

A dark silhouette of a person's head and hands in a prayerful pose, with hands clasped together. The background is a dark, gradient grey.

PRAYER PARTNER

Training Manual

PRAYER PARTNER



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PART 1 - WHAT IS A PRAYER PARTNER?

What is a prayer partner? At Bayside, a prayer partner supports and lifts up the congregation through prayer. This role extends beyond church services; prayer partners are encouraged to pray for the church throughout the week. Our mission is to know God, Find Family, Discover Purpose, Live in Freedom and one of the ways we accomplish this as a church is we have Prayer Partners.

Why is the prayer partner ministry vital? We are Fishers of Men, leading people to Christ and freedom. Prayer partners help people understand their decision to follow Christ and provide ongoing support. We believe in the power of prayer and partnering with God to bring freedom and healing. That is why as prayer partners we should always use every opportunity to lead people to the Lord. Why? Because Free People, Free People.

Then, it's important for you to know that you will have a **prayer partner leader** who oversees the flow and function of the prayer ministry at each service. Their job is to ensure smooth operations and support both prayer partners and those seeking prayer. They maintain order and provide necessary supplies and spiritual support. So if you have a question, or get into a bind make sure you check with them. They are there to provide covering.

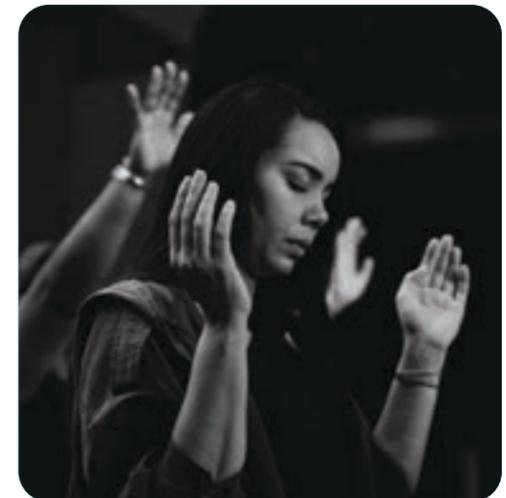
One of the other ways we want to provide covering for you and for your safety, we ask that you do not take personal information home, or give out your own to anyone you pray with. Instead, pass information to your prayer partner leader to ensure proper support and protection.

AS A PRAYER PARTNER, THERE ARE A FEW REQUIREMENTS WE ASK OF YOU.

- Make sure to check in before services
- Wear a name tag and lanyard
- Be ready to pray with people at the platform, in the aisles, or in the lobby.
- Refer people to appropriate ministries as needed and adhere to ministry protocols.
- Report the number of people you pray for to help us steward our congregation effectively.

THE WEEK LEADING UP TO YOU SERVING THERE ARE A FEW THINGS WE WANT YOU TO THINK AND PRAY THROUGH.

- It's so important that you personally are maintaining a personal relationship with God and pursue spiritual and emotional wellness for yourself. We are all on a journey, and none of us have made it yet.
- This heart postures us in humility to make sure we stay humble and not use this privilege to highlight ourselves. This ensures you can effectively minister to others.
- Also, pray before services to cultivate an atmosphere for God to work powerfully. That means come early and pray over the chairs, or with your team, and maybe even pray with others who the Lord reveals.
- Prayer is a weapon and we are in a spiritual war, so that means when you get hit, make sure to seek help from a pastor, mentor, or friend when you need to stay healthy and effective in your ministry! This is so important and this keeps us tight as a family of God.



PART 2 - PRAYER MINISTRY CORE VALUES

Now let's jump into some Prayer Ministry Core Values (Guidelines)

The first thing and always the first thing is that we Pray the Father's Heart. This is crucial because we don't want to slip into praying our agenda, our emotions, or our pain. We want to pray the Father's Heart. This allows us to respect and protect the person receiving prayer ministry from being ministered to by us, but by God's love inside of us. We all know that the Father's Heart is for people, right? He loves people. He is love. So, we respect and protect the person receiving prayer. Prayer partners who focus on this will avoid ministering out of their own strength, opinions, and experiences and guide people to focus on Him too. We want to pray God's Word and God's heart, not our own opinions.

