HIMALAYAN TRUST NEPAL

ANNUAL PROGRESS REPORT

2023/24









ANNUAL PROGRESS REPORT

2023-2024

HIMALAYAN TRUST NEPAL

Integrated Development of

Education, Health, Environment, Culture and Livelihood

IN SOLUKHUMBU DISTRICT

Editorial Team:
Mingma Norbu Sherpa, PhD
Lhakpa Tenji Lama (Sherpa)

Compilation:
Pema Diki Sherpa

Printing Coordinator:
Phurba Chheten Pradhan

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CONTENTS

ACKNOWLEDGEMENTS vi
LIST OF ACRONYMS AND ABBREVIATIONS x
PROGRAMME AREA MAP xi
EXECUTIVE SUMMARY xii

1 **BACKGROUND OF REPORT** 1
1.1 Introduction 2
1.2 Objectives 2
1.3 Presentation of Report 2

2 **EDUCATION PROGRAMME** 3
2.1 Background 4
2.2 Objectives 4
2.3 Activities 4
2.3.1 Literacy through Integrated Learning (LIL) Programme 4
a. 10 Day's Teacher Training in Sotang Rural Municipality 5
b. Literacy through Integrated Learning Training 5
c. Classroom Activities Support and Meeting 6
d. Child-friendly Furniture Distribution 6
e. ECED Classroom Materials Support 7
f. Monitoring and Follow-up Support 7
g. School Management and Leadership Training 9
2.3.2 School Based Teacher Training Programme (SBTTP) 10
a. Workshop on Next Phase of QEPS 10
b. Classroom Activities Support and Meeting 10
c. National Children's Day Celebration in Schools 13
d. Annual Review Meeting at CEHRD 13
e. Orientation on Recovery and Accelerated Learning (ReAL) Plan 13
f. Child-friendly Furniture Support to Schools 14
g. School Management and Leadership Development Training 15
h. School Monitoring Visit 15
i. Five Day's Capacity Building Training for Basic Level Teachers 16
j. Essential Educational Materials Supported to Schools 16
k. School Improvement Plan (SIP) Training in Chaurikharka 17
l. School Monitoring and Additional Support 17
m. SEE Results Announced 18
n. Workshop on Developing Diplomatic and Leadership Skills 18

2.3.3 Teachers Support 18
2.3.4 Scholarships 19
a. Sir Edmund Hillary Memorial (SEHM) Scholarship 20
b. Bachelor Level Scholarships 21
c. George Lowe Memorial Scholarship Scholarship 23
Orientation Programme 23
d. The Mary Lowe Scholarship 24
e. The Greater Himalayas Foundation Scholarship 24
f. Dr. Tshering Wangdi Sherpa Scholarship 25
g. Louise and Belinda Hillary Memorial Scholarship
h. The Benoit Chamoux Foundation Scholarship 27
i. Tenzing Norgay Sherpa Foundation Scholarship 28
j. Naulekh Foundation Scholarship 28
k. Nepal Kinderhilfe, Germany Scholarship 28
l. MDRES Scholarship 29
m. Diane McKinnon Scholarship 29
n. David Smith Scholarship 29
n. Dalit Girls Scholarship 29
o. Sir Edmund Hillary Foundation Scholarship 30
2.3.5 Teaching Materials Support to 108 Schools 30
2.3.6 Computer Lab Support in Schools 32
a. Inauguration of Computer Labs 32
b. New Computer Labs Installation in 8 Schools 34
c. Celebration of Milestone Achievement in Education Technology 35
d. Enhancing Teacher Professional Skills Development Training 35
2.3.7 Himali Hostel Inauguration Programme in Sotang 36
2.3.8 Small Grant Support 36
2.3.9 Thame Hostel Roof Reconstruction Project 37
2.3.10 Support to Saraswati Basic School, Hill 38
2.3.11 Inauguration of Kharikhola School Building 38

3 **HEALTH PROGRAMME** 39
3.1 Background 40
3.2 Objectives 40
3.3 Activities 40
3.3.1 Khunde Hospital 40
a. Outpatients Clinic 41
b. Inpatient, Emergency, Minor Surgery and Diagnostic Tests 44
c. Village Health Clinics 45
a. Health Assistant (HA) Hired for Thame Clinic *45*
b. Repair and Maintenance Work of Phortse Clinic *46*

d. Patient by Villages 46
e. Covid-19 Booster Vaccination 47
f. MR Vaccine Campaign 47
g. Drugs Support to Khunde Hospital 47
h. Staff Training 47
i. Dental Unit at Khunde Hospital 49
a. Dental Camps Organized *49*
j. Eye Unit at Khunde Hospital 50
a. Inauguration of Khunde Eye Clinic *50*
b. Ophthalmic Assistant Hired for Khunde Eye Clinic *50*
c. Eye Camps Organized *50*
k. Khunde Hospital Facility and Service Audit 51
l. LPAC Meeting and Social Audit 51
m. Outreach Clinic Visits 52
n. New Recruitments for Khunde Hospital 52
o. Medical Equipment Supported to Khunde Hospital 52
p. Medical Elective in Khunde Hospital 53
q. Repair and Maintenance Work at Khunde Hospital 54
r. Medical Service Standard (MSS) Evaluation 54
3.3.2 Phaplu Hospital **55**
3.3.3 Namche Dental Clinic **60**
a. Dental Services 60
b. Dental Camps Organized 63
c. Equipment Support to Namche Dental Clinic 64
d. Local Project Advisory Committee (LPAC) Meeting 65
3.3.4 Drugs Support **65**
a. Bung Clinic 65
b. Salyan Primary Health Centre Lab Equipment Granted 66
c. Sotang Hospital 66
3.3.5 Management of clinics supported by Forgotten Sherpas of Nepal Trust **67**
a. Patle Community Health Clinic Service 68
b. Pike Rural George Hunter Health Clinic Service 70
3.3.6 Zero TB in Kids and Family **73**
3.3.7 EVOLVE Project Launched in Bharatpur Hospital **74**

4 **CULTURE AND LIVELIHOOD PROGRAMME** **75**
4.1 Background **76**
4.2 Objectives **76**
4.3 Activities **76**
4.3.1 Teachers Support 76
4.3.2 Partial Support to Tengboche Monastery and Debuche Nunnery 76

5 **MANAGEMENT AND GOVERNANCE** **77**
5.1 The Chairman's Europe Visit **78**
5.2 16th AGM of HTN Concluded **78**
5.3 Mr. Justin von Etzdorf Visited Nepal **79**
5.4 EduTech Nepal Team Visits HTN **79**
5.5 Dr. John and Sue Heydon Visited HTN **80**
5.6 Board Members of Light for Kid's Nepal Visit **80**
5.7 HTNZ Board Member's HTN Visit **81**
5.8 New Zealand High Commissioner Visits HTN **81**
5.9 Dr. Detlev Günz Visits HTN **82**
5.10 Sir Ed's 16th Death Anniversary Observed **82**
5.11 New Appointments **83**
5.12 CEO's Field Trip **83**
5.13 New Leadership in Khumjung and Junbesi Schools **84**
5.14 Programme Monitoring Visit **85**
5.15 Meeting with KPLRM **86**
5.16 Remembering Lady June Hillary **86**
5.17 Conclusion **87**

ANNEX **128**
1: Financial Report **88**
2: Executive Committee **89**
3: Our Team **90**
4: Our Partners **94**
5: Success Stories and Articles **95**
6: List of Teaching Materials and Supported Schools **113**



ACKNOWLEDGEMENTS

The Himalayan Trust Nepal (HTN) would like to express its gratitude to the Social Welfare Council, Ministry of Women, Children and Social Welfare; Ministry of Education, Science and Technology, Ministry of Health, Department of Education/ Centre for Education and Human Resource Development (CEHRD), and Curriculum Development Centre (CDC) in central level for their cooperation to implement our health, education and livelihood projects in the Solukhumbu district.

HTN supports and works in coordination with the government institutions and local communities at grassroots level of Solukhumbu for improvement of education, health and livelihoods of the local people. Special recognition goes to the District Administration Office, District Coordination Committee, District Education and Health Coordination Units, Solududhkunda Municipality, Khumbu Pasang Lhamu, Mapya Dudhkoshi, Mahakulung, Sotang, and Likhu-Pike Rural Municipalities for their partnership and cooperation.

The HTN highly acknowledges the supports received from Himalayan Trust New Zealand (HTNZ), The New Zealand International Development Cooperation/Ministry of Foreign Affairs and Trades (MFAT) and individual donors of New Zealand. The support was received for the Improvement of Quality Education in Solukhumbu through teacher training, scholarships, teachers' salary and teaching material support, classroom furniture, computer lab installation, office management cost and livelihood improvement projects. HTNZ has also expanded its support to Khunde hospital's regular operation and management from January 2021.

The HTN would like to thank HTNZ Patron and former prime minister of New Zealand Rt. Honorable Mrs. Helen Clark, Chairman, Peter Hillary, Vice-chairman Professor David Simmons, board members, general members, General Manager Alexander Hillary and staff personnel for their major role in strengthening, supporting and fundraising for the programmes of the Himalayan Trust in Nepal. HTN would like to thank New Zealand High Commission, New Delhi, India for their generous donation to develop Sir Edmund Hillary Visitor Centre in the Khumjung High School and Menstrual Health in Solukhumbu and raising funds from silent auction during the 70th anniversary celebration on 6th June 2023.

The HTN would like to thank President Ms. Karen O'Connor and all the Sir Edmund Hillary Foundation (SEHF) Canada Board of Directors and staff personnel for their support. The support of the Foundation primarily focused on the management of Khunde Hospital and its peripheral health clinics in Thame, Phortse and Monju villages has significantly helped improve the health conditions of the local people. The founder and executive director of SEHF Canada, late William F. (Zeke) O'Connor, and President Karen O'Connor's untiring leadership and support to the people of Khumbu are highly appreciated.

The HTN highly values the financial support received from the American Himalayan Foundation (AHF) over many decades for the education and health programmes of Himalayan Trust in Solukhumbu district. Under the chairmanship of late Richard C. Blum, AHF continued financial support to the Himalayan Trust Nepal's educational, health and livelihood improvement programme and conservation of ancient monasteries. AHF has kindly extended their support for managing the health services of the Himalayan Trust in the Khumbu region from early 2018. AHF has been supporting fifty percent of the Khunde hospital operation cost from 2020. We would like to acknowledge the entire funding support of Sokol Family Foundation, USA to the operation and management cost of Khunde hospital since the fiscal year 2021/22.

In addition, late Richard has also donated half cost of the Thame Hostel Construction Project. AHF also supported for the procurement of COVID-19 prevention materials for Khunde hospital, outreach clinics, government health posts, management of the Covid-19 isolation centre

and food relief material support to the people of Thame valley. The Himalayan Trust would like to extend its gratitude to all its Board Members and especially to chairman Jon Krakauer, President Erica Stone, Vice President Norbu Tenzing, Programme Director Betsy Horan, Senior Program Director Bruce Moore, Country Director Ms. Charu Pradhan of Nepal and the staff members for their valuable support.

The HTN also acknowledges the considerable support received from Himalayan Trust UK for rebuilding the earthquake-damaged Solukhumbu schools, funding for Mary Lowe scholarship and Covid-19 second wave prevention material support projects. The HTN would like to extend sincere thanks to Sir Graham Wrigley, the Chairman of HTUK, 1953 Patron Mrs. Mary Lowe, Sue Leyden and all its Trustees for their contribution in Solukhumbu through HTN. Mary Lowe has been providing scholarships to a batch topper boy and a girl of Bung Secondary School annually. Special thanks to Mary for her sole contribution. Likewise, HTUK has established Mary Lowe Scholarship in 2020 to provide scholarship to the students of Khumjung, Chaurikharka, Kharikhola, Taksindu, and Junbesi Secondary School graduates for undertaking three-year's medical courses such as Health Assistant, Staff Nurse, Dental Hygienist, Lab Technicians Courses in Nepal.

Grants from Sir Edmund Hillary Stiftung (SEHS) Germany go to Phaplu Hospital, Bung and Salyan clinics, Sotang Primary Hospital and Patle clinic in the Solu and Okhaldunga regions in the form of medicine, subsidies and salary to MDGP doctor. SEHS has also supported Phaplu hospital to build a maternity ward. Their support to Phaplu hospital continues through an agreement with the hospital development board with an aim to provide better services from Phaplu Hospital in Solukhumbu district. SEHS Germany and HAUSER Exkursionen International Germany have also provided a grant to build Monju Community Hall in 2017, Sir Ed's Visitor Centre at Khumjung school in 2020, construction of Patle clinic and medicine support and funding for 15 students to pursue high school and bachelor's degree under "Louise and Belinda Hillary Memorial Scholarship" scheme. Thanks to Chairperson Ingrid Versen, Deputy Chair Manfred Haupl and its Board Members in Germany who have untiringly helped raise funds for Phaplu Hospital and people of Solukhumbu.

Himalayan Trust Nepal highly appreciates the supports of Benoit Chamoux Foundation and its board of directors for their humanitarian assistance to semi-orphan children of mountain disaster victims for their school and college level education. Through this foundation, more than 37 children have received the scholarship in reputed schools of Kathmandu. Special appreciation goes to Mrs. Fabienne Clauss, the spiritual mother of the BCF children and founder of the organization. She is not just a donor but also a kind hearted mother to all children that BCF supports. She remains in regular contact with the children and tracks their progress and successes. She feels proud on the success of her spiritual children.

Himalayan Trust New Zealand, American Himalayan Foundation and Himalayan Trust UK have also supported schooling of 2014 Mt. Everest avalanche victims' children (MDRES) from grade 1 – 12 through HTN with mutual understanding between HTN and Nepal Mountaineering Association. The HTN plays bridging role between the schools and above organizations for managing the scholarship programme, monitoring, counselling, and overseeing academic progress of children.

Naulekh Foundation has been supporting Poyan Basic School and a village health clinic in Poyan village. After the completion of primary level education from Poyan School, students are admitted to Mahendra Jyoti Secondary School in Chaurikharka. The Foundation supports for the living costs of Poyan village students at Mahendra Jyoti Secondary School. HTN highly appreciates the support of Chairwoman Mrs. Ursula Heuscher, board members Werner Heuscher and rest of board of trustees to the students of this remote mountain village.

The HTN is highly indebted to Grand Circle Foundation (GCF) of USA for their continued support to build a 48 bedded hostel construction project for Birendra Jyoti Secondary School in Sotang in 2022/23, School WaSH Project in Pelmang, Chheskam, Bung and Juving schools, REDSS Project and teacher training programme. HTN extends its sincere appreciation to late Chairman Alan Lewis and Vice-chairperson Ms. Jan Byrnes and

the board of directors of GCF for their continued support to the people of Solukhumbu through HTN.

The HTN expresses its sincere gratitude to the Forgotten Sherpas of Nepal Trust (FSNT) for their support to operate Pike Rural George Hunter Health clinic in Goli village and Patle Community Health clinic. HTN built a two room clinic building and toilets at Patle Okhaldunga with the funding support of Sir Edmund Hillary Stiftung Germany and FSNT in 2023. FSNT is a New Zealand based NGO set up to support the health project of Goli and Patle communities.

The HTN highly appreciates the Department for Development Assistance and Humanitarian Aid, Ministry of Foreign and European Affairs of the Slovak Republic, Slovak Embassy, New Delhi, Reinhold Messner Mountain Foundation, Land Rover New Zealand for their assistance to build the Monju Community Water and Fire Hydrant Project. Khumbu Pasang Lhamu Rural Municipality and Chaurikharka Buffer Zone User Committee deserve special appreciation for their contribution and partnership with HTN on this important project.

The HTN also highly values the support of The Greater Himalayas Foundation (TGHF) USA- Honouring the Legacy of late Mingma Norbu Sherpa for their support in education programme of HTN. TGHF have been supporting computer and Sherpa language teachers' salary, scholarships to Khumjung school graduate students. The Foundation also supported in Khumjung School rebuilding projects and Sir Edmund Hillary Visitor Centre. Chairperson Mrs. Phurba Sona Sherpa and its board members deserve special thanks.

The HTN is pleased to express its heartfelt gratitude to EduTech Nepal and its founder and donors Mike Chisholm and Sheryl Chisholm for supporting computer lab projects in the Solukhumbu and Khotang districts. Likewise, Chairperson Mrs. Diana Silwal Pradhan, board members, CEO Ashok Dalli and entire team deserves special appreciation for their cooperation and partnership.

HTN is also pleased to partner with Nepal KinderHilfe Germany for delivering scholarship programme to the poor children of Nepal from Pokhara, Chitwan, Rasuwa, Kathmandu, Kavre and Solukhumbu areas.

Likewise, Lights for Kids (LfK) a Germany based NGO has also joined hands with HTN for providing solar home system for more than 90 households of Mamerkhu and Boksuwar villages of Mahakulung Rural Municipality, Solukhumbu in 2021/22. LfK has been supported the Saraswati Basic School in Hill of Mapya-Dudhkosi Rural Municipality to improve the classrooms, to provide nutritious lunch for children and English teacher's salary support. They have been supported to build a 4-classroom block at Kharikhola Secondary school in 2023. They are also supporting to install solar home system in Chereme and Gaikharka villages of Mahakulung Rural Municipality and toilets in Nalidanda School, Okhaldunga. Thanks to its board of directors and donors for their interest to partner with HTN and follow the legacy of Sir Ed.

HTN would like to acknowledge the donation support of Mr. David Smith of England and Dr. Tshering Wangdi Sherpa of Pennsylvania USA. HTN is grateful to Dr. Jeffrey W. Phillips of Seattle USA for supporting to establish and operate a dental clinic at Khunde hospital since May, 2023. Similarly, HTN likes to express sincere thanks to Mr. Shaun Chang of Eyes4Everest, Australia for supporting to train 2 nurses of Khunde hospital as primary eye care professionals for 6 months at Tilganga Institute of Ophthalmology and Everest Eye Care. Eyes4Everest has been supporting the operation and management cost of the eye clinic in Khunde hospital.

We would like to extend our heartfelt appreciation to Johns Hopkins University, USA, for their invaluable funding support towards the implementation of the "Zero TB in Kids and Family", EVOLVE and PreP HIV projects. Their generous contribution has played a vital role in making these initiatives a reality. We would also like to express our sincere gratitude to Dr. Kunchok Dorjee and his dedicated team for their continuous support and active involvement in the implementation of the project.

We would like to express our gratitude to The Gift Trust New Zealand for funding scholarship for 12 dalit girls of Solukhumbu to pursue their high school in Nepal. Special thanks go to Mrs. Jill Ford for her support. We also express sincere thanks to Profes-

sor Michael Frenkel, Rotary Club of Koblenz, Germany and Ms. Dani Humphreys of Bulgaria for supporting a teacher's salary and school uniforms in Monju School respectively. Sincere appreciation goes for Ms. Letitia Laberee of USA for supporting school uniforms and teaching materials for Kamalamai and Goli Basic Schools of Likhu Pike Rural Municipality. We would like to acknowledge the donation support of Kinder Nepalhilfe e.V. of Germany for supporting school uniforms for students and teachers of Toshkham, Devisthan, Narkel and Panchakanya Basic Schools of Solukhumbu.

We acknowledge the hard work of Dr. Kami Temba Sherpa, Dr. Mingma Kanchi Sherpa and the entire staff at Khunde Hospital for their efficient and effective management in delivering excellent health services at the hospital and outreach clinics in the Khumbu region.
Dr. Prashanta Shah, Acting Head of Phaplu hospital management and MDGP doctors, Dr. Nabin Kumar Bair and Dr. Ram Babu Joshi, Sister Sani Sherpa, In-charge of nurse and the entire team of Phaplu Hospital deserve special appreciation for the competent medical and surgical services and overall management of the hospital effectively. Particularly, Phaplu hospital could play very crucial role to prevent and treat Covid-19 infection in the Solukhumbu district while providing all other general medical services.

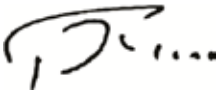
Mr. Mahendra Bahadur Kathet, Mr. Isworman Rai, Mr. Bishnu Rayamajhi, Mr. Nava Bahadur Bhujel, Mr. Ujwol Bhomi, Ms. Deepa Niraula, Mr. Chandra Dev Bhatt, Ms. Neelam Chand, Ms. Srijana Thapa and Ms. Rashmi Gurung teacher trainers of the HTN have worked hard to help students and teachers of Solukhumbu to run the school education activities effectively. They have been coordinating with 106 plus schools of Solukhumbu for the implementation of a five-year education programme. The programme is being funded by the Ministry of Foreign Affairs and Trades (MFAT) and Himalayan Trust New Zealand. Thanks go to HTN trainers for their hard work in the field.

We appreciate Mr. Lhakpa Tenji Lama (Sherpa), Mr. Baween Raj Tandukar, Mr. Bijay Shrestha, Mr. Dipu Sherpa, Ms. Pema Diki Sherpa, Ms. Fura Yangee Sherpa, Mr. Phurba Chheten Pradhan, Mr. Man Bahadur Magar and Mr. Ang Chhiring Sherpa of HTN for their hard work and positive team spirit in the field as well as at the Trust Office. Dr. Nyima Phuti Sherpa, Sister Belashpura Shahi and Sister Aphima Rai of Zero TB in Kids and Family Project deserve special appreciation for their great performance.

We would also like to acknowledge the active support of all executive as well as general members of the Himalayan Trust Nepal for giving much of their time to the affairs of the institution and for setting up future guidelines for the welfare of the community of Solukhumbu in keeping with the path set by Sir Edmund Hillary.

Himalayan Trust Nepal family is extremely thankful to Ms. Lisa Choegyal, Honorary Consul of New Zealand to Nepal, for her active and continued cooperation.

Finally, the HTN expresses its heartfelt gratitude to all its overseas well-wishers, friends, donors and foundations for their generous support and cooperation.



Pasang Dawa Sherpa
Chairman



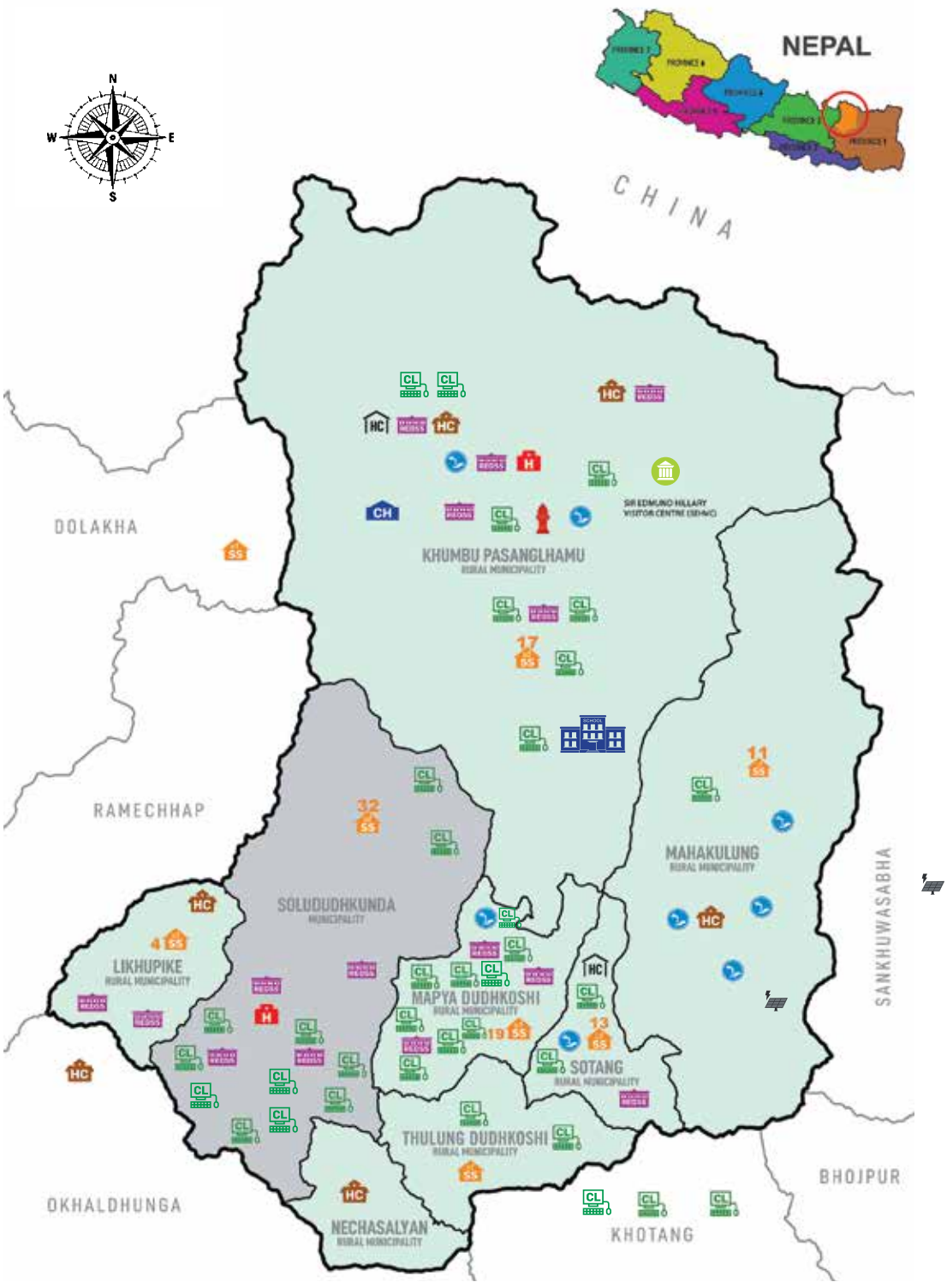
Mingma Norbu Sherpa, PhD
Chief Executive Officer

LIST OF ABBREVIATIONS

AGM	Annual General Meeting
AHF	American Himalayan Foundation
BALLB	Bachelor of Arts and Bachelor of Legislative Law
BBA	Bachelor in Business Administration
BBS	Bachelor in Business Studies
BCA	Bachelor of Computer Application
BCF	Benoit Chamoux Foundation
BDS	Bachelor in Dental Surgery
CA	Chartered Accountant
CDC	Curriculum Development Centre
CEHRD	Centre for Education and Human Resource Development
CEO	Chief Executive Officer
CMA	Community Medicine Assistant
CEOC	Comprehensive Emergency Obstetric Care
CEONC	Comprehensive Emergency Obstetric and New-born Care
DCC	District Coordination Committee
DHIS	District Health Information System
DHO	District Health Office
DiMM	Diploma in Mountain Medicine
EDCU	Education Development and Coordination Unit
ECED	Early Childhood Education and Development
ECD	Early Childhood Development
FAM	Finance and Admin Manager
FSNT	Forgotten Sherpas of Nepal Trust
GCF	Grand Circle Foundation
GPA	Grade Point Average
HA	Health Assistant
HTN	Himalayan Trust Nepal
HTNZ	Himalayan Trust New Zealand
HTUK	Himalayan Trust United Kingdom
ICT	Information and Communications Technology
INGO	International Non-Government Organization
KPLRM	Khumbu Pasang Lhamu Rural Municipality
LIL	Literacy through Integrated Learning
LKPRM	Likhupike Rural Municipality
LPAC	Local Project Advisory Committee
MoU	Memorandum of Understanding
MDGP	MD in General Practice
MDRES	Mountain Disaster Relief Education Support
MSS	Medical Service Standard
NEB	National Examination Board
NCD	Non-Communicable Diseases
NGO	Non-Government Organization
NDC	Namche Dental Clinic
NHRC	Nepal Health Resource Council
NIP	National Immunization Programme
NTCC	Nepal Tuberculosis Control Centre
NATA	Nepal Anti Tuberculosis Association
OPD	Out-Patient Department
PTA	Parents Teachers Association
QEPS	Quality Education Programme in Solukhumbu
ReAL	Recovery and Accelerated Learning
SBTTP	School Based Teacher Training Programme
SDM	Solududhkunda Municipality
SEE	Secondary Education Examination
SEHF	Sir Edmund Hillary Foundation, Canada
SEHM	Sir Edmund Hillary Memorial Scholarship
SEHS	Sir Edmund Hillary Stiftung, Germany
SMC	School Management Committee
SIP	School Improvement Plan
SWC	Social Welfare Council
SEHVC	Sir Edmund Hillary Visitor Centre
TGHF	The Greater Himalayas Foundation
ToT	Training of Trainers
TB	Tuberculosis
WaSH	Water, Sanitation and Hygiene

MAP

HIMALAYAN TRUST PROJECTS



INDEX

- HOSPITAL
- HEALTH CLINIC
- COMMUNITY HALL
- COMPUTER LAB
- WATER SANITATION & HYGIENE
- SCHOOL SUPPORT
- REBUILD EARTHQUAKE DAMAGED SOLUKHUMBU SCHOOLS
- HOSTEL CONSTRUCTION
- FIRE-HYDRANT
- SOLAR PROJECT
- SEHVC
- SCHOOL BUILDING

EXECUTIVE SUMMARY

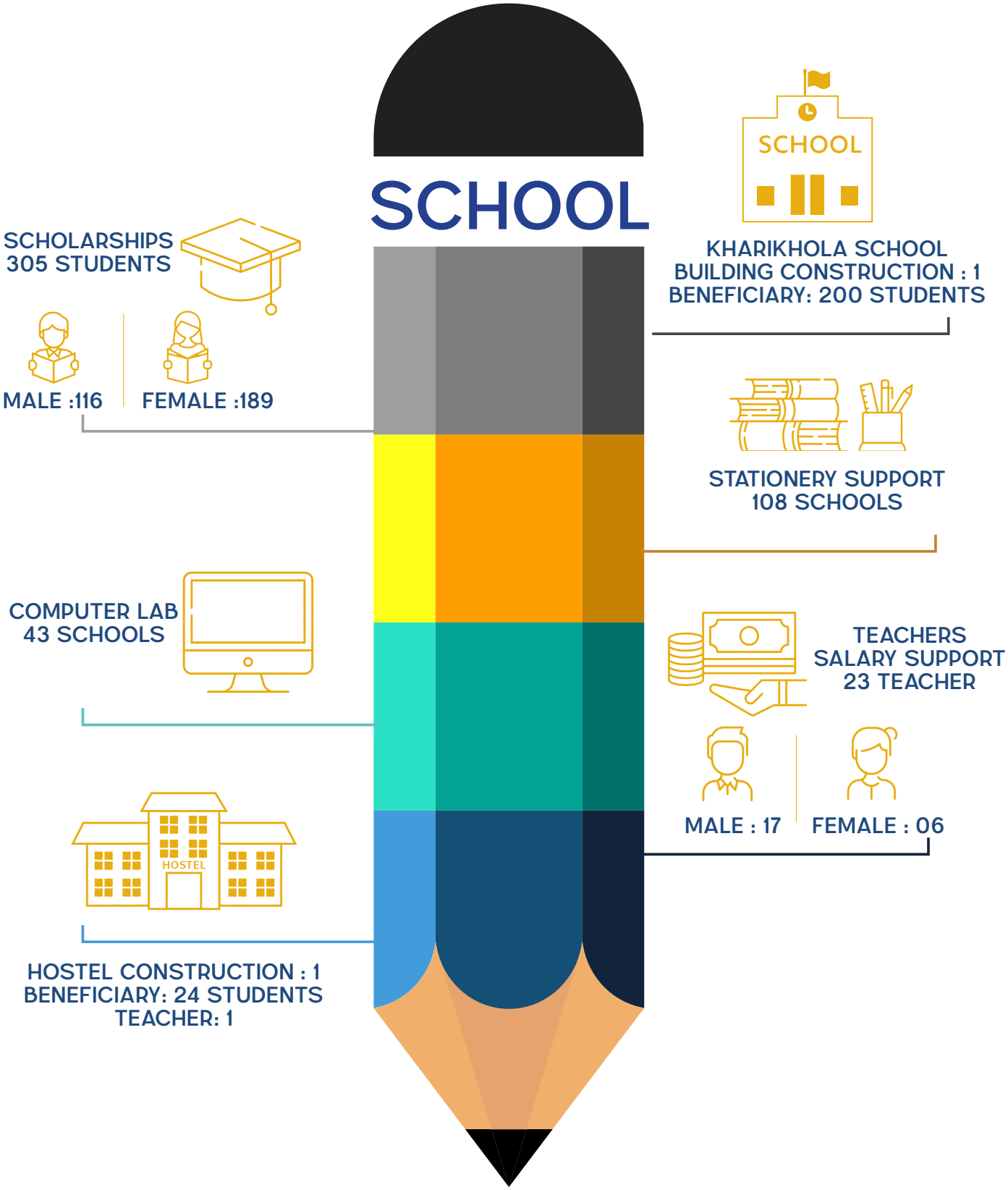
During the fiscal year 2023/24 (17 July 2023 - 15 July 2024), Himalayan Trust Nepal (HTN) successfully implemented a wide range of impactful programme activities in education, health, culture, and livelihood sectors. These achievements were made possible through well-coordinated efforts at the central, district, and local government levels, ensuring the smooth implementation of its regular programmes.

HTN achieved considerable success in its education programme by providing teacher trainings, consistent monitoring, and follow-up support to 33 schools under the School Based Teacher Training Programme (SBTTP) and 43 schools under the Literacy through Integrated Learning (LIL) Programme. Notable achievements include awarding scholarships to 305 students at the primary, secondary (grade 10+2) and bachelor's levels. Moreover, child-friendly furniture and teaching materials were distributed to 108 schools. HTN, in collaboration with EduTech Nepal and respective School Management Committees (SMCs), established eight computer labs. Further contributing to the improvement of educational facilities, HTN successfully completed the construction of a hostel building at Birendra Jyoti Secondary School in Sotang and the establishment and inauguration of the Kharikhola Secondary School in Kharikhola.

