

1. The promoter is SheMed Limited, 184-192 Drummond Street, London, United Kingdom, NW1 3HP trading as SheMed (**Promoter**).

2. The title of the competition is Summer of Wellness.

3. How to enter

3.1 A series of competitions will be scheduled every week starting from 3rd August 2026 (the “**Opening Date**”) to 13th September 2026 (the “**Closing Date**”) inclusive, *i.e.*, there will be one competition held during each of the weeks commencing 3rd August 2026, 10th August 2026, 17th August 2026, 24th August 2026, 31st August 2026, 7th September 2026 and ending on the Closing Date (each “**Competition Week**”). To enter a Competition Week, you must purchase

- a. a SheMed Weight Loss Programme on a 6-month or 12-month commitment plan or upgrade to a 6-month or 12 month commitment plan from your existing SheMed Weight Loss Programme during that Competition Week and continue to be prescribed medication throughout the 6-month or 12-month commitment period.
- b. The SheMed Loyalty Study Weight Loss Programme when you are offered it.

Upon completing your purchase or upgrade, you will automatically be entered into the prize draw for that Competition Week. Each eligible customer will receive only one entry in the Competition Week when the customer purchases the 6-month or 12-month commitment plan or the SheMed Loyalty Study Weight Loss Programme.

3.2 All competition entries for a Competition Week must be received by the Promoter by no later than 23:59 BST on the last day of that Competition Week. Entries received after the end of a Competition Week but before the Closing Date will be entered into the following Competition Week. Entries received after the Closing Date will be disqualified entirely.

3.3 The Promoter will **not** accept responsibility for competition entries that are corrupted, not successfully completed or transmitted, lost, mislaid, damaged or delayed in transit, regardless of cause, including but not limited to any failure of equipment, technical malfunction, systems, satellite, network, server, website, computer hardware or software failure of any kind.

3.4 By entering a competition, you are agreeing to be bound by these terms and conditions.

4. Eligibility

4.1 The competition is open to all residents in the UK aged 18 years or over but under 85 years and are eligible to participate in the SheMed Weight Loss Programmes as per the [terms and conditions](#), **except**:

- (a) employees of the Promoter or its holding or subsidiary companies;
- (b) employees of agents or suppliers of the Promoter or its holding or subsidiary companies, who are professionally connected with the competition or its administration; or

(c) members of the immediate families or households of (a) or (b) above.

4.2 In entering the competition, you confirm that you are eligible to do so and eligible to claim the prize. The Promoter may require you to provide proof that you are eligible to enter the competition.

4.3 The Promoter will not accept competition entries that are:

(a) automatically generated by computer or created by artificial intelligence (including but not limited to chatbots such as ChatGPT or similar software applications);

(b) completed by third parties or in bulk;

(c) illegible, have been altered, reconstructed, forged or tampered with; or

(d) incomplete.

4.4 There is a limit of one entry per person.

5. The prize

5.1 The prize for each Competition Week as listed below.

Competition Week	Prize
3rd August 2026 to 9th August 2026	Ninja Creami
10th August 2026 to 16th August 2026	Hatch Restore 3
17th August 2026 to 23rd August 2026	OmniLux LED Light Therapy Face Mask
24th August 2026 to 30th August 2026	Oura Ring Gen4
31st August 2026 to 6th September 2026	Pilates Essentials Kit
7th September 2026 to 13th September 2026	Theragun Mini

5.2 There is no cash alternative for the prize.

5.3 The prize is not negotiable or transferable.

5.4 The prize draw for each Competition Week will take place on the following Monday (or the next working day if that Monday is a bank holiday) after each Competition Week (**Prize Draw Day**). The winner will be contacted via email by using the email address associated with your SheMed account within the next one week from the Prize Draw Day. For example, if the Competition Week is from 3rd August 2026 to 9th August 2026, all purchases must be made by 23:59 BST on 9th August 2026. The prize draw will take place on 10th August 2026, and the winner will be contacted by 17th August 2026. The winner must respond within 7 days of the communication to claim the prize. The prize will then be

shipped to the winner as soon as practicable thereafter. The Promoter shall require proof of identity and age before awarding the prize.

5.5 For the prize draw, the Promoter will assign each eligible participant a unique random number and select the winning number using the independent random number generator provided by Random.org. We will not share your personal data with Random.org. The participant whose assigned number is selected will be deemed the winner.

5.6 The Promoter accepts no responsibility for any defects in or issues arising from the Prize, including in respect of its working condition or quality. Any such concerns should be directed to the manufacturer directly. The Promoter is under no obligation to repair or replace the Prize in any such circumstances.

6. Winners

6.1 The decision of the Promoter is final and no correspondence or discussion will be entered into.

6.2 The Promoter must either publish or make available information indicating that a valid award took place. To comply with this obligation, the Promoter will send the details of the winner - full name and email address of the prize winners to anyone who emails socialmedia@shemed.com or writes to the address set out in Condition 1 (enclosing a self-addressed envelope) within one month after the Closing Date of the competition.

6.3 If you object to any or all of your information being made available to third parties, please email to socialmedia@shemed.com. In such circumstances, the Promoter must still provide the information and winning entry to the Advertising Standards Authority on request.

7. Claiming the prize

7.1 If you are the winner of the prize, you will have 7 days from the date of communicating to you to claim the prize as per paragraph 5.4. If you do not claim the prize by this date, your claim will become invalid.

7.2 The prize may not be claimed by a third party on your behalf.

7.3 The Promoter will make all reasonable efforts to contact the winner. If the winner cannot be contacted or is not available, or has not claimed their prize within 7 days from the date of communicating to you, the Promoter reserves the right to offer the prize to the next eligible entrant selected from the correct entries that were received before 23:59 BST on the last day of the Competition Week.

8. Limitation of liability

Insofar as is permitted by law, the Promoter, its agents or distributors will not in any circumstances be responsible or liable to compensate the winner or accept any liability for any loss, damage, personal injury or death occurring as a result of taking up the prize except where it is caused by the negligence of the Promoter, its agents or distributors or that of their employees. Your statutory rights are not affected.

9. Data protection and publicity

The Promoter will only process your personal information as set out in the [Privacy Notice](#) and for the purpose of administering this competition. See also condition 5.4, 5.5, 6.2 and 6.3 with regard to the announcement of winners.

10. General

10.1 If there is any reason to believe that there has been a breach of these terms and conditions, the Promoter may, at its sole discretion, reserve the right to exclude you from participating in the competition.

10.2 The Promoter reserves the right to hold, void, suspend, cancel, or amend the prize competition where it becomes necessary to do so.

10.3 These terms and conditions are governed by English law and courts of England & Wales.