



Safeguarding You

If something is worrying you, you can talk to us.

We want you to feel **safe, supported and listened to** when you learn with Apricot.

Sometimes things happen that can make you feel worried, frightened, uncomfortable, upset or unsafe. This might be something happening:

- 🍑 at home or somewhere you live
- 🍑 at school or college
- 🍑 online or on social media
- 🍑 with friends or other young people
- 🍑 with an adult
- 🍑 or anywhere else in your life.

It doesn't have to feel like a big problem before you tell somebody.

If it matters to you, you can talk to us about it.

Who can I talk to?

You can talk to whoever you feel comfortable with. This could be:

- 🍑 your Apricot teacher
- 🍑 another member of Apricot staff you trust
- 🍑 Apricot HQ on **01242 604985**

You can also tell us if you are worried about **another child or young person**.



What will happen if I tell you something?

We will listen to you and take you seriously.

We won't judge you, and you don't have to find the perfect words to explain what has happened.

Most things you tell us can stay private.

However, **we cannot promise to keep something secret if we are worried that you or somebody else may be at risk of harm.**

If we need to share information to help keep someone safe, we will only share it with people who need to know.

Where it is safe and appropriate, **we will explain what is going to happen and keep you involved.**

Sometimes we may need to act without speaking to you first — for example, if doing so could put you or somebody else at greater risk.

What will Apricot do?



We will listen.



We will make a record of your concern so that the right people can help.



We will speak to Apricot's safeguarding team when necessary.



We may need to contact another professional or organisation that can help keep you or somebody else safe.



If we believe somebody is in immediate danger, we will act straight away.

Remember

You will never get into trouble with Apricot for telling us that you are worried or asking for help.

Even if something happened a long time ago, happened online, or you are worried that you made a mistake yourself — **you can still tell us.**

You don't have to deal with it on your own. ❤️