In the health sector, HTN continued its long-term health programmes with great success. These included the operation and management of Khunde Hospital, providing financial support to Phaplu Hospital, and aiding over a dozen government health posts and clinics throughout Solukhumbu district and Patle in Okhaldunga district. A noteworthy initiative was the implementation of the "Zero TB in Kids and Family" health project with the funding support from Johns Hopkins University, aimed at supporting the Government of Nepal's target of eliminating Tuberculosis in the country.

HTN's dedicated board members and staff were deeply involved in planning, implementing, and monitoring the organization's annual programme activities across the Solukhumbu, Okhaldunga, Khotang, and Dolakha districts. Field visits played a crucial role in these efforts by facilitating effective planning, observation, monitoring, and evaluation of HTN's progress while identifying the real needs of the communities and stakeholders. The organization realised the importance of reporting field situations to donors and partners while fostering improved working relationships with grassroots level organizations, partners, and beneficiaries. Such monitoring visits proved instrumental in identifying new projects and planning accordingly.

INFOGRAPHICS





KHUNDE HOSPITAL
4,692

1,955 | 2,737

PHAPLU HOSPITAL
11,825

4,806 | 7,019

MEDICINE SUPPLY
3 HOSPITALS &
6 CLINICS

SOTANG HOSPITAL
12,380

7,331 | 5,049

NAMCHE DENTAL CLINIC
1,108

470 | 638

PERIPHERAL CLINICS (PHORTSE AND THAME)
1,165

521 | 644

PIKE RURAL GEORGE HUNTER HEALTH CLINIC
922

362 | 560

PATLE COMMUNITY HEALTH SERVICE
1,234

555 | 679

ZERO TB IN KIDS AND FAMILY PROJECT : 2
BENEFICIARY:
3,000 LOCALS

BUNG CLINIC
1,260

519 | 741

SALYAN PRIMARY HEALTH CENTRE
2,140

953 | 1,187

01 BACKGROUND OF REPORT

1.1 Introduction
1.2 Objectives
1.3 Presentation of the Report



1.1 INTRODUCTION

Himalayan Trust Nepal (HTN) is a non-governmental organization established to support the Government of Nepal and the people of Solukhumbu in areas such as education, health, culture, environment and livelihood programmes through an inclusive, innovative and locally-driven governance approach. Established as part of the work of Sir Edmund Hillary and his Sherpa friends in the Everest Region, HTN is dedicated to achieving community-led, sustainable mountain development in Solukhumbu District and wider Nepal.

Although the Himalayan Trust has been active in the Solukhumbu district since the 1960s, HTN was officially registered as an NGO in 2007 and is affiliated with the Social Welfare Council of Nepal. HTN is governed by its own constitution as an autonomous body. HTN is supported by the Himalayan Trust New Zealand, American Himalayan Foundation, Sir Edmund Hillary Foundation Canada, Sir Edmund Hillary Stiftung Germany, Grand Circle Foundation USA, the Himalayan Trust UK, and partners from Benoit Chamoux Foundation, Naulekh Foundation, Forgotten Sherpas of Nepal Trust New Zealand, The Greater Himalayas Foundation- Honouring the Legacy of Mingma Norbu Sherpa, Reinhold Messner Mountain Foundation, Italy, NepalHilfe Tirol Austria, Nepal Kinderhilfe, Lights for Kids Germany, The Gift Trust New Zealand and many organizational and individual donors and partners.

HTN successfully carried out a wide range of programme activities focused on education, health and livelihood over the fiscal year 2023/24 (17 July 2023 – 15 July 2024) with the generous financial support from the above-mentioned donors/supporters. HTN persistently pursued its diverse programme activities and projects. This annual report highlights the significant accomplishments attained through the implementation of various activities throughout the fiscal year 2023/24. The main purpose is to inform its target beneficiaries, donor community, government line agencies and concerned stakeholders who have generously supported in the initiatives of HTN.

1.2 OBJECTIVES

The overall objective of the Annual Progress Report is to share its annual progress achievements to HTN's board, honorary, patron and general members, and donors, implementing partners, government agencies, beneficiaries and wider stakeholders and seek valuable feedback for improvement of the Trust's programme activities and ensure sustainable change at the grass root level.

1.3 PRESENTATION OF THE REPORT

The overall progress achieved throughout the fiscal year 2023/24 is presented in five distinct chapters within this report.

Chapter One serves as an introduction, outlining the objectives and structure of the report.

Chapter Two focuses on the education programme, offering a comprehensive overview of its background, objectives, and various activities undertaken over the fiscal year, along with their corresponding achievements.

Chapter Three describes the health programme, providing insights into its background, objectives, and a detailed description of the projects implemented over the last fiscal year, along with their respective achievements.

Chapter Four details the progress made in the cultural and livelihood programme activities, following the same format as the previous chapters.

Chapter Five covers the management and governance of the organization, describing various activities related to organizational management and governance, including the monitoring of programme activities, and concludes the report.

02 EDUCATION PROGRAMME

2.1 Introduction
2.2 Objectives
2.3 Activities



2.1 BACKGROUND

Since its establishment in the 1960s, Himalayan Trust has actively dedicated its efforts to educational development in Solukhumbu. The first school built in 1961 by the Trust was the Khumjung School, which consisted of a two-room aluminium building. Sir Ed, the founder of the Trust, personally built more than 42 schools throughout Solukhumbu district and continued to provide ongoing support to them. HTN's primary objective is to ensure equal, equitable and quality education in the region, and it has been supporting over 108 schools to achieve this goal. The Trust aims to improve the quality of education in the local community and monastic schools, reduce the number of out-migration of students, promote local teachers, develop child and gender-friendly education system, provide education through computer technology and contribute to the reduction of rural poverty.

Moreover, HTN's intervention in education sector includes rebuilding schools damaged by earthquakes, building child-friendly hostels, repairing and maintaining basic facilities of schools, operating schools in child-friendly environment, and improving the quality of education with the support of dedicated and trained teachers, supporting students in pursuing higher education for various career paths, including teaching jobs at local schools, increasing student's learning achievements, efficient management and operation of classrooms, providing various scholarships, empowering school management committees and parents in governance and decision-making processes. Furthermore, Himalayan Trust Nepal and New Zealand have partnered with EduTech Nepal to set up computer labs in Solukhumbu schools with the aim of transforming education through technology.

2.2 OBJECTIVES

- *Enhance Quality Education: Elevate education standards in community schools of Solukhumbu through the Quality Education Programme, ensuring impactful learning experiences for students.*
- *Strengthen Teaching Human Resources: Provide qualified teacher support to meet students' needs in community schools of Solukhumbu.*
- *Improve Learning Infrastructure: Equip community schools with teaching materials, including computer labs, to enhance the learning process.*
- *Build Safe Learning Spaces: Support the construction of earthquake-resistant classrooms with child-friendly furniture and WASH facilities for a secure and conducive learning environment.*
- *Foster Child-Centred Approach: Create a student-centred teaching and learning environment that emphasizes engagement, participation, and personalized learning.*
- *Promote Access to Higher Education: Offer scholarships to deserving students, enabling them to pursue higher education and achieve their ac*ademic goals.

2.3 ACTIVITIES (INPUTS)

In the fiscal year 2023/24, the education programme implemented by HTN consists of more than eleven diverse components. These components includes Literacy through Integrated Learning (LIL) programme in 43 schools, School Based Teacher Training Programme (SBTTP) in 33 schools across Solukhumbu, the establishment of computer labs in 8 schools, teachers support in 12 schools, scholarships awarded to students at the basic, high school and college levels, teaching materials support to 108 schools, Himali Hostel Inauguration Programme in Sotang, the provision of small grant support to schools, Thame hostel roof reconstruction project, support to Saraswati Basic School, Hill, and inauguration of Kharikhola school building. Additional details about these activities are briefly presented under the following sub-headings:

2.3.1 Literacy through Integrated Learning Programme

The Literacy through Integrated Learning (LIL) is being implemented over three years in 43 schools across Mahakulug, Sotang, and Mapya Dudhkoshi rural municipalities. Currently in its final year, the programme is led by Himalayan Trust Nepal under the Quality Education Programme in Solukhumbu (QEPS), with funding from New Zealand Aid Programme and Himalayan Trust New Zealand. The main objective of LIL is to enhance the literacy skills of students in Grade 1-3 through integrated learning approaches. Additionally, the programme aims to provide additional support in the ECED classes.

a. 10 Day's Teacher Training in Sotang Rural Municipality

A ten-day teacher training programme in English-Medium Instruction for the basic grades (1-5) was conducted in Sotang from 1 to 10 August 2023. The training was organized by Sotang Rural Municipality (SRM) with technical support from HTN. A total of 127 teachers from 20 different schools of SRM actively participated in the training. The training was facilitated by the trainers of HTN. The main objective of this training was to enhance the teacher's capacity to conduct teaching and learning activities in English medium at their respective community schools.






10 Day's Training on English-Medium Instruction successfully completed in Sotang Rural Municipality

b. Literacy through Integrated Learning Training

HTN organized a three-day training programme titled "Literacy through Integrated Learning Training" for the teachers of grade 1 to 3 of Mahakulung and Mapya Dudhkoshi Rural Municipalities. The training session for Mahakulung Rural Municipality was conducted in Bung from September 1-3, while the training for Mapya Dudhkoshi Rural Municipality was held at the Himalaya Secondary School in Khastap from September 13-14. In Bung, a total of twenty-one teachers from 11 schools actively participated in the training, while in Khastap, thirty-two teachers from 18 schools took part. The main aim of the training was to enhance the teaching skills of teachers to improve the literacy and numeracy levels of early and basic grade students.





Three-day teacher training on LIL conducted in Mahakulung Rural Municipality.




Three-day teacher training on LIL conducted in Mapya Dudhkoshi Rural Municipality.

c. Classroom Activities Support and Meeting

The LIL team conducted field visits from 26th November to 30th December 2023. The team visited 11 schools in Mapya Dudhkoshi, 5 schools in Sotang and 5 schools in Mahakulung Rural Municipalities. During their visit, the team provided support to teachers in the effective implementation of the integrated curriculum (G1-G3), ongoing evaluation system, literacy activities, home reading log books and behavioural education.

Additionally, the team organized SMC, PTA and parents' meetings to enhance parents' awareness, aiming to create a child-friendly learning environment both in the school and at home. They also observed the computer labs, conducted data collection and distributed prizes to the competition winners on National Children's Day.

d. Child-friendly Furniture Distribution

HTN provided child-friendly furniture including office tables, desks, benches, carpets, bookcases, cushions, and dustbins/pans along with other essential materials to 42 classrooms of 27 schools in Mahakulung, Sotang, and Mapya Dudhkoshi Rural Municipalities in Solukhumbu. The distribution of these essential materials was facilitated by the LIL/HTN team. This initiative is a part of the QEPS, which is funded by the Himalayan Trust New Zealand and the New Zealand's International Development Cooperation.



LIL Field Officer, Ms. Rashmi Gurung making materials with teachers in Basuki Basic School, Pawai.



Children's Day prize distribution in Pipalbot Basic School.



LIL Field Officer, Ms. Srijana Thapa Facilitating an FCED class on learning through building blocks



Word wall formatiion in Grade One in Janasudhar Basic School.



LIL Education Coordinator Dev Bhatt facilitating a class on learning phonics through card games at Narkel Basic School.



Grade 3 students of Chomolungma Basic School singing rhymes with LIL Field Officer, Ms. Neelam Kumari Chand.









Child-friendly furniture distribution in schools.



Model classroom setup in grade ECED at Himalayan Laligurans Basic School, Thalakhom.



Model classroom setup in grade ECED at Basuki Basic School, Pawai.

e.ECED Classroom Materials Support

HTN has provided Early Childhood Education Development (ECED) classroom materials to 43 schools in Mahakulung, Sotang, and Mapya Dudhkoshi Rural Municipalities. These materials included magnetic slates, EVA mats, Solimo board books, wooden letter blocks, wooden puzzles, board book sets, etc. The distribution of these essential materials was facilitated by the LIL team.

This initiative is an integral part of the QEPS. By providing these resources, HTN aims to enhance the quality of early childhood education in the region.



LIL team packing the literacy and numeracy materials for the LIL implemented schools.



Ms. Srijana Thapa handed over the ECED materials to the head teacher of Nava Pragati BS, Chomolong BS, and Amarjyoti BS.



Unboxing the ECED materials at Janakalyan Basic School, Hatemu.



The joy of the ECED students after the completion of their task at Deepjyoti Basic School.



ECED students glad to receive the age level learning materials in in Himchuli Basic School.



ECED students of Pipalbot Basic School learning by using the materials provided by HTN.

f.Monitoring and Follow-up Support

The LIL team conducted field visits from 14th February to 14th March 2024. The team visited 9 schools in Mapya Dudhkoshi, 5 schools in Sotang, and 7 schools in Mahakulung Rural Municipalities. During their visit, the team provided support to teachers in the effective implementation of the integrated curriculum (G1-G3), ongoing evaluation system, literacy activities, classroom monitoring and observation. They also conducted demonstration classes, distributed



LIL Field Officer, Ms. Srijana Thapa orienting the students on the usage of Home Reading Logbook at Juving Secondary School.



Grade one students learning vowels through game at Juving Secondary School.



Students engaged in read-aloud activities with their teacher at Janasudhar Basic School.



Parents sharing indigenous skill with grade 2 and 3 students at Mahakulung Basic School.



LIL Education Coordinator, Mr. Chandra Dev Bhatt facilitating an ECED class on learning alphabets at Toshkham Basic School.



Group photo taken with parents after the orientation session at Hulu Secondary School.

ECD materials, and helped in materials development. Furthermore, the team organized SMC, PTA and parents' meetings to facilitate skill sharing among parents.

The HTN LIL team visited schools across Sotang, Mahakulung and Mapya Dudhkoshi Rural Municipalities after completing the three-day trainings on school management and leadership development. The main purpose of their visits were supporting teachers in effectively implementing the continuous evaluation system, conducting literacy activities, and performing classroom monitoring and observation. They also conducted demonstration classes, helped in low-cost materials development and provided facilitation sessions on effectively using ECED materials into teaching practices. During the visit, the team also organised SMC, PTA and parents' meetings to discuss on improving the learning achievement of the students.




LIL Field Officer, Ms. Srijana Thapa facilitating a demo class in Juving Secondary School.




Left: Mr. Chandra Dev Bhatt facilitating ECED class in Narkel Basic School and orienting new teachers on literacy activities at Chomolongma Basic Schhol, Right.

g.School Management and Leadership Training

The LIL team successfully conducted a three-day capacity building training focused on school management and leadership development. The training was specifically designed for the members of the SMC and PTA and head teachers from Sotang, Mahakulung and Mapya Dudhkoshi Rural Municipalities. The first day training addressed the roles and responsibilities of SMC/PTA members, while the subsequent sessions focused on enhancing the leadership skills of head teachers and assistant head teachers.



Group photo taken with participants during the three-day training programme in Bung.



Mr. Chandra Dev Bhatt facilitating a session during a three-day training in Sotang.

The training was organized in coordination with the respective rural municipalities. The first training took place in Sotang from 12-14 June where 34 SMC/PTA members and 39 head



Group photo taken with participants during the three-day training programme in Sotang.



Mr. Mahendra Kathet facilitating a session during a three-day training at Bung.

teachers and assistant head teachers from 20 community schools participated. The second training was held in Bung from 16-18 June, where 16 SMC/PTA members and 18 head teachers and assistant head teachers from 11 community schools participated. The final training was held in Khastap from 21-23 June, involving 21 SMC/PTA Members from 14 schools and 31 head teachers and assistant head teachers from 17 schools. The training sessions were led by HTN Education Advisor Mr. Mahendra Kathet, with the LIL team members Mr. Chandra Dev Bhatt, Ms. Srijana Thapa and Ms. Gita Lama.



Ms. Srijana Thapa facilitating a session during a three-day training at Khastap.



Group photo taken with the SMC/PTA members at Mapya Dudhkoshi Rural Municipality.





HTN team during the workshop on next phase of QEPS

2.3.2 School Based Teacher Training Programme (SBTTP)

The SBTTP is one of the outputs under "Quality Education Programme in Solukhumbu (QEPS)" supported by New Zealand International Development Cooperation and Himalayan Trust New Zealand. Currently, SBTTP is being implemented in 33 community schools in Solukhumbu. Among these schools, 16 are located in Solududhkunda Municipality, while the remaining 17 are located in Khumbu Pasanglhamu Rural Municipality.

a.Workshop on Next Phase of QEPS

A workshop on next phase Quality Education Programme in Solukhumbu (QEPS) was organized in Kathmandu on 10th July 2023. The main objectives of the workshop was to review the current status of QEPS highlighting its best practices and achievements, and brainstorm ideas for its third phase. The HTN staff members participated in the workshop and the education team delivered a comprehensive presentation on the overall project progress.

b.Classroom Activities Support and Meeting

The HTN teacher trainers visited schools in Solududhkunda Municipality Ward No. 1, 2 and 3 from 29th August till 22nd September 2023 as part of their role in monitoring and supporting the schools under the SBTTP. The main aim of their visits were to provide support in the teaching and learning activities within the school, collect data, organize head teacher's meetings and engage in discussion regarding the findings of baseline and midline surveys.

The HTN teacher trainers visited 17 schools in Khumbu Pasanglhamu Rural Munici-





Mr. Mahendra Bahadur Kathet and Mr. Ishworman Rai taking demo classes.

pality, covering all five wards from 26th November until 30th December 2023 as part of their role in monitoring and supporting the schools under SBTTP.

The main purpose of their visits were to provide support for teaching and learning activities within schools, organize teachers' meetings, explore ways to improve the quality of teaching and learning through the implementation of the evaluation system (Grade 1-8), monitor the utilization of computer labs supported by HTN in partnership with EduTech Nepal, identify the need for subject-wise content for centre-based teacher training and conduct a need assessment survey for the stationery support for the academic year 2024.




SBTTP team during school visit.




Head teachers meeting in Ward 2 of Solududhkunda Municipality



Mahendra Jyoti Secondary School, Chaurikharka



Yuba Barsa Basic School, Monjo



Khumjung Secondary School



Parents' meeting at Janasewa Basic School, Sano Gumela



Thame Basic School



Himalaya Basic School, Namche

c. National Children's Day Celebration in Schools

HTN in collaboration with Khumjung, Mahendra Jyoti, Chaurikharka, Taksindu, Kharikhola, and Junbesi Secondary Schools observed the National Children's Day on 15 September 2023 by organizing various events in the schools. Similarly, various activities were organized on the occasion in the LIL programme implemented schools of Mapya Dudhkoshi, Sotang and Mahakulung Rural Municipalities.





National Children's Day celebrated in Taksindu Secondary School, Nunthala.





National Children's Day celebrated in Mahendra Jyoti Secondary School.

d. Annual Review Meeting with CEHRD

An annual review meeting was organized at the CEHRD Office in Sano Thimi, Bhaktapur, on 27 November 2023. The meeting was chaired by Mr. Deepak Sharma, the Director General of CEHRD. In attendance were Mr. Chandra Kanta Bhusal, the Director General of the Education Review Office, Mr. Basanta Prasad Koirala, the Deputy Director General, directors, section officers, and other staff of the CEHRD.



Annual review meeting held at the CEHRD office in Sano Thimi, Bhaktapur.

Dr. Mingma Norbu Sherpa, Chief Executive Officer of HTN, and Mr. Lhakpa Tenji Lama (Sherpa), Programme Manager, presented the progress of the Quality Education Programme in Solukhumbu (QEPS) during the meeting. The Power Point presentation covered the QEPS progress from 17 July 2022 to 16 July 2023. HTN's Education Advisor, Mr. Mahendra Kathet, and Education Training Officer, Mr. Ujwol Bhomi, also attended the meeting.

e.Orientation on Recovery and Accelerated Learning (ReAL) Plan

HTN in collaboration with the Centre for Education and Human Development (CEHRD), organized a one-day orientation training on the Recovery





Glimpses of the one-day orientation training at CEHRD.

and Accelerated Learning (ReAL) Plan, diagnostic tools and reporting at CEHRD, Bhaktapur on 17th January 2024. The main objective of the orientation training was to develop the skills of HTN teacher trainers, discuss and enhance the concept of ReAL Plan (a Government project from 2023 to 2028), upgrade knowledge about the use and application of diagnostic tools to identify learning loss or delays in children, and gain insight into reporting formats and procedures for filling out forms. Eight trainers from HTN participated in the orientation training.

f. Furniture Support to Schools

HTN has provided child-friendly furniture to Kharikhola Secondary School, Thame Basic School and Himalayan Sherpa Buddhist Basic School in Phungmoche. This initiative aims to create a more comfortable and conducive learning environment for the students, ensuring that they have the necessary resources for their education.

The furniture for Kharikhola Secondary School was supported by HTN, whereas the furniture for Thame School was supported by the American Himalayan Foundation. Likewise, the furniture for Phungmoche School has been supported under the QEPS.

HTN has provided an additional 20 pairs of child-friendly desks and benches to Kharikhola Secondary School. This support aimed to improve the learning environment for students in order to produce better learning achievement. The furniture was supported by Light for Kids, Germany.



Child-friendly furniture supported to Kharikhola Secondary School.





Furniture setup in classroom in Himalayan Sherpa Buddhist Basic School, Phungmoche.



Furniture setup in classroom in Kharikhola Secondary School.



Furniture setup in classroom in Thame Basic School.

g. School Management and Leadership Development Training

HTN organized a comprehensive three-day capacity building training for members of the SMC and PTA), as well as Head Teachers from KPLRM and Solududhkunda Municipality (Ward 1, 2 & 3). The training was facilitated by the Mr. Girman Thapa, Director of Centre for Education and Resource Development (CEHRD). The first training was held in Chaurikharka from the 2nd to the 4th of March 2024, in collaboration with KPLRM. The subsequent round of training took place in Phaplu from the 9th to 11th of March 2024, in collaboration with Solududhkunda Municipality.



SMC and PTA training participants in Phaplu.



SMC and PTA training participants in KPLRM.



Head teacher training participants in KPLRM.

The first day training addressed the roles and responsibilities of SMC and PTA members, while the subsequent sessions focused on enhancing the leadership skills of Head Teachers. These efforts are part of the QEPS, which is implemented by HTN with funding support from New Zealand's International Development Cooperation and Himalayan Trust New Zealand.



Head teacher training participants in Phaplu.

h. School Monitoring Visit

A joint monitoring visit led by Mr. Girman Thapa, Director of CEHRD, was conducted from 27th February to 1st March 2024, in Khumbu Pasanglhamu Rural Municipality. The main objective of the visit was to monitor the progress of the QEPS activities in the Khumbu schools. Mr. Thapa was accompanied by HTN's Education Training Officer, Mr. Ishworman Rai.

During the visit, the team inspected Khumjung Secondary (Hillary) School, Himalaya Basic School in Namche, Pema Chholing Basic School in Ghat, and Mahendra Jyoti Secondary School in Chaurikharka.





Mr. Girman Thapa during monitoring visit.

i. Five Day's Capacity Building Training for Basic Level Teachers

HTN organized a five-day capacity building training for basic level (Grade 4 – 8) subject teachers of Solududhkunda Municipality (SDM) Ward Nos. 1, 2, and 3 and Khumbu KPLRM. The subject based training on English, Nepali, Science, Mathematics and Social Studies were conducted in Kharikhola, in coordination with SDM and KPLRM, with technical support from the Centre for Education and Human Resource Development (CEHRD).

The main objectives of the training were to build the capacity of subject teachers in applying task-based learning strategies in the classroom, enhancing their understanding of the curriculum, and learning resource materials, incorporating technology into teaching and learning activities, developing teaching materials, preparing annual instruction plans, and strengthening their capacity in the evaluation process as per the curriculum. A total of 95 teachers (30 female and 65 male) attended the training.



A 3D water cycle prepared during Science subject training.



A training session being conducted on Social Studies.



Participants engaged in activity outside of classroom.



Closing ceremony of the five-day's training.

j. Essential Educational Materials Supported to Schools

Mr. Peter Hillary, Chairman of HTNZ handed over school uniforms and stationeries to the students of Goli Basic School in Goli during his monitoring visit in April 2024. Additionally, stationery and sports items for Kamalamai Basic School in Maili were also provided.

The funding for the procurement of the school uniforms and stationeries has been generously supported by Ms. Tish Laberee of USA.



Chairman of HTNZ, Mr. Peter Hillary handing over the essential educational materials to Goli Basic School.

k.School Improvement Plan (SIP) Training in Chaurikharka

SBTTP teacher trainers conducted a one-day orientation programme on School Improvement Plan (SIP) on 2 June 2024 at Chaurikharka in coordination with KPLRM. The programme was attended by members of the school management committee, head teachers and teachers of KPLRM schools. Following to the training, SBTTP team have been supporting schools in preparation of SIPs as per the government specified guideline.

Prior to the training, the HTN education team received a two-day SIP development training at HTN office on 22nd and 23rd May 2024. The training session was facilitated by Director of CEHRD Mr. Girman Thapa.



HTN education team with Mr. Girman Thapa, Director of CEHRD.



Education Training Officer, Mr. Bishnu Kumar Rayamajhi facilitating a session on Maths subject.



Group photo taken at the end of the SIP training.

l.School Monitoring and Additional Support

The SBTTP team began their field visits on 4th June 2024 until 17th July 2024. The team visited schools in the KPLRM and provided support to teachers in the effective classroom management techniques, developing subject-specific instructional methods from ECD to Class 8, and creating annual instructional plans.

The team also trained teachers on student evaluation processes and formats as per the curriculum. They organized parental education workshops to equip parents with the tools and knowledge needed to support their children's learning at home. Moreover, the team organized meetings with head teachers and teachers, SMC, PTA, and parents to discuss the roles of various stakeholders in improving the learning achievements of the students.



Mr. Bishnu Kumar Rayamajhi facilitating teachers on evaluation process as per government curriculum.



Ms. Sangita Rai facilitating a Science subject class.



Mr. Ishworman Rai facilitating an interaction session with parents.



Ms. Deepa Niraula presenting during Parents meeting in Janasewa Basic School, Sano Gumela.



Mr. Khamsu Ongdu Sherpa, who topped Solukhumbu district from Khumjung Secodnary School with 3.9 GPA

Ms. Rita Doma Sherpa, who topped Khumbu Pasanglhamu RM Schools among girls from Khumjung Secondary School with GPS 3.64

m. SEE Results Announced

The National Examination Board (NEB) published the Secondary Education Examination (SEE) results on 27 June 2024. The national pass rate stands at 48%, with Solukhumbu leading Koshi province at 87%. Khumjung Secondary School topped Solukhumbu district with the highest Grade Point Average (GPA) of 3.9. This achievement highlights the school's dedication to quality education, supported by the Himalayan Trust since 1961.

Following the announcement of the results, HTN has announced various scholarships for students entering grades 11 and 12. Eligible students will be awarded the Sir Edmund Hillary Memorial Scholarship, the Mary Lowe Scholarship, the George Lowe Memorial Scholarship, the Mingma Norbu Memorial Scholarship, the Dalit Girls Scholarship and Louise and Belinda Hillary Memorial Scholarship.

n. Workshop on Developing Diplomatic and Leadership Skills

Three team members from HTN education team: Mr. Mahendra Kathet, Mr. Lhakpa Tenji Lama, and Mr. Chandra Dev Bhatt participated in a workshop organized by EduLift on 28 June 2024 at Hotel Tibet International in Boudha. The workshop was targeted towards managers and administrators of the education programme, with the aim of developing diplomatic and leadership skills.



Group photo taken after the completion of the workshop.

2.3.3 Teachers Support

Since 2012, Himalayan Trust has been providing salary support for teachers to facilitate English medium education in Khumbu schools, ensuring quality education in major subjects such as English, Science, Social Studies, and Maths. Currently, HTN supports the salaries of 23 teachers across 13 schools. Of these, 19 teachers receive support from Himalayan Trust New Zealand and New Zealand International Development Cooperation under QEPS. One teacher is supported by The Greater Himalayas Foundation, and another by Rotary Club Koblenz Dt. Eck, Germany. Additionally, HTN funded the salary of an English teacher at Saraswati Basic School in Hill of Mapya Dudhkoshi Rural Municipality until April 2024, with financial support from Light for Kids (L4Ks) Germany. This year, with funding support from L4Ks Germany,

HTN is supporting the salary of a lower-secondary level English teacher at Saraswati Basic School in Phuleli effective from June 2024.

Besides these donors, Benoit Chamoux Foundation of France supports the salary of an English teacher at Rolwaling Sangag Choling Monastery School in Rolwaling valley since March 2021. The school which has 30 students and three teachers, offers a curriculum that includes instruction in English, Nepali, and Sambhota scripts.

2.3.4 Scholarships

Scholarship is one of the key programmes of Himalayan Trust Nepal and this initiative is expanding each year. Over the last fiscal year, HTN administered 305 scholarships, as shown in the table given below.

The primary goal of this scholarship programme is to encourage students in retention and completion of their education at school and college levels. The specific objectives to achieve this goal are as follows:

- *To provide partial scholarship grants to students for completing their school and higher education.*
- *To produce academically trained individuals who can meet the local needs of the region.*
- *To encourage students to develop their future careers to fulfil job demands within the Solukhumbu region.*
- *To help reduce rural poverty through educational transformation*

Table 1 HTN has been managing the following scholarships over the fiscal year 2023/24:

S.N.	Name of the Scholarship	Supported by	Male	Female	Total
1	Sir Edmund Hillary Memorial Scholarship (+2)	New Zealand International Development Cooperation & Himalayan Trust NZ	18	30	48
2	Khumbu Pasang Lhamu Rural Municipality and Himalayan Trust Bachelor Level Scholarship (for students of KPLRM)	KPLRM, New Zealand International Development Cooperation & Himalayan Trust NZ	5	6	11
3	Himalayan Trust Bachelor Level (for students of Southern Solukhumbu)	New Zealand International Development Cooperation & Himalayan Trust NZ	7	6	13
4	George Lowe Memorial Scholarship	Mary Lowe, UK	2	2	4
5	The Mary Lowe Scholarship	Himalayan Trust UK	4	8	12
6	Mingma Norbu Sherpa Memorial Scholarship	The Greater Himalayas Foundation, USA	5	13	18
7	Dr. Tshering Wangdi Sherpa Scholarship	Dr. Tshering Wangdi Sherpa Family	1	3	4
8	Louise and Belinda Hillary Memorial Scholarship	Sir Edmund Hillary Stiftung, Germany	0	15	15
9	Benoit Chamoux Foundation Scholarship	Benoit Chamoux Foundation, France	5	4	9
10	Naulekh Foundation Scholarship	Naulekh Foundation, Switzerland	19	6	25
11	Nepal Kinderhilfe Scholarship	Nepal Kinderhilfe e.V, Germany	39	77	116
12	Diane McKinnon Scholarship	Diane and John McKinnon	2	5	7
13	David Smith Scholarship	David Smith	5	5	10
14	Mountain Disaster Relief Education Support (MDRES) Scholarship	American Himalayan Foundation	2	1	3
		Himalayan Trust New Zealand	1	4	5
15	Dalit Girls Scholarship	Gift Trust, New Zealand	0	4	4
16	Sir Edmund Hillary Foundation Scholarship	Sir Edmund Hillary Foundation, Canada	1	0	1
Grand Total			116	189	305

Through these scholarships, HTN strives to empower students and enable them to achieve their educational goals while making a positive impact on the livelihoods of the Solukhumbu community and the wider Nepal.

SIR EDMUND HILLARY MEMORIAL SCHOLARSHIP:

HTN has been awarding **Sir Edmund Hillary** Memorial Scholarships to three SEE graduates from **Khumjung, Mahendra Jyoti (Chaurikharka), Kharikhola, Taksindu, Junbesi, Pike Loding, Chandra Jyoti (Bhakanje)** and **Juving** schools of Solukhumbu, enabling them to pursue their high school education. The scholarships are granted to the first girl, the first boy, and one socially and economically marginalized student, either girl or boy. This scholarship is funded by the Himalayan Trust New Zealand and New Zealand's International Development Cooperation.

This year's scholarship recipients represent a diverse range of ethnicities, with maximum numbers of female students. The specific details of the ethnographic and gender composition of the scholarship recipients are presented in the table below:

Table 2 Ethnographic and gender composition of SEHM scholarship recipients

S.N.	Ethnicity	Grade 11			Grade 12			Grand Total		
		Boys	Girls	Total	Boys	Girls	Total	Boys	Girls	Total
1	Sherpa	2	5	7	1	5	6	3	10	13
2	Rai	4	3	7	3	7	10	7	10	17
3	Tamang	1	2	3	0	1	1	1	3	4
4	Chhetri (Basnet)	1	1	2	-	-	0	1	1	2
5	Magar	0	2	2	3	0	3	3	2	5
6	Lama	1	0	1	-	-	0	1	0	1
7	Sundash	-	-	0	0	1	1	0	1	1
8	Jirel	-	-	0	0	1	1	0	1	1
9	Katwal	-	-	0	1	0	1	1	0	1
10	Thami	0	1	1	-	-	0	0	1	1
11	Bhujel	-	-	0	1	0	1	1	0	1
12	Sunuwar	0	1	1	-	-	0	0	1	1
Total		9	15	24	9	15	24	18	30	48

The following table shows the details of students who received the SEHM Scholarship in the year 2023.

