

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# Independent Living Calendar



## Location Key

- AUD-** Auditorium **ME-** Main Entrance
- CL -** Club Room **B-** Bistro
- GR-** Game Room **R-** Reflections Room
- AC -** Art Center **CR -** Conference Room
- FS -** Fitness Studio **P -** Patio **WAPL -** Willows Arbor
- Pool Room**

# April

11:00 a.m. Chapel (AUD) 5

9:30 a.m. Grocery Trip: Walmart (ME) 6  
 10:30 a.m. Chess Club (B)  
 12:00 p.m. The Fiber Arts Group (B)  
 2:00 p.m. Easter Bingo (AUD)  
 3:00 p.m. Monday Mingle (ME)

12:30p.m. Willows Walkers (ME) 7  
 1:00 p.m. Bridge Group (GR)  
 1:00 p.m. Photo Shoot - Wellzesta (R)  
 1:30 p.m. Retired Nurses Meeting  
 3:30 p.m. Brainstorming with Lifestyle & Wellness (CL)

10:30 a.m. Caregivers & Coffee (CR) 8  
 11:15 a.m. Chapel (AUD)  
 1:00 p.m. Auxiliary Quarterly Meeting (AUD)  
 2:00 p.m. Line Dancers (FS)  
 3:00 p.m. Grief Support (CL)

8:00 a.m. Pump it Parkinsons (FS) 9  
 10:30 a.m. Ukulele Club (CL)  
 10:30 a.m. Chess Club (B)  
 11:00 a.m. Men's Discussion Group (CR)  
 12:30 p.m. Willows Walkers (ME)  
 1:00 p.m. Bridge Group (GR)  
 1:00 p.m. Texas Hold Em (CR)  
 2:00 p.m. Wood Carvers Group (AC)  
 4:00 p.m. Active Aging (AUD)

12:30 p.m. The Chosen (CR) 10  
 1:30 p.m. Rockford University (AUD)  
 3:00 p.m. Wellzesta Training (AUD)

1:30 p.m. Movie Matinee 11

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9:30 a.m. Grocery Trip: Meijer (ME) 13  
 10:30 a.m. Chess Club (B)  
 12:00 p.m. The Fiber Arts Group (B)  
 12:30 p.m. Papercrafters (AC)  
 2:00 p.m. Bingo (AUD)

10:00 a.m. Short Story Workshop (CR) 14  
 10:30 a.m. IL Orientation Refresher Course (AUD)  
 12:15 p.m. Wesley Willows Rotary Club Meeting (CL)  
 12:30p.m. Willows Walkers (ME)  
 1:00 p.m. Bridge Group (GR)  
 1:00 p.m. Hoo Haven (AUD)

10:30 a.m. Caregivers & Coffee (CR) 15  
 11:15 p.m. Chapel (AUD)  
 12:00 p.m. Secret Life of Butterflies (ME)  
 =2:00 p.m. Line Dancers (FS)  
 3:00 p.m. Pub Style Trivia (AUD)

8:00 a.m. Mercy Health Lab Draws (AC) 16  
 10:30 a.m. Ukulele Club (CL)  
 10:30 a.m. Chess Club (B)  
 11:00 a.m. Wellzesta Training (CR)  
 12:30 p.m. Willows Walkers (ME)  
 1:00 p.m. Bridge Group (GR)  
 1:00 p.m. Texas Hold Em (CR)  
 2:00 p.m. Wood Carvers Group (AC)  
 4:45 p.m. Birthday Dinner Check-in (AUD)

12:30 p.m. The Chosen (CR) 17  
 2:00 p.m. WS Quarterly Meeting (AUD)  
 3:00 p.m. Karaoke (AUD)

1:30 p.m. Movie Matinee 18  
 6:30 p.m. RSO (ME)

11:00 a.m. Chapel (AUD) 19

9:30 a.m. Grocery Trip: Woodman's (ME) 20  
 10:30 a.m. Chess Club (B)  
 12:00 p.m. The Fiber Arts Group (B)  
 12:30 p.m. Wellzesta Training (AUD)  
 2:00 p.m. Bingo (AUD)  
 3:00 p.m. Monday Mingle (ME)

9:30 a.m. Delicious Discussion (B) 21  
 10:00 a.m. Moving Through the Continuum (AUD)  
 12:30p.m. Willows Walkers (ME)  
 12:30 p.m. Rockford Art Murals & Ice Cream (ME)  
 1:00 p.m. Bridge Group (GR)  
 1:30 p.m. International Experiences (AUD)

10:30 a.m. Caregivers & Coffee (CR) 22  
 11:00 a.m. Casino Trip (ME)  
 11:15 p.m. Chapel (AUD)  
 2:00 p.m. Line Dancers (FS)

10:30 a.m. Ukulele Club (CL) 23  
 10:30 a.m. Chess Club (B)  
 11:00 a.m. Men's Discussion Group (CR)  
 11:30 a.m. Lunch Trip: Nunzio's (ME)  
 12:30 p.m. Willows Walkers (ME)  
 1:00 p.m. Bridge Group (GR)  
 1:00 p.m. Texas Hold Em (CR)  
 2:00 p.m. Wood Carvers Group (AC)

12:30 p.m. The Chosen (CR) 24  
 1:30 p.m. Cookies from Countries (AUD)

1:30 p.m. Movie Matinee 25

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9:30 a.m. Grocery Trip: Aldi (ME) 27  
 10:30 a.m. Chess Club (B)  
 12:00 p.m. The Fiber Arts Group (B)  
 2:00 p.m. Bingo (AUD)

10:00 a.m. Short Story Workshop (CR) 28  
 10:00 a.m. Wellzesta Training (AC)  
 12:15 p.m. Wesley Willows Rotary Club Meeting (CL)  
 12:30p.m. Willows Walkers (ME)  
 1:00 p.m. Bridge Group (GR)  
 1:30 p.m. Retired Nurses Meeting (AUD)  
 5:00 p.m. Social Committee Event

10:30 a.m. Caregivers & Coffee (CR) 29  
 11:00 a.m. Kohl's (ME)  
 11:15 p.m. Chapel (AUD)  
 2:00 p.m. Line Dancers (FS)  
 3:00 p.m. Resident Council Meeting (AUD)

10:30 a.m. Ukulele Club (CL) 30  
 10:30 a.m. Chess Club (B)  
 12:30 p.m. Willows Walkers (ME)  
 Volunteer Luncheon (AUD)  
 1:00 p.m. Bridge Group (GR)  
 1:00 p.m. Texas Hold Em (CR)  
 2:00 p.m. Wood Carvers Group (AC)  
 2:00 p.m. Audiologist (CL)