

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Assisted Living Calendar

Wesley Willows 

Location Key

WP – Willows Place **VSR** – Van Sickle Room
JC – Johns Chapel
RGP – Rose Garden Patio
ML – Main Lobby
AR – Activity Room 2nd Floor C Wing
PR – Pool Room

November

See Back for
more details.

1
10:00 a.m. Chapel-JC
Games always available -AR

2
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands-VSR
9:30 a.m. Grocery Trip: Walmart -ML
1:00 p.m. Movie Matinee-AR
2:00 p.m. Sit & Be Fit-VSR
3:45 p.m. Trivia with Lisa-AR

3
8:45 a.m. Strong Stability & Balance - VSR
10:00 a.m. Lisa's Nail Spa- AR
2:00 p.m. Bingo-VSR
3:45 p.m. Trivia with Lisa-AR
6:30 p.m. Jeopardy Game Night -AR

4
8:00 a.m. Billiards - PR
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands -VSR
10:30 a.m. Lunch to Trip Lydia's Cafe'- ML
2:00 p.m. Sit & Be Fit-VSR
3:45 p.m. Trivia with Lisa-AR

5
8:45 a.m. Strong Stability & Balance -VSR
10:00 a.m. Lisa's Nail Spa- AR
1:30 p.m. Crafty Creations with Lisa-VSR

6
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Morning Games with Lisa-AR
2:00 p.m. Bingo-VSR
3:45 p.m. Trivia with Lisa -AR

7
9:30 a.m. Coffee Chats
with Hedi-AR
1:00 p.m. Brain Games -AR

8
10:00 a.m. Chapel-JC
Games always available -AR

9
8:45 a.m. Sit & Be Fit -VSR
9:30 a.m. Healthy Hands-VSR
9:30 a.m. Grocery Trip: Meijer -ML
1:00 p.m. Movie Matinee-AR
2:00 p.m. . Sit & Be Fit-VSR
3:45 p.m. Trivia with Lisa-AR

10
8:45 a.m. Strong Stability & Balance - VSR
10:00 a.m. Lisa's Nail Spa- AR
2:00 p.m. Bingo-VSR
3:30 p.m. Grief Group-JC
3:45 p.m. Trivia with Lisa-AR
4:00 p.m. Happy Hour-ML
6:30 p.m. Team Up Tuesday Challenge-AR

11
8:00 a.m. Billiards - PR
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands -VSR
10:00 a.m. Morning Games with Lisa-AR
2:00 p.m. Sit & Be Fit-VSR
3:45 p.m. Trivia with Lisa-AR

12
8:45 a.m. Strong Stability & Balance -VSR
11:30 a.m. Pizza Party-VSR
1:30 p.m. Popcorn & Production-VSR

13
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Morning Games with Lisa-AR
2:00 p.m. Veterans Social-AR
2:00 p.m. Bingo-VSR
3:45 p.m. Trivia with Lisa -AR

14
9:30 a.m. Coffee Chats
with Hedi-AR
1:00 p.m. Brain Games -AR

15
10:00 a.m. Chapel-JC
Games always available -AR

16
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands-VSR
9:30 a.m. Grocery Trip: Woodmans -ML
1:00 p.m. Movie Matinee-AR
2:00 p.m. . Sit & Be Fit-VSR
3:45 p.m. Trivia with Lisa-AR

17
8:45 a.m. Strong Stability & Balance - VSR
10:00 a.m. Lisa's Nail Spa- AR
10:30 a.m. Delicious Disucussions - VSR
2:00 p.m. Bingo-VSR
3:45 p.m. Trivia with Lisa-AR
6:30 p.m. Jeopardy Game Night -AR

18
8:00 a.m. Billiards - PR
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands -VSR
10:00 a.m. Morning Games with Val-AR
1:30 p.m. Wii Bowling-AR
2:00 p.m. Sit & Be Fit-VSR
3:45 p.m. Trivia with Lisa-AR

19
8:45 a.m. Strong Stability & Balance -VSR
10:00 a.m. Lisa's Nail Spa- AR
1:00 p.m. Music with Ed Pawelski-ML
1:30 p.m. Mind Masters Challenge-VSR

20
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Morning Games with Lisa-AR
2:00 p.m. Bingo-VSR
3:00 p.m. Visit with Schedar-VSR
3:45 p.m. Trivia with Lisa -AR

21
9:30 a.m. Coffee Chats
with Hedi-AR
1:00 p.m. Brain Games -AR

22
10:00 a.m. Chapel-JC
Games always available -AR

23
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands-VSR
9:30 a.m. Grocery Trip: Aldi's-ML
1:00 p.m. Movie Matinee-VSR
2:00 p.m. Sit & Be Fit- -VSR
3:45 p.m. Trivia with Lisa-AR

24
8:45 a.m. Strong Stability & Balance - VSR
10:00 a.m. Lisa's Nail Spa- AR
2:00 p.m. Turkey Bingo-VSR
3:45 p.m. Trivia with Lisa-AR
4:00 p.m. Happy Hour-ML
6:30 p.m. Team Up Tuesday Challenge-AR

