



Get virtual care from anywhere



From 24/7 Virtual Visits for minor issues to primary and specialty care for other health needs, we've made connecting with a provider more convenient.* Choose from these options:



24/7 Virtual Visits

Receive care for nonemergencies – and even get a prescription,** if needed – for:

- Coughs, colds and flu
- Headaches
- Pinkeye
- Rashes
- Stomach pain
- Urinary tract infections (UTIs)



Virtual primary care

Connect with a primary care provider (PCP) for everything from checkups to help with complex conditions, including:

- Acute and chronic care
- Annual wellness visits
- Lab orders
- Non-urgent needs
- Prescription refills**
- Specialist referrals



Virtual specialty care

Get ongoing care from specialists for a variety of needs, such as:

- Cardiac rehabilitation
- Dermatology
- Gastroenterology
- Migraines
- Sleep apnea
- Speech therapy
- Women's health issues

Here's how to connect

Using myuhc.com®

- 1 Log in or register
- 2 Go to **Find Care & Costs > Virtual Care**
- 3 Choose your provider and follow the link to get started

Using the UnitedHealthcare® app

- 1 Log in or register
- 2 Tap **Find Care > Virtual Care**
 - For 24/7 Virtual Visits: Select your provider
 - For primary and specialty care: Tap **See how** then choose your provider
- 3 Follow the link to get started

Need help?

Call the member phone number on your health plan ID card

United
Healthcare®

*Data rates may apply.

** Certain prescriptions may not be available, and other restrictions may apply. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

All UnitedHealthcare members can access a cost estimate online or on the mobile app. None of the cost estimates are intended to be a guarantee of your costs or benefits. Your actual costs may vary. When accessing a cost estimate, please refer to the Website or Mobile application terms of use under Find Care & Costs section.

24/7 Virtual Visits is a service available with a Designated Virtual Network Provider via video, or audio-only where permitted under state law. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. 24/7 Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members.

Virtual primary care are services available with a provider via video, chat, email, or audio-only where permitted under state law. Virtual primary care services are only available if the provider is licensed in the state that the member is located at the time of the appointment. Virtual primary care is not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Certain prescriptions may not be available, and other restrictions may apply.

Virtual Specialists are services available with a provider or coach via video, chat, email, or audio-only where permitted under state law. It is not an insurance product or a health plan. Virtual Specialists are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Certain prescriptions may not be available, and other restrictions may apply.

Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates. Health Plan coverage provided by or through a UnitedHealthcare company.