Let me give you an example. If a man requests prayer for a financial breakthrough, here's a prayer that does not focus on God: "Lord, please help this man to work harder so he can make more money." It may be true, but it's not the heart of the Father. Instead, we can pray, "Thank you, Lord, that you are the source of this man's provision. You are faithful and good and you are Jehovah Jireh which means you are his provider" Pray the Father's Heart.

As you listen to someone's prayer request, it's easy to think, "If they just changed this, or did that, they wouldn't have this problem." But that's not our responsibility. Our responsibility is to hear the Father's Heart and speak the words He puts in our hearts. It's ok to pause and ask God, "what do you want me to pray right now?" This submissive heart helps to align our hearts with His.

Why do we focus on God? Because it's how we care for people and glorify God. Hurting people need to connect with God. As much as you are great, awesome, and powerful, you are not the source of people's healing, life, strength, or hope. God may partner with you, but it is ultimately God who heals and restores. It's one thing to be a resource for someone, but it's another to be "The Source". God is the only source of healing.

Now, let's talk about how we relate to people through prayer. We call it = RESPECT and PROTECT. In our culture today, we're losing this idea of respect, but it is crucial. Respect is honor, honor understands that this is their story, and it's not ours to share. We honor their story, we honor their heart. Remember the story of the woman caught in adultery? In a moment He modeled both of these Respect & Protect. He said, "He who is without sin, cast the first stone." He leveled the playing field saying that no one person is any better than another. Jesus took a posture of protection for that woman. We must do the same. This practically could look like maintaining healthy boundaries in prayer, physically and spiritually.

We don't barge into someone's life. We wait to be invited in. Respect their space and maintain healthy boundaries. When someone comes for prayer, they're inviting us into their hurt, wound, and/or trauma. We need God's grace to be compassionate and sensitive.

Lastly, As a prayer partner remember that you are a witness of God's love and grace, not someone's Savior. So try and help others be responsible for their relationship with God. You can't be their savior, they already have one. This is why we never counsel, just pray. If the Holy Spirit reveals to you that they need counseling, connect them with the Prayer Leader who can assist them with filling out a Connect Care ultimately getting them to our Care ministry. But we don't counsel during these times of prayer. Instead encourage them to experience God's presence. Ask them, "What is God saying to you?" People might say, "I can't hear God," but we know that everyone can hear God's voice in different ways. Even non-believers hear Him. Don't rush the moment, help them clear their mind from restless thoughts, and quiet down to hear Him. Don't force anything, encourage them to keep listening for His voice. He will speak. Discernment in prayer is crucial. Be patient with each person's spiritual growth. Rather than attempting to meet every perceived need, focus on what God is saying. This is powerful and transformational. It's not about your knowledge or your experience. It's about His power flowing through us to care for the broken hearted.

Remember this, you can only give away what you experience. So make sure you are asking for prayer as well. That you are staying humble, staying connected to God. Where the Spirit of the Lord is, there is Freedom.

- 1. Pray the Father's Heart**
- 2. Respect and Protect**
- 3. Be a witness not a Savior**

PART 3 - PRAYER PARTNER

11 GUIDELINES

1 **First, let's talk about personal cleanliness**

It's important to dress modestly and be well-groomed. This may seem obvious, but it's worth repeating. Dressing modestly means keeping things professional and not distracting. We want to ensure that our appearance doesn't draw attention away from the purpose of prayer. Cleanliness should also include breath fresheners.

Invest in some breath mints instead of chewing gum. Chewing gum can be distracting and unprofessional. While you might think your breath is fine, a minty fresh smell is always appreciated and helps create a pleasant environment for those we're praying for.

2 **Now, let's move on to responding immediately to prayer needs**

When someone approaches for prayer, respond promptly. Position yourself evenly across the designated area so people can easily access you. Don't feel confined to a specific spot; if you see someone hesitant in the aisle, approach them. Being proactive helps make everyone feel welcome and supported.

3 **Maintaining an open posture is crucial**

This means keeping your body language inviting. Avoid crossing your arms or looking away. Make eye contact and smile. No one wants to approach a grumpy or unapproachable person. A friendly demeanor makes a big difference.

4 **The posture of your heart is just as important**

If you're not in the right place emotionally or spiritually, it can affect how people respond to you. Take a moment to pray and center yourself if needed. Remember, it's okay to ask for prayer for yourself to get your heart in the right place.