Table 3 Name list of students selected under the SEHM Scholarship 2023:

S.N.	Name of Student	Gender	Subject	Name of School
1	Lhakpa Doma Sherpa	Female	Science	1. Khumjung Secondary School
2	Bikesh Kulung Rai	Male	Management	
3	Phura Tenzing Sherpa	Male	Science	
4	Jeni Tamang	Female	Staff Nurse	2. Mahendra Jyoti Secondary School, Chaurikharka
5	Alan Rai	Male	Science	
6	Dawa Pasang Sherpa	Female	PCL Nursing	
7	Man Kumari Rai	Male	Management	3. Taksindu Secondary School
8	Dawa Sherpa	Female	Education	
9	Chirag Rai	Female	Arts	
10	Dawa Tashi Sherpa	Female	Science	4. Kharikhola Secondary School
11	Karma Sherpa	Male	Management	
12	Pramisha Tamang	Female	Management	
13	Norden Lama	Male	Management	5. Junbesi Secondary School
14	Dawa Gelmu Sherpa	Female	Management	
15	Muna Sunuwar	Female	Health Assistant (HA)	
16	Kushal Basnet	Female	Science	6. Chandra Jyoti Secondary School, Bhakanje
17	Sarina Basnet	Male	Law	
18	Subita Thami	Female	Science	
19	Anita Magar	Male	Management	7. Pike Secondary School, Loding
20	Mingmar Tamang	Female	Management	
21	Amisha Budhathokimagar	Male	Management	
22	Anish Rai	Male	Management	8. Juving Secondary School
23	Sumnima Khaling Rai	Female	Science	
24	Charitra Kala Rai	Female	Management	
Total		24		

Bachelor Level Scholarships:

Under the Quality Education Programme in Solukhumbu, HTN has established bachelor-level scholarships for the students of Solukhumbu, with funding provided by the New Zealand International Development Cooperation and Himalayan Trust New Zealand. These scholarships are awarded in two different categories.

- **KPLRM and Himalayan Trust Scholarships for the students of the Khumbu region.**

  The first category is the KPLRM and Himalayan Trust Scholarships, specifically for the students of the Khumbu region. KPLRM contributes 60% and HTN covers 40% of the scholarship fund in the joint initiative. The scholarship amount includes tuition fees and partial living costs while students are responsible for bearing a portion of their living expenses.

  Initially, 7 out of 28 available seats were filled up until the fiscal year 2020/21. Following the revised quota in 2022, 3 out of 14 available seats were filled up. Applications were reopened for the remaining 11 seats. Among these, four applications were received. Only two female students from Phortse met the eligibility criteria in the year 2024. Unfortunately, Ms. Pemba Jangmu Sherpa discontinued her studies after 2 years of enrolment.

The current status of the students enrolled under the joint scholarship is presented in the following table.

Table 5 **KPLRM and Himalayan Trust Scholarship status in 2023/24**

S.N.	Name of student	Permanent address	Subjects	Status
1	Mr. Dorjee Gyalzen Sherpa	KPLRM – 04, Khumjung	B.E. Civil Engineering	Awarded in 2021 and continuing.
2	Mr. Subas Rai	KPLRM – 02, Lukla	B.E. Civil Engineering	Awarded in 2021 and continuing.
3	Ms. Mingma Doma Sherpa	KPLRM-5, Theso	B. Ed (English)	Awarded in 2021 and continuing.
4	Mr. Ngima Tashi Sherpa	KPLRM-5, Chanyakpa	Bachelor Tourism	Awarded in 2021 and continuing.
5	Mr. Dawa Tshering Sherpa	KPLRM– 03, Ngamuteng	Bachelor IT	Awarded in 2021 and continuing.
6	Mr. Kami Temba Sherpa	KPLRM-5, Thameteng	Bachelor – Computer Science	Awarded in 2022 and continuing.
7	Ms. Aarati Rai	KPLRM– 01, Paiya	B. Sc. Agriculture	Awarded in 2022 and continuing.
8	Ms. Pemba Jangmu Sherpa	KPLRM – 04, Khumjung	B.Ed. – English	Awarded in 2022 and dropped out.
9	Mr. Ang Futi Sherpa	KPLRM– 04, Khumjung	Bachelor Hotel Management	Awarded in 2022 and continuing.
10	Ms. Pasang Kanchi Sherpa	KPLRM– 04, Phortse	Bachelor in Mountaineering Studies	Awarded in 2024 and continuing.
11	Ms. Ngima Doka Sherpa	KPLRM– 04, Phortse	B.Ed. – Social Studies	Awarded in 2024 and continuing.

- **Himalayan Trust Bachelor Level Scholarship for the students of Southern Solukhumbu**

The second category is the Himalayan Trust Bachelor Level Scholarship, specifically for students from Southern Solukhumbu. A total of 15 scholarships were offered for students to pursue their bachelor-level studies in various subjects. All 15 scholarships were awarded between 2020 and 2022. Until now, three students have successfully graduated from their respective fields of study.

Table 6 **Himalayan Trust Bachelor Level Scholarship for Southern Solukhumbu status 2023/24**

S.N.	Name of student	Permanent address	Subjects	Status
1	Ms. Lhamu Dolma Sherpa	Solududhkunda-03, Loding	B.Sc. – Forestry Science	Awarded in 2021 and continuing.
2	Mr. Ganesh Bastola	Necha-Salyan-03, Necha	B.Sc. – Agriculture	Awarded in 2021 and continuing.
3	Mr. Manich Kumar Rai	Thulung Dudhkoshi-09, Dilbu	B.Sc. – Agriculture	Awarded in 2021 and continuing.
4	Ms. Bebina Phuyal	Necha-Salyan-03, Besigaun	B.Ed. (Science)	Awarded in 2021 and continuing.
5	Mr. Pasang Tamang	Mapya Dudhkoshi-05, Rokful	B.Ed. (Science)	Awarded in 2021 and continuing.

6	Ms. Sribina Rai	Mapya Dudhkoshi-05, Kanku	B.Ed. (Science)	Awarded in 2021 and continuing.
7	Mr. Prajwal Rai	Mahakulung-01, Saddi	B.Ed. (English)	Awarded in 2021 and continuing.
8	Mr. Suraj Pratap Ranamagar	Mapya Dudhkoshi-05, Kanku	B.Ed. (English)	Awarded in 2021 and continuing.
9	Ms. Samina Kulung Rai	Mahakulung-03, Cheskam, Khardo	B.Ed. (Maths)	Awarded in 2021 and continuing.
10	Mr. Mukesh Bastola	Necha-Salyan-02, Salyan	B.Ed. (Social Studies)	Awarded in 2021 and continuing.
11	Ms. Sharmila Ranapal	Solududhkunda-11, Tingla	B.Sc. – Nursing	Awarded in 2022 and continuing.
12	Mr. Amrit Regmi Magar	Mapya Dudhkoshi-06, Waku	Bachelor – IT	Awarded in 2021 and passed out in January 2024.
13	Ms. Resha Sundas	Solududhkunda-01, Nunthala	Bachelor of Dental Surgery (BDS)	Awarded in 2022 and continuing.

The George Lowe Memorial Scholarship:

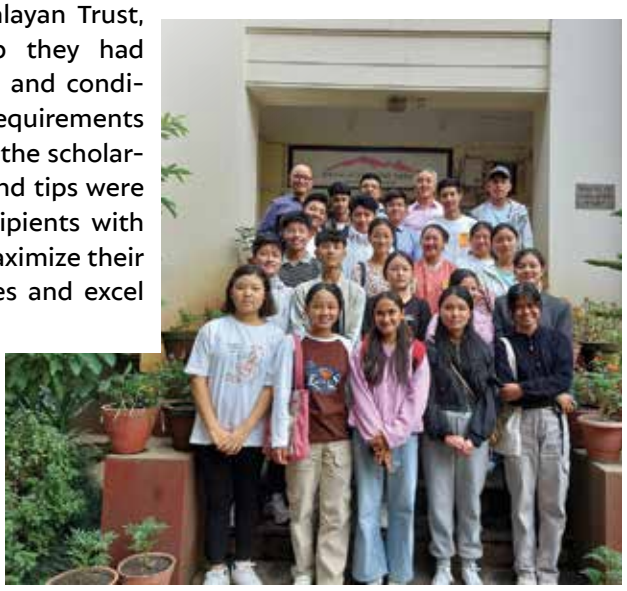
The **George Lowe Memorial Scholarship** is awarded annually to the top-performing students of Sagarmatha Secondary School, Bung. Each year, one male and one female student are chosen to receive this prestigious scholarship. For the current year, Mr. Dev Kulung and Ms. Shaktikala Kulung from Bung have been awarded the scholarship to pursue their studies in Management and Science respectively.

Mary Lowe established this scholarship in memory of her late husband, George Lowe, who was a close friend of Sir Edmund Hillary. Funding for the scholarship is provided annually through the Himalayan Trust UK to Nepal. This scholarship honours George Lowe's legacy and supports the educational goals of deserving students in the community of Bung.

Scholarship Orientation Programme

Himalayan Trust Nepal organized an orientation programme for the recipients of the Sir Edmund Hillary Memorial Scholarship and the George Lowe Memorial Scholarship on 8 September 2023. The orientation programme was organized to provide scholarship recipients with important information about Himalayan Trust, the specific scholarship they had been awarded, its terms and conditions, duration, and requirements they must fulfil to retain the scholarship. In addition, ideas and tips were shared to equip the recipients with the knowledge and to maximize their educational opportunities and excel in their chosen fields.





Scholarship orientation programme organized in HTN office.

The Mary Lowe Scholarship:

The Mary Lowe Scholarship, founded by the Himalayan Trust UK (HTUK), honours the dedicated contributions of Mary Lowe, a long-standing Trustee Member of the organization. For decades, Mary Lowe has played a crucial role in advancing the educational initiatives of the Himalayan Trust in Solukhumbu.

Annually, this scholarship is awarded to deserving students pursuing three year's courses in Health Assistant (HA), staff nurse and dental hygienist fields. In the current year, The Mary Lowe Scholarship has been granted to three female and three male students.

The details of the students who received **The Mary Lowe Scholarship** is shown in the given table:

The Greater Himalayas Foundation Scholarship:

The Greater Himalayas Foundation provides the **Mingma Norbu Sherpa Memorial Scholarship**, an initiative that pays tribute to the esteemed legacy of Mingma Norbu Sherpa. The foundation provides annual scholarships to deserving students who have successfully completed their School Education Examination (SEE) at Khumjung Secondary School. Eight students (5 girls and 3 boys) have been selected for this year's scholarship to pursue their high school level (grade 11 & 12) education in Kathmandu.

The scholarship recipient students were given an orientation at the Himalayan Trust office on 26th July 2023. The details of the students are given in the following table.

Table 7 The Mary Lowe Scholarship recipients 2023/24

S.N.	Name of Student	Gender	Subject	Status
1	Pema Chutin Sherpa	Female	Bachelor Chartered Accountancy	Dropped Out
2	Chhiring Lhamu Lama	Female	Bachelor Computer Engineering	Continuing
3	Jyoti Kala Rai	Female	Health Assistant (H.A.)	Continuing
4	Tashi Lhamu Sherpa	Female	Bachelor in General Science	Continuing
5	Pasang Phuti Sherpa	Female	B. Ed (English)	Continuing
6	Diku Sherpa	Female	Dental Hygienist	Awarded in 2023
7	Pemba Yangji Sherpa	Female	Management (Computer Science)	Awarded in 2023
8	Pasang Rita Sherpa	Male	Management (Computer Science)	Awarded in 2023
9	Dawa Yangzi Sherpa	Female	Bachelor Computer Science	Awarded in 2023
10	Buddha Magar	Male	Diploma in Mechanical Engineering	Awarded in 2023
11	Mingma Tshering Sherpa	Male	Management (Computer Science)	Awarded in 2023

Table 8 The Greater Himalayas Foundation Scholarship Status 2023/24

S.N.	Name of Student	Gender	Subject	Status
1	Ngima Lhamu Sherpa	Female	Education (English major)	Passed Out
2	Tenzing Dolma Sherpa	Female	Management (Computer Science)	Passed Out
3	Phurba Phuti Sherpa	Female	Management (Computer Science)	Passed Out
4	Mingma Doka Sherpa	Female	Management (Hotel Management)	Passed Out
5	Ang Yenden Sherpa	Female	Management (Business Studies)	Passed Out
6	Pemba Tenzing Sherpa	Male	Management (Computer Science)	Passed Out

Dr. Tshering Wangdi Sherpa Scholarship:

Dr. Tshering Wangdi Sherpa, originally from Namche is currently residing in the United States. Dr. Sherpa who initially received scholarship from the Himalayan Trust significantly transformed his life. Filled with deep respect for Sir Ed and his enduring legacy, Dr. Sherpa now seeks to express his gratitude by giving back to the Himalayan Trust.

Ms. Dolma Tshering Sherpa and Ms. Lhakpa Doma Sherpa have been successful to receive Dr. Tshering Wangdi Sherpa Scholarship for 2023. Both of the students graduated SEE from Khumjung School and are pursuing their high school level education in Kathmandu. Dr. Sherpa has been funding the scholarship annually through The Greater Himalayas Foundation to HTN.

7	Soniya Rai	Female	Management (Business Studies)	Passed Out
8	Sonam Yangji Sherpa	Female	Management (Hotel and Travel Management)	Passed Out
9	Tsering Sherpa	Male	Science (Physics)	Passed Out
10	Smritee Kala Rai	Female	B. Sc. (Hons) Computing	Passed Out
11	Manila Kulung	Female	Management (Computer Science)	Grade 12 running
12	Ngima Yanji Sherpa	Female	Diploma in Dental Hygienist	Diploma Running
13	Pemba Chhutin Sherpa	Female	Science (Biology)	Grade 12 running
14	Chhering Chutin Sherpa	Female	Science (Biology)	Grade 12 running
15	Tashi Phinjo Sherpa	Male	Science (Physics)	Grade 12 running
16	Da Phuti Sherpa	Female	Management (Computer Science)	Grade 12 running
17	Mingma Tshering Sherpa	Male	Management (Hotel Management)	Grade 12 running
18	Ngawang Sherpa	Male	Management (Computer Science)	Grade 12 running





The TGHF and Dr. Tshering Wangdi Sherpa Scholarship recipients during an orientation programme at the Trust office in Dillibazar.

Louise and Belinda Hillary Memorial Scholarship:

Five female students Ms. Pratima Magar, Ms. Susma Rai, Ms. Lhakpa Dolma Sherpa, Ms. Soni Lama Sherpa, and Ms. Tashi Yangzum Sherpa have been awarded **The Louise and Belinda Hillary Memorial Scholarship.** The grant funding for the scholarship has been generously supported by the Sir Edmund Hillary Stiftung, Germany.

The foundation has been supporting the education of female students. The details are as shown in the Table 9 below:



Table 9 **Louise and Belinda Hillary Memorial Scholarship**

S.N.	Name of student	Gender	Subject	Status
1	Ang Chhechi Sherpa	Female	Bachelor in Business Administration (BBA)	Final Year
2	Sophi Rai	Female	Chartered Accountant (CA)	Final Year
3	Pasang Jangmu Sherpa	Female	Staff Nurse	Final Year
4	Pasang Maya Sherpa	Female	Bachelor in Business Studies	Continuing
5	Anisha Ghimire	Female	Bachelor Dental Surgery	Continuing
6	Fura Lhamu Sherpa	Female	Bachelor in Education (English major)	Continuing
7	Pasang Yangzi Sherpa	Female	Bachelor in Information Technology	Continuing
8	Nima Futi Sherpa	Female	Bachelor in Business Administration (BBA)	Continuing
9	Esmita Magar	Female	Bachelor of Arts – Bachelor of Legislative Law (BALLB)	Continuing
10	Lamdiki Sherpa	Female	Bachelor in Nursing	Continuing
11	Pratima Magar	Female	Bachelor in Computer Application	Awarded in 2023
12	Susma Rai	Female	B.Sc. Science	Awarded in 2024
13	Lhakpa Dolma Sherpa	Female	Chartered Accountant (CA) and Bachelor in Business Studies	Awarded in 2024
14	Tashi Yangzum Sherpa	Female	10+2 (Science)	Awarded in 2024
15	Soni Lama Sherpa	Female	10+2 (Education)	Awarded in 2024

The Benoit Chamoux Foundation Scholarship:

Ms. Fabienne Clauss from Switzerland and her foundation – The Benoit Chamoux Foundation, has been providing scholarships for the education of children who have lost their fathers in mountaineering expeditions both at the school and college levels. This foundation has played a crucial role in shaping the lives of these students, enabling many of them to successfully complete their studies in their chosen fields and secure employment. To date, the foundation has supported over 40 students

HTN organizes an annual picnic programme where the Chairperson of the Foundation, Ms. Fabienne Clauss, interacts with the children and parents, assessing the student's progress, addressing any challenges they may face, and discussing their future interests. The annual picnic programme for students, supported by the Benoit Chamoux Foundation (BCF) was organized at Chhahari Retreat in Budhanilkantha on 4th November 2023. Ms. Fabienne Clauss, the founder and Mr. Christian Clauss, a trustee member of the Foundation attended the picnic and interacted with the students and parents.

The status of students supported by the Foundation in the last fiscal year is shown in the following Table 10:

Table 10 Benoit Chamoux Foundation Scholarship

S.N.	Levels	No. of students		Total
		Male	Female	
1	School	3	2	5
2	Grade 11 & 12	1	0	1
3	Bachelor	1	2	3
Total		5	4	9






Glimpses of the BCF Annual Picnic Programme.



The inside of the kitchen at Lamabagar.

With the financial support from the Foundation, the essential kitchen utensils and materials have been procured for the winter hostel of Rolwaling Sangag Choling Monastery School in Lamabagar, Dolakha. With this procurement, the hostel is now fully equipped, allowing the school to remain open year-round. This includes hosting two months of winter classes during the cold winter days in the Rolwaling valley.



The kitchen and dining hall of the winter hostel at Lamabagar.

Tenzing Norgay Sherpa Foundation Scholarship:

The Tenzing Norgay Sherpa Foundation has been providing financial support for the tuition fees of deserving and underprivileged students. Among the four selected students, three have successfully completed their studies. Mr. Pasang Nuru Sherpa, who was pursuing a Bachelor in Computer Science and Information Technology (CSIT), was the only student continuing his education with the scholarship's financial support. Unfortunately, he discontinued his studies after a year of enrolment. As a result, there are currently no students studying under the scholarship.

Naulekh Foundation Scholarship:

Every year, the Naulekh Foundation in Switzerland sponsors children who have completed their primary school education from Poiyan School through Himalayan Trust Nepal. Presently, there are 24 students (Male 13 and Female 11) studying at the Mahendra Jyoti Secondary School in Chaurikarkha, and their hostel expenses are covered by the Foundation. In addition, a total of 25 students, including 19 males and 6 females, are pursuing their high school and bachelor's level studies with the scholarships provided by the Foundation, as illustrated in Table 11.

Nepal Kinderhilfe Germany Scholarship:

Nepal Kinderhilfe is a non-profit organization based in Germany with a profound mission to provide support for education for underprivileged children in Nepal ranging from primary to high school level. Since April 2021, HTN has been overseeing their activities in Nepal which has made a significant stride in fulfilling their mission. This comprehensive scholarship programme has positively impacted the lives of over 100 students.

The table 12 below illustrates the status of children supported by the organization over the last fiscal year:

Table 11 Naulekh Foundation Scholarship

S.N.	Levels	No. of students		Total
		Male	Female	
1	Grade 11 & 12	16	5	21
2	Bachelor	3	1	4
Total		19	6	25

Table 12 Nepal Kinderhilfe Germany Scholarship

S.N.	Levels	No. of students		Total
		Male	Female	
1	School	29	55	84
2	High school (10+2)	8	17	25
3	New commitment	2	5	7
Total		39	77	116



Seven new school-level children added to the scholarship programme.



Uniform distribution programme in Shree Rastriya Laukhari Basic School, Andrauli.

A notable achievement of the year was addition of seven new school-level children to the scholarship programme. These children namely Samsung Sherpa, Lhakpa Kanchhi Sherpa, Jasmin Regmi Magar, Mingmar Chhiring Tamang, Monika Shrestha, Pasang Gelu Sherpa, and Pinki Manjushree now have the opportunity to continue their educational pursuits. Their inclusion in the programme brings immense joy and relief to their families, highlighting the far-reaching impact of this initiative. Additionally, twelve students successfully graduated their grade 12 examinations this year, marking a significant milestone in their educational journey.

Nepal Children's Aid has been supporting the Manjushree Children Helpless Shelter House in Bharatpur, Chitwan. Currently, 19 children, who come from challenging backgrounds, are living in the shelter. The foundation has consistently provided food, hygiene items, clothing, and equipment. Since last year, the foundation has also covered the school fees for four children. Additionally, 175 children at two government schools: Shree Rastria Laukhari Basic School and Shree National Basic School, Andrauli were provided with school uniforms, backpacks, shoes, and books this year.



Uniform distribution programme in Shree National Basic School, Andrauli.



Dr. Günz with the children from the Manjushree Children Helpless Shelter House.

Mountain Disaster Relief Education Support (MDRES) Scholarship

The MDRES Scholarship is awarded to the children of individuals who lost their lives in the 2014 Everest avalanche. The American Himalayan Foundation supports in the education of three students (two male and one female), while the Himalayan Trust New Zealand has been providing funding for the education of five students (one male and four females) since 2014. This support extends the student's education all the way through high school.

Diane McKinnon Scholarship

Ms. Diane McKinnon from New Zealand has been supporting for education of seven students (two male and five female) through HTN.

David Smith Scholarship

David Smith's assistance through HTN has benefitted several underprivileged and orphaned children enabling them to attend school and providing basic necessities like food and clothing, significantly improving their quality of life. The support has benefitted 10 underprivileged students comprising of 5 males and 5 females.

Dalit Girls Scholarship

The Dalit Girls Scholarship is a new category of scholarship intended for female students who belong to scheduled caste of Solukhumbu district. Starting this year, the scholarship has been awarded to four female students. The grant for the scholarship has been funded by Ms. Jill Ford through The Gift Trust New Zealand. The support has benefitted four underprivileged female students whose details are shown as given in table 13.



Ms. Elisha Bishowkarma



Ms. Romika B.K.



Ms. Tara Bishwakarma



Ms. Puja Bishowkarma

Table 13 **Recipients of Dalit Girls Scholarship**

S.N.	Name of student	Gender	Subject	Status
1	Elisha Bishowkarma	Female	Management (Computer Science)	Awarded in 2023
2	Romika B.K.	Female	Science (Biology)	Awarded in 2023
3	Tara Bishwakarma	Female	Diploma in Lab Technician	Awarded in 2023
4	Puja Bishowkarma	Female	Diploma in Civil Engineering	Awarded in 2023



Mr. Bhakti Raj Rai, MBBS

The Sir Edmund Hillary Foundation Scholarship

Mr. Bhakti Raj Rai from Mahakulung Rural Municipality has been awarded **The Sir Edmund Hillary Foundation** (SEHF) Scholarship to pursue his Bachelor of Medicine and Bachelor of Surgery (MBBS) at Patan Academy of Health Sciences in Lalitpur for a duration of four years.

Mr. Rai was also the recipient of the Sir Edmund Hillary Memorial Scholarship for achieving the first position in School Leaving Certificate (SLC) from Khumjung Secondary School in 2019. The grant for the MBBS scholarship has been availed by the SEHF Canada.

2.3.5 Teaching Materials Support to 108 Schools

HTN through the funding support of New Zealand Aid Programme and HT New Zealand provides teaching materials to a total of 108 schools annually, consisting of 107 schools in Solukhumbu and one school in Dolakha. These materials include a range of items such as teacher and student attendance registers, exam copies, A4 papers, pens, pencils, exercise copies, drawing papers, record files, envelopes, glue sticks, board markers, tapes, white boards as well as sports items like footballs and volleyballs. The details of the teaching materials are given in Annex 7.

During Mr. Peter Hillary and his team's programme monitoring visit in April 2024, the teaching materials for Likhupike Rural Municipality schools were distributed. HTN Teacher Trainers, Mr. Ishworman Rai and Ms. Deepa Niraula distributed teaching materials and sports items to schools in Taksindu, Junbesi, Pike, Salleri, Jubu, Bung, and Kharikhola.

The teaching materials of Khumjung and Chaurikharka clusters were airlifted from Kathmandu to Lukla. The materials of Chaurikharka cluster schools were handed over by the Chairman of HTN, Mr. Pasang Dawa Sherpa and CEO, Dr. Mingma Norbu Sherpa at Lukla whereas the materials of Khumjung cluster were carried by porters to Namche and handed over to respective schools from Himalaya Basic School, Namche.

Likewise, the teaching materials for 45 schools: 20 schools in Mapya Dudhkoshi was handed over by LIL Field Officer Ms. Srijana Thapa and 13 schools in Sotang and 12 schools in Mahakulung Rural Municipality have been handed over to the schools by LIL Education Coordinator Mr. Chandra Dev Bhatt. During their visit, they also handed over the student evaluation books, home reading log books (Grade 1-3), early grade learning books (ECD-Grade 1) and age level learning books (Grade 1-3) to the schools.

These teaching materials provided have played a significant impact on the functioning of the community schools in rural Solukhumbu, effectively reducing the financial burden on parents and the school administration. The following photos showcase the teaching materials that have been handed over to the schools:



Chairman of HTNZ, Peter Hillary handing over teaching materials to head teacher of Goli school.



Chandrajyoti Secondary School, Bhakanje, one of the schools built by Sir Ed in 1970s.



Jana Jagriti Basic School, Salleri



Swornim Basic School and Saraswati Basic School, Kunikhop



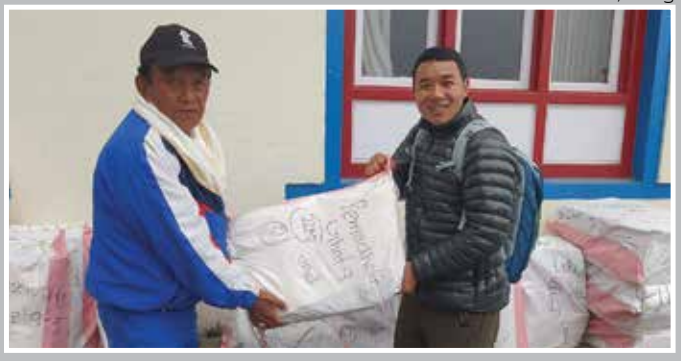
Ms. Srijana Thapa handing over the teaching materials to teacher of Janakalyan Basic School, Bodu



Chairman of Mahakulung Rural Municipality, Mr. Surya Kulung handing over teaching materials to head master of Sagarmatha Secondary School, Bung



Teaching materials of Chaurikharka cluster schools ready for distribution at Lukla.



Chairman of HTN, Mr. Pasang Dawa Sherpa handing over teaching materials to SMC chair of Pema Chholing Basic School, Ghat.

2.3.6 Computer Lab Support in Schools

The establishment of computer labs in community schools of Solukhumbu is a significant project implemented through the collaboration of EduTech Nepal, Himalayan Trust New Zealand, and HTN. Since 2018, HTN, in partnership with EduTech Nepal and School Management Committees, has been installing computer labs in schools throughout the Solukhumbu district. From the year 2022/23, HT New Zealand has shared the fifty percent of the total cost of computer purchases with EduTech Nepal. HTN coordinates with Solukhumbu schools, government organizations, and supporting partners to ensure smooth implementation.

By the end of the fiscal year 2023/24, a total of 43 computer labs had been established in Solukhumbu and Khotang Schools. These labs are equipped with branded Dell computers, the latest version of teaching materials, and virtual learning tools to enable students to access educational resources even in the absence of teachers. EduTech Nepal provides computers and technical support, while HTN identifies schools, transports computers, monitors the labs, and coordinates with local governments. HTN's involvement is funded under the Quality Education Programme in Solukhumbu (QEPS), supported by the New Zealand Aid Programme and Himalayan Trust New Zealand.

Additionally, the establishment of computer labs in monastery schools is a new initiative undertaken by Himalayan Trust and EduTech Nepal. This project aims to provide schools of all beliefs with access to modern educational resources, promoting inclusive education and offering new possibilities for comprehensive education within a socially inclusive framework.

a. Inauguration of Computer Labs

Himalayan Trust Nepal, EduTech Nepal and eight schools (seven schools from Solukhumbu and one school from Khotang districts) have successfully installed eight computer labs over the last fiscal year. Among the eight schools, the computer labs installed in Himalayan Sherpa Buddhist Basic School in Phugmoche and Sekarsing Basic School were jointly inaugurated by Founder of Edutech Nepal Mr. Mike Chisholm and Chairman of HTN Mr. Pasang Dawa Sherpa on 30 July and 31 July 2023 respectively.

Similarly, the computer lab at Singhakali Basic School in Tingla was jointly inaugurated by the Mayor of Solududhkunda Municipality, Mr. Namgyal Jangbu Sherpa, Chairman of HTN Mr. Pasang Dawa Sherpa and Chairperson of EduTech Nepal, Ms. Diana Pradhan on 6 August 2023.

During their visit, the team also monitored the computer labs established at Junbesi Secondary School, Jiban Jyoti Secondary School in Nele, Birendra Jyoti Secondary School in Sotang and Singhakali Secondary School in Tingla.

Chairman of Himalayan Trust New Zealand, Mr. Peter Hillary, and Chairman of HTN, Mr. Pasang Dawa Sherpa, jointly inaugurated a new computer lab at Dudhkoshi Basic School, located at Bumburi, Mapya Dudhkoshi Rural Municipality-1 in April 2024.



Computer lab inauguration programme in Himalayan Sherpa Buddhist Basic School, Phugmoche.



Computer lab inauguration programme of Singhakali Basic School, Tingla.



Computer lab inauguration programme of Sekarsing Basic School.



Computer lab monitoring of Jiban Jyoti Secondary School, Nele.

Similarly, the computer labs at Thame Basic School and Thame Dechen Chokhorling Monastery School in Thame were inaugurated by General Manager of HTNZ, Mr. Alexander Hillary, and Chairman of HTN, Mr. Pasang Dawa Sherpa. These computer labs are established in collaboration with EduTech Nepal.





Computer lab inauguration programme in Dudhkoshi Basic School, Bumburi.




Computer lab inauguration programme in Thame Basic School, Thame.




Computer lab inauguration programme in Thame Dechen Chhokhorling Monastery School, Thame Gumba.

b. New Computer Labs Installation in Eight Schools

HTN, EduTech Nepal and eight schools (seven schools from Solukhumbu and one school from Khotang districts) have signed a Memorandum of Understanding (MoU) to collaborate on the establishment of computer labs at the following schools. EduTech Nepal provided orientation to all the head teachers, computer teachers, and SMC chair of the respective schools in Kathmandu. All the computer labs were successfully installed during the fiscal year.

1. Chandrodaya Basic School, Mapya Dudhkoshi, ward no. 2, Thulodhunga, Solukhumbu
2. Dudhkoshi Basic School, Mapya Dudhkoshi, ward no. 1, Bumburi, Solukhumbu
3. Jivan Jyoti Secondary School, Thulung Dudhkoshi, ward no. 2, Kangel, Solukhumbu
4. BP Sanskrit Secondary School, Nechasalyan, ward no. 2, Keureeni, Solukhumbu
5. Bhimsenthan Secondary School, Solududhkunda, ward no. 11, Mude, Solukhumbu
6. Thame Basic School, Khumbu Pasanglhamu, ward no. 5, Thame, Solukhumbu
7. Thame Monastery School, Khumbu Pasanglhamu, ward no. 5, Thame, Solukhumbu
8. Chasmitar Secondary School, Haleshi Tuwachung, ward no. 3, Khotang




A tripartite MoU Signed between HTN, EduTech Nepal and the eight schools.



BP Sanskrit Secondary School, Nechasalyan 2



Chasmitar Secondary School, Chasmitar



The respective SMC chair, computer teacher and headmaster of the eight schools visited HTN office for future collaboration and effective implementation of the computer labs.



Bhimsenthan Secondary School, Mude



Chandrodaya Basic School, Thulodhunga



Orientation on computer lab, its proper usage and maintenance provided to the respective computer teacher, headmaster and SMC chair of the eight schools in EduTech Nepal.



Jivan Jyoty Secondary School, Kangel



Dudhkoshi Basic School, Bumburi

c. Celebration of Milestone Achievement in Education Technology

On 19 April 2024, HTN joined in celebrating the remarkable achievement of establishing 250 computer labs across Nepal by EduTech Nepal, in collaboration with partner organizations and schools. More than 500 teachers and representatives of 250 schools attended the celebration programme organised by EduTech Nepal in Kathmandu. During the event, Khumjung Secondary School was awarded the best computer lab operating school of Solukhumbu district. HTN, in partnership with EduTech Nepal, has established 43 of these computer labs in Solukhumbu and Khotang districts.



HTN Chairman speaking during the celebration.



Head teacher of Khumjung Secondary School receiving the award at the celebration.

d. Enhancing Teacher's Professional Skills Development Training on Use of Computer in Teaching

HTN in partnership with EduTech Nepal conducted a comprehensive three-day training programme at Shree Garma Secondary School from 3-5 June, Himalaya Secondary School in Basakhastap from 7-9 June, and Jivan Jyoti Secondary School in Nele from 11-13 June. The facilitators of the training were Mr. Aman Das from EduTech Nepal and Mr. Nava Bhujel of HTN. The objective of this training was to strengthen the IT development skills of teachers. A total of 57 teachers participated in the training programme.





Three-day training on use of computer for teaching held in Garma Secondary School, Garma.





Three-day training on use of computer for teaching held in Himalaya Secondary School, Basakhastap.





Three-day training on use of computer for teaching held in Jivan Jyoti Secondary School, Nele.

2.3.7 Himali Hostel Inauguration Programme in Sotang

The construction of a new hostel building at Birendra Jyoti Secondary School in Sotang was successfully completed in May 2023. The newly built 24-bed hostel, which includes a dining hall, was formally inaugurated on 4th August 2023, and handed over to the school management committee. The chairman of HTN, Mr. Pasang Dawa Sherpa, and acting chairman of Sotang Rural Municipality, Mr. Janga Bahadur Gurung, jointly inaugurated the new hostel.

The hostel was built through the joint initiatives of Sotang Rural Municipality, the Grand Circle Foundation (GCF), USA, and Himalayan Trust Nepal. It is intended to provide accommodation for underprivileged and orphaned children who travel long distances to attend the school.



