



Churston Ferrers Grammar School

Learning to create a better world

2026
FIRST EDITION

CHURSTON ENRICHMENT



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INTRODUCTION

At Churston, we have a vibrant community that shares a common view that pastoral support, academic momentum within the classroom, and enrichment experiences go hand in hand towards developing and nurturing our students' progress, character, talents, and wellbeing. Sharing the triumphs of others, celebrating diversity, being humble in victory and gracious in defeat, learning from mistakes, working hard towards a personal goal, and discovering the joys of collaboration are all part of the Churston journey. Allowing students to develop individually and collectively through a range of experiences, whilst being both stretched and challenged, helps prepare them for life beyond Churston.


Our enrichment programme is designed to empower our young people; to support them as they learn new skills, overcome obstacles, and build confidence. Through the challenges, the triumphs, the frustrations, and the laughter, our students' personal development journey plays a significant role in their education at Churston. It is the quality, breadth, and depth of our experiences - cultural, social, and physical - that help us to understand who we are and what we might become. Indeed, enrichment opens doors, expands horizons, fosters good friendships, engenders a sense of pride, belonging, and identity. Whether you are a student, parent, prospective parent, or member of staff, welcome to Churston's Enrichment Handbook. No single document can ever lay claim to explaining all that goes on outside the classroom in a busy school, but this is an attempt to draw together the broad range of experiences we have on offer alongside our core curriculum.



MRS G LONGHURST

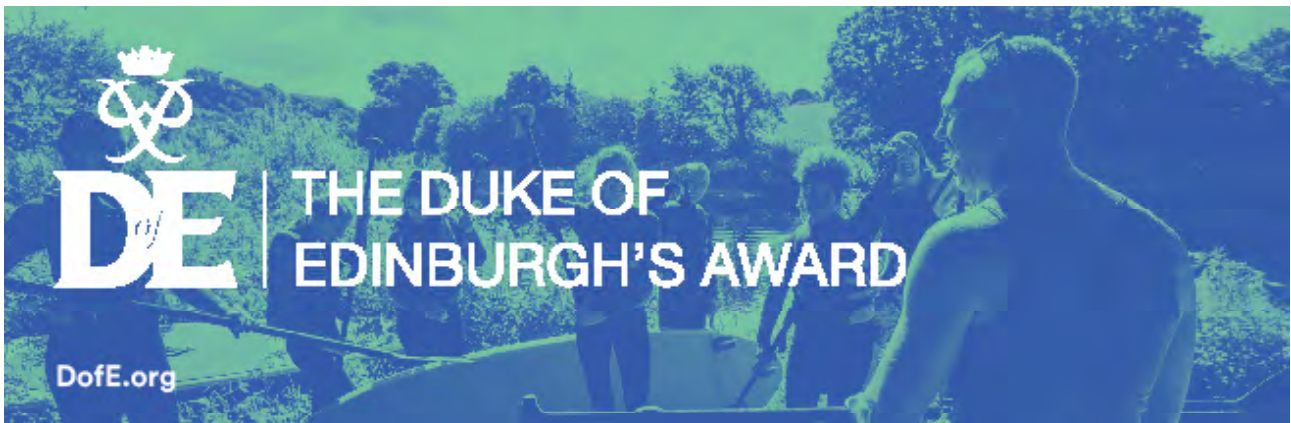
ASSISTANT HEADTEACHER - STUDENT DEVELOPMENT

**“ BY EXPLORING NEW
ACTIVITIES, PUSHING
OUR BOUNDARIES AND
STEPPING OUT OF OUR
COMFORT ZONE, WE TAKE
A CHANCE IN LIFE. THESE
SMALL COURAGEOUS STEPS
OPEN UP NEW WORLDS.
WE DISCOVER MEANING,
FIND STRENGTH AND
APPRECIATE THE BEAUTY
OF KINDNESS. ”**



**“DOING SILVER DOFE HAS HELPED ME MAKE NEW FRIENDS
GOING INTO Y11, WIDENING MY SOCIAL CIRCLE.
GETTING INVOLVED IN ACTIVITIES OUTSIDE OF LESSONS
MAKES ME FEEL EVEN MORE A PART OF CHURSTON LIFE!”**

DAISY



The Duke of Edinburgh's Award is an internationally recognised scheme providing recognition and accreditation for a self-directed programme, working with schools and other organisations across the UK. It gives opportunities to discover new interests and talents and for a participant to develop essential skills for life and work. It is also a well recognised mark of achievement, respected by employers and universities. HRH Prince Philip himself described it as a 'do it yourself toolkit for life'.

DofE has grown into an integral part of the enrichment programme at Churston over the last 20 years - annually an excellent proportion of our students in Y9-13 participate and complete an award. Young people can do a DofE programme at one of three progressive levels, achieving a Bronze, Silver or Gold Duke of Edinburgh's Award on completion of their programme of activities, along with a successful expedition as a team.

There are four sections to complete at Bronze and Silver level and five at Gold. They are:

- Volunteering
- Physical
- Skill
- Expedition
- Residential (for Gold only)

More information here <https://www.dofe.org/do/sections/>



DofE is an inclusive scheme, and we strive to help any student who wants to achieve an award to do so. DofE is entirely non-competitive, and based on personal challenge and development. Participants choose their own activities for their Volunteering, Skill and Physical - these can be undertaken in or out of school, but must be done outside of curriculum time. It is also possible to do expeditions externally from school, to access water journeys, or other modes of travel.

Bronze expeditions take place in our local area, learning the essential skills for navigation and campcraft through training, a practice and an assessed expedition. Silver and Gold teams enjoy the more remote challenges of journeying on Exmoor, Dartmoor and in the Cadair Idris mountains of Eryri, North Wales.



Students in receipt of Pupil Premium funding can apply to use it towards their DofE registration and expeditions. Other financial support is available for students who require it in other contexts. Many section activities are low cost or free, but of course that depends on the personal choice of the participant.

EXPLORE MORE TRIPS



Enrichment trips have long been a highly anticipated and memorable part of life at Churston. From a Year 7 residential to an adventurous overseas expedition, we recognise the huge value that a residential trip can bring to a young person. Personal development through specific challenges, and the experience of travel with friends underpin the formation of lifelong memories.