5 **Praying in teams of two as able**

This provides accountability and support. One person can pray while the other observes and ensures everything is going smoothly. It's also a safeguard against misunderstandings, especially in sensitive situations. However it at times may not be possible. The Holy Spirit has already prepared you for this time and situation. Nothing surprises Him. Jesus sent His disciples out 2 by 2!

6 **Let's talk about avoiding unnatural behavior**

While praying, avoid actions like blowing, spitting, or any dramatic gestures. These can be distracting and may make people uncomfortable. Focus on being respectful and natural in your interactions.

7 **Keep your eyes open while praying**

This helps you stay aware of the person's reactions and needs. You can better gauge how they're receiving the prayer and ensure their safety, especially if they're physically affected by the prayer.

8 **Respect personal space and touch**

Always ask for permission before laying hands on someone. A gentle hand on the shoulder or head is sufficient. Avoid pushing or shoving. Keep your touch respectful and non-intrusive.

9 **Your tone and communication style matter**

Use a calm, comforting tone. Avoid being overly intense or aggressive. People receiving prayer need nurturing and comfort, not added stress.

10 **Confidentiality is key**

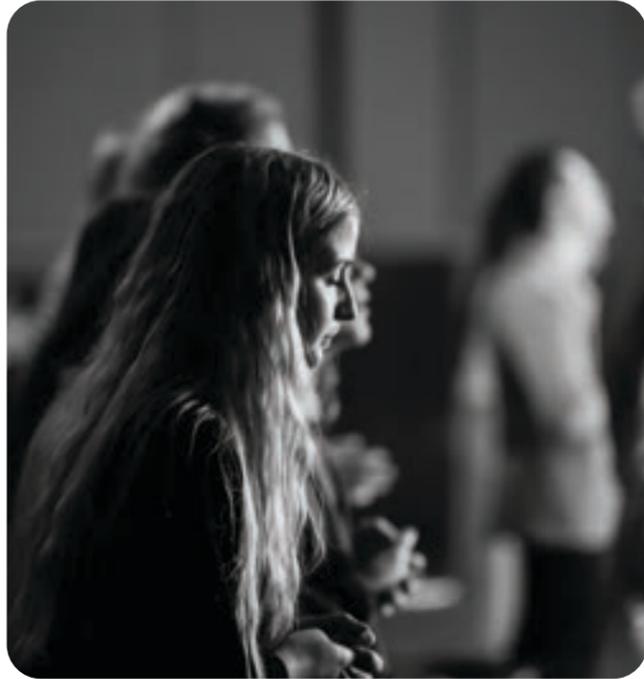
Maintain strict confidentiality to build trust. Personal information shared during prayer must be handled with discretion. Avoid gossiping and ensure privacy. We should not take personal information home with you as a covering for both you and those that are receiving prayer.

11 **Finally, follow-up and referral are important**

Some individuals may need ongoing pastoral care and support. Familiarize yourself with the various ministries available at our church. Encourage the person to complete a connect card for further engagement as the Holy Spirit prompts. In this regard we are asking you not follow up with the people you pray for. Again this is a way in which you stay covered under your pastoral leadership and know we have a process in place for people to be cared for within our care ministry. If you feel strongly they need follow up, then simply let them know about the Care referral process.

We hope these guidelines are helpful and have emphasized the heart to respect, be responsive, and create a welcoming demeanor for people to feel safe to approach and be cared for by you in this ministry and their church family. By following these, we create a supportive environment where people feel comfortable and valued! Let's agree to doing that together!

Thank you for your dedication to this ministry. Let's continue to serve with love and compassion. Now let's move to the last part of Prayer Partner training we call the 5 points of prayer.



***Do not be anxious about anything,
but in everything by prayer and
supplication with thanksgiving let your
requests be made known to God.***

PHILIPPIANS 4:6

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PART 4 - 5 POINTS OF PRAYER (TYPES OF PRAYER)

This is the last part of prayer partner training! There's a simple 5 points prayer guide we are going to teach you. We are also going to talk a good deal about different types of prayer, specifically the focus on confession and repentance, and the roles of these prayers in someone's spiritual growth. As prayer partners, we must guard against any prayer that coerces or manipulates.

1 What do you want Jesus to do?

Have them articulate their need.

2 Discern what the root problem is.

Discern the true thing that's actually happening.
Don't focus on the fruit, get to the root.

