



St Catherine's PSHE Curriculum Overview

Year 5 and Year 6 UPKS2

Term	Wk	Autumn 1
Autumn 1	1	Transition 3 Houses and Safety map Class Rules
	2	British Values - Democracy/Voting - House captain voting
	3	Zones of Regulation
	4	Fair trade fortnight
	5	Friendships
	6	Online safety
	7	Show racism the RED card
	8	Black History month
		Autumn 2
Autumn 2	1	3 Houses- Safety map Remembrance week
	2	Anti-Bullying Week
	3	Ten Ten- Calming the storm MI U1
	4	Ten Ten - Gifts and Talents MI U2 UK Parliament Week
	5	Ten Ten - Girls bodies MI U2
	6	Ten Ten- Boys bodies MI U2
	7	Ten Ten- Spots and sleep MI U2
		Spring 1
Spring 1	1	3 Houses- Safety map Ten Ten- Body image MI U3
	2	Ten Ten- Peculiar feelings MI U3
	3	Ten Ten - Emotional changes MI U3
	4	Ten Ten - Seeing stuff online MI U3
	5	Childrens mental health week- Making babies part 1 MI U4
	6	Ten Ten - Menstruation MI U4
		Spring 2
Spring 2	1	3 Houses- Safety map



		Ten Ten - Hope beyond death M1 U4
	2	St Georges day
	3	Ten Ten - God is calling you M2 U1
	4	Ten Ten - Under pressure M2 U2
	5	Ten ten - Do you want a piece of cake? M2 U2
	6	Ten Ten - Self talk M2 U2
	7	British values Year 5 Build others up Year 6 Ten Ten
Summer 1		
Summer 1	1	3 Houses and safety map
	2	Ten Ten - Sharing isn't always caring M2 U3
	3	Ten Ten- Cyberbullying M2 U3
	4	Mental health awareness week
	5	Ten Ten - Types of abuse FGM (letter needed for parents before lesson)
Summer 2		
Summer 2	1	3 houses and safety map
		Ten Ten- Impacted lifestyles M2 U4
	2	Ten Ten Making good choices M2 U4
	3	Ten Ten Giving assistance M2 U4
	4	Ten Ten - The holy trinity M3 U1
	5	Ten ten- Catholic Social teaching M3 U1
	6	Ten Ten - Reaching out M3 U2

Appendix:

Autumn 1 work recorded in PSHE folder and any other PSHE work not linked to Ten Ten

Ten Ten live life to the full sessions must be completed and recorded booklets.