Carbon Reduction Plan (CRP)

Tower Hamlets GP Care Group CIC

March 2026

Commitment to achieving Net Zero

The Care Group is committed to achieving net zero emissions by 2040, in line with the NHS Net Zero target.

Baseline emissions footprint

Baseline emissions are a record of the greenhouse gases that have been produced in the past and were produced prior to the introduction of any strategies to reduce emissions.

Baseline emissions are the reference point against which emissions reduction can be measured.

The Care Group operates from 4 sites and includes in its reporting all energy consumption and associated emissions from sites. There have been no changes to the Care Group's organisational boundary since the baseline reporting period in FY23.

Baseline year: FY23 (1 April 2022 to 31 March 2023), location-based method	
Additional details relating to the baseline emissions calculations:	
FY23 was the Care Group's first year of formal Streamlined Energy and Carbon Reporting (SECR), so baseline emissions are the first full reporting period.	
Baseline year emissions:	
Emissions	**Total (tCO2e)**
Scope 1 (all sites)	16.07
Scope 2 (all sites)	36.82
Scope 3 (included sources)	
Upstream transportation and distribution *Not reported, explanation provided*.	The Care Group is a service business, therefore, this emissions category is not applicable to our operations.
Waste generated in operations *Not reported, explanation provided*.	While the Care Group encourages sustainable practices in its offices, there is currently no consistent quantitative data across all sites regarding waste volume and destination. We are exploring options to

	work with our building management teams to access more detailed reporting from waste contractors.
Business travel	5.30
Employee commuting *Not reported, explanation provided*.	Data on commuting patterns is not currently collected. However, we intend to issue a staff travel survey in the next reporting year to better understand how staff travel to work, and to continue sharing opportunities to reduce commuting emissions.
Downstream transportation and distribution *Not reported, explanation provided*.	The Care Group is a service provider and does not distribute physical products to customers. Therefore, this emissions category is not applicable to our operations.
Total emissions	**58.19**

Current emissions reporting

Reporting year: FY25 (1 April 2024 to 31 March 2025), market-based method

Emissions	**Total (tCO2e)**
Scope 1 (all sites)	38.99
Scope 2 (all sites)	11.06
Scope 3 (included sources)	
Upstream transportation and distribution *Not reported, explanation provided*.	The Care Group is a service business, therefore, this emissions category is not applicable to our operations.
Waste generated in operations *Not reported, explanation provided*.	While the Care Group encourages sustainable practices in its offices, there is currently no consistent quantitative data across all sites regarding waste volume and destination. We are exploring options to work with our building management teams to access more detailed reporting from waste contractors.
Business travel	2.90
Employee commuting *Not reported, explanation provided*.	Data on commuting patterns is not currently collected. However, we intend to issue a staff travel survey in the next reporting year to better understand how staff travel to work, and to continue sharing opportunities to reduce commuting emissions.

Downstream transportation and distribution *Not reported, explanation provided.*	The Care Group is a service provider and does not distribute physical products to customers. Therefore, this emissions category is not applicable to our operations.
Total emissions	**52.95**

Emissions reduction targets

We have made the commitment to be net zero by 2040, as set out by the NHS. In order to continue our progress to achieving net zero, we have adopted the following carbon reduction targets.

We project that carbon emissions will decrease over the next five years to **34.91** tCO2e by 2031. This is a reduction of **40**% from our baseline.

These are projected interim targets and may be exceeded through carbon reduction projects outlined below.

Carbon reduction projects

Completed carbon reduction initiatives

The following environmental management measures and projects have been completed or implemented since the FY23 baseline.

- All lighting in offices are LEDs.
- Purchased electricity is 100% green at our Island Health location (confirmed by our utilities manager, Clifford Talbot Partnership)
- To encourage active transport within the community and organisation, support for the charity Cycle Sisters has been extended.
- Our Green Working Group has been established since September 2024 to monitor sustainability goals and implement carbon reduction initiatives. The group meets monthly.
- Company car lease scheme offers only electric or hybrid vehicles to all staff.
- Cycle Scheme is available to all staff with accessible safe cycle storage on site.
- Reduced use of plastic at training and events, reducing our overall waste (90% is now recyclable)
- Created and implementing actions from our internal Green Plan, which is in line with the NHS NEL ICS Green Plan.
- On site community garden created to engage staff and improve local air quality and biodiversity.
- Use of paper in office and at events and training has significantly reduced or become fully digital.
- Sustainability and social value commitments have been published on our website.
- Awarded Carbon Reduction Community Grant from local council to replace windows at our Island Health location to improve energy efficiency of building.

- Green Champions program launched in November 2025, which engages teams across the organisation in sustainable behaviour change initiatives.

Future carbon reduction initiatives

In the future we hope to implement further measures such as:

Short-term (0–12 months | by March 2027):

- Improving Scope 3 emissions tracking – develop a supplier survey and commuter travel survey consistent with local primary care travel surveys (June 2026).
- Continue engaging with our landlords to understand how we can work together to make our offices more energy efficient.
- Run a workshop with Green Champions and survey for workforce to understand further organisational sustainability needs and how we can help and engage everyone in the Green Plan (April 2026).
- Increase employee awareness and training e.g. through regular campaigns, working with internal comms, and modules on our internal learning management system. A new LMS system was launched last month which will accommodate this goal.
- Conduct regular energy audits of all sites, and review where changes can be made.
- Complete window replacement project in Island Health location to improve overall energy efficiency of building, reducing Scope 1 emissions.
- Begin putting together a green toolkit for GP practices. Share case studies and methods to reduce carbon footprint and engage patients and staff.
- Working with the wellbeing team to encourage behaviour change and drive sustainable habits amongst staff (contribute to ongoing monthly program).

Medium-term (12–24 months | by March 2028):

- Further transition to zero emission vehicles by continually promoting electric-vehicle lease scheme.
- Conduct feasibility study for onsite renewable energy sources through solar panel installation.
- Use collected data to begin tracking performance against carbon targets quarterly.
- Finalise and roll out the GP practice green toolkit; monitor uptake and feedback and make changes as necessary.
- Establish in-house data systems to better monitor energy, waste and travel emissions.

Long-term (24+ months | by 2030 and beyond):

- Implement further renewable energy installations (if feasible based on audits and agreement with landlord).
- Make updates to the CRP based on verified data and adjust targets as needed.
- Aim to reduce organisational emissions to projected levels, tracking progress transparently.

Note: As an organisation still refining its reporting processes, the Care Group will review and update this CRP annually, in line with updated SECR guidance and verified emissions data.

Declaration and sign off

This Carbon Reduction Plan has been completed in accordance with PPN 006 and associated guidance and reporting standard for Carbon Reduction Plans.

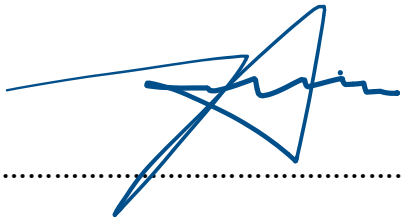
Emissions have been reported and recorded in accordance with the published reporting standard for Carbon Reduction Plans and the GHG Reporting Protocol corporate standard and uses the appropriate government emission conversion factors for greenhouse gas company reporting.

Scope 1 and Scope 2 emissions have been reported in accordance with SECR requirements (where required), and the required subset of Scope 3 emissions have been reported in accordance with the published reporting standard for Carbon Reduction Plans and the Corporate Value Chain (Scope 3) Standard.

This Carbon Reduction Plan has been reviewed and signed off by the board of directors (or equivalent management body).

Signed

Zainab Arian Chief Executive Officer :



.....

Date: March 2026