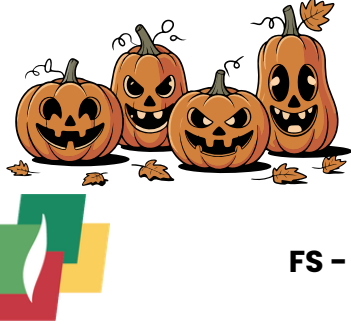


OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Independent Living Calendar Wesley Willows 			Location Key AUD- Auditorium ME- Main Entrance CL - Club Room B- Bistro GR- Game Room R-Reflections Room AC - Art Center CR - Conference Room FS - Fitness Studio P - Patio WAPL - Willows Arbor Pool Room			
				8:00 a.m. Lab Draw (AC) 9:30 a.m. Birthday Dinner Planning Meeting for November (CL) 9:30 a.m. Breakfast Trip: Sebastian's (ME) 10:00 a.m. Bards Rehearsal (AUD) 12:30 p.m. Pumpkin Patch (ME) 1:00 p.m. Bridge Group (GR) 1:00 p.m. Texas Hold 'Em (CR) 2:00 p.m. Wood Carvers Group (AC) 2:00 p.m. Rockford Reads info Meeting (AUD)	12:30 p.m. The Chosen (CR) 1:30 p.m. Klehm's Bus Tour (ME)	8:30 a.m. Fall Craft Show Bus Trip (ME) 2:00 p.m. Concerts on the Creek Trip (ME)
11:00 a.m. Chapel(AUD)	9:30 a.m. Grocery Trip: Meijer (ME) 12:00 p.m. Fiber Arts Group (B) 2:00 p.m. Bingo (AUD) 3:00 p.m. Monday Mingle (ME)	11:00 a.m. Wellzesta help training (CR) 1:30 p.m. Retired Nurses Meeting (AUD) 1:30 p.m. Bridge Group (CL)	10:30 a.m. Caregivers & Coffee (CL) 11:00 a.m. Lunch Trip: Olive Garden (ME) 11:15 a.m. Chapel (AUD) 1:15 p.m. Bible Study Rev. Harman (CR) 2:00 p.m. Line Dancers (FS) 3:00 p.m. Pub Style Trivia (AUD) 4:30 p.m. Wine Down Wednesday (CL)	10:00 a.m. Bards Rehearsal (AUD) 10:30 a.m. Chess Club (B) 11:00 a.m. Men's Discussion Group (CR) 1:00 p.m. Bridge Group (GR) 1:00 p.m. Texas Hold Em (CR) 2:00 p.m. Wood Carvers Group (AC) 2:00 p.m. Womanspace Art Show Trip (ME) 4:00 p.m. Active Aging (AUD)	12:30 p.m. The Chosen (CR) 1:30 p.m. Wellzesta treats & tricks party (AUD)	10:00 a.m. Checkmates Chess Club (AUD)
	9:30 a.m. Grocery Trip: Woodman's (ME) 12:00 p.m. Fiber Arts Group (B) 12:30 p.m. Papercrafters (CR) 2:00 p.m. Bingo (AUD)	10:00 a.m. Short Story Workshop (CR) 12:15 p.m. Wesley Willows Rotary Club Meeting (CL) 1:00 p.m. Telling Your Story Presentation (AUD) 6:30 p.m. Social Committee Concert (AUD)	11:15 a.m. Chapel (AUD) 12:30 p.m. Scenic Trip (ME) 1:00 p.m. Auxiliary Quarterly Meeting: River City Sound (AUD) 1:15 p.m. Bible Study Rev. Harman (B) 1:30 p.m. Service Members Social with Tanya Walls (FS) 1:30 p.m. Prairie Group Meeting (CL) 2:00 p.m. Line Dancers (FS) 3:00 p.m. Grief Support (CL)	8:00 a.m. Lab Draw (AC) 9:30 a.m. Edwards Apple Orchard (ME) 10:00 a.m. Bards Rehearsal (AUD) 10:30 a.m. Ukulele Club (CL) 10:30 a.m. Chess Club (B) 1:00 p.m. Bridge Group (GR) 1:00 p.m. Texas Hold Em (CR) 2:00 p.m. Wood Carvers Group (AC) 5:00 p.m. Birthday Dinner	9:30 a.m. Fireside Trip: Come From Away (ME) 10:00 a.m. Mayor Visit (AUD) 12:30 p.m. The Chosen (CR)	
11:00 a.m. Chapel(AUD)	9:30 a.m. Grocery Trip: Aldi (ME) 12:00 p.m. Fiber Arts Group (B) 2:00 p.m. Bingo (AUD)	9:30 a.m. Delicious Discussions (B) 1:30 p.m. Bridge Group (B) 1:30 p.m. Scamming Program (AUD)	10:00 a.m. Pub Style Trivia (AUD) 11:00 a.m. Casino Trip (ME) 11:15 a.m. Chapel (AUD) 1:15 p.m. Bible Study Rev. Harman (CR) 2:00 p.m. Line Dancers (FS)	9:00 a.m. Podiatrist (AC) 10:00 a.m. Bards Rehearsal (AUD) 10:30 a.m. Chess Club (B) 11:00 a.m. Men's Discussion Group (CR) 1:00 p.m. Bridge Group (GR) 1:00 p.m. Texas Hold Em (CR) 1:30 p.m. Popcorn & Productions (AUD) 2:00 p.m. Wood Carvers Group (AC)	9:30 a.m. Fireside Trip: Come From Away (ME) 12:30 p.m. The Chosen (CR)	10:00 a.m. Arts & Craft Show & Sale (AUD) 6:00 p.m. RSO (ME)
	9:30 a.m. Grocery Trip: Schnuck's (ME) 10:00 a.m. Bingo (AUD) 1:30 p.m. Pet Parade(Arbor) 2:00 p.m. Fiber Arts Group (B) 3:00 p.m. Pet Parade ends at Monday Mingle (ME)	10:00 a.m. Short Story Workshop (CR) 12:15 p.m. Wesley Willows Rotary Club Meeting (CL)	11:15 a.m. Chapel (AUD) 12:30 p.m. Haunted Bus Tour (ME) 1:15 p.m. Bible Study Rev. Harman (CR) 1:30 p.m. Wellzesta help training (CR) 2:00 p.m. Line Dancers (FS) 3:00 p.m. Resident Council (AUD)	10:00 a.m. Bards Rehearsal (AUD) 11:30 a.m. Lunch Trip: Chili's (ME) 1:00 p.m. Bridge Group (GR) 1:00 p.m. Texas Hold Em (CR) 2:00 p.m. Wood Carvers Group (AC) 2:00 p.m. Audiologist (CL)	12:30 p.m. The Chosen (CR) 2:30 p.m. Halloween Carnival Party (AUD)	HAPPY HALLOWEEN

