

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday



Saturday

Independent Living
Calendar
Wesley Willows 

Location Key

- AUD-** Auditorium **ME-** Main Entrance
- CL -** Club Room **B-** Bistro
- GR-** Game Room **R-** Reflections Room
- AC -** Art Center **CR -** Conference Room
- FS -** Fitness Studio **P -** Patio **WAPL -** Willows Arbor
- Pool Room**

July

<p>11:00 a.m. Chapel (AUD) ⑤</p>	<p>9:30 a.m. Grocery Trip: Schnuck's (ME) ⑥ 12:00 p.m. The Fiber Arts Group (B) 2:00 p.m. Bingo (AUD) 3:00 p.m. Monday Mingle (ME)</p>	<p>12:00 p.m. Wellzesta help training (AUD) ⑦</p>	<p>10:30 a.m. Caregivers & Coffee (CR) ① 11:15 a.m. Chapel (AUD) 2:00 p.m. Line Dancers (FS) 3:00 p.m. Pub Style Trivia (AUD) 4:30 p.m. Wine Down Wednesday Sponsored by Northwest Bank (CL)</p>	<p>8:00 a.m. Lab Draw (AC) ② 9:30 a.m. Birthday Dinner Planning Meeting (CL) 10:30 a.m. Ukulele Club (CL) 10:30 a.m. Chess Club (B) 1:00 p.m. Bridge Group (GR) 1:00 p.m. Texas Hold Em (CR) 2:00 p.m. Wood Carvers Group (AC) 4:30 p.m. Sky Carp Baseball Game (ME)</p>	<p>12:30 p.m. The Chosen (CR) ③ </p>	<p>1:30 p.m. Game Day Gathering (AC) ④ </p>
<p>11:00 a.m. Chapel (AUD) ⑤</p>	<p>9:30 a.m. Grocery Trip: Schnuck's (ME) ⑥ 12:00 p.m. The Fiber Arts Group (B) 2:00 p.m. Bingo (AUD) 3:00 p.m. Monday Mingle (ME)</p>	<p>12:00 p.m. Wellzesta help training (AUD) ⑦</p>	<p>11:15 p.m. Chapel (AUD) ⑧ 1:00 p.m. Auxiliary Quarterly Meeting: Beyond the Battles (AUD) 1:30 p.m. Prairie Group Meeting (CL) 1:30 p.m. Service Members Social with Tanya Walls (CL) 2:00 p.m. Line Dancers (FS) 3:00 p.m. Grief Support (CL)</p>	<p>9:30 a.m. Breakfast Trip: Eggsclusive Cafe (ME) ⑨ 10:30 a.m. Ukulele Club (CL) 10:30 a.m. Chess Club (B) 11:00 a.m. Men's Discussion Group (CR) 1:00 p.m. Bridge Group (GR) 1:00 p.m. Texas Hold Em (CR) 2:00 p.m. Wood Carvers Group (AC) 4:00 p.m. Active Aging (AUD)</p>	<p>12:30 p.m. The Chosen (CR) ⑩ 3:00 p.m. Karaoke/Sing Along: Patriotic (AUD)</p>	<p>1:30 p.m. Game Day Gathering (AC) ⑪</p>
<p>12:00 p.m. Box Office Benefit at the starlight theatre (ME) ⑫ </p>	<p>9:30 a.m. Grocery Trip: Walmart (ME) ⑬ 12:00 p.m. The Fiber Arts Group (B) 12:30 p.m. Papercrafters (CR) 2:00 p.m. Bingo (AUD)</p>	<p>10:00 a.m. Short Story Workshop (CR) ⑭ 12:15 p.m. Wesley Willows Rotary Club Meeting (CL) 1:30 p.m. Bridge Group (GR) 5:30 p.m. Taste of Italy (AUD)</p>	<p>11:15 a.m. Chapel (AUD) ⑮ 2:00 p.m. Line Dancers (FS) 3:00 p.m. Pub Style Trivia (AUD)</p>	<p>8:00 a.m. Lab Draw (AC) ⑯ 10:30 a.m. Ukulele Club (CL) 10:30 a.m. Chess Club (B) 1:00 p.m. Bridge Group (GR) 1:00 p.m. Texas Hold Em (CR) 2:00 p.m. Wood Carvers Group (AC) 5:00 p.m. Birthday Dinner Check In</p>	<p>12:30 p.m. The Chosen (CR) ⑰ 1:00 p.m. Ice Cream Trip: Dairy Haus (ME)</p>	<p>1:30 p.m. Game Day Gathering (AC) ⑱</p>
<p>11:00 a.m. Chapel (AUD) ⑲</p>	<p>9:30 a.m. Grocery Trip: Meijer (ME) ⑳ 12:00 p.m. The Fiber Arts Group (B) 2:00 p.m. Bingo (AUD) 3:00 p.m. Monday Mingle with pianist Dan Swanson (ME)</p>	<p>9:30 a.m. Delicious Discussions (B) ㉑ 10:00 a.m. Moving Through the Continuum (AUD) 1:30 p.m. International Experiences (AUD) 1:30 p.m. Bridge Group (B)</p>	<p>10:30 a.m. Casino Lunch Trip (ME) ㉒ 11:15 p.m. Chapel (AUD) 2:00 p.m. Line Dancers (FS) 6:15 p.m. WBSC Women's Baseball World Cup (ME)</p>	<p>10:30 a.m. Ukulele Club (CL) ㉓ 11:00 a.m. Men's Discussion Group (CR) 1:00 p.m. Bridge Group (GR) 1:00 p.m. Texas Hold Em (CR) 2:00 p.m. Wood Carvers Group (AC) 6:30 p.m. Music on the Patio w/ Joseph Jones (B)</p>	<p>12:30 p.m. The Chosen (CR) ㉔ 1:30 p.m. Popcorn & Productions (AUD)</p>	<p>1:30 p.m. Game Day Gathering (AC) ㉕</p>
<p>㉖</p>	<p>9:30 a.m. Grocery Trip: Woodman's (ME) ㉗ 12:00 p.m. The Fiber Arts Group (B) 2:00 p.m. Bingo (AUD)</p>	<p>10:00 a.m. Short Story Workshop (CR) ㉘ 11:00 a.m. Bocce Ball (AUD) 12:15 p.m. Wesley Willows Rotary Club Meeting (CL) 3:00 p.m. Presentation: Cat Apodtion (AUD)</p>	<p>11:15 p.m. Chapel (AUD) ㉙ 1:30 p.m. Wellzesta help training (CR) 2:00 p.m. Line Dancers (FS) 3:00 p.m. Resident Council (AUD)</p>	<p>10:30 a.m. Ukulele Club (CL) ㉚ 11:30 a.m. Lunch Trip: Ridott Corners (ME) 1:00 p.m. Bridge Group (GR) 1:00 p.m. Texas Hold Em (CR) 2:00 p.m. Wood Carvers Group (AC) 2:00 p.m. Audiologist (CL)</p>	<p>8:45 a.m. Lake Geneva Boat Tour & lunch (ME) ㉛ 12:30 p.m. The Chosen (CR)</p>	<p>㉜</p>