Each trip has been designed following careful consideration of our pupils' self development and learning experiences under one or more of our school values, whilst ensuring our duty of care and providing an effective, enjoyable and safe trip each time. While many of the traditional favourites remain on our programme, some may have a different feel - for example flying short haul rather than long-haul for a cultural experience, or exploring more local and national options than we have previously.



For information about our School Support Fund, please explore the pupil premium section of our website or if you have any questions or queries relating to the student support fund and eligibility, please contact Jo Denham via email on: joanne.denham@churston.torbay.sch.uk

EXPLORE MORE TRIP PROGRAMME



CO-CURRICULUM



Our overriding aim is to ensure that the co-curriculum is a source of fun and enjoyment for our students, with wide ranging activities that give them the opportunity to unwind. Music, drama, sport, The Duke of Edinburgh, clubs, societies and our active citizenship programme are the bedrock of the Churston co-curricular experience. 'Co' rather than 'extra' curricular, for it forms a core part of the school experience, not just an added extra only for those who are interested. All of our lower school students are expected to participate in at least one lunchtime club each week whilst those in the sixth form all contribute a minimum of 10 hours of active citizenship within the school. The co-curricular programme allows students to choose the clubs they attend whilst also encouraging them to diversify their interests and try new activities over time.

Through the activities on offer pupils develop and demonstrate confidence, resilience, open mindedness, curiosity and effective communication. In addition, our active citizenship programme gives real opportunities for pupils to take responsibility for their activity, and positively build enthusiasm for their chosen pursuit.

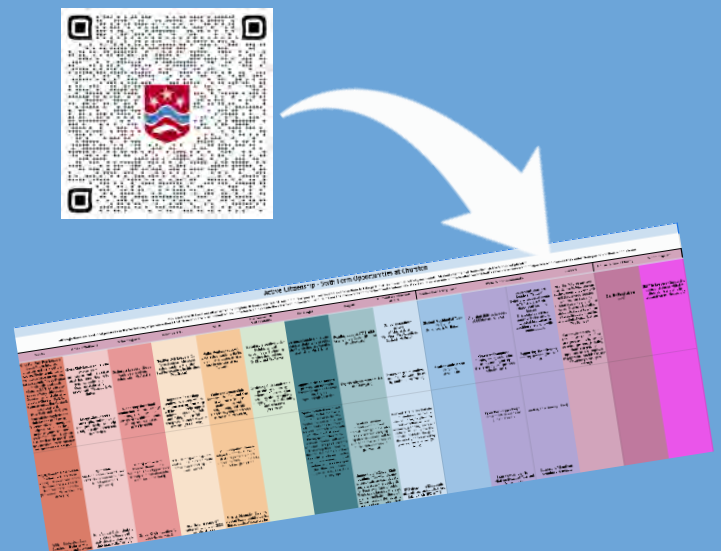
Engaging in areas of interest, but also developing a range of skills and experience, are vital tools to any student's success in the outside world. Through the performing arts, sport, charity, and other co-curricular activities, Churston students are more enriched and more experienced in dealing with issues of personal and social development, team building, and leadership. Our aim is that Churston gives each student the opportunity to develop the skills to embark upon ambitious and successful future pathways.

We take a holistic approach to education at Churston and recognise that rich experiences are vital to enable students to build relatedness and self-efficacy. Our students discover their element through music, sports, drama, and many other important and wide-ranging activities on offer in our co-curricular programme at Churston.

ACTIVE CITIZENSHIP

Students at Churston are actively encouraged to contribute to the school community throughout their educational journey. In the sixth form, there is an expectation for all students to complete at least 10 hours of active citizenship. Students log their hours through the Vinspired platform, which also acts as a platform for sharing external opportunities with students. Vinspired awards certificates to students that complete 10, 30, 50 or 100 hours of volunteering and they continue to support young people wishing to volunteer up to the age of 30.

By engaging with the active citizenship programme at Churston, pupils build a dynamic and comprehensive skill profile in preparation for their post-18 pathways.






The co-curricular programme at Churston has been established through consultation with the student body and as such provides them with pursuits and activities that interest, stimulate and ultimately complement their experiences within the classroom. All students at Churston are expected to be involved in the programme which is designed to enable them to try out new activities, find their passions, develop their interests over time and as they move up the school, take on positions of leadership and responsibility.

Our broad co-curriculum ensures there is something for everyone and in order to enrich each of our pupils' experience of school, there is an expectation that every child in years 7-11 attends at least one co-curricular activity each week.

In the Sixth Form there is an expectation that pupils will have refined their interests and be willing to take a lead to demonstrate their commitment and enjoyment of their pursuits through our active citizenship programme. There is a shift in emphasis from directed pursuits to taking on responsibility and leadership roles. Our sixth form students are also encouraged to participate in the rich offer of clubs, societies and activities.

It is expected that pupils take maximum advantage of the opportunities on offer to balance their academic commitments. Advice to strike this balance is always available through the tutor in the first instance.





**“WHY NOT TRY EVERYTHING, YOU NEVER
KNOW YOU MIGHT BE ABLE TO FIND
THE THING YOU ENJOY MOST.”**

ADAM Y13

TUTOR CURRICULUM



My Character

Understanding the moral qualities that I value and uphold through my behaviour and actions.



My Learning

Establishing skills for learning and identifying and pursuing my areas of interest alongside the curriculum.



My Future

Exploring options and refining my aspirations for my future.



My World

How does the world around me influence who I am, the decisions I make and ultimately steer my world view?



My Life Skills

Establishing the skills in life that enable me to be physically and mentally healthy, live happily and comfortably, be financially independent, plan ahead and respond to change.



My Footprint

The difference we make to other people's lives, our communities and our planet.

ENRICHMENT CURRICULUM



My Activities

Clubs, Societies, Activities, Fixtures, Performances, House Competitions & Events

These individual and shared experiences bring us joy, a better understanding of ourselves and reward from building our skills and talents over time.



Explore More

School Trips, Enrichment Days and DofE

By exploring our local, regional and global cultures, setting personal challenges, making a positive difference to the places we visit and considering our social and environmental footprint we learn to appreciate the beauty of diversity, the value of human connection and take responsibility for our fragile planet.



