



Obesity Across the Ages and Stages: A Four Pillar Approach to Personalized Obesity Treatment

Time	Session	Speaker
7:30 AM - 8:15 AM	Breakfast	All
8:15 AM - 8:25 AM	Presidential Address and Welcome	Current NCOS President
8:30 AM - 9:30 AM	Lecture #1: Frontline Forward in Obesity Management: From Early Intervention to Lifelong Impact in Primary Care and Women's Health	<i>Obesity Medicine Association Representative</i>
9:30 AM - 10:30 AM	Lecture #2: Treating Obesity: Using Motivational Interviewing Across Disciplines	Dr. Cressent Pressly
10:30 AM - 10:40 AM	Break (Snacks + Vendor Meet and Greet)	CME Subcommittee
10:45 AM - 11:45 AM	Lecture #3: Building a Multidisciplinary Team	Dr. Tiffany Lowe Clayton
11:45 AM - 12:30 PM	Lecture #4: Healthy Aging: Managing weight in older adults	Dr. Rebecca Manganello
12:30PM - 1:30 PM	Lunch [Induction of NCOS Board Members]	
1:30 PM - 2:30 PM	Lecture #5: Nutrition across the lifespan	Andrew Wade, RD and Hillary Budkowski, RD - Case Specific Nutrition
2:30 PM - 3:15 PM	Lecture #6: Endobariatric, Bariatric Surgery and Post operative care (When to call help and post operative management)	Dr. Bala Thotigotla
3:15 PM - 3:25 PM	Break (Snacks + Vendor Meet and Greet)	CME Subcommittee
3:30 PM - 4:00 PM	Lecture #7: Medicare Bridge Program updates and Advocacy in Obesity Medicine	Dr. Tracy Norfleet
4:00 PM - 5:00 PM	Lecture #8: Pharmacology Update in Obesity Medicine and Drugs in the Pipeline	Dr. Alissa Russell
5:00 PM - 5:15 PM	Q&A Panel with Afternoon Speakers	CME Subcommittee
5:15 PM - 5:20 PM	Closing Remarks	NCOS Board Member