



Clinical Work with the Suicide Bereaved Course Information Document

Target Audience: Mental health clinicians

Instructional Level: Introductory

Course Description: In this training, Dr. Gutin will describe the many unique aspects of grief following a suicide loss, as well as how this experience may vary for children and within different cultures and demographic groups (including clinicians). She will provide research and guidelines for effective treatment for those loss survivors who seek clinical and/or group support and will offer both local and national resources for survivors and clinicians who work with them.

Learning Objectives:

At the end of this course, participants will be able to:

1. Describe at least 3 of the unique issues and challenges encountered by survivors of suicide loss.
2. Describe how a survivor's suicide bereavement trajectory may vary in relation to cultural and/or demographic factors and spiritual beliefs.
3. Describe at least 3 optimal goals for suicide loss survivors in psychotherapeutic treatment, and the interventions which are most likely to facilitate these goals.

Date: Tuesday, December 1, 2026

Time: 11:00 AM – 3:00 PM CT

12:00 PM – 4:00 PM ET

10:00 AM – 2:00 PM MT

9:00 AM – 1:00 PM PT

Duration: 4-hour workshop (3.5 CE available)

Where: Zoom

Training Cost: No Fee

Meet the Presenter

Nina J. Gutin, Ph.D.



Nina J. Gutin, Ph.D. is a Clinical Psychologist in Pasadena, California. She conducts trainings in Suicide Assessment, Intervention and Postvention, is on the Advisory Board and facilitates “Survivors After Suicide” groups for the Didi Hirsch Suicide Prevention Center and is a member of the Los Angeles Suicide Prevention Network. She is on the Board of Austen Riggs Center, an open residential treatment facility in Stockbridge, MA. She is co-chair of the Coalition of Clinician-Survivors (which supports clinicians after personal and professional suicide losses) and has published several articles about Suicide Loss and Postvention. Since the loss of her brother to suicide in 1995, she has worked with a variety of organizations that aim to promote comprehensive

responses to the needs for effective suicide prevention, intervention and postvention.

Nina J. Gutin, Ph.D. has no conflicts of interest to disclose.

Special Accommodations

If you require special accommodations due to a disability, please contact the STRONG STAR Training Initiative at admin@strongstartraining.org one week prior to the workshop so that we may provide you with appropriate service.

Continuing Education

The STRONG STAR Training Initiative offers attendees **3.5 Continuing Education (CE) Credits** for participating in this training. To obtain CE Credits, attendees must sign in at the start of the course and sign out after its conclusion. Inquiries regarding CE may be directed via email to admin@strongstartraining.org.

Our continuing education credits have historically been recognized by most professional state licensing boards. However, this is not guaranteed. Please check with your licensing board for verification.

The University of Texas at San Antonio Long School of Medicine and the STRONG STAR Training Initiative (SSTI) are approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The University of Texas at San Antonio maintains responsibility for this program and its content.

Cancellations

There is no fee for this training, so no refund applies. Cancellation is not required.

For additional information, please contact the STRONG STAR Training Initiative at:
admin@strongstartraining.org.

Agenda

Please note this agenda is in the Central Time Zone

Time	Session
11:00 AM – 11:45 AM	Suicide Loss Survivors
11:45 AM – 12:45 PM	Variations in Suicide Bereavement
12:45 PM – 1:15 PM	Break
1:15 PM – 2:30 PM	Treatment of Suicide Loss Survivors
2:30 PM – 3:00 PM	Conclusion