



Week One

PUREE MENU 6 MONTHS TO 12 MONTHS

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

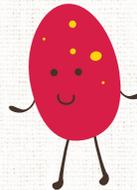
Apple & Apricot
Puree with Iron
Fortified Rice Cereal

Apple & Pear
Porridge
Puree

Peach Rice Pudding
with Cinnamon
Puree

Apple, Blueberry &
Pear Puree with Iron
Fortified Rice Cereal

Tapioca
& Pear
Puree



Lunch

Beef, Red Lentil,
Potato & Carrot
Mash

Chicken,
Red Lentils &
Carrot Mash

Veal, Potato,
Tomato & Cheese
Mash

Pasta, Zucchini,
Broccoli, White Beans
& Green Peas Mash

Chicken, Corn,
Cauliflower, Pearl Barley
& Rice Mash

Cauliflower,
Sweet Potato &
Pumpkin Puree

Broccoli,
Cauliflower &
Potato Puree

Sweet
Potato
Puree



Carrot
& Corn
Puree

Pumpkin &
Sweet Potato
Puree



Afternoon

Peach & Apple
Semolina
Puree

Creamy
Mango Risotto
Puree

Apple, Orange, Pear &
Prune Puree with Iron
Fortified Rice Cereal

Pear & Apple Puree
with Iron Fortified
Rice Cereal

Apple & Pear
Semolina
Puree

The menu is subject to change without notice due to availability of food supply or other unforeseen stock supply shortages. Changes may affect contained allergens so please ensure you cross check your daily packsheets for the most up to date information.