



Attention: School Health Professionals

Prevent Sudden Cardiac Arrest in Your Schools

You may have children in your school(s) with an inherited arrhythmia condition. These children usually appear healthy and, if undiagnosed, the young person and her/his parents have absolutely no idea that something might be wrong. Once diagnosed, these conditions are treatable.

We have included material in this packet that will acquaint you with the facts about sudden cardiac arrest in young people, how to determine if syncope (fainting) is life-threatening, screening for inherited arrhythmia conditions, and information you can use to make your school a **FIA Safe School**.

We are asking you to add the Risk Assessment questions (see the attached *Is Your Child at Risk?*) to your school's physical screening forms. If there are any "yes" answers, the student should have a cardiac screening.

We have also included letters for teachers and coaches and samples of individual care plans (one for each condition) that we recommend for all children with inherited arrhythmia conditions.

You can find more materials at fiacardiac.org. We will also be happy to answer any questions you may have. Thanks for your help!

Genevie Echols, RCIS
Family Support Director, FIA
Genevie@fiacardiac.org