The Importance of Discerning Spirits

A critical aspect of being a prayer partner is discerning spirits. This is one of the spiritual gifts found in 1 Corinth 12. This isn't just about natural discernment but a spiritual gift that helps us understand the spiritual atmosphere and address specific issues through prayer. Always submit what you perceive to the Holy Spirit for accurate guidance. But this would mean that before you come to pray with someone we should ask the Holy Spirit to come and fill us, baptize us in this fullness and power, so that we can have his heart, his ears, and his eyes. He will help us discern what's really going on in the life of the person we are praying with.

Remember this: It's ok that you pray and ask the Holy Spirit to help you discern right in front of them, actually we would encourage it, as it gives them a model to follow. You might even encourage them to do the same.

3 Decide what type of prayer is most effective for the moment.

Salvation? Healing? Intercession? What is HS saying to you as a prayer partner?

OTHER EXAMPLES OF PRAYER - Reference the Appendix

Confession and Repentance

Let me say a little bit specifically on Prayers of confession and repentance. This prayer may include salvation but it might be just a confession and the need to have someone safe to share with, to help guide them to a place of repentance in prayer. The Holy Spirit may have led them down for prayer through conviction then God may use us to lead them to a place of repentance from a specific or general sins. When God convicts, He does so lovingly and with great compassion. Conviction gets a bad wrap, but all that it is, is God convincing us that there is a better way than the way we are going.

The Bible instructs us to confess our sins to one another (James 5). Confession is part of salvation, where we turn away from sin and confess that He is Lord.

Repentance isn't just about dealing with sin; it's about changing how we think about sin. It's turning our allegiance from the sin to God and allowing our minds to be renewed.

True repentance involves a change in our thinking. It's not just about confessing but also about thinking differently about our sin. For example, someone may struggle with an addiction, but through confession of truth and repentance in heart, it has the power to change their mindset and help them to break free.

Let me give you another example: You might pray with someone who is praying for salvation over and over again, or repeatedly confess the same sin over and over, this is mainly because of a wrong understanding about salvation or what the cross has done for them.. Encourage them that true repentance involves allowing God to renew our minds and change our hearts.

This is an example of Deciding what type of prayer is most effective for the moment.

Now let's review these first 3 points of prayer and move on to number 4

1. What do you want Jesus to do?
2. Discern what the root problem is.
3. Decide what type of prayer is most effective for the moment and pray.

4 Reflect back to them what Holy Spirit is saying.

This is a recap of truth. A brief recap of your prayer For example: Make sure they have understanding of what you just prayed for them. Because understanding will lead to revelation. God is not confusing so we want to make sure they have understanding. And give them the opportunity to share back if what you prayed for them, resonates with them. And lastly lead them to a...

5 Pastoral Care Follow Up.

Some individuals may need ongoing pastoral care and support. Familiarize yourself with the various ministries available at your campus. If necessary lead them to your prayer partner leader to get them the further support they may need.

So here are the 5 steps one more time:

1. What do you want Jesus to do?
2. Discern what the root problem is.
3. Decide what type of prayer is most effective for the moment and pray.
4. Reflect back to them what Holy Spirit is saying.
5. Pastoral Care Follow Up (as necessary).

By following these 5 steps, we walk in unity and create a healthy prayer environment where people feel comfortable, valued, and cared for.

On this EQUIP resource page you will also find a PDF document that has all the different types of Prayers that you may need. Such as, Salvation, Baptism of the Holy Spirit, Healing, Forgiveness, Prayer to receive Holy Spirit prayer language, Prayer of confession and repentance, Prophetic Prayer, Replacing Lies with Truth, and Life Wounds. Please review these and put them into your Prayer Partner tool belt. This is such an important resource so that we are all in unity, both in heart and language.

Thank you for your dedication to this ministry. Let's continue to serve with love and compassion.

APPENDIX

SALVATION

When Jesus commands, 'You must be born again,' He is referring to our response to God's redemptive plan to give us a new nature in Christ. We receive this new birth by believing in Jesus Christ and surrendering our will to Him.

- Ask the person if they have a relationship with Jesus Christ.
- Pray the following prayer with the person to receive Christ.
(Romans 10:9) Have the member say out loud after you: "Thank you Jesus for what you did for me on the cross. I confess with my mouth that from this day forward you, Jesus are my Lord and I believe in my heart that you died for my sins and rose again, so we can be together for all eternity. Jesus, I accept you as my Savior and the Lord of my life, In Jesus name, Amen".
- Then Complete a Connection Card for the purpose of follow-up care and next steps.

