

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Assisted Living Calendar

Wesley Willows 

Location Key

WP – Willows Place **VSR** – Van Sickle Room
JC – Johns Chapel
RGP – Rose Garden Patio
ML – Main Lobby
AR – Activity Room 2nd Floor C Wing
PR – Pool Room

October

See Back for
more details.

10:00 a.m. Chapel-JC
Games always available -AR

8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands-VSR
9:30 a.m. Grocery Trip: Meijer -ML
10:00 a.m. Morning Games with Lisa- AR
1:00 p.m. Movie Matinee-AR
2:00 p.m. Cardio Drumming-VSR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - VSR
10:00 a.m. Lisa's Nail Spa- AR
2:00 p.m. Bingo-VSR
3:45 p.m. Trivia with Lisa-AR
6:30 p.m. Jeopardy Game Night -AR

8:00 a.m. Billiards - PR
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands -VSR
10:30 a.m. Lunch to Trip Olive Garden- ML
2:00 p.m. Cardio Drumming-VSR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance -VSR
9:30 a.m. Moments of Music-ML
10:00 a.m. Lisa's Nail Spa- AR
1:30 p.m. Entertainer: Rick Perez-VSR

8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Morning Games with Lisa-AR
1:30 p.m. Veterans Members Social-AR
2:00 p.m. Bingo-VSR
3:45 p.m. Trivia with Lisa -AR

9:30 a.m. Brain Games
with Hedi-AR
10:00 a.m. The Chosen -JC
12:00 p.m. Moments of
Music -ML

10:00 a.m. Chapel-JC
Games always available -AR

8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands-VSR
9:30 a.m. Grocery Trip: Woodman's -ML
10:00 a.m. Morning Games with Lisa- AR
1:00 p.m. Movie Matinee-AR
2:00 p.m. Cardio Drumming-VSR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - VSR
10:00 a.m. Lisa's Nail Spa- AR
2:00 p.m. Bingo-VSR
3:30 p.m. Grief Group-JC
3:45 p.m. Trivia with Lisa-AR
4:00 p.m. Happy Hour-ML
6:30 p.m. Team Up Tuesday Challenge-AR

8:00 a.m. Billiards - PR
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands -VSR
10:00 a.m. Lisa's Nail Spa- AR
12:30 p.m. Scenic Trip-ML
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance -VSR
9:30 a.m. Moments of Music-ML
10:00 a.m. Lisa's Nail Spa- AR
1:00 p.m. Music with Ed Pawelsk-VSR
1:30 p.m. Popcorn & Production-VSR

8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Morning Games with Lisa-AR
2:00 p.m. Bingo-VSR
3:45 p.m. Trivia with Lisa -AR

9:30 a.m. Brain Games
with Hedi-AR
10:00 a.m. The Chosen -JC
12:00 p.m. Moments of
Music -ML

10:00 a.m. Chapel-JC
Games always available -AR

8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands-VSR
9:30 a.m. Grocery Trip: Aldi -ML
10:00 a.m. Morning Games with Lisa- AR
1:00 p.m. Movie Matinee-AR
2:00 p.m. Cardio Drumming-VSR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - VSR
10:00 a.m. Lisa's Nail Spa- AR
2:00 p.m. Bingo-VSR
3:45 p.m. Trivia with Lisa-AR
6:30 p.m. Jeopardy Game Night -AR

8:00 a.m. Billiards - PR
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands -VSR
10:30 a.m. Casino Trip-ML
2:00 p.m. Cardio Drumming-VSR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance -VSR
9:30 a.m. Moments of Music-ML
10:00 a.m. Lisa's Nail Spa- AR
1:00 p.m. IT-Senior Scammer
Presentation-VSR

8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Morning Games with Lisa-AR
2:00 p.m. Bingo-VSR
3:00 p.m. Visit with Schedar-VSR
3:45 p.m. Trivia with Lisa -AR

9:30 a.m. Brain Games
with Hedi-AR
10:00 a.m. The Chosen -JC
12:00 p.m. Moments of
Music -ML

10:00 a.m. Chapel-JC
Games always available -AR

8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands-VSR
9:30 a.m. Grocery Trip: Schnuck's -ML
10:00 a.m. Morning Games with Lisa- AR
1:00 p.m. Movie Matinee-VSR
2:00 p.m. Cardio Drumming -VSR
1:30 p.m. Pet Parade-VSR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - VSR
10:00 a.m. Lisa's Nail Spa- AR
2:00 p.m. Bingo-VSR
3:45 p.m. Trivia with Lisa-AR
4:00 p.m. Happy Hour-ML
6:30 p.m. The Nifty 90's Club-AR

8:00 a.m. Billiards - PR
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands -VSR
10:00 a.m. Lisa's Nail Spa- AR
12:30 p.m. Haunted Bus Tour-ML
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance -VSR
9:30 a.m. Moments of Music-ML
10:00 a.m. Resident Council-WP
2:00 p.m. Halloween Bingo-VSR

8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands - VSR
1:30 p.m. Halloween Party-VSR
3:45 p.m. Trivia with Lisa-AR

9:30 a.m. Brain Games
with Hedi-AR
10:00 a.m. The Chosen -JC
12:00 p.m. Moments of
Music -ML

Trips for the Month

Pumpkin Patch-Join us Thursday, October 1st, for a fun fall outing to The Pumpkin Patch in Caledonia! Enjoy the beautiful autumn scenery, pick out a pumpkin, and soak up the sights and sounds of the season .
WA: 12:30 p.m.
WRH: 12:45 p.m. | CTC: 1:00 p.m.

