SAFETY BULLETIN

Date: May 2026

Life Saving Rules Focus – Driving

The 10 Life Saving Rules have been developed by Energy Safety Canada and the Safety Standards Council member companies and adopted into practice by CEDA. These Life Saving Rules have been endorsed and implemented to improve safety performance and/ or mitigating risks to workers where significant injuries or fatalities have occurred in the industry.

Life Saving Rule – Driving

Follow safe driving rules

- I always wear a seatbelt
- I do not exceed the speed limit, and reduce my speed for road conditions
- I do not use phones or operate devices while driving
- I am fit, rested and fully alert while driving
- I follow journey management requirements



Accountability & Learning

CEDA requires full compliance with the rules of the road, applicable Life Saving Rules, and CEDA's Transportation Safety Policy at all times.

These expectations are clear and non-negotiable. Stop signs, seat belt use, and the requirement for a spotter when needed are not open to interpretation. These are black-and-white rules that exist to prevent serious injury and loss.

We believe good people are the solution, not the problem. When expectations are unintentionally missed, it is an opportunity to learn and improve our systems. However, accountability is a key part of a high-performing culture.

Failing to follow clearly defined, known rules—such as not stopping at a stop sign, not wearing a seat belt, or not using a spotter when required, will result in consequences. While we will always support those who make honest mistakes, intentional non-compliance or repeated disregard for these requirements will be addressed through our formal disciplinary process.

We are committed to a safe environment—this means we improve the system where gaps exist, and we address behavior where required.

Serious Incident Safeguards are actions and steps that prevent life changing or life ending events.

Examples of Serious Incident Safeguards related to Driving are:

- Workers are aware of the CEDA and legal requirements of all personnel to wear a seatbelt while a motor vehicle is in motion.
- Workers are aware of the CEDA and legal requirements to obey posted speed limits and the requirements of the Journey Management practice to assess the risk of driving conditions.
    - All Canadian CEDA heavy units will be governed at 110 km/h, unless more stringent restrictions are mandated by provincial authorities
    - CEDA owned and leased units equipped with functioning GPS units have been upgraded to include speed notification systems in the cab (audible notification).
- The use of a handheld device is prohibited. The use of authorized, "hands free", electronic devices paired with vehicles Bluetooth system as per CEDA, Client and legislative requirements are acceptable.
- Workers do not drive or operate equipment unless fit to do so.
    - Workers do not drive under the influence of alcohol or controlled substances.
- Any change in road conditions is accounted for by stopping the journey, reassessing the risk, and reviewing/ revising the journey plan, as appropriate.

If you see a potential violation of the Driving rule, intervene, and if required, refuse unsafe work. It could be the last chance to prevent a life altering or ending injury.