HOLY SPIRIT BAPTISM

The Holy Spirit empowers people to receive the gifts of the Spirit, the fruit of the Spirit, and the ability to witness the gospel.

- Ensure that the person has received salvation; this is a requirement before receiving the Holy Spirit Baptism, as it was through Christ that we receive the Holy Spirit.
- Clarify the person's understanding about Baptism. There may be expectations & assumptions regarding baptism that may be incorrect.
- Share with the individual if there is need for further understanding.
- Luke 11:13 reads, "How much more will your Father in Heaven give the Holy Spirit to those who ask Him!" Instruct the person to ask the Father to be baptized in the Holy Spirit. "Holy Spirit, I want all that you have for me. Baptize me, fill me, consume me in you Holy Spirit. I receive you. In Jesus name Amen". Explain that you will agree with them while they pray. Give them time to receive. Don't rush this moment. They may have to move from their head to their heart.
- Ask the person for feedback on what they experienced during the prayer.
- Together, ask the Lord, "Is there anything else You want to do for me?" and, "Is there anything else You want to do for this person?" if yes, respond to God's direction through prayer.

HOLY SPIRIT BAPTISM PRAYER

This is a time for the person to ask to be filled with God's Holy Spirit.

Introduce Yourself and Ask:

“Have you ever been baptized in the Holy Spirit before?”

“Would you like us to pray with you to invite the Holy Spirit?”

“Is it OK if we lay hands on you and anoint you with oil?”

Explain:

“We're just going to say a simple prayer for you and we will step aside so you have this time just between you and God. Stay here as long as you like to receive all that the Holy Spirit has for you. OK?”

Prayer:

“Heavenly Father, we ask that right now you would fill _____ with your Holy Spirit and that from this moment forward he/she would know that you are alive within them and will abide in them forever. Receive the baptism of the Holy Spirit. In Jesus' name. Amen.” “Receive . . . Receive . . . Receive.”

PRAYERS TO RECEIVE HOLY SPIRIT - PRAYER LANGUAGE

Remember this is a gift that can come through baptism in the Holy Spirit. You can encourage the person to ask for this but we encourage you to NOT instruct people by saying, “repeat after me.” While they are praying, you as a prayer partner can simply pray quietly in agreement for the person.

FORGIVENESS

Forgiveness is God's provision for releasing us from the power and pain of sins committed against us.

Sample Prayer:

“Dear Lord, I choose to forgive _____ for [name of the offense]. But Father, when they did these things, it made me feel [describe the effects of the sins]. Please take these emotions and affects from me and place them on the cross. Thank You for healing the effects of these sins in my soul”.

PRAYER OF CONFESSION & REPENTANCE

Sample Prayer:

“Lord Jesus, Your Word declared that all have sinned and fallen short of Your glory (Romans 3:23). I agree with Your Word that ALL have sinned, including me. I confess the sin of not believing in Your finished work on the cross as the Father's forgiveness of my sin. I confess the sin of blaming and condemning myself because I could not change. I confess the sin of believing I could never be changed and it would never be different. I confess that I have walked in guilt and self-condemnation instead of relying fully on the finished work of Christ to cleanse me. Today I forgive myself. I come to Your throne of grace and receive Your mercy. I receive the fullness of the cleansing blood of Jesus to remove the guilt and stain of my sin. Amen”

OTHER EXAMPLES OF PRAYER

PROPHETIC PRAYER

Please remember that prophecy is intended to exhort and encourage; in prayer, we do not use the prophetic ministry as a means for counseling or giving directive advice for the future. The following guidelines will help guide you:

Avoid the following phrases:

Thus saith the Lord

God says _____

The Lord wants you to know _____

I believe the Lord want you to _____

Practice the following phrases:

I feel impressed to tell you _____

I sense that God is saying _____

It seems like _____

I believe you are about to _____

PHYSICAL HEALING

Praying for healing is a prayer of faith and trust in God's character. Assume the following when praying for healing:

Assume the pain or sickness is not a result of sin. Never address the situation as such and NEVER investigate further.

Assume that healing will occur in God's perfect timing. If the results are not immediate encourage the person to trust in God.