Glimpses of the inauguration and handover programme of Himali Hostel in Sotang.

2.3.8 Small Grant Support

Every year, HTN collects small grant petitions from the community and schools facing various needs. These petitions are thoroughly discussed during the executive committee meeting of January 11 to make the final decisions. In line with this process, several requests were approved this year. The provision of small grants is a crucial component of the Quality Education Programme in Solukhumbu, generously funded by the New Zealand International Development Cooperation and HT New Zealand. The specific details of the small grants that were approved are given in the table below:

Table 14 Details of small grant support

S.N.	Project Description	Location	Grant Amount
1	Mahendra Jyoti Secondary School, Chaurikharka – Smart board for grade 9 & 10.	KPLRM– 2, Chaurikharka	600,000
2	Science lab equipment support to Janasudhar Basic School, Chheskam	Mahakulung – 3, Chheskam	60,000
3	Classroom repair and maintenance support to Mopung Basic School	Solududhkunda Municipality – 2, Mopung	100,000
4	Musical instruments support to Taksindu Secondary School, Nunthala.	Solududhkunda Municipality – 1, Nunthala	80,000
5	Child-friendly furniture support to Pema Chholing Basic School, Ghat.	KPLRM– 3, Ghat	480,000
6	Interactive smart board for grade 4-8, ECED learning materials support to Khumjung Secondary School.	KPLRM– 4, Khumjung	660,000
7	Science lab equipment support to Lukla Basic School.	KPLRM– 2, Lukla	120,000
Total Grant Amount			2,100,000

HTN provided science lab equipment, including chemicals and instruments to Lukla Basic School and school musical instruments to Taksindu Secondary School, Nunthala. The science lab materials for Lukla Basic School have been successfully transported to the school and the lab has been set up. Likewise, the school musical instruments for Taksindu Secondary School have been handed over to the school by HTN Programme Manager, Mr. Lhakpa Tenji Lama and his team during a field visit.




Science lab materials supported to Lukla Basic School, Lukla.




School musical instruments supported to Taksindu Secondary School, Nunthala.

HTN provided financial support to procure three smart boards for Khumjung Secondary School and Mahendra Jyoti Secondary School in Chaurikharka. Likewise, Pema Chholing Basic School of Ghat received grant to build child-friendly furniture, while Mopung Basic School was supported in repairing and maintaining one of its classrooms.



Khumjung Secondary School, Khumjung



Mahendra Jyoti Secondary School, Chaurikharka

All of these supports are part of a small grant initiative under the Quality Education Programme in Solukhumbu (QEPS), reflecting HT's commitment to improving educational infrastructure and resources in the Solukhumbu community schools.



Pema Chholing Basic School, Ghat



Mopung Basic School

2.3.9 Thame Hostel Roof Reconstruction Project

The Thame school hostel roof reconstruction project has been successfully completed. After a strong windstorm in February 2022 blew off the school hostel roof, the commencement of the reconstruction project was delayed due to stranding 1000 kilogram of odd-sized iron truss at Taksindu. The iron truss was subsequently transported to Phaplu and then airlifted to Lukla, from where porters carried them to Thame. HTN complet-




Thame hostel roof reconstruction project is complete.

ed the reconstruction project with the funding support of American Himalayan Foundation in December 2023.

2.3.10 Support to Saraswati Basic School, Hill

HTN continues to support the implementation of a day meal programme for both students and teachers at Saraswati Basic School in Hill, with funding from Light for Kids, Germany. The programme benefits 18 students and 6 teachers/staff.

Mr. Rakesh Sunuwar Rai, English teacher previously hired to teach at the school resigned from his post. Following his resignation, the teacher salary support has been discontinued owing low number of students.

2.3.11 Inauguration of Kharikhola School Building

The newly constructed two-storey, four classroom RCC School building in Kharikhola was officially handed over to the school management committee on 23 April 2024. This significant project was made possible through generous funding support from Licht fur Kinder e.V., German Cooperation Deutsche Zusammenarbeit, Schmitz Stiftungen, and Himalayan Trust Nepal.

In addition to the building, the project also supported furniture for all the new classrooms, including colour-coded rubbish bins for the school. The building was constructed under the management and technical supervision of HTN, in coordination with Khumbu Pasanglhamu Rural Municipality and the school management committee.




HTN's Project Coordinator Engineer Bijay Shrestha and Sub-engineer Dipu Sherpa with carpenters working at the Thame hostel reconstruction project site.






Newly Built Four-room Classroom Block.






Inauguration programme of newly built Kharikhola School building.

03 HEALTH PROGRAMME

3.1 Introduction
3.2 Objectives
3.3 Activities



3.1 BACKGROUND

Health sector has been one of the major programmes of Himalayan Trust since its inception in the 1960s. Health Programme was initiated by Sir Edmund Hillary in the Khumbu region to address some of the endemic health issues such as goitre, tuberculosis, and malnutrition, while also providing primary healthcare services to the local people. In response to these needs, Khunde Hospital was built in 1966.

Initially, the hospital was operated by volunteer doctors from New Zealand and Canada until 2002. Subsequently, the responsibility of managing the hospital was taken over by local doctors. Currently, Dr. Kami Temba Sherpa and Dr. Mingma Kanchi Sherpa, alongside a dedicated team comprising nurses, a community-medicine assistant, a lab technician, ophthalmic assistant, dental hygienist and a maintainer, efficiently manage the hospital, ensuring professional care and services are provided to the patients.

3.2 OBJECTIVES

- *To provide prompt and quality medical care in the remote mountain region of Khumbu.*
- *To provide public health and primary healthcare services within the Solukhumbu region.*
- *To provide medical services to the densely-populated southern part of Solukhumbu district.*
- *To generate awareness about health, hygiene, and safety among the general public.*

3.3 ACTIVITIES (INPUTS)

The health programme for this fiscal year comprises of seven components, which include the management of Khunde Hospital, Phaplu Hospital and incentives to Phaplu hospital staff, the operation of Namche Dental Clinic, provision of drug support, the management of clinics supported by the Forgotten Sherpas of Nepal Trust, Zero TB in Kids and Family, and EVOLVE project launched in Bharatpur Hospital. Brief details about each component are as follows:

3.3.1 Khunde Hospital

Khunde Hospital, managed by the Himalayan Trust Nepal, has received funding for its operational costs, including peripheral clinics, from various sources. From 1976 to the end of 2017, the Sir Edmund Hillary Foundation of Canada provided full funding. From 2018 to the end of 2020, they covered 80% of the costs, with the American Himalayan Foundation funding the remaining 20%. Since 2021, the American Himalayan Foundation covers 50% of the costs, and Himalayan Trust New Zealand provides 50% of the funding.

For over five decades, Khunde Hospital has consistently delivered high-quality healthcare services to the local community and visitors. It serves the communities in Khumbu and the Upper Farak region of KPLRM, specifically wards 3, 4 and 5. The hospital also extends its services to individuals who have migrated to the area for employment, as well as seasonal workers and trekkers.

Over the last fiscal year, Khunde hospital's outpatient department recorded a total of 4,692 patients. Addi-



Khunde Hospital

tionally, two outreach clinics located in Phortse and Thame treated 1,165 patients. Overall, the management of Khunde Hospital, including the two outreach clinics, provided medical care to a total of 5,857 patients. The Table below (Table 15-20) provides a comprehensive breakdown of patient data based on various categories:

a.Outpatients Clinic:

The major types of clinical problems seen daily at both hospital and village clinics are similar to previous years with predominantly infections (respiratory and urinary) followed by non-communicable diseases. Non-communicable diseases (NCDs) are a leading cause of morbidity and premature mortality in the world. Each year, 17 million people die before age 70 due to NCDs globally and 86% of these premature deaths occur in low and middle income countries. The World Health Organization has identified NCDs as a major public health concern. In Khumbu valley also, the cases of NCDs such as hypertension and diabetes is increasing every year adding further burden while the positive aspect is that there has been no new cases of NCDs like chronic respiratory diseases. Those patients residing at Khunde, Khumjung and are diagnosed with hypertension and diabetes continue to visit our hospital on monthly basis while the patient from Thame valley and Phortse continued their follow ups at our outreach clinics (Thame, Phortse). In recent years, people are more aware of NCDs leading to frequent screening. Besides the regular clinical problems that we encounter, last fiscal year we had one case of breast

Patient morbidity from 17 July 2023 to 15 July 2024

Table 15: Khunde Hospital and Outreach Clinics Attendance by Age and Gender:

S.N.	Months	Khunde Hospital				To-tal	Outreach Clinics				To-tal
		Adult		Child/ Adoles-cents			Adult		Child		
		M	F	M	F		M	F	M	F	
1	Jul/Aug	203	307	49	39	598	48	80	3	4	135
2	Aug/Sep	81	146	33	37	297	37	76	8	3	124
3	Sep/Oct	142	277	38	36	493	57	60	1	2	120
4	Oct/Nov	92	146	13	23	274	42	57	10	5	114
5	Nov/Dec	85	132	34	26	277	43	70	6	4	123
6	Dec/Jan	52	91	7	11	161	10	31	1	-	42
7	Jan/Feb	28	38	9	7	82	7	2	10	-	19
8	Feb/Mar	83	157	29	34	303	39	43	1	-	83
9	Mar/Apr	95	186	29	41	351	32	30	2	1	65
10	Apr/May	137	186	38	23	384	31	50	3	1	85
11	May/Jun	231	305	138	93	767	50	48	10	7	115
12	Jun/Jul	106	218	203	178	705	60	69	10	1	140
Total		1335	2189	620	548	4692	456	616	65	28	1165



Dr. Mingma Kanchi Sherpa examining a patient.

Table 16 Khunde Hospital clinic attendances, by disease category:

S.N.	Disease Categories	Female	Male	Total
1	Infectious or Parasitic diseases	9	10	19
2	Communicable vector, water and food borne diseases	44	53	97
3	Sexually Transmitted Diseases (STD)	1	-	1
4	Infections (Respiratory/urinary)	212	222	434
5	Nutritional and metabolic disorder	5	1	6
6	Skin diseases	84	71	155
7	ENT related infection/disorder	57	47	104
8	Oral and dental health related disorder	135	137	272
9	Eye problem	173	151	324
10	Obstetric and gynecological problems	17	-	17
11	Mental health related problems	20	7	27
12	Cardiovascular & respiratory related problems	17	11	28
13	Orthopedic problems	134	128	262
14	Surgical problems	7	9	16
15	Other diseases and injuries	189	126	315
16	General examination /routine general health checkup/ counseling	1063	826	1889
17	Common presenting symptoms	185	132	317
18	Obstetric, prenatal, postnatal & contraception	362	-	362
19	Childhood immunization	23	24	47
Total		2737	1955	4692

cancer and a case of ovarian cancer. The number of patients by disease categories is presented in Table 16.

- *Other diseases and injuries most commonly include gastritis, burns, insect bites, animal bite, and cut injuries.*
- *Common presenting symptoms include general consideration of pain, headache, cough, dizziness, breathlessness, syncope, fatigue, weakness and abdominal pain that are not fitted in other categories.*
- *General examinations, routine general health check-up and screening includes patients that come for general examinations, follow up check-ups for pre-existing conditions like hypertension on the monthly basis.*
- *This table is taken from Health Management Information System (HMIS), which is designed to assist the decision makers for improving health services effectively.*

Antenatal care and obstetric

The birth rate has been significantly decreased in the area since last few years. Although few, all the pregnant women continue to visit the antenatal clinic as scheduled by doctors. All the women's are encouraged for at least four antenatal check-ups and are given TD vaccinations, folic acid, iron, and calcium tablets as included in antenatal care of National Safe Motherhood Programme. Also, all the pregnant women are screened for HIV, hepatitis B and syphilis and ultrasonography is done and timely referral is made if there is a need of complex care. Khunde hospital has a service of basic emergency obstetric care (BEOC) which covers the management of pregnancy complications by assisted vaginal delivery (vacuum), manual removal of placenta, administration of parenteral drugs, resuscitation of new born and referral. Among the delivery we had received over the last fiscal year, one women had retained placenta and postpartum haemorrhage. However, with manual removal of placenta we were able to manage the patient and no further

complications was noted. We had done labour augmentation in one of the women. Last year, one pregnant women tested positive for syphilis for which medications was given and no congenital abnormality was noted in the new born. One women had obstructed labour, 2 had previous CS section and one was post term. Thus was referred to higher centre since we don't have a service of comprehensive emergency obstetric care (CEOC) which includes caesarean section, anaesthesia and blood transfusion.

Khunde hospital is also providing all the services of Postnatal Care (three postnatal visits, identification and management of mothers and new born complications and management, promotion of exclusive breastfeeding, personal hygiene and nutrition education, postnatal vitamin A and iron supplementation, postnatal family planning counselling and services) and New born care (warmth, cleanliness, immediate breast feeding, cord care, eye care, new born resuscitation) as included in National Safe Motherhood Programme. Khunde hospital is also following Nyano Jhola Programme and Aama Programme Provision in coordination with local government to encourage institutional delivery and is distributing incentives for institutional delivery and four ANC visits provided by the government.

Table 17 Maternal/Child health services provided by Khunde Hospital:

S.N.	Months	Obstetric (delivery)					Referral
		SVD	Retained Placenta	PPH	Prenatal care	Postnatal care	
1	Jul/Aug	1	1	1	10	1	-
2	Aug/Sep	-	-	-	3	-	1
3	Sep/Oct	-	-	-	3	-	-
4	Oct/Nov	-	-	-	4	-	-
5	Nov/Dec	1	-	-	4	1	2
6	Dec/Jan	-	-	-	4	-	-
7	Jan/Feb	-	-	-	6	-	-
8	Feb/Mar	-	-	-	6	-	-
9	Mar/Apr	1	-	-	9	1	-
10	Apr/May	-	-	-	5	-	-
11	May/Jun	-	-	-	6	-	-
12	Jun/Jul	1	-	-	5	1	1
Total		4	1	1	65	4	4

Table 18 Contraception method given at Khunde Hospital:

S.N.	Months	Contraceptive Services			
		Depo-Provera Injection	Jadelle Implant	OCP	Others
1	Jul/Aug	20	1		
2	Aug/Sep	24	2		1
3	Sep/Oct	20	1		
4	Oct/Nov	24	1		
5	Nov/Dec	31		1	1
6	Dec/Jan	20	7		2
7	Jan/Feb	8			
8	Feb/Mar	26	1	3	
9	Mar/Apr	25	1	1	
10	Apr/May	8			
11	May/Jun	30	5	3	1
12	Jun/Jul	23			2
Total		259	19	8	7

Family planning

Family planning has continued to be one of the most successful preventive and public health programme provided by Khunde hospital and the village health clinics. The types of family planning services available at hospital are three monthly injectable (Depo-Provera injection), subdermal contraceptive implants (Jadelle implant), Intrauterine Contraceptive Device (IUCD) and oral Pill (Combined oral pills). The contraception is well accepted by both the local and immigrant people. Over the last fiscal year, around 293 women received contraception facility provided by

the Khunde hospital. The types of contraceptive methods and the number of patients benefitted from the services are presented in Table 18.

Immunization

The National Immunization Programme (NIP) is the first priority programme of Government of Nepal and Khunde hospital has played a pivotal role in declaring Solukhumbu district as one of the fully immunized districts. Currently, there are 14 antigens provided through National Immunization Programme. Similar to previous years, Khunde hospital is organizing one day in every month as vaccination day. Besides the regular vaccination schedule, last fiscal year, Khunde hospital took part in Measles/ Rubella vaccination campaign conducted by Nepal government, Ministry of Health and Population (MoHP). Khunde hospital played an important role in vaccinating the children in KPRM -04. The number of children who received regular vaccinations is presented in the table 19 below.

b.Inpatient, Emergency, Minor Surgery and Diagnostic Tests

Khunde hospital is equipped with 15 beds for inpatient services. Four beds are at short stay ward which is used frequently. Over the last fiscal year, the hospital had 13 admissions and around 20 patients for observation. Emergency service is available 24 hours and 64 emergency cases were observed and minor surgery was performed in around 42 patients. The minor surgery includes suturing of lacerated wound, removal of foreign bodies, managing closed fractures and joint dislocations etc.



Nurse Ms. Fura Doma Sherpa vaccinating a baby.



Nurse Ms Samjhana Basel vaccinating a new born.

Table 19 Immunization given at Khunde Hospital:

S.N.	Months	Immunization Programme									
		BCG	Rota vaccine	OPV	FIPV	PCV	MR	DPT, HepB, Hib	JE	TD	Vit A
01	Jul/Aug	1	-	-	-	3	3	-	-	2	1
02	Aug/Sep	-	1	-	2	3	2	1	-	2	-
03	Sep/Oct	-	1	2	2	2	3	2	4	2	-
04	Oct/Nov	-	-	-	1	-	2	1	3	2	-
05	Nov/Dec	-	1	-	-	-	2	-	2	-	1
06	Dec/Jan	1	-	1	2	1	2	1	-	-	-
07	Jan/Feb	-	1	1	-	1	2	1	-	-	-
08	Feb/Mar	-	3	3	-	3	-	3	-	2	-
09	Mar/Apr	-	2	1	2	1	-	3	-	4	-
10	Apr/May	-	1	1	2	-	1	1	-	1	-
11	May/Jun	-	1	1	1	2	1	1	-	5	-
12	Jun/Jul	-	2	2	1	2	1	2	-	2	1
Total		2	13	12	13	18	19	16	9	22	3



Lab Technician, Mr. Phurba Tashi Sherpa running blood tests in the lab.

The diagnostic tests available at Khunde hospital includes imaging studies such as X-ray, ultrasound, ECG and laboratory tests like complete blood count, blood biochemistry like Renal function Test (RFT), Liver Function Test (LFT), Lipid Profile and Uric acid, H. Pylori stool antigen test, RA factor, CRP, and Troponin I, and serology. From the end of the last fiscal year, we have added Electrolytes analyser, Thyroid Function Test (TFT), glycated haemoglobin (HBA1C) and full panel of CBC in our lab. Over the last fiscal year, 348 patients benefited from different diagnostic tests.

c. Village Health Clinics

The health workers in village health clinics are the key persons to deliver public health and primary medical care to the remote community where it takes several hours to reach the nearest hospital. Doctors continue to visit the outreach clinics to provide regular training to the health workers once in every 2 months to make the village health programme more effective and accessible. The health workers in both outreach clinics visit hospital by the end of each Nepali month to collect supplies and to discuss the cases seen at clinics. Telemedicine has been practiced between clinics and hospital through video and phone calls. Both village health clinics located at Phortse and Thame are staffed with qualified health workers and clinics are functioning well.



Mr. Milan Magar, HA



HA, Mr. Milan Magar examining patients in Thame Clinic.

Health Assistant Hired for Thame Clinic

Mr. Milan Magar has been appointed as a Health Assistant (HA) to run Thame Clinic, effective from April 2024. This appointment follows the resignation of CMA, Mr. Saran Dhoj Kulung in March 2024. The clinic operates under the management of Khunde Hospital.

Table 20 Khunde Hospital - Inpatients and other activities:

S.N	Months	Admission			Emergency	Minor surgery	Diagnostic test			
		Total	Recovery	Referred			X-ray	USG	ECG	Lab test
01	Jul/Aug	2	2	1	5	2	11	15	5	6
02	Aug/Sep	1	-	2	6	5	6	10	1	15
03	Sep/Oct	1	-	2	8	3	7	5	2	17
04	Oct/Nov	1	-	1	3	-	6	4	-	13
05	Nov/Dec	1	-	1	6	3	4	13	3	16
06	Dec/Jan	2	2	1	1	7	3	8	-	2
07	Jan/Feb	-	-	-	2	2	-	3	1	-
08	Feb/Mar	-	-	-	7	2	1	5	-	-
09	Mar/Apr	1	1	-	8	1	8	4	3	18
10	Apr/May	2	-	2	8	2	12	16	1	21
11	May/Jun	-	-	-	7	12	9	15	3	12
12	Jun/Jul	2	2	-	3	3	5	10	5	24
Total		13	7	10	64	42	72	108	24	144

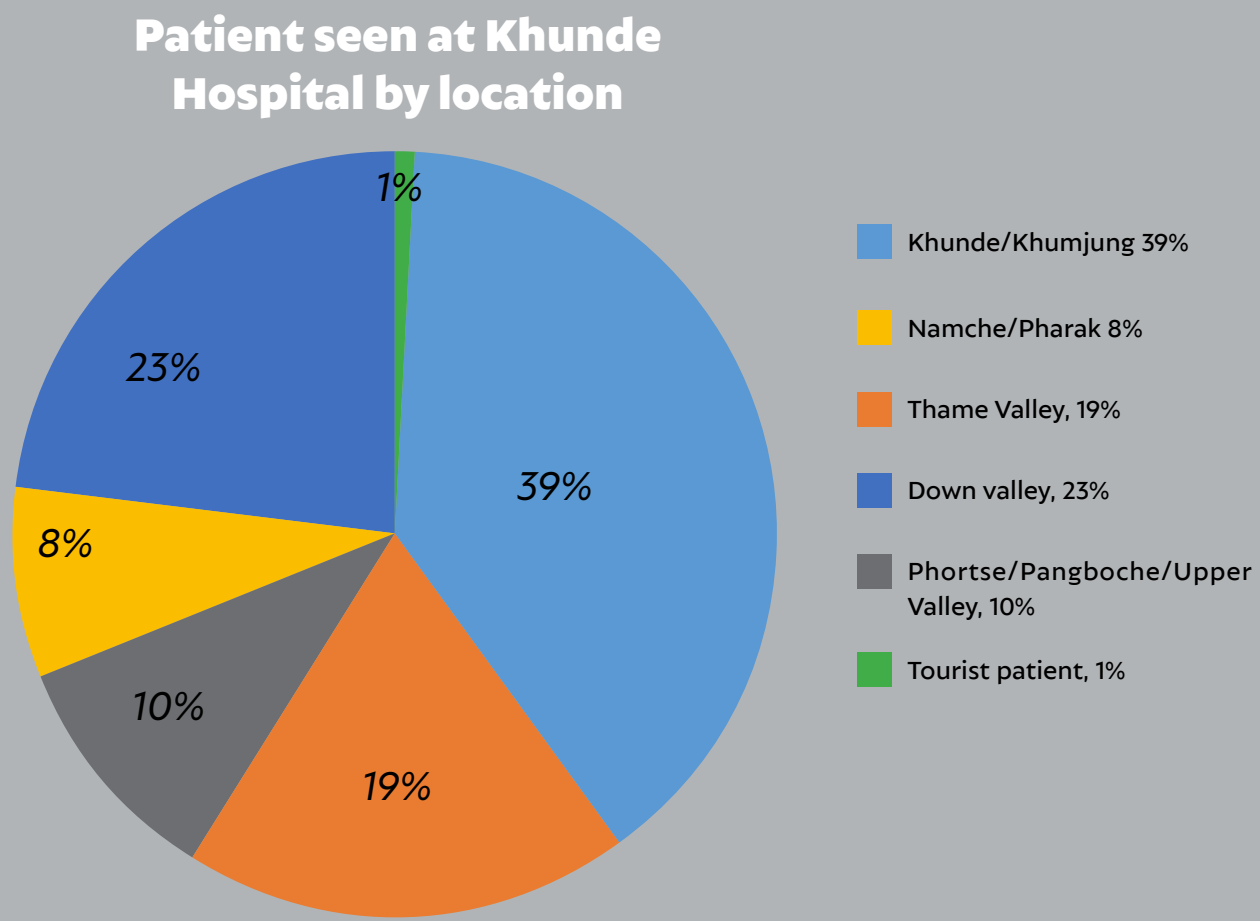
Repair and Maintenance of Phortse Clinic

The clinic in Phortse has undergone extensive repairs and maintenance. Key improvements include concreting and soling the floor, demolishing the existing partition wall, installing PVC parquet flooring, repainting the walls, managing drainage, and constructing a new handwashing station. The clinic is being operated by CMA, Ms. Ang Dawa Sherpa under the management of Khunde Hospital.



Repair and maintenance of Phortse Clinic completed.

d. Patient by Villages



e. Covid-19 Booster Vaccination

Khunde hospital in co-ordination with KPLRM provided Covid-19 booster vaccines to individuals of Khunde, Khumjung and students of Khumjug Secondary School in February 2024. Around 126 people (68 males and 58 females) were vaccinated with Comirnaty injection (Omicron BA 4-5).




Covid-19 booster vaccination in Khunde Hospital.

f. MR Vaccine Campaign

In March 2024 Khunde hospital took part in Measles/ Rubella vaccination campaign conducted by Nepal government, Ministry of Health and Population. Khunde hospital played an important role in vaccinating the children in KPRM - 04. A total of 26 children under five years were vaccinated which included 10 females and 16 males.




MR vaccine campaign at Khunde Hospital.

g. Drugs Support to Khunde Hospital

HTN procured necessary medicines for Khunde Hospital and transported them to the hospital. The funding for the procurement of the medicine has been made by the American Himalayan Foundation and Himalayan Trust New Zealand.




Drugs for Khunde Hospital.

h. Staff Training

The staffs of Khunde Hospital participated in different trainings as per their need. The details of the trainings undertaken are as follows:

Primary Eye Care Training

Ms. Ang Dawa Sherpa, CMA of Phortse Clinic participated in a three-month training on "Primary Eye Care" at the Tilganga Institute of Ophthalmology from 6 July 2023 to 5 October 2023. The cost for the training was supported by Eyes4Everest in collaboration with Himalayan Trust Nepal.




Ms. Ang Dawa Sherpa (CMA)

Additionally, she also received an extra three months of refractive error correction training, ocular pathologies and its management from Everest Eye Care in Lalitpur.

The aim of the training was to strengthen the capacity of the primary-level healthcare workers to identify common eye-related problems, manage them at the community level, refer them in case of complications and, recognize refractive errors and perform conjunctival foreign body removal.

Diploma in Mountain Medicine Course Training

Dr. Mingma Kanchi Sherpa of Khunde Hospital participated in the Diploma in Mountain Medicine (DiMM) course, which took place from 5 November to 4 December, 2023. The course basically covered both theoretical and practical training on medical conditions occurring at high altitudes, as well as basic climbing and rescue skills in rocky and icy environments. It is an approved training course by UIAA/IKAR/ISMM (International Climbing and Mountaineering Federation/ International Society for Mountain Medicine).



Dr. Mingma Kanchi Sherpa participated in the DiMM course training.

Endoscopy Training in Dulikhel Hospital

In April 2024, Dr. Mingma Kanchi sherpa and Nurse Fura Doma Sherpa participated in a training on assisting endoscopic procedures, handling and cleaning of scopes. They also got the opportunity to observe and learn various upper GI procedures in the form of supervised hands-on and observation at Dulikhel Hospital, Kavre.





Endoscopy training in Dulikhel Hospital.

i. Dental Unit at Khunde Hospital

The dental clinic which was inaugurated on the occasion of 70th anniversary of first Everest summit is operating smoothly. The dental equipment and the salary for dental hygienist are supported by Dr. Jeffrey W. Phillips, a resident of Silverdale, Washington, USA. The unit is working closely with Namche Dental Clinic.

Dental Camps Organized

Dental Hygienist Mr. Bhupendra Chaudhary based at the Dental clinic in Khunde, successfully conducted dental outreach camps in the villages of Phortse, Pangboche, and Tengboche. These initiatives included essential dental services such as scaling, extractions, consultations and awareness raising in dental health. Additionally, he distributed toothpaste and toothbrushes to the patients. He examined a total of 188 patients, with 46 in Phortse, 112 in Pangboche and 30 in Tengboche villages.

Dental Clinic at Khunde Hospital organized a two-day dental camp at Thame in early June 2024. Dental Hygienist Mr. Bhupendra Chaudhary conducted the camp where a total of 138 patients were screened, including 52 students, 16 monks and 70 villagers, comprising 76 males and 62 females. The dental procedures included scaling/polishing, extractions and consultations/referrals as needed.






Free dental camps organized in Phortse, Pangboche and Tengboche villages.






Glimpses of the dental camp organized in Thame.

j. Eye Unit at Khunde Hospital

Khunde Hospital extended its services by establishing a new eye clinic, under the management of HTN and financially supported by Eyes4Everest, Australia.

Inauguration of Khunde Eye Clinic

On 16 November 2023, Khunde Hospital extended its services by establishing a new eye clinic, under the management of HTN and Eyes4Everest, Australia. Following the inauguration, eye camps were organized for two days at Khunde Hospital on 17 November 2023 and for one day in Pangboche Health Post on 21 November 2023 in collaboration with Eyes4Everest and KPLRM. Around 275 people were screened for refractive errors and other eye pathologies. Corrective glasses were prescribed to the patients with refractive errors.



Highlights of the Eye Clinic opening in Khunde Hospital.

Ophthalmic Assistant Hired for Khunde Eye Clinic

Mr. Prajesh Dulal has been appointed as an Ophthalmic Assistant to work in the Khunde Eye Clinic effective from 1 March 2024. Since March, 324 patients were seen at the eye clinic and around 30 corrective glasses were given to the patients. The eye clinic is playing a major role in giving primary eye care related services in the Khumbu region. HTN has been managing the clinic in joint collaboration with Eyes4Everest, Australia.



Mr. Prajesh Dulal, Ophthalmic Assistant of Khunde Eye Clinic examining a patient at the clinic.



Mr. Prajesh Dulal, Opthalmic Assistant

Eye Camps Organized

A two-day eye camp was organized by the Eye Clinic of Khunde Hospital in Thame on 9th and 10th June 2024. A total of 136 patients were screened during the camp, including 72 males and 64 females. Among them, 8 stu-



Mr. Prajesh Dulal assisting with the eye check-ups of individuals during the disability prevention and rehabilitation camp.

dents were identified with low vision and they will receive free eye glasses upon visiting Khunde Eye Clinic for further check-up. Ophthalmic Assistant, Mr. Prajesh Dulal of Khunde Eye Clinic conducted the camp. In July, eye screening (Error of Refraction) was done in 276 students of Mahendra Jyoti Secondary School in Chaurikharka. Among them, 29 students were identified with low vision and was advised to visit the clinic for further check-up and correction glasses. Mr. Dulal assisted with the eye check-ups for individuals being screened as part of a disability prevention and rehabilitation camp jointly organized by the province government, local government and Karuna Foundation from 28 March to 7 April 2024. A total of 37 patients were screened.

Mr. Dulal recently completed a two-week training on lens fitting for error of refraction (EOR) in Kathmandu. Now onwards, eye glasses can be made at Khunde. The support for the eye clinic has been received from the Eyes4Everest, Australia.






Glimpses of the eye camp organized in Thame.

k.Khunde Hospital Facility and Service Audit

Khunde Hospital has been providing medical services to the local people and trekkers visiting the Everest region. Considering the current need of the people in the region, facilities and services of the hospital was felt necessary to audit. Dr. Tshering Wangdi Sherpa who specialized in gastroenterology and haematology was hired as a consultant to conduct the audit, to identify the potential areas for improvement; and prepare an improvement plan in consultation with different stakeholders. Dr. Sherpa was accompanied by CEO Dr. Mingma Norbu Sherpa, Project Engineer, Mr. Bijay Shrestha and Programme Manager, Mr. Lhakpa Tenji Lama. The team visited Khunde hospital in September/October 2023 and consulted with locals, the medical team of Khunde Hospital and other healthcare service providers of the Khumbu region.

l.LPAC Meeting and Social Audit

The Local Project Advisory Committee (LPAC) meeting including a Social Audit of Khunde Hospital was conducted on 2nd October in Khunde. LPAC and Social Audit are the formal process requirements of the Social Welfare Council. Representatives from the local government, buffer zone, youth club, monastery management committee and women group, police, army and health post staffs attended the meetings at Khunde.




LPAC and Social Audit meeting of Khunde Hospital conducted on 2 October 2023.

m. Outreach Clinic Visits

Khunde hospital organized health camps in Thame valley, Phortse, Pangboche and Tengboche in the month of August, October and June. Around 470 people were seen and health education was given to the locals. On 16 October 2023, Dr. Mingma Kanchi Sherpa and Nurse Fura Doma Sherpa visited Tengboche Monastery and examined a total of 32 monks including the monastery staff. The majority of the cases observed were related to cough and cold symptoms. On 17 October 2023, they examined 30 patients at the Pangboche clinic, with 25 females and 5 males. On the following day, 18 October 2023, they examined 40 patients at the Phortse clinic, including 25 females and 15 males. The medical team from Khunde Hospital regularly visits outreach clinics and villages to provide medical services.

n. New Recruitments for Khunde Hospital

Mr. Phurba Tashi Sherpa has been appointed as a Lab Technician to work in Khunde Hospital effective from 21 March 2024. This appointment follows the resignation of Ms. Sitakala Rai, who has decided to pursue further studies. Mr. Sherpa, a permanent resident of Khumjung, brings valuable expertise to the Khunde team, holding a degree in B. Sc. in Medical Laboratory Technology from the Rajiv Gandhi University of Health Sciences, India.



Mr. Phurba Tashi Sherpa, Lab Technician



Ms. Samjhana Basel, Staff Nurse

Likewise, Ms. Samjhana Basel has been appointed as a Staff Nurse for Khunde Hospital, effective from May 2024. The funding for staff salaries and medicine is supported by the American Himalayan Foundation and the Himalayan Trust New Zealand through the Himalayan Trust Nepal.

o. Medical Equipment Supported to Khunde Hospital

HTN procured important medical equipment for Khunde Hospital specifically in the clinic, lab, delivery room, long-stay ward, and dental unit. The equipment included an HD Video endoscopy system, a semi-automated biochemistry analyzer, an electrolyte analyzer, an FIA system for TFT & HbA1C tests, a three-part haematology analyzer, a lab incubator, a hot air oven, a 300L laboratory refrigerator, a fully electrical DI water plant, an otoscope, an ophthalmoscope, a 12-channel ECG machine, a 5-parameter patient monitor, a portable suction machine, a sealing machine for autoclaving, a fully electrical dental chair, a radiant heat warmer, a manual Fowler bed with mattress, and a delivery table with mattress.

