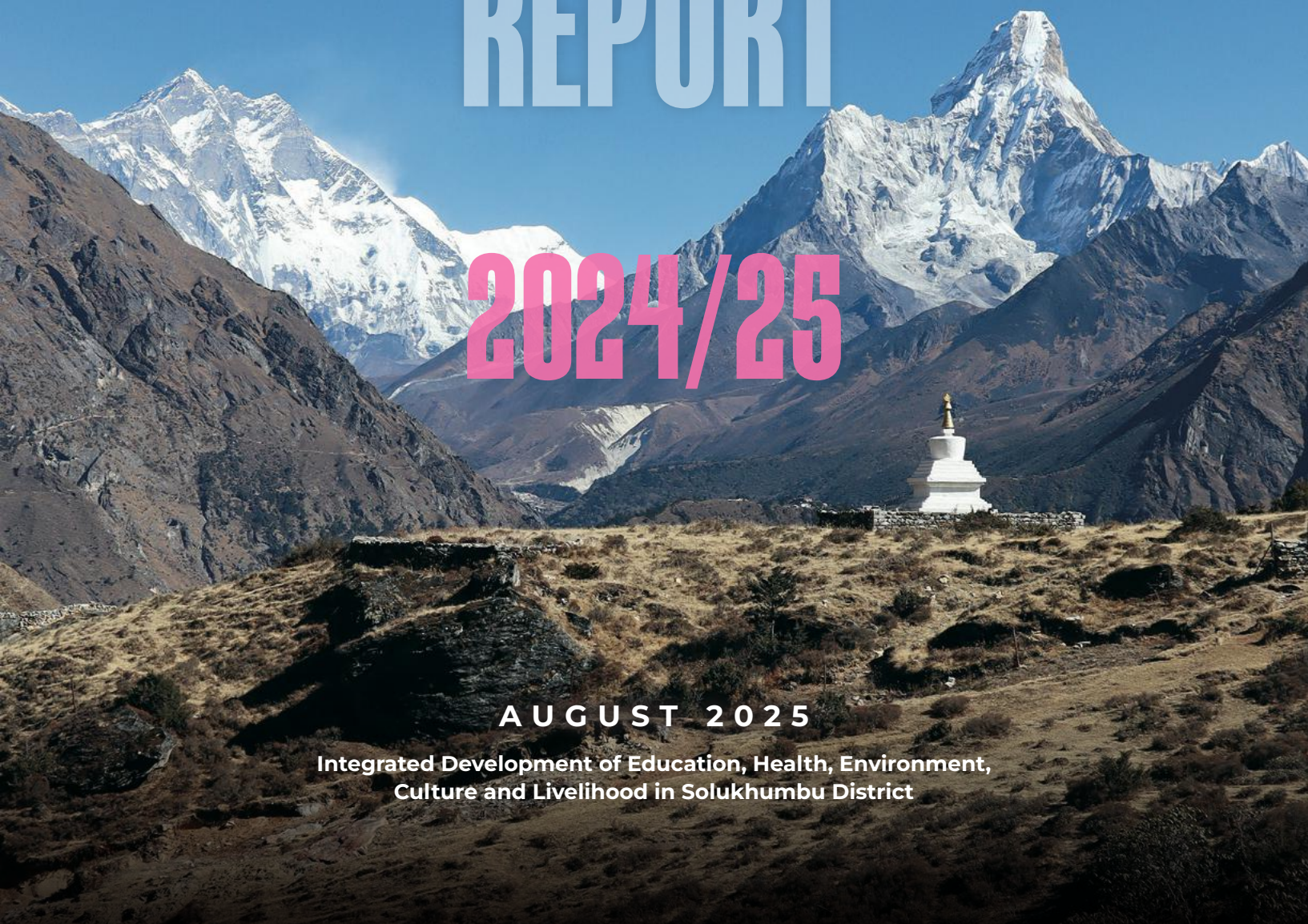
HIMALAYAN TRUST NEPAL

ANNUAL PROGRESS REPORT

2024/25



AUGUST 2025

Integrated Development of Education, Health, Environment, Culture and Livelihood in Solukhumbu District

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Integrated Development of Education, Health, Environment, Culture and Livelihood in Solukhumbu District

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ACKNOWLEDGEMENTS

Himalayan Trust Nepal (HTN) would like to express its gratitude to the Social Welfare Council, Ministry of Women, Children and Social Welfare; Ministry of Education, Science and Technology, Ministry of Health, Department of Education/ Centre for Education and Human Resource Development (CEHRD), and Curriculum Development Centre (CDC) in central level for their cooperation to implement our health, education and livelihood projects in the Solukhumbu, Okhaldunga, Khotang and Dolakha districts.

HTN works in partnership with local government to support the local communities at grassroots level. Special recognition goes to the District Administration Office, District Coordination Committee, District Education and Health Coordination Units, Solududhkunda Municipality, Khumbu Pasang Lhamu, Mapya Dudhkoshi, Mahakulung, Sotang, and Likhu-Pike Rural Municipalities for their partnership and cooperation.

HTN highly acknowledges the supports received from Himalayan Trust New Zealand (HTNZ), The New Zealand International Development Cooperation/Ministry of Foreign Affairs and Trades (MFAT) and individual donors of New Zealand. The support was received for the Improvement of Quality Education in Solukhumbu through teacher training, scholarships, teachers' salary and teaching material support, classroom furniture, computer lab installation, administrative support, and livelihood improvement projects. HTNZ has also expanded its support to Kunde hospital's regular operation and management from January 2021.

HTN would like to thank HTNZ Patron and former prime minister of New Zealand Rt. Honourable Helen Clark, Chairman, Peter Hillary, Vice-chairman Professor David Simmons, board members, general members, General Manager Alexander Hillary and staff personnel for their major role in strengthening, supporting and fundraising for the programmes of the Himalayan Trust in Nepal. HTN would like to thank New Zealand High Commission, New Delhi, India for their generous donation to implement Menstrual Health in Solukhumbu (MHSK) project and establishment of Sir Edmund Hillary Visitor Centre in Khumjung High School.

HTN would like to thank President Karen O'Connor and all the Sir Edmund Hillary Foundation (SEHF) Canada Board of Directors and staff personnel for their support. The support of the Foundation primarily focused on the management of Kunde Hospital and its peripheral health clinics in Thame, and Phortse villages has significantly helped improve the health conditions of the local people. The Foundation has been supporting medical scholarships, ECED teacher's training, Tenzing-Hillary Thame clinic building project over the last fiscal years. The founder and executive director of SEHF Canada, late William F. (Zeke) O'Connor, and President Karen O'Connor's untiring leadership and support to the people of Khumbu are highly appreciated.

HTN highly values the financial support received from the American Himalayan Foundation (AHF) over many decades for education and health programmes of Himalayan Trust in Solukhumbu district. Under the chairmanship of late Richard C. Blum, AHF continued financial support to the Himalayan Trust Nepal's educational, health and livelihood improvement programme and conservation of ancient monasteries. AHF has kindly extended their support for managing the health services of the Himalayan Trust in the Khumbu region from early 2018. AHF has been supporting fifty percent of the Kunde hospital operation cost from 2020. We would like to acknowledge the entire funding support of Sokol Family Foundation, USA to the operation and management cost of Kunde hospital since the fiscal year 2021/22.

In addition, late Richard has also donated half cost of the Thame Hostel Construction Project. AHF also supported for the procurement of COVID-19 prevention materials for Kunde hospital, outreach clinics,

management of the Covid-19 isolation centre and food relief material support to the people of Thame valley. AHF has provided humanitarian grants to relocate the students of Thame School to Khumjung School after the 16th August 2024 GLOF. In addition, AHF has committed to support Thame School management and operation for three years effective from May 2025. The Himalayan Trust would like to extend its gratitude to all its Board Members and especially to chairman Jon Krakauer, immediate past President Erica Stone, and President Norbu Tenzing, Senior Program Director Bruce Moore, Country Director Charu Pradhan of Nepal and the staff members for their valuable support.

HTN also acknowledges the considerable support received from Himalayan Trust UK for Thame GLOF relief support, Covid-19 second wave prevention material support, funding for Mary Lowe scholarship and rebuilding the earthquake-damaged Solukhumbu schools projects. The HTN would like to extend sincere thanks to Sir Graham Wrigley, the Chairman of HTUK, 1953 Patron Mary Lowe, Sue Leyden and all its Trustees for their contribution in Solukhumbu. Mary Lowe has been providing scholarships to a batch topper boy and a girl of Bung Secondary School annually. Special thanks to Mary for her sole contribution. Likewise, HTUK has established Mary Lowe Scholarship in 2020 to provide scholarship to the students of Khumjung, Chaurikharka, Kharikhola, Taksindu, and Junbesi Secondary School graduates for undertaking three-year's medical courses.

Grants from Sir Edmund Hillary Stiftung (SEHS) Germany go to Phaplu Hospital, Bung and Salyan clinics, Sotang Primary Hospital and Patle clinic in the Solu and Okhaldunga regions in the form of medicine, subsidies and salary to MDGP doctor. SEHS Germany has been providing the salary of a MDGP doctor of Phaplu hospital over the last couple of years. SESH deserves special thanks for the donation support to the Thame GLOF relief project in 2024. SEHS Germany and HAUSER Exkursionen International Germany have also provided a grant to build Monju Community Hall in 2017, Sir Ed's Visitor Centre at Khumjung school in 2020, construction of Patle clinic and medicine support and funding for 13 students to pursue high school and bachelor's degree under "Louise and Belinda Hillary Memorial Scholarship" scheme. Thanks to Chairperson Ingrid Versen, Deputy Chair Manfred Haupl and its Board Members in Germany who have untiringly helped raise funds for Phaplu Hospital and people of Solukhumbu.

Himalayan Trust Nepal highly appreciates the supports of Benoit Chamoux Foundation and its board of directors for their humanitarian assistance to semi-orphan children of mountain disaster victims for their school and college level education. Through this foundation, more than 37 children have received the scholarship in reputed schools of Kathmandu. BCF deserves special thanks for the humanitarian support granted to the people of Thame after the 2024 GLOF. Special appreciation goes to Fabienne Clauss, the spiritual mother of the BCF children and founder of the organization. She is not just a donor but also a kind hearted mother to all children that BCF supports. She remains in regular contact with the children and tracks their progress and successes. She feels proud on the success of her spiritual children.

Himalayan Trust New Zealand and American Himalayan Foundation have also supported schooling of 2014 Mt. Everest avalanche victims' children (MDRES) from grade 1 – 12 through HTN with mutual understanding between HTN and Nepal Mountaineering Association. HTN plays bridging role between the schools and above organizations for managing the scholarship programme, monitoring, counselling, and overseeing academic progress of children.

Naulekh Foundation has been supporting Poyan Basic School and a village health clinic in Poyan village. After the completion of primary level education from Poyan School, students are admitted to Mahendra Jyoti Secondary School in Chaurikharka. The Foundation supports for the living costs of Poyan village students at Mahendra Jyoti Secondary School. HTN highly appreciates the support of Chairwoman Felicia Schaffner, board member Ursula Heuscher and rest of board of trustees to the students of this remote mountain village.

HTN is highly indebted to Grand Circle Foundation (GCF) of USA for their continued support to build a 48 bedded hostel construction project for Birendra Jyoti Secondary School in Sotang, School WaSH Project in

Pelmang, Chheskam, Bung and Juving schools, REDSS Project and teacher training programme. HTN acknowledges the humanitarian assistance provided to the people of Thame to respond the Thame GLOF 2024. HTN extends its sincere appreciation to late Chairman Alan Lewis and Vice-chairperson Jan Byrnes and the board of directors of GCF for their continued support to the people of Solukhumbu through HTN. HTN highly appreciates active role played by Jan Byrnes during her tenure. We welcome Dan Koster on board as a successor of Jan.

HTN expresses its sincere gratitude to the Forgotten Sherpas of Nepal Trust (FSNT) for their support to operate Pike Rural George Hunter Health clinic in Goli village and Patle Community Health clinic in Okhaldunga. HTN built a two room clinic building and toilets at Patle Okhaldunga with the funding support of Sir Edmund Hillary Stiftung Germany and FSNT in 2023. FSNT is a New Zealand based NGO set up to support the health project of Goli and Patle communities.

HTN highly appreciates the Department for Development Assistance and Humanitarian Aid, Ministry of Foreign and European Affairs of the Slovak Republic, Slovak Embassy, New Delhi, Reinhold Messner Mountain Foundation, Land Rover New Zealand for their assistance to build the Monju Community Water and Fire Hydrant Project. Khumbu Pasang Lhamu Rural Municipality and Chaurikharka Buffer Zone User Committee deserve special appreciation for their contribution and partnership with HTN on this important project.

HTN also highly values the support of The Greater Himalayas Foundation (TGHF) USA- Honouring the Legacy of late Mingma Norbu Sherpa for their support in education programme of HTN. TGHF have been supporting Sherpa language teachers' salary, scholarships to Khumjung school graduate students. The Foundation also supported in Khumjung School rebuilding projects and Sir Edmund Hillary Visitor Centre. Chairperson Phurba Sona Sherpa and its board members deserve special thanks.

HTN is pleased to express its heartfelt gratitude to EduTech Nepal and its founder and donors Mike Chisholm and Sheryl Chisholm for supporting computer lab projects in the Solukhumbu and Khotang districts. Likewise, Chairperson Diana Silwal Pradhan, board members, CEO Ashok Dalli and entire team deserves special appreciation for their cooperation and partnership.

HTN is also pleased to partner with Nepal KinderHilfe Germany for delivering scholarship programme to the poor children of Nepal from Pokhara, Chitwan, Rasuwa, Kathmandu, Kavre and Solukhumbu areas.

Lights for Kids (LfK) a Germany based NGO has been actively working with HTN for providing solar home system for more than 100 households of Mamerkhu, Boksuwar and Chereme villages of Mahakulung Rural Municipality, Solukhumbu in 2021and 2024. LfK has been supporting the Saraswati Basic School in Hill of Mapya-Dudhkosi Rural Municipality to improve the classrooms, to provide nutritious lunch for children and teaching materials support. They have supported to build a 4-classroom block at Kharikhola Secondary school in 2023 and classrooms and toilet in Nalidanda School, Okhaldunga. Thanks to its board of directors and donors for their interest to partner with HTN and follow the legacy of Sir Ed.

HTN would like to acknowledge the donation support of David Smith of England and Dr. Tshering Wangdi Sherpa of Pennsylvania USA. HTN is grateful to Dr. Jeffrey W. Phillips of Seattle USA for supporting to establish and operate a dental clinic at Kunde hospital since May, 2023. Similarly, HTN likes to express sincere thanks to Shaun Chang of Eyes4Everest, Australia for supporting to set up and operate an eye clinic in Kunde hospital.

We would like to extend our heartfelt appreciation to Johns Hopkins University, USA, for their invaluable funding and technical support towards the implementation of the "Zero TB in Kids and Family", EVOLVE and PreP HIV projects. We would also like to express our sincere gratitude to Professor Kunchok Dorjee and his dedicated team for their continuous support and active involvement guidance in the implementation of the project.

We would like to express our gratitude to The Gift Trust New Zealand for funding scholarship for 10 dalit

girls of Solukhumbu to pursue their high school in Nepal. Special thanks go to Jill Ford for her support.

We also express sincere thanks to Professor Michael Frenkel, Rotary Club of Koblenz, Germany and Dani Humphreys of Bulgaria for supporting a teacher's salary and school uniforms in Monju School respectively.

Sincere appreciation goes for Letitia Laberee of USA for supporting school uniforms and teaching materials for Kamalamai and Goli Basic Schools of Likhu Pike Rural Municipality and teaching materials for Patle High School. We would like to acknowledge the donation support of Kinder Nepalhilfe e.V. of Germany for supporting school uniforms for students and teachers of Toshkham, Devisthan, Narkel and Panchakanya Basic Schools of Solukhumbu.

We would like to acknowledge the donation support of Val Pitkethly/ Light Education Development, UK, Sir Edmund Hillary Fouccation Canada, Chairman of Nepalhilfe Tirol Professor Wolfgang Nairz, Benoit Chamoux Foundation, Kinder Hilfe Nepal, Lawrence Spires UK, Shannan Miller, Australian Himalayan Foundation, Eyes4Everest and Word Expedition for response of Thame GLOF 2024.

We acknowledge the hard work of Dr. Kami Temba Sherpa, Dr. Mingma Kanchi Sherpa and the entire staff at Kunde Hospital for their efficient and effective management in delivering excellent health services at the hospital and outreach clinics in the Khumbu region.

MDGP doctor Dr. Ram Babu Joshi and Dr. Shreeya Pangeni, Acting Head of Phaplu hospital management and Sister Sani Sherpa, In-charge of nurse and the entire team of Phaplu Hospital deserve special appreciation for the competent medical and surgical services and overall management of the hospital effectively.

Himalayan Trust Nepal family is extremely thankful to Lisa Choegyal, Honorary Consul of New Zealand to Nepal, for her active and continued cooperation.

Finally, the HTN expresses its heartfelt gratitude to all its overseas well-wishers, friends, donors and foundations for their generous support and cooperation.



Pasang Dawa Sherpa
Chairman



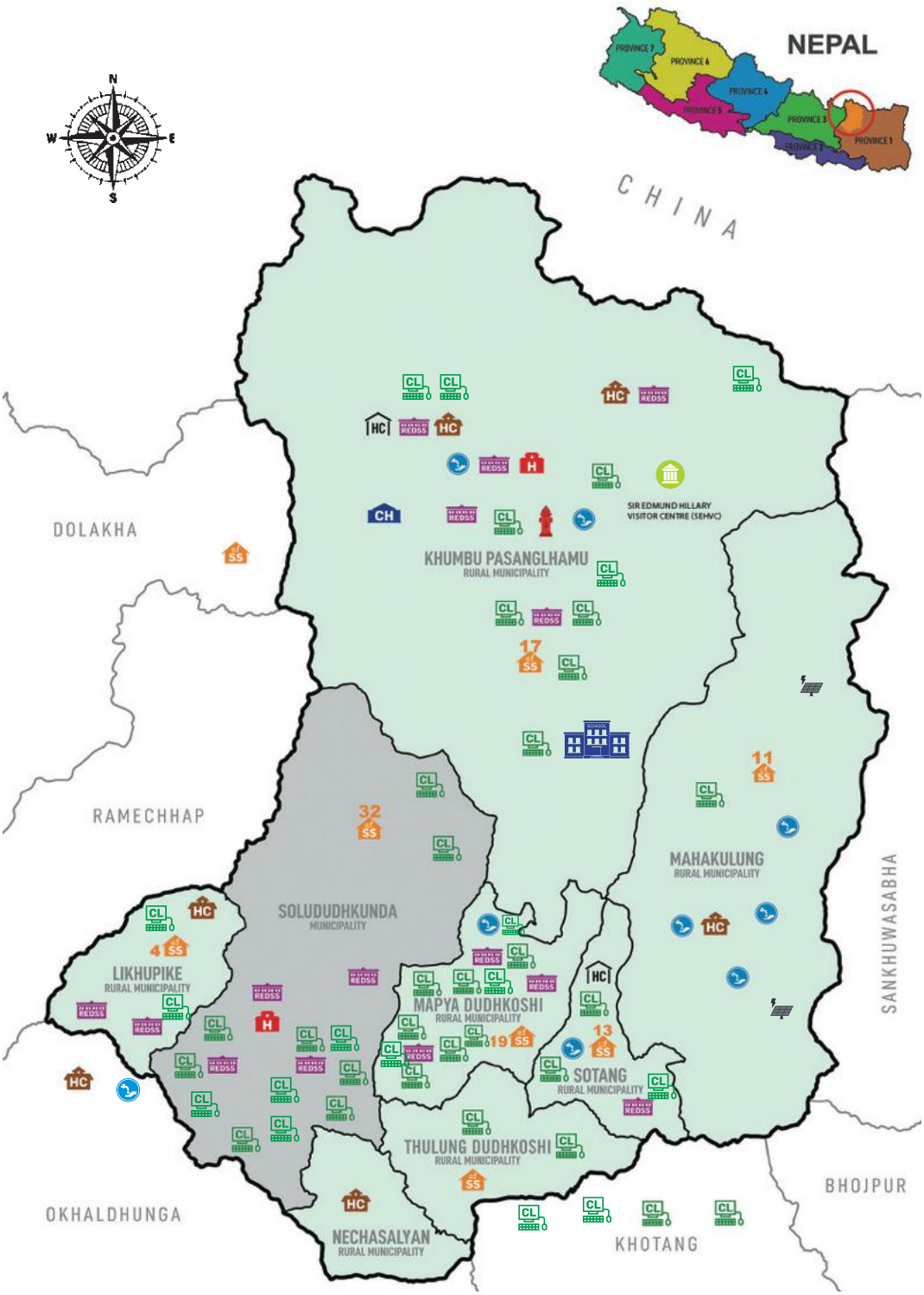
Mingma Norbu Sherpa, PhD
Chief Executive Officer

LIST OF ABBREVIATIONS

AGM	Annual General Meeting
AHF	American Himalayan Foundation
AIP	Annual Instruction Plan
BALLB	Bachelor of Arts and Bachelor of Legislative Law
BBA	Bachelor in Business Administration
BBS	Bachelor in Business Studies
BCA	Bachelor of Computer Application
BCF	Benoit Chamoux Foundation
BDS	Bachelor in Dental Surgery
BEOC	Basic Emergency Obstetric Care
CA	Chartered Accountant
CDC	Curriculum Development Centre
CEHRD	Centre for Education and Human Resource Development
CEO	Chief Executive Officer
CAO	Chief Administrative Officer
CMA	Community Medicine Assistant
CEOC	Comprehensive Emergency Obstetric Care
CEONC	Comprehensive Emergency Obstetric and Newborn Care
COPD	Chronic Obstructive Pulmonary Disease
DCC	District Coordination Committee
DHIS	District Health Information System
DHO	District Health Office
DRR	Disaster Risk Reduction
DID	Disability Inclusive Development
DHM	Department of Hydrology and Meteorology
DM	Diabetes Mellitus
EDCU	Education Development and Coordination Unit
ECED	Early Childhood Education and Development
ECD	Early Childhood Development
FAM	Finance and Admin Manager
FSNT	Forgotten Sherpas of Nepal Trust
GCF	Grand Circle Foundation
GPA	Grade Point Average
GLOF	Glacial Lake Outburst Flood
HA	Health Assistant
HTN	Himalayan Trust Nepal
HTNZ	Himalayan Trust New Zealand
HTUK	Himalayan Trust United Kingdom
HMIS	Health Management Information System
HPV	Human Papillomavirus
ICT	Information and Communications Technology
INGO	International Non-Government Organization
IDP	International Development Project
KPLRM	Khumbu Pasang Lhamu Rural Municipality
KBC	Khumbu Bijuli Company
LIL	Literacy through Integrated Learning
LKPRM	Likhupike Rural Municipality
LAPA	Local Adaptation Plan of Action
L4K	Light for Kids
MFAT	Ministry of Foreign Affairs and Trade
MoU	Memorandum of Understanding
MDGP	MD in General Practice
MDRES	Mountain Disaster Relief Education Support
MSS	Medical Service Standard
MBBS	Bachelor of Medicine and Bachelor of Surgery
MDRM	Mapya Dudhkoshi Rural Municipality
MRM	Mahakulung Rural Municipality
NEB	National Examination Board
NCD	Non-Communicable Diseases
NGO	Non-Government Organization
NDC	Namche Dental Clinic
NHRC	Nepal Health Resource Council
NIP	National Immunization Programme
NTCC	Nepal Tuberculosis Control Centre
NATA	Nepal Anti Tuberculosis Association
OPD	Out-Patient Department
PTA	Parents Teachers Association
PHC	Public Health Centre
QEPS	Quality Education Programme in Solukhumbu
SBTTP	School Based Teacher Training Programme
SDM	Solududhkunda Municipality
SEE	Secondary Education Examination
SEHF	Sir Edmund Hillary Foundation, Canada
SEHM	Sir Edmund Hillary Memorial Scholarship
SEHS	Sir Edmund Hillary Stiftung, Germany
SMC	School Management Committee
SIP	School Improvement Plan
SWC	Social Welfare Council
SEHVC	Sir Edmund Hillary Visitor Centre
SPCC	Sagarmath Pollution Control Committee
TGHF	The Greater Himalayas Foundation
ToT	Training of Trainers
TB	Tuberculosis
WaSH	Water, Sanitation and Hygiene

MAP

HIMALAYAN TRUST PROJECTS



INDEX

- HOSPITAL
- HEALTH CLINIC
- COMMUNITY HALL
- COMPUTER LAB
- WATER SANITATION & HYGIENE
- SCHOOL SUPPORT
- REBUILD EARTHQUAKE DAMAGED SOLUKHUMBU SCHOOLS
- HOSTEL CONSTRUCTION
- FIRE-HYDRANT
- SOLAR PROJECT
- SEHVC
- SCHOOL BUILDING

EXECUTIVE SUMMARY

During the fiscal year 2024/25 (16 July 2024 - 16 July 2025), Himalayan Trust Nepal (HTN) successfully implemented a wide range of impactful programme activities across the education, health, culture, and livelihood sectors. These achievements were made possible through well-coordinated efforts at the international, national, district, and local government levels, ensuring the smooth implementation of its regular programmes.

In the education sector, HTN made significant progress by providing teacher training, regular monitoring and follow-up support to 33 schools under the School Based Teacher Training Programme (SBTTP) and 43 schools under the Literacy through Integrated Learning (LIL) Programme. Notable achievements include the awarding of scholarships to 300 students at the primary, secondary (grade 10+2) and bachelor's levels. Additionally, child-friendly furniture and teaching materials were distributed to 101 schools. In collaboration with EduTech Nepal and respective School Management Committees (SMCs), HTN established eight computer labs to enhance digital learning.

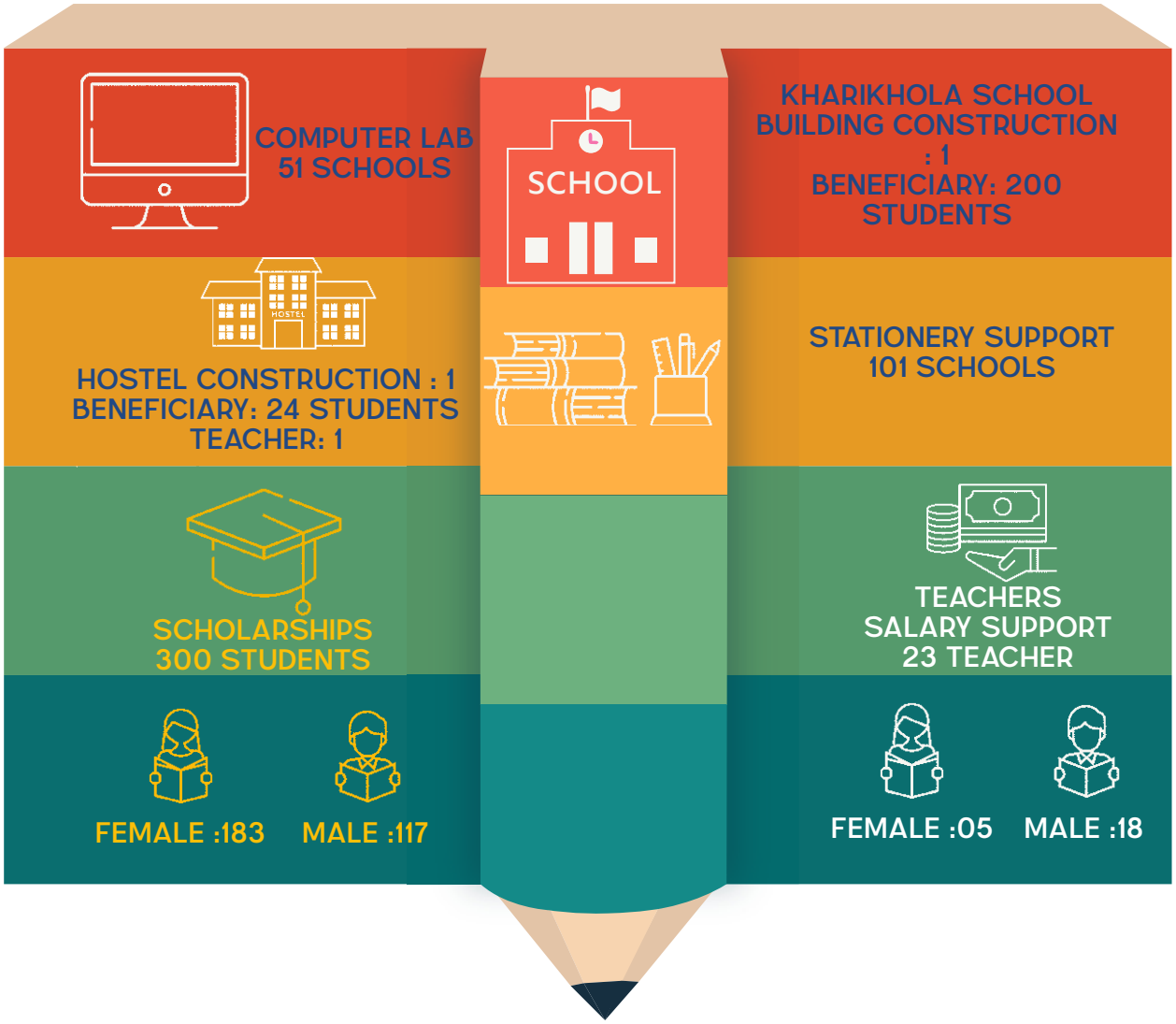
HTN successfully completed the roof strengthening project of the Sir Ed Visitor Centre to preserv the historical school building in Khumjung School.

Following the Ngole (Ngole is the place at Tashi Lapcha pass where the GLOF 2024 originated and damaged Thame village) Glacial Lake Outburst Flood (GLOF) disaster, HTN responded promptly by providing aid to affected students, teachers and Thame community, supporting them in post-disaster recovery efforts. HTN also played a key role in completing the Local Adaptation Plan of Action (LAPA) contributed to the development of a climate resilience plan for Khumbu Pasang Lhamu Rural Municipality .

In the health sector, HTN continued its long-term health programmes with significant impact. This included the operation and management of Kunde Hospital, financial support to Phaplu Hospital, and assistance to more than a dozen government primary health care centers, health posts and clinics across Solukhumbu district and Patle in Okhaldunga district. A major initiative was the implementation of the *Zero TB in Kids and Family* health project funded by Johns Hopkins University. Another important intervention was the *Menstrual Health in Solukhumbu* project, implemented in three pilot high schools: Mahendra Jyoti, Taksindu and Junbesi.

HTN's dedicated board members and staff played an active role in planning, implementing, and monitoring the organization's annual programme activities in the Solukhumbu, Okhaldunga, Khotang, and Dolakha districts. Field visits were instrumental in facilitating effective planning, observation, monitoring, and evaluation of HTN's progress, while also helping identify the real needs of communities and stakeholders. HTN recognized the importance of reporting field situations to donors and partners and emphasized strong working relationships with grassroots organizations, partners, and beneficiaries. These monitoring visits also proved valuable in identifying new project opportunities and guiding future planning.

INFOGRAPHICS



HIMALAYAN TRUST NEPAL

ANNUAL REPORT 2024/2025



PATIENTS TREATED

KUNDE HOSPITAL 6,691

2,815 | 3,876

PHAPLU HOSPITAL 12,765

5,478 | 7,287

SOTANG HOSPITAL 11559

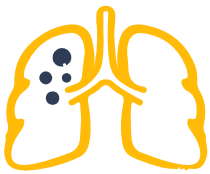
4,711 | 6,848

NAMCHE DENTAL CLINIC 1,117

571 | 546



MEDICINE SUPPLY 2 HOSPITALS & 6 CLINICS



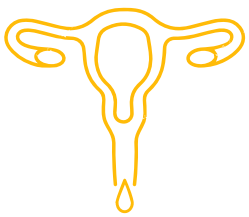
ZERO TB IN KIDS AND FAMILY PROJECT: 2 MUNICIPALITY: 3,500 LOCALS

PERIPHERAL CLINICS (PHORTSE AND THAME) 1,883

888 | 995

PIKE RURAL GEORGE HUNTER HEALTH CLINIC 805

348 | 457



MENSTRUAL HEALTH IN SOLUKHUMBU PROJECT: 3 RURAL SCHOOLS BENEFICIARY: 161 STUDENTS AND 85 WOMEN

PATLE COMMUNITY HEALTH SERVICE 1,690

708 | 982

SIR EDMUND HILLARY CLINIC, BUNG 2056

899 | 1,157

HIMALAYAN INSTITUTION HEALTH POST 823

422 | 401

SALYAN PRIMARY HEALTH CENTRE 246

140 | 106

01

BACKGROUND OF REPORT

1.1 Introduction
1.2 Objectives
1.3 Presentation of the Report



1.1 INTRODUCTION

Himalayan Trust Nepal (HTN) successfully carried out a wide range of programme activities focused on education, health and livelihood over the fiscal year 2024/25 (16 July 2024 – 16 July 2025) with the generous financial support from the above-mentioned donors/supporters. HTN persistently pursued its diverse programme activities and projects. This annual report highlights the significant accomplishments attained through the implementation of various activities throughout the fiscal year 2024/25. The main purpose is to inform its target beneficiaries, donor community, government line agencies and concerned stakeholders who have generously supported in the initiatives of HTN.

HTN is a non-governmental organization established to support the Government of Nepal and the people of Solukhumbu in areas such as education, health, culture, environment and livelihood programmes through an inclusive, innovative and locally-driven governance approach. Established as part of the work of Sir Edmund Hillary and his Sherpa friends in the Everest Region, HTN is dedicated to achieving community-led, sustainable mountain development in Solukhumbu District and wider Nepal.

Although the Himalayan Trust has been active in the Solukhumbu district since the 1960s, HTN was officially registered as an NGO in 2007 and is affiliated with the Social Welfare Council of Nepal. HTN is governed by its own constitution as an autonomous body. HTN is supported by the Himalayan Trust New Zealand, American Himalayan Foundation, Sir Edmund Hillary Foundation Canada, Sir Edmund Hillary Stiftung Germany, Grand Circle Foundation USA, the Himalayan Trust UK, and partners from Benoit Chamoux Foundation, Naulekh Foundation, Forgotten Sherpas of Nepal Trust New Zealand, The Greater Himalayas Foundation- *Honouring the Legacy of Mingma Norbu Sherpa,* Reinhold Messner Mountain Foundation, Italy, NepalHilfe Tirol Austria, Nepal Kinderhilfe, Lights for Kids Germany, The Gift Trust New Zealand and many organizational and individual donors and partners.

1.2 OBJECTIVES

The overall objective of the Annual Progress Report is to share its annual progress achievements to HTN's board, honorary, patron and general members, and donors, implementing partners, government agencies, beneficiaries and wider stakeholders and seek their valuable feedback for improvement of the Trust's programme activities and ensure sustainable change at the grass root level.

1.3 PRESENTATION OF THE REPORT

The overall progress achieved throughout the fiscal year 2024/25 is presented in five separate chapters within this report.

Chapter One serves as an introduction, outlining the objectives and structure of the report.