Trips for the Month

Sky Carp Trip- Thursday, July 2nd
Departures: WA 4:00 p.m., WRH 4:15 p.m.,
CTC 4:30 p.m.

Breakfast Trip- Join us Thursday, July 9th at 9:30 a.m. for breakfast at Exggsclusive Cafe Restaurant! Enjoy a delicious meal and great company.
Departures: WA 9:00 a.m. | WRH 9:15 a.m. | CTC 9:30 a.m.

Ice Cream Trip- Join us Friday, July 17th for a sweet ice cream trip to Dairy Haus! Relax and treat yourself to a classic summer stop with plenty of frozen favorites.
Departures: WA 12:30 p.m., WRH 12:45 p.m., CTC Departure 1:00 p.m.

Casino Trip- Join us Wednesday, July 22nd for a casino lunch trip to Hard Rock Casino Rockford! Try your luck, enjoy lunch, and explore everything the casino has to offer.
Departures: WA 10:30 a.m., WRH 10:45 a.m., CTC Departure 11:00 a.m..

World Cup Trip- Join us on Wednesday, July 22nd for an exciting day of international baseball at the WBSC Women's Baseball World Cup as Team USA takes on Korea in a high-energy matchup featuring elite talent, national pride, and world-class competition.
Departures: WA 5:45 p.m., WRH 6:00 p.m., CTC Departure 6:15 p.m.

Trips for the Month Cont.

Lunch Trip- Join us on Thursday, July 30th for a relaxing lunch trip to Ridott Corners, a local favorite known for its welcoming atmosphere and classic homestyle meals. .
Departures: WA 11:00 a.m., WRH 11:15 a.m., CTC Departure 11:30 a.m.

Lake Geneva Boat Tour- Join us Friday, July 31st for a scenic Lake Geneva Mailboat Tour in Lake Geneva, featuring a unique look at the historic mail delivery route and beautiful lakeside views. After the cruise, enjoy a relaxing lunch together in town.
Departure times: WA 8:15 a.m., WRH 8:30 a.m., CTC Departure 8:45 a.m.

