

2026 International SADS Foundation Conference

Healthcare Professionals Conference

Friday, November 13, 2026 · TMC Innovation Factory, Houston, TX

Runs concurrently with the Friday afternoon Family Program. All speakers listed are in Houston and available for Saturday family/kids sessions.

7:00 AM **Registration & Breakfast**

8:00 AM **Grand Rounds / McNamara Lecture**

Hearts at Play: Sports and Inherited Cardiac Disease
Michael Ackerman, MD, PhD

9:30 AM Welcome and Opening Remarks
Santiago Valdes, MD

9:45 AM **Test Selection to Family Impact: Practical Genetics in Inherited Arrhythmias**

Moderators: Taylor Beecroft, MS, CGC / Abigail Yesso, MS, CGC

- How Big Should the Net Be? Panels, Exomes, and Genomes in Inherited Arrhythmias
Andrew Landstrom, MD, PhD

- Living in the Gray Zone: Managing Variants of Uncertain Significance and Counseling Families through Ambiguity
Susan Etheridge, MD

- Genetics After Sudden Death: From Autopsy to Action
Heather MacLeod, MS, CGC / Rachel Gosselin, MS, CGC

10:45 AM *Break*

11:00 AM **CPVT Across the Lifespan: Diagnosis, Escalation, and Long-Term Risk**

Moderator: Bryan Cannon, MD

- When CPVT Isn't Obvious: Recognizing Atypical and Borderline Presentations
Christina Miyake, MD

- Beyond Beta-Blockers: Advanced Pharmacotherapy and LCSD in CPVT
Jeffrey Kim, MD

- ICD in CPVT: When Escalation Saves Lives – and When it Doesn't
Shubhayan Sanatani, MD

12:00 PM *Lunch*

1:00 PM **From Desmosomes to Decisions: Modern Approaches to Arrhythmogenic Cardiomyopathy (ARVC / ACM)**

Moderators: Tina Pham, MD / Hanna Tadros, MD

- When Myocarditis is not Myocarditis: Diagnosing ACM in the Gray Zone
Gregory Webster, MD

	• When Training Becomes Triggering: Exercise and Risk in ACM <i>Harikrishna Tandri, MD</i>
	• Targeting the Mechanism: Emerging Disease-Modifying Therapies in ACM <i>Mario Delmar, MD</i>

2:00 PM	From Variant to Treatment: Precision Medicine in Inherited Arrhythmia Care <i>Moderator: Jeffery Kim, MD</i>
	• Genotype-Informed Management in Brugada Syndrome: Are We There Yet? <i>Dominic Abrams, MD</i>
	• Extracardiac contributions to arrhythmias when an arrhythmia variant is expressed beyond the heart <i>Geoffrey Pitt, MD</i>
	• Matching Drugs to Channels: Precision Pharmacotherapy in Inherited Arrhythmias <i>Michael Ackerman, MD, PhD</i>

3:00 PM	<i>Break</i>
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3:15 PM	When Medication Isn't Enough: ICD Strategies in Inherited Arrhythmias <i>Moderator: Santiago Valdes, MD</i>
	• ICD Stewardship in Inherited Arrhythmias: Optimizing Therapy and Minimizing Harm <i>Rachel Lampert, MD</i>
	• Debate: Extravascular ICDs: The Future for Inherited Arrhythmias? <i>Taylor Howard, MD</i>
	• Transvenous ICDs: Proven, Practical, Preferred in Inherited Arrhythmias <i>Charles Berul, MD</i>

4:15 PM	Bridging the Gap: Transitioning Inherited Arrhythmia Patients to Adult Care <i>Moderator: Brynn Dechert, CPNP</i>
	• Blueprint for Successful Inherited Arrhythmia Transition Programs <i>Katherine Saliccioli, MD</i>
	• The Transition Cliff: Preventing Disengagement in Young Adults with Inherited Arrhythmias <i>Peter Aziz, MD</i>
	• The Adult Perspective: Receiving and Managing the Transitioned Inherited Arrhythmia Patient <i>Adi Lador, MD</i>

5:15 PM	Closing Remarks Santiago Valdes, MD
5:30 PM	Reception