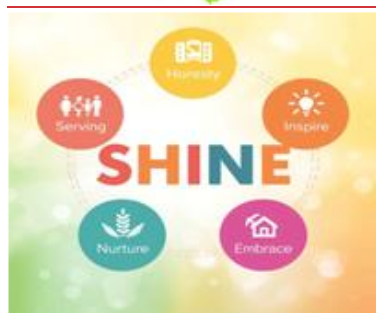




St Catherine's Catholic Primary School

'Let your light shine and set the world on fire'



Upcoming events

Fair Trade Fortnight -
21st Sept - 2nd Oct

Year 6 Trip - 29th Sept

Year 5 Trip - 2nd Oct

Year 4 Trip - 7th Oct

SEND Coffee Morning -
7th October 9am

Year 3 trip - 14th
October

Show Racism the Red
Card - Wear Red Day -
16th October

Harvest Festival - 22nd
Oct Sports Hall 2.15pm

Newsletter

Dear Parents and Carers,

We have had a lovely week in school and there has been much to celebrate.

Thank you to everyone who supported our Macmillan Coffee Morning, organised by our Year 6 pupils as part of their Faith in Action work. Your generosity and support are greatly appreciated.

A big thank you also to the parents who took the time to attend the RISE Emotional Regulation Workshop. We hope you found the session informative and helpful in supporting your children.

We finished the week by celebrating European Day of Languages, with each class learning about a different country's language and culture. The children thoroughly enjoyed exploring the rich diversity of languages spoken across Europe and expanding their understanding of the wider world.

As we now look ahead to our Harvest Festival, we will be collecting donations of food items to support those in need within our local community. If you are doing your shopping this weekend, we would be very grateful if you could add an extra item or two to your trolley for our harvest collection. Every donation, no matter how small, will help make a difference to local families and individuals who may be facing difficult times. Thank you, as always, for your continued support and generosity.

We hope you all have a wonderful weekend. Let's hope we enjoy a few more days of sunshine before the autumn weather truly arrives!

Warm regards, Miss Hogg

Ten Ten Parents
Newsletter
[Parent Newsletter](#)





Star Awards

Our Star Awards been handed out to the children for living out our SHINE values.

SHINE Star of the Week - Mason Year 3

Letting your Light Shine Frame - Jamie Year 5

Nursery - Sebastian

Reception - Huda & Akthm

Year 1 - John Henry & Simran

Year 2 - Farah & Alistair

Year 3 - Zia & Ahana

Year 4 - Chukwuemeka & Seraphina

Year 5 - Jamie & Zayn

Year 6 - Sahasya & Alexia

ATTENDANCE MATTERS



Reception- 87.3%

Year 1 - 89.1%

Year 2 - 98.9%

Year 3 - 100%

Year 4 - 95%

Year 5 - 95.2%

Year 6 - 91.5%

Attendance Winners

Year 5 Year 3

Attendance below 90% has a drastic effect on academic achievement

91-95% is a cause for concern

96-100% is spot on!

Final Call for Sponsor Money!

A huge thank you to everyone who has already returned their sponsorship money. If you have not yet done so, please send it into school as soon as possible.

As an extra incentive, we will be holding a raffle for the class that raises the most money. The prize is a family ticket to the Theatre Royal pantomime, which promises to be a fantastic festive treat for one lucky family.

Every pound raised will help support our school, so please make sure all sponsorship money is returned by the deadline.

Thank you for your continued support and generosity. ☀



What We Have Been Learning

Here is a look at the key ideas and skills we have explored together. 

Nursery – It has been a busy two weeks in Nursery. Our topic of bears has got off to a great start. The children loved the Teddy Toodle and were even more delighted that our classroom was invaded by Goldilocks and the Three Bears. The home corner has become the bears cottage, we have tried some porridge with honey, we made some pictures of Goldilocks and the Three Bears. The following week there were more bears in the Nursery as the children went on a bear hunt and used the repetitive language from the book 'We're Going on a Bear Hunt' to re-tell the story, we have also made our own bear hunt maps. We have begun our phonics programme now and the children are really enjoying hearing different environmental sounds and trying to work out what they are. In maths we have been learning about patterns and how patterns are a repeat, we began by exploring repeats in songs and rhymes and then moved onto looking at how we can repeat objects in lines and towers. In RE we have been learning about the creation story and the children got to go outside and plant some daffodil bulbs so we can watch them grow over the coming months. We have also learned about how God loves each and every one of us and have been thinking about the people we love like our friends and families. On top of that we made some banana bread as part of fairtrade fortnight and learned about Greece and some Greek words for European day of Languages. We hope you enjoy the weekend and your children get time to relax please share with us anything exciting that you have been up to.