Grocery Trips- Join us every Monday at 9:30 a.m. for our weekly grocery shopping trip! Stops may include Walmart, Meijer, Schnucks, ALDI, and Woodman's Market. Enjoy a convenient and friendly way to shop each week!
WA: 9:00 a.m. | WRH: 9:15 a.m. | CTC: 9:30 a.m.

Featured Events

Music on the patio- Join us on Thursday, July 23 at 6:30 p.m. for an evening of classical guitar music spanning the Baroque era to today, including works premiered just months ago. We'll travel through Spain, Germany, Paraguay, the United States, and beyond, with a few stories about the composers along the way.

Featured Events Cont.

Cat Adoption Presentation- Join us on Tuesday, July 28th at 3:00 p.m. in the auditorium to learn about the Toledo Keeping the Faith Cat Shelter adoption program and how adopting a cat can reduce stress, ease loneliness, and bring companionship and joy to your life.

Taste of Italy – Join us Tuesday, July 14, from 5:30–6:30 PM at the Castle Town Center Auditorium for a delicious Italian dinner followed by entertainment from The Amici Italiani Dance Troupes, featuring both children's and adult groups. Cost is \$35 per person. Please sign up on Wellzesta, at Guest Services, or by emailing greenbag@wesleywillows.org by Wednesday, July 1.

How to sign up for activities and trips

To reserve your spot for activities or trips, please sign up using one of the three methods below.

All trips require sign-up. Activities do not require sign-ups unless specifically indicated.

1. Sign up through Wellzesta. When you register for a trip on Wellzesta we will assume you want transportation and will pick you up at your home.
2. Send your RSVP to greenbag@wesleywillows.org, you will receive an email notification confirming your reservation within 48 hours.
3. Contact Guest Services at 815-316-6060

Questions call Jill Smith at 316.6062 or email Brooke Hennis at brookeh@wesleywillows.org

Reoccurring Activites

Active Aging- Presented by Mercy Health, features health professionals speaking on a variety of wellness topics relevant to the aging population. Occurs every 2nd Thursday at 4:00 p.m. in the CTC Auditorium.

Bingo- Enjoy fun games, good company, and small prizes like candy, stamps, activity bucks, and holiday specials. Occurs Mondays at 2:00 p.m. in the Auditorium.

Birthday Dinner- Celebrate your birthday month with a special dinner! You and one guest will enjoy a complimentary meal with several delicious entrée choices, and additional guests may join for just \$25. Watch for your invitation and sign up to celebrate with us. Occurs on the 3rd Thursday in the Auditorium, doors open at 4:45 p.m.

Popcorn & Productions- Enjoy popcorn while watching How Things Are Made on YouTube and discover how everyday products are created. Then, work with your table to build something inspired by what you've learned! Join us for a fun and educational afternoon. Occurs on the 3rd Friday at 1:30 p.m. in the CTC Auditorium.

Monday Mingle- Gather with friends for appetizers, mocktails, and lively conversation. Some feature live music or special sponsors for entertainment. Occurs 1st and 3rd Mondays at 3:00 p.m. in the main entrance.

Pub Style Trivia- Join a team and test your knowledge through four fun rounds: music, 50-50, photo, and open questions. Enjoy snacks, prizes, and plenty of laughter along the way! Meets the 1st and 3rd Wednesdays at 3:00 p.m. in the Auditorium.

Wine Down Wednesday- Bring your favorite beverage and we provide the munchies for a relaxed time with community. Meets in the club room the first Wednesday of the month at 4:00 p.m.

Wellzesta Open House Help- Learn how to use Wellzesta, the Wesley Willows app for events, services, community updates, and more. Resident Ambassadors and staff tech support will be available to answer questions and help you get connected. Tuesday, July 7th at 12:00 p.m. in the Auditorium and Wenesday, July 29th at 1:30 p.m. in the Confrence Room.

Service Member's Social - Join Tanya Walls, daughter of retired Army Lieutenant Colonels, for a special social hour dedicated to veterans. Tanya looks forward to sharing valuable veteran resources and spending time with a community she is passionate about supporting. Meets 2nd Wednesday at 1:30 p.m. in the Conference Room

Sing Along (Karaoke)- Request the music and sing along as the lyrics appear on the big screen! Dance, clap, and enjoy your favorite tunes in a fun, upbeat atmosphere. Meets once a month on Fridays at 3:00 p.m.