



The SADS Foundation is now FIA: The Foundation for Inherited Arrhythmias.
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CPVT, Brugada Syndrome and Arrhythmogenic Cardiomyopathy Receive Their Own Diagnosis Codes for the First Time

New ICD-10-CM codes, effective October 1, 2026, give three inherited heart rhythm conditions accurate medical coding needed for better care, research and clinical trials

SALT LAKE CITY – October 16, 2026 – Following advocacy led by the Foundation for Inherited Arrhythmias (FIA), three inherited arrhythmia conditions that have previously been medically coded under generic diagnosis codes now have codes of their own. As of October 1, 2026, the the International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM) code set used across healthcare systems in the United States includes dedicated codes for catecholaminergic polymorphic ventricular tachycardia (CPVT), Brugada syndrome and arrhythmogenic cardiomyopathy (ACM, also known as ARVC).

FIA, formerly the SADS Foundation, led the full advocacy process with the Centers for Disease Control and Prevention (CDC) for all three codes, including building the clinical case, preparing and submitting the requests, and guiding them through the CDC's ICD-10-CM review process to final approval.

Condition	New ICD-10 code
Catecholaminergic polymorphic ventricular tachycardia (CPVT)	I47.22
Brugada syndrome	I49.81
Arrhythmogenic cardiomyopathy (ACM/ARVC)	I42.81

Until now, these conditions were recorded under broad 'other' codes, including other ventricular tachycardia, other specified cardiac arrhythmias and other cardiomyopathies. These broad categories are shared with many unrelated diagnoses. Patients with these rare, genetic conditions were therefore difficult to identify in medical records, insurance claims, and research datasets.

“Our team took these requests through every step of the CDC process because, for families living with CPVT, Brugada syndrome and ACM, a diagnosis code is more than a billing detail.



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It's how the healthcare system sees them," says Walker Frahm, CEO of the Foundation for Inherited Arrhythmias. "These new codes mean the right diagnosis can follow a person from their cardiologist to the emergency room to the pharmacy, and they give researchers a way to find the people who need new treatments most."

The new ICD-10-CM codes are expected to help in four ways:

- **Coverage:** A precise code helps justify genetic testing, monitoring, device therapy, surgery, or medications needed for patients living with these conditions.
- **Outcomes:** Consistent coding lets clinicians and health systems follow how people with each condition do over time.
- **Research:** Registries and health-record studies depend on codes to identify patients with a specific condition.
- **Clinical trials:** Precise coding makes it easier to find and connect eligible participants to trials, which is critical in rare diseases where every participant counts.

"Science in inherited arrhythmias is moving quickly, with gene therapies and new treatments on the horizon," says Michael J. Ackerman, MD, PhD, FIA president and genetic cardiologist at Mayo Clinic. "But we can't study, track or treat what we can't find. Giving CPVT, Brugada syndrome and ACM their own codes is a practical step that will make these conditions visible in the data, and that will help bring better care to patients and families."

The new codes apply to dates of service on or after October 1, 2026, but existing records will not update automatically. FIA has launched resources for families and healthcare professionals, including a new diagnostic codes page with printable and phone-friendly code cards, at fiacardiac.org/navigating-care/new-diagnostic-codes.

FIA is grateful to the following companies, whose generous support helped make this effort possible: Cardurion Pharmaceuticals, Lexeo Therapeutics, Rocket Pharmaceuticals, Solid Biosciences and Tenaya Therapeutics.

About the Foundation for Inherited Arrhythmias

The Foundation for Inherited Arrhythmias (FIA), formerly the SADS Foundation, is a nonprofit patient advocacy organization dedicated to empowering individuals and families living with inherited arrhythmias to live fully and thrive beyond their diagnosis. Founded in 1991, FIA serves a global community through expert-backed patient empowerment and family support, medical education for clinicians, community-building, research advancement, and life-saving advocacy and awareness efforts. Guided by the world's leading experts in inherited arrhythmias and committed to accelerating medical advances, FIA offers families hope for a life unlimited by their inherited heart rhythm condition.

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