Trips for the Month

Breakfast Trip- Join us **Thursday, October 1st** at 9:30 a.m. for breakfast at Sebastian’s Restaurant! Enjoy a delicious meal and great company.
Departures: WA 9:00 a.m. | WRH 9:15 a.m. | CTC 9:30 a.m.

Klehm Bus Tour- Join us **Friday, October 2nd** for a relaxing bus tour through Klehm Arboretum! Sit back, enjoy the ride, and take in the beautiful fall scenery.
Departures: WA 1:00 p.m., WRH 1:15 p.m., CTC Departure 1:30 p.m.

Fall Craft Show Bus Trip- Join us **Saturday, October 3rd** for a fun fall outing to the Candy Cane Craft Bazaar at St. Anskar’s and the Cider N’ Cinnamon Art & Craft Show at Edgebrook! Enjoy shopping, exploring, and celebrating the fall season.
Departures: WA 8:30 a.m., WRH 8:45 a.m., CTC Departure 9:00 a.m.

Women’s Space Art Show Trip- Join us **Thursday, October 8th** for an afternoon trip to the Women’s Space Art Show! Enjoy exploring a variety of beautiful artwork and creative displays while spending an afternoon out with friends.
Departures: WA 1:30 p.m., WRH 1:45 p.m., CTC Departure 2:00 p.m.

Edwards Apple Orchard Trip- Join us **Thursday, October 15th** for a fall trip to Edwards Apple Orchard! Enjoy a morning of shopping, delicious fall treats, and all the sights and flavors of the season.
Departures: WA 9:00 a.m., WRH 9:15 a.m., CTC Departure 9:30 a.m.

Fireside Dinner Theatre Trip- Two dates. Join us **Friday, October 16th or Friday, October 23** for a trip to the Fireside Dinner Theatre to see Come From Away! Enjoy a delicious meal followed by this Tony Award-winning musical based on the remarkable true story of the people of Gander, Newfoundland.
Departures: WA 8:45 a.m., WRH 9:00 a.m., CTC Departure 9:30 a.m.

Trips for the Month Cont.

RSO Pops: The Music of John Williams- Join us **Saturday, October 24th** as the Rockford Symphony Orchestra brings your favorite movie scores to life! Enjoy iconic music from Star Wars, Harry Potter, Jurassic Park, Indiana Jones, and more.
Departures: WA 6:00 p.m., WRH 6:10 p.m., CTC Departure 6:30 p.m.