Chapter Two focuses on the education programme, offering a comprehensive overview of its background, objectives, and various activities undertaken over the fiscal year.

Chapter Three describes the health programme, providing insights into its background, objectives, and a detailed description of the projects implemented over the last fiscal year.

Chapter Four details the progress made in the environmental and climate change related programme activities, following the same format as the previous chapters.

Chapter Five covers the management and governance of the organization, describing various activities related to organizational management and governance, including the monitoring of programme activities.

Chapter Six provides concluding section of the report.

02

EDUCATION PROGRAMME

2.1 Introduction
2.2 Objectives
2.3 Activities



2.1 BACKGROUND

Since its establishment in the 1960s, Himalayan Trust has actively dedicated its efforts to educational development in Solukhumbu. The first school built in 1961 by the Trust was the Khumjung School, which consisted of a two-room aluminium building. Sir Ed, the founder of the Trust, personally built more than 42 schools throughout Solukhumbu district and continued to provide ongoing support to them. HTN's primary objective is to ensure equal, equitable and quality education in the region, and it has been supporting over 101 schools to achieve this goal. The Trust aims to improve the quality of education in the local community and monastic schools, reduce the number of out-migration of students, promote local teachers, develop child and gender-friendly education system, provide education through computer technology and contribute to the reduction of rural poverty.

Moreover, HTN's intervention in education sector includes rebuilding schools damaged by earthquakes, building child-friendly hostels, building toilets and water facilities, repair and maintenance of classroom facilities, operating schools in child-friendly environment, and improving the quality of education with the support of dedicated and trained teachers, supporting students in pursuing higher education for various career paths, including teaching jobs at local schools, increasing student's learning achievements, efficient management and operation of classrooms, providing various scholarships, empowering school management committees and parents in governance and decision-making processes. Furthermore, Himalayan Trust Nepal and New Zealand have partnered with EduTech Nepal to set up computer labs in Solukhumbu schools with the aim of transforming education through technology.

2.2 OBJECTIVES

- *Enhance Quality Education: Elevate education standards in community schools of Solukhumbu through the Quality Education Programme, ensuring impactful learning experiences for students.*
- *Strengthen Teaching Human Resources: Provide qualified teacher support to meet students' needs in community schools of Solukhumbu.*
- *Improve Learning Infrastructure: Equip community schools with teaching materials, including computer labs, to enhance the learning process.*
- *Build Safe Learning Spaces: Support the construction of earthquake- and climate change resistant classrooms with child-friendly furniture and WASH facilities for a secure and conducive learning environment.*
- *Foster Child-Centred Approach: Create a student-centred teaching and learning environment that emphasizes engagement, participation, and personalized learning.*
- *Promote Access to Higher Education: Offer scholarships to deserving students, enabling them to pursue higher education and achieve their academic goals.*

2.3 ACTIVITIES (INPUTS)

In the fiscal year 2024/25, the education programme implemented by HTN consists of more than nine diverse components. These components includes Literacy through Integrated Learning (LIL) programme in 43 schools, School Based Teacher Training Programme (SBTTP) in 33 schools across Solukhumbu, teachers support in 14 schools, scholarships awarded to students at the basic, high school and college levels, teaching materials support to 101 schools, the establishment of computer labs in 8 schools, the provision of small grant support to schools, support to Saraswati Basic School, Hill, and Tharting Gumba School, and Sotang hostel building construction project. Additional details about these activities are briefly presented under the following sub-headings:

2.3.1 Literacy through Integrated Learning Programme

The Literacy through Integrated Learning (LIL) is implemented over three years in 43 schools across Mahakulug, Sotang, and Mapya Dudhkoshi rural municipalities under the Quality Education Programme in Solukhumbu (QEPS), with funding from New Zealand International Development Cooperation and Himalayan Trust New Zealand. The programme ended in April 2025 this year. The main objective of LIL was to enhance the literacy skills of students in Grade 1-3 through integrated

learning approaches. Additionally, the programme aimed to provide additional support in the ECED classes.

a. Follow-up and Monitoring Visit

The LIL team carried out two field visits with various objectives. The first field visit took place from 5 August to 28 August 2024, during which the team visited schools across Sotang, Mahakulung and Mapya Dudhkoshi Rural Municipalities. During this visit, the team focused on distributing school uniforms, holding meetings with representatives and officials from the respective municipalities, and organizing parent interaction programmes that included teachers, SMC, and PTA members. They also conducted classroom observations and demo lessons, supported the continuous evaluation system, assisted with portfolio making, and developing learning materials.

The second field visit was made from 15 to 29 September 2024, mainly focusing on distributing exercise and age-appropriate reading books. The team organized programmes in schools and distributed prizes to winners of various competitions held on Children's Day.

b. End-line Assessment Conducted

The LIL team, consisting of Chandra Dev Bhatt and Gita Lama, visited 12 schools in Sotang and 8 schools in Mahakulung Rural Municipalities from 17 November to 12 December 2024. Another team, comprising of Mahendra Bahadur Kathet and Srijana Thapa, visited 12 schools in Mapya Dudhkoshi Rural Municipality from 1 to 22 December 2024.





Left, LIL Field Officer, Srijana Thapa facilitating a demo class at ECED of Amarjyoti Basic School, and Children's day prize distribution conducted at Sidhhakali Basic School, Right.



LIL Field Officer, Gita Lama observing a news sharing practice at Mahakulung Basic School.



Handwriting practice session conducted at Mahakulung Basic School.



Education Advisor, Mahendra Kathet taking assessment of grade two students at Devisthan Basic School, Sarima.



LIL Field Officer, Srijana Thapa sharing the idea of taking assessment in the classroom with the class teacher Hastimaya Rai at Janakalyan Basic School, Bodu.

During these visits, the teams successfully completed the end-line assessment. On the same trip, they also conducted a stationery needs assessment, completed school and class observation forms, supported teachers in classroom management, and facilitated the use of teaching-learning materials. They also provided guidance on the implementation of the integrated curriculum and continuous evaluation practices.

c. Progress Sharing and Review Meeting

Progress sharing and review meetings on the Quality Education Programme in Solukhumbu (QEPS) were successfully conducted in three rural municipalities:

- ***Mahakulung:*** *Held on 11 February 2025 in Bung, chaired by chairperson of Mahakulung Rural Municipality Surya Bahadur Kulung,*

with participation from local government officials, School Management Committee (SMC) chairs, and head teachers of 10 schools.

- ***Sotang:*** *Conducted on 12 February 2025, chaired by the Chairperson, Khilaraj Basnet, and attended by Vice-chairperson Anju Nachhiring, Ward chairpersons, the Education officer, SMC chairs, head teachers, and HTN education team led by Chairperson, Pasang Dawa Sherpa.*

- ***Mapya Dudhkoshi:*** *Held on 30 March 2025, in Khastap chaired by HTN Chairman, Pasang Dawa Sherpa, with Mapya Dudhkoshi Rural Municipality Vice-chairperson Gaurav Rai as chief guest. The meeting included the Acting Chief Administrative Officer Gajendra Bhattarai, Ward chairpersons of Ward No 1 and 4, SMC chairs, and head teachers from 20 community schools.*

The HTN team shared the progress of the three-year LIL activities and outlined the tentative plan for the next phase of QEPS. Participants provided feedback on priorities and expectations for the next phase of the programme.

d. School Necessities Support

HTN supported a new desktop computer and printer to Debisthan Basic School located in Mapya Dudhkoshi Rural Municipality, a speaker to Balbikas Basic School in Chulemu, and stationery materials including white boards to Kuseshwori Basic School in Golanjor Rural Municipality in Sindhuli.





Progress sharing and review meeting held in Mahakulung Rural Municipality on 11 February 2025.





Progress sharing and review meeting held in Sotang Rural Municipality on 12th February 2025.





Progress sharing and review meeting held in Mapya Dudhkoshi Rural Municipality on 30th March 2025.



Printer, solar power sets, uniform, stationery materials with white boards ready for dispatch.

e. Uniform Distribution in Schools

With the financial support of Light for Kids, Germany, HTN provided new school uniforms and necessary stationery supplies to the students of Kuseshwori Basic School in Simlebesi in Sindhuli. Similarly, with the financial support of Kinderhilfe Nepal e.V., HTN distributed uniform sets to 136 students across four different schools: Debisthan Basic School in Mapya Dudhkoshi Rural Municipality, Panchakanya Basic School, Narkel Basic School, and Toshkham Basic School in Sotang Rural Municipality.

HTN with funding support from The Greater Himalayas Foundation (TGHF) – Honouring the Legacy of late Mingma Norbu Sherpa, distributed school uniform sets to the students and teachers of Pathibhara Basic School, located in ward no. 4 of Sotang Rural Municipality. HTN Chairman, Pasang Dawa Sherpa, distributed the uniforms at the school on 13 February 2025. A total of 28 students and 6 teachers received the uniform.





Uniform distribution in Pathibhara Basic School.





Kuseshwori Basic School, Sindhuli



Debisthan Basic School



Narkel Basic School

2.3.2 School Based Teacher Training Programme (SBTTP)

The SBTTP is one of the outputs under "Quality Education Programme in Solukhumbu (QEPS)" supported by New Zealand International Development Cooperation and Himalayan Trust New Zealand. Currently, SBTTP is being implemented in 33 community schools in Solukhumbu. Among these schools, 16 are located in Solududhkunda Municipality, while the remaining 17 are located in Khumbu Pasang Lhamu Rural Municipality.

a. Five Day's English Medium Instruction Training for Teachers

HTN provided a five-day English as a medium of instruction training for basic level subject teachers of Solududhkunda Municipality (SDM). The training was held from 16 – 20 July 2025 at Junbesi Secondary School.

The objective of the training was to empower the teachers to use simple English in the classroom proficiently and confidently. A total of 17 teachers (7 female and 10 male) from seven schools participated in the training.



LIL Field Offcier, Srijana Thapa facilitating a session.



Closing ceremony of the five-day's training.

b. Disability Inclusive Development (DID) Workshop

HTN Education Training Officers, Ishworman Rai and Bishnu Kumar Rayamajhi participated in a one-day workshop on Disability Inclusive Development (DID) held at Ananda Pashupati, Kathmandu on 22 July 2024. Similarly, Deepa Niraula and Sangita Rai participated in a one-day DID workshop on April 22, 2025 in Kathmandu. Both the workshops were organized by Prayatna NEPAL with the main objective of enhancing participants' knowledge and fostering collaboration in disability-inclusive development through knowledge sharing.





HTN education training officers during the one-day workshop.

c. Khumjung School Teachers Rewarded

On 4 September 2024, the chairman of HTN, Pasang Dawa Sherpa, on behalf of Himalayan Trust New Zealand/ Nepal, presented a letter of appreciation to Khumjung Secondary School in recognition of its excellent performance in 2024 School Education Examination (SEE), where the school secured first position among Solukhumbu schools. Additionally, Chairman awarded cash prizes to the current and former head teachers, and all the teachers of Khumjung School acknowledging for their hard work to produce outstanding results of SEE batch 2024.



Chairman of HTN Pasang Dawa Sherpa handing over the letter of appreciation to then head teacher Kanchha Nuru Sherpa.



Group photo taken with the teachers of Khumjung Secondary School.

d. National Children's Day Celebration

HTN supported Khumjung, Chaurikharka, Taksindu, Kharikhola, and Junbesi Secondary Schools to observe the National Children's Day in their respective schools on 14 September 2024. Similarly, various educational activities were organized





Children's Day Celebration in Khumjung Secondary School.



Children's Day Celebration in Chaurikharka Secondary School.



Children's Day Celebration in Saraswati Basic School, Phuleli.

in the LIL programme implemented schools of Mapya Dudhkoshi, Sotang and Mahakulung Rural Municipality to mark the occasion.

e. Education Team School Visit

The SBTTP's team conducted monitoring visits to 17 schools in the KPLRM and 15 schools in Ward Nos. 1, 2, and 3 of Solududhkunda Municipality from 6th June to 19th September 2024.

Throughout their visits, the team organized SIP workshops for SMCs, head teachers, monitoring and following up on the preparation of the School Improvement Plan (SIP) and Annual Instruction Plan (AIP). They also reviewed the student assessment system for the year 2024 and ensured the proper use of age-appropriate reading books, as well as the functionality of computer and science labs.

Class observations were conducted and provided feedback to the teachers to enhance teaching practices. Additionally, the team participated in the National Children's Day celebration and updated relevant data during their visits.

Likewise, HTN Education Team set off for a month long field visit starting from 8 June 2025 till 7 July 2025. The team visited schools across Solukhumbu district to conduct student and teacher's assessments, observe classroom practices, and collect baseline data for the next phase of QEPS. This baseline survey will help set up a bench mark to gauze changes for enhancing quality education in Solukhumbu schools in the coming years.



Bishnu Kumar Rayamajhi facilitating teachers on student assessment process as per government curriculum at Junbesi Secondary School.



Education Training Officer, Ishworman Rai taking assessment of grade eight at Dudhkoshi Basic School, Bumburi.



HTN Education Training Officer, Gita Lama engaged in baseline assessment at Chomolungma Basic School.



Education Training Officer, Bishnu Rayamajhi engaged in baseline assessment at Chandra Jyoti Basic School, Bhakanje.



Education Training Officer, Deepa Niraula engaged in baseline assessment at Saraswati Basic School, Phuleli.



Male parents FGD session conducted at Juving Secondary School.



Students taking assessment.

f. End-line Assessment Conducted

The SBTTP team, comprising of two members per team, visited schools in the Khumbu Pasang Lhamu Rural Municipality and Solududhkunda Municipality from 17 November to 12 December 2024. The team, made up of Bishnu Kumar Rayamajhi and Deepa Niraula visited 10 schools in KPLRM, while the team comprising Ishworman Rai and Sangita Rai visited 10 schools in Ward No. 1, 2, and 3 of Solududhkunda Municipality, as well as two schools in Likhupike Rural Municipality.

The main objective of their visits was to conduct an end-line survey in order to assess student's learning achievement involving 700 (350 female and 350 male) students from both municipalities. The end-line survey was part of an internal assessment across four subjects: English, Nepali, Mathematics, and Science. Students from grade 2 to 8 were selected for the assessment process.

g. Child-friendly Furniture Supported

HTN provided 36 pairs of child-friendly desks and benches for grade 4-8 students of Lukla Basic School. The furniture was transported to Taksindu and subsequently airlifted by helicopter to Lukla. This initiative is part of the QEPS, funded by the Himalayan Trust New Zealand and the New Zealand's International Development Cooperation.



Students of Khumjung and Thame School taking Nepali assessment.



Students of Mahendra Jyoti Secondary School taking part in the end-line assessment.



Students of Buddha Academy Basic School in Tumbuk taking part in the end-line assessment.



A grade four student taking a reading assessment at Junbesi Secondary School.



Child friendly desks and benches set up in the classroom of Lukla Basic School

h. Progress Sharing and Review Meeting

A progress sharing and review meeting on the QEPS was held on 14 February 2025 in Phaplu, chaired by HTN Chairman, Pasang Dawa Sherpa. Participation included representatives from ward no. 1 to 7 of Solududhkunda Municipality, the chief of the Education Development and Coordination Unit (EDCU), SMC chairs, head teachers from 16 schools, and the HTN education team. The meeting focused on reviewing current progress and gathering input for the next phase of QEPS.





Progress sharing and review meeting held at Phaplu on 14 February 2025.

Another review meeting took place on 1 April 2025 at the KPLRM office. It brought together local government officials, SMC chairs, head teachers, and the HTN team to assess the outcomes of the five-year QEPS implementation and collect feedback for the upcoming phase.





Progress sharing and review meeting held in Khumbu Pasang Lhamu Rural Municipality, 1April 2025.

i. Uniform Distribution in Schools

With financial support from Dani Humphrys of Bulgaria, HTN distributed new school tracksuits and jackets to 25 students and seven teachers at Yuba Barsha Basic School in Monju. HTN Chairman Pasang Dawa Sherpa and his team personally handed out tracksuit sets and jackets to the students, as well as jackets to the teachers.







Glimpses of uniform distribution in Yuba Barsha Basic School in Monjo.

2.3.3 Teachers Support

Since 2012, Himalayan Trust has been providing salary support to teachers in Khumbu schools to facilitate English-medium education, thereby ensuring quality education in major subjects such as English, Science, Social Studies, and Mathematics. Currently, HTN supports the salaries of 23 teachers across 14 schools. Of these, 18 teachers are supported by Himalayan Trust New Zealand and New Zealand International Development Cooperation. Beginning this year, the American Himalayan Foundation is supporting the salary of one teacher in Thame Basic School. Additionally, one teacher is supported by The Greater Himalayas Foundation, and another by the Rotary Club Koblenz Dt. Eck, Germany. HTN is also supporting the salary of a lower-secondary level English teacher at Saraswati Basic School in Phuleli, with funding support from Light for Kids, Germany.

The Sherpa language and culture are increasingly at risk due to the influence of dominant languages, cultures and globalization. To combat this, HTN supports Sherpa language teachers at Junbesi School, Salleri Monastery, and Pema Chholing Monastery schools. Financial support for the Sherpa language teacher at Pema Chholing Monastery in Thulo Gumela is provided by The Greater Himalayas Foundation in honour of the Late Mingma Norbu Sherpa. Other Sherpa language teachers are funded by the New Zealand International Development Cooperation and Himalayan Trust New Zealand.

Besides these donors, Benoit Chamoux Foundation of France supports the salaries of two primary-level teachers at Rolwaling Sangag Choling Monastery School in Rolwaling valley. One teacher support since March 2021 and starting this year one additional teacher support has been added. The school which has 30 students and three teachers, offers a curriculum that includes instruction in English, Nepali, and Sambhota scripts. The following table 1 shows the total number of teachers supported by different donors.

Table 1 | Teachers supported by HTN

S. N.	Name of schools	Donors					Total
		HTNZ/ MFAT	TGHF	Rotary Club	Light for Kids	BCF	
1	Khumjung Secondary School	5					5
2	Thame Basic School	2					2
3	Himalaya Basic School, Namche	2					2
4	Yuba Barsa Basic School, Monju			1			1
5	Janasewa Basic School, Sano Gumela	1					1
6	Pema Chholing Monastery School, Thulo Gumela		1				1
7	Mahendra Jyoti Secondary School, Chaurikharka	2					2
8	Lukla Basic School	1					1
9	Buksa Basic School	1					1
10	Kharikhola Secondary School	1					1
11	Junbesi Secondary School	2					2
12	Thekchen Pema Chholing Monastery School, Salleri	1					1
13	Saraswati Basic School, Phuleli				1		1
14	Sangag Chholing Monastery School, Rolwaling					2	2
Total		**18**	**1**	**1**	**1**	**2**	**23**

2.3.4 Scholarships

Scholarship is one of the key programmes of Himalayan Trust Nepal and this initiative is expanding each year. Over the last fiscal year, HTN administered 300 scholarships, as shown in the table 2 given below.

The primary goal of this scholarship programme is to encourage students in retention and completion of their education at school and college levels. The specific objectives to achieve this goal are as follows:

- *To provide partial scholarship grants to students for completing their school and higher education.*
- *To produce academically trained individuals who can meet the local needs of the region.*
- *To encourage students to develop their future careers to fulfil job demands within the Solukhumbu region.*
- *To help reduce rural poverty through educational transformation*

Table 2 | HTN has been managing the following scholarships over the fiscal year 2024/25

S.N.	Name of the Scholarship	Supported by	Male	Female	Total
1	Sir Edmund Hillary Memorial Scholarship (+2)	New Zealand Aid Program and Himalayan Trust New Zealand	20	28	48
2	Khumbu Pasang Lhamu Rural Municipality and Himalayan Trust Bachelor Level Scholarship (for students of KPLRM)	KPLRM, New Zealand International Development Cooperation & Himalayan Trust New Zealand	5	6	11
3	Himalayan Trust Bachelor Level Scholarship (for students of Southern Solukhumbu)	New Zealand Aid Program and Himalayan Trust New Zealand	6	6	12
4	George Lowe Memorial Scholarship	Mary Lowe, UK	3	2	5
5	The Mary Lowe Scholarship	Himalayan Trust UK	4	11	15
6	Mingma Norbu Sherpa Memorial Scholarship	The Greater Himalayas Foundation, USA	6	10	16
7	Dr. Tshering Wangdi Sherpa Scholarship	Dr. Tshering Wangdi Sherpa Family	2	2	4
8	Louise and Belinda Hillary Memorial Scholarship	Sir Edmund Hillary Stiftung, Germany	-	13	13
9	Benoit Chamoux Foundation Scholarship	Benoit Chamoux Foundation, France	5	3	8
10	Naulekh Foundation Scholarship	Naulekh Foundation, Switzerland	16	6	22
11	Nepal Kinderhilfe Scholarship	Nepal Kinderhilfe e. V, Germany	36	71	107
12	Dalit Girls Scholarship	The Gift Trust New Zealand	-	10	10
13	Diane McKinnon Scholarship	Dianne and John McKinnon	5	1	6
14	David Smith Scholarship	David Smith	4	6	10
15	Mountain Disaster Relief Education Support (MDRES) Scholarship	American Himalayan Foundation (AHF)	2	1	3
		Himalayan Trust New Zealand	1	4	5
16	Sir Edmund Hillary Foundation Scholarship	Sir Edmund Hillary Foundation, Canada	2	3	5
	Grand Total		**117**	**183**	**300**

Sir Edmund Hillary Memorial Scholarship:

Himalayan Trust Nepal has been awarding **Sir Edmund Hillary Memorial Scholarships** to three SEE graduates of **Khumjung, Mahendra Jyoti (Chaurikharka), Kharikhola, Taksindu, Junbesi, Pike Loding, Chandra Jyoti (Bhakanje)** and **Juving** schools of Solukhumbu, enabling them to pursue their high school education. The scholarships are granted to the first girl, first boy, and one socially and economically marginalized student, preferably a girl. This scholarship is funded by the Himalayan Trust New Zealand and New Zealand's International Development Cooperation. The following table 3 displays demography of students who received the scholarship.

Bachelor Level Scholarships:

Under the Quality Education Programme in Solukhumbu, HTN has established bachelor-level scholarships for the students of Solukhumbu, with funding provided by the New Zealand International Development Cooperation and Himalayan Trust New Zealand. These scholarships are awarded in two different categories.

- *KPLRM and Himalayan Trust Scholarships for the students of the Khumbu region.*

The first category is the KPLRM and Himalayan Trust Scholarships, specifically for the students of the Khumbu region. KPLRM contributes 60% and HTN covers 40% of the scholarship fund in the joint initiative. The scholarship amount includes tuition fees and partial living costs while students are responsible for bearing a portion of their living expenses.

Five (four male and one female) students have passed out and five (one male and four female students are pursuing their higher level studies under this scholarship.

The current status of the students enrolled under the joint scholarship is presented in the following table 5.

- *Himalayan Trust Bachelor Level Scholarship for the students of Southern Solukhumbu*

The second category is the Himalayan Trust Bachelor Level Scholarship, specifically for students from Southern Solukhumbu. A total of 15 scholarships were offered for students to pursue their bachelor-level studies in various subjects. All 15 scholarships were awarded between 2020 and 2022. This past fiscal year, ten students have successfully graduated from their respective fields of study.

Table 3 I Demography of SEHM scholarship recipients in 2024:

S.N.	Ethnicity	Grade 11			Grade 12			Grand Total		
		Boys	Girls	Total	Boys	Girls	Total	Boys	Girls	Total
1	Sherpa	6	5	11	2	5	7	8	10	18
2	Rai	2	4	6	4	3	7	6	7	13
3	Tamang	1	1	2	1	2	3	2	3	5
4	Magar	1	1	2	0	2	2	1	3	4
5	Chhetri (Basnet)	0	1	1	1	1	2	1	2	3
6	Thami	0	1	1	0	1	1	0	2	2
7	Lama	-	-	0	1	0	1	1	0	1
8	Biswakarma	1	0	1	-	-	0	1	0	1
9	Sunuwar	-	-	0	0	1	1	0	1	1
Total		**11**	**13**	**24**	**9**	**15**	**24**	**20**	**28**	**48**

The following table 4 shows the details of students who received the SEHM Scholarship 2024.

Table 4 I Name list of students selected under the SEHM Scholarship 2024:

S.N.	Name of Student	Gender	Subject	Name of School
1	Khamsu Ongdu Sherpa	Male	Science	1. Khumjung Secondary School
2	Rita Doma Sherpa	Female	Science	
3	Ashish Rai	Male	Science	
4	Mingma Kanchhi Sherpa	Female	Science	2. Mahendra Jyoti Secondary School, Chaurikharka
5	Tashi Tenzing Sherpa	Male	Management	
6	Premika Rai	Female	Management	
7	Kunsang Nurbu Tamang	Male	Science	3. Taksindu Secondary School
8	Akriti Rai	Female	Science	
9	Salon Rai	Male	Science	
10	Furba Jigme Sherpa	Male	Management	4. Kharikhola Secondary School
11	Mamisa Tamang	Female	Management	
12	Salina Thapa Magar	Female	Education (English)	
13	Namgel Sherpa	Male	Management	5. Junbesi Secondary School
14	Lhakpa Doma Sherpa	Female	Law	
15	Ngim Tenzi Sherpa	Male	Management	
16	Mingmar Sherpa	Male	Management	6. Chandra Jyoti Secondary School, Bhakanje
17	Asmita Basnet	Female	Science	
18	Bimala Thami	Female	Education (English)	
19	Sonil Magar	Male	Management	7. Pike Secondary School, Loding
20	Phurwa Doma Sherpa	Female	Management	
21	Pasi Sherpa	Female	Education (Economics)	
22	Rajendra Biswakarma	Male	Science	8. Juving Secondary School
23	Nilima Rai	Female	Management	
24	Tika Maya Rai	Female	Education (English)	
Total		**24**		

Table 5 | KPLRM and Himalayan Trust Scholarship status in 2024/25

S.N.	Name of student	Permanent address	Subjects	Status
1	Dorjee Gyalzen Sherpa	KPLRM – 04, Khumjung	B.E. Civil Engineering	Awarded in 2021 and ended in March 2025.
2	Subas Rai	KPLRM – 02, Lukla	B.E. Civil Engineering	Awarded in 2021 and ended in March 2025.
3	Mingma Doma Sherpa	KPLRM-5, Theso	B. Ed (English)	Awarded in 2021 and ended in March 2025.
4	Ngima Tashi Sherpa	KPLRM-5, Chanyakpa	Bachelor Tourism	Awarded in 2021 and ended in March 2025.
5	Kami Temba Sherpa	KPLRM-5, Thameteng	Bachelor – Computer Science	Awarded in 2022 and ended in July 2024.
6	Dawa Tshering Sherpa	KPLRM– 03, Ngamuteng	Bachelor IT	Awarded in 2021 and continuing.
7	Aarati Rai	KPLRM– 01, Paiya	B. Sc. Agriculture	Awarded in 2022 and continuing.
8	Ang Futi Sherpa	KPLRM– 04, Khumjung	Bachelor Hotel Management	Awarded in 2022 and continuing.
9	Pasang Kanchi Sherpa	KPLRM– 04, Phortse	Bachelor in Mountaineering Studies	Awarded in 2024 and continuing.
10	Ngima Doka Sherpa	KPLRM– 04, Phortse	B.Ed. – Social Studies	Awarded in 2024 and continuing.



Ngima Chhiri Sherpa
BSc Science
Xavier International Collage



Dorjee Gyalzen Sherpa
BE Civil Engineering
Himalayan College of Engineering



Subas Rai
BE Civil Engineering
Acme Engineering college



Ms. Mingma Doma Sherpa
B Ed (English)
Brilliant Multoiple Campus



Dawa Tshering Sherpa
Bachelor in Computer Application
Bajra Internatinal College



Ngima Tashi Sherpa
Bachelor in Tourism Management
Global College Of Management



Kami Temba Sherpa
Bachelor in Computer Application
Lumbini Academy College



Aarati Rai
Bachelor of Science in Agriculture
College of Natural Resource Management



Pemba Jangmu Sherpa
Bachelor of Education (BEd)
English
Pushpalal Memorial College



Ang Phuti Sherpa
Bachelor of Travel and Tourism Management (BTTM)
Nepal Academy of Tourism & Hotel Management



Pasang Kanchi Sherpa
Bachelor in Mountaineering Studies (BMS)
Nepal Mountaineering Academy



Ngima Doka Sherpa
Bachelor in Education (B.Ed)
G.P. Koirala Memorial College

Table 6 | Himalayan Trust Bachelor Level Scholarship for Southern Solukhumbu status 2024/25

S.N.	Name of student	Permanent address	Subjects	Status
1	Lhamu Dolma Sherpa	Solududhkunda-03, Loding	B.Sc. – Forestry Science	Awarded in 2021 and ended in March 2025.
2	Ganesh Bastola	Necha-Salyan-03, Necha	B.Sc. – Agriculture	Awarded in 2021 and ended in March 2025.
3	Manich Kumar Rai	Thulung Dudhkoshi-09, Dilbu	B.Sc. – Agriculture	Awarded in 2021 and ended in March 2025.
4	Bebina Phuyal	Necha-Salyan-03, Besigaun	B.Ed. (Science)	Awarded in 2021 and ended in March 2025.
5	Pasang Tamang	Mapya Dudhkoshi-05, Rokful	B.Ed. (Science)	Awarded in 2021 and ended in March 2025.
6	Sribina Rai	Mapya Dudhkoshi-05, Kanku	B.Ed. (Science)	Awarded in 2021 and ended in March 2025.
7	Prajwal Rai	Mahakulung-01, Saddi	B.Ed. (English)	Awarded in 2021 and ended in March 2025.
8	Suraj Pratap Ranamagar	Mapya Dudhkoshi-05, Kanku	B.Ed. (English)	Awarded in 2021 and ended in March 2025.
9	Samina Kulung Rai	Mahakulung-03, Ch-heskam, Khardo	B.Ed. (Maths)	Awarded in 2021 and ended in March 2025.
10	Mukesh Bastola	Necha-Salyan-02, Salyan	B.Ed. (Social Studies)	Awarded in 2021 and ended in March 2025.
11	Sharmila Ranapal	Solududhkunda-11, Tingla	B.Sc. – Nursing	Awarded in 2022 and continuing.
12	Resha Sundas	Solududhkunda-01, Nunthala	Bachelor of Dental Surgery (BDS)	Awarded in 2022 and continuing.

The George Lowe Memorial Scholarship:

The **George Lowe Memorial Scholarship** is awarded annually to the top-performing students of Sagarmatha Secondary School, Bung. This scholarship is awarded to the first boy and first girl of the school each year. The scholarship for this year has been awarded to Manoj Kulung and Soniya Rai to study Education taking English as a major and Science subjects respectively.

Mary Lowe from UK established this scholarship in memory of her late husband, George Lowe, who was a close friend of Sir Edmund Hillary. Funding for the scholarship is provided annually through the Himalayan Trust UK (HTUK) to Nepal. This scholarship honours George Lowe's legacy and supports the educational goals of deserving students in the community of Bung.

The Mary Lowe Scholarship:

The Mary Lowe Scholarship, founded by the HTUK, honours the dedicated contributions of Mary Lowe, a long-standing Trustee Member of the organization. For decades, Mary Lowe has played a crucial role in advancing the educational initiatives of the Himalayan Trust in Solukhumbu.

Annually, this scholarship is awarded to deserving students pursuing three year's courses in Health Assistant (HA), staff nurse, and dental hygienist fields. In the current year, The Mary Lowe Scholarship has been granted to four female and one male students. The details of the students who received The Mary Lowe Scholarship is shown in the given table 7 :



Phurba Geljen Sherpa, Management

Dipa Bhattarai, Civil Engineering

Table 7 | The Mary Lowe Scholarship recipients 2024/25

S.N.	Name of Student	Gender	Subject	Status
1	Tsering Lhamu Lama	Female	Bachelor Computer Engineering	Awarded in 2022 and continuing.
2	Jyoti Kala Rai	Female	Health Assistant (H.A.)	Awarded in 2022 and continuing.
3	Tashi Lhamu Sherpa	Female	Bachelor in General Science	Awarded in 2023 and continuing.
4	Pasang Phuti Sherpa	Female	B. Ed (English)	Awarded in 2023 and continuing.
5	Diku Sherpa	Female	Dental Hygienist	Awarded in 2023 and continuing.
6	Pemba Yangji Sherpa	Female	Management (Computer Science)	Awarded in 2023 and ended in May 2025.
7	Pasang Rita Rai	Male	Management (Computer Science)	Awarded in 2023 and ended in May 2025.
8	Buddha Magar	Male	Diploma in Mechanical Engineering	Awarded in 2023 and ended in May 2025.
9	Mingma Tshering Sherpa	Male	Management (Computer Science)	Awarded in 2023 and ended in May 2025.
10	Dawa Yangzi Sherpa	Female	Bachelor Computer Science	Awarded in 2023 and continuing.
11	Karuna Rai	Female	Dental Hygienist	Awarded in 2024 and continuing.
12	Nilima Rai	Female	Business Management	Awarded in 2024 and continuing.
13	Sonish Rai	Female	Computer Science	Awarded in 2024 and continuing.
14	Phurba Geljen Sherpa	Male	Management (Computer Science)	Awarded in 2024 and continuing.
15	Dipa Bhattarai	Female	Bachelor in Civil Engineering	Awarded in 2025 and continuing.

Mingma Norbu Sherpa Memorial Scholarship:

The Greater Himalayas Foundation provides the **Mingma Norbu Sherpa Memorial Scholarship,** an initiative that pays tribute to the esteemed legacy of Mingma Norbu Sherpa. The foundation provides annual scholarships to deserving students who have successfully completed their School Education Examination (SEE) at Khumjung Secondary School. Nine students (6 girls and 3 boys) have been selected for this year's scholarship to pursue their high school level (grade 11 & 12) education in Kathmandu. The details of the students are given in the following table 8.

Dr. Tshering Wangdi Sherpa Scholarship:

Dr. Tshering Wangdi Sherpa, originally from Namche is currently residing in the United States. Dr. Sherpa who initially received scholarship from the Himalayan Trust significantly transformed his life. Filled with deep respect for Sir Ed and his enduring legacy, Dr. Sherpa now seeks to express his gratitude by giving back to the Himalayan Trust.



The Greater Himalayas Foundation supported students.

Table 8 | Mingma Norbu Sherpa Memorial Scholarship Status 2024/25

S.N.	Name of Student	Gender	Subject	Status
1	Ngima Yanji Sherpa	Female	Diploma in Dental Hygienist	Awarded in 2023 and ended in May 2025.
2	Pemba Chhutin Sherpa	Female	Science (Biology)	Awarded in 2023 and ended in May 2025.
3	Chhering Chutin Sherpa	Female	Science (Biology)	Awarded in 2023 and ended in May 2025.
4	Tashi Phinjo Sherpa	Male	Science (Physics)	Awarded in 2023 and ended in May 2025.
5	Da Phuti Sherpa	Female	Management (Computer Science)	Awarded in 2023 and ended in May 2025.
6	Mingma Tshering Sherpa	Male	Management (Hotel Management)	Awarded in 2023 and ended in May 2025.
7	Ngawang Sherpa	Male	Management (Computer Science)	Awarded in 2023 and ended in May 2025.
8	Sherap Jangmu Sherpa	Female	Science	Awarded in 2024 and continuing.
9	Pasang Tshering Sherpa	Male	Management	Awarded in 2024 and continuing.
10	Tashi Yangjum Sherpa	Female	Science	Awarded in 2024 and continuing.
11	Fura Tashi Sherpa	Male	Management (Hotel Management)	Awarded in 2024 and continuing.
12	Pasang Kanchi Sherpa	Female	Science	Awarded in 2024 and continuing.
13	Lhakpa Phuti Sherpa	Female	Management	Awarded in 2024 and continuing.
14	Phurba Yangjee Sherpa	Female	Science	Awarded in 2024 and continuing.
15	Tashi Finjo Tamang	Male	Management (Hotel Management)	Awarded in 2024 and continuing.
16	Fura Yangji Sherpa	Female	Management (Hotel Management)	Awarded in 2024 and continuing.