Lunch at Olive Garden- Join us Wednesday, October 7th, for a delicious lunch at Olive Garden! Enjoy great food, good conversation, and wonderful company.
WA: 10:30 a.m.
WRH: 10:45 a.m. CTC: 11:00 a.m.

Scenic Ride - Join us on Wednesday, October 14th, for a relaxing scenic ride with beautiful views and great company—sit back, unwind, and take in the sights!
WA: 12:30 p.m.
WRH: 12:45 p.m. | CTC: 1:00 p.m.

Educational Program: Join us on Thursday, October 15th at 1:30 p.m. in the Van Sickle Room, for popcorn & Production. How Jelly Beans, Jawbreakers, and More Halloween Treats Are Made!

More trips

Grocery Trips- Stops include: Walmart, Meijer, Schnucks, ALDI, and Woodman's Market.
Occurs every Monday.
WA: 9:00 a.m. | WRH: 9:15 a.m. | CTC: 9:30 a.m.

Lunch at Hard Rock Casino - Join us on Wednesday, October 21st, at 10:30 a.m. for a fun lunch outing at the casino, featuring great food, good company, and a chance to enjoy the excitement of the gaming floor!
Departures: WA: 10:30 a.m.
WRH: 10:45 a.m. CTC: 11:00 a.m.

Haunted bus tour-Join us Wednesday, October 28th, for a spooky Haunted Bus Tour! Get ready for an afternoon of ghostly sights, creepy stories, and Halloween fun!
WA: 12:30 p.m.
WRH: 12:45 p.m.
CTC: 1:00 p.m.



For any questions, please contact Lisa Argento: 815-316-1667 or Valeria Toledo: 815-316-1572

Featured Events

Crafty Creations:
Join us on Thursday, October 15th at 1:30 p.m. Enjoy a relaxing time making a fun seasonal project, expressing your creativity, and sharing laughs with friends. No experience is needed—just bring your imagination and have fun!

Senior Scammer Presentation
Join us on Thursday, October 22nd in the Van Sickle Room.
Topics We Will Discuss:
Common Scams & Red Flags
Simple Tech Safety Tips
Creating Strong Passwords
What to Do If You've Been Scammed
Taking Action Without Shame

Pet Parade:
Join us for a fun-filled afternoon of furry friends, smiles, and adorable pets! Come cheer on our parade participants and enjoy some pet-loving fun. Monday, October 26th, at 1:30 p.m. in the VSR.

Halloween Bingo- Join us Thursday, October 29th at 2:00 p.m. in the Van Sickle Room for a fun filled game of Halloween Bingo! Enjoy some spooky fun, great prizes, and a special Halloween treat!

Halloween Party- Join us Friday, October 30th, at 1:30 p.m. in the Van Sickle Room for a spooktacular Halloween Party! Enjoy festive fun, music, treats, and plenty of Halloween spirit!

Reoccurring Activites

Trivia: Test your knowledge, enjoy some laughs, and compete with friends in a fun afternoon of questions and conversation. Every day at 3:45 p.m. in the second floor activity room except Saturdays & Sundays.

Veterans Social:
Join Tanya Walls, daughter of retired Army Lieutenant Colonel, for a social hour dedicated to veterans. every 2nd Friday of the month, in the second floor activity room.

Billiards Group: Meets every Wednesday from 8:00 -12:00 p.m. in the Arbor Pool Room. For any quesitons contact Landis Lindell: 815-963-4059

Cardio Drumming: Get your heart pumping, muscles working while having a blast drumming to upbeat music of the past. Every Monday & Wednesday at 2:00 p.m. in the Van Sickle Room

More Reoccurring Activites

Bingo: Join us for bingo for a chance to win prizes, and have fun. **Every Tuesday and Friday at 2:00 p.m. in the Van Sickle Room**

Happy Hour: Occurs every second & fourth Tuesday of the month in the **Main lobby from 4:00-5:00 p.m.**

Live theater organ music: Every Thursday at 9:30 a.m. & every Saturday at 12:00 p.m. in the Main Lobby.

Music with Ed Pawelski, from Heartland Hospice: All are welcome to sign along to Ed's live piano music every third Thursday of the month at 1:00 p.m. in the Main Lobby.

Chapel: Every Tuesday at 10:30 a.m.& every Sunday at 10:00 a.m. in John's Chapel.

Grief Group: Every second Tuesday of the month at 3:30 p.m. in Johns Chapel

Garden Club: All are welcome to come out & tend to the community Arbor garden. Every Monday, Wednesday & Friday at 10:00 a.m. in the Rose Garden Patio

How to sign up for activities and trips :
Please sign up using one of the three methods below.
All trips require sign-up. Activities do not require sign-ups unless specifically indicated.

1. Sign up through Wellzesta. When you register for a trip on **Wellzesta we will assume you want transportation and will pick you up.**
2. Send your RSVP to greenbag@wesleywillows.org, you will receive an email notification confirming your reservation within 48 hours.
3. Contact Guest Services at 815-316-6060