



Fizik for Physical Therapy





Mission

To offer the highest quality of physiotherapy and rehabilitation to our patients using the most advanced tools and methods through our highly experienced team.

Vision

To establish the premier physical therapy and rehabilitation facility in the kingdom while upholding the highest standards for patient care and recovery.



Clinical Excellence

We strive to always provide our patients with the most recent technologies and methods.

Patient-Oriented

We prioritize the needs of the client receiving care or support in all that we do.



Teamwork

We collaborate to create a care plan that is customized to the patient's specific requirements.

Confidentiality

We reassure our patients that their medical records are secure and will only be used to enhance their health.





Our Services



Therapeutic

Musculoskeletal, Spine & Postural Care

Chronic

Geriatric

Post operative

Sport injury

Lymphedema

Foot disorders



Preventive

Balance & Coordination

Muscle Strengthening

Core Stabilization

Ergonomic Advice

Postural Correction

Movement Assessments

Sports-Specific Conditioning

Flexibility & Mobility Training



Our Services



Recovery & Reconditioning

Sport- or task-specific drills

Stretching and soft tissue release

Progressive resistance training

Cardiovascular conditioning

Cryotherapy

Light mobility exercises

Manual therapy

Functional movement training

Heat therapy

Dry needling



Analysis & Measurements

Motion Analysis

Isokinetic

Cardiopulmonary vo2

TMG

Inbody

Foot scan

4D formetric

3D balance



Why choose us?

To guarantee that you receive the best service and results, we have put together a highly qualified and experienced team.

The most cutting-edge equipment is available in our clinic, along with a variety of treatment approaches. We have private treatment rooms, an examination room, and a spacious gym.



Partner with Fizik





Partner with Fizik

Elevating Wellness & Performance

At Fizik Center, we specialize in musculoskeletal health, rehabilitation, and performance enhancement.

We support organizations in creating healthier, more productive teams by offering tailored physiotherapy and wellness services designed to meet your needs.

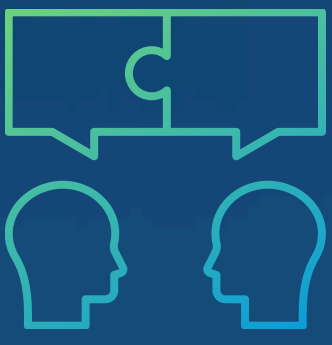


Why Partner with Fizik?