Pasang Nuru Sherpa and Tshering Tenzing Sherpa have been successful to receive Dr. Tshering Wangdi Sherpa Scholarship for 2024. Both of the students graduated SEE from Khumjung Secondary School and are pursuing their high school level education in Science stream in Kathmandu. Dolma Tshering Sherpa and Lhakpa Doma Sherpa who have been successful to receive the scholarship for 2023 have passed out. Dr. Sherpa has been funding the scholarship annually through The Greater Himalayas Foundation to HTN.

On 27 February 2025, an interaction meeting was held between the scholarship beneficiary students, chairperson of The Greater Himalayas Foundation (TGHF), Phurba Sona Sherpa, and HTN representatives in its office. The main objective of the interaction was to introduce TGHF supported students with the chairperson and discuss the usefulness of the scholarship programme, seek student's personal experiences and interests.

Louise and Belinda Hillary Memorial Scholarship:

Three female students Dawa Yangjee Sherpa, Sajina Bastola, and Yeeshi Tshering Sherpa have been awarded The Louise and Belinda Hillary Memorial Scholarship. The grant funding for the scholarship has been generously supported by the Sir Edmund Hillary Stiftung, Germany. The foundation has been supporting the education of female students. The details are as shown in the Table 9 below:

Table 9 I Louise and Belinda Hillary Memorial Scholarship

S.N.	Name of student	Gender	Subject	Status
1	Ang Chhechi Sherpa	Female	Bachelor in Business Administration (BBA)	Passed Out
2	Sophi Rai	Female	Chartered Accountant (CA)	Passed Out
3	Pasang Jangmu Sherpa	Female	Staff Nurse	Passed Out
4	Pasang Maya Sherpa	Female	Bachelor in Business Studies	Awarded in 2022 and continuing.
5	Anisha Ghimire	Female	Bachelor Dental Surgery	Awarded in 2023 and continuing.
6	Fura Lhamu Sherpa	Female	Bachelor in Education (English major)	Awarded in 2022 and continuing.
7	Pasang Yangzi Sherpa	Female	Bachelor in Information Technology	Awarded in 2022 and continuing.
8	Nima Futi Sherpa	Female	Bachelor in Business Administration (BBA)	Awarded in 2023 and continuing.
9	Esmita Magar	Female	Bachelor of Arts – Bachelor of Legislative Law (BALLB)	Dropped Out
10	Lamdiki Sherpa	Female	Bachelor in Nursing	Awarded in 2023 and continuing.
11	Pratima Magar	Female	Bachelor in Computer Application	Awarded in 2023 and continuing.
12	Susma Rai	Female	B.Sc. Science	Awarded in 2024 and continuing.
13	Lhakpa Dolma Sherpa	Female	Chartered Accountant (CA) and Bachelor in Business Studies	Dropped Out
14	Tashi Yangzum Sherpa	Female	10+2 (Science)	Awarded in 2024 and continuing.
15	Soni Lama Sherpa	Female	10+2 (Education)	Awarded in 2024 and continuing.
16	Dawa Yangjee Sherpa	Female	Management (Computer Science)	Awarded in 2024 and continuing.
17	Sajina Bastola	Female	Bachelor in Civil Engineering	Awarded in 2024 and continuing.
18	Yeeshi Tshering Sherpa	Female	Bachelor of Arts and Bachelor of Law (BALLB)	Awarded in 2024 and continuing.



Dawa Yangjee Sherpa



Sajina Bastola



Yeeshi Tshering Sherpa

The Benoit Chamoux Foundation Scholarship:

Fabienne Clauss from Switzerland and her foundation – The Benoit Chamoux Foundation (BCF), has been providing scholarships for the education of children who have lost their fathers in mountaineering expeditions both at the school and college levels. This foundation has played a crucial role in shaping the lives of these students, enabling many of them to successfully complete their studies in their chosen fields and secure employment. To date, the foundation has supported over 40 students

The annual picnic programme for students, supported by the BCF was organized at Chhahari Retreat in Budhanilkantha on 9th November 2024. Fabienne Clauss, the founder of BCF, along with her friend Beatrice Du Sordet, engaged in meaningful interactions with the students and





BCF annual picnic programme conducted on 9 November 2024.



Fabienne Clauss and. Beatrice Du Sordet with HTN board members

their parents. The event was attended by 32 participants, including students, parents/guardians, HTN staff, and the former CAOs of HTN Ang Rita Sherpa and Pasang Lama Sherpa.

The status of students supported by the Foundation in the last fiscal year is shown in the following Table 10:

Table 10 | Benoit Chamoux Foundation Scholarship

S.N.	Levels	No. of students		Total
		Male	Female	
1	School	3	1	4
2	Grade 11 & 12	1	0	1
3	Bachelor	1	2	3
Total		5	3	8

Naulekh Foundation Scholarship:

Every year, the Naulekh Foundation in Switzerland sponsors children who have completed their primary school education from Poiyan School through HTN. Presently, there are 25 students (Male 16 and Female 9) studying at the Mahendra Jyoti Secondary School in Chaurikarkha, and their hostel expenses are covered by the Foundation. In addition, a total of 22 students, including 196 males and 6 females, are pursuing their high school and bachelor's level studies with the scholarships provided by the Foundation, as illustrated in Table 11.

Table 11 | Naulekh Foundation Scholarship

S.N.	Levels	No. of students		Total
		Male	Female	
1	Grade 11 & 12	6	4	10
2	Bachelor	10	2	12
Total		16	6	22

The **Naulekh Foundation Scholarship** has been awarded to seven new students (Table 12) who have completed their SEE from Mahendra Jyoti Secondary School, Chaurikharka to pursue high school and bachelor level studies. The scholarship grant assistance has been generously supported by Naulekh Foundation, Switzerland.

Table 12 | The details of the newly selected students are as follows:

S.N.	Name of Student	Gender	Subject
1	Sonam Dolma Sherpa	F	Science
2	Mingma Chechi Sherpa	F	Management
3	Sonam Sherpa	M	Hotel Management
4	Chongba Sherpa	M	Hotel Management
5	Namila Kulung Rai	F	Diploma-Health Science
6	Dilu Rai	M	Bachelor in Education
7	Tenzing Tashi Sherpa	M	Bachelor in Business Studies



Naulekh Foundadion Supported Students.

Nepal Kinderhilfe Germany Scholarship:

Nepal Kinderhilfe is a non-profit organization based in Germany with a profound mission to provide support for education for underprivileged

children in Nepal ranging from primary to high school level. Since April 2021, HTN has been overseeing their activities in Nepal which has made a significant stride in fulfilling their mission. This comprehensive scholarship programme has positively impacted the lives of over 100 students.

The table 13 illustrates the status of children supported by the organization over the last fiscal year:

Pasang Yangjen Tamang from Rasuwa has been awarded the **Nepal Kinderhilfe Scholarship** to pursue a Bachelor's degree in Business Administration (BBA) at Malpi International College in Chakrapath, Kathmandu. The scholarship grant assistance has been generously supported by Nepal Kinderhilfe e.V. which has also funded her education up to the high school level. The Nepal Kinderhilfe Scholarship has expanded to include ten new scholarship recipients shown in table 14.

Table 13 | Nepal Kinderhilfe Germany Scholarship

S.N.	Levels	No. of students		Total
		Male	Female	
1	School	26	48	74
2	High school (10+2)	6	14	20
3	Bachelor	0	2	2
4	New commitment	3	7	10
Total		**36**	**71**	**107**

Table 14 | The details of the newly selected students are as follows:

S.N.	Name of Student	Gender	Class
1	Tshering Dawa Tamang	M	1
2	Sonam Choekyi Tamang	F	2
3	Hishi Choden Sherpa	F	3
4	Tenzin Hitto Tamang	F	3
5	Rehan Tamang (Lama)	M	6
6	Pasang Chhomo Tamang	F	6
7	Dawa Dolma Tamang	F	8
8	Lari Chhomo Tamang	F	9
9	Kesang Choden Tamang (Lama)	F	9
10	Mingmar Tamang	M	Plus 2



Pasang Yangjen Tamang with her mother.



New scholarship recipients of Nepal Kinderhilfe Germany

Mountain Disaster Relief Education Support (MDRES) Scholarship

The MDRES Scholarship is awarded to the children of individuals who lost their lives in the 2014 Everest avalanche. The American Himalayan Foundation supports in the education of three students (two male and one female), while the Himalayan Trust New Zealand has been providing funding for the education of four students (one male and three females) since 2014. One female student passed grade 12 under HTNZ support this year. This support extends the student's education all the way through high school.

Diane McKinnon Scholarship

Diane McKinnon from New Zealand has been supporting for education of seven students (two male and five female) through HTN.

David Smith Scholarship

David Smith's assistance through HTN has benefitted several underprivileged and orphaned children enabling them to attend school and providing basic necessities like food and clothing, significantly improving their quality of life. The support has benefitted 10 underprivileged students comprising of 4 males and 6 females.

Dalit Girls Scholarship

The Dalit Girls Scholarship is a new category of scholarship formed in 2023 which is intended for female students who belong to scheduled caste of Solukhumbu district. This year, the scholarship has been awarded to six female students. The grant for the scholarship has been funded by Jill Ford through The Gift Trust New Zealand. The support has benefitted four underprivileged female students whose details are shown as given in table 15.

The Sir Edmund Hillary Foundation Scholarship

Five students: Bhakti Raj Rai, Jiban Biswakarma, Phura Chamaji Sherpa, Ms. Chhiring Yangji Sherpa, and Sharmila Biswakarma have been awarded scholarships under two different categories. Rai who received the scholarship in the previous fiscal year, and Biswakarma, selected this fiscal year, have been granted the medical scholarship to pursue a four-year Bachelor of Medicine and Bachelor of Surgery (MBBS) degree. This scholarship is funded by Kunde Kaps through the Sir Edmund Hillary Foundation, Canada.

Table 15 | Recipients of Dalit Girls Scholarship

S.N.	Name of student	Gender	Subject	Status
1	Elisha Bishowkarma	Female	Management (Computer Science)	Awarded in 2023 and ended in May 2025.
2	Romika B.K.	Female	Science (Biology)	Awarded in 2023 and ended in May 2025.
3	Tara Bishwakarma	Female	Diploma in Lab Technician	Awarded in 2023 and continuing.
4	Puja Bishowkarma	Female	Diploma in Civil Engineering	Awarded in 2023 and continuing.
5	Jenisha Bishwakarma	Female	Science	Awarded in 2024 and continuing.
6	Sharmila Bishwakarma	Female	Business Management (Economics)	Awarded in 2024 and continuing.
7	Sujata Bishwakarma	Female	Computer Science	Awarded in 2024 and continuing.
8	Binita Ruchal	Female	Computer Science	Awarded in 2024 and continuing.
9	Sarita Bishwakarma	Female	Diploma in Ophthalmology	Awarded in 2024 and continuing.
10	Mamata B.K.	Female	Diploma in Lab Technology	Awarded in 2024 and continuing.

Meanwhile, the three female students have been awarded the Sir Edmund Hillary Foundation –ECD Scholarship to pursue a one-year Post Graduate Diploma in Early Childhood Education and Development (ECED) course at the Early Childhood Education Centre Pvt. Ltd. in Kathmandu. This scholarship grant has been generously supported by the SEHF, Canada.



Jiban Biswakarma



Phura Chamaji Sherpa

Scholarship Orientation Programme

HTN organized an orientation programme for various scholarship recipient students in the academic year 2024/25 on 28 September 2024. The orientation aimed to equip scholarship recipients with important information about Himalayan Trust, the specific scholarships they had received, its terms and conditions, duration, and the requirements they must fulfil to maintain eligibility. Additionally, the event included discussions on effective study strategies and time management, empowering students to make the most of their educational opportunities.



Chhiring Yangji Sherpa



Sharmila Biswakarma



Sir Edmund Hillary Memorial Scholarship Recipients



Mingma Norbu Memorial and Dr. Tshering Wangdi Sherpa Scholarship Recipients



The Mary Lowe Scholarship Recipients



The Dalit Girls Scholarship Recipients



Scholarship Orientation Programme



2.3.5 Teaching Materials Support to Schools

HTN through the funding support of New Zealand International Development Cooperation and HTNZ provides teaching materials to a total of 101 schools annually across Solukhumbu, Dolakha and Okhaldhunga districts. These materials include a range of items such as teacher and student attendance registers, exam copies, A4 papers, pens, pencils, exercise copies, drawing papers, record files, envelopes, glue sticks, board markers, tapes, white boards as well as sports items like footballs and volleyballs. The details of the teaching materials are given in Annex 7.

The HTN education team successfully distributed the teaching materials to different schools from April 20 to 27, 2025. For the Khumjung cluster, the teaching materials were airlifted from Phaplu to Syangboche, and schools collected them from there. Whereas, teaching materials for Chaurikharka and Kharikhola clusters were transported by road. Distribution in the Kharikhola and Juving area were carried out by Deepa Niraula and Sangita Rai.

Bishnu Rayamajhi and Srijana Thapa jointly led the distribution of teaching materials to 18 schools in Mapya Dudhkoshi Rural Municipality, one school in Thulung Dudhkoshi Rural Municipality, and 30 schools in Solududhkunda Municipality.

The deputy chairperson of Likhupike Rural Municipality, Ngawang Lhakpa Sherpa, received the teaching materials for six schools in the rural municipality and handed them over to the respective schools.

HTN teacher trainers, Ishworman Rai and Gita Lama, distributed teaching materials and sports items to 11 schools in Mahakulung and 13 schools in Sotang Rural Municipalities. They also handed over the child-friendly furniture of Panchakanya and Pathibhara Basic Schools in Sotang.

These teaching materials provided have played a significant impact on the functioning of the community schools in rural Solukhumbu, effectively reducing the financial burden on parents and the school administration.



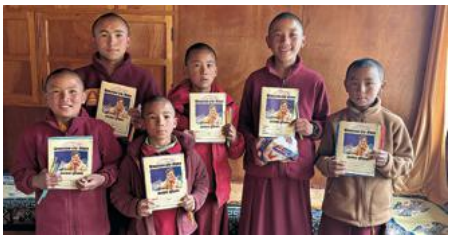
Teaching materials packaging at the Trust office in Dillibazar.



Education Field Officer, Bishnu Rayamajhi handing over the teaching materials to schools.



LIL Field Officer, Srijana Thapa handing over teaching materials to schools.



Monks of Thame Monastery School after receiving the teaching materials.



Education Training Officers, Deepa Niraula and Ms. Sangita Rai handing over teaching materials.



SMC chair of Rolwaling Monastery School received the teaching materials at the Trust office.



LIL Field Officer, Gita Lama handing over furniture.



Education Training Officer, Ishworman Rai handing over teaching materials at Sotang.

2.3.6 Computer Lab Support in Schools

The establishment of computer labs in community schools of Solukhumbu is a significant project implemented through the collaboration of EduTech Nepal, Himalayan Trust New Zealand, and HTN. Since 2018, HTN, in partnership with EduTech Nepal and School Management Committees, has been installing computer labs in schools throughout the Solukhumbu district. From the year 2022/23, HTNZ has shared the fifty percent of the total cost of computer purchases with EduTech Nepal. HTN coordinates with Solukhumbu schools, government organizations, and supporting partners to ensure smooth implementation. The labs are jointly funded by EduTech Nepal and Himalayan Trust New Zealand in partnership with respective schools.

a. Computer Lab Monitoring Visit

HTN Computer Lab Monitoring Officer, Nava Bahadur Bhujel, visited Kharikhola Secondary School, Dudhkoshi Basic School, Bumburi, Juving Secondary School, Janakalyan Basic School in Hatemu, Saraswati Basic School in Phuleli, and Taksindu Secondary School from 10 to 17 September 2024. The objective of the visit was to monitor and provide support for effective use of computer labs. The visit also focused on collecting data for new computer lab establishments and providing orientation to new teachers on the effective use of the labs.



Computer lab maintenance and orientation at Dudhkoshi Basic School.



Computer lab system update at Juving School.



Computer lab orientation at Saraswati Basic School, Phuleli.



Computer lab cloning and observation at Taksindu Secondary School.

b. Tripartite MoUs Signed for New Computer Labs

On 17 December 2024, tripartite Memorandum of Understanding (MoUs) were signed between HTN, EduTech Nepal, and eight schools from Solukhumbu and Khotang districts at the HTN office in Dillibazar. The selected schools for this year's computer lab installation are as follows:

1. *Himganga Secondary School, Chaulakharka, Solukhumbu*
2. *Buddha Secondary School, Goli, Solukhumbu*
3. *Rampur Secondary School, Kaku, Solukhumbu*
4. *Namlung Secondary School, Hunga, Solukhumbu*
5. *Thekchen Pema Chholing Gonpa Community Primary School, Salleri, Solukhumbu*
6. *Tengboche Monastery School, Tengboche, Solukhumbu*
7. *Pema Chholing Basic School, Ghat, Solukhumbu*
8. *Makpa Secondary School, Aiselukharka, Khotang*

The establishment of these new computer labs were made possible through the generous funding support of Mike and Sheryl Chisholm's initiatives under EduTech Nepal and Himalayan Trust New Zealand, in partnership with the respective schools.

The main goal of this initiative is to transform education through technology. With the addition of these new computer labs, the total number of labs established in the Solukhumbu and Khotang districts now stands at 51.






Glimpses of Tripartite MoU signing at the Trust office.

C. Computer Lab Installation in Schools

HTN, in partnership with EduTech Nepal, set up computer labs at Pema Chholing Basic School, Ghat and Tengboche Monastery School, Tengboche on 4 and 7 March 2025 respectively. The computer lab of Makpa Secondary School located in Aiselukharka Rural Municipality Ward No. 7, Khotang was installed on 27 March 2025.

Similarly, HTN set up computer labs at Hunga Secondary School, Namlung on 5 April, Rampur Secondary School, Kaku and Thekchhen Pema Chholing Monastery School, Salleri on 7 April, Buddha Secondary School, Goli on 21 April and Himganga Secondary School, Chaulakharka on 22 April. The labs are jointly funded by EduTech Nepal and Himalayan Trust New Zealand in partnership with respective schools. HTN's Computer Lab Monitoring Officer, Nava Bahadur Bhujel and Aman Das from EduTech Nepal facilitated the installation of labs.

In addition, a new computer lab was installed in Janakalyan Basic School in Mapya Dudhkoshi Rural Municipality ward no. 1 with technical support from HTN on 18 May 2025. The lab was supported by individual donors Denis, Donna, Grace Tocker, and other friends from New Zealand.



Computer lab installed in Janakalyan Basic School, Hatemu.



Computer lab installed in Pema Chholing Basic School, Ghat.



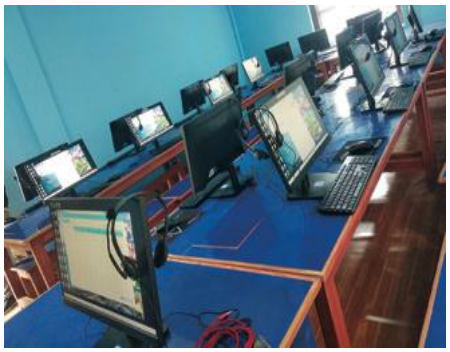
Computer lab installed in Tengboche Monastery School, Tengboche.



Computer lab installed in Makpa Secondary School, Khotang.



Computer lab installed in Hunga Secondary School, Namlung.



Computer lab installed in Himganga Secondary School, Chaulakharka.



Computer lab installed in Thekchhen Pema Chholing Monastery School, Salleri.



Computer lab installed in Rampur Secondary School, Kaku.



Computer lab installed in Buddha Secondary School, Goli.

d. Teacher's Professional Skill Development Training

A three-day teacher's professional skill development training for computer teachers of KPLRM was successfully completed from 9 to 11 March 2025 at Mahendra Jyoti Secondary School in Chaurikharka. 15 participants from nine different schools participated in the training. The training was organized by HTN in collaboration with EduTech Nepal and in coordination with KPLRM. The main objective was to strengthen teacher's capacity to operate the computer labs effectively for teaching and learning activities in the community schools.



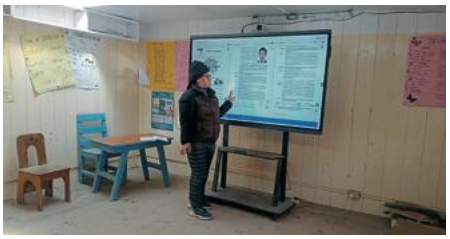


Three-day teacher's professional skill development training held in Mahendra Jyoti Secondary School.

2.3.7 Small Grant Support

Every year, HTN collects small grant petitions from the community and schools. These petitions are thoroughly reviewed and decisions are made in the executive committee meeting of January 11. The provision of small grants is a crucial component of the Quality Education Programme in Solukhumbu, generously funded by the New Zealand International Development Cooperation and Himalayan Trust New Zealand. The specific details of the small grants that were approved are given in the table 16 below:

HTN provided financial support for the procurement of smart boards for Khumjung, Junbesi and Mahendra Jyoti Secondary Schools, as well as Himalaya Basic School, Namche, and Lukla Basic School. The smart boards have been successfully installed in classrooms at Khumjung, Junbesi, Namche, Chaurikharka, and Lukla Schools.





Khumjung Secondary School, Khumjung.



Junbesi Secondary School, Junbesi.



Himalaya Basic School, Namche.



Smart board installed in Class 10 at Mahendra Jyoti Secondary School, Chaurikharka.



ECD classroom set-up in Yuba Barsa Basic School, Monjo.



Siddhakali Basic School, Khuskum.



Janakalyan Basic School, Hatemu.

Table 16 | Details of small grant support

S.N.	Project Description	Location	No. of Students/ beneficiaries	Grant Amount
1	Janakalyan Basic School, Hatemu – classroom windows repair and maintenance	Mapya Dudhkoshi–1, Juving (Hatemu)	35	200,000
2	Yuba Barsa Basic School, Monju – ECD classroom management (carpet, foam, furniture, and attached bathroom)	KPLRM – 3, Monju	25	500,000
3	Siddhakali Basic School, Khuskum – 3 school building repair	Mapya Dudhkoshi – 3, Khuskum	26	200,000
4	Junbesi Secondary School, Junbesi – Smart board for grade 8, 9 and 10	Solududhkunda Municipality – 2, Junbesi	100	360,000
5	Himalaya Basic School, Namche – 3 smart boards for grade 6-8.	KPLRM– 5, Namche	220	190,000
6	Lukla Basic School, Lukla – 4 smart board	KPLRM– 2, Lukla	369	180,000
7	Mahendra Jyoti Secondary School, Chaurikharka – 3 smart board	KPLRM– 3, Chaurikharka	300	180,000
8	Khumjung Secondary School – 2 piece 75" smart board	KPLRM – 4, Khumjung	265	190,000
Total Grant Amount				**2,000,000**

Similarly, Siddhakali and Janakalyan Basic Schools in Mapya Dudhkoshi Rural Municipality received grants for classroom improvements. Yuba Barsa Basic School in Monjo also received small grant to set-up an ECD classroom with an attached toilet.



Tharting Gumba Basic School in Nalidanda.



Refurbished ECED classroom.

2.3.8 Support to Saraswati Basic School and Tharting Gumba School

HTN, with funding from Light for Kids, Germany, continues the day meal programme for 18 students and 6 teachers/staff at Saraswati Basic School in Hill.

On 9 February 2025, HTN team led by Chairperson, Pasang Dawa Sherpa, handed over a two-room child-



Child-friendly tap stands built at the school.



Project handing over ceremony at Tharting Gumba School in Nalidanda, Okhaldunga.

friendly toilet, a drinking water supply system, and classroom improvement project to Tharting Gumba Basic School, located in Siddhicharan Municipality-6, Nalidanda in Okhaldhunga. The improvements included carpeting, cushions, mattress, low desks for the ECED room, and desk-bench sets for grades one and two. The project was funded by Light for Kids, Germany.

2.3.9 Sotang Hostel Construction Project

HTN with funding support from the Grand Circle Foundation (GCF), USA and Sotang Rural Municipality, is constructing a new hostel building at Birendra Jyoti Secondary School (Second Phase) in Sotang. As of now, the construction work is taking place smoothly and the upper plinth level work has been completed.







Hostel constration side in Sotang.

2.3.10 Sir Ed Visitor Centre in Khumjung

HTN has installed five information boards about Sir Ed Visitor Centre in the Khumbu region. These boards, have been placed along the Everest trekking route thereby providing valuable information about Kunde hospital, Khumjung monastery, Khumjung School, and Sir Edmund Hillary Visitor Center.



A tourist viewing the information board.

Sir Ed Visitor Centre Awarded

The New Zealand Architecture who designed Sir Edmund Hillary Visitor Center at Khumjung High School, Rick Pearson, received the International Award for Architecture. This incredible recognition highlights the hard work, dedication, and excellence that went into creating a world-class visitor's centre amidst the majestic Himalayas.

This award is not just an architectural milestone but a testament to the enduring legacy of Sir Edmund Hillary, connecting visitors to his inspiring story and the vibrant culture of the Khumbu region.





Sir Ed Visitor Centre located in Khumjung.



Rick Pearson, the visionary architect behind the design.



Rick Pearson, Alexander Hillary, and Alexa Johnston at the award ceremony.

Sir Ed Visitor Centre Roof Strengthening in Khumjung

The roof restrengthening project of the Sir Edmund Hillary Visitor Centre in Khumjung School has been completed. The steel roofing structure had to be considered after the aluminium roof of the original 1961 classroom building developed as the Sir Edmund Hillary Visitor Center had a leaking problem. Construction materials such as iron trusses, CGI sheets were procured in Kathmandu, transported to Phaplu, then airlifted to Shyangoche and carried to Khumjung School. This project has been implemented with funding support from Peter and Sarah Hillary and Himalayan Trust Nepal.



The foundation being set for the iron truss.



The iron truss being assembled at Khumjung.





The final completed look of the visitor center.

03

HEALTH PROGRAMME

3.1 Introduction
3.2 Objectives
3.3 Activities



3.1 BACKGROUND

Health sector has been one of the major programmes of Himalayan Trust since its inception in the 1960s. Health programme was initiated by Sir Edmund Hillary in the Khumbu region to address some of the endemic health issues such as goitre, tuberculosis, and malnutrition, while also providing primary healthcare services to the local people. In response to these needs, Kunde Hospital was built in 1966.

Initially, the hospital was operated by volunteer doctors from New Zealand and Canada until 2002. Subsequently, the responsibility of managing the hospital was taken over by local doctors. Currently, Dr. Kami Temba Sherpa and Dr. Mingma Kanchi Sherpa, alongside a dedicated team comprising nurses, a Health Assistant (HA), a lab technician, ophthalmic assistant, dental hygienist and a maintainer, efficiently manage the hospital, ensuring professional care and services are provided to the patients.

3.2 OBJECTIVES

- *To provide prompt and quality medical care in the remote mountain region of Khumbu.*
- *To provide public health and primary healthcare services within the Solukhumbu region.*
- *To provide medical services to the densely-populated southern part of Solukhumbu district.*
- *To generate awareness about health, hygiene, and safety among the general public.*

3.3 ACTIVITIES (INPUTS)

The health programme for this fiscal year comprises of eight components, which include the management of Kunde Hospital, Phaplu Hospital, the operation of Namche Dental Clinic, provision of drug support, the management of clinics supported by the Forgotten Sherpas of Nepal Trust, Himalayan Community Institution Health Post (Poiyan), Zero TB in Kids and Family, HIV-PreP and EVOLVE project through Johns Hopkins University and Menstrual Health in Solukhumbu project. Brief details about each component are as follows:

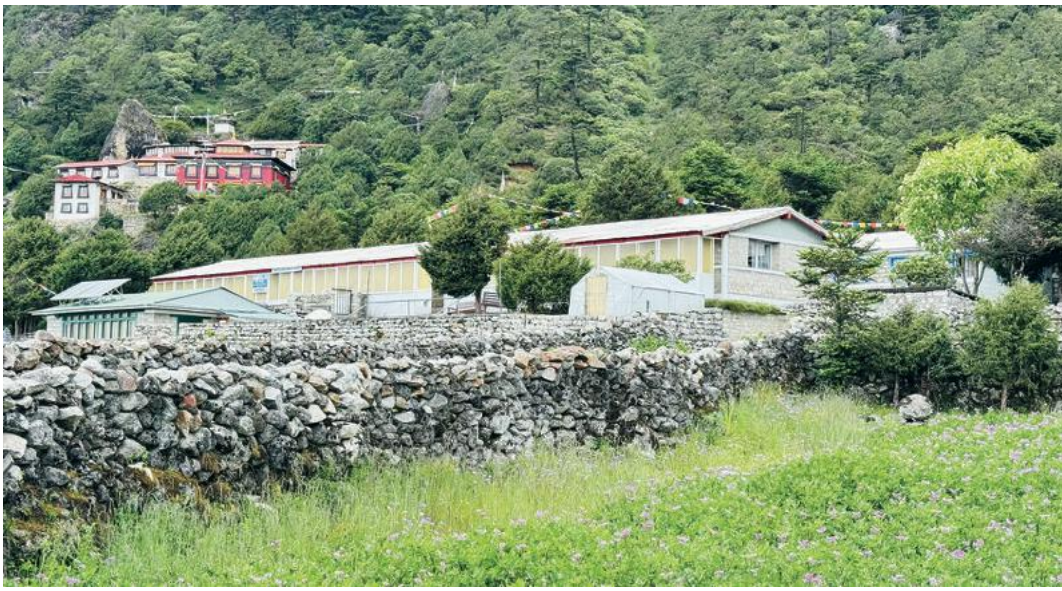
3.3.1 Kunde Hospital

Kunde Hospital, managed by the Himalayan Trust Nepal, has received funding for its operational costs, including peripheral clinics, from various sources. From 1976 to the end of 2017, the Sir Edmund Hillary Foundation of Canada provided full funding. From 2018 to the end of 2020, they covered 80% of the costs, with the American Himalayan Foundation funding the remaining 20%. Since 2021, the American Himalayan Foundation and Himalayan Trust New Zealand covers 50% each.

For over five decades, Kunde Hospital has consistently delivered high-quality healthcare services to the local community and visitors. It serves the communities in Khumbu and the Upper Farak region of KPLRM, specifically wards 3, 4 and 5. The hospital also extends its services to individuals who have migrated to the area for employment, as well as seasonal workers and trekkers.

Over the last fiscal year, Kunde hospital provided healthcare services to approximately 6,691 patients.

The total number of patients visiting Kunde hospital has been increased



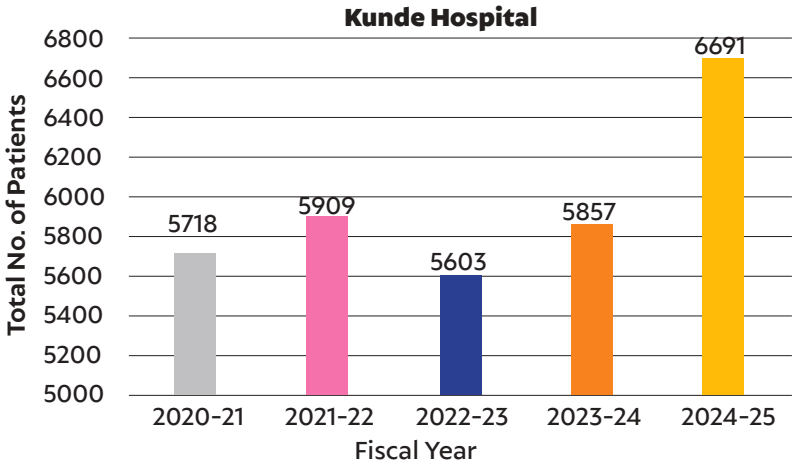
Kunde Hospital

since last three years. This is because of the additional health services provided in the hospital, such as dental and eye care and health camps. These figures highlight Kunde Hospital's ongoing commitment and dedication to delivering accessible healthcare services across its catchment area throughout the year. The following bar graph illustrates the patient numbers over the last five fiscal years.

The Table 18-26 provides a comprehensive breakdown of patient data based on various categories:

Table 17 | Total number of patients includes

S.N.	Departments	No. of Patients
1	Kunde Hospital – Main Clinic	4,021
2	Outreach Clinics (Thame and Phortse Community Clinic)	1,883
3	Kunde Hospital – Dental Unit	289
4	Kunde Hospital – Eye Unit	404
5	Kunde Hospital – Microsurgical Eye Camp	25
6	Kunde Hospital – Endoscopy Camp	69
Total		**6,691**



Patient morbidity from 16 July 2024 to 16 July 2025

Table 18 | Kunde Hospital and Outreach Clinics Attendance by Age and Gender

S.N.	Months	Kunde Hospital				Total	Outreach Clinics (Thame & Phortse)				Total
		Adult		Child/ Adolescents			Adult		Child		
		M	F	M	F		M	F	M	F	
1	Jul/Aug	81	186	52	27	346	61	70	6	10	147
2	Aug/Sep	91	196	45	57	389	134	157	14	7	312
3	Sep/Oct	91	182	34	23	330	79	97	1	-	177
4	Oct/Nov	91	184	31	22	328	81	85	1	1	168
5	Nov/Dec	93	186	65	33	377	60	74	-	-	134
6	Dec/Jan	52	93	43	36	224	24	26	-	-	50
7	Jan/Feb	46	70	8	9	133	13	25	1	-	39
8	Feb/Mar	96	159	100	95	450	55	70	1	-	126
9	Mar/Apr	78	167	42	26	313	69	74	3	1	147
10	Apr/May	120	191	24	28	363	92	88	20	23	223
11	May/Jun	109	177	53	28	367	60	75	25	13	173
12	Jun/Jul	98	204	54	45	401	70	80	18	19	187
Total		**1,046**	**1,995**	**551**	**429**	**4,021**	**798**	**921**	**90**	**74**	**1,883**

a. Outpatients Clinic:

The major types of clinical problems seen daily at both hospital and village clinics are similar to previous years with predominantly infections (respiratory and urinary) followed by non-communicable diseases. Non-communicable diseases (NCDs) are a leading cause of morbidity and premature mortality in the world. Each year, 17 million people die before age 70 due to NCDs globally and 86% of these premature deaths occur in low and middle income countries.