Active Citizenship

Responsibility, Leadership, Volunteering & Charity

The difference we make to other people's lives, our communities and our planet through our actions and contributions. This may involve taking on a position of responsibility, supporting others with their learning, leading a new initiative, charity fundraising and simply embodying The Churston Way by being kind, respectful and helpful in our daily interactions.

THE ENRICHMENT AND TUTOR CURRICULUM

Self development at Churston is founded on the principle that the whole is more than the sum of its parts. Based on this premise, we have established a learning programme that supports the self development journey of our students through wide ranging opportunities and experiences both within and beyond the classroom.



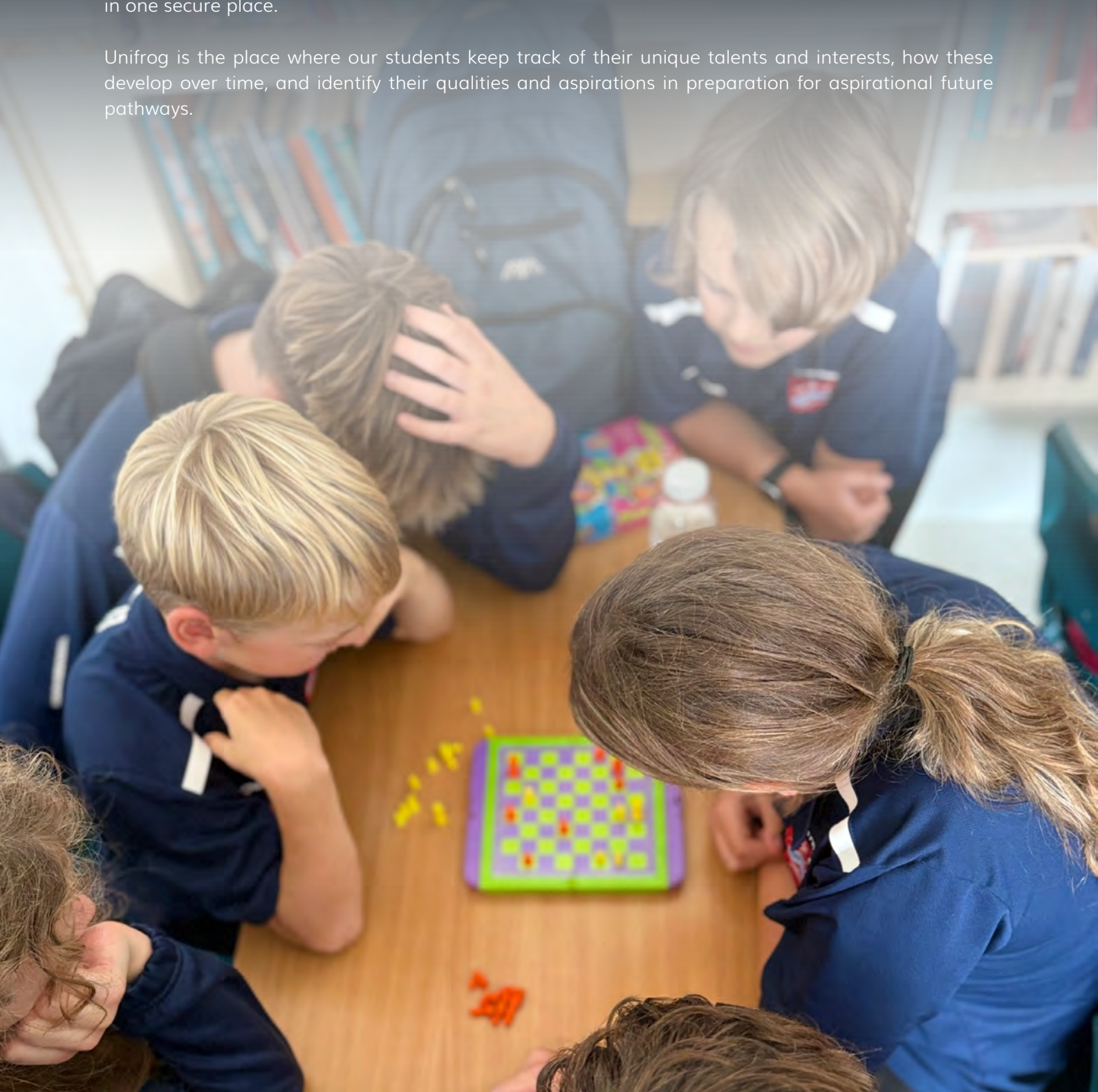
The interwoven tutor and enrichment curriculum modules provide opportunities for students to learn through discussion, debate, experience, listening to external speakers and teamwork. Establishing links in the content and sequence of the Tutor Curriculum with Independent Learning, PSHE, core RE and celebratory events provides a holistic experience whereby students are nurtured to celebrate diversity, have aspirational plans for their future and be considerate about their planet and its communities.

“ IT IS OUR MISSION THAT OUR STUDENTS ENTER THEIR FUTURE PATHWAYS CONFIDENT OF THEIR ROLES AND VALUES IN LIFE, READY TO TAKE ON POSITIONS OF RESPONSIBILITY AND LEADERSHIP AND CONTRIBUTE WITH PRIDE TO THE DEVELOPMENT OF A JUST AND EQUAL SOCIETY. ”

MY STORY

The tracking and monitoring of each student's self-development journey happens through the Unifrog platform, where each student keeps a personal record of their activities and achievements. This provides students with a platform to record, monitor, reflect on, and share their experiences. Unifrog offers students a dedicated 'Locker' and 'Activities' section where they can systematically record and detail their personal achievements, extracurricular activities, and skills development throughout their time at school. This feature enables students to log the activity name, the time period involved, the skills they developed, and reflect on their experiences. By maintaining this comprehensive and organised record, students build a portfolio that they can easily refer to and draw upon when writing personal statements, CVs, or preparing for interviews, ensuring all their valuable accomplishments are tracked in one secure place.

Unifrog is the place where our students keep track of their unique talents and interests, how these develop over time, and identify their qualities and aspirations in preparation for aspirational future pathways.



