

My Freedom

# Facilitator Guide

— June 2024

## PREPARATION

- Check technology (screens/video, sound)
- Gather My Freedom materials (books, pens, additional handouts optional)
- Set up table(s) with materials
- Begin countdown video

## INTRODUCTION

- Welcome everyone
- Introduce yourself: your name, family, your journey coming to Bayside, etc. (family photo optional)
- Outline structure of My Freedom + Group: “This session leads into a 6 week group study where you’ll utilize this devotional journal each week. At the end of this session today, you’ll have an opportunity to register for your Group.”

The [Becnel Teaching](#) video may be played at any point within the class that fits best for your environment. You may begin with it and use the teaching as more of a summary, OR teach the curriculum to set up the video and head straight into My Freedom Group sign ups.

## BAYSIDE COMMUNITY CHURCH

### **Our Mission Statement**

Bayside Community Church exists to help people:

Know [God](#)

Find [Family](#)

Live in [Freedom](#)

Discover [Purpose](#)

The Goal of MyFreedom: The goal of MyFreedom is to help you hear from God in a new way and learn how to live in the Freedom He has for you.

As you introduce freedom, keep in mind that every person has a unique journey and background. If there’s time, consider asking about everyone’s denominational backgrounds. The more we know our audience, the more effectively we can minister to their hearts so that they may receive from Holy Spirit.

## WHAT IS FREEDOM?

**Freedom is not the absence of some “thing”, but the presence of some “one.”**

Who is this some “one” you ask? This someone is the Holy Spirit.

On this journey to freedom, you will have a guide; His name is the Holy Spirit. The Holy Spirit will speak to you and help you learn, grow, and understand how to get rid of some “things.” During this process, you will get to know the only “One” who can bring you to the place of true freedom.

In order to allow God to guide us into and through our freedom journey, we need to ask ourselves these questions:

- Are there “things” keeping me from what God has for me?
- Are there “things” in my life that I have a hard time breaking away from?
- Are there “things” that are not healed inside of me?
- Are there “things” that I believe, but are not true?
- Are there “things” that I seemed to inherit from someone else?
- Are there “things” outside my control that influence my life?

We can all relate to one of these things, maybe even all of them. Through our Freedom journey, we are going to uncover how these “things” have impacted the way we live, think, and love those around us.

*“Now the Lord is the Spirit, and where the Spirit of the Lord is, there is Freedom.” 2 Corinthians 3:17 (emphasis added)*

## **WHY DO WE NEED FREEDOM?**

Sin causes shame.

Shame can be the result of heart blockages—we will learn more about these in week five—such as attitudes of pride, fear, unbelief, rejection, and trauma. These heart blockages can make it hard for us to hear God when He’s speaking to us.

Unfortunately, these heart blockages can also lead to even more shame as a result of engaging in lust, racism, addiction, codependency, workaholism, greed, materialism, and more. However, we can remove these blockages with the help of the Holy Spirit.

Jesus gave His life to set us free. It is God’s will for us to be free.

Jesus came to restore us to God, ourselves, each other, and all of creation so that we can live in this freedom.

*“So if the Son sets you free, you will be free indeed.” John 8:36*

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God doesn't move away from us, we choose to move away from Him. God is always present and in relationship with us each day. We must choose freedom and break free from the things holding us back and keeping us from living in communion with God.

## STOP AND REVIEW

### WHO NEEDS FREEDOM?

Everyone has sinned, so everyone needs freedom.

Because of sin, we are separated from God; and as a result, we experience hurt and pain. God designed us to live in freedom, and He wants to bring this freedom to every area of our lives.

**You can't experience freedom from sin without the presence of the Holy Spirit.**

No matter who you are, we all need a Savior. Because of sin, we experience hurt and pain. Each of us must walk in continual sanctification and freedom as we grow closer with Jesus. Through daily communion with him, we can experience love and forgiveness all the time.

Consider taking some time for participants to reflect or share at their tables.

### WHO IS FREEDOM?

**The Friend Will Come** The purpose of reviewing this Scripture is to teach about Holy Spirit AND how to study a passage of Scripture with proper exegesis with the S.O.A.P. method.

4-7 "I didn't tell you this earlier because I was with you every day. But now I am on my way to the One who sent me. Not one of you has asked, 'Where are you going?' Instead, the longer I've talked, the sadder you've become. So let me say it again, this truth: It's better for you that I leave. If I don't leave, the Friend won't come. But if I go, I'll send him to you. 8-11 "When he comes, he'll expose the error of the godless world's view of sin, righteousness, and judgment: He'll show them that their refusal to believe in me is their basic sin; that righteousness comes from above, where I am with the Father, out of their sight and control; that judgment takes place as the ruler of this godless world is brought to trial and convicted. 12-15 "I still have many things to tell you, but you can't handle them now. But when the Friend comes, the Spirit of the Truth, he will take you by the hand and guide you into all the truth there is. [Emphasis added] He won't draw

attention to himself, but will make sense out of what is about to happen and, indeed, out of all that I have done and said. He will honor me; he will take from me and deliver it to you. Everything the Father has is also mine. That is why I've said, 'He takes from me and delivers to you.' 16 "In a day or so you're not going to see me, but then in another day or so you will see me." John 16: 4-16 (MSG)

Context: Jesus is speaking to His disciples explaining to them why it is better that He leaves so that Holy Spirit can come. Jesus knows His time is coming and is encouraging them about what Holy Spirit will do.

### S.O.A.P Study

- **Scripture:** Read and understand what it meant to people at that time.
- **Observation:** What do you see in this passage? What is it saying? What occurred? Observations may be clear and obvious.
- **Application:** How can we apply these principles to our own lives?
- **Prayer:** What is your prayer in response to what Holy Spirit revealed to you?

**TABLE TIME (5-10 minutes):** Invite participants to share their observations, points of applications and prayers from reflecting upon this passage.

## STOP AND REVIEW

### HOW DO WE FIND FREEDOM?

Freedom is not the absence of something but the presence of someone.

**Find Freedom:** God is always present and speaking all the time. This makes freedom available all day, every day.

**Know Freedom:** We understand freedom by listening to God's voice.

**Hearing God's Voice: Condemnation vs. Conviction** We can hear God's voice in and through Scripture as we experienced during the S.O.A.P. study. Consider discussing ways we can hear God's voice (example: people, readings, thoughts, etc.). What the Holy Spirit speaks to us never goes against God's Word or causes confusion. As facilitators, we want to encourage the different way God's speaks to different individuals, without making a particular way the standard for everyone else. Celebrate everyone's journey and relationship with Him!

*"So now there isn't any condemnation for those who are in Christ Jesus. The law of the Spirit of life in Christ Jesus has set you free from the law of sin and death."  
Romans 8:1-2 (CEB)*

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**Both point to our separation and sin.** Condemnation is a lie from the enemy telling you that you will never be good enough. Conviction is the Holy Spirit showing you how you missed the mark yet also preparing your heart to receive His grace.

### **WHAT HAPPENS WHEN WE ARE FREE?**

The church operates in love when it lives in God's presence and is free from sin and death.

We no longer see one another as strangers but as neighbors, sisters and brothers, realizing each person is made in the image of God.

Play Beznet close video.

**CONCLUDE IN PRAYER.** Dismiss.