The World Health Organization has identified NCDs as a major public health concern. In Khumbu valley also, the cases of NCDs such as hypertension and diabetes is increasing every year adding further burden while the positive aspect is that there have been no new cases of NCDs like Chronic Obstructive Pulmonary Diseases (COPD). Those patients residing at Kunde, Khumjung and are diagnosed with hypertension and diabetes continue to visit our hospital on monthly basis while those residing in more remote areas continued their follow ups at our outreach clinics (Thame, Phortse). In recent years, increased awareness and health education among the population has contributed to a higher detection rate of NCDs such as hypertension, diabetes, dyslipidaemia, and thyroid disorders. This growing awareness reflects improved health-seeking behaviour in the community, but also highlights the need for strengthened NCD screening, management, and preventive strategies.

Similarly, for NCD-related conditions such as osteoarthritis, the hospital has been providing intra-articular steroid injections to help patients manage pain and improve mobility. This service has proven especially beneficial for elderly patients, allowing them to remain active and more comfortable in their daily lives. The number of patients by disease categories is presented in Table 19.





Dr. Mingma Kanchi Sherpa counselling and examining patients.

- *Other diseases and injuries most commonly include gastritis, burns, insect bites, animal bites, and cut injuries.*
- *Common presenting symptoms include general consideration of pain, headache, cough, dizziness, breathlessness, syncope, fatigue, weakness and abdominal pain that are not fitted in other categories.*
- *General examinations, routine general health check-up and screening includes patients that come for general examinations, follow up check-ups for pre-existing conditions like hypertension on the monthly basis.*
- *This table 19 is taken from Health Management Information System (HMIS), which is designed to assist the decision makers for improving health services effectively.*

Antenatal care and obstetric

Over the past decade, the birth rate in Khumbu region has significantly declined. Although few, all the pregnant women continue to visit the antenatal clinic as scheduled by doctors, ensuring proper monitoring and care throughout the pregnancy.

Kunde hospital has been actively coordinating with the Nepal government since last five years to implement the Aama Program, which promotes antenatal check-ups and institutional deliveries. Through this program, the hospital provides government-funded incentives to encourage maternal health service utilization. In the last fiscal year, three mothers received incentives under the Aama Program for completing at least four antenatal visits and delivering at a health facility, demonstrating continued community engagement in safe maternal care practices. All three were normal deliveries, however, one of the mothers experienced postpartum haemorrhage, but the situation was effectively managed by the medical team, and both mother and baby were discharged in good health.

Table 19 | Kunde Hospital clinic attendances, by disease category:

S. N.	Disease Categories	Female	Male	Total
1	Infectious or Parasitic diseases	7	6	13
2	Communicable vector, water and food borne diseases	39	54	93
3	Sexually transmitted diseases (STD)	-	-	0
4	Infections (Respiratory/urinary)	364	398	762
5	Nutritional and metabolic disorder	10	2	12
6	Skin diseases	100	69	169
7	ENT related infection/disorder	67	72	139
8	Oral and dental health related disorder	21	17	38
9	Eye problem	19	8	27
10	Obstetric and gynecological problems	20	-	20
11	Mental health related problems	21	6	27
12	Cardiovascular & respiratory related problems	11	3	14
13	Orthopedic problems	144	134	278
14	Surgical problems	5	4	9
15	Other diseases and injuries	174	124	298
16	General examination /routine general health checkup/ counseling	1023	613	1636
17	Common presenting symptoms	62	63	125
18	Obstetric, prenatal, postnatal & contraception	307	-	307
19	Childhood immunization	30	23	53
Total		**2,424**	**1,596**	**4,020**

Mothers with previous caesarean deliveries and lowland residents (who may be at higher risk due to altitude) were referred to higher centers for delivery to ensure safety. One case of intrauterine fetal demise (IUFD) at 32 weeks was recorded. The mother had only attended two antenatal visits and was referred to a higher center for further management. All pregnant women are encouraged to attend at least four antenatal check-ups and are given tetanus (TD) vaccinations, folic acid, iron, and calcium supplementation. Also, all are routinely screened for HIV, Hepatitis B and syphilis and ultrasonography is done and timely referral is made if there is a need for specialized or expert care.

Kunde hospital has a service of Basic Emergency Obstetric Care (BEOC) including assisted vaginal deliveries, manual removal of placenta, administration of parenteral drugs, new born resuscitation and referral when needed.

Kunde hospital also provides comprehensive postnatal care which includes three postnatal checkups, early identification and management of maternal and neonatal complications, promotion of exclusive breastfeeding, education on personal hygiene and maternal nutrition, postnatal vitamin A and iron supplementation, postnatal family planning counselling and services. New-born care follows national guideline and includes maintaining warmth (thermal care), cleanliness and hygiene, immediate breast feeding, cord care and eye care, new born resuscitation, if needed. Kunde hospital is also implementing Nyano Jhola Programme in coordination with local government, by providing clothes to new-borns and mothers to ensure warmth and reduce neonatal hypothermia.

Table 20 | Maternal/Child health services provided by Kunde Hospital:

S.N.	Months	Obstetric (delivery)					Referral
		SVD	Retained Placenta	PPH	Prenatal care	Postnatal care	
1	Jul/Aug	1	1	1	10	1	-
2	Aug/Sep	-	-	-	3	-	1
3	Sep/Oct	-	-	-	3	-	-
4	Oct/Nov	-	-	-	4	-	-
5	Nov/Dec	1	-	-	4	1	2
6	Dec/Jan	-	-	-	4	-	-
7	Jan/Feb	-	-	-	6	-	-
8	Feb/Mar	-	-	-	6	-	-
9	Mar/Apr	1	-	-	9	1	-
10	Apr/May	-	-	-	5	-	-
11	May/Jun	-	-	-	6	-	-
12	Jun/Jul	1	-	-	5	1	1
Total		**4**	**1**	**1**	**65**	**4**	**4**

Family planning

Family planning has continued to be one of the most successful preventive and public health programme offered by Kunde hospital and the village health clinics. These services have played a vital role in promoting maternal health, birth spacing, and reproductive autonomy within the community. A range of modern contraceptive methods are available at the hospital, including:

- *Three monthly injectable contraceptives (Depo-Provera injection)*
- *Subdermal implants (Jadelle)*
- *Intrauterine Contraceptive Devices (IUCDs)*
- *Oral contraceptive pills (OCPs)*

All family planning services are provided with counselling and informed choice, respecting the rights and preferences of women. Over the last



Dr. Mingma Kanchi Sherpa performing a Jadelle implant insertion.

fiscal year, around 261 women received contraception facility provided by the Kunde hospital. The number of beneficiaries for each method during the last fiscal year is presented in Table 21 below:

Table 21 I Contraception method given at Kunde Hospital:

S.N.	Months	Contraceptive Services			Total
		Depo-Provera Injection	Jadelle Implant	OCP	
1	Jul/Aug	1	-	1	2
2	Aug/Sep	24	-	1	25
3	Sep/Oct	35	-	1	36
4	Oct/Nov	16	-	-	16
5	Nov/Dec	15	1	-	16
6	Dec/Jan	16	2	-	18
7	Jan/Feb	10	-	-	10
8	Feb/Mar	24	1	-	25
9	Mar/Apr	30	-	-	30
10	Apr/May	18	1	-	19
11	May/Jun	33	-	-	33
12	Jun/Jul	23	8	-	31
Total		245	13	3	261

Immunization

The National Immunization Programme (NIP) is the first priority programme of Government of Nepal, aimed at reducing vaccine-preventable diseases and improving child health outcomes. Kunde hospital has played a pivotal role in supporting this programme, particularly in the upper Khumbu region, and has contributed significantly to Solukhumbu district being declared a fully immunized district.

Previously, the NIP included 14 antigens targeting major childhood diseases such as Tuberculosis, Polio, Diptheria, Pertussis, Tetanus, Hepatitis B, Hemophilus Influenza Type B, Measles, Rubella, Pneumonia, Japanese Encephalitis, and others. In the last fiscal year, the government has introduced the Human Papillomavirus (HPV) vaccine into the national immunization schedule. This marks an important step forward in preventing cervical cancer and improving long-term women's health across the country. As part of this effort, Kunde hospital actively participated in the HPV vaccination campaign, successfully vaccinating school children in the region in coordination with Khumjung School and local health authorities. The number of children who received regular vaccinations is presented in the table 22 below.

Nurse SmajhHA Nirmala Badu vaccinating a baby.ana Basel weighing a baby.



Nurse Smajhana Basel weighing a baby.

Table 22 | Immunization given at Kunde Hospital:

S.N.	Months	Immunization Programme									
		BCG	Rota vaccine	OPV	FIPV	PCV	MR	DPT, HepB, Hib	JE	TD	Vit A
01	Jul/Aug	1	-	-	-	3	3	-	-	2	1
02	Aug/Sep	-	1	-	2	3	2	1	-	2	-
03	Sep/Oct	-	1	2	2	2	3	2	4	2	-
04	Oct/Nov	-	-	-	1	-	2	1	3	2	-
05	Nov/Dec	-	1	-	-	-	2	-	2	-	1
06	Dec/Jan	1	-	1	2	1	2	1	-	-	-
07	Jan/Feb	-	1	1	-	1	2	1	-	-	-
08	Feb/Mar	-	3	3	-	3	-	3	-	2	-
09	Mar/Apr	-	2	1	2	1	-	3	-	4	-
10	Apr/May	-	1	1	2	-	1	1	-	1	-
11	May/Jun	-	1	1	1	2	1	1	-	5	-
12	Jun/Jul	-	2	2	1	2	1	2	-	2	1
Total		2	13	12	13	18	19	16	9	22	3

b. Inpatient and Emergency Services

Kunde hospital is equipped with 15 beds, divided into two wards:

- ***Short Stay Ward (4 beds):*** *Primarily used for emergency cases and patients requiring frequent monitoring and observation.*
- ***Long Stay Ward (8 beds):*** *Mostly utilized during medical camps or for patients requiring extended care.*

Over the last fiscal year, the hospital recorded 26 inpatient admissions and around 60 patients were kept under short-term observation. The hospital's emergency services are available 24/7, with patients presenting at any time, including beyond regular duty hours. Last year, 107 patients were managed in the emergency department after working hours, highlighting the hospital's readiness and commitment to urgent care.



Sister Fura Doma and Samjhana Basel monitoring the patients at long-stay ward.

c. Minor Surgical and Orthopedic Procedures

Kunde hospital also provides basic surgical and orthopedic interventions, including:

- *Wound suturing for lacerations (approx. 15 cases)*
- *Reduction of dislocations – 1 case of shoulder dislocation managed successfully*
- *Application of plaster casts for fractures or injuries (approx. 10 cases)*

These services are essential in managing trauma and minor injuries, particularly in this remote high-altitude region where immediate referral may not always be feasible.

d. Diagnostic Services

Kunde hospital offers a wide range of diagnostic services to support clinical care and improve patient outcomes. The available diagnostic modalities include:

- *Imaging Services: X-ray, Ultrasound (USG), and Electrocardiogram (ECG)*
- *Laboratory investigations: Complete Blood Count (CBC), Blood grouping, Renal Function Test (RFT), Liver Function Test (LFT), Lipid Profile, Thyroid Function Tests (TFT), Blood Sugar and Diabetic Panel (FBS, PPBS, HbA1c), Uric Acid, C-Reactive Protein (CRP), Rheumatoid Factor (RA factor), Troponin I, Serum Electrolyte (Sodium, Potassium), Serum and Stool H. Pylori, Vitamin D, Serology Tests (HIV, HbsAg, RPR), Widal test, AFB and Gram Stain*

All laboratory services are managed by qualified laboratory technologists, ensuring accuracy and reliability of test results. The number of beneficiaries who utilized diagnostic services in the last fiscal year is presented in the table 23.





Lab Technologist, Phurba Tashi working in the lab.

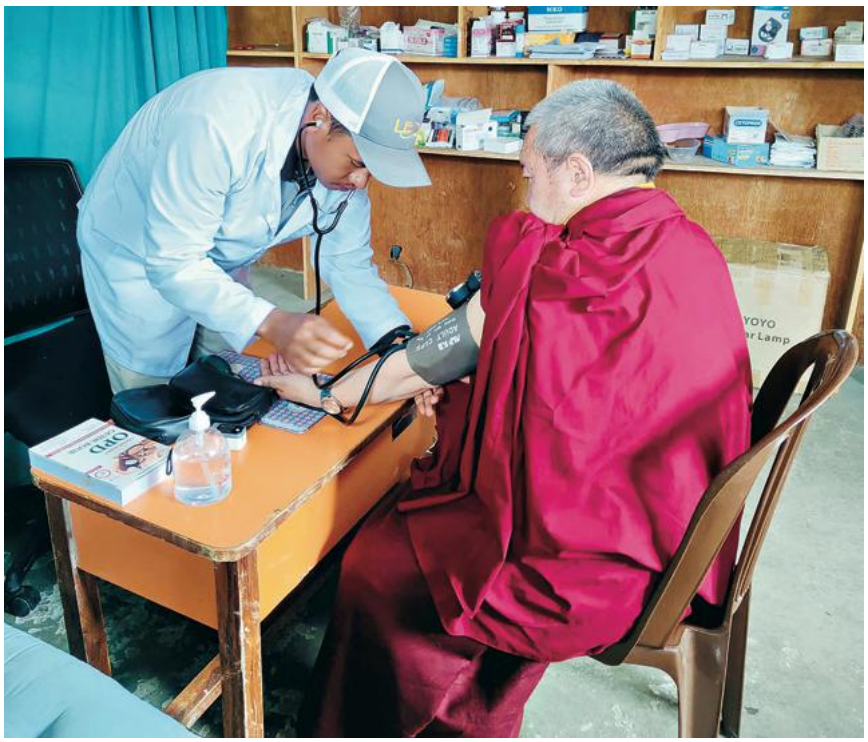
Table 23 | Kunde Hospital – Inpatients, emergency, minor surgery, and diagnostic tests:

S.N.	Months	Admission			Emergency	Minor surgery	Diagnostic test			
		Total	Recovery	Referred			X-ray	USG	ECG	Lab test
1	Jul/Aug	3	2	1	6	2	11	17	5	35
2	Aug/Sep	3	2	1	16	9	31	15	20	44
3	Sep/Oct	1	-	1	8	5	10	8	5	12
4	Oct/Nov	1	-	1	5	5	5	10	2	31
5	Nov/Dec	1	-	1	7	2	6	3	8	19
6	Dec/Jan	-	-	-	4	6	1	5	2	9
7	Jan/Feb	1	1	-	8	2	6	5	1	2
8	Feb/Mar	14	14	-	19	4	14	12	4	30
9	Mar/Apr	-	-	-	10	1	7	4	2	27
10	Apr/May	2	2	2	9	1	8	4	2	77
11	May/Jun	-	-	3	10	5	7	6	2	29
12	Jun/Jul	-	-	4	5	14	8	10	3	24
Total		26	21	14	107	56	114	99	56	339

e. Village Health Clinics

The health village health clinics play a crucial role in delivering primary healthcare and public health services to remote communities in the Khumbu region. Health workers stationed at these clinics are key personnel, especially for providing care to the elderly and mobility-limited populations who are unable to travel to hospital for treatment. Both clinics are currently staffed by health assistants, who ensure continuity of care at the community level. These health workers visit Kunde Hospital once a month to discuss patient cases with the medical team, receive medical supplies, and coordinate follow-up care and referrals as needed.

To strengthen clinical decision-making and overcome geographical barriers, telemedicine services are now being practiced through video consultations between village clinic staff and doctors at Kunde Hospital. This has enhanced access to timely medical advice and improved management of both acute and chronic conditions in remote settings.



HA Milan Milan Magar examining the patient.

Temporary Thame Clinic Facility Set-up

Thame Clinic building was swept away by the devastating flood on 16 August 2024. A temporary clinic facility has been set up in Thameteng, and health services are currently provided from there until a permanent clinic building is constructed.



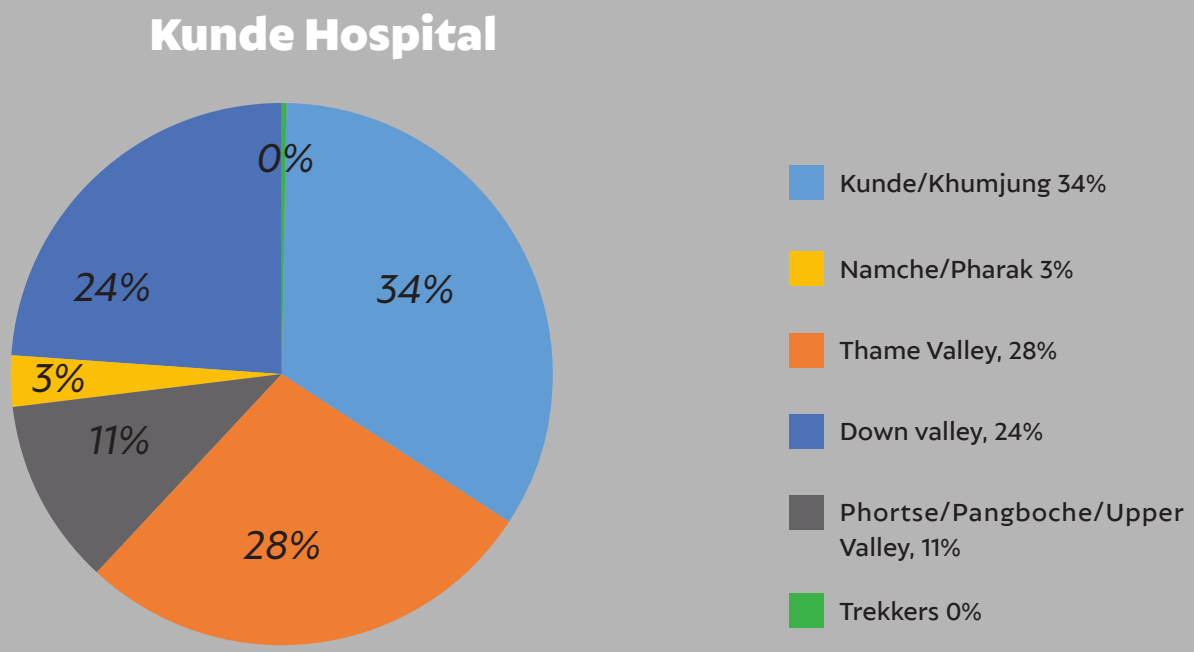
Ram Bahadur Basnet, HA

Health Assistant Hired for Phortse Clinic

Ram Bahadur Basnet has been appointed as a Health Assistant (HA) to run Phortse Clinic, effective from 1 April 2025. This appointment follows the resignation of CMA, Ang Dawa Sherpa in March 2025.

HA, Ram Bahadur Basnet examining patient in Phortse Clinic.

f. Patient by Villages



g. Dental Services

Kunde hospital has been operating a dental unit for the past two years, which is currently managed by a trained dental hygienist. The unit provides essential dental care services, including:

- *Scaling and polishing*
- *Tooth extractions*
- *Dental restorations (fillings)*

The salary for dental hygienist is supported by Dr. Jeffrey W. Phillips, a resident of Silverdale, Washington, USA. In the last fiscal year, approximately 289 patients received dental care services at the hospital. In addition to in-hospital service, dental outreach camps were conducted across KPLRM 1 to 5, benefiting another 423 individuals from remote areas with limited access to dental care. Furthermore,



Dental Hygienist, Bhupendra Chaudhary examining patient in dental unit and during camp.

oral health education sessions were delivered in all schools within KPLRM, focusing on preventive dental care, hygiene practices, and awareness of common oral health issues. These efforts have contributed significantly to improving oral health awareness and access to care in the region.

Dental Camps Organized

The Dental Clinic of Kunde Hospital organized a camp from Kharikhola all the way to Phortse and Pangboche from 4 to 16 September 2024. Dental Hygienist Bhupendra Chaudhary ran the camp and provided oral hygiene awareness to a total of 1,431 individuals, including students, and monks. Additionally, 358 locals – 208 males and 150 females were screened for different dental related problems. Dental procedures such as extractions, consultations/referrals, fluoride treatments, minor repairs of complete dentures were conducted as needed. Toothbrushes and toothpastes were also distributed during the camp.

In Tengboche Monastery, the dental camp was jointly conducted by Dentist Dr. Sampada Bhattarai with the team of the Namche Dental Clinic and Kunde Hospital.

Table 24 | Dental unit attendance by age and sex

S.N.	Months	Kunde Hospital				Total
		Adult		Child/ Adolescents		
		M	F	M	F	
1	Jul/Aug	11	26	1	5	43
2	Aug/Sep	1	5	4	4	14
3	Sep/Oct	11	6	2	3	22
4	Oct/Nov	-	-	-	-	0
5	Nov/Dec	12	13	10	2	37
6	Dec/Jan	8	8	3	5	24
7	Jan/Feb	2	1	-	-	3
8	Feb/Mar	10	11	10	5	36
9	Mar/Apr	13	14	9	5	41
10	Apr/May	11	5	0	2	18
11	May/Jun	7	7	1	10	25
12	Jun/Jul	8	9	4	5	26
Total		**94**	**105**	**44**	**46**	**289**



Dental awareness camp organized about hygiene and importance of brushing teeth at Kharikhola School.



Dental Hygienist of Kunde Hospital examining a patient at Himalayan Sherpa Hospital at Phakding.



Dental awareness camp organized about hygiene and importance of brushing teeth at Lukla School.



Dental camp organized at Janasewa Basic School, Gumela.



Dr. Sampada Bhattarai talking about dental hygiene and importance of brushing teeth at Tengboche Monastery School.



Joint dental camp organized at Tengboche Monastery School.



Dental camp organized at Khumjung Health Post, Pangboche.

h. Eye Care Services

Kunde hospital has been providing eye care services through a dedicated Eye Unit for the past 15 months. The unit is managed by a trained ophthalmic assistant, making primary eye care more accessible to the residents of the Khumbu region. The support for the establishment and management of the eye clinic has been received from the Eyes4Everest, Australia.

One of the key improvements has been the availability of vision correction services, including eye examinations and prescription glasses, allowing locals to obtain glasses without needing to travel to Kathmandu- a major benefit for both convenience and affordability. The eye unit offers the following services:

- *Primary eye care*
- *Screening and management of refractive errors*
- *Provision of corrective eyeglasses*

In addition to regular clinics at the hospital, eye outreach camps have been organized in schools and villages across KPLRM, extending services to underserved populations. Through these camps, around 607 individuals have benefited from eye screenings, referrals and vision correction.

These services have significantly improved eye health access and early detection of vision problems in the region.





Ophthalmic Assistant, Prajesh Dulal examining patient in eye unit and during eye camp.

Table 25 I Eye Unit attendance by age and sex

S.N.	Months	Kunde Hospital				Total
		Adult		Child/ Adolescents		
		M	F	M	F	
1	Jul/Aug	10	33	3	5	51
2	Aug/Sep	3	14	2	1	20
3	Sep/Oct	33	27	7	8	75
4	Oct/Nov	8	12	4	5	29
5	Nov/Dec	8	10	4	3	25
6	Dec/Jan	2	12	-	4	18
7	Jan/Feb	-	-	-	2	2
8	Feb/Mar	10	19	1	3	33
9	Mar/Apr	6	11	0	3	20
10	Apr/May	21	13	5	6	45
11	May/Jun	17	13	7	9	46
12	Jun/Jul	9	19	6	6	40
Total		**127**	**183**	**39**	**55**	**404**






Eye camp screening conducted in Khumbu Pasang Lhamu Rural Municipality .

h. Eye Camps Organized

The Eye Clinic of Khunde Hospital organized eye camps from 4 to 16 September 2024 in the Khumbu Pasang Lhamu Rural Municipality . A total of 551 patients were screened during the camp, including 235 males and 316 females. The primary goal of the camp was to identity cataract patients for surgery. The camp was conducted by Ophthalmic Assistant, Prajesh Dulal from the Kunde Eye Clinic.

i. HPV Vaccine Campaign & Covid-19 Booster Programme

Kunde Hospital actively participated in the HPV vaccination campaign in collaboration with local health authorities, supporting the Government of Nepal's initiative to prevent cervical cancer.

The campaign targeted female schoolchildren aged 10 to 14 years at Khumjung School. A total of 75 girls were successfully vaccinated with the Human Papillomavirus (HPV) vaccine, and all participants received education on cervical cancer prevention and the importance of the vaccination. The campaign aimed not only to provide immunization but also to raise awareness and empower young girls with knowledge about their reproductive health.

In addition, COVID-19 booster vaccinations continued to be provided. The booster campaign helped maintain community immunity and protect against severe illness.

j. Filariasis Survey

Following the review of Filariasis Elimination Program at Phaplu, Kunde Hospital supported the district health authorities by conducting a community-based survey in KPLRM Ward 4. The survey involved visiting all households in the ward to screen for signs and symptoms of lymphatic filariasis.

This initiative aimed to aid in the early detection and surveillance of the diseases in areas and to contribute to national elimination efforts.

As a result of the survey, no individuals were found to have clinical signs of filariasis in the region, indicating no active cases in KPLRM 4 at the time of screening. This is an encouraging sign and supports the ongoing efforts to maintain a filariasis-free status in the area.

k. Birth Defects and Disability Survey

As part of its support for the Government of Nepal's child health and disability prevention programs, Kunde Hospital participated in a survey on birth defects and childhood disabilities among children under the age of five.

The survey was conducted in the Khunde and Khumjung areas, where 14 children below the age of five were examined. No birth defects or physical disabilities were identified during the assessment, which is a positive indicator of early childhood health in the region.

In conjunction with the survey, newly married and young couples in the community were provided with educational pamphlets and counselling regarding the importance of:

- *Folic acid supplementation*
- *Proper diet and nutrition*
- *Preconception care to help prevent birth defects and ensure healthier pregnancies in the future.*

This initiative not only contributed to surveillance and data collection but also supported preventive health education at the community level.

l. Staff Training and Capacity Building

Staff training is essential to enhance skills, refresh knowledge, and ensure the delivery of high-quality health-care services. Continuous professional development also helps staff stay updated with the latest protocols and best practices. In the last fiscal year, Nurse Samjhana Basel participated in two key training sessions.

- *A vaccine refresher training, and*
- *A training on postpartum care for mothers, both organized by the local health authorities*

Likewise, Health Assistant (HA) Nirmala Badu also attended two trainings.

- *Vaccine cold chain maintenance training and*
- *Lymphatic filariasis review program, organized by district health officials.*

These trainings have strengthened the team's capacity to provide effective maternal care, immunization services, and support public health initiatives at the community level.



MR vaccine campaign at Kunde Hospital.

m. Drugs Support to Kunde Hospital

HTN purchased necessary medical supplies including drugs and bedside curtains for Kunde Hospital and transported to the hospital. Likewise, HTN procured blankets, bed sheets, pillows, and pillow covers for patients at Kunde Hospital. HTN procured essential medicines for Kunde Hospital in January 2025.

Additionally, Phurba Tenzing Sherpa from Rolwaling delivered clinical supplies to Himalayan Trust Nepal for Kunde Hospital. The donation was sent from Germany through Dr. Kami Temba's connection.



Drugs and Hospital Necessities for Kunde Hospital.

n. Solar Power System Installation in Kunde Hospital

The devastating flood that struck Thame on 16 August 2024, not only caused widespread destruction but also severely disrupted the power supply across the Khumbu region, including at Kunde Hospital. This interruption posed a serious challenge to the hospital's operations, affecting critical services such as operation of laboratory diagnostic equipment, dental procedures, and eye care machines.

In response, HTN installed a 12KW solar power system at Kunde Hospital to ensure an uninterrupted power supply. This initiative has enabled the reliable operation of essential medical equipment, including laboratory devices, dental tools, and eye care machines, thereby supporting the continued delivery of vital healthcare services. The funding for the procurement and installation of the solar power system has been generously supported by the American Himalayan Foundation.

Thanks to this solar power system, Kunde Hospital was able to provide uninterrupted maternity and delivery services even during a power shortage caused by issues at the KBC intake area.

o. Cataract Surgery Conducted at Kunde Hospital

A two-day microsurgical eye camp was successfully held at Kunde Hospital from 27-28 September 2024. The camp was organized by Kunde Hospital/HTN in partnership with the Tilganga Institute of Ophthalmology. Prior to the camp,







Solar panels installed on the roof of long stay ward in Kunde Hospital.

eye screening was conducted across KPLRM by the hospital's ophthalmic assistant, during which a total of 551 individuals were screened for eye conditions. Following the screening, a team led by Dr. Hom Bahadur Gurung from Tilganga Hospital performed 26 eye surgeries, which included:

- *23 cataract surgeries (9 on male patients and 13 on female patients, one female both eyes)*
- *1 pterygium removal (female)*
- *1 chalazion removal and (female)*
- *1 entropion correction (female)*

This camp significantly improved access to surgical eye care for people in the Khumbu region and helped restore vision and quality of life for many individuals who otherwise had limited access to such services. The camp was funded by the American Himalayan Foundation and Himalayan Trust New Zealand.



Glimpses of the two-day microsurgical eye camp conducted in Kunde Hospital.

p. New Recruitment for Kunde Hospital



Nirmala Badu, Health Assistant

Nirmala Badu has been hired as a Health Assistant (HA) for Kunde Hospital, effective from 1 April 2025.

q. Endoscopy Camp Conducted at Kunde Hospital

A three-day Upper GI endoscopy camp was successfully completed at Kunde Hospital from 19 to 21 May 2025. The camp was conducted under the leadership of Senior Gastroenterologist Dr. Tshering Wangdi Sherpa and volunteers from the Gastroenterology Unit of the Kim International Medical Volunteer Foundation.

Gastric cancer remains one of the most common cancers in the Khumbu region, with at least one patient diagnosed and lost to disease every year. To support early detection and timely treatment, this camp was organized as part of the hospital's proactive cancer screening initiative.

During the camp, a total of 69 endoscopic procedures were performed, including 17 males and 52 females, and biopsies were obtained. Key findings included:

- *1 case of asymptomatic gastric cancer, which was identified early and referred promptly to a higher center for further management.*
- *3 cases of low-grade dysplasia were detected and advised for repeat endoscopy with biopsy after 6 months for reassessment*
- *22 patients tested positive for Helicobacter pylori (H. Pylori), a known risk factor for gastric ulcers and cancer. These patients were treated in a timely manner.*






Glimpses of the three-day endoscopy camp successfully conducted in Kunde Hospital.

This camp has significantly contributed to the early diagnosis of gastrointestinal conditions, potentially preventing complications and improving long-term outcomes for patients in the region.

The camp was organized by Himalayan Trust Nepal in close coordination with Khumbu Pasang Lhamu Rural Municipality and funding support of Himalayan Trust New Zealand and American Himalayan Foundation under the regular support to Kunde Hospital.

r. Medical Service Standard (MSS) Evaluation

Medical Service Standard (MSS) evaluation was conducted in the second week of May 2025 by the health representatives from the District Health office (DHO) and the local government. The evaluation focused on three key areas:

- *Governance and Management Standards,*
- *Clinical Service Management Standards, and*
- *Hospital Support Services Standards.*

The evaluation aimed to assess the overall quality, efficiency, and compliance of services provided by the hospital. The results of the evaluation are summarized in the table 26:

Table 26 | Medical Service Standard (MSS) Evaluation

SUMMARY SHEET (PRIMARY HOSPITALS)			
Hospital Name: Kunde Hospital, KPRM-04, Khunde			
Color Coding Indicator	<50%	White	
	50-69%	Yellow	
	70-84%	Blue	
	85-100%	Green	

Section Number	Section Name	Obtained Percentage 2/10/2081	Obtained Percentage 1/28/2082
SECTION I:	**Governance and Management Standards**		
1.1	Governance	74%	40%
1.2	Organizational Management	73%	46%
1.3	Human Resources Management and Development	74%	26%
1.4	Financial Management	47%	88%
1.5	Medical Records and Information Management	43%	71%
1.6	Quality management	12%	64%
SECTION II:	**Clinical Management**		
2.1	OPD Service	80%	86%
2.2	Immunization and Family planning	88%	100%
2.3	Emergency Service	41%	53%
2.4	ANC and PNC Service	64%	78%
2.5	DOTS clinic	-	50%
2.6	Dressing, Injection and minor procedures (DIRP)	75%	95%
2.7	Pharmacy	53%	80%
2.8	Maternity Services	85%	89%
2.9	Diagnostic and Laboratory Services	68%	83%
SECTION III:	**Hospital Support Services Standards**		
3.1	Clinical Supply Sterile Department (CSSD)	58%	89%
3.2	Laundry	89%	100%
3.3	Housekeeping	60%	93%
3.4	Repair, Maintenance and Power System	33%	83%
3.5	Water Supply	75%	75%
3.6	Hospital Waste Management	38%	87%
3.7	Safety and Security	29%	47%
3.8	Transportation and Communication	25%	25%
3.9	Store (Medical and Logistics)	21%	42%
	Total	**49%**	**63%**

Case Report:
Delayed Anterior Shoulder Dislocation with Radial Nerve Palsy

Background:
Shoulder dislocations are common orthopedic emergencies. Anterior dislocations are most frequent and, when managed promptly, usually result in good outcomes. However, delayed presentations may be complicated by associated nerve injuries, particularly involving the radial nerve. This case highlights the importance of early intervention and the potential for full recovery with coordinated care and rehabilitation.

Case Summary:
A 72-year-old male presented to Kunde Hospital with pain and deformity of the right shoulder, one week following trauma sustained under alcohol influence. The injury occurred while returning home from a hearing camp, during which the patient was noted to be walking with his right arm hanging loosely and striking it against objects. Although pain and visible deformity were noted at home, the patient did not seek immediate medical attention. Instead, proxy visited Thame clinic to request pain medications. A health worker in Thame clinic suspected shoulder dislocation and referred the patient to Kunde hospital for further evaluation.

Upon presentation at Kunde (7 days post-injury), examination revealed shoulder deformity, intact peripheral pulses, inability to move fingers, and burning sensation in the forearm and hand. An X-ray confirmed anterior dislocation of the right shoulder without associated fracture.

Management:
- *Closed reduction of the shoulder was performed under midazolam sedation*
- *The procedure was challenging due to the delayed presentation*
- *Post-reduction, the shoulder was immobilized with tape and later with an arm sling*
- *The patient was prescribed gabapentin and NSAIDs, and passive range of motion exercises were initiated*
- *At 3-day follow-up, wrist drop and sensory loss in the radial nerve distribution were noted, consistent with radial nerve palsy*

Follow-up and Outcome:
At 3 months, only slight neurological improvement was noted, and the patient was referred to higher center in Kathmandu. After undergoing structured physiotherapy and rehabilitation, the patient achieved full functional recovery by 6 months, with complete resolution of wrist drop and restoration of motor and sensory function.

Conclusion:
This case demonstrates the potential complications associated with delayed management of shoulder dislocations, including nerve injury. However, it also emphasizes that, with appropriate referral, rehabilitation, and follow-up, even delayed nerve palsy can resolve successfully.

3.3.2 Phaplu Hospital
Phaplu Hospital, located in Solududhkunda Municipality-4 in Solukhumbu district, was officially handed over to the government of Nepal by the Himalayan Trust in 1985, making it the only district hospital under governmental administration. Despite this transition, HTN has continued its support to ensure the hospital's regular operations.