Sample Prayer:

“Heavenly Father I ask You to heal _____ in Jesus name according to Your Word. Sickness and disease have no power over them. You have given them abundant life. I pray that they would receive Your life as it flows through their body. Thank you for healing them now. In Jesus name Amen”

LIFE WOUNDS PRAYER

What is a life wound? A life wound occurs through events or words spoken over us, to us, causing our identity and our worth to be in question. Life wounds can happen through generational sin; weaknesses and sinful acts learned or inherited from our parents, family and/or relatives. Word curse; words spoken to you or over you that contradict your true identity as a child of God. Word Curse Vows; I solemnly sworn vow or promise that you make to yourself which happens in a moment of pain or painful experience. Soul Ties; When you give away a piece of your heart to something that you were never meant to give it to.

It is our job as a prayer partner to STAND IN AGREEMENT with the person as they pray for healing.

Example of a Life Wound Prayer:

Dear Lord, I pray for walls to come down, forgiveness to be given, and healing over these life wounds to occur for _____ (first name). In Jesus' name.

Lord, we ask for your guidance and strength for _____ to be able to forgive those who may have caused these life wounds so that he/she may be healed. We also pray a blessing over those who hurt _____ so that they too may receive healing. In Jesus' name.

PART 5 - PRAYER GUIDELINES

I'm excited to share some important guidelines for some specific prayers you might pray for others.. The words we use are so important as they have the power of life and death, and we want to speak and pray life over people. So the language you are about to hear is important that we share in together as it unites us in one heart. This is vital for our spiritual journey together and our ability to support others in theirs as we pray for them.

SALVATION

When Jesus said, "You must be born again," He was talking about our response to God's redemptive plan. This means receiving a new nature in Christ. We experience this new birth by believing in Jesus and surrendering our will to His. So, when people come to us for prayer, it's essential to ask, "Have you made a decision to trust Jesus Christ?" Don't assume they have prayed the Prayer of Salvation or have a relationship with Him. It's okay to ask if they prayed with the prayer in service that day, or if they're here right now for a fresh start. Sometimes, people come forward without having heard the entire message, and we get to ensure they understand the importance of this decision. We as Prayer Partners need to be familiar with this prayer and walk with the person through the Salvation prayer as called.

See appendix: Salvation Prayer

HOLY SPIRIT BAPTISM: EMPOWERMENT AND GIFTS

Now, let's talk about the Holy Spirit baptism. The Holy Spirit empowers us to operate out of the fruit of the spirit (Eph 5), When we accept Jesus, the Holy Spirit brings forth the fruit of the Spirit in our lives—love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

The spiritual gifts are different from the fruit of the Spirit. The gifts are for service and witnessing Christ's love to the world. For example, the gift of healing is not for us to claim as our own but to use as the Holy Spirit directs. We partner with Him, and He decides when and where the gifts are needed.

But also we receive the gifts of the Spirit (1 Corinth 12), and the ability to be a witness to share the gospel. Jesus promised that when the Holy Spirit comes, we would receive power—power to be His witnesses. This empowerment includes various supernatural gifts to help us navigate life and partner with God in impactful ways. No one has one gift, the Holy Spirit has all the gifts and He determines what gift is needed in a moment for "the benefit of all" scripture says.

Jesus operated fully under these gifts, showing us how to live a life filled with the Spirit. So if Jesus operated in and under the power of the Holy Spirit how much more do you think we need to? The gifts are not weird, they are not a superpower, the gifts of the Spirit are from a loving God given in a moment to heal this broken world, and quite possibly a broken heart of someone you're praying with. When you are praying with someone it's a good idea at the end of your prayer, that together ask the Lord "is there anything you want to do for me? Is there anything else you want to do for this person?" respond to God's direction through prayer and let that prayer encourage that individual in the truth that they will now grow in the spirit's fruit and his gifts.

See appendix: Holy Spirit Baptism Prayer

THE IMPORTANCE OF DISCERNING SPIRITS

A critical aspect of being a prayer partner is discerning spirits, This is one of the spiritual gifts found in 1 Corinth 12. This isn't just about natural discernment but a spiritual gift that helps us understand the spiritual atmosphere and address specific issues through prayer. Always subject what you perceive to the Spirit of God for accurate guidance. But this would mean that before you come to pray with someone we should ask the Holy Spirit to come and fill us, baptize us in His fullness and power, so that we can have his heart, his ears, and his eyes. He will help us discern what's really going on in the life of the person we are praying with.