ESSENTIAL SKILLS

Building essential skills has been shown to unlock learning in the classroom, improve academic outcomes and boost perseverance, self-belief, wellbeing and life satisfaction. The interdependence between skill development, wellbeing and academic success is identified in a meta-analysis carried out by The Skills Builder Framework. To find out more, [click here](#).

In order for students to track and appreciate the skills they are developing in their activities, our club leaders have identified the skills that students are most likely to acquire through participating in their club. The icons below indicate these skills, which are the essential skills identified in The Skills Builder Framework. Students then record these skills on Unifrog when reflecting on their enrichment and curriculum experiences.

CLICK ON EACH SKILL TO LEAN MORE



SCHOOL VALUES

SOCIAL JUSTICE

We are committed to promoting fairness, to challenging intolerance and prejudice, and to advancing equality of opportunity at school and in the wider community.

SUSTAINABILITY

We have a responsibility to the future of our school, community and planet to care for our resources and seek solutions to the challenges we face.

ACTIVE CITIZENSHIP

We believe that the world will become a better place through the ideas, actions, advocacy and impact of Churston students today, and in the future.

SELF DEVELOPMENT

Through seizing opportunities and being positively self-reflective, we confidently learn, grow and thrive at school and beyond.

SCHOLARSHIP

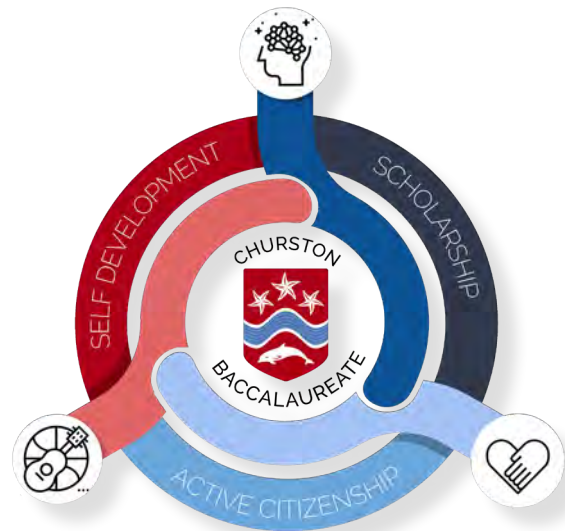
Through learning, we can create a better world; academic high performance is the result of aspiration, curiosity and taking personal responsibility.

CHURSTON BACCALAUREATE

At Churston, we have a vibrant community that shares a common view that pastoral support, academic momentum within the classroom, and enrichment experiences go hand in hand towards developing and nurturing our students' progress, character, talents, and wellbeing. The sixth form curriculum at Churston provides an all-round educational experience that puts the individual at the centre. Our fundamental belief is that every student is unique, and our curriculum is designed so that students can pursue their talents and interests and excel in all aspects of their learning. Allowing students to develop individually and collectively through a range of experiences, whilst being stretched and challenged, helps them fully prepare for life beyond Churston.

It is the quality, breadth, and depth of our experiences - cultural, social, and physical - that help us to understand who we are and what we might become. Our sixth form curriculum has been carefully curated to drive not just well-being and academic achievement, but also to expand horizons, engender a sense of pride, belonging, and identity, and establish a strong foundation for lifelong mental and physical good health.

The sixth form Churston Baccalaureate is founded on the principle that by taking a holistic approach to every student's development, we provide a platform for their well-being and future success.



Based on this premise, we have established a sixth form curriculum that supports the scholarship and self-development journey of our students through wide-ranging opportunities and experiences both within and beyond the classroom. We recognise that the skills our students develop are complementary to their academic achievements and their future successes. Our ultimate goal is to foster student aspirations and self-efficacy through providing wide-ranging opportunities that nurture individual curiosity and talent.

At Churston, academic achievement is established as a positive outcome of a school curriculum with broader intentions, both in terms of student mindset and skill set. The three components of the Churston Baccalaureate, Scholarship, Self-Development, and Active Citizenship, align with our school principles and our school motto, 'learning to create a better world'. By providing a broad range of opportunities in each of these curriculum areas, our students can curate their own curriculum journey at Churston and carve their own path towards their future aspirations.

The components of the Churston Baccalaureate are described below:



SCHOLARSHIP

"Through learning, we can create a better world; academic high performance is the result of aspiration, curiosity and taking personal responsibility."

3 A levels

With 26 subjects to study at A Level, there is a lot to choose from.

Academic curriculum option

Alongside three A-levels, our students study a fourth academic curriculum option, choosing from the Extended Project Qualification (EPQ), Core Maths, AS Further Maths or a fourth A-level of their choice.

Reading

By choosing to read texts that fascinate and challenge as well as guide our students in the pursuit of scholarship, this gives them a strong foundation for their future studies and careers.



SELF DEVELOPMENT

"Through seizing opportunities and being positively self-reflective, we confidently learn, grow and thrive at school and beyond."

Enrichment electives

Students select their own electives which take place on a Wednesday afternoon, in the following areas:

- competitive school sport, guided non-competitive sport or fitness activities.
- other self development options, such as outdoor education, MOOCS, Model UN and debating.

Careers Education & Work Experience

The Tutor Curriculum, careers education and year 12 work experience all support our students to develop as individuals and prepare for the challenges and opportunities that lie ahead.

Co-curriculum

Clubs and societies, The Duke of Edinburgh's Award.

Our overriding aim at Churston, is to ensure that the co-curriculum is a source of fun and enjoyment for our students, with wide ranging activities that give them the opportunity to unwind. Through the activities on offer students develop and demonstrate confidence, resilience, open mindedness, curiosity and effective communication. Our students discover their element through music, sports and drama and many other important and wide-ranging activities on offer in our co-curricular programme



ACTIVE CITIZENSHIP

"We believe that the world will become a better place through the ideas, actions, advocacy and impact of Churston students today, and in the future."