Starting from January 2024, HTN has been providing the salary of an MDGP doctor. HTN will continue to support the district hospital by covering the partial salary support of an MDGP doctor through the funding support of The Sir Edmund Hillary Stiftung Germany.

General OPD Services:
The Phaplu hospital treated a total of 12,765 patients in the last fiscal year, including 7,287 females and 5,478 males. Detailed data of patients treated through general OPD services are shown in table 27:

Table 27 | Phaplu Hospital - General OPD Services:

S.N	Months	0-9 years		10-19 years		20-59 years		>60 years		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul 16-Aug 16	93	94	62	65	499	275	111	115	765	549
2	Aug 17-Sep 16	74	102	66	82	486	224	125	85	751	493
3	Sep 17-Oct 16	80	76	70	54	406	196	86	88	642	414
4	Oct 17-Nov 15	77	40	117	180	292	194	78	64	564	478
5	Nov 16-Dec 15	79	144	82	53	438	217	110	102	709	516
6	Dec 16-Jan 13	42	67	63	60	374	216	104	102	583	445
7	Jan 14-Feb 12	15	39	26	17	101	62	26	20	168	138
8	Feb 13- Mar 13	67	114	51	55	339	195	79	99	536	463
9	Mar14-Apr 13	71	102	54	42	343	216	136	108	604	468
10	Apr 14-May 14	41	65	51	44	334	194	101	103	527	406
11	May 14-June 14	77	101	37	111	442	228	142	110	698	550
12	June 15-July 16	87	103	65	85	455	231	133	139	740	558
Total										**7287**	**5478**
Grand Total										**12,765**	

Emergency Services:

The hospital provides round-the-clock emergency services outside of OPD hours. During the fiscal year 2024/25, emergency services were provided to 2,854 patients, including 1,341 females and 1,513 males. The number of patients who received emergency services are provided in the following table 28.

Table 28 | Phaplu Hospital - Emergency Services:

S.N.	Month	0-9 years		10-19 years		20-59 years		>60 years		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul 16-Aug 16	24	39	16	24	59	64	13	23	112	150
2	Aug 17-Sept 16	26	37	19	22	62	63	28	23	135	145
3	Sept 17-Oct 16	25	31	21	8	66	75	20	21	132	135
4	Oct 17-Nov 15	24	39	14	14	56	78	18	22	112	153
5	Nov 16-Dec 15	22	34	32	25	51	70	15	15	120	144
6	Dec 16-Jan 13	22	21	10	19	43	56	18	29	93	125
7	Jan 14-Feb 12	16	20	13	7	48	46	18	20	95	93
8	Feb 13- Mar 13	26	21	16	11	64	42	46	36	152	110
9	Mar14-Apr 13	22	26	8	14	51	46	27	33	108	119
10	Apr 14-May 14	21	15	12	15	45	52	18	24	96	106
11	May 14-June 14	19	23	13	12	36	67	23	22	91	124
12	June 15-July 16	15	22	14	13	46	59	20	15	95	109
Total										**1341**	**1513**
Grand Total										**2854**	

Maternity Services:

Maternity services are one of the most important services of Phaplu hospital. It is the only facility in the Solukhumbu district that offers Comprehensive Emergency Obstetric and New-born Care Services (CEONC). The hospital provides all types of obstetric and neonatal services free of charge. The detail data is presented in the following table 29 .

Table 29 I Phaplu Hospital - Maternity Services:

S.N	Months	S.V. Delivery	Caesarean section	Complicated	Blood Transfusion	Comprehensive Abortion Care (CAC)	Post-Abortion Care (PAC)
1	Jul 16-Aug 16	11	1	1	1	5	1
2	Aug 17-Sep 16	10	3	4	2	0	0
3	Sep 17-Oct 16	10	2	2	1	8	0
4	Oct 17-Nov 15	12	7	0	0	4	0
5	Nov 16-Dec 15	10	2	2	2	20	0
6	Dec 16-Jan 13	6	0	1	1	12	1
7	Jan 14-Feb 12	9	10	8	0	10	0
8	Feb 13- Mar 13	9	2	3	2	6	1
9	Mar14-Apr 13	6	3	0	0	4	1
10	Apr 14-May 14	11	4	5	2	14	1
11	May 14-June 14	7	6	2	1	16	4
12	June 15-July 16	12	4	1	1	12	1
Total		**113**	**44**	**29**	**13**	**111**	**10**

Immunization Services:

Phaplu hospital provided Tetanus-Diphtheria (TD) immunization services this year, while regular immunization services including routine childhood vaccines have been continued to be delivered by the ward no. 4 office.

Table 30 I Phaplu Hospital – Immunization Service:

S. N.	Months	TD1	TD2	TD2+	Total
1	Jul 16-Aug 16	7	3	3	13
2	Aug 17-Sep 16	1	2	8	11
3	Sep 17-Oct 16	2	1	1	4
4	Oct 17-Nov 15	-	-	1	1
5	Nov 16-Dec 15	1	1	7	9
6	Dec 16-Jan 13	1	-	7	8
7	Jan 14-Feb 12	4	-	1	5
8	Feb 13- Mar 13	2	1	-	3
9	Mar14-Apr 13	1	1	1	3
10	Apr 14-May 14	3	2	1	6
11	May 14-June 14	10	1	2	13
12	June 15-July 16	3	2	2	7
Total		**35**	**14**	**34**	**83**

Family planning services:

The hospital offers a range of family planning options, including temporary measures and permanent sterilization, available to clients every working day. During the fiscal year 2024/25, a total of 5,320 individuals received family planning services at Phaplu hospital.

Table 31 I Phaplu Hospital – Family Planning Services:

S.N.	Months	New User (<20 years)	New User (>20 years)	Current Users	Defaulter	ICUD	Depo	Pills	Implant	Total
1	July		3	243	7	26	15	2	200	493
2	August		4	231	16	26	17	1	187	478
3	September		1	226	6	26	18	1	181	458
4	October		2	222	6	26	20	1	175	450
5	November		2	210	14	26	20	2	162	434
6	December		14	217	7	25	19	1	172	441
7	January		12	212	16	24	16	1	171	440
8	February		16	211	13	22	17	0	172	435
9	March		10	212	9	21	19	1	171	433
10	April		7	210	9	21	23	1	165	429
11	May		5	201	14	21	22	1	157	416
12	June		9	203	7	21	20	0	162	413
	Total	**0**	**85**	**2,598**	**124**	**285**	**226**	**12**	**2,075**	**5,320**

Radiology and laboratory services:

Phaplu hospital offers radiological services, including X-rays, at minimal cost. Laboratory fees are also affordable, with services provided free to the poor and destitute. Ultrasound services are offered at no cost to all pregnant women and patients with pregnancy-related issues.

Table 32 I Phaplu Hospital – Radiology and Laboratory Services:

S.N.	Months	X-Ray	Ultrasonography	Electrocardiography	Lab	Echo
1	Jul 16-Aug 16	637	479	176	790	
2	Aug 17-Sep 16	487	252	152	629	
3	Sep 17-Oct 16	446	185	111	550	
4	Oct 17-Nov 15	484	103	93	626	
5	Nov 16-Dec 15	517	100	128	510	
6	Dec 16-Jan 13	541	124	84	480	
7	Jan 14-Feb 12	414	254	151	478	
8	Feb 13- Mar 13	488	121	77	439	4
9	Mar14-Apr 13	583	141	127	467	27
10	Apr 14-May 14	508	243	178	504	12
11	May 14-June 14	627	261	324	659	2
12	June 15-July 16	512	299	212	565	9
Total		**6,244**	**2,562**	**1,813**	**6,697**	**54**

Inpatient services:

The hospital offers year-round inpatient services with 24-hour nursing care. Although sanctioned for 15 beds, the hospital currently provides services for 29 beds. Over the last fiscal year, a total of 1,749 patients were admitted, resulting in a combined total of 5,224 hospital stay days.

OCMC Case Data:

The Phaplu hospital is the sole facility in the district equipped to handle medico-legal cases throughout the area. Additionally, the One-Stop Crisis Management Centre (OCMC) offers free services to clients experiencing gender based violence.

Table 33 | Phaplu Hospital - Inpatient Services:

S.N.	Month	Total no. of admitted patients	Total Hospital stay days
1	Jul 16-Aug 16	168	486
2	Aug 17-Sep 16	149	404
3	Sep 17-Oct 16	142	384
4	Oct 17-Nov 15	132	549
5	Nov 16-Dec 15	169	513
6	Dec 16-Jan 13	135	502
7	Jan 14-Feb 12	139	187
8	Feb 13- Mar 13	124	474
9	Mar14-Apr 13	157	478
10	Apr 14-May 14	117	402
11	May 14-June 14	176	466
12	June 15-July 16	141	379
Total		**1,749**	**5,224**

Table 34 | Phaplu Hospital – OCMC Case data:

S. N.	Months	Physical Assault		Mental Torture		Sexual Assault		Others		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul 16-Aug 16	2								2	
2	Aug 17-Sep 16										
3	Sep 17-Oct 16										
4	Oct 17-Nov 15					1		2		3	
5	Nov 16-Dec 15					3				3	
6	Dec 16-Jan 13					3				3	
7	Jan 14-Feb 12	4				2				6	
8	Feb 13- Mar 13										
9	Mar14-Apr 13							2		2	
10	Apr 14-May 14										
11	May 14-June 14										
12	June 15-July 16	1				2				3	
Total		**7**	**0**			**11**	**0**	**4**	**0**	**22**	**0**

Medical Electives at Phaplu Hospital

Two medical students, Carolyn Matthew and Stephen Ke, from the University of Auckland were placed at Phaplu Hospital as part of their medical electives in September 2024. During their time at Phaplu, they engaged in various activities with the hospital staff, including shadowing doctors and nurses, gaining hands-on clinical experience.

Apart from their medical work, they also took part in community events, such as planting a sapling during the Constitution Day event. , Carolyn Matthew was specifically assigned to a gynecology and dental camp held at Thupten Chholing Monastery. Both students also visited the historic Chiwang Monastery. They have now arrived at Khunde Hospital, where they are expected to continue their month long elective tenure.






Carolyn Matthew and Stephen Ke during their medical elective placement.

Likewise, Joannathon from Belgium and Candice McElroy from New Zealand were placed at Phaplu and Kunde Hospital as part of their medical electives in April and May 2025. They were engaged with clinical activities along with the hospital staff at Phaplu and Kunde gaining hands-on clinical experience.



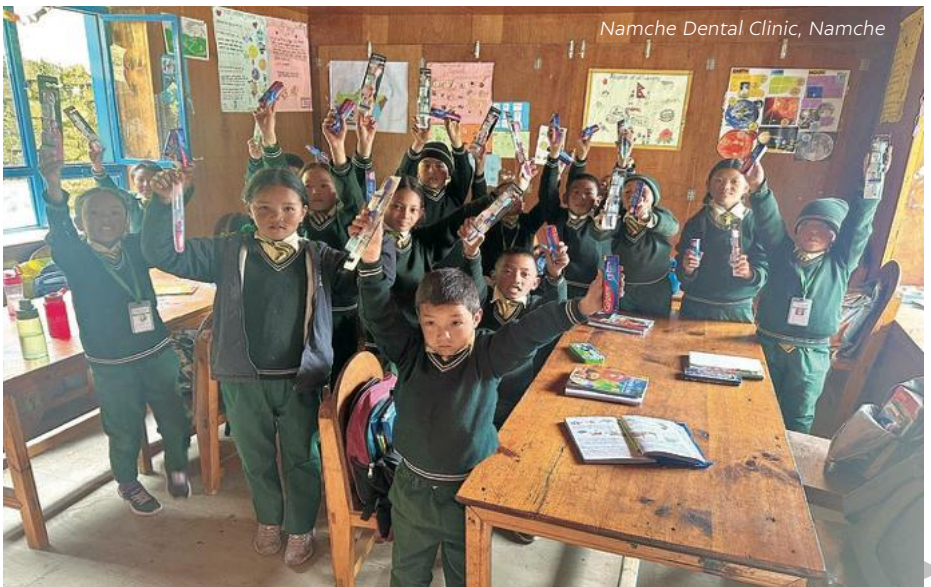
Candice McElroy



Joannathon from Belgium

3.3.3 Namche Dental Clinic

Namche Dental Clinic, located in Ward No. 5 of Khumbu Pasang Lhamu Rural Municipality, was established in 1991 and has since served as the only dental care facility in the Khumbu region. Funded by the American Himalayan Foundation (AHF), the clinic is dedicated to providing both preventive and curative dental services. It offers essential



Namche Dental Clinic, Namche

dental care such as tooth scaling, extractions, hygiene services, and dental education programmes for local children. AHF supports the clinic's operation, including staff salaries and medicine procurement. Since 2019, Himalayan Trust Nepal has managed the clinic in collaboration with the Namche Dental Clinic Management Committee.

a. Dental Services

The clinic caters to a wide range of patients, including local residents, school children, trekking porters, guides, and foreign visitors such as tourists and mountaineers. It provides essential dental care services across the entire Khumbu region, reaching remote areas located up to a three to four-day walk from Namche. The region is primarily inhabited by Sherpas, followed by Rai, Magar, Basnet, Tamang, Dalit, and other minority groups. Namche Bazar, home to numerous government and non-governmental offices, also benefits from the clinic services. The most commonly observed dental issues at the clinic include periodontitis (gums disease), acute pulpitis (sudden pain due to deep dental caries), and apical abscess (pus formation at the root tip caused by infection).

Dr. Sharmila Bishowkarma was appointed as the new Dentist for Namche Dental Clinic starting 1 March 2025. The clinic is curently staffed by one dentist, one dental hygienist and one office assistant.

The services provided by Namche Dental Clinic are as follows:

- *Management of odontogenic and non-odontogenic pain*
- *Dental X-rays*
- *Paediatric dental treatments, including Glass Ionomer Cement (GIC) restorations, fluoride application, pulpotomy, and pulpectomy*
- *Restorative treatments, root canal treatments, and dentures*
- *Tooth extractions and scaling*



Dr. Sharmila Bishowkarma, Dentist

Table 35 I Dental services provided by Namche Dental Clinic in 2024/25 as per dental procedures.

S. N.	Dental Procedure Done	No. of cases
1	Dental consultation	1,793
2	Scaling and polishing of teeth	88
3	Restoration	158
4	Extraction	176
5	Root Canal Treatment	64
6	Fixed partial dentures	0
7	X-ray	444
8	Removable dentures	1

Trauma Cases:

Two little boys visited the clinic, one with a lacerated tongue sustained during play and the other with an oral laceration caused by a fall. Both injuries were sutured and fully healed within a month.



Lacerated tongue before suture



After one month completely healed.



Oral laceration before suture.



Suture removed after two weeks.

Highlights of the dental services provided in Namche Dental Clinic:



Extraction



Restoration



Scaling (Before)



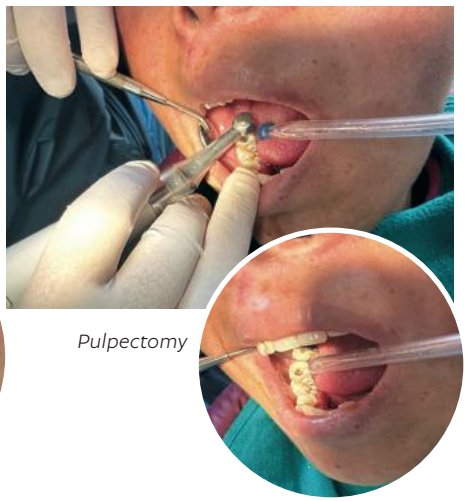
Scaling (After)

Table 36 | Total number of patients in Namche Dental Clinic from 16th July 2024 to 16th July 2025:

S.N.	Months	Male	Female	Total
1	16th July – 31st July 2024	38	51	89
2	August	21	22	43
3	September	59	70	129
4	October	93	85	178
5	November	68	88	156
6	December	Winter break		
7	January			
8	February			
9	March	37	14	51
10	April	100	62	162
11	May	53	68	121
12	June	75	60	135
13	1st July – 16th July 2025	27	26	53
Total		**571**	**546**	**1,117**



Root Canal Treatment



Pulpectomy



Crown re-insertion (Before)



Crown re-insertion (After)

Table 37 | Patients as per different ethnicity from 16th July 2024 to 16th July 2025

S.N.	Months	Dalit		Janajati		Brahmin		Total	
		Male	Female	Male	Female	Male	Female	Male	Female
1	16th July – 31st July 2024	2	2	35	48	1	1	38	51
2	August	1	1	19	20	1	1	21	22
3	September	3	5	54	61	2	4	59	70
4	October	6	1	81	81	6	3	93	85
5	November	6	1	60	83	2	4	68	88
6	December	Winter break							
7	January								
8	February								
9	March	0	2	35	11	2	1	37	14
10	April	4	3	92	55	4	4	100	62
11	May	1	0	50	61	2	7	53	68
12	June	0	0	68	56	7	4	75	60
13	1st July – 16th July 2025	0	0	24	26	3	0	27	26
Total		**23**	**15**	**518**	**502**	**30**	**29**	**571**	**546**
Grand Total								**1,117**	

Table 38 | Age wise patient distribution in Namche Dental Clinic from 16th July 2024 to 16th July 2025

S. N.	Months	0-9 years		10-19 years		20-59 years		60 and above		Total	
		Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
1	16th – 31st July 2024	11	0	5	3	21	45	1	3	38	51
2	August	4	4	1	9	15	7	1	2	21	22
3	September	15	4	4	18	36	48	4	0	59	70
4	October	17	15	8	22	62	45	6	3	93	85
5	November	6	11	11	35	50	38	1	4	68	88
6	December	Winter break									
7	January										
8	February										
9	March	4	1	2	2	28	9	3	2	37	14
10	April	10	8	17	8	61	28	12	18	100	62
11	May	5	6	4	3	42	47	2	12	53	68
12	June	20	9	18	6	37	34	0	11	75	60
13	1st – 16th July 2025	3	3	10	4	13	19	1	0	27	26
Total		**95**	**61**	**80**	**110**	**365**	**320**	**31**	**55**	**571**	**546**
Grand Total										**1,117**	

b. Dental Camps Organized

Namche Dental Clinic organized five dental camps this year for the purpose of providing good oral hygiene and knowledge to the school going children and community people. A total of 676 patients including students and monks were examined for various dental related problems. During the dental camps, tooth extraction and scaling procedures were performed and some cases which required especial care were referred to the clinic for treatment. In addition, toothbrushes and toothpaste were distributed to the students and monks and they received oral health education covering the correct techniques of brushing their teeth and the importance of maintaining good oral hygiene. Dental camps of such nature will be conducted more depending upon the need.

Table 39 | List of Dental Camps

S. N.	Name of schools/ hospitals/ villages	Date of dental camp conducted	No. of examinees
1	Khumjung Secondary School, Khumjung	20th August 2024	282
2	Shree Himalaya Basic School, Namche	28th and 29th August 2024	230
3	Tengboche Monastery, Tengboche	16th September 2024	40
4	Namche Dental Clinic, Namche	30th March 2025	69
5	Shree Thame Basic School, Thameteng	18th June 2025	46
	Shree Thame Basic School, Thamo (Playgroup)		9
Total			**676**



Dental camp organized at Thamo.



Dental camp organized at Thame Basic School, Thameteng





Dental camp organized in Khumjung Secondary School.





Dental camp organized in the clinic for the students of Himalaya Basic School, Namche.





Dental camp organized in Tengboche Monastery.

3.3.4 Drugs Support

One of the significant initiative undertaken by HTN is providing drugs support. HTN has consistently supplied essential medicines to Kunde and Sotang Hospitals, as well as clinics in Thame, Phortse, Bung, and Salyan.

a. Sir Edmund Hillary Health Clinic, Bung

Sir Edmund Hillary Stiftung (SEHS) Germany has been supporting Bung clinic with medicine supplies worth Rs. 100,000 per year. A total of 2,056 patients (1,157 female and 899 male) benefitted from the medicines provided by Himalayan Trust Nepal to Bung clinic. With the medicines provided, they were able to cure some of the mostly observed cases of Diarrhea, Foreign body in ear, Headache, Gastritis, Cough, and Fever.

Table 40 | Number of beneficiary patients of Hillary Clinic Bung.

S.N.	Month	Female	Male	Total
1	Shrawan (July)	106	86	192
2	Bhadra (August)	95	73	168
3	Ashoj (September)	103	85	188
4	Kartik (October)	75	68	143
5	Mangsir (November)	90	83	173
6	Poush (December)	80	69	149
7	Magh (January)	73	50	123
8	Falgun (February)	112	93	205
9	Chaitra (March)	107	92	199
10	Baisakh (April)	113	84	197
11	Jestha (May)	105	62	167
12	Asar (June)	98	54	152
Total		**1157**	**899**	**2,056**

Table 41 | Hillary Clinic Bung Patient Morbidity: 16 July, 2024 – 16 July, 2025

S.N.	Disease categories	Female	Male	Total
1	AGE	42	31	73
2	Dysentery	32	29	61
3	Diarrhea	48	36	84
4	Intestinal Worms	36	24	60
5	Hypertension	28	12	40
6	Upper Respiratory Tract Infection (URTI)	17	9	26
7	Lower Respiratory Tract Infection (LRTI)	7	1	8
8	Urinary Tract Infection (UTI)	42	23	65
9	Polyneuritis/ General weakness	13	8	21
10	Dermatitis/ Eczema	6	4	10
11	Cellulitis	9	2	11
12	Boils	4	8	12
13	Abscess	23	17	40
14	Fungal Infection	6	7	13
15	Scabies	17	11	28
16	Otitismedia/Ear problem	10	7	17
17	Sinusitis	26	12	38
18	Pharyngitis	2	5	7

19	Foreign body in ear	96	73	169
20	Rhinitis	10	3	13
21	Dental Caries	9	5	14
22	Gingivitis	12	9	21
23	Eye problem	3	0	3
24	Pelvic Inflammatory Disease (PID)	14	18	32
25	Chronic Obstructive Pulmonary Disease (COPD)	18	13	31
26	Bronchial Asthma	10	12	22
27	Headache	71	60	131
28	Gastritis	121	97	218
29	Insect/Wasp bite	4	7	11
30	Burn and Scald	3	2	5
31	Arthritis	44	49	93
32	Backache and body pain	40	29	69
33	Cough	72	59	131
34	Sprain	2	5	7
35	Fever	92	87	179
36	Pruritis	21	9	30
37	Nausea/Vomiting	18	3	21
38	Abdominal pain	24	19	43
39	Dizziness and Vertiligo	26	19	45
40	Injury	17	24	41
41	Others	62	51	113
Total		**1157**	**899**	**2,056**



Bung Clinic

b. Salyan Primary Health Centre

HTN has been supporting Salyan Primary Health Centre with necessary medicine supplies on a regular basis. HTN has been providing medicines support to the clinic through the funding of Sir Edmund Hillary Stiftung Germany. A total of 246 patients (106 female and 140 male) benefitted from the medicines provided by HTN to Salyan clinic. The clinic is a primary care centre and it has high number of patient flow. With the medicines provided, they were able to cure some of the mostly observed cases of Hypertension, Muscle pain, Headache, Gastritis, Chronic Obstructive Pulmonary Disease (COPD), Upper Respiratory Tract Infection (URTI), and Injuries.

Medical Essential Handed Over

HTN team, led by Pasang Dawa Sherpa, handed over medicines and medical equipment worth Rs. 300,000 to the Primary Health Centre (PHC) in Salyan, located in Necha-Salyan Rural Municipality-2, Solukhumbu on 11 February 2025. HTN has been continuing this support annually for more than a decade with the generous funding support of Sir Edmund Hillary Stiftung, Germany.





HTN Chairman, Pasang Dawa Sherpa handing over the medical necessities to the representative of Salyan Primary Health Centre.

Table 42 | Number of beneficiary patients of Salyan Primary Health Centre.

S.N.	Month	Female	Male	Total
1	Shrawan (July)	13	20	33
2	Bhadra (August)	11	15	26
3	Ashoj (September)	10	10	20
4	Kartik (October)	8	13	21
5	Mangsir (November)	12	10	22
6	Poush (December)	9	12	21
7	Magh (January)	7	8	15
8	Falgun (February)	6	10	16
9	Chaitra (March)	8	11	19
10	Baisakh (April)	9	10	19
11	Jestha (May)	7	9	16
12	Asar (June)	6	12	18
Total		**106**	**140**	**246**

c. Sotang Primary Hospital

Since January 2020, HTN with generous funding support from Sir Edmund Hillary Stiftung, Germany has been providing necessary medicines to Sotang Hospital. The hospital serves patients from Sotang, Mahakulung, Mapya Dudhkoshi and Thulung Dudhkoshi Rural Municipalities. A total of 11,559 patients have benefitted from the medicine provided by HTN, with 6,848 being female and 4,711 male.

Table 43 | Number of beneficiary patients of Sotang Primary Hospital.

S.N.	Month	Female	Male	Total
1	Shrawan (July)	919	585	1504
2	Bhadra (August)	528	390	918
3	Ashoj (September)	499	323	822
4	Kartik (October)	526	292	818
5	Mangsir (November)	523	432	955
6	Poush (December)	619	462	1081
7	Magh (January)	833	641	1474
8	Falgun (February)	693	445	1138
9	Chaitra (March)	509	342	851
10	Baisakh (April)	339	219	558
11	Jestha (May)	707	442	1149
12	Asar (June)	153	138	291
Total		**6848**	**4711**	**11,559**

3.3.5 Management of Clinics supported by Forgotten Sherpas of Nepal Trust

Forgotten Sherpas of Nepal Trust (FSNT) New Zealand provides financial support for the operation of two community clinics located in Patle, Okhaldhunga district, and Goli, Solukhumbu district. The Trust provides assistance for the salaries of health workers and procurement of medicines. Since July 2018, these clinics have been operated and managed by HTN in collaboration with FSNT.

a. Patle Community Health Service

Patle Community Health Service is located in Molung Rural Municipality, Ward No. 7, Patle in Okhaldhunga district. The clinic was established in July

2018 with funding support from the Forgotten Sherpas of Nepal Trust (FSNT) in New Zealand. The clinic has been providing essential healthcare services including general health check-ups, medicine distribution, counselling, health education, and referrals. Located in a remote area of Okhaldhunga district, the clinic serves around 3,000 people (1,350 males and 1,650 females) from 600 households across diverse communities. The clinic covers areas in Molung Rural Municipality Ward No.7 and Siddhicharan Municipality Ward No. 6.

Effective 18th October 2024, the duty stations of HA, Subash Bhattarai and CMA, Buddha Bir Tamang were swapped, with Subash now at Goli Clinic and Buddha at Patle Clinic. Buddha, having completed six months of eye care training in Kathmandu, has set up an eye care clinic at Patle clinic to treat patients with primary eye problems. The clinic's setup including medicines, eye care equipment, and furniture was generously supported by The Forgotten Sherpas of Nepal Trust, New Zealand and Sir Edmund Hillary Stiftung Germany.

Commonly observed ailments among the patients attending the clinic include gastritis, Chronic Obstructive Pulmonary Disease (COPD), Upper Respiratory Tract Infection (URTI), coughs/common colds, and arthritis. During the year 2024/25, the clinic provided healthcare services to a total of 1690 patients, with 982 females and 708 males benefiting from its services.

Table 44 | Patle Community Health Service Patient Morbidity: 16 July, 2024 – 16 July, 2025

S.N.	Disease categories	Female	Male	Total
1	Gastritis	84	78	162
2	Chronic Obstructive Pulmonary Disease (COPD)	46	43	89
3	Dental Caries	9	16	25
4	Hypertension	17	15	32
5	Pneumonia	23	19	42
6	Allergy	18	12	30
7	Cut/injury	2	10	12
8	Sprain/Strain	0	18	18
9	Urinary Tract Infection (UTI)	30	0	30
10	Burn	13	3	16
11	Arthritis	31	66	97
12	Asthma	16	18	34
13	Tonsillitis	29	1	30
14	Fracture	20	5	25
15	Dislocation	0	6	6
16	Hypotension/Weakness	24	25	49
17	Conjunctivitis	16	13	29
18	Otitis externa	20	11	31
19	Lyringitis	11	18	29
20	Sinusitis	32	22	54
21	Eczema	28	7	35
22	Fungal infection	26	24	50
23	Backache	0	6	6
24	Toothache	25	23	48
25	Lower Abdomen pain	51	0	51
26	Epistaxis	10	3	13
27	Diarrhea	14	13	27
28	Angular stomatitis	26	13	39
29	Diabetes Mellitus (DM)	25	16	41
30	Insect bite	11	3	14
31	Peptic ulcer disease	28	14	42
32	Upper Respiratory Tract Infection (URTI)	51	26	77
33	Cough/Common Cold	69	32	101
34	Dysmenorrhoea	17	0	17
35	Herpis Zoster	0	1	1
36	Scabies	28	32	60
37	Foreign body in eye	1	3	4
38	Otitismedia	22	3	25
39	Boils/ Abscess	22	27	49
40	Headache	32	18	50
41	Fever	35	33	68
42	Dry eye	20	12	32
Total		**982**	**708**	**1,690**

Table 45 | Age group Gender-wise General OPD services in 2024/25

S.N.	Months	0-9 years		10-19 years		20-59 years		>60 years		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul/ Aug	4	9	3	6	51	32	8	6	66	53
2	Aug/Sept	7	5	6	7	36	28	19	8	68	48
3	Sept/Oct	10	7	9	5	47	38	12	9	78	59
4	Oct/Nov	13	7	17	10	55	41	9	8	94	66
5	Nov/Dec	6	11	8	7	59	34	21	13	94	65
6	Dec/Jan	5	10	23	15	55	30	26	15	109	70
7	Jan/Feb	9	11	16	11	33	27	18	15	76	64
8	Feb/Mar	5	6	12	9	32	20	20	16	69	51
9	Mar/Apr	6	9	10	10	54	30	19	6	89	55
10	Apr/May	3	2	4	5	39	17	15	19	61	43
11	May/June	16	8	12	6	67	60	9	7	104	81
12	June/July	4	2	3	4	56	37	11	10	74	53
Total		**88**	**87**	**123**	**95**	**584**	**394**	**187**	**132**	**982**	**708**
Grand Total										**1,690**	

Table 46 | Patients number by ethnicity

S.N.	Month	Dalit		Janajatee		Brahmin/Chhetri		Total	
		Female	Male	Female	Male	Female	Male	Female	Male
1	July/Aug	8	6	34	28	24	19	66	53
2	Aug/Sept	10	7	36	29	22	12	68	48
3	Sept/Oct	5	3	46	35	27	21	78	59
4	Oct/Nov	10	12	58	30	26	24	94	66
5	Nov/Dec	14	5	45	30	35	30	94	65
6	Dec/Jan	19	12	47	40	43	18	109	70
7	Jan/Feb	17	7	30	44	29	13	76	64
8	Feb/Mar	5	4	42	29	22	18	69	51
9	Mar/Apr	5	3	51	24	33	28	89	55
10	Apr/May	5	1	28	29	28	13	61	43
11	May/Jun	11	6	58	47	35	28	104	81
12	Jun/July	9	5	33	25	32	23	74	53
Total		**118**	**71**	**508**	**390**	**356**	**247**	**982**	**708**
Grand Total								**1,690**	

Distribution of Contraceptive Services

As the government run clinic now provides free family planning services, including contraceptive distribution, the clinic has discontinued offering these services from the fiscal year 2024/25.

b. Pike Rural George Hunter Health Clinic Service

The Pike Rural George Hunter Health Clinic, located in Goli village, specifically in Likhu Pike Rural Municipality (LKPRM) Ward No. 1, Solukhumbu, has been providing essential healthcare services since its establishment. These include general health checkups, family planning, health education, counselling and safe maternity care. The clinic serves diverse communities from LPKRM, Ward No. 1 to 5, and Khijidemba in Okhaldungha, covering areas such as Goli Gumba, Kosinasa, Gyapchuka, Khahare, Buldada, Dudule, Meski, Goli, Kapti, Duda, Yarmakhu, Chaulakharka, Namkheli, Kachapu, and Bhusinga.

Mobile health services are also offered monthly in Meski (Ward No. 2). Goli and Meski villages together have 185 households and a population of 601 (289 males and 312 females). The clinic, operated by HA, Subash Bhattarai treated 805 patients this fiscal year, including 457 females and 348 males. Common conditions include gastritis, arthritis, cough/common colds, hypertension, and Diabetes. The clinic also plays a key role in health education and referring patients needing higher-level care.

Table 47 | Eye Disease Morbidity of Patle Community Health Service 2024/25

S.N.	Name of eye disease	Female	Male	Total
1	Conjunctivitis	16	13	29
2	Dry eye	20	12	32
3	Foreign body in eye	1	3	4
4	Cataract	4	1	5
5	Red eye	2	1	3
6	Acne	0	1	1
7	Cordan cole	0	0	0
8	Trauma	0	3	3
Total		**43**	**34**	**77**



Drugs for Patle Clinic.



Buddha Bir Tamang and Gelje Sherpa working at the clinic.



Buddha conducting an eye examination on a patient.





Drugs for Goli Clinic.

Table 48 | Pike Rural George Hunter Health Clinic Patient Morbidity: 16 July, 2024 – 16 July, 2025

S.N.	Disease categories	Female	Male	Total
1	Gastritis	74	55	129
2	Chronic Obstructive Pulmonary Disease (COPD)	26	33	59
3	Headache	10	5	15
4	Tonsillitis	14	8	22
5	Hypertension	45	31	76
6	Arthritis	46	33	79
7	Fever	10	10	20
8	Common cold	36	28	64
9	Scabies	3	4	7
10	Fungal Infection	10	9	19
11	Urinary Tract Infection (UTI)	5	0	5
12	Lower Respiratory Tract Infection (LRTI)	6	8	14
13	Toothache	4	3	7
14	Stomatitis	7	2	9
15	Backache	8	4	12
16	Allergic reaction	16	8	24
17	Asthma	9	4	13
18	Otitismedia	3	4	7
19	Sprain	1	5	6
20	Pneumonia	4	6	10
21	Conjunctivitis	23	12	35
22	Abdominal pain	5	2	7
23	Cuts and injuries	2	12	14
24	Weakness	9	2	11
25	Diabetes Mellitus (DM)	43	20	63
26	Sinusitis	3	2	5
27	Upper Respiratory Tract Infection (URTI)	10	7	17
28	Dental Caries	4	4	8
29	Dry eye	3	8	11
30	Abscess	1	5	6
31	Typhoid	1	4	5
32	Epistasis	2	3	5
33	Diarrhea	14	7	21
Total		**457**	**348**	**805**

Table 49 | Age group Gender-wise General OPD services in 2024/25

S.N.	Months	0-9 years		10-19 years		20-59 years		60+		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul/ Aug	1	3	1	2	37	11	6	9	45	25
2	Aug/Sept	2	2	1	2	19	11	8	9	30	24
3	Sept/Oct	1	0	4	2	23	8	13	16	41	26
4	Oct/Nov	0	1	3	1	10	11	5	8	18	21
5	Nov/Dec	1	0	1	3	13	16	18	17	33	36
6	Dec/Jan	2	1	1	0	23	16	8	14	34	31
7	Jan/Feb	2	1	1	0	23	13	14	10	40	24
8	Feb/Mar	1	2	1	5	22	16	11	10	35	33
9	Mar/Apr	1	1	0	1	24	17	11	12	36	31
10	Apr/May	0	1	1	4	35	17	17	14	53	36
11	May/June	1	2	1	0	25	9	15	10	42	21
12	June/July	1	1	1	0	31	19	17	20	50	40
Total		**13**	**15**	**16**	**20**	**285**	**164**	**143**	**149**	**457**	**348**
Grand Total										**805**	

Table 50 | Patients number by ethnicity

S.N.	Month	Dalit		Janajatee		Brahmin/Chhetri		Total	
		Female	Male	Female	Male	Female	Male	Female	Male
1	July/Aug	5	2	10	10	30	13	45	25
2	Aug/Sept	3	3	15	11	12	10	30	24
3	Sept/Oct	4	2	12	11	25	13	41	26
4	Oct/Nov	2	3	7	6	9	12	18	21
5	Nov/Dec	3	4	14	13	16	19	33	36
6	Dec/Jan	4	2	12	12	18	17	34	31
7	Jan/Feb	4	2	17	9	19	13	40	24
8	Feb/Mar	4	3	15	13	16	17	35	33
9	Mar/Apr	3	3	14	10	19	18	36	31
10	Apr/May	3	3	20	14	30	19	53	36
11	May/Jun	4	1	18	9	20	11	42	21
12	Jun/July	3	4	22	17	25	19	50	40
Total		**42**	**32**	**176**	**135**	**239**	**181**	**457**	**348**
Grand Total								**805**	

Distribution of Contraceptive Services

As the nearby government run clinic now provides free family planning services, including contraceptive distribution, the clinic discontinued the service in the last fiscal year.