Reception – In RE, we have been learning that God created and loves each of us, exploring the wonders of God's creation and how we can care for the world around us. In maths, we have been matching, sorting and comparing objects. In literacy, we enjoyed Time for School, No Worries and I Like Myself, drawing, writing initial sounds and creating self-portraits. In PSHE, we discussed rules, safety and our SHINE values, and learned about Fairtrade by making banana bread. In Understanding the World, we explored different families, learned French songs for European Day of Languages, and sang nursery rhymes and harvest songs in music. We have worked hard in phonics, learning new sounds for reading and writing. The children confidently led class worships on peace and sharing fairly and showed great teamwork during our sponsored walk. Thank you for your generosity and support with donations.

Year 1 – Well done, Year 1, for another great week of learning! This week in maths, we have been learning about place value, exploring tens and ones. In English, we have enjoyed the story *We're Going on a Bear Hunt*, developing our speaking, reading and writing skills. We have also worked really hard in Phonics, practising our sounds, blending and reading. In history, we have been learning about toys from the past and comparing them with toys we play with today. In RE, we have been exploring the Creation story. In PE, we have been developing our ball skills, including throwing, catching and controlling a ball. We also celebrated European Languages Day by learning about France and discovering some French language and culture. In computing, we have been practising our mouse skills, learning how to click, drag and use a mouse confidently. Well done everyone for all your hard work this week!

Year 2 - Over the past two weeks, Year 2 have had lots of fun while working incredibly hard across all areas of their learning. In English, we have completed our Little Red Reading Hood unit, exploring all the tricks and twists within the story, before creating our very own versions. The children have enjoyed developing their own characters, settings and exciting tales, and we have been so impressed by their creativity and imagination. We have also been doing some fantastic work in maths, working hard together and showing great perseverance when faced with new challenges. In history, we have completed two fascinating lessons learning about Felicity Aston and Christopher Columbus. The children have enjoyed finding out about their lives, journeys and achievements and have asked some fantastic questions along the way. In science, we have been learning all about healthy eating and investigating what happens to our bodies after exercise. The children really enjoyed carrying out our investigation and observing the changes that take place when we exercise. We have also loved our RE lessons, following the new RED Curriculum. The children have produced lots of thoughtful and beautiful pieces of work and have really enjoyed sharing their ideas and reflections. Well done, Year 2, for all your hard work and enthusiasm over the past two weeks.

Year 3 - What an incredible couple of weeks it has been in Year 3! Last week, the children thoroughly enjoyed exploring their Boxes of Delight, which inspired some wonderful still-life drawings in art. We also wrapped up the week with a fantastic sponsored walk—a huge thank you to everyone for the money raised so far! The excitement continued into this week as our classroom buzzed with discovery. In English, the children became true wordsmiths for their Shining Write, crafting lovely poems about the seasons by weaving in beautiful similes and metaphors. In math, we challenged our brains by mastering how to find 100, 10, and 1 more or less than a given number. Our science lessons took us deep into the animal kingdom as we classified creatures as vertebrates or invertebrates, while history saw us turning into detectives to explore how copper was first found and used by ancient civilisations.

Year 4 - This week, the children have completed writing their narratives based on the Disney short film *Feast*. They worked hard to include engaging vocabulary, descriptive language and a clear story structure within their writing. In history, the children explored how the Olympic Games have changed from Ancient Greek times to the modern-day Olympics. They compared different events, participants and traditions, and discussed what has remained the same over time. In science, we conducted an experiment to investigate what happens to an egg when it is left in Coca-Cola. The children made predictions, observed changes and discussed how sugary drinks can affect our teeth. In PE, the children practised their skipping skills, focusing on control, coordination and travelling while skipping. They showed great determination and perseverance as they developed their technique. In RE, we have been delving deeper into the story of Abraham and Sarah. The children explored how their story links to God's covenant and discussed why this promise is significant within Judaism. Well done to all the children for another fantastic week of learning!

Year 5 - Year 5 have had another busy and exciting couple of weeks! In English, we finished our work on *Lights on Cotton Rock* before planning and drafting our own stories about an unexpected friendship. In maths, we have been working hard on ordering and comparing numbers up to 1,000,000. We got creative in Art, producing some fantastic observational drawings of flowers inspired by Georgia O'Keeffe, and in science we have enjoyed getting hands-on with practical experiments to explore different ways of separating mixtures. To top it all off, we all let our light shine during our sponsored walk to Jesmond Dene - we were so proud of the children's enthusiasm and determination!

