

Compare the programs

Every program is physician-led and begins with two consultations. Each tier includes everything in the one before it.

	Core	Advanced	Elite
	AED 10,000	AED 30,000	AED 50,000
Physician Consultations ×2	✓	✓	✓
Nutrition Consultations ×2	✓	✓	✓
OMICS Advanced Blood Panel (112 Lab Tests)	✓	✓	✓
Vital Signs	✓	✓	✓
Body Composition	✓	✓	✓
Spirometry (Lung Capacity & Respiratory Health)	✓	✓	✓
Pulse Wave Velocity	✓	✓	✓
Visual Acuity	✓	✓	✓
Hearing Testing	✓	✓	✓
Cardiopulmonary Testing (CPET) inc. VO ₂ Max	✓	✓	✓
Comprehensive Strength Testing + Grip Strength	✓	✓	✓
Mole Mapping	✓	✓	✓
DEXA	.	✓	✓
Full Body MRI including Brain	.	✓	✓
Fibroscan (Liver Health)	.	✓	✓
Heart Rate Variability (HRV) Testing	.	.	✓
Balance & Power Testing	.	.	✓
3D Movement Analysis	.	.	✓
Brain Health & Cognitive Assessment	.	.	✓
Envirotox Complete	.	.	✓
Vitamin Profile Panel	.	.	✓
Advanced 360 DNA Test	.	.	✓

GO DEEPER

Optional add-ons

Add to any program — Core, Advanced or Elite. Recommended modules tailor your assessment to your stage of life.



UPGRADE — MULTI-OMICS MODULE

Can be added to Core, Advanced & Elite

Advanced 360 DNA Test 26,600 Genes + Raw Code	9,500 AED
---	-----------

Personalized DNA Test Custom Test + Raw Code	3,000 AED
--	-----------

Core DNA Test 80 Genes	2,300 AED
------------------------	-----------

Metabolomics Test	1,500 AED
-------------------	-----------



PATIENTS OVER 40 — RECOMMENDED

Can be added to Core, Advanced & Elite

CT Coronary Calcium Score	1,845 AED
---------------------------	-----------

Carotid Ultrasound	2,400 AED
--------------------	-----------

Low Dose CT Lung For smokers only	2,250 AED
-----------------------------------	-----------

Prostate Cancer Screening Males only	150 AED
--------------------------------------	---------

Cervical Cancer Screening Females only	750 AED
--	---------

Sono-Mammography Females only	875 AED
-------------------------------	---------

All prices in UAE Dirham (AED) and exclusive of 5% VAT. Programs and inclusions current as of 2026 and subject to clinical suitability.