a.m. Billiards - PR ㉙  
 8:45 a.m. Strong Stability & Balance -WP  
 9:30 a.m. Healthy Hands - VSR  
 0:00 a.m. Morning Games with Lisa-AR  
 12:30 p.m. Trip to Megs Coffee -ML  
 1:00 p.m. Wellzesta Help - AR  
 3:45 p.m. Trivia with Lisa-ML

8:45 a.m. Strong Stability& Balance- WP ㉚  
 9:30 a.m. Moments of Music-ML  
 1:30 p.m. Karaoke Sing-A-Long-WP  
 1:30 p.m. Resident Council Meeting-WP  
 3:45 p.m. Trivia with Lisa-AR