Sixth form students at Churston all contribute at least 10 hours of active citizenship, with many going on to contribute 30, 50 or even 100 hours in the Churston community and beyond. Students record their hours through the Vinspired platform which enables them to not only gain external accreditation for their volunteering but also continue to access volunteering opportunities up to the age of 30. By engaging with the active citizenship programme at Churston, our students build a dynamic and comprehensive skill profile in preparation for their post-18 pathways.



**“COLLABORATION AND EMPATHY HAVE SHAPED
HOW I LEAD AND SUPPORT OTHERS.”**

ZUZIA Y13

10 CO-CURRICULAR PATHWAYS

- 01 CREATIVE ARTS
- 02 ENGLISH
- 03 ENVIRONMENT & SUSTAINABILITY
- 04 GAMES & WELLBEING
- 05 HUMANITIES & CURRENT AFFAIRS
- 06 LANGUAGES
- 07 PERFORMING ARTS
- 08 SPORT
- 09 STEM
- 10 WHOLE SCHOOL, HOUSE & CHARITY

The following clubs and societies give a taste of our co-curricular offer at Churston. Many new clubs will be set up during the year, often led by students themselves, as part of our active citizenship programme in the sixth form.

01

CREATIVE ARTS

ART CLUB - FOR YEAR 7 AND 8



An opportunity to experiment and unleash your creativity. Try out different artist process within Art, craft and design.

SKILLS



BEGINNERS' PHOTOSHOP - FOR YEAR 7, 10 AND 12



Learn how to use Photoshop to enhance and manipulate photographs. Beginners welcome!

SKILLS



MURAL PAINTING - FOR YEAR 9



Continuing from last year. Join Mrs Lewis in completing the SEN room mural.

SKILLS



PHOTOGRAPHY - FOR YEAR 7, 8, 10 AND 12



An opportunity to learn about and get hands on with your camera and explore the skills and techniques of photography

SKILLS



TEXTILES - FOR YEAR 7, 8 AND 9



Textile club gives you an opportunity to express your creativity. A chance to make a toy, item of clothing or be creative with your own ideas!

SKILLS





ENGLISH

BOOK WORMZ - FOR YEAR 7 AND 8



A chance to read new books together and discuss our ideas. Perfect for anyone who loves a good book.

SKILLS



DEBATE CLUB - FOR YEAR 10 AND 12



The debate club is a hugely popular activity which provides opportunities for all members to improve their public speaking, expression and articulation of ideas. The debates prove very exciting to all involved. All pupils are most welcome to join in the debate club during their time at Churston. Debating develops skills of empathy, public speaking under pressure, and resilience. Also, participants learn how to think deeply and with more nuance about a range of ideas and perspectives.

SKILLS



READING CLUB - FOR YEAR 7, 8, 9, 11 AND 13



Do you love reading and fancy a challenge? A range of books are on offer for you to read include Lit in Colour, Carnegie and classic books.

SKILLS





MY STORY



MY ACTIVITIES (CO-CURRICULAR CLUBS)

Funk Band, Orchestra, School Productions, Politics Society and DofE

HOW DO THESE ACTIVITIES BENEFIT YOU?

Participating in music and drama events has helped me develop my confidence throughout my time at Churston, helping me to feel comfortable performing on a stage to a crowd of people. These things also teach you how to be dedicated, and work towards a common team goal, which has also massively developed my teamwork skills. Gold DofE has also been brilliant in developing both of these skills. Since I want to study politics at university, attending the school's Politics Society is a great supercurricular activity to participate in, which allows me to develop my passion for politics outside of lessons

ENVIRONMENT & SUSTAINABILITY

BIRDWATCHING CLUB - FOR ALL YEARS



An opportunity to learn more about the birds that form part of our daily natural experience. We actively explore the school grounds to see what birds appear at various times of the year and spend time learning about how to identify birds by sight, sound and context. This club offers you a way to enhance your awareness of the world around you and develop your inner naturalist!

SKILLS



SUSTAINABLE LEADERS - FOR ALL YEARS



Leading positive change in the school, in relation to our environmental impact, especially actions targeted at the climate emergency and the ecological crisis.

SKILLS





MY STORY



Anna

MY ACTIVITIES (CO-CURRICULAR CLUBS)

Well-being Club, English Revision Club

MY 'ONE THING'

My one piece of advice for younger students would be to take every opportunity that presents itself to you even if it's something that you wouldn't usually do and pushes you out of your comfort zone as those experiences will help you to make the most of your school life and help you to grow to be the best version of yourself.

04

GAMES & WELLBEING

BRIDGE CLUB - FOR YEAR 9, 11 AND 13



Learn to play, and enjoy, the card game of bridge

SKILLS



CARDS CLUB - FOR YEAR 7, 8, 10 AND 12



For students who enjoy playing card games! Turn up and play games you already know, learn new games or teach others your favourite games.

SKILLS



CHESS CLUB - FOR ALL YEARS



Turn up and play! All pupils with an interest in chess at any level are warmly invited to the club and will have the opportunity to learn to improve their game. You can play against a friend or anyone else who attends, including challenge the teacher! There will be occasional tournaments/competitions and potentially the opportunity to compete against other schools.

SKILLS



DUNGEONS AND DRAGONS - FOR YEAR 7 AND 8



Dungeons and Dragons, DND for short, is a fantasy tabletop role playing game consisting of one Dungeon Master which controls the story, narrative and non-player characters, and any number of players that control player characters which interact with the world and non-player characters the Dungeon Master has created. These players go on an adventure or campaign, typically trying to topple some sort of evil within the world. But since the game is controlled by a person, anything and everything can happen. There is no pre-determined path to follow or rules to stay within. You can do anything.

SKILLS



LEGO THERAPY - INVITATION ONLY



A fun social club, building on social communication skills and teamwork.

SKILLS





MEET UP / BOARD GAMES CLUB - FOR YEAR 7 AND 8



Meet up club is a place where students build friendships over boardgames, in a relaxed environment. It is an opportunity for our young people to gain many social skills such as speaking; listening; empathy; supporting others; patience; understanding; trust; sportsmanship; turn-taking; negotiation; idea sharing and many more...

SKILLS



MINDFUL COLOURING - FOR YEAR 7,8, 9,10 AND 11



A relaxed mindfulness club where you can get some headspace and do some colouring! We will be making displays, colouring in geometrical patterns and more! This is an opportunity to unwind and for self-reflection.