3.3.6 Himalayan Community Institution Health Post, Poyan

The Himalayan Community Institution Health Post is located in Khumbu Pasang Lhamu Rural Municipality Ward No. 1, Poyan. The health post is established to provide essential healthcare services to the remote and underserved population of this mountainous region. The clinic was officially registered on 2073/12/25 (7 April 2017), and has since become a crtitical lifeline for the local community.

Poyan is a small village comprising of around 60 households, with a population of approximately 300 residents. Due to its remote geographical location, access to basic healthcare was previously limited and required long and difficult travel. The establishment of the health post has significantly improved the well-being of villagers, ensuring they have access to medical care without having to leave their community.

The health post not only serves as the local population of Poyan, but also extends its services to people from nearby villages such as Thamdada and Surke, as well as to trekkers travelling along popular trekking routes in the region. This highlights the health post's broader impact beyond just the immediate village.

At present, the health post operates with a single staff, a staff nurse, who manages all medical services and care. Despite the limited personnel, the nurse plays a vital role in addressing the healthcare needs of the entire area.

The operation and sustainability of the health post are made possible through the generous funding support of the Naulekh Foundation, which sponsors salary of the nurse. This support ensures that the health services remain accessible and free or affordable for those who need them most.

Throughout the fiscal year, the clinic provided healthcare services to a total of 823 patients, including 401 females and 422 males.



Himalayan Community Institution Health Post, Poyan



Staff Nurse, Fulamu Sherpa, far right

Table 51 I Distribution of Contraceptive Services in 2024/25

S.N.	Months	Contraceptive Services					Total
		DMPA	Norplant	OCP	IUCD	Others	
1	Jul/ Aug	4	-	0	-	-	4
2	Aug/Sept	4	-	0	-	-	4
3	Sept/Oct	5	-	4	-	-	9
4	Oct/Nov	5	-	3	-	-	8
5	Nov/Dec	2	-	0	-	-	2
6	Dec/Jan	6	-	0	-	-	6
7	Jan/Feb	6	-	2	-	-	8
8	Feb/Mar	7	-	2	-	-	9
9	Mar/Apr	4	-	2	-	-	6
10	Apr/May	4	-	0	-	-	4
11	May/June	5	-	0	-	-	5
12	June/July	3	-	0	-	-	3
Total		**55**	**0**	**13**	**-**	**0**	**68**

Table 52 | Himalayan Community Institution Health Post Patient Morbidity: 16 July, 2024 – 16 July, 2025

S. N.	Disease categories	Female	Male	Total
1	Gastritis	54	35	89
2	Amoebic Dysentry	7	16	23
3	Headache	5	15	20
4	Tonsillitis	37	38	75
5	Hypertension	22	18	40
6	Arthritis	0	1	1
7	Fever	2	2	4
8	Common cold	97	112	209
9	Scabies	0	2	2
10	Fungal infection	2	2	4
11	Urinary Tract Infection (UTI)	4	0	4
12	Lower Respiratory Tract Infection (LRTI)	1	2	3
13	Toothache	16	13	29
14	Stomatitis	0	0	0
15	Foreign body in nose	0	0	0
16	Allergic reaction	12	5	17
17	Asthma	2	0	2
18	Otitismedia	0	0	0
19	Otitis externa	2	3	5
20	Pneumonia	0	0	0
21	Conjunctivitis	14	12	26
22	Dysmenorrhoea	0	0	0
23	Cuts and injuries	12	36	48
24	Worm infestation	1	2	3
26	Diabetes Mellitus (DM)	2	0	2
27	Neuritis	0	0	0
28	Cholera	0	0	0
29	Burns	1	1	2
30	Fracture	1	0	1
31	Boils/ Abscess	3	6	9
32	Typhoid	0	0	0
33	Infected wound	0	1	1
34	Other problems	104	100	204
Total		**401**	**422**	**823**

Table 53 I Age group Gender-wise General OPD services in 2024/25

S.N.	Months	0-9 years		10-19 years		20-59 years		>60 years		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul/ Aug	1	5	2	6	25	28	1	0	29	39
2	Aug/Sept	4	9	0	3	28	25	5	1	37	38
3	Sept/Oct	2	4	1	4	32	29	4	1	39	38
4	Oct/Nov	3	4	0	1	25	24	2	1	30	30
5	Nov/Dec	1	5	0	4	18	22	0	6	19	37
6	Dec/Jan	1	0	1	0	34	40	0	0	36	40
7	Jan/Feb	7	5	3	9	29	25	1	0	40	39
8	Feb/Mar	2	4	0	0	30	25	2	4	34	33
9	Mar/Apr	0	2	3	2	39	20	1	0	43	24
10	Apr/May	2	3	0	2	25	20	0	0	27	25
11	May/June	2	1	2	3	23	27	2	4	29	35
12	June/July	1	3	4	7	33	34	0	0	38	44
Total		**26**	**45**	**16**	**41**	**341**	**319**	**18**	**17**	**401**	**422**
Grand Total										**823**	

Table 54 I Patients number by ethnicity

S.N.	Month	Dalit		Janajatee		Brahmin/Chhetri		Total	
		Female	Male	Female	Male	Female	Male	Female	Male
1	July/Aug	2	1	27	35	-	3	29	39
2	Aug/Sept	-	2	37	36	-	-	37	38
3	Sept/Oct	-	-	39	38	-	-	39	38
4	Oct/Nov	-	-	30	30	-	-	30	30
5	Nov/Dec	-	-	19	35	-	2	19	37
6	Dec/Jan	1	-	35	36	-	4	36	40
7	Jan/Feb	-	-	40	36	-	3	40	39
8	Feb/Mar	-	2	34	31	-	-	34	33
9	Mar/Apr	-	0	43	24	-	-	43	24
10	Apr/May	-	1	26	24	1	-	27	25
11	May/Jun	-	1	29	31	-	3	29	35
12	Jun/July	-	2	38	38	-	4	38	44
Total		**3**	**9**	**397**	**394**	**1**	**19**	**401**	**422**
Grand Total								**823**	

3.3.7 Zero TB in Kids and Family

HTN is implementing the "Zero TB in Kids and Family" project with funding support from Johns Hopkins University, USA and in collaboration with the Nepal Tuberculosis Control Centre (NTCC), National Anti-Tuberculosis Association (NATA), Budhanilkantha Municipality, and Dakshinkali Municipality. The aim of this project is to detect and treat Latent Tuberculosis in the congregated residential areas, and thus help in eliminating TB. The HTN health team led by Dr. Nyima Phuti Sherpa, Medical Officer of the project, Belashpura Kumari Shahi, Project Nurse and Pasang Phuti Sherpa as Data Entry Assistant has screened monks, nuns and students of Budhanilkantha Municipality and Dakshinkali Municipality. A total of 1,062 individuals have been screened, including 668 males, 394 females, and 585 kids over the last fiscal year in three nunneries, four monasteries, one hostel school, and one government school, one children's home and one health post. The team is diligently following up with individuals who tested positive for Latent TB regarding their medication. Data entry and filing is being carried out rigorously at the office.



Glimpses of the three-day TOT on menstrual health management held in Kathmandu.

3.3.8 Menstrual Health in Solukhumbu Project

HTN implemented the Menstrual Health in Solukhumbu (MHSK) Project from December 2024 to May 2025, with funding support from the New Zealand High Commission in New Delhi and technical support from Himalayan Trust New Zealand and the United Nations Population Fund (UNFPA) Nepal. Sushma Adhikari, a Public Health graduate, was appointed as the Project Coordinator to lead the one year pilot project focused on improving menstrual health awareness, hygiene practices, and access to menstrual products in the three secondary schools, Junbesi, Taksindu, and Mahendra Jyoti Secondary Schools in Solukhumbu.

The project began with a three-day Training of Trainers (TOT) on menstrual health management held in Kathmandu from 23 to 25 February 2025, organized by HTN and facilitated by NFCC.

As part of the field implementation, Project Coordinator, Sushma Adhikari, along with Education Training Officers, Sangita Rai and Gita Lama conducted school visits, orientations, baseline surveys, and assessments of menstrual health practices and facilities. Menstrual health kits including menstrual cups and reusable panties were distributed to grade 8 and 9, mothers, and women in the community. Awareness sessions and hands-on training on menstrual product usage were delivered, reaching 30 women with menstrual cup demonstrations. Post-training evaluations were also conducted to assess knowledge retention among students.

In collaboration with KPLRM, discussions were held to support long-term sustainability of the initiative. A follow-up visit in May 2025 to Junbesi, Taksindu and Mahendra Jyoti Schools assessed the acceptance, usage, and early impact of the interventions.

The MHSK pilot phase concluded in May 2025. HTN will carry out monitoring and evaluation in the following months to assess the effectiveness and outcomes, guiding future scale-up of the project.



Menstrual health orientation and baseline survey conducted in Junbesi Secondary School.



Menstrual health orientation and baseline survey conducted in Taksindu Secondary School.





Menstrual health orientation and baseline survey conducted in Mahendra Jyoti Secondary School, Chaurikharka.



Project Coordinator, Sushma Adhikari made a powerpoint presentation on menstruation and menstruation cycle.



Hands-on demonstration by students on the use of menstrual cup.



Menstrual health awareness campaign organized in Junbesi Secondary School.



Students with the menstrual kit distributed in schools



Menstrual kits distributed to students at Mahendra Jyoti Secondary School, Chaurikharka.



Students watching videos on menstrual health.



Students with the booklets.



Group photo taken with women's group in KPLRM.

04

ENVIRONMENT PROGRAMME

4.1 Introduction
4.2 Objectives
4.3 Activities



4.1 BACKGROUND

Since its founding, the Himalayan Trust has made environmental conservation one of its key priorities, alongside education, health, culture, and livelihoods. Following the legacy of Sir Edmund Hillary, the Trust has integrated environmental preservation into its core programmes. This has included pioneering reforestation efforts in the Sagarmatha National Park area, promoting community forestry, safeguarding water resources, and implementing disaster-resilient infrastructure, all driven by strong local participation.

4.2 OBJECTIVES

- *Preserving and restoring mountain ecosystems*
- *Enhance climate resilience in mountain communities*
- *Improving the livelihoods of the local community*
- *Promote environmental awareness and stewardship*

4.3 ACTIVITIES (INPUTS)

The environment programme in the last fiscal year focused on three main components: solar power system installation in Chereme village, Ngole (Thame) Glacial Lake Outburst Flood (GLOF) Disaster response and preparation of Local Adaptation Plan of Action (LAPA). Given below are brief details about each component:

4.4 SOLAR HOME SYSTEM INSTALLATION IN CHEREME VILLAGE

HTN with funding support from Light for Kids, Germany distributed solar home systems for households in Chereme and Gaikharka villages located in ward no. 1 of Mahakulung Rural Municipality. HTN Field Supervisor Dipu Sherpa, along with the chairperson of Mahakulung Rural Municipality, ward number one, Parkidhan Rai visited Chereme village and distributed the solar home systems. They installed ten solar home systems – eight for households and two for a monastery.



Ward No. 1 chairperson handing over solar home systems to the residents of Chereme.



A Sherpa lady switching on the solar light after installation at her house.

4.5 NGOLE (THAME) GLACIAL LAKE OUTBURST FLOOD (GLOF) DISASTER

On 16 August 2024, a disaster struck Thame when a massive flood swept through the valley due to a glacial lake outburst. Debris including mud, gravel, and boulders, flooded downstream, destroying over 38 houses, Thame Basic School and its hostel, Thame clinic, the KBC forest nursery and damaging water intake of the 930 KW hydropower station. A total of 135 people, including children from the hostel, were displaced. Thame and the surrounding villages were cut off from power supply for at least three weeks. The destruction continued, with landslides and soil erosion further devastating the remaining land and homes.










Immediate Emergency Relief Support

HTN, in collaboration with Himalayan Trust New Zealand (HTNZ), the American Himalayan Foundation (AHF), and various other partners and donors immediately responded to the disaster by raising funds to support the Thame community, as well as the students and teachers of Thame School.

HTN set-up an emergency clinic in a tent at Thameteng to provide immediate medical services to the flood victims and the local community. The clinic has been relocated to a community building until a new permanent facility is to be built.

In a joint decision made by the community and local government, HTN supported the relocation of 46



Solar set for Thame clinic and Thame school hostel in Khumjung.



Thame clinic after setting up in a Khumbu Mountain Centre's room at Thameteng.




Lab Technician Phurba Tashi Sherpa, right and HA, Milan Magar examining patients at the temporary clinic.

students and 10 teachers to Khumjung Secondary School to ensure they could continue their education. The students got settled at the Khumjung School and felt comfortable in the current setting. HTN also provided guidelines to assist teachers and the SMC in facilitating the teaching and learning process in this new environment.

On 29 August 2024, HTN handed over a cheque amounting to Rs. 3.5 million to Khumbu Pasang Lhamu Rural Municipality to provide financial support to the households affected by the flood.

Hostel necessities and supplies such as blankets, tooth brushes, tooth paste, soaps, bath/face/pocket towels, bed sheets, pillows, pillow covers, thermal wears, jackets, tracksuits, woollen socks, beanies, school bags, shoes, kit bags, stationeries, additional reading books, and ECED materials were distributed to the teachers and students of Thame School. HTN further continued support by covering the cost of meals for the academic session from September 2024 until April 2025.

Chairman's Khumbu Visit

HTN Chairman Pasang Dawa Sherpa, along with the Chairman of KPLRM, Mingma Chhiri Sherpa, and his team, visited Thame and held a meeting with the Thame community. The HTN and KPLRM teams discussed the ongoing emergency relief efforts and future plans with the community. The HTN Chairperson informed the local community that HTN has handed over a cheque amounting to Rs. 3.5 million to the local government.




Thame Basic School students and teachers relocated to Khumjung Secondary School.






Students and teacher of Thame Basic School receiving blankets.




Hostel necessities and stationeries supported to the students and teachers of Thame Basic School.

Chairman also monitored the situation of Thame School students relocated to Khumjung, after the Ngole (Thame) GLOF disaster. During the visit, he distributed school uniforms to the students and inspected the accommodation and kitchen facilities.

Planning and Monitoring Visit to Thame

On 3rd December 2024, the HTN team, led by Chairman Pasang Dawa Sherpa, along with CEO Dr. Mingma Norbu Sherpa, Programme Manager, Lhakpa Tenji Lama (Sherpa), Engineer Bijay Shrestha, and Field Supervisor Dipu Sherpa, visited Thame to attend a consultation and planning meeting organized by the Thame School Management Committee in Thameteng. The meeting was chaired by Pasang Gyalzen Sherpa, Chairman of KPLRM Ward No. 5, and included participation from the ward member, head master of Khumjung and Thame schools, the SMC chairperson and members, the HTN team, local intellectuals, community members, parents, and other stakeholders.

The meeting focused on collaborative efforts to construct key infrastructure, including the Thame School, a hostel, teachers' quarters, and a health clinic, with joint support from KPLRM and HTN.

During their visit to Khumbu, the HTN team also monitored various facilities, including Khumjung School, Thame School hostel facilities at Khumjung, Kunde Hospital, Monju School, Monju Water Supply and Fire Hydrant Project and Pema Chholing Basic School in Ghat.





Chairman of HTN, Pasang Dawa Sherpa addressing the local community of Thame in a meeting (left) and monitoring the Khumjung hostel where the Thame Basic School students resided for eight months after the GLOF (right).



Chairman handing over the school uniform to the students of Thame School in Khumjung.



Thame Basic School students wearing the new school uniform.





Thame village three months post GLOF.



Chairman of HTN, Pasang Dawa Sherpa addressing the meeting at Thameteng.



Group photo taken after the meeting.

Consultation Workshop with Thame Community in Kathmandu

HTN organized a consultation workshop with the Thamichho (Thame) community in Kathmandu on 20 December 2024. The primary goal of the workshop was to facilitate discussions and gather community input on rebuilding Thame School, student hostel, teachers' quarters, and a health clinic.

More than 35 participants from Thame, Thamo, Thameteng, including executive member of KPLRM, Ang Maya Sherpa, members of the Yambu Thamichho Kydug, and representatives from the local youth group took part in the workshop. Their inputs reflected the community's aspirations and highlighted key areas of focus for the rebuilding efforts.



Glimpses of the consultation workshop conducted in Kathmandu.

Plantation Programme in Thame Village

On 30 May 2025, a plantation programme was organized at Thame. A total of 1285 seedlings including Juniper (1250) and Rhododendron (35) were planted by the local households around their homes, barren areas, potato fields, landslide-prone slopes, and zones vulnerable to soil erosion. General Manager of HTNZ, Alexander Hillary and CEO of HTN, Dr. Mingma Norbu Sherpa along with Dr. Kami Temba Sherpa led the plantation programme. A total of 15 people participated in this meaningful initiative. The programme is an initiative for restoration of Thame village.



Glimpses of the plantation programme organized in Thame.

4.6 LOCAL ADAPTATION PLAN OF ACTION (LAPA) DEVELOPMENT PROJECT

HTN, with funding support from the United Nations Development Programme (UNDP) and KPLRM, is developing a Gender Equality and Social Inclusion (GESI) – responsive LAPA. This initiative aims to strengthen the capacity of local stakeholders and communities in climate change adaptation and Disaster Risk Reduction (DRR), while supporting policy integration at the municipal level.

The project began with an inception meeting on 5 February at the UNDP office, attended by HTN CEO Dr. Mingma Norbu Sherpa, Programme Manager, Lhakpa Tenji Lama, and Programme Officer, Phurba Chheten Pradhan.





Local Adaptation Plan of Action (LAPA) Project inception meeting at UNDP office.

Dr. Pasang Yangjee Sherpa was contracted as a consultant to lead LAPA development and deliver capacity-building training. From 2 – 16 May 2025, Dr. Sherpa and HTN's Finance Officer, Fura Yangee Sherpa conducted community consultation workshops in Kharikhola, Lukla, Ghat, Thame, Khumjung and Namche to inform the LAPA process. A final consultation workshop was held on 6 June 2025 in Kathmandu to gather valuable feedback on the draft of LAPA. The plan is now in its final stage.



Dr. Pasang Yangjee Sherpa



Community consultation workshop conducted in KPLRM-1, Kharikhola.





Community consultation workshop conducted in KPLRM-2, Lukla





Community consultation workshop conducted in KPLRM-3, Ghat.



Community consultation workshop conducted in KPLRM-4, Khumjung



LAPA Consultant Dr. Pasang Yangjee Sherpa engaged in a discussion with participants during the workshop at Thame.




Community consultation workshop conducted in KPLRM-5, Thame




Glimpses of the final LAPA consultation workshop organized in Kathmandu.

Additionally, a two-day capacity building training on climate change and DRR was held in Yulngying (Ghat), ward no. 3 of KPLRM from 25 to 26 May 2025. A total of 29 participants took part in the training. The training sessions were led by Dr. Pasang Yangjee Sherpa along with the resource persons Dr. Mingma Norbu Sherpa (HTN), Siddhartha Humagain (Department of Hydrology and Meteorology), Pasang Ngima Sherpa (SPCC) and Saraswati KC (KPLRM).




Glimpses of the two-day capacity building training held at KPLRM-3, Ghat.

05

MANAGEMENT & GOVERNANCE



5.1 17TH ANNUAL GENERAL MEETING OF HTN

The 17th Annual General Meeting (AGM) of HTN was successfully conducted in Kathmandu on 18 August 2024. The meeting was attended by Chairman of HTNZ, Peter Hillary, General Manager, Alexander Hillary, board members Dr. Lindsay Strang, and Dr. Emma Heydon, the founder and chairperson of EduTech Nepal, Mike Chisholm, Chairperson of Forgotten Sherpas of Nepal Trust, Margaret Stocker and Trustee members virtually. The HTN board, general and staff members were present in the AGM.









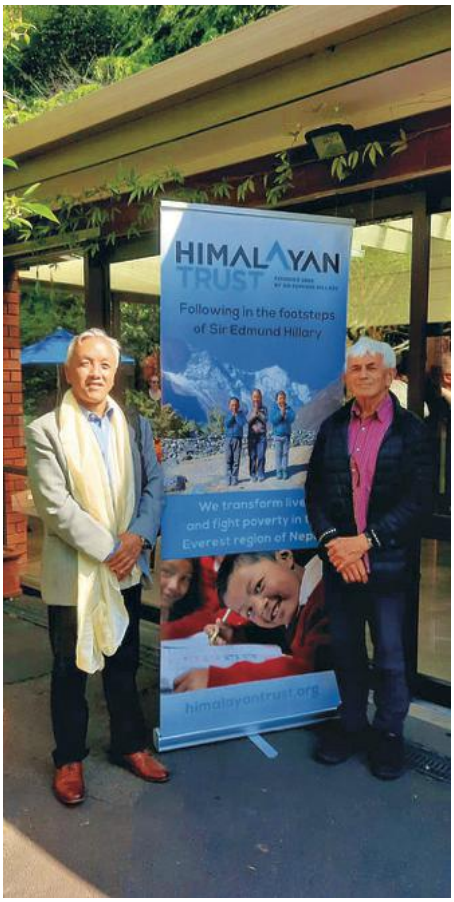
Glimpses of the 17th AGM of Himalayan Trust Nepal.

5.2 CEO AND TREASURER'S NEW ZEALAND VISIT

HTN Treasurer Pasang Sherpa Lama and CEO Dr. Mingma Norbu Sherpa visited New Zealand from 26 September to 3 October 2024. The main objective of their trip was to attend the Annual General Meeting of Himalayan Trust New Zealand held on 28 September 2024 in Auckland. Dr. Mingma shared the progress of HTN activities and discussed on the future plans and priority projects.



HTN Treasurer Pasang Sherpa Lama addressing the AGM in Auckland.



Dr. Mingma Norbu Sherpa with board member of HTNZ, Dr. Lindsay Strang.

5.3 FIVE YEAR INTEGRATED DEVELOPMENT PROJECT EVALUATION

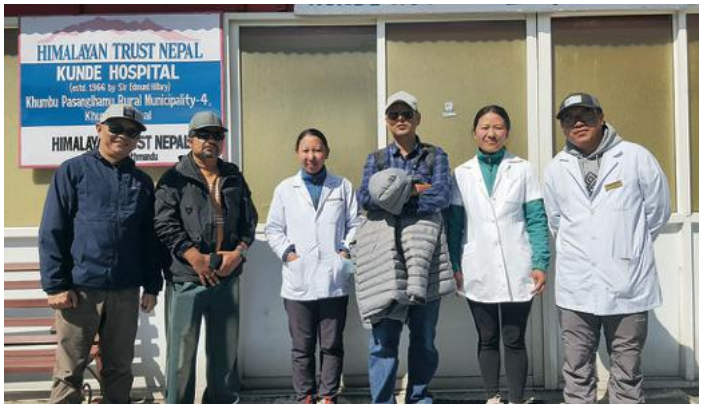
The Social Welfare Council's (SWC) evaluation team, led by Balaram Devkota, and two other members: Bhagawati Sangraula, Director of the SWC, and Anil Basnet, Finance Expert conducted site visits to Lukla, Namche, Kunde, Khumjung, and Monjo in the Khumbu region in October 2024. The purpose of the visit was to evaluate HTN's five-year (July 2019 to July 2024) Integrated Development Project (IDP) in the Solukhumbu district. The IDP project includes the operation of Kunde Hospital and its outreach clinics, Quality Education Programme in Solukhumbu, the Monjo Drinking Water and Fire Hydrant Project, and support for Phaplu Hospital and other health institutions in Solukhumbu. HTN's chairperson, Pasang Dawa Sherpa, and Programme Manager, Lhakpa Tenji Lama (Sherpa) accompanied the evaluation team during their field visits, which took place from 29 October to 3 November 2024.



Visit to Lukla Basic School.



Visit to Thangka Painting School.



Visit to Kunde Hospital.



Visit to Khumjung Secondary School.



Visit to Himalaya Basic School, Namche.



Visit to the Monjo Drinking Water and Fire Hydrant project site.



Meeting with the chairman of Ward No. 2 at Lukla.



Group photo taken with the SWC evaluation team at HTN office.

5.4 GUEST'S VISIT TO HTN

HTN had the privilege of hosting numerous guests from various organizations.



Phurba Sona Sherpa and Diane McKinnon visited HTN office on 15 October 2024.



Kyoko Yokosuka, Resident Representative of UNDP and Lisa Choegyal, Honorary Consul of New Zealand visited HTN on 21 October 2024.



Likewise, board members of Sir Edmund Hillary Stiftung, Germany Manfred Braml and his wife Brigitte visited HTN office on 25 October 2024.



The Himalayan Trust New Zealand's Mountain Bike Team led by the Fundraising Manager Casey Hemingway visited HTN on 27 October 2024.



HTN also welcomed His Excellency Patrick John Rata, New Zealand's High Commissioner to Nepal, Rahul Mukund, and Policy Advisor at the New Zealand High Commission, New Delhi and Lisa Choegyal, Honorary Consul of New Zealand on 21st November 2024.



Professor Harutaka Sakai from Japan and Pemba Lama also visited HTN office and discussed on future collaboration to support Junbesi School.

Additionally, Apa Sherpa and Lhakpa Rita Sherpa visited the Trust office and discussed about possible collaboration for building Thame school that was destroyed by the Thame Glacial Lake Outburst Flood (GLOF) on 16 August 2024.



Conrad Anker, a board member of the American Himalayan Foundation, along with Charu Pradhan, visited HTN office on 6 February 2025 as a courtesy call. During their visit, they engaged in discussions with HTN representatives regarding ongoing programs and activities.





Similarly, on 10 February 2025, Sue Leyden from the UK visited the HTN office. On this day, Dr. Mingma Norbu Sherpa delivered a presentation on HTN's annual progress, highlighting key achievements and ongoing programs, including the Thame Glacial Lake Outburst Flood (GLOF) disaster. Dr. Mingma also presented Ms. Leyden with a thanka painting as a token of appreciation for her visit and support through HTUK.



Margaret Stocker, chairperson of Forgotten Sherpas of Nepal Trust and Robyn Ann McFarlane and team visited HTN office on 12 April 2025.



Felicia Schaffner and Ursula Heuscher from Naulekh Foundation visited HTN office in April 2025.





Erica Stone, Norbu Tenzing and team from the American Himalayan Foundation visited HTN office on 14 April 2025. During their visit, they engaged in discussions with HTN representatives regarding ongoing programs and activities. Dr. Mingma Norbu Sherpa delivered a presentation on HTN's annual progress, highlighting key achievements and ongoing programs, including the Thame Glacial Lake Outburst Flood (GLOF) disaster and HTN's response.





Similarly, on 24 April 2025, Sarah Hillary and her eight member New Zealand team visited the HTN office. On this day, Dr. Mingma Norbu Sherpa delivered a presentation on HTN's annual progress, highlighting key achievements and ongoing programs, including the Thame Glacial Lake Outburst Flood (GLOF) disaster and response undertaken by the Himalayan Trust.



Likewise, Lisa Choegyal, Honorary Consul of New Zealand to Nepal and Tom Hiddleston visited HTN office on May 2025.



Liam Finnigan from New Zealand High Commission also visited HTN Office.



Paul Eden from New Zealand visited HTN office and met with General Manager of HTNZ, Alexander Hillary.

On 30 June and 7 July 2025, two groups of students from Munich International School, Germany and Ardingly College of UK visited the HTN office to learn about Sir Ed, his legacy, the Himalayan Trust, and the work it is implementing in Solukhumbu.



Student group from Munich International School



Student group from Ardingly College

5.5 17TH COMMEMORATION OF SIR ED OBSERVED

On 10th January 2025, HTN marked the 17th commemoration of Sir Edmund Hillary in Kathmandu, as 11 January fell on a Saturday. Board members, general members, and staff paid tribute to Sir Ed to remember him.

As part of the event, the HTN board approved a budget of 2 million rupees to support eight petitions submitted by community schools, monasteries, and other organizations from Solukhumbu. These small grant projects will be implemented in 2025 through the funding support of Himalayan Trust New Zealand and the Ministry of Foreign Affairs and Trade (MFAT). The event also included a half-yearly progress review sharing of HTN's ongoing projects.









The 17th commemoration of Sir Ed in Kathmandu.




Review and coordination meeting held with KPLRM leaders at the HTN office.

5.6 REVIEW AND COORDINATION MEETING WITH KPLRM

HTN organized a coordination and progress sharing meeting with leaders of the Khumbu Pasang Lhamu Rural Municipality at its office. Chairman of KPLRM, Mingma Chhiri Sherpa along with Deputy Chair, Tashi Lhamu Sherpa, Chief Administrative Officer, Jagat Prasad Bhusal, Chair of Ward No. 3 and 5, Nuru Jangbu Sherpa and Pasang Gyalzen Sherpa and executive member Lhakpa Gyalzen Sherpa were present at the meeting along with HTN representatives.

During the meeting, HTN CEO, Dr. Mingma Norbu Sherpa shared the progress of ongoing projects including the design of Thame clinic which is set to begin construction in April 2025. The meeting also discussed possible ways of future collaboration and partnership opportunities.

5.7 MONITORING VISIT TO SOLU

HTN team led by Chairman, Pasang Dawa Sherpa, visited several project sites as part of a monitoring trip. They inspected Patle Clinic and Nalidanda school projects in Okhaldhunga district. The team also visited Nechasalyan Primary Health Centre (PHC).

In Sotang Rural Municipality, they held a meeting to discuss and initiate the construction of a hostel block at Birendra Jyoti Secondary School. They also visited Panchakanya and Jana Jagriti Basic Schools.

The team also monitored Sagarmatha Basic School in Birkhe, and Hunga Secondary School, where HTN is setting up a computer lab this year. They also visited Ganesthan Secondary School, Bung Clinic, Himchuli Basic School, Phaplu Hospital, and Junbesi School.



Patle Clinic



Primary eye care service in Patle Clinic.



Meeting at Sotang Rural Municipality.



Sanchita Rai, HA of Bung Clinic.



Himchuli Basic School



Panchakanya Basic School



Kuseswori Basic School



Phaplu Hospital

5.8 SAFEGUARDING AND CHILD PROTECTION TRAINING

A two-day training on child right protection and safeguarding and team building workshop was successfully conducted in Nagarkot on 10 and 11 April 2025. A half day training session on safeguarding and child protection was conducted by Girman Thapa from the Department of Education. HTN board members and staff personnel received the training.



Girman Thapa conducting sessions on Safeguarding and Child Protection Training.









Glimpses of Team Building cum Safeguarding and Child Protection Training.

5.9 SWC MONITORING AND EVALUATION VISIT

The Social Welfare Council's (SWC) monitoring and evaluation team, led by Dr. Bal Bahadur Parajuli, and two other members: Prayash Shrestha, Finance Expert and Pradip Kumar Yadav, representative from SWC conducted site visits to Patle Clinic, Juving school WaSH Project, and Kharikhola School Building Construction Project. HTN's Project Coordinator Er. Bijay Shrestha facilitated the monitoring and evaluation team's field visit from 23 to 25 March 2025.




SWC team monitoring in Patle Clinic.




SWC team monitoring in Juving Secondary School.

5.10 RT. HONOURABLE WINSTON PETER'S VISIT

New Zealand's Deputy Prime Minister and Minister for Foreign Affairs and Trades, Rt. Honorable Winston Peters visited Kunde Hospital and Khumjung Secondary School on the auspicious occasion of Everest Day (May 29, 2025). Minister Peter was accompanied by the New Zealand High Commissioner to India and Nepal, His Excellency Patrick John Rata, high level officials from MFAT and New Zealand High Commission, NZ Honorary Consul to Nepal Lisa Choegyal, HTN Chairman Pasang Dawa Sherpa, HTNZ General Manager Alexander Hillary, and HTN CEO Dr. Mingma Norbu Sherpa.

The Minister took tour of Kunde Hospital, observed medical facilities and then visited Khumjung School. The minister also visited the Sir Edmund Hillary Visitor Center, Khumjung School grade 10 classroom and the EduTech and Himalayan Trust built computer lab. The Deputy Prime Minister also launched the Quality Education Programme in Solukhumbu (QEPS) phase III for the next five years from the premises of Khumjung (Hillary) School. The QEPS phase III is a joint initiative of MFAT and Himalayan Trust New Zealand.



SWC team monitoring in Kharikhola Secondary School.

Likewise, HTN organized a programme in Kathmandu to mark the 72nd Everest Day and Deputy Prime Minister's visit to Nepal. On this occasion an interaction programme was conducted with the students and sharing on New Zealand and Nepal friendship, Sir Ed's legacy, Himalayan Trust and its programme activities.





Rt. Honorable Winston Peters welcomed at Kunde Hospital by the Kunde community.



HTN CEO Dr. Mingma Norbu Sherpa, Rt. Honorable Winston Peters and HTN Chairman Mr. Pasang Dawa Sherpa



Rt. Honorable Winston Peters at Khumjung Secondary School.



Khumjung Secondary School.





72nd Everest Day celebration and scholarship interaction programme organized in Kathmandu.

5.11 NGO COORDINATION MEETING AT KPLRM

HTN CEO, Dr. Mingma Norbu Sherpa and HTNZ General Manager, Alexander Hillary participated in a NGO coordination meeting organized by the Khumbu Pasang Lhamu Rural Municipality in their office on 1st June 2025. Representatives of nine NGOs working in KPLRM attended the meeting and shared their annual progress reports of the last fiscal year and presented the programme budget of the current fiscal year. Among, all the NGOs present, Himalayan Trust has the biggest programme operation in the KPLRM. The Trust has diverse and intensive programmes on health, education and livelihoods.



NGO Coordination meeting at KPLRM office.

