



Obesity Across the Ages and Stages: A Four Pillar Approach to Personalized Obesity Treatment

Time	Session	Speaker
7:30 AM - 8:15 AM	Breakfast	All
8:15 AM - 8:25 AM	Presidential Address and Welcome	Dr. Anne Kome, PharmD, CPP, BCACP, CDCES
8:30 AM - 9:30 AM	Frontline Forward in Obesity Management: From Early Intervention to Lifelong Impact in Primary Care and Women's Health	Dr. Karl Knopke, MD, MFOMA, FAAFP
9:30 AM - 10:30 AM	Motivational Interviewing: The Foundation for Patient-Centered Obesity Care	Dr. Cressent Pressly, MD, MPH, DABOM
10:30 AM - 10:40 AM	Break (Snacks + Vendor Meet and Greet)	All
10:45 AM - 11:45 AM	From Silos to Synergy: Building a Strong Interdisciplinary Team in Obesity Care	Dr. Tiffany Lowe Clayton, DO, MHPE, DABOM, FOMA
11:45 AM - 12:30 PM	Healthy Aging: Managing Weight in Older Adults	Dr. Rebecca Manganello, DO, DABOM, DIPABLM
12:30PM - 1:15 PM	Lunch	All
1:15 PM -1:30 PM	Induction of NCOS Board Members	
1:30 PM - 2:30 PM	Foundations of Obesity Care: Hydration, Protein & Fiber Across the Lifespan	Andrew Wade, MS, RDN, LDN, CSSD Hillary Budkowski, MS, RDN, LDN
2:30 PM - 3:15 PM	Breaking the Cycle of Obesity: Surgical and Endoscopic Solutions	Dr. Bala Thatigotla, MD, MBA, FACS, FASMBS, DABOM, CHCQM
3:15 PM - 3:25 PM	Break (Snacks + Vendor Meet and Greet)	All
3:30 PM - 4:00 PM	The Medicare GLP-1 Bridge Program: Updates, Advocacy and Access in Obesity Medicine	Dr. Tracy Norfleet, MD, MBA, DABOM, DIPABLM, FACP
4:00 PM - 5:00 PM	The Weight of Access: Practical Strategies for Improving Anti-Obesity Medication Access	Dr. Alissa Russell, PharmD, CPP, BCACP
5:00 PM - 5:15 PM	Q&A Panel with Afternoon Speakers	CME Subcommittee
5:15 PM - 5:20 PM	Closing Remarks	Dr. Denise Dennis-Coke, MD, MPH, DABOM