



PE Curriculum Overview



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Transport and travel		Gross Motor Multi-skills		Games with rules	
Reception	Fun Move	Fun Move	Gymnastics	Multi Skills	Team Games	Team Games
	Gross Motor Multi Skills	Gross Motor Multi-skills	Team games	Parachute Games	Dance	Athletics
Year 1	Team Games	Invasion Games	Invasion games (Football)	Dance	Striking and fielding	Athletics
	Multi skills (Running and jumping)	Athletics (Circuit training)	Gymnastics	Team Games	Net and wall (Bat and Ball)	Multi Skills
Year 2	Invasion Games (Football)	Team games	Problem Solving	Gymnastics	Athletics - Fitness Circuits	Striking and fielding (Rounders)
	Multi Skills (Throwing and catching)	Invasion (Hockey)	Team games (Target games)	Athletics (Skipping)	Net and wall (Fundamentals)	Athletics (Animal Olympics)
Year 3	Problem Solving	Gymnastics (Shape)	Striking and Fielding	Dance	Net and wall (Badminton)	Striking and fielding (Rounders)
	Athletics (Circuit training)	Invasion (Basketball)	Invasion (Football)	Invasion (Dodgeball)	Athletics (Skipping)	OAA (Year 3 OAA)
Year 4	Invasion Games (Football)	Problem solving	Striking and fielding	Invasion (Hockey)	Net and wall (Tennis)	Invasion (Dodgeball)
	Swimming	Swimming	Dance	Gymnastics	Athletics -(Skipping)	Striking and Fielding (Rounders)
Year 5	Invasion Games (Football)	Striking and fielding (cricket)	Net and wall Tennis	Gymnastics	Problem solving	Team games
	OAA	Invasion games (Netball)	Swimming	Swimming	Athletics	Leadership in PE
Year 6	Invasion (Football)	Striking and fielding (cricket)	Net and Wall (Badminton)	Dance	Athletics (Olympic games)	Striking and Fielding
	Athletics (Circuit training)	Net and wall (Volleyball)	Gymnastics	Invasion (Basketball)	Swimming	Swimming



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