25
8:00 a.m. Billiards - PR
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands -VSR
10:30 a.m. Casino Lunch Trip-ML
2:00 p.m. . Sit & Be Fit-VSR
3:45 p.m. Trivia with Lisa-AR



26
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Morning Games with Lisa-AR
2:00 p.m. Bingo-VSR
3:45 p.m. Trivia with Lisa -AR

27
9:30 a.m. Coffee Chats
with Hedi-AR
1:00 p.m. Brain Games -AR

29
10:00 a.m. Chapel-JC

30
8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands-VSR
9:30 a.m. Grocery Trip: Schnuck's -ML
1:00 p.m. Movie Matinee-VSR
2:00 p.m. . Sit & Be Fit-VSR
3:45 p.m. Trivia with Lisa-AR

Trips for the Month

Lunch Trip- Join us Wednesday, November 4th, for a delicious lunch at Lydia’s Cafe’! Enjoy great food, good conversation, & wonderful company.
Departures:
WA: 10:30 a.m.
WRH: 10:45 a.m. CTC: 11:00 a.m.

Lunch at Hard Rock Casino - Join us on Wednesday, November 25th, at 10:30 a.m. for a fun lunch outing at the casino, featuring great food, good company, and a chance to enjoy the excitement of the gaming floor!
Departures:
WA: 10:30 a.m.
WRH: 10:45 a.m. CTC: 11:00 a.m.

Grocery Trips- Stops include: Walmart, Meijer, Schnucks, ALDI, and Woodman's Market. Occurs every Monday.
Departures:
WA: 9:00 a.m. | WRH: 9:15 a.m. | CTC: 9:30 a.m.

Featured Events

Crafty Creations: Join us on Thursday, November 5th, at 1:30 p.m. Enjoy a relaxing time making a fun seasonal project, expressing your creativity, and sharing laughs with friends. No experience is needed—just bring your imagination and have fun!

Pizza Party: Join us on Thursday, November 12th at 11:30 a.m. to celebrate National Pizza Day! Party filled with cheesy goodness, great company, and lots of fun! Come enjoy a slice (or two) and celebrate everyone’s favorite comfort food with us! 🍕

Educational Program: Join us on Thursday, November 12th at 1:30 p.m. in the Van Sickle Room, for Popcorn &Production. How Playing Cards, Lottery Tickets, and Slot Machines are made.

Wii Bowling Challenge- Join us on Wednesday, November 18th at 1:30 p.m. in the Activity Room 2nd Floor C Wing, Join us for Wii Bowling! Have fun, show off your bowling skills, and enjoy some friendly competition with friends. No bowling shoes needed—just bring your game face and get ready to roll! 🎮

For any questions, please contact
Lisa Argento: 815-316-1667 or
Valeria Toledo: 815-316-1572

More Featured Events

Mind Masters Challenge: Put your thinking cap on and join us for a fun brain workout! On Thursday, November 19th at 1:30 p.m. Test your knowledge, solve puzzles, and challenge your mind while enjoying friendly competition with fellow residents. Let’s see who will be crowned the Mind Master!

Turkey Bingo- Join us onTuesday, November 24th at 2:00 p.m. in the Van Sickle Room for Turkey Bingo! Gobble up some fun and join us for a festive game of Turkey Bingo! Enjoy friendly competition, laughs, and a chance to win.

Reoccurring Activites

Trivia: Test your knowledge, enjoy some laughs, and compete with friends in a fun afternoon of questions and conversation. Every day at 3:45 p.m. in the second floor activity room except Saturdays & Sundays.

Veterans Social: Join Tanya Walls, daughter of retired Army Lieutenant Colonel, for a social hour dedicated to veterans. every 2nd Friday of the month, at 2:00 p.m. in the second floor activity room.

Billiards Group: Meets every Wednesday from 8:00 -12:00 p.m. in the Arbor Pool Room. For any quesitons contact Landis Lindell: 815-963-4059

Cardio Drumming: Get your heart pumping, muscles working while having a blast drumming to upbeat music of the past. Every Monday & Wednesday at 2:00 p.m. in the Van Sickle Room

More Reoccurring Activites

Bingo: Join us for bingo for a chance to win prizes, and have fun. **Every Tuesday and Friday at 2:00 p.m. in the Van Sickle Room**

Happy Hour: Occurs every second & fourth Tuesday of the month in the **Main lobby from 4:00-5:00 p.m.**

Music with Ed Pawelski, from Heartland Hospice: All are welcome to sign along to Ed’s live piano music every third Thursday of the month at 1:00 p.m. in the Main Lobby.

Chapel: Every Tuesday at 10:30 a.m.& every Sunday at 10:00 a.m. in John’s Chapel.

Grief Group: Every second Tuesday of the month at 3:30 p.m. in Johns Chapel

How to sign up for activities and trips :

Please sign up using one of the three methods below.

All trips require sign-up. Activities do not require sign-ups unless specifically indicated.

1. Sign up through Wellzesta. When you register for a trip on **Wellzesta we will assume you want transportation and will pick you up.**
- 2.Send your RSVP to greenbag@wesleywillows.org, you will receive an email notification confirming your reservation within 48 hours.
- 3.Contact Guest Services at 815-316-6060