

What is the Marshak Interaction Method (MIM)

The Marschak Interaction Method (MIM) is a gold-standard, evidence-based assessment used internationally to explore the quality of relationships between a child and their parent or carer.



It is recognised in NICE-informed guidance as best practice for assessing attachment and relational patterns, particularly for children who have experienced trauma, loss, or early adversity.

During the MIM, a trained Oakdale practitioner observes structured play and caregiving activities to understand how parents and children communicate, share attention, and manage emotional or behavioural challenges. As a standardised, validated clinical tool, the MIM requires specialist postgraduate training and certification to ensure reliable and accurate interpretation.

At Oakdale, we use the MIM to inform treatment planning and support families in building stronger, safer, and more attuned relationships.