SKILLS



NEURODIVERSITY CLUB - FOR YEAR 9 AND 11



A quiet space for anyone who feels they may be neurodivergent to come and meet other like minded people and discuss school life, current affairs, movies, music or anything that might be on our minds!

SKILLS



QUIZ TEAMS - FOR YEAR 7, 8, 10 AND 12



If you like the challenge of having a go at quizzes with friends, testing out your knowledge about all sorts of things, this will be a fun club to join. A mix of themes and events will happen throughout the year, some linking to house competitions.

SKILLS



TALK ABOUT GROUP - Y10 INVITATION ONLY



Developing social and emotional communication skills.

SKILLS



WII CLUB - FOR YEARS 7 AND 8



Come and compete in a friendly environment, with a plethora of virtual sports. This is a great way to unwind during a challenging academic day.

SKILLS



YOUNG CARERS DROP IN - ALL YEAR GROUPS



Drop in service. Aims of drop in sessions are to seek feedback and ideas from young carers to support them during their time at Churston. We have strong partnerships with relevant external Young Carer agencies, where we can support with referrals to both Torbay and Devon Young Carers Services. Buddying and support via peer mentors (both academic and as listeners). Student Voice: Opportunities to raise awareness to staff and peers via school assemblies.


SKILLS







05

HUMANITIES & CURRENT AFFAIRS


DISCUSSION GROUP - FOR YEAR 10 AND 12 

Discussion of current affairs and issues in the news.

SKILLS 

HISTORY CLUB - FOR YEAR 7 AND 8 

This club provides Year 7 students with the opportunity to unlock fascinating knowledge about the past through creative and crafty means. Activities will range from building your own miniature Roman catapult, kicking back to relax and enjoy a historical film and the chance to show off your oracy skills in historical debate.

SKILLS 





06

LANGUAGES

DEVELOP CONFIDENCE AND FLUENCY IN GERMAN FOR YEAR 9



Helping you practise the German you are learning in lesson time - developing your confidence and fluency consolidation. In addition, you will learn about different cultural aspects of Germany, Austria and Switzerland.

SKILLS



DEVELOP CONFIDENCE AND FLUENCY IN FRENCH FOR YEAR 11



Helping you practise the French you are learning in lesson time - developing your confidence and fluency consolidation via our sixth formers or French assistant

SKILLS



PERFORMING ARTS



Music at Churston plays an invaluable role in the development of each and every pupil, enriching the lives of all those that pursue music at school. We encourage and enthuse those of all abilities, with enjoyment and excellence at the heart of our provision. Participation in music enables pupils to learn skills for life and develop their sense of self. Each club, lesson, exam and performance that Churston's musicians take part in allows them to demonstrate commitment, analytical skill, creativity, discipline, confidence, teamwork, and so much more. Music also possesses qualities that place it at the forefront of all student's wellbeing, aiding their quest to better understand themselves and the world around them. Pupils are encouraged to be proactive in starting their own projects and bands; our staff are always available to give the advice and support they might need in doing so. Our musical events give our students the opportunity to perform individually and as a group whilst delighting the community with their performances.



07

PERFORMING ARTS

CHOIR - FOR ALL YEARS



An opportunity to sing with others, rehearsal for school events and perform! We rehearse a range of popular songs and pieces and perform regularly at both at school and community events.

SKILLS



FUNK BAND - YEARS 9, 10, 11, 12 AND 13



Funk Band offers students from Years 9-13 the opportunity to develop their musical skills. We rehearse a range of popular songs and pieces and perform regularly at both at school and community events.

SKILLS



ORCHESTRA - FOR ALL YEARS



An opportunity for students from years 7 to 13 who can play an instrument. We rehearse a range of popular songs and pieces and perform regularly at both at school and community events.

SKILLS





MUSIC TUITION - FOR ALL YEARS



Tuition is available on guitar, bass, violin, viola, cello, voice, piano, trumpet, trombone, saxophone, clarinet, flute, drum kit and music theory. Lessons are available to all students 7-13 and take place on a rota throughout the school day.

SKILLS



STRING GROUP - FOR ALL YEARS



An opportunity for all string players of all abilities to work together with a specialist string teacher.

SKILLS



DRAMA

If you enjoy Drama, there's plenty going on outside lessons. The biggest event is the school play. We always put on a production that has a range of parts to appeal to everyone, from lead roles through to the chorus. Students who want to join in and would rather not be on stage help out with set painting, make-up, stage management, music and technical support. There are Drama clubs for the lower school, and from Year 10 upwards we run regular theatre trips, some of which are also open to younger students. Students from all years also have the option of signing up to LAMDA Drama lessons. This is a chance to take exams in Drama from grades 1 to 8. Marks from the top three grades (known as bronze, silver and gold) will also earn you UCAS points.



DRAMA CLUB - FOR ALL YEARS



Drama Club offers you the chance to develop your acting skills and work with new people. We will explore different styles of theatre and focus on your use of vocal and physical skills to create believable characters. There will be the opportunity to work as a group and individually. If you enjoy acting then come along and give it a go.

SKILLS



LAMDA - FOR ALL YEARS



At Churston we offer LAMDA qualifications and lessons in: Verse & Prose, Musical Theatre, Public Speaking, Poetry and Acting; These are held by our LAMDA teacher Heidi.

The lessons are similar in structure to Music grade exams and can be used towards UCAS points.

Years 7-9 lessons happen for 30 mins once a week - students come out of a lesson to attend their class (this is never the same each week in order to minimise impact on individual subjects)

SKILLS



MUSICAL THEATRE - FOR ALL YEARS



Musical Theatre Club is an opportunity to explore various musicals, new and old. We will create scenes and musical numbers from a range of shows and develop your skills in singing, acting and dancing. There are opportunities to perform in both group and solo numbers. Come along and give it a go.

SKILLS



SCHOOL PRODUCTION - FOR ALL YEARS



The school production is open to all year groups and takes place annually. There are a variety of different opportunities available to students including acting and singing roles, dance opportunities, stage management, sound and lighting support, prop creation and backstage crew.