Endoscopy machine has been installed and is believed to benefit the people living in this region by gastric cancer screening since it is the most common cancer in the region from raw data and currently endoscopy is considered gold standard for gastric cancer screening.



Package 1 (Video endoscopy system) materials ready for dispatch.



Package 2 materials ready for dispatch.



Package 3 materials ready for dispatch.



Package 3 (bed and mattresses) materials ready for dispatch.

Additionally, portable ECG machine, portable ophthalmoscope and otoscope for outreach camps and sealing machine for sterilization purposes were added. In the lab, a lab refrigerator, water distiller, semi- automatic biochemical analyser, hot air oven, incubator, electrolyte analyser and haematology coulter machine were added. Patients are being benefitted by added laboratory services since June. In delivery room, new delivery chair was installed and infant warmer was added. Three patients bed were added at long stay ward along with a cardiac monitor. Dental chair was installed at dental unit.



Long stay ward.



Newly installed endoscopy machine.



Newly installed equipment in the lab.



Newly installed delivery bed and infant warmer.

The procurement of all these essential medical equipment has been supported by the Sokol Family Foundation through American Himalayan Foundation. This vital support helps to enhance the services of the hospital with state-of-the-art medical equipment.



Biomedical engineer Mrs. Sabu Lakhey is inspecting the received medical equipment at the HTN office.

p. Medical Elective in Khunde Hospital

Mr. Thomas Swinburn, a final year medical student from Auckland University, New Zealand is currently undertaking his medical elective at Khunde Hospital. During his second week there, Dr. Kami Temba Sherpa and Thomas organized a two day's doctor's clinic in Thame. Together, they examined a young monk with epistaxis (nosebleed) and managed to control the bleeding using the limited resources available at the Thame Clinic.

They also visited a 91 year old nun at Khari nunnery who was experiencing severe heart failure (NYHA IV). She was given medication and counselling. In addition, they provided medical attention to over sixty elderly people who came for blood pressure and blood sugar check-ups.



Thomas with Staff Nurse of Khunde Hospital Ms. Fura Doma Sherpa.

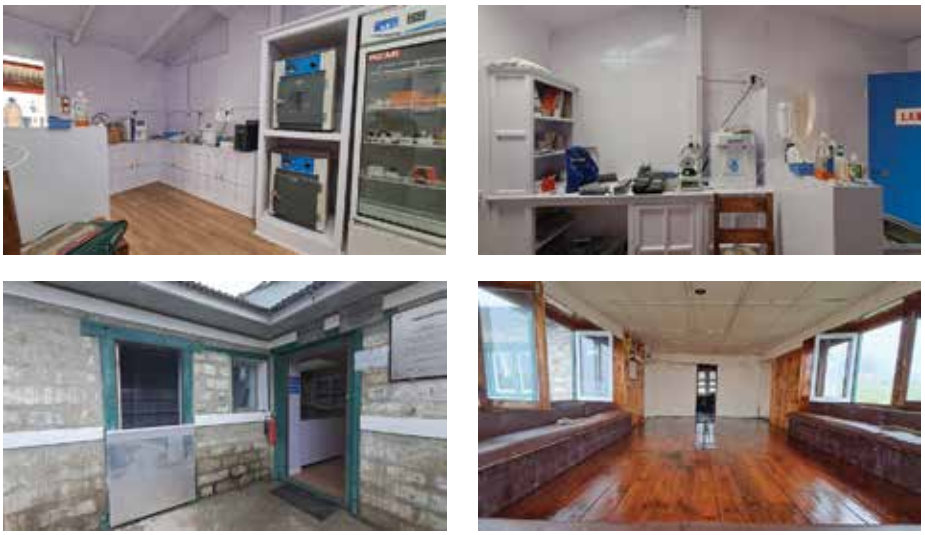


Dr. Kami Temba Sherpa examining a 91 year old nun in Khari Nunnery.

q. Repair and Maintenance Work at Khunde Hospital

The repair and maintenance work at Khunde hospital is nearing completion. This initiative aims to upgrade the hospital's infrastructure in order to meet government standard and to ensure that it can continue providing high-quality medical care to the community.

Key focus areas included structural repairs, furnishing, re-designing the general ward, upgrading medical equipment, enhancing facilities and services, and improving sanitation. All the new equipment supported by AHF have been installed in the improved rooms.



Khunde interior repair and lab set-up complete.



Khunde Dental Unit



Khunde Eye Unit

r. Medical Service Standard (MSS) Evaluation

Medical Service Standard (MSS) evaluation was performed in the third week of May 2024 by the health representatives of the local government. There were three sections; Governance and Management Standards, Clinical Service Management Standards, and Hospital Support Services Standards. The evaluation score is presented in the table given below.

Table 21 Medical Service Standard (MSS) Evaluation

SUMMARY SHEET (PRIMARY HOSPITALS)					
Province: Koshi		Hospital Name: Khunde Hospital			
Date of Assessment: 2081/02/10 (23 May 2024)		Reason:			
Completed by: 2081/02/10 (23 May 2024)					
Section Number	Section Name	No. of standards	Max score	Obtained score	Obtained Percentage
SECTION I:	Governance and Management Standards (20% Weightage)				
1.1	Governance	27	27	20	74%
1.2	Organizational Management	15	15	11	73%
1.3	Human Resources Management and Development	17	19	14	74%
1.4	Financial Management	17	17	8	47%
1.5	Medical Records and Information Management	14	14	6	43%
1.6	Quality management	15	17	2	12%

SECTION I:	Governance and Management Standards	105	109	61	56%
SECTION II:	Clinical Management (60% Weightage)				
2.1	OPD Service	28	60	48	80%
2.2	Special Clinic	67	74	27	36%
2.3	Emergency Service	35	41	28	41%
2.4	Dressing Injections and Procedures Room	12	20	15	75%
2.5	Pharmacy Service	36	40	21	53%
2.6	Inpatient Service (General Ward)	28	34	23	68%
2.7	Deliver Service	33	39	33	85%
2.7	Maternity Inpatient Services (General Ward)	27	33	21	64%
2.8	Surgery/Operation Service	42	58	8	14%
2.9	Diagnostic and Laboratory Services	66	70	21	68%
2.10	Dental Services	18	22	18	82%
2.11	Post-Mortem and Mortuary Service	14	16	-	-
2.12	Medico-legal Services	11	13	-	-
SECTION II:	Clinical Service Management Standards	418	520	263	50%
SECTION III:	Hospital Support Services Standards (20% Weightage)				
3.1	Clinical Supply Sterile Department (CSSD)	17	19	11	58%
3.2	Laundry	17	19	17	89%
3.3	Housekeeping	13	15	9	60%
3.4	Repair, Maintenance and Power System	12	12	4	33%
3.5	Water Supply	4	4	3	75%
3.6	Hospital Waste Management	16	16	6	38%
3.7	Safety and Security	15	17	5	29%
3.8	Transportation and Communication	8	8	2	25%
3.9	Store (Medical and Logistics)	7	7	4	21%
3.10	Hospital Canteen	15	15	-	-
SECTION III:	Hospital Support Services Standards	124	132	61	46%
	Total	647	761	385	51%

3.3.2 Phaplu Hospital

Phaplu Hospital, located in Solududhkunda Municipality-4 in Solukhumbu district, was officially handed over to the government of Nepal by the Himalayan Trust in 1985, making it the only district hospital under governmental administration. Despite this transition, HTN has continued its support to ensure the hospital's regular operations.

Until December 2023 of the last fiscal year 2023/24, HTN supported the provision of necessary medicine and staff incentives, which played a crucial role in enabling the hospital's doctors and staff to deliver quality medical services while maintaining the hospital's infrastructure. The Sir Edmund Hillary-Stiftung Deutschland (SEHS), chaired by Mrs. Ingrid Versen, has also been raising funds in Germany to support Phaplu Hospital for many years.

Starting in January 2024, HTN has discontinued its support for medicine and staff incentives and has instead agreed to provide the salary of an MDGP doctor. HTN will continue to support the district hospital by cov-

ering the partial salary support of an MDGP doctor through the funding support of The Sir Edmund Hillary Stiftung Germany.

General OPD Services:

The Phaplu hospital treated a total of **11,825** patients in the last fiscal year, including **7,019** females and **4,806** males. Detailed data of patients treated through general OPD services are as follows:



MDGPEM Dr. Ram Babu Joshi



Phaplu medical team assisting in a CS delivery.

Table 22 Phaplu Hospital - General OPD Services:

S.N	Months	0-9 years		10-19 years		20-59 years		>60 years		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul 17-Aug 17	129	122	80	71	561	277	138	125	908	595
2	Aug 19-Sep 17	90	99	71	77	452	233	74	63	687	472
3	Sep 18-Oct 17	82	98	54	87	383	297	89	80	608	562
4	Oct 18-Nov 16	30	34	35	27	149	110	41	36	255	207
5	Nov 17-Dec 16	51	87	43	42	378	168	96	96	568	393
6	Dec 17-Jan 14	44	66	26	28	282	138	65	47	417	279
7	Jan 15-Feb 12	55	85	45	47	362	157	91	55	553	344
8	Feb 13- Mar 13	87	92	49	31	440	207	95	82	671	412
9	Mar14-Apr 12	54	84	43	45	366	156	90	56	553	341
10	Apr 13-May 13	49	85	45	42	374	162	89	75	557	364
11	May 14-June 14	70	95	63	52	431	197	72	49	636	393
12	June 15-July 15	72	81	54	51	394	245	86	67	606	444
Total		813	1,028	608	600	4,572	2,347	1026	831	7,019	4,806
Grand Total										11,825	

Emergency Services:

The hospital provides round-the-clock emergency services outside of OPD hours. During the fiscal year 2023/24, emergency services were provided to 2,628 patients, including 1,198 females and 1,430 males. The number of patients who received emergency services are provided in the following table.

Table 23 Phaplu Hospital - Emergency Services:

S.N.	Months	0-9 years		10-19 years		20-59 years		>60 years		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul 17-Aug 17	25	31	31	21	44	67	7	16	107	135
2	Aug 19-Sep 17	27	51	21	17	62	90	23	21	133	179
3	Sep 18-Oct 17	16	23	21	13	51	62	33	19	121	117
4	Oct 18-Nov 16	15	20	13	14	55	65	24	28	107	127
5	Nov 17-Dec 16	17	27	10	8	30	41	10	14	67	90
6	Dec 17-Jan 14	14	24	14	5	46	60	20	25	94	114
7	Jan 15-Feb 12	8	18	4	5	33	38	11	12	56	73
8	Feb 13- Mar 13	22	40	17	13	26	44	13	5	78	102
9	Mar14-Apr 12	16	28	17	12	33	46	15	18	81	104
10	Apr 13-May 13	27	23	10	7	50	49	27	20	114	99
11	May 14-June 14	24	32	22	22	46	62	28	19	120	135
12	June 15-July 15	24	42	22	28	50	68	24	17	120	155
Total		235	359	202	165	526	692	235	214	1,198	1,430
Grand Total										2,628	

Maternity Services:

Maternity services are one of the most important services of Phaplu hospital. It is the only facility in the Solukhumbu district that offers Comprehensive Emergency Obstetric and New-born Care Services (CEONC). The hospital provides all types of obstetric and neonatal services free of charge. Over the last fiscal year, the hospital handled a total of 163 deliveries, including 123 cases of Safe Abortion Care (SAC). The detail data is presented in the following table.

Table 24 Phaplu Hospital - Maternity Services:

S.N	Months	S.V. Delivery	Caesarean section	Complicated	Blood Transfusion	Comprehensive Abortion Care	Post-Abortion Care
1	Jul 17-Aug 17	8	1	1	1	10	2
2	Aug 19-Sep 17	18	3	1	0	10	0
3	Sep 18-Oct 17	13	0	1	0	12	2
4	Oct 18-Nov 16	11	1	0	0	4	1
5	Nov 17-Dec 16	20	0	0	0	10	2

6	Dec 17-Jan 14	8	1	0	0	6	4
7	Jan 15-Feb 12	9	2	5	0	10	3
8	Feb 13- Mar 13	8	2	3	0	12	3
9	Mar14-Apr 12	10	2	2	0	11	1
10	Apr 13-May 13	10	2	2	0	15	6
11	May 14-June 14	6	0	0	0	12	0
12	June 15-July 15	9	1	3	0	11	3
Total		130	15	18	1	123	27

Immunization Services:

Phaplu hospital provides immunization services to children up to 15 months old according to the EPI (Expanded Programme on Immunization) schedule. These services are currently temporarily suspended as vaccinations are being administered through Ward offices. The hospital plans to resume its regular immunization services in the near future based on need and urgency.

Family planning services:

The hospital offers a range of family planning options, including temporary measures and permanent sterilization, available to clients every working day. During the fiscal year 2023/24, a total of 3,885 individuals received family planning services at Phaplu hospital.

Table 26 Phaplu Hospital – Family Planning Services:

S.N.	Months	New User (<20 years)	New User (>20 years)	Current Users	Defaulter	ICUD	Depo	Pills	Implant	Total
1	July			261	1	24	18	3	9	316
2	August			263	4	24	15	2	6	314
3	September			264	4	24	10	3	4	309
4	October			268	1	24	12	3	5	313
5	November			273	1	24	13	3	6	320
6	December			276	1	24	18	3	4	326
7	January			281	0	24	18	2	5	330
8	February			284	2	24	23	2	5	340
9	March			294	2	26	17	2	12	353
10	April			298	1	26	20	3	5	353
11	May			303	3	26	20	3	8	363
12	June			202	1	26	17	2	0	248
Total		0	0	3267	21	296	201	31	69	3,885

Radiology and laboratory services:

Phaplu hospital offers radiological services, including X-rays, at minimal cost. Laboratory fees are also affordable, with services provided free to the poor and destitute. Ultrasound services are offered at no cost to all pregnant women and patients with pregnancy-related issues. During the fiscal year 2023/24, 6,767 patients utilized radiology services and 7,711 patients accessed laboratory services.

Inpatient services:

The hospital offers year-round inpatient services with 24-hour nursing care. Although sanctioned for 15 beds, the hospital currently provides services for 29 beds. Over the last fiscal year, a total of 1,507 patients were admitted, resulting in a combined total of 5,729 hospital stay days.

OCMC Case Data:

The Phaplu hospital is the sole facility in the district equipped to handle medico-legal cases throughout the area. Additionally, the One-Stop Crisis Management Centre (OCMC) offers free services to clients experiencing gender based violence.

Phaplu Hospital received 45 positive dengue cases over the year. The hospital managed to treat and discharge all admitted patients without any fatalities, though 5 patients required referral to other facilities for further care.

Table 27 Phaplu Hospital – Radiology and Laboratory Services:

S.N.	Months	X-Ray	Ultrasonography	Electrocardiography	Lab
1	Jul 17-Aug 17	548	166	139	907
2	Aug 19-Sep 17	539	147	108	936
3	Sep 18-Oct 17	356	259	110	754
4	Oct 18-Nov 16	253	24	40	332
5	Nov 17-Dec 16	303	0	0	478
6	Dec 17-Jan 14	121	145	58	483
7	Jan 15-Feb 12	68	253	61	918
8	Feb 13- Mar 13	134	218	108	510
9	Mar14-Apr 12	365	280	79	435
10	Apr 13-May 13	353	270	65	555
11	May 14-June 14	143	115	110	715
12	June 15-July 15	503	222	104	688
Total		3,686	2,099	982	7,711

Table 28 Phaplu Hospital - Inpatient Services:

S.N	Month	Total no. of admitted patients	Total Hospital stay day
1	Jul 17-Aug 17	148	458
2	Aug 19-Sep 17	161	431
3	Sep 18-Oct 17	159	1734
4	Oct 18-Nov 16	90	315
5	Nov 17-Dec 16	97	236
6	Dec 17-Jan 14	105	402
7	Jan 15-Feb 12	91	293
8	Feb 13- Mar 13	108	330
9	Mar14-Apr 12	104	382
10	Apr 13-May 13	142	421
11	May 14-June 14	150	347
12	June 15-July 15	152	380
Total		1,507	5,729

Table 29 **Phaplu Hospital – OCMC Case data:**

S. N.	Month	Physical Assault		Mental Torture		Sexual Assault		Others		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul 17-Aug 17	4	1			4	0		1	8	2
2	Aug 19-Sep 17	1	1			0	1		0	1	2
3	Sep 18-Oct 17	0	0			3	0		0	3	0
4	Oct 18-Nov 16	0	0			2	0		0	2	0
5	Nov 17-Dec 16	1	0			1	0		0	2	0
6	Dec 17-Jan 14	2	1			1	0		0	3	1
7	Jan 15-Feb 12	1	1			1	0		0	2	1
8	Feb 13- Mar 13	1	0			2	0		0	3	0
9	Mar14-Apr 12	0	1			2	0		0	2	1
10	Apr 13-May 13	0	0			3	0		0	3	0
11	May 14-June 14	1	0			2	0		0	3	0
12	June 15-July 15	1	0			4	0		0	5	0
Total		12	5	0	0	25	1	0	1	37	7

Table 30 **Dengue Cases July 2023 – July 2024**

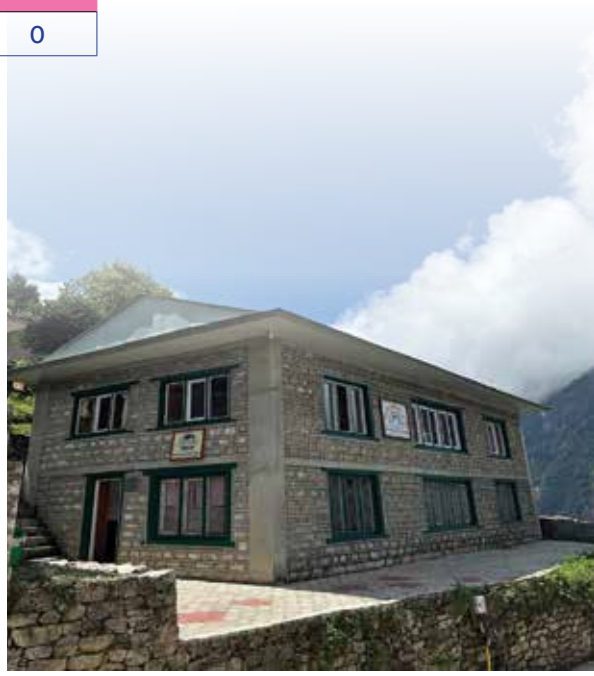
Total Dengue Test	Total Positive Case	Admission in Hospital	Discharge	Refer	Death
386	45	14	14	5	0

3.3.3 Namche Dental Clinic

Namche Dental Clinic, located in Khumbu Pasang Lhamu Rural Municipality, Ward No. 5, has been serving as the sole dental care facility in the Khumbu region since its establishment in 1991. Funded by the American Himalayan Foundation (AHF), the clinic aims to provide preventive and curative dental services. It offers essential dental care, including tooth scaling, extraction, hygiene services, and dental education programmes for local children. The clinic's operation, including salaries and medicine procurement, is supported by Richard Blum and AHF. Since 2019, Himalayan Trust Nepal has undertaken the management of the clinic in collaboration with the Namche Dental Clinic Management Committee.

a.Dental Services

The clinic serves a diverse range of patients, including local residents, children, trekking porters, guides, and foreign visitors such as tourists and mountaineers. It provides dental care to the entire Khumbu region, reaching areas up to a three to four-day walk from Namche. The primary inhabitants of the region are Sherpas,



Namche Dental Clinic, Namche

followed by Rai, Magar, Basnet, Tamang, Dalit, and other minority groups. Namche Bazar, home to numerous government and non-governmental offices, also benefits from the clinic services. The most prevalent dental problems observed at the clinic include:

- *High prevalence of cavities in children due to the easy availability of chocolates and sweetened drinks.*
- *Delayed eruption and shedding of primary and permanent teeth in children, possibly due to a common vitamin D deficiency among the local population.*
- *Frequent case of Periodontitis due to poor oral hygiene, exacerbated by the extreme cold weather discouraging regular tooth brushing, especially during treks.*
- *Tourists from lower elevations often experience Barodontalgia (tooth pain caused by changes in ambient pressure) when visiting the clinic.*
- *Tooth deformities, such as mesiodens or supernumerary teeth, are frequently seen in children of Namche.*

The services provided by Namche Dental Clinic are as follows:

- *Odontogenic and non-odontogenic pain management*
- *Dental X-rays*
- *Paediatric dental treatments such as GIC restoration, fluoride application, pulpotomy, and pulpectomy*
- *Various restorative treatments, root canal treatments, and dentures*
- *Tooth extractions and scaling*

Table 31 Dental services provided by Namche Dental Clinic in 2023/24 as per dental procedures.

S. N.	Dental Procedure Done	No. of cases
1	Dental consultation	1,564
2	Scaling and polishing of teeth	63
3	Restoration	111
4	Extraction	198
5	Root Canal Treatment (anterior and posterior)	88
6	Fixed partial dentures (Crown and bridge)	0
7	X-ray	306
8	Removable dentures	1

Table 32 Patients as per different ethnicity from 17th July 2023 to 15th July 2024

S. N.	Months	Dalit		Janajati		Brahmin		Total	
		Male	Female	Male	Female	Male	Female	Male	Female
1	17th July – 17th Aug	0	0	57	69	2	6	59	75
2	18th Aug – 17th Sept	1	0	43	101	0	4	44	105
3	18th Sept – 17th Oct	0	4	47	79	3	0	50	83
4	18th Oct – 16th Nov	0	7	27	59	0	4	27	70
5	17th Nov – 30th Nov	0	0	30	45	3	0	33	45
6	December	Winter break							
7	January								
8	February								
9	March	4	2	27	30	2	1	33	33
10	April	1	0	59	49	2	0	62	49
11	May	0	0	74	67	6	4	80	71
12	June	1	0	52	63	1	2	54	65
13	1st – 15th July 2024	3	0	24	42	1	0	28	42
Total		10	13	440	604	20	21	470	638
Grand Total								1,108	

Table 33 **Age wise patient distribution in Namche Dental Clinic from 17th July 2023 to 15th July 2024:**

S. N.	Months	0-9 years		10-19 years		20-59 years		60 and above		Total	
		Male	Fe-male	Male	Fe-male	Male	Fe-male	Male	Fe-male	Male	Female
1	17th July – 17th Aug	7	4	22	47	30	24	0	0	59	75
2	18th Aug – 17th Sept	0	6	29	52	13	38	2	9	44	105
3	18th Sept – 17th Oct	2	7	22	39	20	32	6	5	50	83
4	18th Oct – 16th Nov	0	11	17	29	7	27	3	3	27	70
5	17th Nov – 30th Nov	2	0	22	27	7	13	2	5	33	45
6	December	Winter break									
7	January										
8	February										
9	March	3	1	5	5	24	26	1	1	33	33
10	April	6	7	14	4	40	36	2	2	62	49
11	May	10	4	7	13	56	45	7	9	80	71
12	June	5	5	4	8	38	47	7	5	54	65
13	1st – 15th July 2024	4	5	3	4	18	33	3	0	28	42
Total		39	50	145	228	253	321	33	39	470	638
Grand Total										1,108	

Table 34 **Total number of patients in Namche Dental Clinic from 17th July 2023 to 15th July 2024:**

S.N.	Months	Male	Female	Total
1	17th July to 17th Aug 2023	59	75	134
2	18th Aug to 17th Sept	44	105	149
3	18th Sept to 17th Oct	50	83	133
4	18th Oct to 16th Nov	27	70	97
5	17th Nov to 30th Nov	33	45	78
6	December	Winter break		
7	January			
8	February			
9	March	33	33	66
10	April	62	49	111
11	May	80	71	151
12	June	54	65	119
13	1st – 15th July 2024	28	42	70
Total		470	638	1,108

HIGHLIGHTS OF THE DENTAL SERVICES PROVIDED IN NAMCHE DENTAL CLINIC:



Scaling being done by Dental Hygienist.

Rampant cavities



Extraction



Calculus and tartar seen in patients due to poor oral hygiene.



Oral candidiasis in hyper pigmented tongue.



Angular Cheilitis



Fissured tongue.



Supernumerary teeth (Mesiodens)

b. Dental Camps Organized

Namche Dental Clinic organized five dental camps this year for the purpose of providing good oral hygiene and knowledge to the school going children and community people. During the dental camps, oral hygiene status of the beneficiaries were examined and some cases which required especial care were referred to the clinic for treatment. During the school dental camps, the primary teeth of the students were extracted, applied fluoride varnish gel, educated on the importance of hygienic diet and nutrition, importance of milky teeth, and taught them about the correct brushing techniques, and distributed free toothbrush and paste. The clinic has conducted 14 school dental camps till date and examined more than 1,200 school going children. Dental camps of such nature will be conducted more depending upon the need.



Dental camp organized in the clinic for the students of Himalaya Basic School, Namche.

Table 35 List of Dental Camps

S. N.	Name of schools/ hospitals/ villages	Date of dental camp conducted	No. of examinees
1	Shree Himalaya Basic School, Namche	15th to 17th August 2023	225
2	Namche Women's Group	1st June 2024	25
3	Laudo Gumba, Laudo	6th June 2024	3
4	Thame	3rd and 4th July 2024	131
5	Thamo	5th July 2024	75
Total			456



Dental camp organized in the clinic for the students of Himalaya Basic School, Namche.





Dental camp organized for the Namche Women's Group in the clinic.





Dental camp organized at Thame.



Dental camp organized at Laudo Gumba, Laudo.

c. Equipment Support to Namche Dental Clinic

A wall heater, refrigerator and chair were purchased and transported to Namche Dental Clinic in November 2023. The funding for the procurement of these materials was received from the American Himalayan Foundation.



Wall heater, refrigerator and chair supported to Namche Dental Clinic.

Additionally, HTN procured Woodpecker Obturation System, Gutta-percha Bar-Meta, Lead Apron, and Dentsply ProTaper for Namche Dental Clinic. Moreover, the availability and use of lead aprons will greatly minimize radiation exposure risks for patients and the medical team during dental X-ray procedures. The funding for procuring these materials have been availed from the American Himalayan Foundation.



Gutta Percha Obturation Device



Dentsply ProTaper



Lead Apron



Woodpecker Obturation System

d. Local Project Advisory Committee Meeting

The Local Project Advisory Committee (LPAC) meetings of Namche Dental Clinic was conducted on 1st October 2023. LPAC is a formal process requirement of the Social Welfare Council. Representatives from the local government, buffer zone, youth club, monastery management committee and women group, police, army and health post staffs attended the meeting at Namche.





LPAC of Namche Dental Clinic conducted on 1 October 2023.

3.3.4 Drugs Support

One of the significant initiative undertaken by HTN is providing drugs support. HTN has consistently supplied essential medicines to Khunde, Phaplu and Sotang Hospitals, as well as clinics in Thame, Phortse, Bung, and Salyan.

a. Bung Clinic

Sir Edmund Hillary Stiftung (SEHS) Germany has been supporting Bung clinic with medicine supplies worth Rs. 100,000 per year. A total of 1,260 patients (741 female and 519 male) benefitted from the medicines provided by Himalayan Trust Nepal to Bung clinic. With the medicines provided, they were able to cure Head-



Bung Clinic

ache and Fever, Cuts & Injuries, Gastritis, Cough, Upper Respiratory Tract Infection (URTI), Allergy, Worm infestation, Conjunctivitis, etc.

b. Salyan Primary Health Centre

HTN has been supporting Salyan Primary Health Centre with necessary medicine supplies on a regular basis. HTN has been providing medicines support to the clinic through the funding of Sir Edmund Hillary Stiftung Germany. A total of 2,140 patients (1187 female and 953 male) benefitted from the medicines provided by HTN to Salyan clinic. The clinic is a primary care centre and it has high number of patient flow. With the medicines provided, they were able to cure some of the mostly observed cases of Hypertension, Chronic Obstructive Pulmonary Disease (COPD), Urticarial, Gastritis, and Arthritis.

Lab Equipment Granted

At the request of Nechasalyan Rural Municipality, HTN purchased a TFT/HBA1C analyzer machine along with 20 tests reagent and a Sodium Potassium analyzer machine and handed over to Salyan Clinic. The procurement of these necessary equipment have been possible through the grant assistance of Sir Edmund Hillary Stiftung, Germany.

c. Sotang Hospital

Since January 2020, HTN with generous funding support from Sir Edmund Hillary Stiftung, Germany has been providing necessary medicines to Sotang Hospital. The hospital serves patients from Sotang, Mahakulung, Mapya Dudhkoshi and Thulung Dudhkoshi Rural Municipalities. Common ailments treated in the hos-

Table 36 Number of beneficiary patients of Bung Clinic.

S.N.	Month	Female	Male	Total
1	Shrawan (July)	87	67	154
2	Bhadra (August)	105	75	180
3	Ashoj (September)	64	102	166
4	Kartik (October)	35	14	49
5	Mangsir (November)	68	42	110
6	Poush (December)	41	19	60
7	Magh (January)	55	28	83
8	Falgun (February)	42	24	66
9	Chaitra (March)	43	20	63
10	Baisakh (April)	56	34	90
11	Jestha (May)	79	43	122
12	Asar (June)	66	51	117
Total		741	519	1,260





TFT/HBA1C Analyzer machine with 20 tests reagent and Sodium Potassium analyzer machine supported to Salyan Clinic.

Table 37 Number of beneficiary patients of Salyan Primary Health Centre.

S.N.	Month	Female	Male	Total
1	Shrawan (July)	70	58	128
2	Bhadra (August)	110	102	212
3	Ashoj (September)	82	68	150
4	Kartik (October)	111	84	195
5	Mangsir (November)	82	56	138
6	Poush (December)	70	74	144
7	Magh (January)	77	63	140
8	Falgun (February)	109	87	196
9	Chaitra (March)	183	134	317
10	Baisakh (April)	128	99	227
11	Jestha (May)	97	84	181
12	Asar (June)	68	44	112
Total		1187	953	2,140

pital include respiratory infections, cardiovascular issues, trauma, eye problems, ENT, and dental issues, as well as pregnancy and labor related cases. Specific surgeries performed include appendectomies – 4, hydro colectomies –4, elective LSCS, and amputations. A total of 12,380 patients have benefitted from the medicine provided by HTN, with 7,331 being female and 5,049 male.

Table 38 Number of beneficiary patients of Sotang Hospital.