Evidence-based Care

Backed by expert physiotherapists and advanced technology



Customized Corporate Programs

Wellness solutions tailored to each company's size and needs



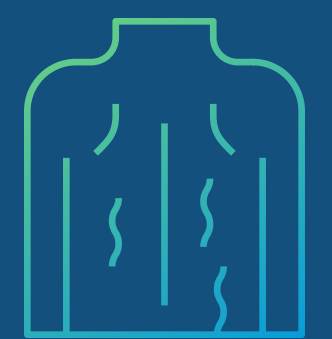
Flexible Access

In-center sessions, group visits, or in-office service arrangements



Preventive Focus

Helping reduce sick days, prevent injuries, and improve quality of life



Performance & Recovery

Ideal for teams in physically demanding roles or athletic environments



For Companies

Corporate Wellness Solutions



Injury Prevention &
Ergonomic Assessments



Fitness Assessments &
Wellness Tracking

For Athletes or Teams

Athlete Performance & Recovery



Physiotherapy & Manual Therapy



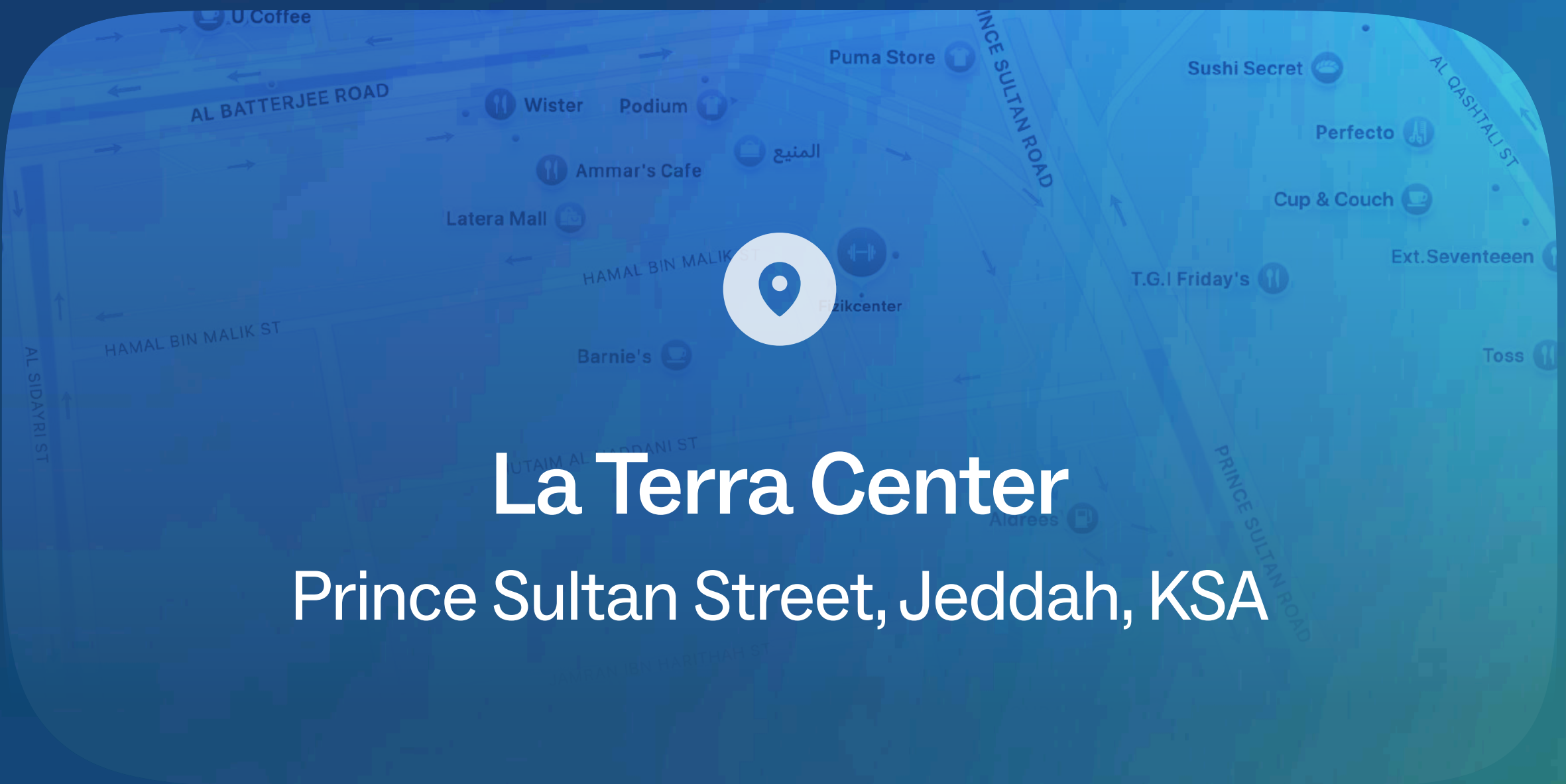
Fitness Assessments &
Wellness Tracking



Recovery & Reconditioning
Programs



Find Us



La Terra Center

Prince Sultan Street, Jeddah, KSA



[instagram.com/fizikcenter](https://www.instagram.com/fizikcenter)



fb.me/FizikcenterRehabilitation



[@fizikcenter](https://twitter.com/fizikcenter)



La Terra Center



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Let's Work Together

Partner with Fizik to support your organization's health, recovery, and performance.

GET IN TOUCH

Or email us at info@fizikcenter.com ↗