Lunch Trip- Join us **Thursday, October 29th** for a lunch trip to **Chili’s!** Enjoy a delicious meal and a fun afternoon out with friends.
Departures: WA 11:00 a.m., WRH 11:15 a.m., CTC Departure 11:30 a.m.

Grocery Trips- Mondays at 9:30 a.m. is our weekly grocery shopping trip! Stops may include Walmart, Meijer, Schnucks, ALDI, and Woodman's Market. Enjoy a convenient way to shop each week!
WA: 9:00 a.m. | WRH: 9:15 a.m. | CTC: 9:30 a.m.

Haunted Bus Tour- Get into the Halloween spirit with a spooky bus tour around Rockford! Join us **Wednesday, October 28th** as we cruise around town and explore some of Rockford’s haunted history and spooky sights.
Departures: WA 12:30 p.m., WRH 12:45 p.m., CTC Departure 1:00 p.m.

Featured Events

Wellzesta Tricks & Treats Party
Friday, October 9 at 1:30 p.m. in the Auditorium. Build-your-own treats, earn tickets to win gift cards, and personal assistance with using Wellzesta. You don’t need to be a Wellzesta user to attend! 🎃 Come for the treats, stay for the connections!

Featured Events Cont.

Tell Your Story Presentation
with author Matt Kiell
Tuesday, October 13th at 1:00 p.m. in the **Auditorium.**
He will introduce Wesley Willows to the rewards of telling their life stories. He’ll offer practical ways to get started—or get unstuck—and inspire participants to preserve their stories.

Mayor Visit- Join us **Friday, October 16th at 10:00 a.m.** in the auditorium for a special visit from the Mayor! Come hear updates from our community and enjoy the opportunity to connect and ask questions.

Halloween Carnival Party- Step right up for some spooky fun! Join us **Friday, October 30th at 2:30 p.m.** in the Auditorium for our carnival-themed Halloween Party. Enjoy festive games, treats, and plenty of Halloween fun. Come dressed for our traditional costume contest!

How to sign up for activities and trips

To reserve your spot for activities or trips, please sign up using one of the three methods below.
All trips require sign-up. Activities do not require sign-ups unless specifically indicated.

1. Sign up through Wellzesta. When you register for a trip on Wellzesta we will assume you want transportation and will pick you up at your home.
2. Send your RSVP to greenbag@wesleywillows.org, you will receive an email notification confirming your reservation within 48 hours.
3. Contact Guest Services at 815-316-6060

Questions call
Jill Smith at 316.6062
or email Brooke Hennis at brookeh@wesleywillows.org



Recurring Activities

Active Aging- Presented by Mercy Health, features health professionals speaking on a variety of wellness topics relevant to the aging population. Occurs every 2nd Thursday at 4:00 p.m. in the CTC Auditorium.

Bingo- Enjoy fun games, good company, and small prizes like candy, stamps, activity bucks, and holiday specials. Occurs Mondays at 2:00 p.m. in the Auditorium.

Birthday Dinner- Celebrate your birthday month with a special dinner! You and one guest will enjoy a complimentary meal with several delicious entrée choices, and additional guests may join for just \$25. Watch for your invitation and sign up to celebrate with us. Occurs on the 3rd Thursday in the Auditorium, doors open at 4:45 p.m.

Pub Style Trivia- Join a team and test your knowledge through four fun rounds: music, 50-50, photo, and open questions. Enjoy snacks, prizes, and plenty of laughter along the way!

Wine Down Wednesday- Bring your favorite beverage and we provide the munchies for a relaxed time with community. Meets in the club room the first Wednesday of the month at 4:00 p.m.

Wellzesta Open House Help- Learn how to use Wellzesta, the Wesley Willows app for events, services, community updates, and more. Resident Ambassadors and staff tech support will be available to answer questions and help you get connected. Tuesday, October 6th at 11:00 a.m. in the Conference Room and Wednesday, October 28th at 1:30 p.m. in the Conference Room.

NEW !
Service Member’s Social.
Join Tanya Walls, daughter of retired Army Lieutenant Colonels, for a special social hour dedicated to veterans. Tanya looks forward to sharing valuable veteran resources and spending time with a community she is passionate about supporting. Meets 2nd Wednesday at 1:30 p.m. in the Conference Room

Monday Mingle- Gather with friends for appetizers, mocktails, and lively conversation. Some feature live music or special sponsors for entertainment. Occurs 1st and 4th Mondays at 3:00 p.m. in the main entrance.

Sing Along (Karaoke)- Request the music and sing along as the lyrics appear on the big screen! Dance, clap, and enjoy your favorite tunes in a fun, upbeat atmosphere. Meets once a month on Fridays at 3:00 p.m.