

My Medical Ally, for your health care journey

Considering surgery?

Your **Medical Ally** can help.



Know your options

You have a **Medical Ally** who can help you understand your condition and all available treatments so you can make informed decisions about your care. Your **Medical Ally** offers expert guidance to help you navigate your options if you're considering surgery.

Your Medical Ally can help you:

- Understand any surgery risks, benefits, and alternative treatment options
- Find the best doctors and hospitals for your care
- Be better prepared for surgery and recovery
- Manage pain and cope with stress

Did you know?

Many common conditions have more than one effective treatment option, yet patients are often presented with only one choice.



If your doctor recommends elective lower back surgery, hip or knee replacement, weight loss surgery, or hysterectomy, you may qualify for a **\$400 prepaid card*** just for learning more about your treatment options.

* To be eligible, engage with a Medical Ally for one of the elective surgeries above and complete a survey. You must start the program at least 30 days before a planned surgery date. Emergency procedures do not qualify for the incentive, and other restrictions may apply. Prepaid Mastercard® issued by MetaBank®, Member FDIC. Card terms apply. Card is courtesy of Alight Solutions; awards may be taxable.

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