PRAYING IN TONGUES/ PRAYER LANGUAGE

Let's discuss the topic of praying in tongues, also known as a prayer language. This practice is often misunderstood, so I want to clarify what it is and why it's significant. Praying in tongues is a supernatural phenomenon where we speak in a language that only the Father and the angels of heaven understand. It might seem unusual to us, but if we consider that the word "weird" can also mean "supernatural," it starts to make more sense. Now there is the gift of tongues found in 1 Corinth 12 that Paul talks about in the context of the church setting, it will always be followed up with an interpretation of tongues, another gift of the spirit to bring clarity to the body of Christ as a whole.

Praying in tongues is often referred to as God's language and it remains powerful and relevant. When people come for prayer, they might seek to receive their prayer language. Now there is a gift of tongues that we talked about in 1 Corinthians 12, but scripture also talks about a personal prayer language of tongues that is a gift to build up your spirit. Look at what Jude 1:20 says, "But you, dear friends, by building yourselves up in your most holy faith, by praying in the Holy Spirit", It's important to understand that while the baptism of the Holy Spirit can accompany this, it doesn't always happen immediately for everyone. So, it's crucial to remember that the Holy Spirit is a perfect gentleman. Speaking in tongues won't suddenly happen in an inappropriate setting, like at Chick-fil-A or Publix. You have full control over this gift. You can start and stop it as you wish. God is not a manipulator or a dictator; He respects our autonomy. And we may need to encourage others that feel discouraged about this, of why they haven't received it yet, to remind them that God is a good Father who gives good gifts, and knows exactly the perfect moment to give each gift.

To be respectful of each person's place in the journey, we would ask that you please refrain from speaking in your personal prayer language in tongues out loud as it might confuse, distract, or offend the person receiving prayer, especially when at the front of the platform. Instead, focus on creating a supportive and respectful environment. Praying in tongues is a beautiful and powerful aspect of our spiritual lives. By understanding and respecting this gift, we can better support each other on our spiritual journeys, and encourage those who are seeking the blessing of these gifts in a healthy and non-confusing way..

See appendix: Prayer to receive Prayer Language

USING ANOINTING OIL

Let's talk about the practice of anointing with oil, a symbolic act with deep spiritual significance.

Oil has always been symbolic of the Holy Spirit. While there's no inherent power in the oil itself, Jesus instructed us in Scripture to anoint with oil when praying for the sick. However, always ask for permission before using anointing oil and explain its significance to avoid any confusion.

Here's how to use anointing oil properly:

- 1. Explain what the oil represents. (That the oil symbolizes the Holy Spirit's presence and power and that the spirit of the Lord is upon them).**
- 2. Ask for permission before anointing.**
- 3. Place a small drop on your finger.**
- 4. Touch the person's forehead or hands gently.**
- 5. Avoid touching their clothes with oil-covered hands.**

RECAP

As prayer partners, we must guard against any prayer that coerces or manipulates.

We freely welcome and encourage the baptism of the Holy Spirit for everyone, but let's ensure that the person has received salvation first. Remember we need to be filled with the holy spirit and open to the gifts of the spirit for these moments of praying with someone. He will guide us to ask the right questions, discern wisely, and rely on His guidance. That way we can know what prayers to pray in each situation that comes our way.

Remember to explain the purpose of anointing with oil and always ask for permission. Remember to make prayer a personal and respectful experience for each individual. Together, we can help others grow in their faith and experience the fullness of God's love and power.

GENERAL GUIDELINES

Free people, free people: As God sets us free into healing and fullness of life, He works through us to minister to others. As a Prayer Partner, we become conduits of God's love for His people.

Prepare Yourself: We minister to others out of the fullness of our relationship with God, and within the limits of our personal level of spiritual-emotional wellness. Please maintain personal intimacy with the Father. When needed, please seek help from a Pastor, mentor, or friend.

Pray Before You Begin: Pray to be used for God's purpose in His way. Ask God to place His thoughts in your mind and His words in your mouth and that He would use you to accomplish His will. Ask that nothing you say or do would get in the way of what He has planned for each person you pray for.

The Basics: Use breath mints. Disperse evenly across the designated area for prayer. Maintain an open and accepting posture. Pray in teams of two as able. Keep your eyes open if possible to help you stay alert to the Holy Spirit, while also being aware of the individual and the surroundings.