Year 6 - Year 6 have had a fantastic start to the term and it has been a busy and successful first four weeks. The children thoroughly enjoyed taking part in our sponsored walk and showed great perseverance throughout. In English, they have been working hard to write exciting narratives inspired by *Kensuke's Kingdom*, while in reading they have been developing their retrieval and inference skills through our study of the same text. In RE, the children have explored Creation and Covenant, deepening their understanding of the Creation story and the Fall. Our science learning has focused on fossilisation and we are all looking forward to our school trip next week. Well done, Year 6, for your hard work and enthusiasm. Keep it up!



The Children's Society



NHS
North East and North Cumbria



The Children's Society



The Children's Society

What is emotional regulation?

The ability to understand and manage your **behaviour**, **thoughts** and **feelings** in appropriate ways to meet situational demands.

Regulation:

- Control emotional reactions like anger, excitement
- Positive peer interactions
- Able to focus on tasks
- Control impulses
- Share/take turns in games
- Cope with stressful situations

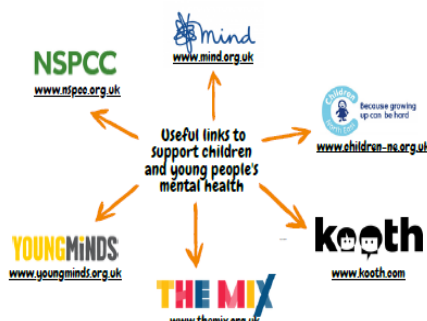
Emotional literacy: where we can name what we feel. Poor emotional literacy can lead to poor emotional regulation as we don't understand why/what is happening.

Dysregulation:

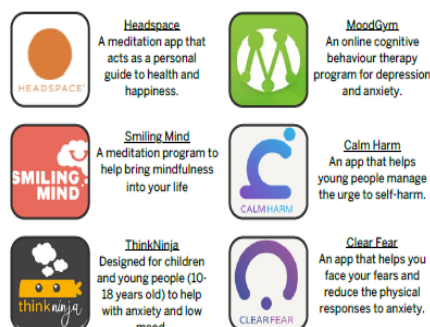
- Outbursts/tantrums
- Destructive/risky behaviours
- Withdrawal/difficulties interacting with others
- Difficulty sleeping



Further Support and Information



Helpful Apps



Emotional Regulation

Information for Parents and Carers

Find us online...



@rise-ne



@rise-ne



facebook.com/rise.ne



rise.childrensociety.org.uk



Sponsored Walk 2026

We had a wonderful time on our sponsored walk through Jesmond Dene. We enjoyed walking together through the beautiful surroundings, spotting lots of nature and wildlife along the way. After our walk, we stopped for a well-earned snack and some time to play. The children enjoyed lots of different games and activities, from playing UNO to rolling down the hills, and there was plenty of laughter throughout the day.

A huge thank you to all of our parents and helpers who came along and supported us. We really appreciate you giving up your time and helping to make the day such a success. We would also like to say a very big thank you for all the generous sponsorship money that has been raised. Your support is greatly appreciated and will make a real difference. It was a fantastic day, and we were incredibly proud of how brilliantly everyone behaved. Well done!

Family Support Update

How Can We Help?

Our Family Support Worker is Susan Jenkins and is available to offer advice and support with:

- Attendance and punctuality
- Emotional wellbeing
- Housing or financial concerns
- Free School Meals applications
- Signposting to local services

If you would like to discuss any concerns, please contact the school office and ask to speak with Susan.

NSPCC Speak Out, Stay Safe

Parents of children in Key Stage 2 have recently received information from the NSPCC about staying safe and speaking to a trusted adult if they are worried about anything.

The NSPCC's Childline service is available for children who need support:

 Childline: 0800 1111

 Childline Website

We encourage parents and carers to continue conversations about staying safe at home.



Contact Information

Should you have any questions, please contact:

School Office: Mrs Johnson & Mrs Roberts 0191 232 6803

office@stcatherinesnewcastle.org

Safeguarding Lead: Miss Hoey 0191 232 6803

office@stcatherinesnewcastle.org

Parent Support Advisor: Susan Jenkins 07506221429

SENCO: Ms Thomas sendco@stcatherinesnewcastle.org