

CURRENTS

MARKETPLACE

STARTERS

Soup of the Day cup 2.5 bowl 3.5

Chili con Carne cup 2.5 bowl 3.5

Currents Crab Cake 5.5

Our pan-seared, house-made crab cake served with remoulade sauce and fresh lemon.

NS **V** **W** Black Bean & Avocado Hummus 3.5

House-made hummus with fresh avocado, a fresh tomato, onion and arugula salad, dressed with olive oil and lime, and served with seeded crackers.

Tostada 4.5

Crispy tostada shell with black bean mash, grilled chicken, pico de gallo, cilantro aioli, queso fresco, and arugula frissee salad.

V Substitute roasted mushrooms for a vegetarian option.

NS **W** For a *WELLInspired™* option, ask for no tostada shell.

HANDHELD

Includes one side. Spinach wrap & gluten free bread available. **GF**

NS Mainstreet Bacon Burger 7

Our 8 ounce burger blend, crispy bacon, red onion, sliced red tomato, lettuce, cheddar cheese, and pickles served on a brioche bun.

V Impossible burger™ available.

Bratwurst 5

Beer braised, finished on the grill, topped with beer onions, house-made sauerkraut, whole grain mustard, and served on a bun.

NS **W** Grilled Chicken Sandwich 6.5

Our marinated and grilled chicken breast served on a toasted brioche bun with sliced red onion, sliced red tomato, and lettuce.

Toasted whole grain bread available.

NS **V** Tomato Caprese Sandwich

Fresh sliced red tomato and fresh mozzarella served warm on a pesto hoagie roll and finished with an arugula and basil salad. Toasted whole grain bread available.

Cuban Sandwich 7

Our famous Cuban with braised pork shoulder, sliced ham, swiss cheese, sliced dill pickle, and mustard pressed to a golden brown.

Currents Club 7.5

Sliced turkey, ham, crispy bacon, lettuce, and tomato served on toasted whole grain bread. Sourdough bread available.

Remove turkey & ham for BLT option 6.5

NS **W** Grilled Chicken Wrap 6.5

Grilled chicken, black bean hummus, spinach, tomato, onion, and balsamic vinaigrette in a spinach wrap.

W *WELLInspired™* **V** **VEGETARIAN** **NS** **NO SALT ADDED AVAILABLE** **GF** **GLUTEN FREE**

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

ENTRÉE SALADS

substitute chorizo cauliflower for vegetarian option **V**

GF **W** Marketplace Salad

Starter (No Protein) 3.5 / Entree 7.5

Grilled chicken or blackened shrimp over Urban Farms local greens, tomatoes, cucumber, red onion, pumpkin seeds, blackberries, and goat cheese and served with a house-made apple vinaigrette.

W Currents Salad Bar 9.5

Create your own chilled culinary masterpiece with as many options as you desire. The Currents salad bar is equivalent to an entree and side for traditional meal plans.

*Some combinations may be considered *WELLInspired™*

W Poke Bowl 10

Fresh grilled ahi tuna sliced and served over brown rice, topped with pickled vegetables, fresh cucumber, edamame, wakame, poke sauce, and avocado aioli.

Omit poke sauce for a *WELLInspired™* option.

ENTRÉES

includes two sides

W **V** **GF** Roasted Vegetable Frittata 6

Freshly made frittata filled with roasted vegetables, asparagus, spinach, and Parmesan cheese.

GF **NS** **W** Grilled Salmon 11.5

Fresh salmon grilled and served with a dill yogurt sauce.

Chef's Weekly Specials 9.5

Chef's weekly culinary inspirations.

W Chef's *WELLInspired™* Weekly Specials 9.5

Chef's weekly culinary inspirations.

FLATBREADS

does not include a side

Whole 7 | Half 3.5

Olive Oil & Cauliflower Crust **GF** *Available Upon Request*

V Veggie

Roasted red peppers, mushrooms, cherry tomatoes, olives, fresh basil, and mozzarella cheese over an herb tomato sauce.

Ultimate Pepperoni

American pepperoni, dry cured pepperoni, and shredded mozzarella cheese over an herb tomato sauce.

Works

Four Cheese

Mozzerella, Romano, Parmesan, and provolone over an herb tomato sauce.

Pepperoni, sausage, peppers, tomatoes, mushrooms, basil, four cheese blend over an herb tomato sauce.

SIDES

French Fries 2 **NS** **GF**

Grain & Herb Salad 2 **W** **NS**

Steamed Haricot Vert 2 **GF** **NS** **W**

Brown Rice 2 **NS** **W** **GF**

Fresh Cut Fruit 2.5 **W** **GF** **NS**

Sweet Potato Fries 2 **NS**

Roasted Baby Carrots 2 **NS** **W** **GF**

Fresh Berries 3 **NS** **W** **GF**

Steamed Broccolini 2 **GF** **W** **NS**

DESSERTS

Assorted Muffins 1.5

Ice Cream 2

Dessert Case Selections

WELLInspired Dessert Selection 2