S.N.	Months	Female	Male	Total
1	Shrawan (July)	470	709	1179
2	Bhadra (August)	428	690	1118
3	Ashoj (September)	252	369	621
4	Kartik (October)	254	374	628
5	Mangsir (November)	371	591	962
6	Poush (December)	330	539	869
7	Magh (January)	362	551	913
8	Falgun (February)	364	558	922
9	Chaitra (March)	398	635	1033
10	Baisakh (April)	542	719	1261
11	Jestha (May)	679	912	1591
12	Asar (June)	599	684	1283
Total		5049	7331	12,380





The drugs of Sotang Primary Hospital has been handed over to the hospital by Education Advisor, Mr. Mahendra Kathet and his team during their field visit to Sotang





Sotang Hospital

3.3.5 Management of Clinics supported by Forgotten Sherpas of Nepal Trust

Forgotten Sherpas of Nepal Trust (FSNT) based in New Zealand provides financial support for the operation of two community clinics located in Patle, Okhaldhunga district, and Goli, Solukhumbu district. The Trust provides assistance for the salaries of health workers and procurement of

medicines. Since July 2018, these clinics have been operated and managed by HTN in collaboration with FSNT.

a. Patle Community Health Clinic Service

Patle Community Health Clinic is located in Molung Rural Municipality, Ward No. 7, Patle in Okhaldhunga district. The clinic was established in July 2018 with funding support from the Forgotten Sherpas of Nepal Trust (FSNT) in New Zealand. Since its inception, the clinic has been providing essential healthcare services to the local community, including general health check-ups, medicine distribution, free counselling, health education programmes, and free family planning and referral services on a regular basis. Located in a remote area of Okhaldhunga district, the clinic serves residents of Molung Rural Municipality Ward No.7 and Siddhicharan Municipality Ward No. 6. The catchment area of the clinic includes Gate Khola, Maskharka, Patle Khola, Rachane, Jese, Talkot, Basmekhola, Kharsubot, Dhap, Katike, Bakhre and Bulnasa. The community served by the clinic is composed of people



Mr. Subash Bhattarai, HA

Table 39 Patle Community Health Service Patient Morbidity: 17 July, 2023 - 15 July, 2024

S.N	Disease categories	Female	Male	Total
1	Gastritis	97	88	185
2	Chronic Obstructive Pulmonary Disease (COPD)	49	27	76
3	Dental Caries	18	8	26
4	Hypertension	36	28	64
5	Pneumonia	6	9	15
6	Allergy	25	19	44
7	Injury/Wound	5	8	13
8	Sprain/Strain	8	11	19
9	Urinary Tract Infection (UTI)	12	1	13
10	Typhoid fever	2	4	6
11	Arthritis	31	17	48
12	Asthma/Bronchitis	14	5	19
13	Tonsillitis	16	16	32
14	Earache	5	8	13
15	Mastitis	3	0	3
16	Hypotension/Weakness	10	2	12
17	Conjunctivitis	10	9	19
18	Back pain	5	2	7
19	Lyringitis	2	2	4
20	Sinusitis	8	7	15
21	Jaundice	2	1	3
22	Fungal infection	11	9	20
23	Pelvic Inflammatory Disease (PID)	10	0	10
24	Toothache	14	11	25
25	Lower Abdomen pain	9	2	11
26	Epistaxis	1	2	3
27	Diarrhea/ Dehydration	17	9	26
28	Angular stomatitis	4	5	9
29	Diabetes Mellitus (DM)	2	3	5
30	Insect bite	2	1	3
31	Peptic ulcer disease	8	6	14
32	Upper Respiratory Tract Infection (URTI)	54	56	110
33	Cough/Common Cold	69	80	149
34	Dysmenorrhea	5	0	5
35	Psoriasis	0	1	1
36	Scabies	2	3	5

37	Foreign body in nose/ear	0	1	1
38	Acute Suppurative Otitis Media (ASOM)	5	2	7
39	Boils/ Abscess	5	13	18
40	Headache	21	14	35
41	Fever	63	59	122
42	Dryness of eyes	13	6	19
Total		679	555	1234

Table 40 **Age group Gender-wise General OPD services in 2023/24**

S. N.	Months	0-9 years		10-19 years		20-59 years		>60 years		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul/ Aug	4	15	6	0	46	25	14	9	70	49
2	Aug/Sept	7	17	7	4	50	23	12	7	76	51
3	Sept/Oct	3	4	4	4	34	32	11	9	52	49
4	Oct/Nov	0	1	2	1	5	3	3	2	10	7
5	Nov/Dec	5	8	5	5	38	37	13	10	61	60
6	Dec/Jan	3	14	6	0	46	27	14	9	69	50
7	Jan/Feb	1	2	4	2	16	14	4	5	25	23
8	Feb/Mar	7	4	7	2	37	33	8	11	59	50
9	Mar/Apr	6	5	7	11	31	34	13	12	57	62
10	Apr/May	8	7	3	2	33	18	15	6	59	33
11	May/June	7	16	18	12	41	32	9	10	75	70
12	June/July	6	15	16	7	35	19	9	10	66	51
Total		57	108	85	50	412	297	125	100	679	555
Grand Total										1234	

Table 41 **Patients number by ethnicity**

S. N.	Months	Dalit		Janajatee		Brahmin/Chhetri		Madhesi		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Fe-male	Male
1	July/Aug	3	2	64	44	3	3	0	0	70	49
2	Aug/Sept	4	5	70	38	2	6	0	2	76	51
3	Sept/Oct	6	3	41	42	5	4	0	0	52	49
4	Oct/Nov	1	2	8	3	1	2	0	0	10	7
5	Nov/Dec	4	6	52	49	5	5	0	0	61	60
6	Dec/Jan	8	4	57	42	4	3	0	0	69	49
7	Jan/Feb	5	8	17	14	3	1	0	0	25	23

8	Feb/Mar	7	3	51	40	1	7	0	0	59	50
9	Mar/Apr	6	4	45	53	6	5	0	1	57	63
10	Apr/May	4	2	52	25	3	6	0	0	59	33
11	May/Jun	8	5	65	59	2	4	0	2	75	70
12	Jun/July	5	7	61	41	0	3	0	0	66	51
Total		61	51	583	450	35	49	0	5	679	555
Grand Total										1234	

Table 42 Distribution of Contraceptive Services in 2023/24

S.N.	Months	Contraceptive Services			Total
		DMPA	OCP	Condom	
1	Jul/ Aug	3	1	4	8
2	Aug/Sept	2	2	2	6
3	Sept/Oct	2	0	2	4
4	Oct/Nov	4	1	0	5
5	Nov/Dec	4	2	0	6
6	Dec/Jan	7	1	2	10
7	Jan/Feb	6	0	5	11
8	Feb/Mar	8	2	0	10
9	Mar/Apr	5	1	6	12
10	Apr/May	9	0	3	12
11	May/June	7	1	1	9
12	June/July	6	1	4	11
Total		63	12	29	104



Drugs for Patle Clinic.

from various castes including Sherpa, Tamang, Magar, Brahmin, Chhetri, Sunuwar, Pahari, and Dalit (Kami, Damai). There are total of 502 households in the village, with a population of 2,733 individuals, consisting of 1,321 males and 1,412 females.

The clinic was staffed by one Health Assistant (H.A.), Mr. Nirmal Karki, and one Office Assistant, Mr. Gelje Sherpa. Mr. Karki worked in the clinic till January 2024. HTN appointed Mr. Subash Bhattarai as a Health Assistant (H.A.) to work in the clinic. Commonly observed ailments among the patients attending the clinic include gastritis, Chronic Obstructive Pulmonary Disease (COPD), Upper respiratory Tract Infection (URTI), coughs/ common colds, and hypertension.
During the year 2023/24, the clinic provided healthcare services to a total of 1234 patients, with 679 females and 555 males benefiting from its services. Sir Edmund Hillary Stiftung Germany has been partnering in the clinic building construction and medicine supplies.

b. Pike Rural George Hunter Health Clinic Service

The Pike Rural George Hunter Health Clinic has been established in Goli village, specifically in Likhu Pike Rural Municipality (LKPRM) Ward No. 1 of

Solukhumbu district. Since its inception, the clinic has been providing essential healthcare services to general public. These services include general health check-ups, family planning,



Drugs for Goli Clinic.



A printer and a laptop for CMA Mr. Buddha Bir Tamang based at Goli Clinic.



Mr. Buddha Bir Tamang during his six-month's eye care training.

Table 43 Pike Rural George Hunter Health Clinic Patient Morbidity: 17 July, 2023 – 15 July, 2024

S.N.	Disease categories	Female	Male	Total
1	Gastritis	95	56	151
2	Amoebic Dysentery	7	4	11
3	Headache	12	6	18
4	Tonsillitis	33	15	48
5	Hypertension	15	6	21
6	Arthritis	34	45	79
7	Fever	12	19	31
8	Common cold	44	24	68
9	Scabies	5	8	13
10	Fungal Infection	21	17	38
11	Urinary Tract Infection (UTI)	13	0	13
12	Lower Respiratory Tract Infection (LRTI)	34	10	44
13	Toothache	10	12	22
14	Stomatitis	5	4	9
15	Foreign body in nose	6	13	19
16	Allergic reaction	33	34	67
17	Asthma	18	15	33
18	Otitis media	3	3	6
19	Otitis externa	10	2	12
20	Pneumonia	23	5	28
21	Conjunctivitis	15	2	17
22	Dysmenorrhea	12	0	12
23	Cuts and injuries	5	20	25
24	Worm Infestation	44	10	54
25	Diabetes Mellitus	10	15	25
26	Neuritis	4	4	8
27	Cholera	2	1	3
28	Burns	1	0	1
29	Fracture	2	3	5
30	Boils/Abscess	4	2	6
31	Typhoid	0	1	1
32	Infected wound	15	3	18
33	Other problems	13	3	16
Total		560	362	922

health education, counselling and safe maternity care on a regular basis. The clinic serves individuals from various castes, including Sherpa, Chhetri, Tamang, Kami, Damai, Thami, and Bhujel from LPKRM, Ward No. 1 to 5, as well as Khijidemba in Okhaldungha. The catchment area of the clinic includes Goli Gumba, Kosinasa, Gyapchuka, Khahare, Buldada, Chhusha, Dudule, Meski, Goli, Kapti, Dura, Yarmakhu, Chaulakharka, and Namkheli. In addition, they provide mobile health services once a month to the residents of Meski village in LKPRM, Ward No. 2. Goli village consists of a total of 76 households, with a population of 995 individuals, including 420 males and 575 females.

The clinic frequently encounters common diseases among its patients, including gastritis, arthritis, tonsillitis, cough/common colds, lower respiratory tract infections, allergic reactions, wound infections, etc. The clinic has been playing a vital role by identifying the general health problems and refer to higher level for check-up and treatment in case of cases that cannot be handled in the clinic and performing the role of providing health education to the local community.

The clinic is operated by CMA, Mr. Buddha Bir Tamang and an Office Assistant, Ms. Lhamu Dolker Sherpa. Mr. Tamang underwent a six-month's primary eye care training in Kathmandu. During that time, HTN recruited Ms. Kopila Kulung as a Community Medicine Assistant (CMA) to work for six months at the clinic.

Throughout the fiscal year, the clinic provided healthcare services to a total of 922 patients, including 560 females and 362 males.

Table 44 **Age group Gender-wise General OPD services in 2022/23**

S.N.	Months	0-9 years		10-19 years		20-59 years		60 and above		Total	
		Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
1	Jul/ Aug	4	2	8	4	15	10	7	9	34	25
2	Aug/Sept	2	6	1	0	37	21	13	13	53	40
3	Sept/Oct	4	2	5	3	28	22	11	7	48	34
4	Oct/Nov	0	0	2	1	15	8	4	2	21	11
5	Nov/Dec	1	2	7	3	15	11	10	3	33	19
6	Dec/Jan	4	5	7	6	60	18	20	12	91	41
7	Jan/Feb	5	6	1	2	42	23	15	11	63	42
8	Feb/Mar	4	4	1	0	22	17	12	11	39	32
9	Mar/Apr	4	2	3	4	35	13	15	13	57	32
10	Apr/May	3	1	2	1	39	11	19	15	63	28
11	May/June	7	9	0	2	22	19	19	15	48	45
12	June/July	0	0	1	4	5	6	4	3	10	13
Total		38	39	38	30	335	179	149	114	560	362
Grand Total										922	

Distribution of Contraceptive Services

Since the nearby clinic run by government staff has been providing family planning services including the distribution of contraceptives free of cost, the clinic has discontinued the service.

Table 45 **Patients number by ethnicity**

S.N.	Months	Dalit		Janajatee		Brahmin/Chhetri		Total	
		Female	Male	Female	Male	Female	Male	Female	Male
1	July/Aug	2	1	22	15	10	9	34	25
2	Aug/Sept	6	2	28	23	19	15	53	40
3	Sept/Oct	5	2	20	17	30	15	55	34
4	Oct/Nov	2	1	11	5	16	5	29	11
5	Nov/Dec	6	3	13	10	14	6	33	19
6	Dec/Jan	4	1	30	25	29	16	63	42
7	Jan/Feb	3	2	32	23	28	17	63	42
8	Feb/Mar	4	1	21	14	27	17	52	32
9	Mar/Apr	6	1	22	18	29	13	57	32
10	Apr/May	11	2	23	16	29	10	63	28
11	May/Jun	4	1	14	21	30	23	48	45
12	Jun/July	1	2	6	7	3	3	10	12
Total		54	19	242	194	264	149	560	362
Grand Total								922	

3.3.6 Zero TB in Kids and Family

HTN is implementing the "Zero TB in Kids and Family" project with funding support from Johns Hopkins University, USA and in collaboration with the Nepal Tuberculosis Control Centre (NTCC), National Anti-Tuberculosis Association (NATA), Budhanilkantha Municipality, and Dakshinkali Municipality. This is the second year that the project has been running. The aim of this project is to detect and treat Latent Tuberculosis in the congregated residential areas, and thus help in eliminating TB. The HTN health team led by Dr. Nyima Phuti Sherpa, Medical Officer of the project, Ms. Belashpura Kumari Shahi and Ms. Aphima Rai as Project Nurses has screened monks, nuns and students of Budhanilkantha Municipality and Dakshinkali Municipality. A total of 1927 individuals have been screened,





Ms. Aphima Rai (Nurse), left, Dr. Nyima Phuti Sherpa (right) filling up the Questionnaire during Zero TB Screening at Shyalpa Monastery.





Ms. Belashpura Kumari Shahi (Nurse) in Mantoux test (Tuberculin skin test) and interpretation.

including 1409 males, 518 females, and 1021 kids over the last fiscal year in two nunneries, six monasteries, one hostel school and one non-government organization. The team is diligently following up with individuals who tested positive for Latent TB regarding their medication. Data entry and filing is being carried out rigorously at the office.

Ms. Divya Rao, a public health graduate student from Johns Hopkins University, joined the Zero TB team as an intern on June 10. She worked with the team until the first week of July, supporting activities such as screening camps, survey administration, and data entry.



Orientation on latent Tuberculosis at Kopan Monastery.



Questionnaire Fill-up at Kopan Monastery.



Orientation on Latent TB at Nyingma Palyul Urgen Dorjee Choling Monastery.



Zero TB intern, Ms. Divya Rao working at the Trust office.

3.3.7 EVOLVE Project Launched in Bharatpur Hospital

HTN, Johns Hopkins University (JHU) and Bharatpur Hospital jointly launched EVOLVE Project in Bharatpur Hospital, Chitwan on 1st April 2024. The EVOLVE project is a clinical trial of evaluating oral Emetine against Covid-19. The project is being implemented through a joint collaboration between HTN and Bharatpur Hospital with funding support of Johns Hopkins University.



EVOLVE project launched in Bharatpur Hospital, Chitwan.

04 CULTURE AND LIVELIHOOD PROGRAMME

3.1 Introduction
3.2 Objectives
3.3 Activities



4.1 BACKGROUND

Health, education and culture are vital to the Sherpa community, making the preservation of their cultural heritage essential for their quality of life. The Himalayan Trust has played a key role in reconstructing important Buddhist sites such as monasteries and chortens, which serve as spiritual assets and tourist attractions, boosting the economy. Additionally, HTN supports local schools and monasteries by funding Sherpa cultural education, teacher salaries with support from Himalayan Trust New Zealand and The Greater Himalayas Foundation. This ensures the continued teaching of the Sherpa language and cultural practices.

4.2 OBJECTIVES

- Preserving Sherpa cultural heritage
- Introducing Sherpa language education in local public schools and monasteries
- Maintaining monastic institutions
- Rebuilding earthquake-damaged monuments
- Improving the livelihoods of the local community

4.3 ACTIVITIES (INPUTS)

The cultural and livelihood programme in the last fiscal year focused on two main components: teachers support and partial support to Tengboche monastery and Debuche Nunnery. Given below are brief details about each component:

4.3.1 Teacher Salary Support

The Sherpa language and culture are in decline due to the influence of dominant languages and cultures and globalization. To combat this, HTN supports Sherpa language teachers at Junbesi School, Salleri Monastery, and Pema Chholing Monastery schools. The financial support for Pema Chholing Monastery, Thulo Gumela comes from The Greater Himalayas Foundation, honouring the legacy of Late Mingma Norbu Sherpa, while other teachers are supported by the New Zealand International Development Cooperation and Himalayan Trust New Zealand.

4.3.2 Partial Support to Tengboche Monastery and Debuche Nunnery

With funding from the American Himalayan Foundation, HTN provides annual grants of $1000 to Tengboche Monastery and $1,700 to Debuche Nunnery. The grants are support for the management and operation of these monastic institutions, which collectively house over twenty monks and four nuns.



05 MANAGEMENT & GOVERNANCE



5.1 THE CHAIRMAN'S EUROPE VISIT

The chairman of Himalayan Trust Nepal, Mr Pasang Dawa Sherpa embarked on a visit to Germany and Slovakia in June and July 2023. During his trip, he had the privilege of meeting with the board members of the Sir Edmund Hillary Stiftung Germany, where he presented them with the Everest70 magazine and Everest 70th anniversary khada. He expressed his heartfelt gratitude for the Foundation's generous financial support towards the Sir Edmund Hillary Visitor Centre in Khumjung.

In addition, he had a productive meeting with the board members of Light for Kids in Germany, during which he provided them with updates on the Trust's ongoing activities. Furthermore, he engaged in a meaningful discussion with His Excellency Peter Misik, the State Secretary of the Ministry of Foreign and European Affairs. Together, they explored the potential for funding HTN programmes and projects in Nepal.





HTN chairman presenting khada and Everest70 Magazine to the board members of SEHS, Germany.



HTN chairman with the board members of Light for Kids, Germany.



HTN chairman with His Excellency Peter Misik, the State Secretary of the Ministry of Foreign and European Affairs.

5.2 16TH AGM OF HTN CONDUCTED

The 16th Annual General Meeting of HTN was successfully conducted on 18 August 2023 in Kathmandu. The meeting was virtually joined by Chairman of HTNZ, Mr. Peter Hillary, General Manager of HTNZ, Mr. Alexander Hillary, board members Dr. Lindsay Strang and









Glimpses of the 16th AGM of Himalayan Trust Nepal.

Mr. Phurenje Sherpa. The HTN board, general and staff members also participated in the AGM. The AGM endorsed the Annual Progress Report and Auditor's Report of the last fiscal year and Annual Plan and Budget for the following fiscal year.

5.3 MR. JUSTIN VON ETZDORF VISITED NEPAL

Mr. Justin von Etzdorf, a board member of the Sir Edmund Hillary Foundation, Canada visited HTN on 8 October 2023. Justin met HTN CEO and his team members and took stock of HTN and its progresses. His visit was also targeted for visiting Khunde hospital and leave Zeke's ashes in his memorial chorten at the Khunde hospital.



Justin von Etzdorf along with Ms. Yangji Doma Sherpa during their visit to HTN.

5.4 EDUTECH NEPAL TEAM VISITS HTN

On 1st November 2023, the founders of EduTech Nepal, Mr. Mike Chisholm and Mrs. Sheryl Chisholm accompanied by CEO, Mr. Ashok Dalli visited HTN. Mr. Dalli delivered a PowerPoint presentation on the seven new schools and a monastery school planned to install computer labs for the year. The discussion also focused on exploring new innovations and opportunities to enhance the delivery of digital education to schools and teachers.



The EduTech Nepal team visited HTN office on 1st November 2023.

5.5 DR. JOHN AND SUE HEYDON VISITED HTN

On 10 November 2023, Dr. John and Sue Heydon, along with their family members visited HTN office. Dr. John and Sue Heydon previously served as doctors at Khunde hospital from June 1996 to October 1998.



Dr. John and Sue Heydon along with their family members during their visit to HTN.

5.6 BOARD MEMBERS OF LIGHT FOR KID'S NEPAL VISIT

Board of Directors of Light for Kids, Germany Mr. Manfred Salcher and Mr. Peter Meckler visited HTN office on 27 November. The Light for Kids team accompanied by Chairman of HTN Mr. Pasang Dawa Sherpa monitored the project areas in Kharikhola and Amdungkharka (Hill).

During their visit, they observed the progress of the school building construction project in Kharikhola and interacted with the students and teachers. Light for Kids is providing financial support for the construction of a four-room RCC classroom building in Kharikhola.

The team also visited Saraswati Basic School in Hill where they supported the renovation of classrooms. Currently, they are providing support for school uniform and the lunch programme benefiting 20 children and 6 teachers.





Highlights of Light for Kids team's Nepal visit.

5.7 HTNZ BOARD MEMBER'S HTN VISIT

Mr. Phurenje Sherpa, a board member of HTNZ accompanied by his friend Mr. Andrew Churches, paid a visit to the HTN office on 31st March 2024. During their visit, they discussed ongoing projects, future plans, and the collaborative efforts between HTN and HTNZ with HTN's CEO. These discussions focused on perpetuating the legacy of Sir Edmund Hillary.

Similarly, Ms. Emma Heydon, also a board member of HTNZ, visited HTN. During her visit, the discussions centered on ongoing HTN projects, with a particular focus on Khunde Hospital.

Ms. Kirsten Nicholson, another board member of HTNZ, also visited HTN along with her Ball State University researchers.



Ms. Kirsten Nicholson and her Ball State University researchers during their visit to HTN office.



Mr. Phurenje Sherpa and Mr. Andrew Churches during their visit to HTN office.



5.8NEW ZEALAND HIGH COMMISSIONER VISITS HTN

His Excellency Mr. David Pine, Ambassador of New Zealand to India, Nepal, and Bangladesh and Ms. Lisa Choegyal, Honorary Consul of New Zealand to Nepal, paid a courtesy visit to the HTN office on 9th April 2024. Their visit held special significance as it marked HE Mr. Pine's departure from immediate duty station New Delhi, India.



His Excellency Mr. David Pine and Honorary Consul Ms. Lisa Choegyal during their visit to the HTN office in Dillibazar.

5.9 DR. DETLEV GÜNZ VISITS HTN

On 3 June 2024, Dr. Detlev Günz from 5.9 Nepal Kinderhilfe e.V. and his partner Gita Günz visited HTN office to review the partnership project and discuss potential improvements of the joint scholarship programme.



Dr. Detlev Günz and his partner Gita Günz during their visit to HTN office.



Chairman of HTN, Mr. Pasang Dawa Sherpa lighting butter lamps in front of Sir Ed's portrait.



Board and General members offering khada to Sir Ed.

5.10 SIR ED'S 16TH DEATH ANNIVERSARY OBSERVED

On 11th January 2024, the 16th death anniversary of Sir Edmund Hillary was solemnly observed in Kathmandu. Board and general members and staff of HTN attended the programme to pay tribute to Sir Ed.

On the same occasion, the HTN board meeting approved a budget of 2.1 million rupees to support seven petitions received from various community schools of Solukhumbu. These small grant projects are scheduled for implementation in 2024 under the Quality Education Programme in Solukhumbu (QEPS).

On the same occasion, the half-yearly progress review of HTN implemented projects was also undertaken, providing insights into the progress and achievements of the ongoing initiatives.

5.11 NEW APPOINTMENTS

HTN has appointed three new teacher trainers to implement School Based Teacher Training Programme (SBTTP) and Literacy through Integrated Programme (LIL) in the Solukhumbu district.

Ms. Deepa Niraula has taken on the role of Education Training Officer for English, starting from 1st December 2023. She holds a Master's degree in Education and has served for three years at Mahendra Jyoti Secondary School in Chaurikharka, Solukhumbu.

Ms. Sangita Rai has been appointed as a science teacher trainer, effective from June 2024, following the resignation of Mr. Ujwol Bhomi. Ms. Rai, originally from Juving, Solukhumbu, holds a Master's degree in Physics and has more than five years of teaching experience in both community and private schools.

Likewise, Ms. Gita Lama is being appointed as the LIL Education Field Officer for Mahakulung Rural Municipality, succeeding Ms. Neelam Kumari Chand. Ms. Lama is from Dolakha district, holds a Master's degree in Education, and has experience working with diverse communities on child sponsorship programmes and social mobilization.



Ms. Deepa Niraula,
Education Training Officer, SBTTP English Subject



Ms. Sangita Rai,
Education Training Officer, SBTTP Science Subject



Ms. Gita Lama, LIL
Education Field Officer

5.12 CEO'S FIELD TRIP

Dr. Mingma Norbu Sherpa handed over the TFT/HBA1C analyzer machine with 20 tests reagent and a Sodium Potassium analyzer machine to the medical officer, Dr. Anil Ray Yadav, in the presence of Ward Chairman Mr. Sitaram Kafle and other healthcare staff personnel.

Dr. Sherpa also handed over patient bed with mattress, pillow, pillow cover, blanket, bed sheet, patient bedside locker, a laptop, printer, and printer ink set to Patle clinic. The funding for these materials was received from the Sir Edmund Hillary Stiftung, Germany.



CEO, Dr. Mingma Norbu Sherpa handed over the essential lab equipment to Salyan Primary Health Centre.



The essential clinic materials of Patle Clinic handed over to the clinic and set up done.

Furthermore, with the funding support from the Forgotten Sherpas of Nepal Trust, 7.5 meter carpet was procured for the staff quarter of the clinic and jackets for the clinic staff and chairman. These clinic materials were handed over to the chairman of the clinic management committee, Mr. Lhakpa Sherpa, in the presence of the committee members and local community.

The clinic was built through financial support from the Sir Edmund Hillary Stiftung, Germany, and the Forgotten Sherpas of Nepal Trust, New Zealand, and was inaugurated in April 2023.

5.13 NEW LEADERSHIP IN KHUMJUNG AND JUNBESI SCHOOLS

Mr. Kanchha Nuru Sherpa is the new Head Teacher at Khumjung Secondary School. Mr. Sherpa brings over a decade of teaching experience, specializing in mathematics and computer science. He is a former student of Khumjung Secondary School and a recipient of the Himalayan Trust scholarship, which supported his education for grades 11 and 12 in Kathmandu. His professional versatility is evident through his experience in both public and private educational institutions, showcasing adaptability in his teaching methodologies. With a dedication to academic excellence and a passion for education, Mr. Sherpa is poised to inspire students and lead the school to success.

Similarly, Mr. Kumar Raut, has been appointed as the new Head Teacher of Junbesi Secondary School. Mr. Raut is a dedicated educator with extensive teaching and leadership experience. He holds a Bachelor of Education degree with Economics as his major from Solukhumbu Multiple Campus and is currently pursuing a Master of Education in Educational Planning & Management there. With a teaching career since 2005, Mr. Raut has significantly contributed to Shree Junbesi Secondary School, teaching Economics for grades 9 & 10, English at the basic level, and fulfilling various administrative roles. Assuming the position of Head Teacher in March 2024, he pledges to uphold the school's commitment to quality education and holistic student development.



Mr. Kancha Nuru Sherpa, New Head Teacher of Khumjung Secondary School



Mr. Kumar Raut, New Head Teacher of Junbesi Secondary School

5.14 PROGRAMME MONITORING VISIT

The HTNZ and HTN team, led by Mr. Peter Hillary accompanied by HTNZ's General Manager, Mr. Alexander Hillary, HTN's Chairman, Mr. Pasang Dawa Sherpa, CEO, Dr. Mingma Norbu Sherpa and Programme Manager Mr. Lhakpa Tenji Lama visited schools in the Solukhumbu district from 20th April to 8th May 2024.

The main objective of their visit was to monitor the ongoing Himalayan Trust projects. The team visited Goli clinic, Goli Basic School, Chandra Jyoti Secondary School (Bhakanje), Junbesi Secondary School, Thuptencholing Monastery, Phungmoche Basic School, Mopung Basic School, Pike Secondary School (Loding), Jwalamai Basic School (Tamakhani), Solukhumbu Multiple Campus, Salleri Monastery School, Taksindu Secondary School (Nunthala), Saraswati Basic School (Phuleli), Dudhkoshi Basic School (Bumburi), Kharikhola Secondary School, Kharikhola Monastery School, Lukla Basic School, Lukla Monastery School, Mahendrajyoti Secondary School (Chaurikharka), Pema Chholing Basic School (Ghat), Janasewa Basic School (Sano Gumela), Yuba Barsa Basic School (Monjo), Himalaya Basic School (Namche), Thame Basic School, Thame Monastery School, and Khumjung Secondary School.



Pike Rural George Hunter Health Clinic, Goli



Junbesi Secondary School, Junbesi



Taksindu Secondary School, Nunthala



Kharikhola Monastery, Kharikhola



Pema Chholing Basic School, Ghat



Mahendra Jyoti Secondary School, Chaurikharka



Janasewa Basic School, Sano Gumela



Himalaya Basic School, Namche



Yuba Barsa Basic School, Monju



Khumjung Secondary School, Khumjung

5.15 MEETING WITH KPLRM

On 10 May 2024, HTNZ Chairman Mr. Peter Hillary, General Manager Mr. Alexander Hillary, Chairman of HTN Mr. Pasang Dawa Sherpa, and CEO Dr. Mingma Norbu Sherpa met with the chairperson of Khumbu Pasanglhamu Rural Municipality Mr. Mingma Chhiri Sherpa and ward chairman Mr. Laxman Adhikari. They exchanged ideas and plans for the future cooperation and collaboration.



Group photo taken after the meeting.





5.16 REMEMBERING LADY JUNE HILLARY

Lady June Hillary passed away at the age of 92 in Auckland, New Zealand, on 1 June 2024. She married Sir Edmund Hillary in 1989 and made significant contributions to the humanitarian projects of the Himalayan Trust to support the people of Nepal throughout her life. Lady June Hillary was a dear friend of the Sherpas and an Honorary Life-Time patron of HTN. Her dedication and compassion touched countless lives and will continue to inspire us all.

HTN organized a memorial service at Lhundrup Choling Monastery in Budhanilkantha. The students, teachers, and parents of Khumjung and Junbesi Secondary Schools, Khunde Hospital, Phaplu Hospital, Salleri Multiple Campus organized various services to pay their last respects to Lady June Hillary.





Prayer ceremony organized in memory of Late Lady June Hillary at Lhundrup Choling Monastery in Budhalinkantha.

5.17 CONCLUSION

Although some of the programme activities were drastically affected by the COVID-19 pandemic and lockdown in 2020 to 2022, the year 2023 and 2024 remained very conducive for HTN. The implementation of its education, health and livelihood programmes were significantly successful. This achievement has been proven from the physical work progress and financial deliveries.

Over the last fiscal year 2023/24, Himalayan Trust Nepal achieved significant milestones. The implementation of the SBTTP and LIL activities, under the five-year "Quality Education Programme in Solukhumbu", funded by the New Zealand International Development Cooperation and Himalayan Trust New Zealand, demonstrated remarkable progress across 76 schools. SBTTP was implemented in 33 schools, and LIL in 43 schools in Solukhumbu. The programme delivered various components, including teacher trainings, teaching materials support to 108 schools, installation of new computer labs, teachers support, and scholarships. The scholarship programme followed improved guidelines emphasizing inclusivity and equity. The model ECED classrooms in community schools will attract more students in the schools and improve their learning environment.

Significant progress was also made in school infrastructure projects. A 24-bed capacity hostel with a kitchen, shower, and toilets for female students was constructed at Sotang School, funded by the Grand Circle Foundation of the USA and Sotang Rural Municipality. The completed project was handed over to the school management committee. The Kharikhola School building in Kharikhola was completed with funding from Light for Kids, Germany, Khumbu Pasanglhamu Rural Municipality, and HTN. Moreover, eight computer labs were established in partnership with EduTech Nepal and Himalayan Trust New Zealand in seven schools of Solukhumbu district and one school in the Khotang district. A two storey four room RCC building has been built at the Kharikhola School. The well-furnished building is expected to provide a great learning environment to the children of Kharikhola high school.

In the health sector, Khunde Hospital consistently maintained quality services for beneficiaries in the Khumbu region. Two community clinics operated by Khunde Hospital in Thame and Phortse, supported by the Himalayan Trust and the American Himalayan Foundation, provided basic healthcare services. A notable achievement this year was upgrading Khunde Hospital with state-of-the-art medical equipment and repairing its infrastructure. The dental and eye units at Khunde hospital successfully delivered quality dental and eye care services in the region. Similarly, Phaplu Hospital played a vital role in providing excellent healthcare services to the public. HTN supported Phaplu hospital through staff incentives and additional medicine supplies, with generous funding from Sir Edmund Hillary Stiftung, Germany until December 2023. Since January 2024, HTN has supported the partial salary of an MDGP doctor at the hospital.

The "Zero TB in Kids and Family" project, initiated by HTN with funding from Johns Hopkins University, USA has been running smoothly. Developed in collaboration with the National Health Research Council (NHRC), Nepal Tuberculosis Control Centre (NTCC), National Anti-Tuberculosis Association (NATA), Budhanilkantha Municipality, and Dakshinkali Municipality. This project has been instrumental in screening Latent TB in congregated residential areas. The HTN health team has screened monks, nuns, and students in Budhanilkantha and Dakshinkali Municipalities. The initiation of EVOLVE and PreP HIV AIDs projects in financial and technical support of Johns Hopkins University are new achievements.

HTN's programme and project activities are based on participatory, transparent, and inclusive approaches throughout the planning, implementation, monitoring, and evaluation processes. The success and effectiveness of these projects are determined by thorough needs assessment and extensive consultations with beneficiaries and stakeholders. HTN's greatest strength lies in involving and engaging community members impacted by the projects in decision-making, ensuring that its initiatives align with the actual requirements and aspirations of the beneficiaries. This participatory approach fosters ownership, promotes inclusivity, and enhances the overall outcomes and impact of the projects.

The concerted effort, well planned programmes, trust of the donors and partners, energy of the team are behind its huge success. The governance and management teams of HTN are very optimistic that we can trigger the work progress in the coming years as well. However, it will be a real challenge to achieve this goal without the valuable support of the donors, partners, government and local people.