06

CONCLUSION



The fiscal year 2024/25 proved to be highly conducive for Himalayan Trust Nepal, with significant success achieved across its education, health and livelihood programmes. These achievements are clearly reflected in both the physical work progress and financial performance of the organization.

Over the year, HTN achieved several key milestones. Under the five-year "Quality Education Programme in Solukhumbu", funded by the New Zealand International Development Cooperation and Himalayan Trust New Zealand, major activities SBTTP and LIL were successfully implemented across 76 schools. This five-year project concluded in April 2025. Specifically, SBTTP was implemented in 33 schools, and LIL in 43 schools in the Solukhumbu district. The programme delivered a wide range of components including: teacher trainings, teaching materials support to 101 schools, installation of new computer labs, teachers' salary support, student scholarships and distribution of child-friendly furniture.

In partnership with EduTech Nepal and Himalayan Trust New Zealand, eight new computer labs were established – seven in Solukhumbu and one in Khotang. Additionally, the roof strengthening of the Sir Ed Visitor Centre was successfully completed.

Following the Ngole (Thame) GLOF disaster, HTN responded promptly by supporting affected students, teachers and the broader Thame community in their post-disaster recovery efforts. HTN also played a key role in the development of the Local Adaptation Plan of Action (LAPA), contributing to a comprehensive climate resilience plan for the Khumbu Pasang Lhamu Rural Municipality.

In the health sector, Kunde Hospital consistently delivered high-quality health care services to beneficiaries in the Khumbu region. Two community clinics in Thame and Phortse, operated under the Kunde Hospital and supported by the Himalayan Trust and the American Himalayan Foundation, continued to provide essential healthcare services. Specialized units such as the dental and eye care units at Kunde hospital maintained consistent delivery of quality services. Phaplu Hospital also remained a critical hub for public healthcare. The Namche Dental Clinic played a crucial role in delivering quality dental services in the Khumbu region while clinic facilities in Patle and Goli ensured healthcare services reached more remote local communities.

The "Zero TB in Kids and Family" project, funded by Johns Hopkins University, USA, continued successfully in Budhanilkantha and Dakshinkali Municipalities. The project has played a vital role in screening for Latent TB in congregated residential settings. Monks, nuns, and students have been among the key groups screened. HIV-Prep Project implemented through Bharatpur hospital Chitwan was successfully completed. Clinical trial of Emetine drug for treatment of Covid-19 as EVOLVE project in Chitwan did not go as expected as Covid-19 virus infection diminished gradually.

HTN also delivered significant impact through the "Menstrual Health in Solukhumbu" project, which reached adolescent girls and women through school-based and community-level activities. The project addressed long-standing gaps in access to safe menstrual products and reliable health education.

HTN's programme and project are grounded in participatory, transparent, and inclusive approaches at every stage – planning, implementation, monitoring, and evaluation. Its success is built on thorough needs assessments and extensive consultations with beneficiaries and stakeholders. HTN's greatest strength lies in actively involving the communities it serves, ensuring that all initiatives are tailored to their genuine needs and aspirations. This participatory approach fosters local ownership, strengthens inclusivity, and enhances long-term impact.

HTN's achievements over the past years reflect the synergistic efforts of its dedicated team, the trust of donors and partners, and the strength of well-planned programmes. The governance and management teams are optimistic about sustaining and expanding this progress in the coming years. However, continued success will require the ongoing support of the donors, partners, government agencies, and local communities.

ANNEX 1

FINANCIAL REPORT

HIMALAYAN TRUST NEPAL

SOLUKHUMBU,NEPAL

NOTES FORMING PART OF THE STATEMENT OF INCOME & EXPENDITURE

For the year Ended 32nd Ashad 2082 (16 July 2025)

Details	Note	Sub-Total Amount (Rs)	F.Y Year 2081.082 Amount	Sub-Total Amount (Rs)	F.Y Year 2080.081 Amount
INCOME /RECEIPT	10				
Membership Fee			1,400.00	1,400.00	1,400.00
Grant and Contribution	10.1		147,796,616.73		151,316,948.92
Grant/Donation Received	A	132,657,560.71		141,197,895.36	
Contribution/ Donation from Projects	B	15,139,056.02		10,119,053.56	
Other Income (Internal)	C		1,668,594.07		2,705,822.93
Miscellaneous Income		455,916.30		1,090,921.11	
Bank Interest (Annex: C)		1,212,677.77		1,614,901.82	
Total Income/Receipt			149,466,610.80		154,024,171.85
EXPENDITURE	11				
Project Expenses	11.1				
HTNZ Projects	11.1.1	41,926,686.54		47,133,787.48	
MDRES Scholarship	11.1.2	862,500.00		605,000.00	
HTN NZ and other Expe.	11.1.3	11,425,120.87		11,830,417.62	
Khunde Hospital Expenses - NZ	11.1.4	14,655,004.59		5,269,863.87	
HTN Admin Exp and Internal Activities	11.1.5	19,385,548.09		12,829,799.22	
HTN Staff Welfare Fund	11.1.6	-		120,786.00	
SEHS Germany Project	11.1.7	4,193,010.59		4,034,518.56	
BCF Scholarship	11.1.8	4,220,370.42		5,370,269.35	
Beyul Experience	11.1.9	43,697.50		-	
Gift Trust NZ	11.1.10	1,276,000.00		506,000.00	
GCF (Himali Hostel Construction Project)	11.1.11	-		178,807.61	
AHF Projects	11.1.12	3,167,993.05		20,664,326.29	
TGHF Scholarships	11.1.13	1,853,984.00		1,914,000.00	
Naulekh Foundation Scholarship	11.1.14	5,391,694.00		4,756,994.00	
Jeffrey W. Philips	11.1.15	785,187.18		494,368.00	
Johns Hopkins University	11.1.16	3,707,013.91		3,716,724.64	
Menstrual Health Solukhumbu	11.1.17	1,206,608.25		-	
Rotary Club of Koblenz	11.1.18	357,653.00		316,734.00	
School Construction Project Kharikhola	11.1.19	-		12,576,399.30	
HTUK Scholarships	11.1.20	1,508,150.00		1,057,650.00	
Others Donor	11.1.21	600,883.16		1,566,730.19	
Nepal Kinder Hilfe	11.1.22	6,646,451.06		7,047,546.00	
Forgotten Sherpas of Nepal Trust	11.1.23	2,804,000.58		2,854,443.10	
Dianne McKinnon Scholarship Fund	11.1.24	440,000.00		440,000.00	
Phase II Himali Hostel Construction Project	11.1.25	260,119.80		-	
KSVC Donors	11.1.26	33,542.00		1,204,348.97	
Evolve Project	11.1.27	1,643,246.00		3,528,154.31	
LAPA Project	11.1.28	426,015.51		-	
P4HIV	11.1.29	1,991,755.00		277,395.00	
Light for Kids	11.1.30	4,225,441.16		1,588,926.30	
Tenzing Norgay Sherpa Foundation	11.1.31	-		75,000.12	
Sir Edmund Hillary Visitor Center roof repair project	11.1.32	4,099,129.26		-	
NDC Internal Donation	11.1.33	283,250.00		293,750.00	
SEHF project	11.1.34	716,204.50		79,200.00	
Thame Emergency Relief Project	11.1.35	8,727,494.13		-	
Eyes 4 Everest	11.1.36	721,483.38		575,625.06	
Net Operating Expenditure			149,585,237.53		152,907,564.99
Net Operating Surplus (10-11)					
Surplus for the Year before Depreciation			(118,626.73)		1,116,606.86
Less: Acumulated Reserve Adjustment			(1,885,198.26)		-
Accumulated Previous Surplus Balance C/F			31,606,539.34		30,489,932.48
Accumulated Surplus for the Year			29,602,714.35	-	31,606,539.34

The accompanying form an integral part of these financial statements

(Baween Raj Tandukar)
Finance & Admin Manager

Mingma Norbu Sherpa
Chief Exe. Officer

Pasang Sherpa Lama
Treasurer

Pasang Dawa Sherpa
Chairman

Janak Tamang
J.Tamang. Associates
Regd. Auditor

ANNEX 2
EXECUTIVE COMMITTEE



PASANG DAWA SHERPA
Chairman

EXECUTIVE COMMITTEE



TASHI JANGBU SHERPA
Vice Chairman



PASANG SHERPA LAMA
Treasurer



DR.MINGMA NORBU SHERPA
Secretary



YANGJI DOMA SHERPA
Joint Secretary



DAWA PHUTI SHERPA
Member



PERTEMBA SHERPA
Member



PASANG DAWA SHERPA
Member



DR. NIMA NAMGYAL SHERPA
Member

ANNEX 3
OUR TEAM



DR. MINGMA NORBU SHERPA
CEO

OUR TEAM



LHAKPA TENJI LAMA (SHERPA)
Programme Manager



BAWEEN RAJ TANDUKAR
Finance & Admin Manager



PHURBA CHHETEN PRADHAN
Programme Officer



PEMA DIKI SHERPA
Admin Officer



FURA YANGEE SHERPA
Finance Officer



ANG CHHIRING SHERPA
Office Assistant



MAN BAHADUR MAGAR
Gardener/Culinarian

EDUCATION TEAM



MAHENDRA BAHADUR KATHET
Education Advisor

EDUCATION TEAM



ISHWORMAN RAI
Education Training Officer
Nepali



NAVA BAHADUR BHUJEL
Computer Lab Monitoring Officer



BISHNU KUMAR RAYAMAJHI
Education Training Officer
Mathematics



DEEPA NIRAULA
Education Training Officer
English



SANGITA RAI
Education Training Officer
Science



SRIJANA THAPA
Education Field Officer



GITA LAMA
Education Field Officer

KUNDE HOSPITAL TEAM



DR. MINGMA KANCHI SHERPA
Doctor In-charge



DR. KAMI TEMBA SHERPA
Senior Medical Consultant

KUNDE HOSPITAL TEAM



FURA DOMA SHERPA
Staff Nurse



SAMJHANA BASEL
Staff Nurse



NIRMALA BADU
Health Assistant (HA)



PHURBA TASHI SHERPA
Lab Technician



BHUPENDRA CHAUDHARY
Dental Hygienist



PRAJESH DULAL
Ophthalmic Assistant



RAM BAHADUR BASNET
HA- Phortse Clinic



MILAN MAGAR
Health Assistant (HA)
Thame Clinic

TECHNICAL TEAM



ER. BIJAY SHRESTHA
Project Coordinator



DIPU SHERPA
Field Supervisor

NAMCHE DENTAL CLINIC



DR. SHARMILA BISHOWKARMA
Dentist



MINGMA LHAMU SHERPA
Dental Hygienist

PATLE COMMUNITY HEALTH CLINIC



BUDDHA BIR TAMANG
Community Medicine Assistant (CMA)



GELJE SHERPA
Office Assistant

PIKE RURAL GEORGE HUNTER HEALTH CLINIC

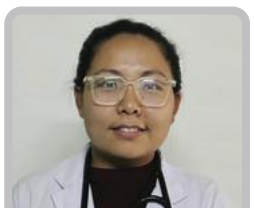


SUBASH BHATTARAI
Health Assistant (HA)



LHAMU DOLKAR SHERPA
Office Assistant.

ZERO TB IN KIDS & FAMILY PROJECT



DR. NYIMA PHUTI SHERPA
Project Medical Officer



PASANG PHUTI SHERPA
Data Entry Assistant



BELASHPURA KUMARI SHAHI
Project Nurse

MENSTRUAL HEALTH SOLUKHUMBU PROJECT



SUSHMA ADHIKARI
Project Coordinator

ANNEX 4

OUR PARTNERS

Government of Nepal

HIMALAYAN TRUST
FOUNDED 1960 BY SIR EDMUND HILLARY

NEW ZEALAND
FOREIGN AFFAIRS & TRADE
Manatū Aorere

AMERICAN HIMALAYAN FOUNDATION

THE GREATER HIMALAYAS FOUNDATION

THE SIR EDMUND HILLARY FOUNDATION

Himalayan Trust UK
SUPPORTING THE MOUNTAIN PEOPLE OF NEPAL

Forgotten Sherpa of Nepal Trust

TENZING NORGAY SHERPA FOUNDATION

Sir Edmund Hillary
Stiftung Deutschland e. V.

FOUNDATION BENOÎT CHAMOUX

eduTechNepal
transforming education through technology

Hillary Foundation of USA

Naulekh (Poyan) Foundation Switzerland

Reinhold Messner Mountain Foundation

SlovakAid
GOOD IDEA SLOVAKIA

Licht für Kinder e.V.

Grand Circle Foundation
Giving back to the world we travel

Nepal Kinderhilfe e.V.
Zukunft dank Bildung
नमस्ते
www.nepalkinderhilfe.de

NEPALHILFE-TIROL

EYES4EVEREST

THE gift TRUST
make good happen

JOHNS HOPKINS MEDICINE

THAME SHERPA HERITAGE FUND

ANNEX 5

SUCCESS STORIES AND ARTICLES



ANG FUTI SHERPA

Khumbu Pasanglhamu Rural Municipality-04, Khumjung, KPLRM and Himalayan Trust Bachelor Level Scholarship Recipient

My name is Ang Futi Sherpa, a 22-year-old student originally from the beautiful village of Khumjung in the Solukhumbu district. I come from a family of four- my father, mother, younger sister, and me. Khumjung is a serene mountain village, surrounded by majestic peaks, where most families, including mine, are involved in tourism and hospitality-related work. Despite its natural beauty, the village lacks many modern facilities, making education and other opportunities hard to access without external support.

Growing up in a family with a tourism background, I always dreamt of building a career in the tourism and hospitality sector. However, fulfilling that dream wasn't easy. My family did their best to support me, but the high cost of education in Kathmandu created a heavy burden. I constantly worried about how I would continue my studies, seeing many of my friends working part-time jobs just to afford their university fees. Before receiving the Himalayan Trust Scholarship, my path was filled with uncertainty and financial stress. It was difficult to stay focused on my studies when the fear of dropping out loomed over me.

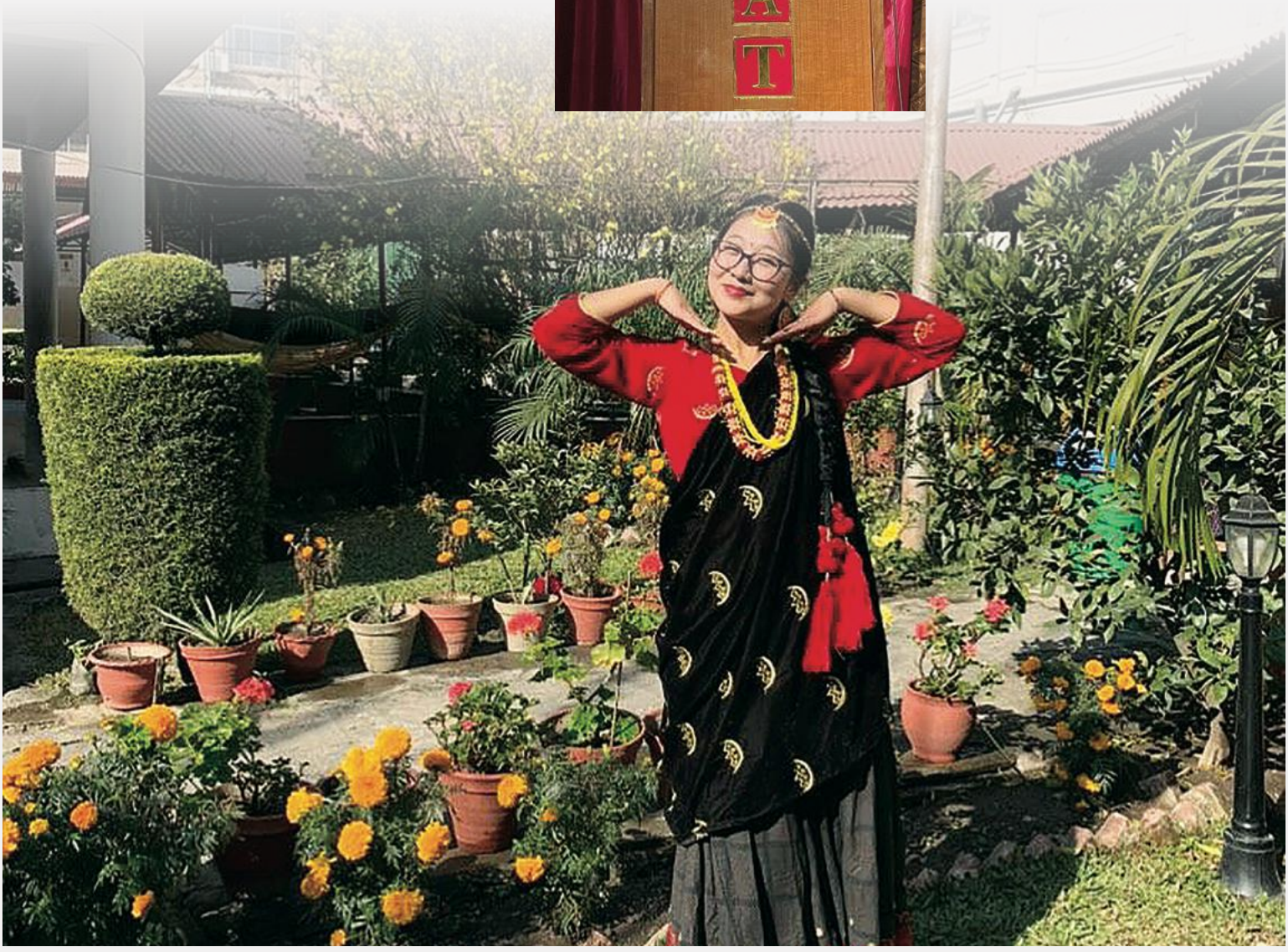
Receiving the Himalayan Trust Scholarship was a turning point in my life. It gave me the confidence and security to continue my education without constantly worrying about tuition fees. I was able to fully dedicate myself to my studies and actively participate in academic and practical learning. The scholarship not only relieved financial pressure but also motivated me to aim higher in life. In addition to my studies, I also worked as a ticketing agent for one and a half years, which helped me gain valuable experience in the field. Today, I am proudly studying at the Nepal Academy of Tourism and Hotel Management (NATHM), and we have been given an incredible opportunity to intern at Tribhuvan International Airport through Nepal Airlines. This hands-on experience will be vital for my future career, and I truly believe it wouldn't have been possible without the generous support of the Himalayan Trust.

Currently, I am thriving academically and gaining real-world experience through my internship. I am proud of the progress I have made and grateful for the opportunities that have come my way. The Himalayan Trust Scholarship has empowered me to dream big and work towards a successful future. One of the most valuable lessons I've learned is that with the right support, dedication, and resilience, it is possible to overcome

challenges and achieve your goals. I am deeply thankful to the Himalayan Trust and all its donors for believing in me and so many other students from remote areas. Your support has changed my life and continues to inspire me to work hard and give back in the future.

Thank you all Himalayan Trust family!!







DAWA TSHERING SHERPA

Khumbu Pasanglhamu Rural Municipality-04
KPLRM and Himalayan Trust Bachelor Level Scholarship Recipient

Hello!

My name is Dawa Tshering Sherpa, and I am 23 years old. I come from Ngomoteng, a small village in Khumbu Pasanglhamu Rural Municipality, Solukhumbu district. I am currently studying in the 6th semester of my Bachelor's degree in Computer Science.

I have a small family- just me and my younger brother. We lost our parents early in life, so it has always been the two of us taking care of each other. Since my early childhood, I lived in a hostel far from home to get a better education. Life hasn't been easy, but I have always believed that education is the key to a better future.

After completing my secondary education in Science from KU City College in Kathmandu in the year 2077 B.S., I dreamed of studying Computer Science. I chose this subject because our world is becoming more and more dependent on technology, and I wanted to be a part of that change. I wanted to gain the skills needed to build a good career and help my community one day.

However, after my +2, I faced a big challenge-money. Living in Kathmandu is expensive, and the cost of both studying and surviving on a part-time job was too much for me. There were moments when I thought I might have to give up on my dream and take up a small job just to make ends meet.

Then something amazing happened, I got selected for the Bachelor Level Scholarship jointly provided by Khumbu Pasanglhamu Rural Municipality and Himalayan Trust. That moment changed my life. With their support, I no longer had to worry so much about tuition fees or living expenses. I could finally focus on my studies and give my best.

Since receiving the scholarship, many good things have happened. I have been able to attend college regularly, take part in learning activities, and improve my knowledge and skills. I have met many kind and inspiring people who have motivated me to keep working hard. I have also started building a professional portfolio, which will help me in the future when I start looking for jobs.

Today, I feel proud of how far I have come. I'm more confident, and I believe that after I complete my studies, many opportunities will open up for me. This journey has taught me that education is truly powerful and that a little support can go a long way, especially for students from humble backgrounds like mine.

I want to thank Khumbu Pasanglhamu Rural Municipality and Himalayan Trust from the bottom of my heart. Without their scholarship, I would not be where I am today. Their help has not only supported my education but also given me hope for a better future.



PEMBA YANGJI SHERPA

Permanent Address: District: Solukhumbu | Village: Thame
Municipality: Pasang Lhamu Rural Municipality - Ward No. 5
Current Address: Kathmandu, Attarkhel
Contact Details: 9806377414
Name of the Scholarship Received: The Mary Lowe Scholarship

Namaste!

I am Pemba Yangji Sherpa, an 18-year-old girl from Thame village in Solukhumbu district. I come from a humble family of four—my father, mother, brother, and myself. My early education began in a remote mountain village, and I completed my SEE at Khumjung Secondary School. Growing up in a financially struggling household, my dreams of higher education often felt out of reach. However, the support from the Himalayan Trust Nepal, particularly through The Mary Lowe Scholarship, changed everything. It opened doors to opportunities I never imagined and gave me the strength to continue my journey through higher education.

Before receiving support from the Himalayan Trust Nepal and the Mary Lowe Scholarship, continuing my education beyond Grade 10 felt nearly impossible. My family faced great financial hardship. We could barely afford daily necessities, and the idea of paying school fees or buying books seemed like a distant dream. At times, I considered taking up a side job just to support my family. I had the desire to study, but opportunities in our remote village were limited. The uncertainty of my future was a heavy burden. But everything changed when the Himalayan Trust Nepal stepped in and told my parents, "We will support her education. Enroll her in a good college." Receiving the Mary Lowe Scholarship brought not only financial relief, but also renewed hope and purpose in my life.

With the generous support of the Himalayan Trust Nepal and the Mary Lowe Scholarship, I was able to complete Grades 11 and 12 in the management stream at Venus National College. This milestone, once unimaginable, became a reality. The scholarship covered my tuition, stationery, and exam fees, easing the burden on my family. With financial worries out of the way, I could focus wholeheartedly on my studies. I became more active in class, joined school programs, and received mentorship from my teachers. My academic performance improved, and I developed key skills such as time management, self-discipline, and goal setting. Most importantly, I discovered confidence in myself and a vision for my future. I now have a clear goal of pursuing higher education in the medical field and eventually contributing to my community. The scholarship didn't just fund my education—it empowered me to believe in my dreams and work hard to achieve them.

Today, I am proud to have completed Grade 12 and this achievement marks a turning point in my life. My transformation has taught me that with support and determination, even the toughest obstacles can be overcome. The Himalayan Trust Nepal and the Mary Lowe Scholarship not only supported my education but helped me believe in myself.

Thank you for your generous support of The Mary Lowe Scholarship; Himalayan Trust Nepal.

Empowered by Education

How a Scholarship Changed My Life

ROMIKA BISHWOKARMA
Mapyadudhkoshi Rural Municipality-04, Khastap, Solukhumbu
Dalit Girls Scholarship 2023
Gift Trust New Zealand



My name is Romika Bishwokarma, and I am 16 years old. I come from a close-knit nuclear family consisting of my father, mother, brother, and sister. As the eldest daughter, I carry a sense of responsibility and a deep desire to grow, learn, and lead by example.

I am someone who is always eager to explore new ideas and take on fresh challenges. In my free time, I keep myself engaged in learning and love traveling to discover new places and experiences. I come from a small village in the Solukhumbu district, an area renowned not only for its natural beauty and rich cultural heritage but also for being home to the world's highest peak, Mount Everest.

Currently, I am studying Computer Science. I completed my secondary education at Arunima Secondary School in Baudha, Kathmandu.

Before receiving the Dalit Girls Scholarship from Himalayan Trust Nepal, I was a girl with very little hope. My dreams felt distant and uncertain due to my family's financial situation. We come from a middle-class background, and our income was only enough to meet our basic needs. I had always dreamed of becoming a successful IT engineer, but the lack of financial resources made it difficult to see a clear path forward. That's when the Himalayan Trust and the Gift Trust New Zealand became my pillar of support. This scholarship not only gave me hope, it gave me a future.

There was a time when I didn't even know how to use a mobile phone. But with the determination and the opportunity provided by the Himalayan Trust, I have now gained a strong foundation in information technology. During my two years at Arunima, I acquired valuable knowledge and experiences. I had opportunities to explore my potential, identify my weaknesses, and grow from them. I also got the chance to interact with industry professionals, which I consider a great privilege.

My communication and computer skills have improved significantly. I feel proud of the progress I've made and the person I've become. I am no longer the girl who couldn't see her future. Today, I am more confident, skilled, and determined to pursue my dream of contributing to the field of IT.

All of this would not have been possible without the Himalayan Trust Nepal and the Gift Trust New Zealand. The scholarship gave me the courage, motivation, and opportunity to discover my potential. For that, I am deeply grateful. No words can truly express how thankful I am for the support this foundation has provided me. It has opened up a world of possibilities and given me a clearer vision of the future.

As I move forward, I am excited to explore more, gain deeper knowledge, and one day give back by contributing meaningfully to the world of information technology.

Thank you!

Chasing My Dream

to Become a Nurse

DAWA TASHI SHERPA
Kharikhola-1, Khumbu Pasang Lhamu Rural Municipality, Solukhumbu
Sir Edmund Hillary Memorial Scholarship



My name is Dawa Tashi Sherpa. I am 18 years old. I live in a small village called Kharikhola in the Solukhumbu district of Nepal. My village is surrounded by hills and forests, with breathtaking natural beauty, but life here is not easy. Due to the lack of proper transportation, basic facilities, and economic opportunities, pursuing education becomes a challenge for many children like me. My family works very hard to make ends meet. We live in a simple home, and my parents always wanted me to get a good education and live a better life. I had a dream of becoming a nurse, but it felt difficult to achieve due to our situation.

Before receiving support from the Himalayan Trust Nepal, my journey was filled with obstacles. I had to help my family with household chores and fieldwork every day. Because of these responsibilities, I often got tired and had less time and energy to focus on my studies. Our school was very far from home, and due to the lack of proper roads and transportation, I had to walk long distances daily. Financial difficulties were one of the biggest barriers. My parents struggled to provide basic school materials like notebooks, pens, and uniforms. I also couldn't attend tuition classes even when I needed extra help in some subjects. Slowly, I started to lose the joy in learning and felt hopeless about my dreams. Watching my parents struggle made me feel guilty for dreaming big. It was a painful time where I didn't know how to move forward. The dream of becoming a nurse was there, but I didn't know how to reach it.

My life took a positive turn when I received the Sir Edmund Hillary Memorial Scholarship from Himalayan Trust. It was more than just financial support, it was a light of hope for me and my family. With this scholarship, I was able to buy the learning materials I needed, pay for school fees, and join tuition classes. I also received school uniforms and other essentials. The financial burden on my parents became lighter, and I started to focus more on my studies. I completed my +2 level in Biology Science with the help of this scholarship, which even covered half of my college academic fees. This support motivated me to work harder and believe in myself. I regained my interest in learning and felt mentally free and strong. It also boosted my confidence and helped me discover that I had the potential to achieve something meaningful. Now, I am fully committed to following my dream of becoming a nurse and helping people in need, especially in remote areas like my village.

Today, I feel proud and thankful to say that I have completed my +2 education in Biology Science at Reliance International Academy. This would not have been possible without the generous support of the Himalayan Trust. The scholarship helped me at the most crucial time of my academic life. I have learned that no matter how difficult life may seem, with support, courage, and hard work, anything is possible. I have grown stronger, more confident, and more hopeful. I am working hard to pursue my dream of becoming a nurse and bringing change to my community. I would like to sincerely thank the entire Himalayan Trust family for being a part of my journey and helping me move forward in life.

Thank you!



PHURA TENZING SHERPA

Khumbu Pasanglhamu Rural Municipality-04, Khumjung
Sir Edmund Hillary Memoarial Scholarship Recipient



Tashidelek and Namaste to everyone.

My name is Phura Tenzing Sherpa. I am 19 years old. Currently I am living in Budanilkhanta 12, Kathmandu. I have passed my Secondary Education Examination from Khumjung Secondary School and right now I am a grade 12th student, enrolled in science stream at Bagmati College, Sukedhara.

My hometown is Khunde, elevated at 3800m, situated at the lap of Mt Khumbu Yul-Lha, the sacred mountain of Sherpas. The village is blessed by nature, offering majestic view of Mt.Thamserku, Mt. Amadavlam and the highest peak of the world Mt.Everest (Chomolugma). There I grew up with my family of five. Our family consist of my father, mother, two elder sisters, elder brother and me. My parents had a significant birth gap between my elder sister, elder brother and me. The gap is so long that now, at the age of 19 I am financially depended on my elder sister as my parents do not have remarkable income. My elder sister is the breadwinner of my family. We are truly blessed to have such a responsible sister. As my parents are grown older, she has taken on all the responsible, including supporting my studies.

Before receiving the monthly allowance of 5,000 Nepali Rupees from Himalayan Trust, our family managed well with my sister's stable job covering main expenses. However, this support has made significant changes in my life. This generous support has been uplifting my plus two journey. This allowance relieved me and my family of financial burdens to some extent.

I do not have struggle with basic necessities like food, clothing, health care and education. But during my elementary school years, I had some problem regarding my dress at school. I used to be a pity boy with messy dress. My school uniform was teared. As a child I used to play too much due to which my shoes tear faster and I had to wear it for long time because there were not enough shoes for me to change. There are some incidents regarding my dress which still flashes in my mind. At present there is not such issue but one thing that sometime troubles my mind is that I feel being too much burden to my sister.

This generous scholarship support from Himalayan Trust has not only helped with my daily expenses but also ensured me a sense of stability and comfort. This allowed me to only focus on my study and pursue my goals with greater determination. Because of this support I am able to study without any mental disturbances. For that I am deeply thankful for Himalayan Trust for this support. There does not seem remarkable change at my study in this unfamiliar environment. At Khumjung School, I used to secure A grade and so do I right now at Bagmati College. I believe that I have established an image of competent student in my college as in Khumjung School. I've consistently placed among the top five in all my terminal exams. In the preboard of grade 11, I secured second position in my class.

Right now, beside of my regular class, I am actively engaging in various program. I have recently attended "National Youth Leadership Conference 2024" which was organized by Jeevan Vigan on 10 August. I have also attended "ROJGARI RA ARYA BRIDHI KATHMANDU KO SAMRIDDI" from where I got an excellent scholarship in Cyber Security training. I was awarded with "Practical Information Security Risk Management" training for six months from prestigious organization EC-COUNCIL. This training that I got from EC-COUNCIL in collaboration with Kathmandu metropolitan city is the matter of achievement for me because more than 8,000 people applied for this training and only 1,500 got it including me. Another achievement that I am proud of my self is the scholarship awarded by Kathmandu metropolitan city. I successfully crossed the threshold pass mark in the entrance examination and I got full scholarship for grade 11 and 12. I always have been involving in ECA. As I student I am not only confined to academic study but also prefer to learn the knowledge and experiences that are offered by society and nature.

ANNEX 6

ARTICLES FROM TEACHERS

Empowering Learning through Technology

A Story from Shree Singh Devi Basic School

I am Pasang Phuti Sherpa, a teacher at Shree Singh Devi Basic School, located in Mapya Dudhkoshi Village Municipality–5. I teach Science and Technology. Until recently, our school lacked a computer lab, so students could only learn computer-related content in theory. This made it difficult for them to understand the practical aspects of communication and information technology. Teaching the subject without hands-on tools was also challenging for us teachers.

With the kind support of Himalayan Trust Nepal and EduTech Nepal, our school was equipped with a new computer lab, including 11 monitors and a Master Server. This support has brought a significant change. Students are now able to learn through experiments, which is essential under the new curriculum where Information and Communication Technology is a compulsory part of Science and Technology.

The excitement among students, teachers, and parents is visible. Students now attend school more regularly and show greater interest in learning. As a computer coordinator, I have also gained new knowledge and confidence in using technology. With guidance from Himalayan Trust Nepal's technicians, I have learned to solve basic issues in the lab myself.

Although we are very happy, we feel that additional training would make the teaching even more effective. We also hope for future upgrades to the lab so it can continue to serve as a key teaching resource.

On behalf of our school community, I sincerely thank Himalayan Trust Nepal and EduTech Nepal for their support. We look forward to continued collaboration for better education.

Thank you.

PASANG PHUTI SHERPA
Science and Technology Teacher



A Brighter Learning Journey at Mahakulung Basic School



I have been a teacher for 11 years, and during this time I have seen many changes in education. But when I began, I had no idea how important good teaching materials were or that we could make some ourselves. At that time, books and stationery were often late, sometimes arriving a month or two after the school year had already started. Our classrooms lacked basic supplies like exercise books and pencils. Without these materials, it was difficult to keep students motivated, especially since many of them come from poor families. Learning became a struggle, and teachers felt unsure about how to best support their students.

This all changed when Himalayan Trust Nepal began working with our school. Their support has brought a new energy and hope to our classrooms. They provided us with stationery for students and teachers alike, including pencils, notebooks, markers, dusters, and even sports equipment. These materials arrived regularly and on time, which made a huge difference in how we prepared and taught lessons. For the first time, our students had their own copies and pencils, and they felt proud to have the tools they needed for learning.

But more than just providing supplies, Himalayan Trust Nepal helped us learn how to create our own instructional materials. Before, the idea of making teaching aids was new to us. Through their training, we gained the skills to develop learning tools using simple, locally available resources. They gave us the raw materials and guided us step by step. Now, we make colourful charts, flashcards, and other materials that make lessons more interactive and fun. This has made learning easier to understand and much more enjoyable for the children.

The change in the classroom is clear. Students who were once shy and hesitant are now excited to participate. They show greater interest in lessons, and their reading and writing skills are improving steadily. Our lessons are more dynamic, and teachers feel more confident with the new methods and materials.

One parent, Kamala Kulung, shared a simple but powerful thought that touched my heart. She said, "We come from very humble backgrounds, but now our children have new notebooks and pencils just like others. They even get storybooks to read. Seeing their smiles and happiness means the world to us." Her words remind me that education is not just about books or materials; it's about hope, confidence, and the joy of learning.

Our school and community are changing little by little every day. Himalayan Trust Nepal's ongoing support has helped create an environment where children can thrive. This support is not just improving education, it is building the future of our community. We look forward to continuing this journey and hope to see even greater changes in the years to come.

LAXMI DEVI RAI
Head teacher
Mahakulung Basic School

A New Light in My Classroom

My name is Kalidash Khadka, and I have been a teacher for 17 years. For the past two years, I've been teaching at Panchakanya Basic School in Sotang Rural Municipality. Teaching has always been close to my heart, but I must admit the journey hasn't always been easy.

