



Stay-away events & competitions

Travel and overnight stays are a big part of horse sport. This checklist outlines the core safeguards to have in place before multi-day events and competitions.

MINIMUM

Supervision

- A named, DBS-checked adult is formally designated as responsible for your child for the full duration of the trip.
- Their contact details are known to you before departure.

Accommodation arrangements

- Young people should never share a room or bed with adults who are not their parent/guardian.
- You receive verbal confirmation about the specific sleeping arrangement (write this down for your record).

Welfare checks

- Agree a plan with the designated adult before the trip.
- Ensure the your child has a charged phone and knows they can call home at any time, regardless of the hour.

IDEAL

Supervision

- Wherever possible, you should travel with and supervise your child.
- If you are not accompanying your child, you are informed about additional adults accompanying the group.

Accommodation arrangements

- Advance written consent is sought from parents/guardians not accompanying their child for each specific lodging arrangement.
- Room allocations are known to you before the event.

Welfare checks

- A clear welfare plan covers what happens if your child is unwell, upset, or missing overnight.
- Organisers know where each young person is sleeping at all times.



Stay-away events & competitions

Travel and overnight stays are a big part of horse sport. This checklist outlines the core safeguards to have in place before multi-day events and competitions.

MINIMUM

Emergencies

- Give the designated adult your contact details in case of emergencies.
- Ensure you are reachable by phone when your child is away.

Horse checks at night

- If your child will be checking on horses at night, they should always be accompanied by a peer or adult.
- Stabling areas at events are often secluded – lone working after hours should be avoided.

Alcohol & substance exposure

- Agree with the accompanying adult that they will not be intoxicated while the young person is in their care, and ensure a sober backup adult is identifiable.

IDEAL

Emergencies

- Ensure your child has a way to contact you themselves.
- Let them know that they can call home at any time, regardless of the hour.

Horse checks at night

- Night-time or early morning horse checks are undertaken by adults.
- Young people do not go alone to stabling areas after dark.
- For more information on employment of young people, [click here](#).

Alcohol & substance exposure

- The accompanying adult does not consume alcohol while responsible for the young person.
- This is agreed in writing in advance.