

FAMILY PLANNING & BEYOND



Beck's Core Value of Caring includes supporting our people and their growing families. We hope these resources and benefits provide you with the support and care you need as your family grows. For more detailed information on these benefits and others, review Beck's Family Planning & Leave Guide.

Maven — Support Designed for You and Your Family

No matter where you are on your reproductive and family health journey, Maven and Fertility Solutions Plus are here. Get free 24/7 virtual access to top-rated providers via video appointments, messaging, and classes — all from the comfort of your home — and clinical care from experienced fertility nurses. **Beck is pleased to offer all of Maven's support programs to employees and spouses enrolled in Beck's medical plan.**

Your membership includes:

- » A personal Care Advocate who serves as a trusted guide to help you navigate the platform and connect you with providers.
- » On-demand video chat and messaging with doctors, nurses, and coaches across 35+ specialties, including fertility, mental health, and pediatrics.
- » Provider-led virtual classes and vetted articles — tailored to your journey.

Get personalized support for every step of your journey. You can enroll in Maven at any stage! To sign up and begin accessing these resources, visit mavenclinic.com/join/motherhood-support.

Fertility & Family Building

You have unlimited access to an experienced fertility nurse who can provide information about treatment options and help find Fertility Centers of Excellence to get care. Get financial and personal support for:

- » Preconception
- » Fertility preservation
- » IUI & IVF
- » Male fertility
- » Mental health

Maternity & Newborn Care

Maven OB-GYNs can answer questions you have in-between your in-person visits and help you navigate your symptoms. Maven Pediatricians can answer questions about newborn weight, mystery rashes, and starting solids (and yes, they're available even at 2am!). Get support with things like:

- » Pregnancy
- » Birth planning
- » Infant Sleep
- » Lactation Consultants
- » Return-to-work coaching
- » Miscarriage & loss

Parenting & Pediatrics

Being a parent is the hardest and best job you will ever have. Maven pediatric specialists are here to support you! They can help with:

- » 24/7 pediatric care & specialties
- » Parent coaching
- » Special needs support
- » Childcare navigation
- » Behavioral support

Menopause & Midlife Health

Menopause can bring on physical and mental health changes and challenges. Maven is here to help support you through your entire journey. You have free access to:

- » 24/7 connection to specialists, including OB-GYNs, Mental Health Specialists, Urologists, Nutritionists, Career Coaches, and more.
- » Gender-inclusive care, including prescription support and education for hormonal health (such as HRT and Low-T).
- » Clinically-backed content and classes.
- » Communities to reduce isolation and empower you.