Before the support from Himalayan Trust Nepal, our classrooms were quiet not with focus, but with hesitation. Many of my students came from families facing economic hardship. They were shy, unsure of themselves, and hesitant to ask questions. We had limited resources not enough materials, no proper furniture, and very little that could truly support a child's learning journey.

As teachers, we did what we could, but we needed guidance. And then came the turning point-The launch of the Literacy through Integrated Learning (LIL) programme. Through this initiative, our school received learning materials, classroom furniture, and stationery all of which brought colour and comfort into our learning spaces. But even more valuable was the training I received. I was fortunate to participate in the training provided by Himalayan Trust Nepal.

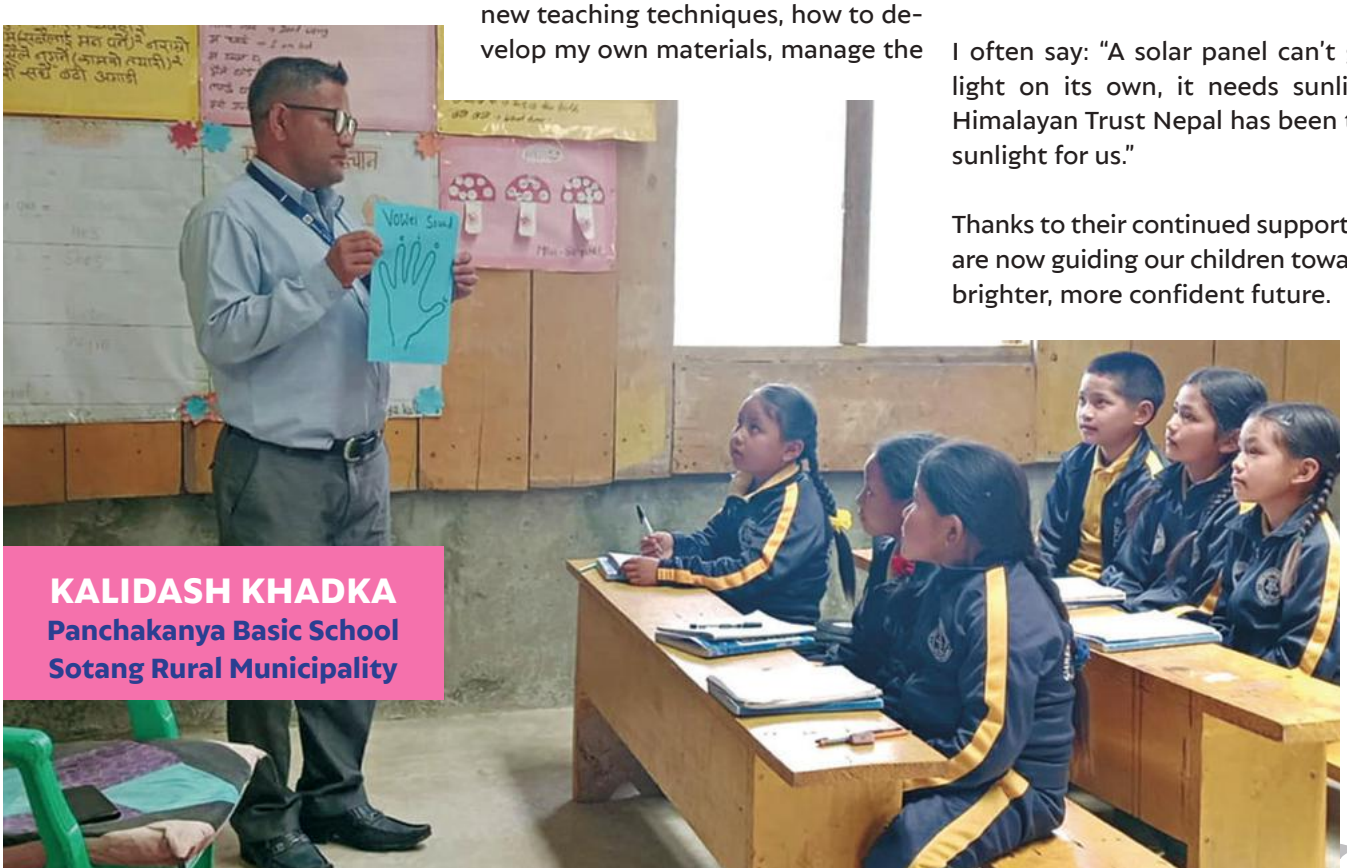
At first, the idea of switching to English medium was intimidating. We were unsure how would we manage? But the 10-day EMI training in Sotang became a source of strength. It gave me the confidence I needed. I learned new teaching techniques, how to develop my own materials, manage the classroom better, and engage students meaningfully. Today, when I step into my classroom, it feels alive.

My students speak more confidently. They greet, share, and ask questions even in English. We now conduct morning assemblies in English, and classroom communication has improved significantly. The classroom is filled with colorful, handmade instructional materials, and there's a sense of excitement in learning. The relationship I share with my students has also deepened. They see me not just as a teacher, but as someone they can trust and talk to. The classroom feels warm, open, and full of possibility.

The support from Himalayan Trust Nepal has truly transformed our teaching and learning. It has helped me rediscover my purpose and shown me that change is possible with the right support, training, and encouragement.

I often say: "A solar panel can't give light on its own, it needs sunlight. Himalayan Trust Nepal has been that sunlight for us."

Thanks to their continued support, we are now guiding our children toward a brighter, more confident future.



KALIDASH KHADKA
Panchakanya Basic School
Sotang Rural Municipality

No Child Left Behind

The Spirit of Himalayan Trust Nepal



JHAMAK BAHADUR KATWAL
Education Officer (7th Level)
Mahakulung Rural Municipality

The contribution of Himalayan Trust Nepal in the fields of education, health, and livelihood is truly remarkable. It is not only memorable but deeply respected by our entire community. For many years, this organization has worked in some of the most remote corners of Solukhumbu; Places often overlooked yet essential to uplift.

In Mahakulung Rural Municipality, where I have been serving for the past six years, our resources for education are extremely limited. Every year, we struggle to allocate enough budget to even meet the basic needs of our schools. In such circumstances, the partnership and presence of Himalayan Trust Nepal has been nothing short of transformative. They have taken the responsibility for supporting 11 schools in our municipality stepping in where others could not. Even when schools have only a handful of students, Himalayan Trust continues its support, showing us that no child should be left behind. Their spirit sets a powerful example: that every child, regardless of their background or geography, deserves access to quality education.

Their support has covered almost every aspect of education: from teacher training and stationery distribution, to the construction of classrooms and hostels, to scholarships, promotion of gender equality, parental education, and community engagement. More recently, they have even built computer labs in rural schools by bringing technology closer to students who had never seen a computer before. Their efforts clearly show that they are committed to supporting education in every possible way they can.

Since the launch of the Literacy through Integrated Learning (LIL) programme, we've seen meaningful change. The implementation of the integrated curriculum in Grades 1 to 3 has significantly improved. Continuous school visits and direct mentoring support to teachers have brought motivation and growth. Teachers feel more confident, and children are more engaged than ever.

One of the most impactful elements of this programme has been parental involvement. Through soft skill training and indigenous knowledge-sharing sessions, parents are now actively participating in their children's education. This two-way learning process is strengthening school-community ties and preserving local wisdom for future generations.

The ripple effects are visible not just in schools, but also in society. The teacher training has empowered temporary teachers to become permanent through better qualifications. Youth from Mahakulung are now passing competitive exams for the Public Service Commission, Teacher Service Commission, and entering the banking sector. These achievements are a direct reflection of long-term investment in education.

Moreover, the work of Himalayan Trust Nepal aligns with the Government of Nepal's national educational plans. They are not working in isolation. They are helping turn policies into real outcomes in some of the most underserved areas. As an education officer, I often wish I could do more but knowing we share the same mission keeps me hopeful.

On behalf of Mahakulung Rural Municipality, and personally, I express sincere appreciation to Himalayan Trust Nepal, the family of Sir Edmund Hillary, and all donors and partners. Your ongoing support has not only helped build schools, but also built futures. We look forward to continued collaboration, with even more innovative and skill-based approaches in the days to come.

Teaching with Purpose

A Story from Junbesi

Shree Junbesi Secondary School, located in Solududhkunda Municipality Ward No. 2, Solukhumbu, is recognized as one of the well-regarded schools in the district. Among its dedicated teaching staff is Chungba Chhiring Lama, a basic-level teacher who is also a proud alumnus of the school.

Thanks to the continued support of the Quality Education Programme (QEPS) managed by Himalayan Trust Nepal, Shree Junbesi Secondary School has seen remarkable improvements. The school now has a well-equipped, earthquake-resistant 12-room building, a solar-powered computer lab, and classrooms enhanced with smart boards. These facilities have enabled teachers to deliver engaging, technology-integrated lessons. With access to the computer lab, Mr. Lama can now explore educational resources online and develop interactive teaching materials tailored for ECD and primary-level students.

Every year, students receive essential learning materials like textbooks and exercise books, and a child-friendly learning environment has been created with QEPS support. Since 2022, the Himalayan Trust has been funding the salaries of two basic-level teachers, including Mr. Lama, who shares his gratitude:

"In a time when many young people must leave the country for work, I feel fortunate to be able to serve in my community at the school where I once studied."

The Trust also provides regular professional development opportunities and school-based training to strengthen teaching practices. Facilitators conduct frequent monitoring visits, helping teachers apply their learning and improve classroom delivery. This has led to greater student engagement and improved learning outcomes, supported further by accessible, technology-based learning tools.

Mr. Lama has seen firsthand how the Trust's interventions have transformed both the school and the wider community. He notes that parents, students, and other stakeholders now take great pride in having access to such a high-quality, well-equipped learning environment—something rare in remote Himalayan areas.

"I am thankful not only for the opportunity to teach, but also to contribute to the positive change in my society. With continued support, I believe we can achieve even more."

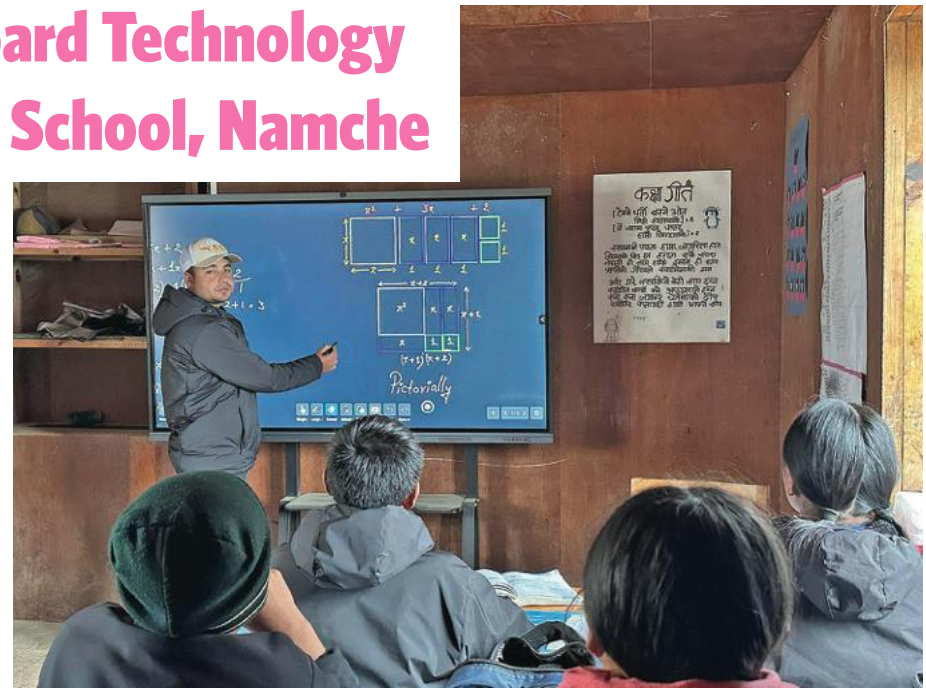
This story is a testament to how dedicated teachers can become catalysts for transformation in their communities when empowered with the right resources and support.



CHUNGBA CHHIRING LAMA
Teacher
Junbesi Secondary School

Enhancing Quality Education

through Smart Board Technology at Himalaya Basic School, Namche



Class 7 and 8 learning mathematics in Smart Board.

My name is Ashik Baraili, and I work as a teacher at Himalaya Basic School, Namche. For the past four months, we have been using a smart board in classes 7 and 8, which was kindly supported by Himalaya Trust Nepal (HTN). This has brought a noticeable improvement in our teaching and learning environment, and I would like to share my experience.

Before the smart board was introduced, we used only a whiteboard for teaching. There were several challenges: markers would often dry out, drawing diagrams or maps was time-consuming, and it was difficult to keep students engaged for long periods. Teachers spent a lot of time just writing, leaving little time for interaction with students. In subjects like science, math, and social studies, explaining complex concepts or visuals without digital tools was quite difficult.

Since we started using the smart board, teaching has become more effective and exciting. We can now use videos, animations, and digital presentations to make lessons clearer and more engaging. This has helped capture students' attention, and they are now more active and interested in class.

The smart board has also made a difference for us teachers. We can prepare and organize lessons more efficiently, save digital materials, and reuse them when needed. It has allowed us to bring variety into our teaching methods and focus more on student participation rather than just writing on the board.

At the moment, only classes 7 and 8 have access to the smart board. In the remaining classes, we still face the same old challenges with whiteboards. Student participation is lower, teaching is less interactive, and access to modern tools is limited.

Therefore, I would like to sincerely request Himalaya Trust Nepal (HTN) to help us install smart boards in other classrooms as well. If we can expand this technology to all grades, it will greatly enhance the overall quality of education and create brighter learning opportunities for all our students.

We are truly thankful to Himalaya Trust Nepal (HTN) for their generous support, and we hope for their continued partnership in the future.

ASHIK BARAILI
Teacher
Himalaya Basic School, Namche

A Journey of Determination

Janga Bahadur Rai's Success Story



JUNGA BAHADUR RAI
Past Scholarship Recipient
Mapya Dudhkoshi Rural Municipality

I am Janga Bahadur Rai, and my journey from Juving-1, Mapya Dudhkoshi Rural Municipality, to becoming a secondary school teacher has been shaped by hard work and perseverance. Growing up, I dreamed of pursuing higher education, but financial struggles were always a challenge. After completing my School Leaving Certificate (SLC) from Kharikhola Secondary School in 2006 BS with a first division, I was determined to continue, but I wasn't sure how.

Thankfully, during my +2 studies in the Education Faculty, I received an 18-month scholarship, which eased the financial pressure and encouraged me to stay focused on my studies. I also received additional support during my B.Ed. studies, which allowed me to pursue my goals without the burden of financial stress. These opportunities played a vital role in helping me stay committed to my academic path and dream of contributing to the education sector.

In 2018, I proudly completed my Master's degree in Anthropology from Ratna Rajya Laxmi College. After the COVID-19 pandemic, I returned home and began working as a social facilitator, supporting local students in their education. This experience brought me closer to my community, and in 2020 BS, I joined Kharikhola Secondary School as a lower secondary teacher. By 2022 BS, I was selected as a lower secondary social teacher by the Teacher Service Commission.

Though I faced challenges, including not passing the oral examination for a secondary teaching position in 2023 BS, I kept going. In 2024 BS, I was finally selected as a secondary social teacher, a goal I had worked towards for years.

Looking back, the support I received played an important role in helping me pursue my dreams. Today, as a teacher, I am proud to give back to my community and inspire the next generation of students.

ANNEX 7

LIST OF TEACHING MATERIALS AND SUPPORTED SCHOOLS

Quality Education Programme in Solukhumbu
Teaching materials (stationery supplies) for 99 schools of Solukhumbu, 1 school of Dolakha and 1 school of Okhaldhunga for the year 2025

SN	Particulars/ Schools	Specification	Unit	Rate	"SBTTP (61 Schools)"		"LIL (40 School)"		"Total (101 Schools)"	
Student Number	ECED				795		352		1147	
	1-3				1304		550		1854	
	4-5				1015		305		1320	
	6-8				1318		270		1588	
	9-10				752		69		821	
	11-12				296		0		296	
	Total				5480		1546		7026	
General stationery										
			Qty	Rate	Qty	Amount	Qty	Amount	Qty	Amount
1	Teacher atten register	40 sheet, nepali paper, 14.5" X 9.5", Hard cover as per given design	Pcs.	425	18	7650	23	9775	41	17,425.00
2	Student atten register	30 sheet, 12.5" X 7.5", Hard Cover as per given design	Pcs.	45	373	16785	176	7920	549	24,705.00
3	Exam copy	400 sheet, 60gsm, 11" X 18"	Rim	350	408	142800	208	72800	616	215,600.00
4	A4 paper	Double A® Premium, 80 gsm	Rim	575	415	238625	130	74750	545	313,375.00
5	Multicolor paper (Mix Colour)	A4 Size, 100 pcs mix colour, indonesian, 120gm	Rim	200	69	13800	117	23400	186	37,200.00
6	Nepali Record File with rope	Nepali paper pasting, 13.5" X 9.5", Good quality as per given design	Pcs.	6	3400	20400	2815	16890	6215	37,290.00

7	Large Copy 100 page	234x176 mm, 64 gsm, 100 pages including cover as per given design	Dz.	280	1630	456400	573	160440	2203	616,840.00
8	Mix Color Drawing paper	28" X 22" , 120gsm, Indonesia	Pcs.	12	1300	15600	747	8964	2047	24,564.00
9	White board marker (Mix Colour)	Pointline , Refill-able	Doz.	300	178	53400	61	18300	239	71,700.00
10	White board marker ink (Black)	Pointline 30ml, 12 pieces	Box	1020	36	36720	36	36720	72	73,440.00
11	Pencil	Doms, Super dark 10, HB/2 graphite pencils, Y1+	Pkt.	53	1367	72451	752	39856	2119	112,307.00
12	Eraser	Doms	Pcs.	3.25	3940	12805	2700	8775	6640	21,580.00
13	Pencil Sharpner	Rotary Pencil sharpner, Classic, Deli 0616B	Pcs.	325	93	30225	55	17875	148	48,100.00
14	Dot pen (Black)	Cello, Technotip	Pkt.	110	173	19030	80	8800	253	27,830.00
15	Dot pen (Red)	Cello, Technotip	Pkt.	110	171	18810	65	7150	236	25,960.00
16	Permanent Marker (Mix Colour)	Pointline , Refill-able, Oil Based Ink, Waterproof	Doz.	300	90	27000	46	13800	136	40,800.00
17	White board duster	Boho, White board eraser	Pcs.	35	365	12775	45	1575	410	14,350.00
18	Card Board Paper	Thick, 22' X 28"	Pcs	28	200	5600	211	5908	411	11,508.00
19	Glue stick	Renko, Non Toxic, PVP 36gm, 36 Months Warranty	Pcs.	52	193	10036	177	9204	370	19,240.00
20	Transparent Tape	2 inch, Big Roll, 900 gm,Transpar-ent white, CAMAT	Pcs.	530	24	12720	38	20140	62	32,860.00
21	Masking Tape	CAMAT, 20 meter, 1 inch	Pcs.	54	261	14094	183	9882	444	23,976.00

22	Scissor	Deli classic-6010, 8.5"	Pcs.	133	88	11704	74	9842	162	21,546.00
23	Stapler Machine No. 10	Kangaroo	Pcs.	65	89	5785	15	975	104	6,760.00
24	Stapler Pin No. 10	Kangaroo	Pcs.	11	144	1584	151	1661	295	3,245.00
25	Push Pin	Small Box, Colour Head, 35 Pcs., 23mm, deli, Pushpin 0021	Box	56	141	7896	98	5488	239	13,384.00
26	Envelope	Yelllow Thick, Letter Size	Pcs.	2	1650	3300	696	1392	2346	4,692.00
27	Envelope (A4 Size)	Yellow Thick, A4 Size	Pcs.	6	950	5700	180	1080	1130	6,780.00
28	Graph Paper	28" X 20", 70 Gsm	Pcs.	8	250	2000	0	0	250	2,000.00
29	Graph Copy	9.5" X 7", 64 gsm, 40 pages including cover	Doz.	165	135	22275	43	7095	178	29,370.00
30	Paper cutter	Deli 2041	Pcs.	133	84	11172	59	7847	143	19,019.00
Sports Item										
31	Volleyball	Mikasa, made in thailand, spiral pattern, V330W	Pcs.	3050	36	109800	15	45750	51	155,550.00
32	Volleyball Net	Good Quality	Pcs.	2050	16	32800	7	14350	23	47,150.00
33	Football	Kiko 1415, No-5, official size	Pcs.	1250	38	47500	16	20000	54	67,500.00
Additional Material										
34	English Copy	234x176 mm, 64 gsm, 100 pages including cover as per given design	Dz.	295	596	175820	394	116230	990	292050
35	Large Copy 100 page	234x176 mm, 64 gsm, 100 pages including cover as per given design	Dz.	280	635	177800	315	88200	950	266000
36	White Board	3*5, Indian	Pcs.	4000	7	28000	0	0	7	28000

37	Ruler	Plastic, Thick, 1 Feet, Nataraj	Pcs.	30	24	720	0	0	24	720
38	Volleyball	Mikasa, made in thailand, spiral pattern, V330W	Pcs.	3050	2	6100	0	0	2	6100
39	Speaker	0	Pcs.	18500	1	18500	0	0	1	18500
40	Teacher Geometry Box	Plastic	Pcs.	1500	1	1500	0	0	1	1500
41	Punching Machine	Kangaro 600 Punching Machine	Pcs.	250	5	1250	0	0	5	1250
42	Lamination Sheet A4	100 pcs packet	Pkt.	500	5	2500	0	0	5	2500
43	Glossy Photo A4 Size Paper	240 Gsm, 20 pcs packet	Pkt.	200	5	1000	0	0	5	1000
44	Index Record File	0	Pcs.	200	22	4400	0	0	22	4400
45	A5 Paper	80 Gsm, Double A, 500 sheets	Rim	400	1	400	0	0	1	400
46	A3 Paper	80 Gsm, Double A, 500 sheets	Rim	1200	1	1200	0	0	1	1200
47	Double Tape	Oddy Mounting Tape (5 metre)	Pcs.	80	6	480	0	0	6	480
48	String ball	Cotton Thread, 100meter, 12 Pcs.	Pkt.	500	7	3500	0	0	7	3500
49	Crayon	Camel Wax Crayons Jumbo 12 Shades	Pkt.	100	56	5600	0	0	56	5600
50	Permanent Marker Ink	4 Colours (Black,Blue, Red and Green), 30ml, 12pcs, Pointline	Box	1000	5	5000	0	0	5	5000
51	Binding Tape	0	Pcs.	100	6	600	0	0	6	600
52	Tipex	Gangi Metal Tip	Pcs.	100	10	1000	0	0	10	1000
53	12 colour Sketch pen	Doms, 12 Colour packet	Pkt.	100	12	1200	0	0	12	1200
54	Cartridge	Canon MF4412 Cartridge N0. 328	Pcs.	2000	2	4000	0	0	2	4000
55	Cartridge	Canon 2900 Cartridge No. 303	Pcs.	2000	2	4000	0	0	2	4000

56	Black Ink	Canon 2900, No. 303, Black	Pcs.	500	6	3000	0	0	6	3000
57	Colour Ink	Canon G3020, Colour Ink, 4 colour	Set	3000	2	6000	0	0	2	6000
58	Colour Ink	Epson L380, Colour Ink, 4 Colour	Set	3000	2	6000	0	0	2	6000
Total Amount					**1,958,812.00**		**892,834.00**		**2,851,646.00**	
13%TAX					**254,645.56**		**116,068.42**		**370,713.98**	
Grand Total					**2,213,457.56**		**1,008,902.42**		**3,222,359.98**	

Quality Education Programme in Solukhumbu
Teaching materials (stationery supplies) for 99 schools of Solukhumbu, 1 school of Rolwaling and 1 school of Okhaldhunga for the year 2025

SN	Name of School	Address	Number of Students		
			Boy	Girl	Total
A	**Solu Dudhkunda Municipality, Solukhumbu**	**31 Schools**	**991**	**1129**	**2120**
1	Taksindu Secondary School	Solu Dudhkunda Municipality-1, Nunthala	104	92	196
2	Babuchhiri Basic School	Solu Dudhkunda Municipality-1, Sat	5	6	11
3	Saraswoti Basic School	Solu Dudhkunda Municipality-1, Fuleli	60	56	116
4	Ringmu Basic School	Solu Dudhkunda Municipality-1, Ringmu	8	9	17
5	Bal Bikash Basic School	Solu Dudhkunda Municipality-1, Chhulemu	12	15	27
6	Dudhkunda Basic School	Solu Dudhkunda Municipality-1, Hewa	4	5	9
7	Junbesi Secondary School	Solu Dudhkunda Municipality-2, Junbesi	50	55	105
8	Himalayan Sherpa Buddhist Basic School	Solu Dudhkunda Municipality-2, Phungboche	50	33	83
9	Mopung Basic School	Solu Dudhkunda Municipality-2, Mopung	6	3	9
10	Buddha Academy Basic School	Solu Dudhkunda Municipality-2, Tumbuk	19	11	30
11	Beni Basic School	Solu Dudhkunda Municipality-2, Salabesi	8	8	16
12	Setidevi Basic School	Solu Dudhkunda Municipality-2, Charghare	7	27	34
13	Namobudhha Basic School	Solu Dudhkunda Municipality-2, Fera	27	21	48
14	Himalayan Buddhist Academy	Solu Dudhkunda Municipality-2, Serlo		135	135
15	Pikey Secondary School	Solu Dudhkunda Municipality-3, Loding	42	55	97
16	Tenjing Norgay Basic School	Solu Dudhkunda Municipality-3, Boldo	3	6	9
17	Phalamkhani Basic School	Solu Dudhkunda Municipality-3, Tamakhani	3	6	9

18	Jwalamai Basic School	Solu Dudhkunda Municipality-3, Tamakhani	10	13	23
19	Dudhkunda Basic School	Solu Dudhkunda Municipality-4, Phaplu	49	61	110
20	Phaplu Community Secondary School	Solu Dudhkunda Municipality-4, Phaplu	80	78	158
21	Surke Basic School	Solu Dudhkunda Municipality-4, Chiwang	6	8	14
22	Kyamje Basic School	Solu Dudhkunda Municipality-4, chhinakpu	5	7	12
23	Manju Shree Basic School	Solu Dudhkunda Municipality-4, Lura	7	7	14
24	Jana Jagriti Secondary School	Solu Dudhkunda Municipality-5, Salleri	210	255	465
25	Chiwang Gomba Sange Trust	Solu Dudhkunda Municipality-4, Chiwang	25		25
26	Samata Basic School	Solu Dudhkunda Municipality-5, Salleri	82	70	152
27	Thhekchhen Pema Chholing Gomba School	Solu Dudhkunda Municipality-5, Salleri	25		25
28	Dorpu Basic School	Solu Dudhkunda Municipality-6, Dorpu	19	23	42
29	Swornim Basic School	Solu Dudhkunda Municipality-6, Swornim	12	15	27
30	Janasudhar Basic School	Solu Dudhkunda Municipality-6, Khoria	31	30	61
31	Ramailo Jyoti Basic School	Solu Dudhkunda Municipality-6, Jaidu	22	19	41
B	**Khumbu Pasang Lhamu RM, Solukhumbu**	**19 Schools**	**1073**	**856**	**1929**
1	Kharikhola Secondary School	Khumbu Pasang Lhamu RM-1 , Kharikhola	154	139	293
2	Buksa Basic School	Khumbu Pasang Lhamu RM-1 , Buksa	34	33	67
3	Naulekh Basic School	Khumbu Pasang Lhamu RM-1 , Poiyan	11	6	17
4	Mera Basic School	Khumbu Pasang Lhamu RM-1 , Mera	7	4	11
5	Kharikhola Gomba School	Khumbu Pasang Lhamu RM-1 , Kharikhola	25		25
6	Lukla Basic School	Khumbu Pasang Lhamu RM-2 , Lukla	194	175	369
7	Sagarmatha Basic School	Khumbu Pasang Lhamu RM-2 , Surke	3	3	6
8	Lukla Gomba School	Khumbu Pasang Lhamu RM-2 , Lukla	25		25
9	Mahendra Jyoti Secondary School	Khumbu Pasang Lhamu RM-3 , Chaurikharka	160	138	298
10	Janasewa Basic School	Khumbu Pasang Lhamu RM-3 , Sano Gumela	66	52	118
11	Yuba Barsha Basic School	Khumbu Pasang Lhamu RM-3 , Monjo	11	10	21
12	Pema Chholing Basic School	Khumbu Pasang Lhamu RM-3 , Ghat	27	31	58
13	Pema Chholing Gomba School	Khumbu Pasang Lhamu RM-3 , Thulo Gumela	25		25
14	Khumjung Secondary School	Khumbu Pasang Lhamu RM-4 , Khumjung	131	133	264
15	Pangboche Basic School	Khumbu Pasang Lhamu RM-4 , Pangboche	7	4	11
16	Tengboche Gomba School	Khumbu Pasang Lhamu RM-4 , Tengboche	25		25
17	Thame Basic School	Khumbu Pasang Lhamu RM-5 , Thame	29	22	51
18	Himalaya Basic School	Khumbu Pasang Lhamu RM-5 , Namche	114	106	220
19	Thame Gomba School	Khumbu Pasang Lhamu RM-5 , Thame	25		25
C	**Mapya Dudhkoshi RM, Solukhumbu**	**18 Schools**	**285**	**290**	**575**

1	Juving Secondary School	Mapya Dudhkoshi RM-1, Juving	69	66	135
2	Dudhkoshi Basic School	Mapya Dudhkoshi RM-1, Bumburi	44	30	74
3	Deep Jyoti Basic School	Mapya Dudhkoshi RM-1, Didam	20	21	41
4	Jana Kalyan Basic School	Mapya Dudhkoshi RM-1, Hatemu	14	21	35
5	Chomolung Basic School	Mapya Dudhkoshi RM-2, Kaku	9	9	18
6	Amarjyoti Basic School	Mapya Dudhkoshi RM-2, Kaku	6	9	15
7	Himalaya Laliguransh Basic School	Mapya Dudhkoshi RM-2, Kaku	13	8	21
8	Nawapragati Basic School	Mapya Dudhkoshi RM-2, Dadagaun	14	7	21
9	Devistan Basic School	Mapya Dudhkoshi RM-2, Devisthan	19	15	34
10	Siddakali Basic School	Mapya Dudhkoshi RM-4, Kaku	7	19	26
11	Janakalyan Basic School	Mapya Dudhkoshi RM-4, Rapchha	7	10	17
12	Sundarjharana BS Basic School	Mapya Dudhkoshi RM-5, Chhanga	11	9	20
13	Saraswoti Basic School	Mapya Dudhkoshi RM-6, Waku	9	12	21
14	Namuna Basic School	Mapya Dudhkoshi RM-6, Waku	3	4	7
15	Namuna Jyoti Basic School	Mapya Dudhkoshi RM-6, Kaku	5		5
16	Sagarmatha Basic School	Mapya Dudhkoshi RM-6, Wapsa	17	15	32
17	Buddibikas Basic School	Mapya Dudhkoshi RM-7, Solaban	17	30	47
18	Inkhu Basic School	Mapya Dudhkoshi RM-7, Sibuche	1	5	6
D	**Sotang RM, Solukhumbu**	**13 Schools**	**256**	**232**	**488**
1	Hulu Secondary School	Sotang Rural Municipality-1, Gauritar	86	58	144
2	Pipalbot Basic School	Sotang Rural Municipality-1, Khorda	8	5	13
3	Basuki Basic School	Sotang Rural Municipality-2, Pawai	26	25	51
4	Chepel Basic School	Sotang Rural Municipality-2, Chepel	34	27	61
5	Toshkham Basic School	Sotang Rural Municipality-3, Kumlu	16	24	40
6	Basuki Basic School	Sotang Rural Municipality-4, Gomda	8	5	13
7	Panchakanya Basic School	Sotang Rural Municipality-4, Shusla	15	23	38
8	Janajagriti Basic School	Sotang Rural Municipality-4, Rok	12	7	19
9	Janachetana Basic School	Sotang Rural Municipality-4, Dimbul	6	12	18
10	Dipjyoti Basic School	Sotang Rural Municipality-4, Chitre	7	7	14
11	Pathibhara Basic School	Sotang Rural Municipality-4, Nipane	13	15	28
12	Narkel Basic School	Sotang Rural Municipality-5, Narkel	22	21	43
13	Himalaya Basic School	Sotang Rural Municipality-5, Kelchak	3	3	6
E	**Mahakulung RM, Solukhumbu**	**11 Schools**	**628**	**633**	**1261**
1	Khiraule Basic School	Mahakulung Rural Municipality-1, Khiraule	32	47	79
2	Himchuli Basic School	Mahakulung Rural Municipality-1, Bung	45	55	100
3	Sagarmatha Secondary School	Mahakulung Rural Municipality-1, Bung	300	306	606
4	Chomolungma Basic School	Mahakulung Rural Municipality-2, Ningkham	36	31	67
5	Pelmang Basic School	Mahakulung Rural Municipality-2, Pelmang	107	100	207

6	Jana Sudhar Basic School	Mahakulung Rural Municipality-3, Denam	37	45	82
7	Denam Basic School	Mahakulung Rural Municipality-3, Chhemsi	28	13	41
8	Mahakulung Basic School	Mahakulung Rural Municipality-3, Chheskam	13	20	33
9	Chheskam Basic School	Mahakulung Rural Municipality-3, Chheskam	11	3	14
10	Sahid Smriti Basic School	Mahakulung Rural Municipality-4, Shabdi	13	8	21
11	Ghyang Kharka Basic School	Mahakulung Rural Municipality-5, Ghyangkharka	6	5	11
F	**Likhu Pike RM, Solukhumbu**	**6 Schools**	**184**	**178**	**362**
1	Goli Gyapchuka Basic School	Likhu Pike Rural Municipality-1, Goli	8	14	22
2	Kamalamai Basic School	Likhu Pike Rural Municipality-1, Maili	49	51	100
3	Lumu Karma Basic School	Likhu Pike Rural Municipality-1, Goli	11	7	18
4	Chandeshwori Basic School	Likhu Pike Rural Municipality-1, Meski	15	17	32
5	Mahadev Basic School	Likhu Pike Rural Municipality- , Chhiringkharka	17	15	32
6	Bhakanje Secondary School	Likhu Pike Rural Municipality-5, Bhakanje	84	74	158
G	**Thulung Dudhkoshi RM, Solukhumbu**	**1 School**	**13**	**12**	**25**
1	Sagarmatha Basic School	Thulung Dudhkoshi Rural Municipality-5, Jubu	13	12	25
H	**Molung RM, Okhaldhunga**	**1 School**	**77**	**126**	**203**
1	Patle Secondary School	Molung Rural Municipality-7, Patle	77	126	203
I	**Gaurishankhar RM, Dolakha**	**1 School**	**30**	**0**	**30**
1	Rolwaling Basic School	Gaurishankhar Rural Municipality-1, Rolwaling	30		30
Total		**101 Schools**	**3537**	**3456**	**6993**



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