The production takes place in the autumn term and rehearsals run at different points during both lunchtime and after school. Information regarding auditions and signing up are released during the summer term, so keep your eyes peeled.

SKILLS



FILM PRODUCTION - FOR YEARS 8, 10 AND 12



Come on in for fortnightly discussion, recommendations and guidance on films. We will also be working together to write and film short sketches to watch with the rest of the club. Feel free to bring in any films you like; we will be lending our own favourite DVDs out to any who attend.

SKILLS



DANCE



DANCE SHOW - FOR ALL YEARS



Churston's annual Dance Show runs in the spring term and is an inclusive whole school event. Students from all year groups work together to create a number of performances showcasing a range of dance styles; often including musical theatre. Dancers spend lunchtime and afterschool rehearsals learning new choreography as well as creating their own. A fully costumed showcase is displayed over 2 nights with audiences enjoying the result of 3 months of rehearsals and the talent of Churston dancers.

SKILLS



SPORT

At Churston our aim is to give every pupil a positive experience of physical activity so that they look forward to getting involved and understand the importance it plays in a balanced and healthy lifestyle. With an extensive range of activities on offer in our beautiful grounds, pupils are given the best possible environment to develop a lifelong understanding of the incredible benefits of sport in their lives. Our talented staff are passionate in their role to encourage our students to challenge themselves, develop their physical skills and work as a team so that they become more successful, healthy and confident. From developing the cardiovascular fitness needed to run up a demanding hill in a park run to relaxing with friends playing table tennis, our programme fosters an ethos of participation.

The school's games programme places a significant emphasis on team activities and the recognised social and moral skills that are developed through sport. We want pupils to learn to pull together when the going gets tough and to understand how to communicate positively with each other. We are committed to enabling as many of our pupils as possible to participate regularly in both leisure and competitive sport so they have genuine opportunities to unwind and can pursue the sports that they enjoy. Please view the following range of activities with an open mind, think about trying something new and most definitely get involved!





08

SPORT

BADMINTON & TABLE TENNIS - FOR YEAR 7, 8, 10, 12 AND 13



A fun social racquet sports session for those pupils who would simply like to come down and play – no training is necessary, this is simply for the pleasure of playing.

SKILLS

SIXTH FORM BADMINTON CLUB - FOR YEAR 12 AND 13



Sixth form badminton - open to all sixth form students - competitive and social players are welcome. Rounders, dodgeball and other sociable activities when the sports hall is being used for exams.

SKILLS

BASKETBALL - FOR YEARS 7, 8, 10 AND 12



A club for those interested in trying out basketball and playing as part of a team. We will develop your skills, do drills, play fun games and compete in mini matches. Come along in PE kit and trainers and we will have fun scoring hoops!

SKILLS



BASKETBALL - FOR YEARS 9, 11 AND 13



For all students who enjoy basketball, would like to improve skill, play competitive games and play in fixtures against other schools.

SKILLS



BOYS RUGBY - FOR ALL YEARS



A club for any boys, regardless of prior experience, to play and learn about the game of rugby. There will be opportunities for boys attending the club to play in the school team against other schools in fixtures, cup matches and tournaments.

SKILLS



GIRLS RUGBY - FOR ALL YEARS



A club for any girls, regardless of prior experience, to play and learn about the game of rugby. There may be opportunities for girls attending the club to play in the school team against other schools in fixtures, cup matches and tournaments.

SKILLS



CHURSTON (X-COUNTRY) PARK RUN - FOR YEARS 7, 8, 10 AND 12



This is an opportunity to run off-site and enjoy the local countryside, challenging yourself on different terrains. This will help improve your stamina and also prepare you for some of the local Park Runs.

SKILLS



CHURSTON PARK RUN - FOR YEARS 9, 11 AND 13



Students can come along for fun or to compete. This is a relaxed club in which we will be setting weekly distances that will allow students to build up their running endurance/ ability. Depending on the group's ability, we will lead a park run-style run each week and there will be the opportunity to get involved in local events.

SKILLS



FITNESS SUITE - FOR YEARS 9, 10, 11, 12 AND 13



An opportunity for students to use the fitness suite during lunchtimes. The fitness suite is equipped with running machines, cross-trainers, rowing machines and weights.

SKILLS



FOOTBALL FREESTYLE & PANNA - FOR ALL YEARS



A place to practise and show off your football tricks, and skills. Whether it be a game of Panna or just small sided football games with a skill based element, there is something for everyone to have a go at. Open to all ages, running on the cage. Make sure to bring your kit!

SKILLS



GIRLS FOOTBALL - FOR YEAR 7 AND 8



For all students who are interested in developing their football skills. Priority will be given to those attending these training sessions when selecting the school team to play fixtures and attend tournaments against other schools.

SKILLS



FOOTBALL CLUB - FOR YEAR 7, 8, 9, 10 AND 11



Football club is open to all students in that year group. The school team will be selected from those who participate in this club.

SKILLS



CRICKET - FOR YEAR 7, 8, 9 AND 10



Boys and girls get the chance to practise cricket skills with the aim of preparing them for matches and tournaments.

SKILLS



ATHLETICS CLUB - FOR ALL YEARS



Practising athletics skills - running, long jump, high jump, triple jump, javelin, shotput and hurdles.

SKILLS



TENNIS - FOR ALL YEARS



Activities during this lunchtime club involve coaching (forehands, backhands, volleys, serves and tactics), games and matchplay.

Each week you have a choice of whether you would like to have some coaching or play games/matches on the courts dedicated to friendly competition.

The club is open to players of all standards.

SKILLS



HOCKEY CLUB - FOR YEAR 7 AND 8



Hockey skills, games and tactics with our fabulous sixth form leaders. Shin pads and gum shields are compulsory! Join us in the cage for drills, skill development and mini matches.

SKILLS



NETBALL CLUB - FOR ALL YEARS



Netball training for school teams open to all.

SKILLS



DRY SLOPE SKIING



This is an opportunity for those that have not skied previously to gain the basic skills needed before going on the ski trip. If the opportunity is available, then this may be extended to include those who have only limited skiing experience and are not attending the trip.