Use a Comforting Tone of Voice: Use a calm, steady voice that does not make a person feel nervous, intimidated, or unreceptive. Allow God's Spirit to flow through you in a natural, calming way. Encourage people to Hear God.

Praying in Tongues: Please refrain from speaking in tongues as it can confuse, distract, or offend the person receiving ministry. Praying in tongues is a powerful tool and is just as effective when maintaining an inconspicuous tone. 1 Corinthians 14:18-19

Provide Clarification as Needed: During each of these prayer times, participants may not know exactly what to expect or what to do. See the rest of this guide for a few words you can use to explain how each prayer time works.

Always Pray. Never Counsel: Pray the Father's heart. Please DO NOT share your opinions or advice in any way. If they specifically ask for help, direct them to the Bayside Care Department.

Maintain Strict Confidentiality: Anything you might hear during prayer time must be handled with extreme discretion. Please DO NOT share what you hear with anyone else.

Holy Spirit Prayer Time

Prepare Yourself: This is often a life-altering experience, which we have the opportunity to witness with the utmost reverence and humility. We are only there to usher in the presence of the Holy Spirit. He will do the rest. Pray a Simple Prayer: Let each person have their own special moment with Holy Spirit.

Anointing With Oil: Put a small drop of oil on your finger and touch the person's forehead or hands. DO NOT touch a person's clothes after you have placed oil on your hands.

PLEASE DON'T ask people to say or do certain things beyond these guidelines.

- DON'T say repeat after me...
- DON'T ask people to speak in tongues or do anything to produce "evidence" of Holy Spirit baptism
- If they specifically ASK for a prayer to receive their prayer language, you can incorporate that into your prayer.

PLEASE DON'T exhibit any unnatural or distracting behavior.

- No blowing on people
- No spitting
- No screaming or wailing
- No pushing (to try to make people fall)

Example prayers:

"Receive the baptism of the Holy Spirit."
"Heavenly Father, we ask that right now you would fill _____ with your Holy Spirit and that from

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this moment forward he/she would know that you are alive within them and will abide in them forever. Receive the baptism of the Holy Spirit. In Jesus' name. Amen."

Potential Need For Catching:

As they receive, some people may become overwhelmed by God's presence and may fall to the ground.

Please watch closely and be ready to steady/catch them if they appear to be unstable.

If they begin to fall, gently lay them down on their back

Ideally, a man should catch men and a woman should catch women, if possible.

If someone is on the ground, you can pray over them but please don't continue to lay hands on them in prayer.

Life Wounds Prayer Time

Definitions:

Life wounds are events or words spoken over us, to us, causing our identity and our worth to be in question.

Generational Sins: Weaknesses and sinful acts learned or inherited from our parents, family, and/or relatives

Word Curse: Words spoken to you or over you that contradict your true identity as a child of God.

Soul Ties: When you give away a piece of your heart to someone or something that you were never meant or designed to give it away to and that tie remains until it's severed and restored.

Word Curse: Vows: A solemnly sworn promise or oath you make to yourself, which happens in a moment of pain, or from a painful experience in your life, trying to soothe your wounded soul.

You may be asked to pray for any of these areas. Ask how you can pray for them. Stand in agreement as they ask Holy Spirit to heal the particular wound.

Example prayers:

"Dear Lord, I pray for walls to come down, forgiveness to be given, and healing over these life wounds to occur for __ (first name). In Jesus' name."

"Lord, we ask for your guidance and strength for to be able to forgive those who may have caused these life wounds so that he/she may be healed. We also pray a blessing over those who hurt __ so that they, too, may receive healing. In Jesus' name."

99 Lies Prayer Time

Ask the participant what lie they were believing.

Explain that both of you will pause and ask Holy Spirit for the truth. It won't take long. 10 seconds is a good guideline.

Ask the participant if they heard the truth.

If so, pray in agreement with that truth.

If not, pray the truth Holy Spirit brought to you.

Example:

Participant: "I have been struggling with the lie that I am not good enough.

After a pause, if they did not hear a truth, potentially use:

"Heavenly Father, I ask for _____ to receive your truth that they are a child of yours. You are the author and perfecter of his/her life. Jesus has made _____ enough by His sacrifice on the cross. Give him/her the confidence to know that you created him/her for victory and give him/her specific gifts to serve others and draw them closer to you. In Jesus' name."

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