ANNEX 1

FINANCIAL REPORT

HIMALAYAN TRUST NEPAL

SOLUKHUMBU,NEPAL

NOTES FORMING PART OF THE STATEMENT OF INCOME AND EXPENDITURE

For the year Ended 31st Ashad 2081 (15 July 2024)

Details	Note	Sub-Total Amount (Rs)	F.Y Year 2080.081 Amount	Sub-Total Amount (Rs)	F.Y Year 2079.080 Amount
INCOME /RECEIPT	*10*				
Membership Fee			1,400.00	*1,400.00*	*1,400.00*
Grant and Contribution			151,316,948.92		134,816,749.24
Grant and Contribution (HTN)	*A*	*141,197,895.36*		*128,570,605.00*	
Contribution from Projects (Annex: C)	*B*	*10,119,053.56*		*6,246,144.24*	
Other Income (Internal)	*C*		*2,705,822.93*		*2,906,801.70*
Exchange Gain & Loss		-		-	
Miscellaneous Income		*1,090,921.11*		*128,000.00*	
Bank Interest (Annex: C)		*1,614,901.82*		*2,778,801.70*	
Total Income/Receipt			***154,024,171.85***		**137,724,950.94**
EXPENDITURE	*11*				
Project Expenses	*11.1*		***152,907,564.99***		**131,041,458.00**
HTNZ Projects	*11.1.1*	47,133,787.48		*48,900,492.83*	
MDRES Scholarship	*11.1.2*	605,000.00		*565,000.00*	
HTN NZ Admin and other Expe.	*11.1.3*	11,872,842.62		*10,826,101.05*	
Khunde Hospital Expenses - NZ	*11.1.4*	5,269,863.87		*4,886,814.74*	
HTN Admin Exp and Internal Activities	*11.1.5*	12,787,374.22		*4,319,294.35*	
HTN Welfae Emergency Fund	*11.1.6*	120,786.00		*60,000.00*	
SEHS Germany Project	*11.1.7*	4,034,518.56		*3,936,515.16*	
BCF Scholarship	*11.1.8*	5,370,269.35		*4,361,229.80*	
Gift Trust NZ	*11.1.9*	506,000.00		-	
GCF (Himali Hostel Construction Project)	*11.1.10*	178,807.61		*4,710,493.23*	
AHF Projects	*11.1.11*	20,664,326.29		*11,201,376.46*	
TGHF Scholarships	*11.1.12*	1,914,000.00		*1,836,500.00*	
Naulekh Foundation Scholarship	*11.1.13*	4,756,994.00		*4,867,312.00*	
Jeffrey W. Philips	*11.1.14*	494,368.00		*34,360.00*	
Johns Hopkins University	*11.1.15*	3,716,724.64		*1,471,809.98*	
Monzo clinic Constrcution Project	*11.1.16*	-		*1,250,000.00*	
Dianne McKinnon Scholarship Fund	*11.1.17*	440,000.00		-	
Patle Clinic Construction	*11.1.18*	-		*3,268,726.38*	
Rotary Club of Koblenz	*11.1.19*	316,734.00		*526,379.00*	
School Construction Project Kharikhola	*11.1.20*	12,576,399.30		*2,328,908.02*	
HTUK Scholarships	*11.1.21*	1,057,650.00		*1,107,800.00*	
Others Donor	*11.1.22*	1,566,730.19		*1,232,814.93*	
Nepal Kinder Hlife	*11.1.23*	7,047,546.00		*6,477,124.27*	
Forgotten Sherpas of Nepal Trust	*11.1.24*	2,854,443.10		*1,963,850.44*	
Jossef Wessengger	*11.1.25*	-		*1,856,795.04*	
Thame Sherpa Heritage Fund	*11.1.26*	-		*66,201.42*	
KSVC Donors	*11.1.27*	1,204,348.97		*7,594,070.25*	
Evolve Project	*11.1.28*	3,528,154.31			
P4HIV	*11.1.29*	277,395.00			
Light for Kids	*11.1.30*	1,588,926.30		*906,188.65*	
Tenzing Norgay Sherpa Foundation	*11.1.31*	75,000.12		*167,500.00*	
NDC Internal Donation	*11.1.32*	293,750.00		*317,800.00*	
SEHF project	*11.1.33*	79,200.00			
Eyes4Everest	*11.1.34*	575,625.06		-	
Net Operating Expenditure			***152,907,564.99***		***131,041,458.00***
Net Operating Surplus (A-B)					
HTN Surplus before Depreciation		*1,116,606.86*		*6,683,492.94*	
Surplus for the Year(2080-81)			***1,116,606.86***		***6,683,492.94***
Accumulated Surplus Balance (2079-80)			*30,602,735.87*		*23,919,242.93*
Accumulated Surplus for the Year			***31,719,342.73***	-	***30,602,735.87***

The accompanying form on integral part of these financial statements

[Baweea Raj Tandukar]
Finance & Admin Manager

Mingma Norbu Sherpa
Chief Exe. Officer

Pasang Sherpa Lama
Treasurer

Pasang Dawa Sherpa
Chairman

Janak Tamang
J.Tamang. Associates
Auditor

ANNEX 2
EXECUTIVE COMMITTEE



PASANG DAWA SHERPA
Chairman

EXECUTIVE COMMITTEE



TASHI JANGBU SHERPA
Vice Chairman



PASANG SHERPA LAMA
Treasurer



DR.MINGMA NORBU SHERPA
Secretary



YANGJI DOMA SHERPA
Joint Secretary



DR. NIMA NAMGYAL SHERPA
Board Member



THUKTEN SHERPA
Member



DAWA PHUTI SHERPA
Member



PASANG DAWA SHERPA
Member

ANNEX 3

OUR TEAM



DR. MINGMA NORBU SHERPA
CEO

OUR TEAM



LHAKPA TENJI LAMA (SHERPA)
Programme Manager



BAWEEN RAJ TANDUKAR
Finance & Admin Manager



PHURBA CHHETEN PRADHAN
Programme Officer



PEMA DIKI SHERPA
Admin Officer



FURA YANGEE SHERPA
Finance Officer



ANG CHHIRING SHERPA
Office Assistant



MAN BAHADUR MAGAR
Gardener/Culinarian

EDUCATION TEAM



MAHENDRA BAHADUR KATHET
Education Advisor

EDUCATION TEAM



ISHWORMAN RAI
Education Training Officer
Nepali



NAVA BAHADUR BHUJEL
Computer Lab Monitoring Officer



BISHNU KUMAR RAYAMAJHI
Education Training Officer
Mathematics



DEEPA NIRAULA
Education Training Officer
English



SANGITA RAI
Education Training Officer
Science



CHANDRA DEV BHATT
LIL Education Coordinator



SRIJANA THAPA
LIL Education Field Officer



GITA LAMA
LIL Education Field Officer

KHUNDE HOSPITAL TEAM



DR. MINGMA KANCHI SHERPA
Doctor In-charge



DR. KAMI TEMBA SHERPA
Senior Medical Consultant

KHUNDE HOSPITAL TEAM



FURA DOMA SHERPA
Staff Nurse



SAMJHANA BASEL
Staff Nurse



NIMA SHERPA
Auxiliary Nurse Midwife (ANM)



PHURBA TASHI SHERPA
Lab Technician



PRAJESH DULAL
Ophthalmic Assistant



BHUPENDRA CHAUDHARY
Dental Hygienist



MILAN MAGAR
Health Assistant (HA)
Thame Clinic



ANG DAWA SHERPA
Community Medicine Assistant (CMA)
Phortse Clinic



MILAN RANA MAGAR
Culinarian

TECHNICAL TEAM



ER. BIJAY SHRESTHA
Project Coordinator



DIPU SHERPA
Field Supervisor

NAMCHE DENTAL CLINIC



DR. SAMPADA BHATTARAI
Dentist



MINGMA LHAMU SHERPA
Dental Hygienist

PATLE COMMUNITY HEALTH CLINIC



SUBASH BHATTARAI
Health Assistant (HA)



GELJE SHERPA
Office Assistant

PIKE RURAL GEORGE HUNTER HEALTH CLINIC

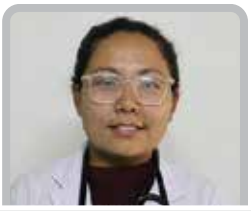


BUDDHA BIR TAMANG
Community Medicine Assistant (CMA)



LHAMU DOLKAR SHERPA
Office Assistant.

ZERO TB IN KIDS & FAMILY PROJECT



DR. NYIMA PHUTI SHERPA
Project Medical Officer



APHIMA RAI
Project Nurse



BELASHPURA KUMARI SHAHI
Project Nurse

ANNEX 4

OUR PARTNERS

Government of Nepal

HIMALAYAN TRUST
FOUNDED 1960 BY SIR EDMUND HILLARY

NEW ZEALAND
FOREIGN AFFAIRS & TRADE
Manatū Aorere

AMERICAN HIMALAYAN FOUNDATION

THE GREATER HIMALAYAS FOUNDATION

THE SIR EDMUND HILLARY FOUNDATION

Himalayan Trust UK
SUPPORTING THE MOUNTAIN PEOPLE OF NEPAL

Forgotten Sherpa of Nepal Trust

TENZING NORGAY SHERPA FOUNDATION

Sir Edmund Hillary
Stiftung Deutschland e. V.

FOUNDATION BENOÎT CHAMOUX

eduTechNepal
transforming education through technology

Hillary Foundation of USA

Naulekh (Poyan) Foundation Switzerland

Reinhold Messner Mountain Foundation

SlovakAid
GOOD IDEA SLOVAKIA

Licht für Kinder e.V.

Grand Circle Foundation
Giving back to the world we travel

Nepal Kinderhilfe e.V.
Zukunft dank Bildung
नमस्ते
www.nepalkinderhilfe.de

NEPALHILFE-TIROL

EYES4EVEREST

THE gift TRUST
make good happen

JOHNS HOPKINS MEDICINE

THAME SHERPA HERITAGE FUND

ANNEX 5

SUCCESS STORIES AND ARTICLES

The Scholarship Journey for Higher Education



MINGMA DOMA SHERPA
Khumbu Pasanglhamu Rural Municipality – 5, Thesyo, KPLRM and Himalayan Trust Bachelor Level Scholarship Recipient

There is a saying, 'Where there is a will, there is a way'. I believe this proverb truly resonates with my journey. I am Mingma Doma Sherpa, a girl from the rural Himalayan region of Solukhumbu, Nepal. I am a dreamer, aspiring to pursue higher education despite the uncertainties that lie ahead.

Warm greetings everyone. This is my story, my dream story. Let's explore my educational journey thus far.

I hail from Thesyo, a remote village where I grew up with my family of nine members, now eight, in Khumbu. My parents sent me and my siblings to study at Thame Basic School, where we attended classes from nursery to grade seven. Despite facing challenges, including the devastating earthquake of 2015, we persevered and exceled in our studies, eventually passing the Secondary Education Examination (SEE) with flying colours.

Following our success, the next hurdle was securing admission for grade 11 and 12 in Kathmandu. Though uncertain due to financial constraints, my late father's unwavering support made it possible. With his encouragement, my sister and I enrolled in Ekata James English Academy taking Education. It was during this time that I learned about a scholarship opportunity offered by Himalayan Trust Nepal (HTN) for students who excelled at Khumjung Secondary School. Fortunately, I secured the third position and applied for the scholarship, which proved invaluable in supporting my education.

However, just as I was about to take my final board exam, the Covid-19 pandemic struck, disrupting our academic plans. Despite the setbacks, we persevered and eventually passed our high school (10+2) exams with good grades. But uncertainty loomed once more about the future held for me, especially considering our family's financial struggles.

Just when I was considering giving up on my dreams and returning to my village in search of job opportunities, fate intervened. I learned about a scholarship opportunity for a bachelor's degree through an announcement from Khumbu Pasang Lhamu

Rural Municipality (KPLRM) and HTN. With renewed hope, I applied for the scholarship and was overjoyed to be selected for pursuing Bachelor in Education taking English as a major subject.

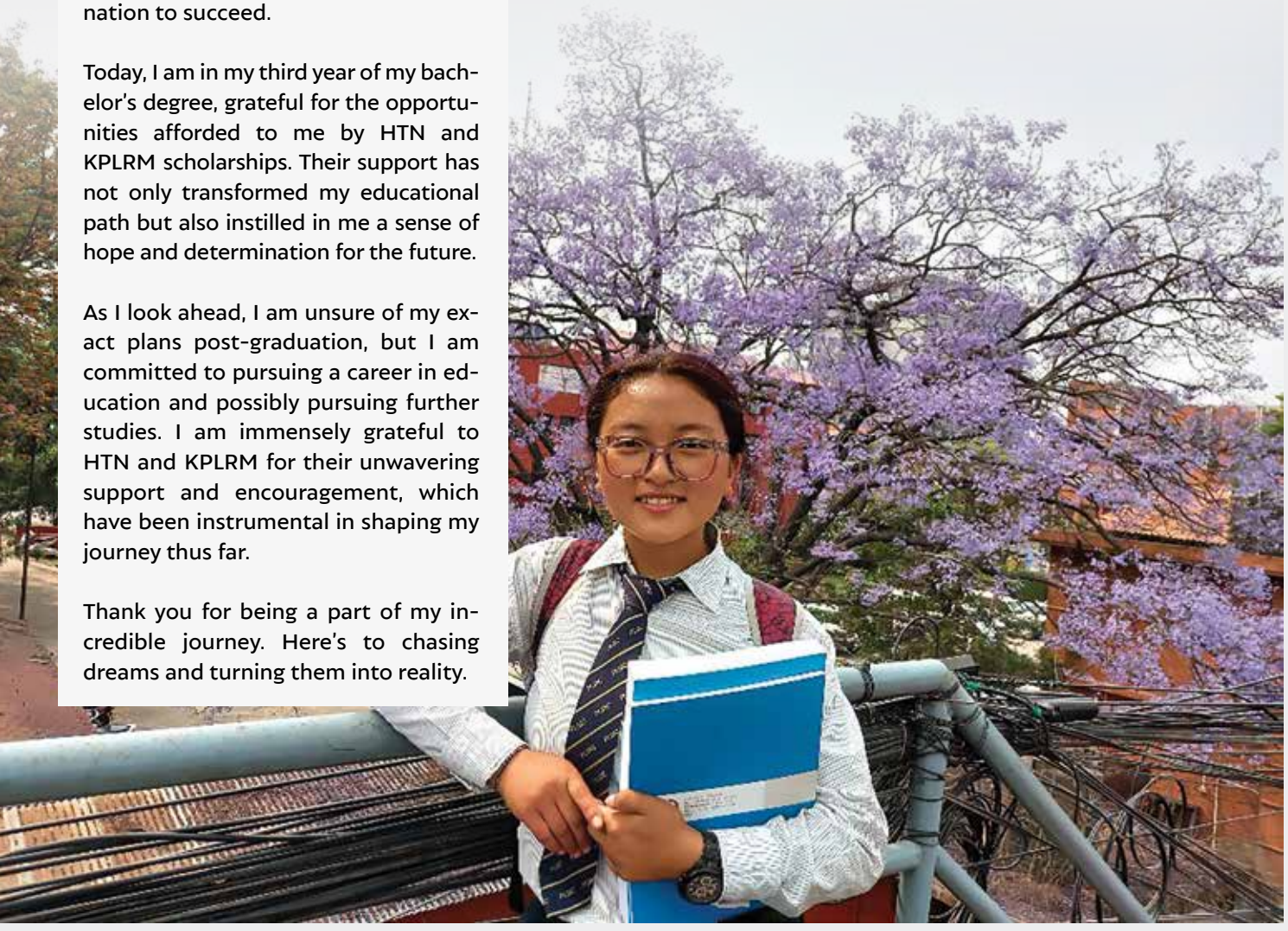


Thanks to the combined support of KPLRM and HTN, I embarked on my journey towards higher education, enrolling at Pushpalal Memorial College. Despite facing personal tragedy with the sudden loss of my father in an avalanche at Mt. Everest, I preserved and continued my studies, fuelled by the scholarship's support and my determination to succeed.

Today, I am in my third year of my bachelor's degree, grateful for the opportunities afforded to me by HTN and KPLRM scholarships. Their support has not only transformed my educational path but also instilled in me a sense of hope and determination for the future.

As I look ahead, I am unsure of my exact plans post-graduation, but I am committed to pursuing a career in education and possibly pursuing further studies. I am immensely grateful to HTN and KPLRM for their unwavering support and encouragement, which have been instrumental in shaping my journey thus far.

Thank you for being a part of my incredible journey. Here's to chasing dreams and turning them into reality.



Empowering Lives through Education

My Journey with the Khumbu Pasanglhamu Rural Municipality (KPLRM) and Himalayan Trust Scholarship



AARATI CHAMLING RAI
Poiyan-1, Khumbu Pasanglhamu Rural Municipality
KPLRM & Himalayan Trust Bachelor Level Scholarship Recipient

Sewaro and Namaste!

Firstly, I extend my heartfelt gratitude for granting me the opportunity to share my story and for your kindness towards me. I am Aarati Chamling Rai, a 20-year-old girl hailing from Poiyan. I am an eager learner, a kind person, a nature lover and, a caring soul. I come from a middle-class family and I am the youngest member in my family. My father is a primary school teacher, and my mother is not just a housewife but the heart of our home, taking care of the house and working in agriculture.

I have a brother who recently completed his bachelor's degree from Salleri. I started my education journey at Shree Naulekh Basic School in Poiyan village. Unfortunately, our village lacks quality education and healthcare facilities. After fifth grade, we had to go to Chaurikharka for further education, and for medical needs, we trekked to Lukla Health Post. Thanks to Mr. Funuru Sherpa, the chair of ward number 1 of Khumbu Pasanglhamu Rural Municipality, who established a health post, we now have better access to healthcare.

Despite health challenges, I pursued my secondary education at Purwanchal Higher Secondary School in Tarahara, Sunsari, where I noticed a big difference in educational standards. When I returned to my village occasionally, I was happy to see improvements in the education system. I am grateful to the teachers, students, and villagers for their efforts. Though I struggled initially, being among the top students in my village school to finding myself at the bottom in Tarahara, I stayed determined. I eventually became one of the top ten students and completed my Secondary Education Examination (SEE) with a GPA of 3. Then, I pursued higher education in Biological Science at Everest College in Biratnagar.

Coming from a farming background, I wanted help improve the lives of farmers. Hence, I chose to pursue a Bachelor's in Agriculture Science and ranked 303rd in the AFU university entrance exams. Currently, I am in my fourth semester at the College of Natural Resource Management in Pakhribas. Thanks to my parents, I learned about scholarships and got a joint scholarship from Khumbu Pasanglhamu Rural Municipality (KPLRM) and Himalayan Trust. This scholarship eased the financial burden on my family and me.

The scholarship not only helped financially but also provided mental support. It allowed me to access quality learning materials, nutritious food, and good living arrangements. I am deeply grateful for this generosity. Besides, my scholarship, I actively engage with Himalayan Trust's initiatives, participating in programmes to improve education and healthcare in the Himalayan region.

As I continue my studies, I aspire to give back to society, especially to those in need. After completing my bachelor's degree, I am committed to helping others. My journey so far has been shaped by the kindness and support of organizations like Himalayan Trust and KPLRM, for which I am eternally grateful.

Thank you for being a beacon of hope and support in my educational journey.

Rising Above Challenges:

Navigating My Journey to MBBS with the Himalayan Trust Scholarship



BHAKTI RAJ RAI
Bung-2, Mahakulung Rural Municipality
Sir Edmund Hillary Memorial Scholarship (SEHM) &
Sir Edmund Hillary Foundation (SEHF) Scholarship Recipient

Namaste!

I am Bhakti Raj Rai, originally from Mahakulung Rural Municipality-2, Solukhumbu, a district located in the eastern region of Nepal. I am one of the beneficiaries of Sir Edmund Hillary Memorial Scholarship (SEHM). I am a 21-year-old boy and a first-year MBBS student at Patan Academy of Health Sciences, Lalitpur.

This seems quite easy to say that I am pursuing my dream career but the journey till now hasn't been easy and I still have a long way to go. My journey started from Khumjung Secondary School where I completed my Secondary Education Examination (SEE). I have to say that I would not have reached here if I had not gone to this school. Even though it is a government school that is far away from the capital, it provides quality education at a very minimum cost. Even low-earning families can send their children to school. I got the opportunity to learn in English Medium from grade 3 but now the whole school is in English Medium. It may sound simple but it has played a major role in raising the living standard of economic families (just like mine!). Low-economic families cannot send their children to boarding schools with high fees. It has made a great difference. Now when I look back, I can truly realize the role it has been playing in making the dreams of many economically backward students come true.

My parents used to run a local tea shop on the way to Everest Base Camp (EBC). Since there was no extra fee in school my family did not have to take financial burden for my education till grade 10. I was good in my studies from my early days. I passed my SEE with a GPA of 3.65 ranking the highest among the schools in the Khumbu Pasanglhamu Rural Municipality in the year 2018. So, I got a scholarship from the Himalayan Trust. I was performing better in my college days too. At the same time due to the Covid-19 pandemic, there was a long holiday. Since my parents were running the tea shop on the trekking route. It had hampered our financial status. But anyhow, I completed my +2 securing a GPA of 3.66 in the year 2078 B.S. I had already realized that pursuing a career in MBBS is not that easy as there are thousands of students competing for the Common Entrance Examination (CEE) each year. It is not easy for a middle-class family to study MBBS under full payment as it is one of the most expensive degrees. So, the only option left for me to pursue my medical career was to pass CEE on a free scholarship. But in the same year due

to health-related issues of my parents, I did not get an opportunity to attend the exam. I was hopeless about my future but I again decided to wait for a year to take the exam.

Luckily, I got a full scholarship to study but because of my low financial status, it became difficult for me to manage accommodation and food costs. I am humbled that Himalayan Trust has chosen me for the scholarship. This scholarship is a tremendous blessing to me and gives me the ability to continue pursuing my education. This scholarship truly does inspire those with poor financial backgrounds students (just like me!). I hold deep admiration for this organization, as it has opened doors for countless students and children like me, granting us access to knowledge that was once beyond our reach. I will forever remain grateful to the Trust for helping me to achieve my goal. Without this scholarship, my parents would struggle to afford learning materials, food, and hostel fees. Your support has been a cornerstone in my educational journey, enabling me to dedicate myself fully to my studies.

I would like to thank the entire Himalayan Trust family and The Sir Edmund Hillary Foundation (SEHF) for your support, your scholarship will allow me to focus on my goal without being distracted by financial worries. I hope one day, I will be able to provide the same support to others that you have given me and contribute to my community. Once again, I extend my deepest thanks for your generous scholarship. I will submit my progress report annually and always be in regular contact with Himalayan Trust. I will work hard and do my best to help others, especially students (just like me!). Thank you again for your kindness!



Gratitude to Himalayan Trust:

A Story of Resilience, Dreams, and SEHM Scholarship

RITU RAI
Lokhim-9, Thulung Dudhkoshi Rural Municipality
(Sir Edmund Hillary Memorial Scholarship Recipient)



Namaste and warm greetings!

My name is Ritu Rai and I'd like to introduce myself as a friendly, positive and success driven 17-year-old girl. I am honored to have received the Sir Edmund Hillary Memorial Scholarship from the Himalayan Trust. Along with this scholarship, I had the privilege to share my journey as a recipient of the SEHM scholarship. Here is my journey.

Starting with my parents, both have always been very supportive and loving to me and my brother. They are the essence of my being. My parents are originally from the small village of Lokhim, surrounded by lush greenery in Thulung Dudhkoshi rural municipality. In 1999, they left the lowland of Lokhim for the Himalayas, hoping for a better life for their kids. They rented a house in Monjo, where my father worked as a porter and my mother ran a small eatery. It was there in the lap of Himalayas, that I was born. Growing up, I was always enthusiastic, outgoing and curious. My education began at Yuwa Barsa Basic School in Monjo. After a year, my parents enrolled me in a city school, but due to financial limitations, I had to return. By then, my parents had moved to Lukla, where I joined Lukla Basic School in class one. I maintained my lively personality, participated in many competitions, and won many prizes. I passed my Basic Level Examination (BLE) from that school with a GPA of 3.91, the highest in my class.

When I passed my BLE, the pandemic hit, turning the world into chaos. Our family was deeply affected. Tourism stopped, and my father, the sole breadwinner, lost his job. AT 13, I experienced the harsh reality of poverty. Despite this, my parents managed to enroll me in Shree Mahendra Jyoti Secondary School, where I passed my SEE. It was a happy moment, but the question of affording my preferred subject distressed me. With my parents' hard work, I enrolled in Budhanilkantha Technical School for computer engineering. Moving to the capital for technical education was beyond our reach, and my days were filled with pessimism.

One day, I received a call informing me that I had been awarded the Sir Edmund Hillary Memorial Scholarship (SEHMS) for being the top student in SEE from my school. This was a turning point for me. I topped the entrance exam at my college, earning a merit scholarship for my first semester. The SEHMS helped me buy statioeries and cover some admission fees. It also covered my second semester fee. In my third semester, I again topped my college and received another merit scholarship.

To me SEHMS was a "Golden Opportunity". It allowed me to keep chasing my dream and remember my worth. However, for an opportunity to knock, you must first build a door. All my hard work built the door that SEHMS knocked on, and with the help of SEHMS, I'm building more and bigger doors.

The scholarship profoundly impacted my academic journey, relieving financial burden and letting me to focus on my studies. With this support, I have achieved milestones that I once thought impossible, maintaining an exemplary academic record and actively participating in extracurricular activities and community service. Each achievement stands as a testament to the transformative power of education and opportunity

Looking forward, I am determined to make a meaningful impact in my chosen field. The scholarship has broadened my horizons and instilled in me a sense of responsibility to give back to my community and pave the way for future generations of scholars.

I am profoundly grateful to the Himalayan Trust and the generous donors for this scholarship. Your unwavering support has changed my life, empowering me to strive for excellence and pursue my dreams with determination.

The Inspiring Journey of Ang Chhechi Sherpa

ANG CHHECHI SHERPA
Lukla, Khumbu Pasanglhamu Rural Municipality
Louise and Belinda Hillary Memorial Scholarship Recipient



Namaste!

I am Ang Chhechi Sherpa, 22 years old born and raised in Lukla-1, Khumbu Pasang Lhamu Rural Municipality, Solukhumbu, Nepal and currently residing in Kathmandu for my higher studies with two of my siblings. I am one of the beneficiaries of the Himalayan Trust Scholarship.

My journey has been shaped by profound challenges and incredible support. We were very young when we lost our parents in a tragic flooding accident in Lukla. Left in a dire economic situation, we were fortunate to have an uncle and aunt who took care of us during that difficult time. I completed my schooling at Shree Mahendra Jyoti Secondary School, Chaurikharka. Afterward, we moved to Kathmandu, where I joined Brilliant Campus and completed my high school (10+2) with a GPA of 3.45, ranking the highest among my classmates.

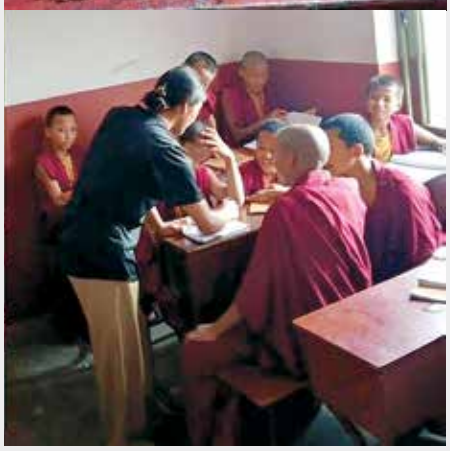
After completing my high school education, uncertainty about my future loomed large. Despite my strong desire to continue my studies, financial constraints seemed insurmountable. Even though I faced numerous challenges, I was determined not to give up. It was then that I heard about the scholarship provided by the Himalayan Trust for Bachelor level students. I applied and was fortunate to receive the Louise and Belinda Hillary Memorial Scholarship, generously funded by the Sir Edmund Hillary Stiftung, Germany. This scholarship enabled me to pursue my passion for banking and business by enrolling in a Bachelor of Business Administration (BBA) programme.

The scholarship support allowed me to focus on my studies without the burden of financial worries. Now, in my final year of the programme, I am also working part-time as a teacher at Segyu Monastery National School in Tinchuli, Kathmandu. During the first two years, my studies kept me very busy. However, in my third year, I found some leisure time and decided to use it productively by working. Teaching has given me the opportunity to share my knowledge and learn from my students, enriching my own educational experience.

As I approach the completion of my bachelor's degree, I am filled with excitement about my future. I plan to work in the banking field and continue my studies. The support I received from the Himalayan Trust and Sir Edmund Hillary Stiftung, Germany, has been invaluable. Words cannot fully express my gratitude for their assistance, which has enabled me and many other students to pursue our dreams despite financial hardships.

Thank you to the donors and the Himalayan Trust for making this possible.





Rising Above Hardship:

A Narrative of Transformation and Learning Supported by Nepal Kinderhilfe and Himalayan Trust Nepal

ANKITA ADHIKARI
Nuwakot-1, Tarkeshwor Rural Municipality
Nepal Kinderhilfe e. V. Scholarship Receipeint



Born into an ordinary family in a small village, I faced the constant struggle for basic necessities like food, clothing, and medicine. As I approached the age of schooling, my family found themselves in a difficult financial situation. However, in this challenging time, Nepal Kinderhilfe and Himalayan Trust Nepal extended their helping hands, assuring my parents, "We will support her education. Get her enrolled in a good school." These words brought joy to my parents, envisioning a brighter future for their daughter. That fortunate child, who found sponsors to guide and support her at every step of her educational journey, is me—Ankita Adhikari. Now 18 years old, I hail from a small district in Nepal called Nuwakot, belonging to a modest family of four members.

My village, part of Nuwakot, is Tarkeshwor Rural Municipality, Ward number 1. Daily life in our rural locality is a struggle, with the head of our family lacking a stable job. We earned a meager income by raising animals. The only government school was situated far from our house, requiring a lengthy one to two-hour journey through rivers, forests, and numerous hills. The alternative wasn't much better, lacking facilities with infrequent teacher attendance, rampant student absenteeism, and an unkempt and undeveloped environment. The challenges and hardships I faced were consistent—an arduous journey, lack of transportation, poor school conditions, indiscipline, unclean surroundings, and a bleak outlook on the future.

In this dilemma of where and how to pursue my education, Nepal Kinderhilfe and Himalayan Trust Nepal stepped in, supporting me to begin my education in a reputable school. The shift to a larger city for quality education marked a transformative phase. My family stood by me, relying on my father's earnings to sustain the household. With the encouragement of my godparents, my sponsors facilitated my admission to a boarding school, granting me access to educational amenities beyond my wildest dreams. It felt as though wings had been attached to me, enabling me to soar above the realms of school, study, education, knowledge, and a promising future. My dreams grew more resilient and ambitious, fueled by the unwavering support of my godparents. They propelled me towards exploration, inquiry, research, and investigation, which became integral aspects of my life. Their guidance illuminated the path for a village girl who once couldn't fathom a future.

Presently, I am filled with pride as a beneficiary of the Nepal Kinderhilfe scholarship. I see my future radiating with positive energy. I am grateful to be supported by individuals with golden hearts, who, through their small acts of kindness, unknowingly become saviors to the children they assist. My achievements, dreams, and the zest for learning are all bestowed with the blessings of my godparents. They motivate me to extend help to others and find joy in their success. I've learned valuable lessons from the changes they've brought into my life, realizing that even a small gesture of support and encouragement can profoundly impact a destitute individual, igniting hope, passion, and aspirations for a prosperous future.

Teachers' Training

Changed the Perspective of Teaching and Learning

Ms. Teju Kumari Kulung, a dedicated teacher at Himchuli Basic School in Mahakulung Rural Municipality, plays a crucial role in shaping the education of young minds at the basic level. Assigned to teach students from grades one to three, Ms. Kulung faced a significant challenge when the government decided to implement an integrated curriculum at the school. Despite her lack of familiarity with this new approach, she was determined to adapt and excel in her teaching role. Uncertain about how to evaluate her students and conduct effective teaching activities under the integrated curriculum, Ms. Kulung found a lifeline in the form of training opportunities provided by Himalayan Trust Nepal. Participating in various Centre Based Teachers' Training programmes, she not only acquired valuable skills but also benefited from ongoing support and follow-up activities.

Through these trainings, Ms. Kulung learned to design diverse teaching materials and tailor her guidance to students' individual learning needs. She embraced innovative methods such as incorporating songs, games, and music into her lessons, aligning with the spirit of the integrated curriculum by organizing theme wise teaching and learning activities.

Previously, Ms. Kulung held the belief that traditional, teacher-centred methods were the only effective way to educate students, relying on rote learning. However, her perspective underwent a profound transformation through the training sessions. Now, she is highly motivated and finds herself engrossed in teaching, losing track of time as she immerses herself in enriching her students' learning experiences.

Moreover, Ms. Kulung now recognizes the potential of information technology and modern educational innovations to enhance student achievement. She believes that leveraging these tools effectively can make a significant difference in improving learning outcomes, empowering teachers like herself to make a lasting impact on their students' educational journey.

TEJU KUMARI KULUNG
Teacher
Himchuli Basic School, Bung, Mahakulung RM





Ms. Kulung taking a class.

Changed Classroom Dynamism

lead to better learning achievement

DILKALA KULUNG
Teacher
Janasudhar Basic School,
Chheskam, Mahakulung RM



Janasudhar Basic School is located in ward No. 03 of Mahakulung Rural Municipality, Chheskam. The school offers classes up to grade 8. Himalayan Trust Nepal supports the school with physical improvements, educational management, and teacher's training.

The school provides teaching materials for preschool and grades one to three, placing them within easy reach of both teachers and students. Classrooms are set up with comfortable seating and a lively atmosphere, resembling outdoor environments to enhance learning. The setup allows teachers to include outdoor activities in their lessons, enriching the educational experience.

Ms. Dilkala Kulung, an ECD class teacher, mentioned that her students enjoy the classroom environment so much that they do not want to go home. The positive atmosphere has increased students' interest in learning punctuality, and assignment completion, while reducing absenteeism. Students are now more creative and eager to learn.

The child-friendly classroom setup has made learning fun and engaging. Teachers have become more motivated and caring towards their students. The new, clean classrooms have also encouraged students to maintain personal and classroom hygiene. As a result, more parents are now interested in sending their children to school, excited about the improved learning environment. They plan to enrol their children in the next academic year.

BIKUMAR BISHWOKARMA
Headmaster
Himalaya Basic School, Namche,
Khumbu Pasanglhamu RM-5



Transforming Education

A Success Story from Himalaya Basic School, Namche

My name is Bikumar Bishwokarma and I come from Mapya Dudhkoshi Rural Municipality, Ward No. 2, Basa in Solukhumbu district. Since 1997, I have had the privilege of serving as the Principal of Himalaya Basic School. Our school stands proudly in Khumbu Pasang Lhamu Rural Municipality -5, Namche Bazar which was established in 1957 with great enthusiasm from local education enthusiasts.

In recent decades, there was a noticeable lack of enthusiasm among children to attend Namche School and parents hesitated to enrol their children due to poor management and low teaching quality. Recognizing the need for change, Sir Edmund Hillary generously supported the establishment of our school by providing essential resources such as school buildings, textbooks, teaching materials, and teacher training.

Eventually, a local enthusiast, Mr. Nima Nuru Sherpa, along with Tshering Uti Sherpa, took significant steps to find generous sponsors to build a new schoolhouse equipped with better furniture. They also endeavoured to supply teaching materials, computers, and manage the school with new amenities in any way they could. Sonam Gyalzen Sherpa, Ang Dorji Sherpa, Tshering Penjo Sherpa and Sherap Jangbu Sherpa resolved to implement an English medium curriculum to improve the school's educational standards. Competent teachers are still the primary requirement in the school.

Currently, our school has a dedicated team of 13 teachers, an assistant, and 210 students from Nursery to Eighth grade. Since 2006, we have transitioned to an English Medium curriculum, aiming to equip our students with the necessary language skills for everyday life. With the relentless efforts of our team and the support of the community, we have witnessed significant improvements in both academic standards and student enrolment. The community's satisfaction with our enhanced school management and educational quality is evident.

