



# RELATE

## *Conference*

**Freedom Ministry**

**A practical look at the Freedom journey & how to walk alongside those seeking healing**

# What Freedom Is

- A discipleship journey toward healing and wholeness
- A space where the Holy Spirit gets room to work
- A pathway that helps people identify lies, wounds, and patterns

# What Freedom Is Not

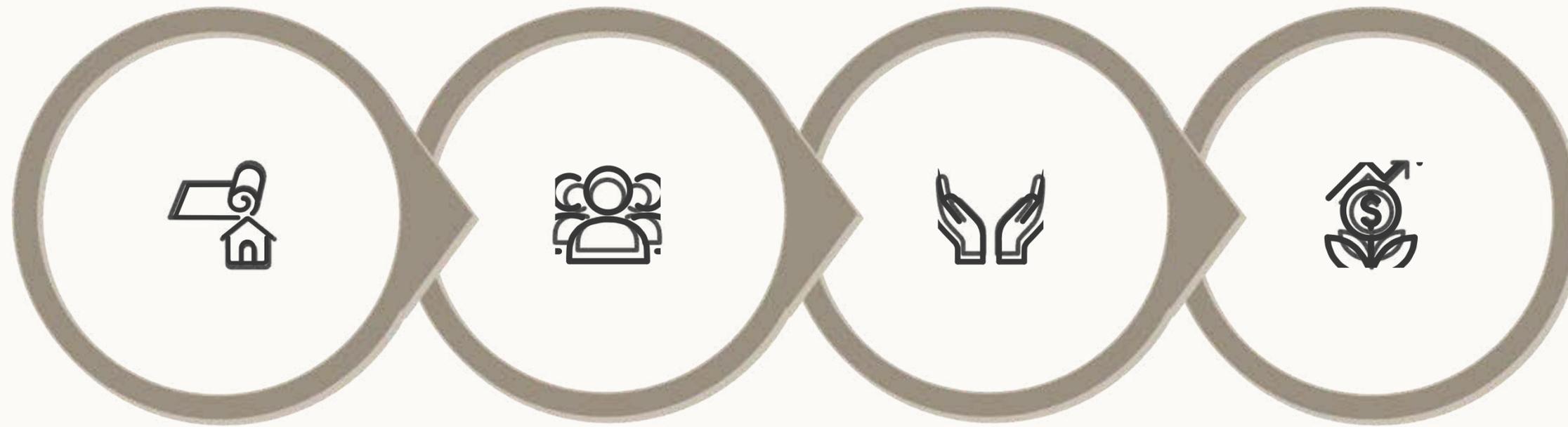
Group therapy

Trauma dumping

A "graduation =  
arrived" mindset

A replacement for  
clinical/professional  
help when needed

# The Freedom Journey



Growth Track On Ramp

Group Journey

One Day Event

Ongoing Discipleship

The goal: transformation, not information

The outcome: wholeness, resilience, spiritual maturity

# Leadership Posture

## Lead From Freedom

"It has to start with you."

- We're not experts leading broken people
- We're people saying "yes" to Jesus and inviting others into the journey

## What Leaders Actually Do (Weekly)

01

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Create safety (tone + trust)

02

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Facilitate, don't dominate

03

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Keep people moving toward Jesus  
(not stuck in the pain)

04

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Protect confidentiality

05

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Know when to escalate into Care

# The Leader's Core Goal

## We Don't Fix People

"We walk with people while Jesus transforms them."

We provide:

environment, structure, shepherding

God provides:

healing, conviction, freedom

# How to Walk Alongside Healing

## 3 Leader Moves

1. Listen first

(be present, not performative)

2. Name what's true

(identity + Scripture)

3. Next faithful step

(small obedience > big speeches)

# What To Do When It Gets Heavy

## When Someone Shares Deep Pain



Stay calm (you set the temperature)

Thank them for trust

Don't rush to solutions

Clarify next steps

- prayer
- follow-up conversation
- escalation to oversight or Care Ministry if needed

# Guardrails That Protect the Room

## Healthy Boundaries

Confidentiality (and its limits)

No "fixing" or diagnosing

No monopolizing airtime

No cross-talk advice binges

Leaders model humility and maturity

# Care Ministry

## When to Escalate

- Safety issues (self-harm, abuse, threats)
- Severe trauma disclosure needing clinical care
- Ongoing crisis situations
- Anything outside leader competency

**Bottom line:** "Freedom leaders are not alone."

# The Culture We're Building

## Freedom Culture



Safe



Honest



Jesus-centered



Scripture-grounded



Spirit-dependent



Process-driven (not personality-driven)

# Common Wins (Prompt for Shares)

## What We Celebrate



Healing stories



New leaders being  
raised up



Breakthrough  
moments



People choosing  
freedom over coping

# Common Challenges (Normalize)

## What We Expect

People moving slow

Resistance + fear

Oversharing or hiding

Leader fatigue (care without boundaries)

# Say Yes to the Journey

"All of us are on the journey."

- Lead from surrender, not expertise
- Build a healing place for a hurting world
- Help people find Jesus, and know His voice
- None of us have arrived.

# What You Can Steal From Bayside?

## Practical Takeaways



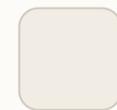
Everything



SOP's



Follow up process



Curriculum



Group Leader Training

# Questions & Answers

Ask anything:

# Connect / Resources

Want help building this?

Leader training  
support

Process + guardrails  
templates

Care escalation  
guidance

Follow-up systems

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