



# Crisis Response Planning for Suicide Prevention

## Course Information Document

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**Target Audience:** Mental health providers

**Instructional Level:** Introductory

**Course Description:**

This workshop is designed to enhance individuals' knowledge about crisis response planning (CRP) for managing acute suicide risk, and to increase their ability to administer this intervention confidently and competently with at-risk individuals. The first half of the workshop provides didactic knowledge about suicide, the development of the crisis response plan intervention, and its empirical support, all of which are designed to increase knowledge. The second half of the workshop includes clinical demonstrations by the instructor and skills practice by attendees, which are designed for individuals to acquire skill competency.

**Learning Objectives:**

At the end of this course, participants will be able to:

1. Describe 2 peer-reviewed research findings that evaluate the efficacy of crisis response planning for suicide prevention.
2. Explain the rationale for completing a crisis response plan.
3. List and describe 4 components of the suicidal mode.
4. Identify and describe the 5 core components of a crisis response plan.
5. Discuss and demonstrate an effective crisis response plan.

**Primary Goal:**

After completion of this training, mental health providers will be able to implement CRP effectively.

**Duration:** 5-hour workshop (4.5 CEs available)

**Where:** Zoom

**Training Cost:** No Fee

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## Special Accommodations

If you require special accommodations due to a disability, please contact the STRONG STAR Training Initiative at [admin@strongstartraining.org](mailto:admin@strongstartraining.org) one week prior to the workshop so that we may provide you with appropriate service.

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## Continuing Education

The STRONG STAR Training Initiative offers attendees **4.5** Continuing Education (CE) Credits for participating in the 1-day training. Participants who attend are eligible to receive **4.5** CE Credits. To obtain CE Credits, attendees must sign in at the start of the course and sign out after its conclusion. Inquiries regarding CE may be directed via email to [admin@strongstartraining.org](mailto:admin@strongstartraining.org).

Our continuing education credits have historically been recognized by most professional state licensing boards. However, this is not guaranteed. Please check with your licensing board for verification.

The University of Texas Health Science Center at San Antonio is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The University of Texas Health Science Center at San Antonio maintains responsibility for this program and its content.

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## Cancellation

For cancellations or additional information, *please contact the STRONG STAR Training Initiative at [admin@strongstartraining.org](mailto:admin@strongstartraining.org)*

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## Crisis Response Planning for Suicide Prevention Workshop Agenda

Please note this agenda time is based on **Central Standard Time Zone**

9:45 am – 10:00 am	Arrival & Sign In
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10:00 am – 11:00 am	What a crisis plan is and is not Essential ingredients of effective interventions Scientific evidence Understanding suicidal behaviors
11:00 am – 11:45 am	Narrative assessment mechanics Video demonstration
<b>11:45 am – 12:15 pm</b>	<b>Break</b>
12:15 pm – 1:30 pm	Crisis response plan mechanics Video demonstration
1:30 pm – 3:00 pm	Role Play, Discussion & Questions
<b>3:00 pm</b>	<b>End of CRP Workshop</b>