Before receiving professional teacher training from the Himalayan Trust Nepal, I lacked the necessary knowledge and skills to effectively manage the school and deliver quality education. However, following the training, I gained confidence and acquired new teaching techniques that have greatly enriched the classroom experience. Furthermore, I have been able to effectively manage the school's administrative tasks and provide strong leadership. Continuous training for teachers is essential to adapt to modern teaching methods and foster a child-friendly learning environment.

Parents now eagerly send their children to Namche School, as they are confident in our commitment to providing a nurturing environment and high-quality education. As the leader of this school, I take great pride in our achievements and remain dedicated to further improvements with the support of others.

In conclusion, I express my heartfelt gratitude to all who have contributed to the remarkable success of Namche School. With continued support, I am confident that Namche School can achieve even greater heights catering quality education to its children. Thank you.

Transforming Education

Shree Debisthan Basic School's Path to Success



MS. LALITA RAI
Head Teacher
Shree Debisthan Basic School,
Mapya Dudhkoshi RM-05

My name is Lalita Rai, and I am thrilled to share the story of educational transformation at Shree Debisthan Basic School in Mapya Dudhkoshi Rural Municipality. Our journey has been about perseverance, teamwork, and learning.

When we started implementing the government's integrated curriculum, we realized our traditional teaching methods were insufficient. With the help of the Himalayan Trust Nepal, we learned to adapt our teaching to meet the diverse needs of our students. We discovered the importance of being flexible and creative, using various strategies like visual aids, group activities, and hands-on experiences to help every student understand the lessons. The student-centred approach, made our students more engaged and responsible for their learning.

Furthermore, we also learned the importance of materials development in enhancing the learning experience of our students. With limited resources at our disposal, we learned to innovate and create teaching materials using the materials readily available to us. Whether it was using everyday objects or utilizing natural resources found in our surroundings, we discovered that effective teaching materials need not be extravagant or expensive.

Workshops and training sessions and regular monitoring facilitated by the Himalayan Trust Nepal helped us develop skills in material development, learning to craft educational resources that were not only cost-effective but also highly engaging and relevant to our students' needs. By leveraging our creativity and resourcefulness, we were able to enrich the learning environment of our classroom, sparking curiosity and igniting a passion for learning in our students.

In addition to improving our teaching methods and materials, we focused on assessment and evaluation. We learned that assessment is not just about grades but about understanding and supporting student learning. By continuously evaluating our students, we could better monitor their progress and provide constructive feedback. We also created student portfolios to track their academic journey and growth over time.

Reflecting on our journey, I am grateful for the support from the Himalayan Trust Nepal. Their commitment to education has helped us overcome challenges and improve as educators. With our new skills in teaching, materials development, and assessment, we are ready to make a positive impact on our students and community.



Empowering Education

A Testament of Resilience from Urmila Khatri



MS. URMILA KHATRI
Head Teacher
Shree Himalayan Laligurans Basic School, Mapya Dudhkoshi R.M-05

As the head teacher at Himalayan Laligurans Basic School in Thalakhom, my journey has been filled with both challenges and successes. For nearly two years, our school was closed due to a drop in student numbers, leaving young children without access to education. Witnessing the struggles of these children, especially those in the Early Childhood Education Development (ECED) programme, deeply moved me to take action.

Together with the rural municipality's education committee, we worked to revive education in our village. We managed to restart the ECED class in a local community building, but it wasn't easy. Our makeshift classroom lacked basic amenities. Children had to sit on a hard cemented floor with only one table. My colleagues and I tried to improve the situation by using old mattresses and borrowed carpets to make the classroom more comfortable.

Hope came with the help of the Himalayan Trust Nepal. Their generous support transformed our simple classroom into a welcoming learning space. They provided child-friendly furniture, comfortable foam mats, colourful carpets, and various learning materials. They also funded painting the walls, adding warmth to the room. This transformation made education accessible and enjoyable for our children, who no longer had to travel far for schooling.

I am deeply grateful to the Himalayan Trust Nepal for their unwavering support. They did not just provide materials: they offered guidance and encouragement, becoming true partners in our journey. Their help revitalized our educational efforts and brought hope to our community.

Today, as I stand in our transformed classroom, I feel proud and thankful. The story of Himalayan Laligurans Basic School is about more than furnishing a room; it's about empowering our children and building a brighter future. Thanks to resilience, determination, and the unwavering support of the Himalayan Trust Nepal, we have shown that education can overcome any obstacle.

To the Himalayan Trust Nepal, I extend my heartfelt thanks. Your contribution has made a significant difference in our classroom and in the lives of our children. Together, we have created a legacy of empowerment and hope that will inspire future generations.

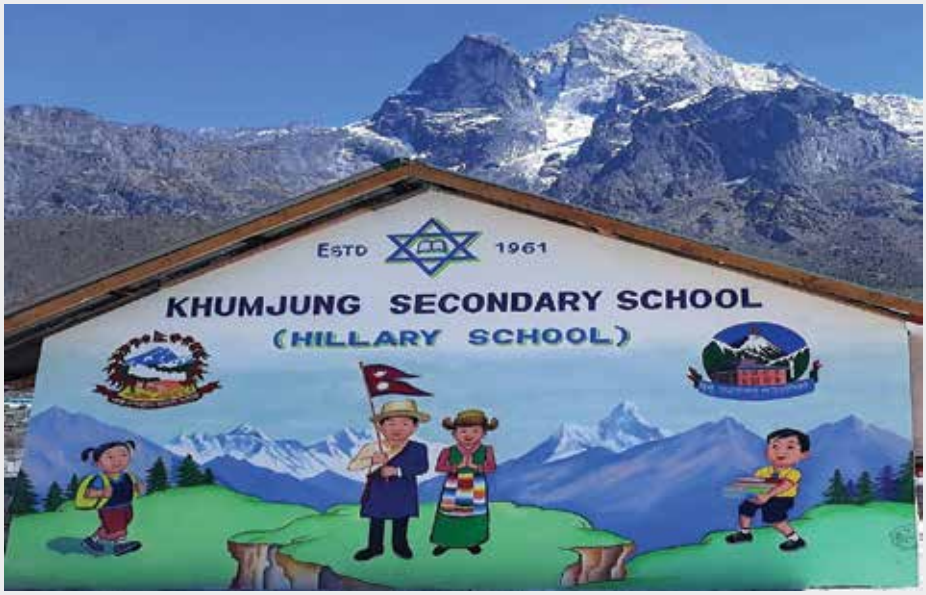


Khumjung Secondary School's Journey to Success and Overcoming Challenges

MR. KANCHHA NURU SHERPA
Head Teacher
Khumjung Secondary School

Introduction

Khumjung Secondary School, also known as Hillary School is a renowned institution located in ward number four of Khumjung Village of Khumbu Pasanglhamu Rural Municipality of Solukhumbu District, Koshi Province, Nepal. Established by Sir Edmund Hillary in 1961 after following his historic ascent of Mount Everest, the school was built to provide education to the Sherpa community.



Since its establishment, Khumjung Secondary School has been providing education to the students of Khumbu region and even from the lower part of Solukhumbu district.

In the academic year of 2023/24, Khumjung Secondary School had approximately 290 students enrolled from ECD to grade 10, with 27 students appearing for Secondary Education Examination (SEE), supported by 20 teaching and non-teaching staff. By 2024, the total number of students is 265, with the staff number remaining the same.



SEE Batch 2080

Achievements in SEE 2080 (2024):

Nepal adopted a new letter grading system for student evaluation in 2014, revised in 2021. This system was effectively implemented for the 2024 SEE, requiring students to score 35% in theory or written exam and 40% in internal evaluation for each subject.

As per the result of SEE which was held in the year of 2080 B.S. (2024 AD), 27 students – 12 male and 15 female appeared in SEE and got 100% successful result. Two students among them scored A+, 12 scored A, 11 scored B+, and two scored a B.



Teachers, Parents, SMC, and PTA

Mr. Khamsu Ongdu Sherpa achieved the highest GPA of 3. 9, topping not only the school but also the Solukhumbu district. Ms. Rita Doma Sherpa secured a GPA of 3.64, achieving the highest score among girls in the Khumbu Pasanglhamu Rural Municipality.

Key to Success:

The remarkable progress of Khumjung Secondary School, with a 100% pass rate and district toppers, is attributed to the strong triangular relationship between teachers, students, and parents. The dedication of parents to providing quality education, coupled with their collaboration with the school, has been crucial. The significant roles played by teachers, the School Management Committee (SMC), and the Parents Teacher Association (PTA) have also been vital. The students' motivation, dedication, and hard work have paid off in achieving this success.

Challenges and Support

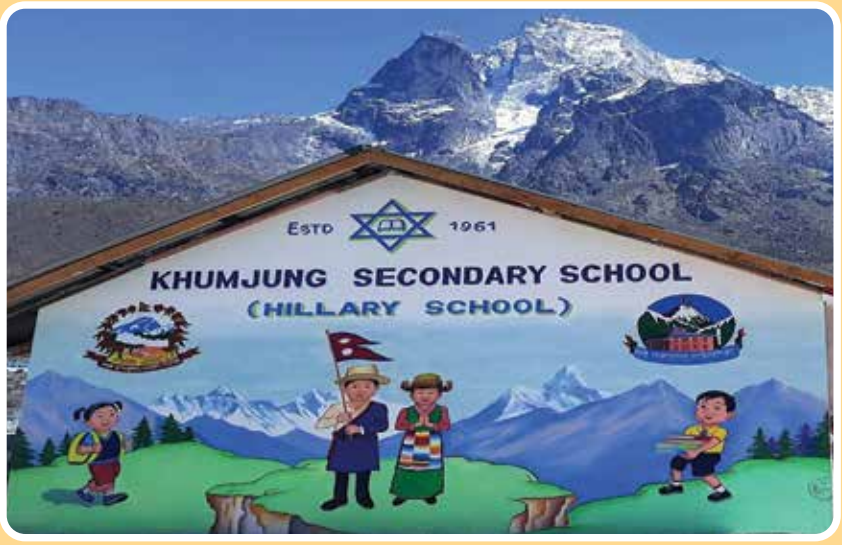
Despite its achievements, Khumjung Secondary School faces challenges such as geographical isolation, harsh weather conditions, and limited resources. However, with continued support from organizations like the Himalayan Trust and dedicated educators, the school continues to strive for excellence. The Himalayan Trust has provided support in various forms, including funding five teachers, supplying stationery, supporting hostels, and offering teacher training. The school's success is a result of continuous support from the Himalayan Trust.

We extend our heartfelt thanks to all teachers, students, parents, SMC, PTA, stakeholders, the Himalayan Trust, and well-wishers for their contributions to this success. Your support has been invaluable in making this achievement possible.

Thank you for being part of our success and helping us reach new heights in education.

Hillary school attains Himalayan heights

Khumjung Secondary School Established by Edmund Hillary Sees a 100% SEE Pass Rate



Khumjung Secondary School achieved a 100% pass rate to become the the top-performing school in Solukhumbu district in the 2024 SEE.

Khumjung Secondary School became the the top-performing school in Solukhumbu district last week in the 2024 Secondary Education Examination (SEE), achieving a 100% pass rate with exceptionally high personal scores.

Khumjung's 27 students, comprising 15 girls and 12 boys, had two pupils scoring A+, 12 scoring A, 11 scoring B+, and two scoring a B. Khamsu Wongdu Sherpa's A+ score of 3.9 Grade Point Average (GPA) was the highest for a boy in the district.

Solukhumbu topped the 14 districts of Kosi Province with a pass rate of 87%. Nationwide, 47.86% of students who took the SEE in 2024 passed the examinations.

Much credit for the results have gone to former Headmaster Ngawang Dorjee Rai, and the new incumbent, Kancha Nuru Sherpa and his team. Unlike other community schools in Nepal, the students of Khumbu Pasang Lhamu Rural Municipality take the exams in English.

"We are very proud of our exemplary Quality Educational Programme, which is supported by the New Zealand Ministry of Foreign Affairs and Trade," said Alexander Hillary, grandson of Edmund Hillary who runs Himalayan Trust in New Zealand that supports the school. "We aspire for the best, we listen to what is needed, we discuss with local leaders, and we rigorously monitor and evaluate in order to get the best results."

It would have been the great grandfathers of today's high-achieving Khumjung students who long ago answered Edmund Hillary's request of what he could do to help the Sherpas. Their answer was: "Our children have eyes but they cannot see. We would like you to open their eyes by building a school in our village."



A classroom at Khumjung Secondary School in Solukhumbu.



Teachers attend a school based training programme at a computer lab.

Last year during the Everest 70th Anniversary celebrations, pupils of Khumjung Secondary School took time out from their study schedule to welcome local dignitaries. Thronging their sprawling school compound in the Everest region were descendants of Edmund Hillary and Tenzing Norgay, who together first scaled the world's highest mountain in 1953. Also attending was former New Zealand prime minister, former head of UNDP and patron of Himalayan Trust, Helen Clark.

"I am so impressed by the wonderful results in national examinations by Solukhumbu students," Clark said this week. "I am pleased that the Himalayan Trust has long supported schools in the region so that young people can develop to their full potential."

The Khumjung School started as a two-room 'schoolhouse in the clouds' -- the very first classroom in the Khumbu Edmund Hillary built with his own hands, with family and friends in 1961. Reimagined as a New Zealand-designed Visitor Centre, the modest tin building's colourful displays feature the legacy of the Sherpas and the history of Mt Everest.

The Himalayan Trust supports 108 schools in five rural municipalities of Solukhumbu with resources and equipment, training and salary support for teachers and scholarships for students to pursue higher studies.

Pasang Dawa Sherpa, Chair of Himalayan Trust Nepal says: "We are delighted that Sir Ed's humble beginnings have reached such impressive heights. Our schools can easily match the standard of Kathmandu-based schools with their overall achievements."

In Chaurikharka below Lukla, the Mahendra Jyoti Secondary School came second after Khumjung. Of their 52 pupils, 12 passed with an A grade, 36 with B+, and four with B.

Deputy Mayor Tashi Lhamu Sherpa says: "We are so pleased with these overall results. High standards of education give our people options for their future."

With the support of the New Zealand-based EduTech Nepal, 43 computer labs have been set up in Solukhumbu schools, integrating



Edmund Hillary, his family, and friends took a hands-on approach to the school's construction.





The aluminium building of the school built in 1961 and the school today (below).

technology with teaching and learning. Says founder Mike Chisholm: "The EduTech mission is to transform education with technology. We are thrilled with the recent SEE results, particularly the encouraging marks for ICT and computer courses."

The Himalayan Trust is the Nepali NGO that implements these projects, navigating within the national school system. Although aware of its limitations, flaws and curriculum controversies, the accomplishments of Solukhumbu students are being recognised whilst hoping for reform and future improvements.

Besides the ones in Khumjung and Chaurikharka, Himalayan Trust has built 42 schools in Solukhumbu including in Kharikhola, Nunthala, Junbesi, Loding, Bhakanje, and Thame. It has also supported the establishment of Solukhumbu Multiple Campus, says Mingma Norbu Sherpa, CEO of Himalayan Trust Nepal.

Nepal's first female warden conservation officer Sushma Rana Magar manages Sagarmatha National Park from her headquarters above Namche, and says: "I hope pupils will study conservation, I would love to see more Sher-



The first batch of students ofKhumju Secondary School.



Peter Hillary and his son Alexander Hillary are Chairman and CEO of Himalayan Trust New Zealand, raising funds for Nepal including from the NZ government. Photo LISA CHOEGYAL

pas becoming wardens and district forest officers in future."

In a very different world today, and education has given Sherpas options and confidence to lead in many fields beyond mountaineering and trekking. Graduates have excelled as teachers, nurses, doctors, dentists, physiotherapists, hoteliers, engineers, scientists, singers, and professors. They serve as government ministers, ambassadors, honorary consuls and political leaders. Sherpas own airlines, operate helicopters and fly jets.

Says Edmund Hillary's son Peter: "My father's vision was to deliver a strong education program to the Everest region of Nepal and secure a brighter future for as many children and young people as possible. I think he would be immensely pleased with these results, as are we.'



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Lisa Choegyal
Writer

ANNEX 6

LIST OF TEACHING MATERIALS AND SUPPORTED SCHOOLS

Quality Education Programme in Solukhumbu Teaching materials (stationery supplies) for 107 schools of Solukhumbu and 1 school of Rolwaling for the year 2024										
SN	Particulars/ Schools	Specification	Unit	Rate	SBTTP (65 Schools)		LIL (43 School)		Total (108 Schools)	
Student Number	ECED				876				876	
	1-3				1483				1483	
	4-5				1126				1126	
	6-8				1391				1391	
	9-10				716				716	
	11-12				492				492	
	Total				6084		1632		7716	
General stationery										
			Qty	Rate	Qty	Amount	Qty	Amount	Qty	Amount
1	Teacher atten register	40 sheet, nepali paper, hard cover as per given design	Pcs.	450	25	11250	34	15300	59	26,550.00
2	Student atten register	30 sheet, Hard Cover as per given design	Pcs.	38	393	14934	224	8512	617	23,446.00
3	Exam copy	400 sheet, 60gsm, 11" X 18"	Rim	400	395	158000	114	45600	509	203,600.00
4	A4 paper	Double A, 80 gsm	Rim	520	395	205400	104	54080	499	259,480.00
5	Multicolor paper (Mix Colour)	A4 Size, 100 pcs mix colour, indonesian, 120gm	Rim	230	62	14260	65	14950	127	29,210.00
6	Nepali Record File with rope	Nepali paper pasting, good quality as per given design	Pcs.	5	8595	42975	3173	15865	11768	58,840.00
7	Large Copy 100 page	234x176 mm, 64 gsm, 100 pages including cover as per given design	Dz.	360	1666	599760	308	110880	1974	710,640.00

8	Mix Color Drawing paper	25"x35 1/2", 120gsm, indonesia	Pcs.	13	1150	14950	1170	15210	2320	30,160.00
9	White board marker (Mix Colour)	Pointline , Refillable	Doz.	340	188	63920	63	21420	251	85,340.00
10	White board marker ink (Black)	Pointline 30ml, 12 pieces	Box	955	26	24830	46	43930	72	68,760.00
11	Pencil	Doms, Super dark HB/2 graphite pencils	Pkt.	55	1621	89155	488	26840	2109	115,995.00
12	Eraser	Doms	Pcs.	4	5190	20760	2349	9396	7539	30,156.00
13	Pencil Sharpner	Large Table sharpner KW- trio 0310A	Pcs.	450	75	33750	77	34650	152	68,400.00
14	Dot pen (Black)	Cello, Technotip	Pkt.	125	188	23500	94	11750	282	35,250.00
15	Dot pen (Red)	Cello, Technotip	Pkt.	125	186	23250	72	9000	258	32,250.00
16	Permanent Marker (Mix Colour)	Pointline , Refillable	Doz.	340	76	25840	55	18700	131	44,540.00
17	White board duster	Boho, White board eraser	Pcs.	45	368	16560	61	2745	429	19,305.00
18	Card Board Paper	Thick	Pcs	35	250	8750	370	12950	620	21,700.00
19	Glue stick	Deli 7103 washable glue, 36g/PVA	Pcs.	55	153	8415	249	13695	402	22,110.00
20	Transparent Tape	2 inch, Big Roll, 800 gm,Transparent white	Pcs.	575	23	13225	39	22425	62	35,650.00
21	Masking Tape	Comet, 20 meter, 1 inch	Pcs.	55	150	8250	173	9515	323	17,765.00
22	Scissor	Deli classic-6010, 8.5"	Pcs.	175	20	3500	57	9975	77	13,475.00
23	Paper cutter	Deli 2041	Pcs.	175	20	3500	62	10850	82	14,350.00
Sports Item										
24	Volleyball	Mikasa	Pcs.	2850	35	99750	11	31350	46	131,100.00
25	Football	Addidas	Pcs.	1375	68	93500	25	34375	93	127,875.00
26	Skipping rope	2 meter (for 5-10years age group children)	Pcs.	100	0	0	45	4500	45	4,500.00
Additional Material										
27	Fevicol	1 Kg	Pcs.	300	0	0	35	10500	35	10,500.00
28	Crayon color	Camel Wax Crayons Jumbo 12 Shades	Pkt.	75	0	0	205	15375	205	15,375.00

29	Newsprint paper	23" X 36", 100 pcs	Roll	300	0	0	39	11700	39	11,700.00
30	White board	3*5, Indian	Pcs	2175	0	0	26	56550	26	56,550.00
31	Stappler	Kangaro stapler .10	Pcs	65	0	0	54	3510	54	3,510.00
32	Stappler pin	Kangaro stapler no. 10	Pkt.	13	0	0	123	1599	123	1,599.00
33	Map of Nepal	Chart	Pcs.	350	0	0	10	3500	10	3,500.00
34	Push pin	15-25 mm	box	65	0	0	59	3835	59	3,835.00
35	Ruler	Plastic Thick, 2 ft	Pcs	75	0	0	58	4350	58	4,350.00
36	Double Side Foam Tape	Oddy Mounting Tape (5 metre)	Pcs	55	0	0	104	5720	104	5,720.00
37	Punching Machine	Kangaro 600 Punching Machine	Pcs	250	0	0	23	5750	23	5,750.00
					Total Amount		**1,621,984.00**	**730,852.00**		**2,352,836.00**
					13%TAX		210,857.92	95,010.76		305,868.68
					Grand Total		**1,832,841.92**	**825,862.76**		**2,658,704.68**

Quality Education Programme in Solukhumbu Teaching materials (stationery supplies) for 107 schools of Solukhumbu and 1 school of Rolwaling for the year 2024					
SN	Name of School	Address	Number of Students		
			Boy	Girl	Total
A	**Solu Dudhkunda Municipality, Solukhumbu**	**34 Schools**	**1277**	**1407**	**2684**
1	Taksindu Secondary School	Solu Dudhkunda Municipality-1, Nunthala	111	91	202
2	Babuchhiri Basic School	Solu Dudhkunda Municipality-1, Sat	5	6	11
3	Saraswoti Basic School	Solu Dudhkunda Municipality-1, Fuleli	49	60	109
4	Ringmu Basic School	Solu Dudhkunda Municipality-1, Ringmu	14	10	24
5	Bal Bikash Basic School	Solu Dudhkunda Municipality-1, Chhulemu	15	12	27
6	Dudhkunda Basic School	Solu Dudhkunda Municipality-1, Hewa	5	6	11
7	Deku Basic School	Solu Dudhkunda Municipality-1, Deku	5	2	7
8	Junbesi Secondary School	Solu Dudhkunda Municipality-2, Junbesi	55	46	101
9	Himalayan Sherpa Buddhist Basic School	Solu Dudhkunda Municipality-2, Phungbo-che	50	27	77
10	Mopung Basic School	Solu Dudhkunda Municipality-2, Mopung	6	2	8
11	Buddha Academy Basic School	Solu Dudhkunda Municipality-2, Tumbuk	23	8	31
12	Beni Basic School	Solu Dudhkunda Municipality-2, Salabesi	9	11	20
13	Beni Basic School	Solu Dudhkunda Municipality-2, Beni	2	6	8
14	Setidevi Basic School	Solu Dudhkunda Municipality-2, Char-ghare	12	27	39
15	Namobudhha Basic School	Solu Dudhkunda Municipality-2, Fera	23	16	39
16	Pikey Secondary School	Solu Dudhkunda Municipality-3, Loding	44	56	100
17	Tenjing Norgay Basic School	Solu Dudhkunda Municipality-3, Boldo	3	10	13
18	Phalamkhani Basic School	Solu Dudhkunda Municipality-3, Ta-makhani	4	9	13
19	Jwalamai Basic School	Solu Dudhkunda Municipality-3, Ta-makhani	10	13	23
20	Dudhkunda Basic School	Solu Dudhkunda Municipality-4, Phaplu	60	100	160
21	Phaplu Community Secondary School	Solu Dudhkunda Municipality-4, Phaplu	95	77	172
22	Surke Basic School	Solu Dudhkunda Municipality-4, Chiwang	11	11	22
23	Kyamje Basic School	Solu Dudhkunda Municipality-4, chhinak-pu	5	10	15
24	Manju Shree Basic School	Solu Dudhkunda Municipality-4, Lura	8	14	22
25	Jana Jagriti Secondary School	Solu Dudhkunda Municipality-5, Salleri	356	431	787

26	Serga Basic School	Solu Dudhkunda Municipality-5, Serga Bagam	7	3	10
27	Jana Jagriti Basic School	Solu Dudhkunda Municipality-5, Salleri	138	157	295
28	Samata Basic School	Solu Dudhkunda Municipality-5, Salleri	75	64	139
29	Thhekchhen Pema Chholing Gomba School	Solu Dudhkunda Municipality-5, Salleri	0	25	25
30	Dorpu Basic School	Solu Dudhkunda Municipality-6, Dorpu	16	23	39
31	Swornim Basic School	Solu Dudhkunda Municipality-6, Swornim	13	17	30
32	Janasudhar Basic School	Solu Dudhkunda Municipality-6, Khoria	21	27	48
33	Saraswoti Basic School	Solu Dudhkunda Municipality-6, Kunikhop	3	3	6
34	Ramailo Jyoti Basic School	Solu Dudhkunda Municipality-6, Jaidu	24	27	51
B	**Khumbu Pasang Lhamu RM, Solukhumbu**	**22 Schools**	**1105**	**864**	**1969**
1	Kharikhola Secondary School	Khumbu Pasang Lhamu RM-1 , Kharikhola	139	122	261
2	Buksa Basic School	Khumbu Pasang Lhamu RM-1 , Buksa	27	21	48
3	Naulekh Basic School	Khumbu Pasang Lhamu RM-1 , Poiyan	13	8	21
4	Mera Basic School	Khumbu Pasang Lhamu RM-1 , Mera	2	3	5
5	Pankonija Basic School	Khumbu Pasang Lhamu RM-1 , Pangoom	3	2	5
6	Kharikhola Gomba School	Khumbu Pasang Lhamu RM-1 , Kharikhola	15	0	15
7	Lukla Basic School	Khumbu Pasang Lhamu RM-2 , Lukla	194	169	363
8	Sagarmatha Basic School	Khumbu Pasang Lhamu RM-2 , Surke	4	3	7
9	Lukla Gomba School	Khumbu Pasang Lhamu RM-2 , Lukla	20	0	20
10	Mahendra Jyoti Secondary School	Khumbu Pasang Lhamu RM-3 , Chaurikharka	167	141	308
11	Janasewa Basic School	Khumbu Pasang Lhamu RM-3 , Sano Gumela	81	59	140
12	Yuba Barsha Basic School	Khumbu Pasang Lhamu RM-3 , Monjo	20	15	35
13	Pema Chholing Basic School	Khumbu Pasang Lhamu RM-3 , Ghat	23	31	54
14	Manjushree Basic School	Khumbu Pasang Lhamu RM-3 , Chheplung	13	11	24
15	Pema Chholing Gomba School	Khumbu Pasang Lhamu RM-3 , Thulo Gumela	25	0	25
16	Khumjung Secondary School	Khumbu Pasang Lhamu RM-4 , Khumjung	146	150	296
17	Pangboche Basic School	Khumbu Pasang Lhamu RM-4 , Pangboche	14	5	19
18	Phortse Basic School	Khumbu Pasang Lhamu RM-4 , Phortse	9	1	10
19	Tengboche Gomba School	Khumbu Pasang Lhamu RM-4 , Tengboche	26	0	26
20	Thame Basic School	Khumbu Pasang Lhamu RM-5 , Thame	32	20	52
21	Himalaya Basic School	Khumbu Pasang Lhamu RM-5 , Namche	117	103	220
22	Thame Gomba School	Khumbu Pasang Lhamu RM-5 , Thame	15	0	15
C	**Likhu Pike RM, Solukhumbu**	**5 Schools**	**190**	**222**	**412**
1	Goli Gyapchuka Basic School	Likhu Pike Rural Municipality-1, Goli	18	30	48

2	Kamalamai Basic School	Likhu Pike Rural Municipality-1, Maili	60	57	117
3	Lumu Karma Basic School	Likhu Pike Rural Municipality-1, Goli	11	13	24
4	Chandeshwori Basic School	Likhu Pike Rural Municipality-1, Meski	21	25	46
5	Bhakanje Secondary School	Likhu Pike Rural Municipality-5, Bhakanje	80	97	177
D	**Thulung Dudhkoshi RM, Solukhumbu**	**1 School**	**8**	**19**	**27**
1	Sagarmatha Basic School	Thulung Dudhkoshi Rural Municipality-5, Jubu	8	19	27
E	**Gaurishankhar RM, Dolakha**	**1 School**	**27**	**0**	**27**
1	Rolwaling Basic School	Gaurishankhar Rural Municipality-1, Rolwaling	27	0	27
F	**Mapya Dudhkoshi RM, Solukhumbu**	**20 Schools**	**299**	**322**	**621**
1	Juving Secondary School	Mapya Dudhkoshi RM-1, Juving	57	75	132
2	Dudhkoshi Basic School	Mapya Dudhkoshi RM-1, Bumburi	56	38	94
3	Deep Jyoti Basic School	Mapya Dudhkoshi RM-1, Didam	21	18	39
4	Jana Kalyan Basic School	Mapya Dudhkoshi RM-1, Hatemu	16	23	39
5	Chomolung Basic School	Mapya Dudhkoshi RM-2, Kaku	8	11	19
6	Amarjyoti Basic School	Mapya Dudhkoshi RM-2, Kaku	11	8	19
7	Himalaya Laliguransh Basic School	Mapya Dudhkoshi RM-2, Kaku	8	6	14
8	Nawapragati Basic School	Mapya Dudhkoshi RM-2, Dadagaun	13	11	24
9	Devistan Basic School	Mapya Dudhkoshi RM-2, Devisthan	21	19	40
10	Siddakali Basic School	Mapya Dudhkoshi RM-4, Kaku	8	16	24
11	Janakalyan Basic School	Mapya Dudhkoshi RM-4, Rapchha	10	11	21
12	Buddibikas Basic School	Mapya Dudhkoshi RM-5, Waku	2	1	3
13	Sundarjharana BS Basic School	Mapya Dudhkoshi RM-5, Chhanga	11	9	20
14	Illumpeak Basic School	Mapya Dudhkoshi RM-6, Tamakhani	1	0	1
15	Saraswoti Basic School	Mapya Dudhkoshi RM-6, Waku	6	9	15
16	Namuna Basic School	Mapya Dudhkoshi RM-6, Waku	3	4	7
17	Namuna Jyoti Basic School	Mapya Dudhkoshi RM-6, Kaku	7	6	13
18	Sagarmatha Basic School	Mapya Dudhkoshi RM-6, Wapsa	17	18	35
19	Buddibikas Basic School	Mapya Dudhkoshi RM-7, Solaban	20	35	55
20	Inkhu Basic School	Mapya Dudhkoshi RM-7, Sibuche	3	4	7
G	**Sotang RM, Solukhumbu**	**13 Schools**	**271**	**246**	**517**
1	Hulu Secondary School	Sotang Rural Municipality-1, Gauritar	65	54	119
2	Pipalbot Basic School	Sotang Rural Municipality-1, Khorda	12	7	19
3	Basuki Basic School	Sotang Rural Municipality-2, Pawai	33	29	62
4	Chepel Basic School	Sotang Rural Municipality-2, Chepel	43	29	72
5	Toshkham Basic School	Sotang Rural Municipality-3, Kumlu	12	22	34
6	Basuki Basic School	Sotang Rural Municipality-4, Gomda	8	10	18

7	Panchakanya Basic School	Sotang Rural Municipality-4, Shusla	18	26	44
8	Janajagriti Basic School	Sotang Rural Municipality-4, Rok	14	7	21
9	Janachetana Basic School	Sotang Rural Municipality-4, Dimbul	11	14	25
10	Dipjyoti Basic School	Sotang Rural Municipality-4, Chitre	8	8	16
11	Pathibhara Basic School	Sotang Rural Municipality-4, Nipane	14	15	29
12	Narkel Basic School	Sotang Rural Municipality-5, Narkel	26	17	43
13	Himalaya Basic School	Sotang Rural Municipality-5, Kelchak	7	8	15
H	**Mahakulung RM, Solukhumbu**	**12 Schools**	**726**	**733**	**1459**
1	Khiraule Basic School	Mahakulung Rural Municipality-1, Khiraule	22	40	62
2	Himchuli Basic School	Mahakulung Rural Municipality-1, Bung	46	58	104
3	Sagarmatha Secondary School	Mahakulung Rural Municipality-1, Bung	359	339	698
4	Chomolungma Basic School	Mahakulung Rural Municipality-2, Ningkham	60	61	121
5	Pelmang Basic School	Mahakulung Rural Municipality-2, Pelmang	135	132	267
6	Jana Sudhar Basic School	Mahakulung Rural Municipality-3, Denam	38	56	94
7	Denam Basic School	Mahakulung Rural Municipality-3, Chhemsi	27	18	45
8	Mahakulung Basic School	Mahakulung Rural Municipality-3, Cheskam	12	14	26
9	Chheskam Basic School	Mahakulung Rural Municipality-3, Cheskam	8	4	12
10	Yuwa Basic School	Mahakulung Rural Municipality-4, Tiuachhere	5	3	8
11	Sahid Smriti Basic School	Mahakulung Rural Municipality-4, Shabdi	10	4	14
12	Ghyang Kharka Basic School	Mahakulung Rural Municipality-5, Ghyangkharka	4	4	8
Total		**108 Schools**	**3903**	**3813**	**7716**



Dillibazar, Kathmandu, Nepal
Tel: +977 01-4512168/4514750
Email: info@himalayantrust.org.np
www.himalayantrust.org.np

HIMALAYAN TRUST NEPAL