SKILLS









SCIENCE | TECHNOLOGY | ENGINEERING | MATHEMATICS

09

STEM

BIOLOGY SUPPORT CLUB KS4 - FOR YEAR 10 AND 12



An opportunity open to all year 11 students looking for new, fun and active ways to revise and support each other to achieve the best they can in their Biology GCSE.

SKILLS



CODE AND CREATE - FOR YEAR 7 AND 8



Students will work with friends and teachers to create their own programmes, games and animations. Use the skills you have developed in Computer Science, Art and Maths.

SKILLS



MATHS CHALLENGE CLUB - FOR YEAR 7 AND 8



If you are interested in stretching your logic skills and looking at questions and tasks ready for the Maths Challenge, this is the club for you!

SKILLS



FURTHER MATHS - FOR YEAR 11



This qualification provides additional challenge for high achieving students by assessing their higher order mathematical skills, particularly in algebraic reasoning, in greater depth, thus preparing them fully to maximise their potential in further studies at Level 3. It offers the opportunity for stretch and challenge that builds on the Key Stage 4 curriculum and is intended as an additional qualification to the GCSE Mathematics, rather than as a replacement. The content assumes prior knowledge of the Key Stage 4 Programme of Study and covers the areas of algebra and geometry, which are crucial to further study in the subject, in greater depth and breadth. This qualification places an emphasis on higher order technical proficiency, rigorous argument and problem solving skills.

SKILLS



FURTHER MATHS KS3 AND KS4 - FOR YEARS 7, 8, 9, 10 AND 11



Maths support for invited KS3 and 4 students.

SKILLS



FURTHER MATHS KS5 - FOR YEARS 12 AND 13



Maths support for KS5 students.

SKILLS



MATHS PROBLEM SOLVING - FOR YEAR 13



Developing problem solving skills within A Level Maths with a particular focus on MAT, TMUA & STEP entrance exams. This will be beneficial to anyone aiming to sit a mathematics entrance exam and those who wish to develop their problem solving skills within Maths. Aims of the sessions to:

- develop confidence in dealing with maths problems
- develop resilience when attempting maths problems
- provide information about the problem solving skills required in MAT, TMUA and STEP
- provide the opportunity to attempt problems both in groups and on your own
- provide the opportunity to think about how solutions to problems are presented
- provide students with the opportunity to explore areas of maths beyond the core curriculum.

SKILLS



PUZZLE CLUB



Dot to dots, logic puzzles, colour by numbers - and more.

SKILLS



SAILING THEORY/NAVIGATION - FOR YEAR 11



Learn the theoretical background about sailing theory and navigation that you would need to complete this part of the RYA Day Skipper course.

SKILLS



SCIENCE CLUB - FOR YEAR 7



An opportunity to carry out practical activities and investigations. Some activities may be carried out in one lunchtime session, whilst others may take place across a series of sessions.

SKILLS



THE CURIOUS CHEMISTS - FOR YEAR 13



An extracurricular club for Y13 A-level Chemistry Students. We will use some sessions to prepare for the Chemistry Olympiad and others to explore interesting Chemistry (theory and experiments).

SKILLS



KS3 MATHS HOMEWORK CLUB - FOR YEAR 7 AND 8



This club is a drop in session for you to use if you need any help with your homework or Sparx maths. Be it 5 mins or the whole session, please come and seek help from a maths teacher to make sure that you can complete the homework to the best of your ability!

SKILLS





10

WHOLE SCHOOL, HOUSE & CHARITY

SCHOOL FORUM - BY ELECTION FOR ALL YEARS



The Churston Student Forum provides a platform for students to discuss key issues about the school with domain specific staff members. It is the epicenter of the student voice.

SKILLS



CAREERS DISCOVERY - FOR ALL YEARS



An opportunity to attend talks and discussion sessions with employers and older students about a range of career opportunities. This club aims to raise future aspirations and also provide a forum to share personal advice and experiences. Opportunity for student volunteers to mentor younger students in researching career pathways and preparing for applications (apprenticeships, UCAS etc).

SKILLS



OXBRIDGE PREPARATION - FOR YEAR 11



An opportunity to discuss the merits of studying at the University of Oxford and University of Cambridge while also discussing ways to stand out in an application. This club aims to raise future aspirations and also provide a forum to prepare for a future Oxbridge application.

SKILLS



GEOGRAPHY CLINIC - FOR YEAR 13



Support with the NEA in Autumn term, then a student led drop in during subsequent terms.

SKILLS



LITERACY NUMERACY SCIENCES - PRIMARY SCHOOL LEADERSHIP FOR YEAR 12



Opportunity to develop leadership, and teamwork through core subjects - The club is aimed at helping you run primary school workshops for children who need a little support and consolidation in year 5 in our feeder primary schools - training in the Spring + workshops in the Summer.

SKILLS



THE DOLPHIN: SCHOOL MAGAZINE - FOR ALL YEARS



Our school magazine is being developed by the students for the students (and all of us in between). The magazine will act as a lens into the 'The Churston Way'; encapsulating the life and soul of the corridors, clubs and classrooms at Churston. This endeavour is led by a select group of Year 12 and 13 students, but is open for all year groups to get involved in the 8 areas of the magazine. Meetings and events are organised within the day of the two weekly timetables. If there are any budding editors, journalists, artistic directors, copy writers, or fantastic events and stories out there that you know should be included, please fill in this [Google Form \(Click here\)](#)

SKILLS



SHH (STUDY & HOMEWORK HUB) - FOR YEAR 7, 8 AND 10



SHH! Really, we're not joking - be quiet. SHH (Study and Homework Hub) is a quiet place for quiet people to spend a lunchtime being quiet - come and complete homework or study in a calm environment with computers and desk space. There will be some relaxing music and not much else. Remember - SHH!

SKILLS



DEVELOP LEADERSHIP WITH MFL - FOR YEAR 9 AND 12



Support children in the community with learning French, German or Spanish. Support primary school children with literacy, numeracy and science (Y12 only) Attend training and run workshops.

SKILLS



RUBIK CUBE - FOR ALL YEARS



A community for 'cubers' to share their passion for solving these multicoloured problems!

SKILLS



EXPLORE.DREAM.DISCOVER



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